



# BMC Story



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## Glasgow - 31 May - Results

Races:20

Finishers: 241

PBs 77 (32%)

Power of Ten results: [Here](#)

. Race : 001 800m A 20:45  
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Posn	Vest No.	Leg No.	Time	Name	Club
1	7	7	01:55.00	Ewan Dyer	Woodford Green Essex Ladies / Her
2	9	9	01:55.07	Kane Elliott	Falkirk
3	4	4	01:55.64	Stephen Mackay	Glasgow City / Inverness
4	5	5	01:55.83	Ben Potrykus	Pitreavie / Bradley Uni
5	10	10	01:56.01	Greg Loudon	Lasswade
6	11	11	01:58.70	Finlay Murray	East Sutherland
7	6	6	02:00.55	Cameron Steven	Lasswade / George Mason Uni
8	1	1	02:05.63	Stewart Millar	Aberdeen / Glasgow Uni
9	2	2	02:10.12	Allan Ramsay	Victoria Park City Of Glasgow / G

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. Race : 002 800m B 21:10  
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Posn	Vest No.	Leg No.	Time	Name	Club
1	24	12	1:56.32	Christopher McLew	Cambuslang
2	20	8	1:57.55	Kieran Hedley	Morpeth
3	19	7	1:58.08	Nikolai Gajic	Giffnock North
4	23	11	1:58.20	Luke Davidson	Inverness
5	15	3	1:58.26	Jamie MacKinnon	Cambuslang
6	22	10	1:59.29	Jack Kerr	Central/Aberdeen Uni
7	21	9	2:00.14	Euan Hood	Lasswade
8	13	1	2:00.39	Michael Macmillan	Stornoway/Glasgow Caledonian Un
9	18	6	2:01.91	Ross Whitelaw	Victoria Park City of Glasgow/G
10	17	5	2:02.13	James Adam	Dundee Hawkhill/Abertay Uni

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. Race : 003 800m C 21:05  
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Posn	Vest No.	Leg No.	Time	Name	Club
1	31	7	01:58.92	Adam Hay	Inverclyde / West Of Scotland Uni
2	33	9	01:59.61	Steven Murray	Aberdeen / Aberdeen Uni
3	30	6	02:00.56	Fabian Despinoy	Edinburgh Ac
4	29	5	02:01.08	Colin Welsh	Gala / Teviotdale / Scottish Vets H
5	35	11	02:02.03	Lewis Watt	Aberdeen
6	28	4	02:02.23	Cody Stevenson	Garscube
7	26	2	02:02.78	Ben Nelson	Aberdeen / Stirling Uni
8	34	10	02:03.30	Ben Sandilands	Fife
9	27	3	02:03.37	Harris Pentecost	Falkirk
10	32	8	02:04.14	Harry Hall	Aberdeen

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. Race : 004 800m D 21:00  
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Posn	Vest No.	Leg No.	Time	Name	Club
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1	41	5	02:03.28	Ross O'brien	Giffnock North
2	40	4	02:05.44	Alasdair Mcmonagle	Cumbernauld
3	47	11	02:05.45	Peter Scott	Fife
4	43	7	02:06.66	Hamish Anderson	East Kilbride
5	46	10	02:09.18	Elliot Duff	Garscube
6	44	8	02:10.39	Ben Nichol	Inverclyde

Race : 005                      800m E 20:55

Posn	Vest No.	Leg No.	Time	Name	Club
1	57	9	02:02.96	Euan Wond	Falkirk
2	345	3	02:04.57	Shaun Macdonald	Aberdeen
3	58	10	02:05.48	Lewis Hainey	Inverclyde
4	49	1	02:06.42	Stuart Ferguson	Banchory Stonehaven / Aberdeen
5	50	2	02:06.70	Michael Watt	Aberdeen
6	55	7	02:07.69	Kai Crawford	Aberdeen
7	56	8	02:08.75	Fraser Morris	Livingston
8	52	4	02:09.50	Callan Hogarth	Falkirk
9	53	5	02:10.27	Eoghan O'donnell	Giffnock North

Race : 006                      800m F 20:50

Posn	Vest No.	Leg No.	Time	Name	Club
1	68	8	02:08.02	Philippa Millage	Victoria Park City Of Glasgow
2	66	6	02:08.17	Sarah Calvert	Livingston
3	62	2	02:08.52	Isla Calvert	Livingston
4	61	1	02:10.04	Hannah Cameron	Edinburgh Ac / Robert Gordon Uni /
5	70	10	02:12.11	Katy Brown	Giffnock North
6	67	7	02:13.47	Olivia Vareille	Falkirk
7	64	4	02:15.97	Sarah Coutts	Pitreavie

Race : 007                      800m G 18:50

Posn	Vest No.	Leg No.	Time	Name	Club
1	78	6	02:03.30	Gavin Mcwhinnie	Fife
2	73	1	02:04.43	Steven Bryce	Victoria Park City Of Glasgow
3	80	8	02:05.17	Ben Sutherland	Falkirk
4	82	10	02:06.37	Michael Miller	Clydesdale
5	77	5	02:07.48	Andrew Robertson	Giffnock North
6	74	2	02:07.57	Luca Librizzi	Edinburgh Ac
7	76	4	02:10.62	Euan Mccallum	Falkirk
8	75	3	02:10.71	Murray Close	Falkirk / Lothian
9	79	7	02:13.91	Fraser Armstrong	Red Star / Bellahouston Harriers

Race : 008                      800m H 18:45

Posn	Vest No.	Leg No.	Time	Name	Club
1	91	7	02:07.04	Jamie Phillips	Kilmarnock
2	85	1	02:07.87	Ross Dewar	Edinburgh Ac
3	90	6	02:10.13	Kai Newell	Cambuslang
4	92	8	02:10.16	Finlay Ross	Harmeny
5	89	5	02:12.61	Bruce Carse	Bellahouston Rr
6	86	2	02:13.90	Jake Speirs	Vpcog
7	88	4	02:15.29	Katie Johnson	Edinburgh Ac
8	93	9	02:20.03	Pippa Carcas	Edinburgh Ac
9	94	10	02:22.55	Daisy Cumming	Dunfermline Track & Field

10 95 11 02:23.88 Jessica Christie Falkirk

Race : 009 800m I 18:40

Posn	Vest No.	Leg No.	Time	Name	Club
1	104	8	02:11.41	Kian Mcconville	Giffnock North
2	107	11	02:13.82	Daniel Lowe	Shettleston
3	105	9	02:14.75	Jordan Phillips	Kilmarnock
4	106	10	02:15.55	Hannah Addison	Corstorphine / Aberdeen Uni
5	100	4	02:16.51	Eilidh Gibson	Kilbarchan
6	103	7	02:17.57	Kyle Macfarlane	Pitreavie
7	98	2	02:18.11	Angus Wright	Team East Lothian / Hunters Bog T
8	108	12	02:22.99	Paul Forbes	Edinburgh Ac
9	101	5	02:24.20	Rhiannon Hedley	Morpeth

Race : 010 800m J 18:35

Posn	Vest No.	Leg No.	Time	Name	Club
1	112	4	02:17.77	Holly Little	Victoria Park City Of Glasgow / Q
2	117	9	02:19.66	Rebecca Craig	Kilbarchan / Central / Stirling Uni
3	109	1	02:22.24	Zoe Renfrew	Inverclyde
4	114	6	02:23.52	Erin Macfarlane	Pitreavie
5	111	3	02:23.99	Katie Christie	Falkirk
6	115	7	02:24.53	Scott Martin	Kilmarnock

Race : 011 800m K 18:30

Posn	Vest No.	Leg No.	Time	Name	Club
1	129	9	02:18.28	Matthew Stewart	Glasgow Sch Of Sport / Cumbernaul
2	123	3	02:19.05	Louise Hastie	Kilbarchan
3	132	12	02:19.40	Anna Cairns	Inverness
4	125	5	02:20.75	Aurelia Tiffoney	Kilbarchan
5	130	10	02:23.54	Isla Scott	Giffnock North
6	126	6	02:27.19	Sophie Young	Inverness
7	121	1	02:27.73	Caitlyn Christie	Falkirk
8	131	11	02:32.18	Jackson Adams	Garscube

Race : 012 800m L 18:25

Posn	Vest No.	Leg No.	Time	Name	Club
1	136	4	02:21.33	Robbie Anderson	Team East Lothian
2	135	3	02:22.14	Erika Budge	Orkney / Ross County
3	138	6	02:26.63	Alex Chamberlain	Giffnock North
4	139	7	02:27.18	Ella Mcgregor	Giffnock North
5	141	9	02:27.82	Susie Mclaughlin	Cambuslang
6	143	11	02:30.75	Kate Paul	Giffnock North
7	144	12	02:34.89	Kenzie Macintosh	Clydesdale
8	134	2	02:35.30	Evie Livingstone	Kilbarchan
9	133	1	02:37.70	Andrew Anderson	Dunbar Rc / Team East Lothian

Race : 013 800m M 18:20

Posn	Vest No.	Leg No.	Time	Name	Club
1	346	8	02:25.52	Michael Nolan	Giffnock North
2	153	10	02:33.51	Nicola Farmer	Springburn

3	155	12	02:34.22	Eva Chong	Giffnock North
4	154	11	02:34.39	Kirsty Wylie	Giffnock North
5	151	7	02:36.67	Holly Mcaneny	East Kilbride
6	150	6	02:36.95	Belle McCormack	Kilbarchan
7	147	3	02:37.37	Nicole Macgilp	Kilbarchan
8	152	9	02:43.35	Eilidh Mccallum	Falkirk
9	146	2	02:45.09	Tess McCormack	Kilbarchan

Race : 014                      3000m 1 20:00

Posn	Vest No.	Leg No.	Time	Name	Club
1	161	6	08:24.91	Rory Leonard	Morpeth
2	177	22	08:26.82	Sam Charlton	Wallsend
3	163	8	08:27.87	Michael Ferguson	Aberdeen / Aberdeen Uni / Banchory
4	156	1	08:31.49	Alastair Hay	Central
5	162	7	08:33.70	James Donald	Dundee Hawkhill
6	171	16	08:33.96	Alex Carcas	Edinburgh Ac / Edinburgh Uni
7	168	13	08:35.44	Jack Leitch	Worthing / Edinburgh Uni
8	164	9	08:35.76	Mike Christoforou	Edinburgh Ac
9	158	3	08:42.47	Connor Maclean	Kilbarchan / Glasgow Uni
10	160	5	08:44.52	Marc Brown	Salford Harriers
11	178	23	08:45.58	Peter Cameron	Edinburgh Ac
12	173	18	08:47.46	Max Milarvie	Glasgow City / Edinburgh Uni Hare
13	159	4	08:50.27	Ryan Thomson	Cambuslang
14	172	17	08:51.25	Conan Mccaughey	North Belfast / Central
15	165	10	09:00.78	Calum Mckenzie	Costorphine AAC
16	175	20	09:11.72	Craig Campbell	Inverness
17	166	11	09:18.71	Michael Wright	Central

Race : 015                      3000m 2 20:15

Posn	Vest No.	Leg No.	Time	Name	Club
1	188	8	08:37.93	Cameron Wright	Kilbarchan
2	190	10	08:38.42	Lewis Raeburn	Shettleston
3	189	9	08:39.30	Ben Macmillan	Central
4	181	1	08:45.08	Jack Patton	Kilbarchan
5	194	14	08:59.48	James Gillon	Law / St. Mary's Uni
6	191	11	08:59.82	Christian Graham	Lasswade
7	196	16	09:00.66	Magnus Tait	Lasswade
8	184	4	09:02.61	Harry McGill	Greenock Glenpark
9	192	12	09:03.66	Cameron Watson	Inverclyde / West Of Scotland Uni
10	200	20	09:04.99	Stephen Addison	Corstorphine
11	201	21	09:05.26	Hamish Hickey	Central / Stirling Uni
12	186	6	09:07.96	Alastair Marshall	Livingston
13	198	18	09:11.53	Sunny Mcgrath	Aberdeen
14	182	2	09:11.70	David Addison	Corstorphine
15	193	13	09:12.55	Andrew Macangus	Kilbarchan / Strathclyde Uni
16	183	3	09:17.08	Lewis Hannigan	Kilbarchan
17	208	28	09:17.25	Severi Salonen	Lasswade Ac
18	202	22	09:20.72	Ryan Donald	Dundee Hawkhill
19	207	27	09:27.28	Harry Henrickson	Lasswade Ac
20	187	7	09:34.77	Lewis Dow	Central
21	185	5	09:36.89	Ethan Carolan	Giffnock North
22	199	19	09:37.87	Craig Kennedy	Kilbarchan

Race : 016                      3000m 3 20:30

Posn	Vest No.	Leg No.	Time	Name	Club
1	209	1	08:45.16	Matthew Turner	Shettleston
2	210	2	08:46.37	Richard Mair	Kilmarnock
3	227	19	08:51.34	Jordan Middlemist	Wallsend Harriers
4	221	13	08:58.87	Tom Graham-marr	Central
5	215	7	08:59.19	Jack Eykelbosch	Sheffield Uni / Edinburgh Uni
6	211	3	09:01.47	Craig Ruddy	Inverclyde Ac
7	213	5	09:02.86	Michael Houston	Inverclyde Ac
8	222	14	09:03.90	Colin Reilly	Cambuslang
9	170	26	09:07.39	Alistair Campbell	Glasgow City / Cambuslang
10	223	15	09:09.38	Tom Cunningham	Corstorphine
11	216	8	09:09.61	Derek Rae	Fife
12	233	25	09:14.93	Colin Doherty	Inverclyde Ac
13	219	11	09:16.19	Aaron Odentz	Aberdeen / Aberdeen Uni
14	228	20	09:18.08	Shaun Lyon	Greenock Glenpark
15	229	21	09:18.76	Alistair Gudgin	Fife
16	226	18	09:20.49	Campbell Laird	Isle Of Wight
17	224	16	09:21.59	Stuart Johnston	Edinburgh Ac
18	220	12	09:28.06	Gregor Malcolm	Fife / Edinburgh Uni Hare & Hound
19	225	17	09:28.36	Sandy Holl	Central
20	231	23	09:35.34	Stuart Mcgeachy	Campbeltown Rc
21	230	22	09:54.12	Alan Blair	Garscube

Race : 017                                  3000m 4 19:45

Posn	Vest No.	Leg No.	Time	Name	Club
1	239	6	09:14.21	Joshua Dack	Billingham / Lothian
2	240	7	09:15.27	Harris Paterson	Giffnock North
3	235	2	09:16.18	Charlie Daley	Tynedale Harriers
4	238	5	09:21.62	David Iain Houston	Shettleston
5	205	26	09:22.65	Lucas Cairns	Inverness
6	244	11	09:24.40	Sam Griffin	Aberdeen
7	234	1	09:29.92	Jack Bell	Giffnock North
8	254	21	09:31.16	Elsbeth Curran	Kilbarchan AAC
9	237	4	09:31.17	Fearghas Thomson	Aberdeen / Aberdeen Uni
10	250	17	09:32.11	Eloise Walker	Edinburgh Ac
11	258	25	09:34.09	Jonathan Roebuck	Inverclyde
12	249	16	09:34.66	Annabel Simpson	Fife / Glasgow Uni
13	245	12	09:36.17	Jon Hammerman	Inverclyde
14	256	23	09:39.94	Olivia Mason	Border
15	252	19	09:39.97	Michael Healy	Cambuslang
16	255	22	09:40.33	Pete Tucker	Inverclyde
17	241	8	09:40.67	Kerry Macangus	Kilbarchan / Strathclyde Uni
18	247	14	09:44.13	Ethan Mccolgan	Dundee Hawkhill
19	251	18	09:46.65	David Tamburini	Inverclyde / Scottish Vets H
20	242	9	09:47.60	Stephen Allan	Cumbernauld
21	253	20	09:49.93	Stephen Brown	West End Rr / Scottish Vets H
22	246	13	09:55.44	Naomi Lang	Aberdeen / Edinburgh Uni
23	248	15	09:58.72	Kevin Schenk	Forres / Stirling Uni

Race : 018                                  3000m 5 19:30

Posn	Vest No.	Leg No.	Time	Name	Club
1	262	4	09:29.33	Craig Morris	Fife
2	267	9	09:34.22	Drew Dutton	Campbeltown Rc
3	259	1	09:36.53	James Connelly	Garscube
4	269	11	09:44.79	Fergus Reid	Springburn
5	272	14	09:45.50	Anna Hedley	Fife

6	265	7	09:46.04 Sarah Potter	Victoria Park City Of Glasgow / S
7	268	10	09:47.77 Finlay Ross-davie	Garscube
8	274	16	09:48.77 Daniel Scroop	Garscube
9	266	8	09:52.49 Craig Shields	Garscube
10	273	15	09:58.02 Zoe Pflug	Gala / Edinburgh Uni Hare & Hound
11	280	22	10:03.89 Jack Mackinnon	Cambuslang
12	279	21	10:13.22 Mark Gallacher	Motherwell
13	278	20	10:17.57 Ross Mceachern	Cumbernauld
14	281	23	10:17.65 Ines Curran	Gateshead Harriers
15	275	17	10:18.33 Michelle Sandison	Springburn
16	283	25	10:25.22 Charles Thomson	Cambuslang

Race : 019                      3000m 6 19:15

Posn	Vest No.	Leg No.	Time	Name	Club
1	287	4	09:56.94	Cera Gemmell	Team East Lothian
2	305	22	10:13.21	Andy Norris	Springburn
3	310	27	10:20.40	Jason Kane	Inverclyde
4	302	19	10:22.95	Meredith Reid	North Ayrshire / Glasgow Sch Of S
5	292	9	10:26.20	Sarah Tait	Lasswade
6	296	13	10:27.87	Zoe Flower	Giffnock North
7	290	7	10:30.51	Malcolm Mclure	Dunfermline Track & Field
8	288	5	10:31.76	Lauren Mcculloch	Central / Stirling Uni
9	294	11	10:32.77	Iain Craven	Edinburgh Ac
10	286	3	10:37.02	Esme Davies	Eden Runners
11	301	18	10:40.67	Sean Casey	Cumbernauld
12	300	17	10:41.47	John Brogan	Airdrie Harriers
13	295	12	10:43.93	Lesley Chisholm-bell	Garscube
14	289	6	10:45.56	Hannah Anderson	East Kilbride
15	306	23	10:46.29	Emily Andrew	Inverness
16	285	2	10:53.03	Rosie Davidson	Ayr Seaforth
17	308	25	11:00.91	Charlie Frew	Whitemoss

Race : 020                      3000m 7 19:00

Posn	Vest No.	Leg No.	Time	Name	Club
1	313	3	10:40.59	Ailsa Cruickshanks	Napier Uni / Fife
2	315	5	10:41.20	Isla Scott-pearce	Edinburgh Ac / Aberdeen Uni / Aberd
3	314	4	10:50.92	Alan Cunningham	Lothian
4	312	2	10:51.30	Chloe Simpson	Kilbarchan
5	325	15	10:54.65	Holly Thompson	Kilbarchan
6	316	6	11:09.99	Alicia Paton	Cumbernauld / Glasgow Uni
7	328	18	11:13.70	Jennifer Martin	Shettleston
8	331	21	11:15.60	Rose Newman	Edinburgh Ac
9	320	10	11:16.85	Alexander Chisholm	Garscube
10	321	11	11:19.64	Steven Phillips	Airdrie Harriers
11	330	20	11:42.36	Summer Mcdonald	Garscube
12	319	9	12:08.71	Jemma Jamieson	Pitreavie
13	327	17	12:13.59	Katie Lancaster	Dunfermline Track & Field
14	326	16	12:35.72	Minnie Brocklesby	Dunfermline Track & Field

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