

Event 1 Mixed 5000 m Race C

Name	Year Team	Finals
Heat 1		
1 Karen Kennedy W45	W PH Racing Club	19:13.69
2 Michelle Slater W40	W Moray Road Runners	20:02.60
3 Julie Hendry W40	W Metro Aberde	20:08.10
4 Jennifer Robertson W40	W Peterhead At	20:31.51
5 Charles Noble M65	M Fraserburgh RC	21:10.15
6 Linda McGee W45	W Peterhead At	21:24.39
7 Ian Johnstone M65	M Inverness Ha	21:37.76
8 Robert Young M75	M Clydesdale Harriers	21:52.86
9 Colin Youngson M70	M Forres Harriers	23:00.95
10 Phill Thompson M65	M Moray Road Runners	24:13.32

Event 2 Mixed 5000 m Race B

Name	Year Team	Finals
1 Robert Keenan M35	M Cumbernauld Aac	17:12.19
2 Nynke Mulholland SW	W Inverclyde AC	17:22.75
3 Ross McEachern M50	M Cumbernauld Aac	17:44.03
4 Richard Horne M50	M Metro Aberde	18:01.14
5 Paul McMonagle M50	M Cumbernauld Aac	18:04.55
6 Gordon Simpson M50	M Dundee Hawk	18:14.07
7 Sean Casey M50	M Cumbernauld Aac	18:27.63
8 Brian Robb M40	M Metro Aberde	18:31.75
9 Paul Eggeling M50	M Aberdeen Aac	18:33.00
10 George McPherson M60	M Metro Aberde	18:46.60
11 Athol Burnett M55	M Aberdeen Aac	19:07.00
12 John Robertson M60	M Peterhead At	19:24.04
13 Simon MacDonald M60	M Moray Road Runners	20:03.38
14 Keith Farquhar M55	M Metro Aberde	20:04.98

Event 3 Men 5000 m Race A

Name	Year Team	Finals
1 Richard Mair M35	Kilmarnock H&Ac	15:02.27
2 Sam Fernando SM	Fife AC	15:44.64
3 Tom Cunningham SM	Corstorphine Aac	15:53.18
4 Stuart Johnston M40	Edinburgh AC	15:54.01
5 Darran Muir M40	Law & District Aac	16:06.15
6 Malcolm Lang M40	Corstorphine Aac	16:13.10
7 Alastair Brockie M35	Corstorphine Aac	16:16.58
8 Gordon Barrie M45	Dundee Hawk	16:20.12
9 Stephen Allan M45	Cumbernauld Aac	16:26.30
10 David Jamieson SM	Metro Aberde	16:30.26
11 Iain Macdonald SM	Edinburgh AC	16:40.43
12 Stephen Brown M35	West End Roa	17:02.23
13 Robert Bartley M40	Cumbernauld Aac	17:14.43

Event 4 Mixed Long Jump -5m INDOOR

Name	Year	Team					Finals
Pool 1							
1 Abigail Robertson	U17	W Aberdeen	Aac				4.59m
				4.18m	4.12m	4.19m	4.47m 4.59m 4.45m
2 Angela McAuslan-Kelly	U1	W Aberdeen	Aac				4.46m
				3.74m	4.27m	4.46m	FOUL FOUL 4.13m
3 Cara Davie	U15	W Banchory	Sto				4.33m
				4.12m	4.33m	4.07m	4.30m 4.25m 4.23m
4 Ella Creamer	U15	W Banchory	Sto				4.29m
				4.10m	4.29m	4.17m	4.21m 4.10m 4.27m
5 Rosie Meyer	U15	W Banchory	Sto				4.14m
				3.96m	4.09m	3.94m	3.84m 3.93m 4.14m
6 Shannon McGregor	U15	W Ellon	Aac				4.01m
				3.95m	4.01m	3.91m	3.54m 3.63m 3.98m
7 Trevor Madigan	M70	M Aberdeen	Aac				3.55m
				3.55m	FOUL	PASS	PASS PASS PASS

Event 5 Mixed Triple Jump INDOOR

Name	Year	Team					Finals
1 William Hodi	U17	M Nairn	Area				11.94m
				11.86m	11.91m	FOUL	11.93m 11.76m 11.94m
2 Luke McCabe	U17	M Cumbernauld	Aac				11.34m
				11.00m	10.30m	11.34m	11.23m 11.04m FOUL
3 Kate Harvie	U15	W Lasswade	Aac				10.25m
				10.25m	9.80m	10.15m	PASS PASS PASS
4 Rachel Johnstone	U17	W Inverness	Ha				9.75m
				9.25m	9.49m	9.50m	9.31m 9.75m 9.58m
5 Ella Creamer	U15	W Banchory	Sto				9.40m
				9.09m	FOUL	9.40m	8.85m 9.40m 9.25m
6 Abigail Robertson	U17	W Aberdeen	Aac				9.31m
				8.39m	9.10m	8.69m	8.94m 9.31m 9.24m
7 Shannon McGregor	U15	W Ellon	Aac				9.09m
				8.76m	9.09m	8.75m	FOUL 8.80m 8.10m
8 Cara Davie	U15	W Banchory	Sto				8.95m
				8.95m	8.32m	8.67m	8.89m 8.70m 8.45m

Event 6 Mixed High Jump INDOOR

Name	Year Team	Finals
1 Jorma Blank SM 1.65 1.70 1.75 1.85 O O O XXX	M Aberdeen Univers	1.75m
2 William Hodi U17 1.30 1.50 1.55 1.60 1.65 1.70 XO O O XO O XXX	M Nairn Area Aac	1.65m
3 Lucy Holden U20 1.45 1.50 1.55 1.60 1.65 O O O O XXX	W Shetland Aac	1.60m
4 James Macgregor M50 1.50 1.55 1.60 O O XXX	M Aberdeen Aac	1.55m
4 Amy Davis U20 1.50 1.55 1.60 O O XXX	W Orkney AC	1.55m
6 Abigail Robertson U17 1.40 1.45 1.50 1.55 O O O XXX	W Aberdeen Aac	1.50m
7 Angela McAuslan-Kelly U1 1.35 1.40 1.45 1.50 1.55 O O XO XXO XXX	W Aberdeen Aac	1.50m
8 Cara Davie U15 1.20 1.30 1.35 1.40 O O XXO XXX	W Banchory Sto	1.35m

Event 7 Mixed Long Jump +5m INDOOR

Male:	6.96m	03/06/2018	Stephen MacKenzie, Inverness
Female:	5.88m	03/06/2018	Rachel Alexander, Giffnock No
U20M:	6.96m	03/06/2018	Stephen MacKenzie, Inverness
U20W:	5.10m	03/06/2018	Tarryn Wood, Team East Lothia
U17M:	6.21m	03/06/2018	Murray Fotheringham, Giffnock
U17W:	5.44m	03/06/2018	Ellie O'Hara, Edinburgh AC
U15B:	6.07m	09/09/2018	Kyle Wilkinson, Elgin AAC

Name	Year Team	Finals
1 Che Richards SM 7.16m PASS 7.48m PASS 7.37m PASS	M Edinburgh Un	7.48m
2 Calum Henderson U20 6.69m FOUL FOUL 7.07m 6.95m 7.05m	M Edinburgh AC	7.07m
3 Kyle Wilkinson U17 6.16m FOUL 6.01m 6.19m FOUL FOUL	M Elgin Aac	6.19m
4 James McIntosh U20 5.93m 6.13m 6.07m 5.93m 5.80m 6.05m	M Aberdeen Aac	6.13m
5 Jorma Blank SM FOUL FOUL 5.48m 5.28m 6.04m 5.97m	M Aberdeen Univers	6.04m
6 William Hodi U17 4.98m 5.37m 5.44m 5.52m 4.67m 5.58m	M Nairn Area Aac	5.58m
7 Luke McCabe U17 5.23m 5.19m 5.24m 4.83m 5.10m 5.29m	M Cumbernauld Aac	5.29m
7 Gillian Cooke W35 FOUL 5.10m 5.09m 5.04m 5.18m 5.29m	W Edinburgh AC	5.29m
9 Rachel Johnstone U17 4.96m 5.00m 4.88m 4.91m 4.81m 4.89m	W Inverness Ha	5.00m