

Sunday 19 May 2019

Craigswood Sports Centre, Livingston

TIMETABLE

TIME	UNDER 9 <small>(01/09/2010 – 19/05/2012)</small>	UNDER 11 <small>(01/09/2008 – 31/08/2010)</small>	UNDER 13 <small>(01/09/2006 – 31/08/2008)</small>	UNDER 15 <small>(01/09/2004 – 31/08/2006)</small>
10.00	60m	Long Jump		Shot Put
10.15			100m	
10.30	Shot Put			
10.45		80m	Long Jump	
11.00				100m
11.15		Shot Put		
11.30	600m			Long Jump
11.45			800m	
12.00	Long Jump	600m	Shot Put	
12.15				800m
12.30				
12.45	4x100m	4x100m	4x100m	4x100m

- The timetable is provisional, with the start times of events dependant on the finishing times of previous events.
- Registration opens at 9.30 am in the athletics pavilion.