

**TRAFFORD AC - GRAND PRIX MEETING****Tuesday, 18 June 2019**

<b><u>800m</u></b>						<b><u>UNDER 15'S</u></b>	
1	3	Finley	Mayoh	U15	M	Stockport Harriers	02:05.70
2	2	Michael	Dobson	U15	M	St H Sutton	02:06.10
3	1	Thomas	Chadwick	U15	M	Preston Harriers	02:06.79
4	5	William	Parker	U15	M	Sale Harriers Manchester	02:10.00
5	7	Dylan	Carney	U15	M	Vale Royal AC	02:11.75
6	8	Daniel	Valentine	U15	M	Preston Harriers	02:15.51
7	11	Holly	Weedall	U15	F	Vale Royal AC	02:16.21
8	10	Mitchell	Alston	U15	M	Preston Harriers	02:18.54
9	12	Liam	McCay	U15	M	Liverpool Harriers	02:18.74
<b><u>800m</u></b>						<b><u>UNDER 15'S</u></b>	
1	14	Matthew	Russell	U15	M	Trafford AC	02:14.39
2	13	Imogen	Blackwell	U15	F	Preston Harriers	02:15.96
3	15	Harry	Smith	U15	M	Trafford AC	02:16.58
4	17	Ned	Silvey	U15	M	Trafford AC	02:18.91
5	18	Isabelle	Cunningham	U15	F	Preston Harriers	02:19.07
6	45	Lauren	Waddington	U15	F	Chorley AC	02:19.42
7	16	Grace	Roberts	U15	F	Vale Royal AC	02:20.97
8	19	Katie	Stringer	U15	F	Sale Harriers Manchester	02:21.47
9	20	Isabella	Merritt	U15	F	Horwich RMI	02:25.01
<b><u>800m</u></b>						<b><u>UNDER 15'S</u></b>	
1	22	Carys	Roberts	U15	F	West Cheshire	02:19.97
2	27	Ellie	Bushill	U15	F	Vale Royal AC	02:21.55
3	23	Grace	Tobin	U15	F	Liverpool Harriers	02:22.68
4	26	Isabelle	Bryan	U15	F	Trafford AC	02:24.30
5	25	Ellie	Hudson	U15	F	Vale Royal AC	02:24.98
6	29	Taylor	Edwards	U15	F	Sale Harriers Manchester	02:25.71
7	28	Martha	Willetts	U15	F	West Cheshire	02:30.95
<b><u>800m</u></b>						<b><u>UNDER 15'S</u></b>	
1	30	Ethan	Nation	U15	M	Trafford AC	02:24.74
2	31	Tui	Brooks	U15	F	Bingley Harriers	02:25.61
3	44	-	-	-	-	-	02:26.63
4	35	Charlie	Massey	U15	M	Trafford AC	02:27.43
5	32	Isobel	Cammish	U15	F	Trafford AC	02:28.63
6	36	Nicola	Mason	U15	F	Trafford AC	02:30.20
7	33	Isobel	Ashcroft	U15	f	Vale Royal AC	02:30.34
8	34	Elizabeth	Hill	U15	F	Sale Harriers Manchester	02:30.70
<b><u>800m</u></b>						<b><u>UNDER 15'S</u></b>	
1	37	Charlie	Atkiss	U15	M	Trafford AC	02:28.42
2	40	Charlotte	Mahoney	U15	F	Preston Harriers	02:30.87
3	41	Harriet	Bain	U15	F	Liverpool Harriers	02:31.18
4	39	Hope	Smith	U15	F	Vale Royal AC	02:31.58
5	42	Megan	White	U15	F	West Cheshire	02:34.41
6	38	Millie	Bayman	U15	F	Trafford AC	02:38.39

7	46	Imogen	Davenport	U15	F	Trafford AC	02:38.53
8	43	Thea	Smith	U15	F	Vale Royal AC	02:38.63

### **3000m Heat 1**

1	94	Andrew	Hayes	SEN	M	Hallamshire Harriers	08:20.12
2	82	Matthew	Grieve	SEN	M	City of Leeds AC	08:21.51
3	65	Baldvio	Magnusson	SEN	M	Kingston Upon Hull	08:21.86
4	67	Patrick	Macgabham	SEN	M	DSDAC	08:24.09
5	55	Osian	Perrin	U17	M	Menai Track and Field	08:25.52
6	70	Ben	Potrykus	SEN	M	Pitreavie Ac	08:30.56
7	141	George	Lowry	SEN	M	Morpeth Harriers	08:36.16
8	53	Cameron	Watson	U20	M	Inverclyde AC	08:39.45
9	114	Joe	Monk	SEN	M	Preston Harriers	08:42.76
10	100	Joe	Hudson	U20	M	Keighly and Craven	08:47.17
11	75	Finnian	Hutchinson	U17	M	City of Leeds AC	08:49.56
12	101	Cameron	Reilly	U20	M	Ilkley	08:51.44
13	69	Mark	Pollard	SEN	M	Inverclyde AC	08:52.98
14	90	Josh	Rowe	SEN	M	City of Leeds AC	08:54.51
15	111	Aaron	Kettlewell	SEN	M	Holmfirth Harriers	08:54.66
16	61	Colin	Reilly	SEN	M	Cambuslang	08:55.24
17	106	Mac	O'maley	SEN	M	Trafford AC	08:55.86
18	84	Callum	Tharme	U20	M	Gala Harriers	08:56.78
19	86	Scott	Nutter	U17	M	Barnsley AC	08:57.58
20	109	Alex	Bradford	SEN	M	Sale Harriers Manchester	08:58.20
21	93	Jip	Vastenburg	SEN	F	Unattached	08:59.72
22	91	Ross	Harrison	U20	M	Liverpool Pembroke and Sefton	09:02.05
23	133	Gamer	Adam	U20	M	Salford Harriers	09:03.03
24	125	Steven	Curley	SEN	M	Chorlton Runners	09:05.87
25	126	Matthew	Sutton	SEN	M	Trafford AC	09:14.37

### **3000m Heat 2**

1	103	Alan	White	SEN	M	Sale Harriers Manchester	09:11.14
2	154	Prezemyslaw	Tomczak	SEN	M	Unattached	09:18.12
3	97	Tim	Hartley	SEN	M	Wigan & District Harriers	09:18.83
4	120	Paul	Bannister	SEN	M	Salford Harriers	09:20.16
5	107	Lucas	Parker	U20	M	Macclesfield Harriers	09:22.02
6	148	Kristin	Matuszczoth	SEN	M	Altrincham and District	09:22.68
7	92	Elinor	Kirk	SEN	F	Swansea AC	09:23.66
8	132	Stuart	Doyle	SEN	M	Vale Royal AC	09:25.17
9	60	Geroge	Phillips	SEN	M	City of York AC	09:26.40
10	57	Annabel	Simpson	SEN	F	Fife AC	09:26.51
11	63	Josh	Law	U17	M	Inverclyde AC	09:29.08
12	129	Aaron	Doyle	U20	M	Vale Royal AC	09:32.86
13	105	Paul	Bagan	SEN	M	Warrington AC	09:34.53
14	110	Charlie	Turnbull	U20	M	Warrington AC	09:44.86
15	131	Joe	Roberts	U17	M	Warrington AC	09:49.09
16	52	Paul	O'donnell	SEN	M	DSDAC	09:54.36
17	51	Meghan	Ryan	SEN	F	DSDAC	09:54.40
18	124	Olivia	Stones	SEN	F	Leigh Harriers	10:22.70

### **3000m Heat 3**

1	134	Oliver	Cook	U17	M	Salford Harriers	09:41.22
2	135	Michael	Berks	SEN	M	Altrincham and District	09:41.67
3	146	Tom	Gillbanks	U20	M	Wallasey AC	09:41.88
4	88	Tim	Kelly	SEN	M	Cannock and Stafford	09:42.01
5	79	Zoe	Pflug	U20	F	University of Edinburgh	09:44.94
6	89	Charlotte	Christensen	SEN	F	Cambridge and Coleridge AC	09:46.81
7	59	Mark	Cage	SEN	M	City of York AC	09:53.93
8	139	Sinead	Bent	SEN	F	Trafford AC	09:59.02
9	170	matthew	brennan	U17	M	Liverpool Harriers	10:09.31
10	147	Tony	Everitt	SEN	M	Chorlton Runners	10:27.56
11	128	Amelia	Beamer	SEN	F	Salford Harriers	10:30.45
12	85	Kirsty	Addy	SEN	F	Thames Valley Harriers	10:42.19
13	155	Emily	Jones	U20	F	Wharfedale	11:38.05

### **800m Heat 1**

1	72	Gary	Mcpake	U20	M	Glasgow School of Sport	01:57.95
2	130	Alex	Doyle	U20	M	Vale Royal AC	01:59.20
3	115	Mackenzie	Woodward	U17	M	Liverpool Harriers	01:59.26
4	182	Sam	Akerman	U17	M	City of Leeds AC	01:59.45
5	153	Joe	Mangan	U17	M	Trafford AC	02:00.41
6	179	Luke	Harrold	SEN	M	Bury AC	02:00.67
7	152	Sam	Stephens	U17	M	Vale Royal AC	02:01.16
8	172	Jack	Wadsworth	U20	M	Warrington AC	02:03.01

### **800m Heat 2**

1	143	Theo	Symons-treac	U17	M	Trafford AC	02:01.27
2	192	Lukas	Eichmeyer	U17	M	Lancaster and Morcambe	02:01.76
3	150	David	Twigg	SEN	M	St Helens Sutton	02:02.00
4	177	Matt	Lloyd	SEN	M	Preston Harriers	02:02.37
5	62	Samuel	Bryan	U17	M	Trafford AC	02:03.25
6	127	Joset	Wilson	U17	M	Preston Harriers	02:03.55
7	193	Cynog	Williams	U20	M	Trafford AC	02:03.89
8	184	Sam	Johnson	U20	M	Stockport Harriers	02:04.73

### **800m Heat 3**

1	169	Flyn	Walsh	U20	M	Stockport Harriers	02:02.69
2	201	Fabio	Carosi	U20	M	Stockport Harriers	02:02.89
3	167	Ben	Batho	U20	M	Stockport Harriers	02:03.04
4	76	Lewis	Hainey	U17	M	Inverclyde AC	02:03.25
5	157	James	Wardman	SEN	M	Rothwell and District	02:03.45
6	50	Joseph	Byrne	U17	M	Liverpool Harriers	02:03.57
7	171	Matthewv	Mair	U17	M	Horwich RMI	02:05.35
8	118	Jacqueline	Fairchild	SEN	F	Preston Harriers	02:05.52

### **800m Heat 4**

1	102	Arthur	Peel	U17	M	Keighly and Craven	02:04.60
2	81	Isla	Calvert	U17	F	Livingston AC	02:05.09
3	178	Jacob	Wood-doyle	U17	M	Stockport Harriers	02:05.88
4	188	Harry	Sweeney	U17	M	Liverpool Harriers	02:05.89
5	137	Will	Atkinson	U17	M	Keighly and Craven	02:07.53
6	190	Josh	Betteley	SEN	M	Vale Royal AC	02:10.55

7	159	Lewis	Bryers	U17	M	Wigan & District Harriers	02:10.97
8	47	Kerry	Macangus	SEN	F	Kilbarchan AAC	02:13.33

### **800m Heat 5**

1	174	Greg	Kelly	SEN	M	Trafford AC	02:08.64
2	80	Ray	Clark	SEN	M	Wallasey Athletic	02:08.89
3	83	Charlie	Teare	U17	M	Liverpool Harriers	02:09.89
4	71	Charlotte	Clare	U20	F	Moorfoot Runners	02:10.25
5	218	David	Maxted	SEN	M	Chorlton Runners	02:13.43
6	162	Robbie	Rigby	U17	M	Sale Harriers Manchester	02:13.94
7	217	Jonathan	Harris	SEN	M	Chorlton Runners	02:14.09
8	108	Ty	Brockley-lang	U17	F	Trafford AC	02:14.25

### **800m Heat 6**

1	203	Alex	Macfarlane	U17	M	Stockport Harriers	02:11.14
2	158	Joshua	Dutton	U17	M	Salford Harriers	02:13.14
3	163	Isabel	Castelow	U20	F	Halifax	02:15.72
4	144	Ed	Fazakerley	SEN	M	Manchester Harriers	02:16.06
5	149	Abigail	Earnshaw	U17	F	Preston Harriers	02:16.84
6	112	Samantha	Mason	U17	F	Trafford AC	02:17.26
7	136	Hannah	Delaney	SEN	F	Liverpool Harriers	02:18.89
8	98	Phoebe	Coates	U20	F	Northern AC IOM	02:26.73

### **800m Heat 7**

1	146	Tom	Gillbanks	U20	M	Wallasey AC	02:15.28
2	175	Joseph	Farrelly	U17	M	Manchester Harriers	02:17.33
3	68	Matthew	Stewart	U17	M	Glasgow School of Sport	02:19.59
4	191	Gary	Crowshaw	SEN	M	Bury AC	02:19.70
5	49	Evie	Collier	U17	F	Trafford AC	02:21.83
6	185	Ellie	Virgo	U20	F	Cannock and Stafford	02:22.26
7	160	Tom	Bentall	U17	M	Trafford AC	02:22.92
8	164	Chiara	Young	U20	F	Sale Harriers Manchester	02:26.3

### **800m Heat 8**

1	180	Alice	Stiles	U20	F	Manchester Harriers	02:21.04
2	233	Catherine	Hooper	U20	F	Trafford AC	02:22.26
3	237	Alina	Stepanchuk	SEN	F	Salford Mat	02:23.07
4	151	Faye	Conboy	U17	F	Vale Royal AC	02:23.37
5	196	Richard	Wallace	SEN	M	Trafford AC	02:23.52
6	214	Amelia	Bratt	U17	F	Salford Harriers	02:24.93
7	222	Emily	Russell	U17	F	Trafford AC	02:26.74
8	74	Aimee	Anderson	U17	F	Glasgow School of Sport	02:28.85
9	187	Sally	Woolhouse	SEN	F	Trafford AC	02:29.71

### **800m Heat 9**

1	147	Tony	Everitt	SEN	M	Chorlton Runners	02:23.78
2	138	Katie	Atkinson	U20	F	Keighly and Craven	02:25.26
3	224	Steven	Taylor	SEN	M	Trafford AC	02:25.97
4	195	Eve	Cressley	U17	F	Keighly and Craven	02:26.19
5	73	Maisie	Watson	U20	F	Glasgow School of Sport	02:26.78
6	213	Kia-licia	Clarkson	U17	F	Sale Harriers Manchester	02:29.03

7	176	William	Finnie	U17	M	Manchester Harriers	02:31.31
8	48	Benjamin	Harrison	SEN	M	Prestatyn RC	02:51.26

#### **BMC 800M MENS RACE A**

1	407	Matt	Wigelsworth	SEN	M	Preston Harriers	01:50.02
2	402	Daniel	Bebbington	SEN	M	Preston Harriers	01:50.74
3	404	Conall	Hayes	U23	M	Le Cheile	01:51.36
4	406	Adam	Wright	SEN	M	Rugby & Northampton	01:51.39
5	405	Harry	Russell	SEN	M	Newbury AC	01:51.69
6	403	Ewan	Dyer	SEN	M	Woodford Green Essex Ladies	01:51.97
7	401	Josh	Allen	U20	M	Middlesbrough (Mandale)	01:52.28

#### **BMC 800 MEN'S RACE B**

1	413	Daniel	Preston	U20	M	Liverpool Harriers	01:52.15
2	412	Jamie	Webster	U20	M	Bedford and County	01:53.12
3	411	Joseph	Morrison	U23	M	West Cheshire	01:53.47
4	409	Liam	Blackwell	U17	M	Preston Harriers	01:54.58
5	410	Christopher	Boyle	U23	M	Victoria Park City of Glasgow	01:55.20
6	414	Harry	Roffey	U20	M	Sheffield & Dearne	01:55.69

#### **BMC 800 MEN'S RACE C**

1	417	Charlie	Roberts	U17	M	St. Helens Sutton	01:54.43
2	416	Jack	Hutchinson	U17	M	Hyndburn	01:57.42
3	415	Joseph	Bentall	U17	M	Trafford AC	01:57.68
4	418	Byron	Sowerby	U20	M	Preston Harriers	01:58.31
5	444	Titus	Kuluora	SEN	M	University of Sheffield	01:59.21
6	419	Philip	Winkler	SEN	M	Morpeth Harriers	01:59.37

#### **MENS BMC 1500m RACE A**

1	424	Fintan	Stewart	U23	M	City of Derry	03:48.25
2	422	Colin	O'Mara	SEN	M	United States	03:48.92
3	430	Tiernan	Croken	U23	M	Preston Harriers	03:49.29
4	420	Sol	Sweeney	U23	M	Perth Strathtay	03:51.27
5	445	Connor	Maclean	U23	M	Kilbarchan AAC	03:51.74
6	431	Adam	Hay	U20	M	Inverclyde AC	03:57.00
7	421	Max	Wharton	SEN	M	Liverpool Harriers	03:59.33
8	426	Matthew	Harris	U23	M	Rossendale Harriers	04:00.49

#### **MENS BMC 1500m RACE B**

1	441	Alexander	Thompson	U17	M	Wharfedale	03:59.14
2	434	Jamie	MacKinnon	U23	M	Cambuslang	04:00.61
3	435	Luca	Parker	U20	M	City of York AC	04:01.69
4	442	Robert	Smyk	U20	M	Salford Harriers	04:01.83
5	438	Matthew	Fazakerley	U20	M	Preston Harriers	04:02.26
6	437	Matthew	O'Connor	SEN	M	Wakefield Harriers	04:02.68
7	433	Cameron	Cass	U23	M	Sheffield & Dearne	04:03.10
8	443	Will	Rawson	U20	M	Leigh Harriers	04:03.26
9	440	Alastair	Marshall	U17	M	Livingston	04:07.94
10	439	Ben	Leen Smith	U20	M	Ireland	04:10.33

#### **OPEN 1500M HEAT 1**

1	212	Luke	Farrant	U20	M	Stockport Harriers	04:01.26
2	64	Peter	Bradshaw	U17	M	Inverclyde AC	04:02.86
3	173	Reuben	Copley	U20	M	Kendal AC	04:03.23
4	78	James	Gillan	U20	M	Law and District	04:03.42
5	95	Max	Cunningham	U17	M	Preston Harriers	04:04.59
6	243	Raif	Serif	U17	M	Vale Royal AC	04:05.48
7	66	Ross	Whitelow	U20	M	Glasgow School of Sport	04:08.82
8	65	Baldvio	Magnusson	SEN	M	Kingston Upon Hull	04:10.50
9	223	Jack	Mcnicol	U17	M	Trafford AC	04:11.07
10	221	Victor	Camesana	SEN	M	Atletismo Alcorcon	04:11.89
11	205	Bradley	Giblin	U17	M	Trafford AC	04:12.07
12	56	Ben	Nichol	U20	M	Inverclyde AC	04:12.56
13	156	Nathan	Gray	U20	M	Netherhall AC	04:16.59
14	225	Daniel	Lloyd	U20	M	Crewe and Nantwich AC	04:19.34

### **OPEN 1500M HEAT 2**

1	242	Jon-jo	Doherty	SEN	M	St Helens Sutton	04:15.88
2	216	Rushwan	Lewis	U20	M	Trafford AC	04:18.63
3	202	Kirsty	Fraser	SEN	F	Preston Harriers	04:19.43
4	204	Alex	Bailey	U17	M	Trafford AC	04:21.48
5	215	Alex	Janes	U17	M	Sale Harriers Manchester	04:22.69
6	93	Jip	Vastenburger	SEN	F	Unattached	04:22.91
7	239	Robert	Seddon	U17	M	Horwich RMI	04:24.86
8	241	Bradley	Freeman	U20	M	Stockport Harriers	04:24.89
9	232	Sam	Heyworth	U20	M	Sale Harriers Manchester	04:24.90
10	238	Luke	Brindle	U17	M	Horwich RMI	04:28.33
11	92	Elinor	Kirk	SEN	F	Swansea AC	04:31.84
12	231	Emma	Tilley	SEN	F	Sale Harriers Manchester	04:32.14
13	210	Jacob	Hughes	U20	M	Chorley AC	04:32.50
14	189	Holly	Smith	U20	F	Vale Royal AC	04:33.10
15	234	Ryan	Heneghan	U17	M	Rossendale Harriers	04:44.01

### **OPEN 1500M HEAT 3**

1	229	Charlie	Mansfield	U17	M	Trafford AC	04:26.46
2	87	Nynke	Mulholland	SEN	F	Inverclyde AC	04:34.51
3	132	Stuart	Doyle	SEN	M	Vale Royal AC	04:35.69
4	226	Jacob	Yates	U20	M	Salford Harriers	04:39.31
5	219	Daniel	Lynch	SEN	M	University of Manchester	04:40.17
6	165	Alice	Jones	U17	F	Wharfedale	04:40.69
7	129	Aaron	Doyle	U20	M	Vale Royal AC	04:45.72
8	220	Olivia	Logan	U17	F	Southport Waterloo	04:46.07
9	77	Meredith	Reid	U17	F	Glasgow School of Sport	04:46.65
10	116	Ed	Wilson	SEN	M	City of Stoke AC	04:49.88
11	99	Lorna	Spiers	U20	F	Northern AC IOM	04:50.15
12	197	Neve	Hardcastle	U17	F	Longwood Harriers	04:52.68
13	194	Esme	Davies	U20	F	Eden Runners	04:52.93

### **OPEN 1500M HEAT 4**

1	236	Ian	Grime	SEN	M	Salford Harriers	04:53.31
2	240	Erin	Grime	U17	F	Trafford AC	04:53.65
3	183	Evie	Wild	U17	F	Stockport Harriers	04:55.95

4	200	Harry	Miller-reedma	U17	M	Stockport Harriers	04:55.97
5	166	Esther	Hulley	U17	F	Stockport Harriers	05:00.08
6	58	Zoe	Renfrew	U20	F	Inverclyde AC	05:00.84
7	181	Ian	Roberts	SEN	M	St Helens Sutton	05:05.12
8	113	Rebecca	Mason	U20	F	Trafford AC	05:05.95
9	228	Charlotte	Haywood-per	U17	F	Trafford AC	05:09.10
10	230	Liberty	Haywood-per	SEN	F	Salford Harriers	05:10.73
11	168	Harry	Rutt	U17	M	Stockport Harriers	05:21.10
12	206	Josie	Driver	U17	F	Stockport Harriers	05:27.81
13	207	David	Dyer	SEN	M	Manchester Harriers	05:41.28

### **HAMMER**

1	119	Alex	Berstein	U17	M	Preston Harriers	60.38	<b>5K</b>
2	145	Tara	Simpson-sulliv	U20	F	Wigan & District Harriers	56.64	<b>4K</b>
3	104	Shaun	Livett	SEN	M	Liverpool Harriers	45.99	<b>7.26K</b>
4	121	Ian	Cooley	SEN	M	Rotherham Harriers	40.18	<b>5K</b>
5	142	Tony	Balko	SEN	M	Blackburn Harriers	36.11	<b>6K</b>
6	161	Megan	Kettle	U20	F	Warrington AC	35.74	<b>4K</b>
7	96	Emily	Hartley	SEN	F	Wigan & District Harriers	34.81	<b>4K</b>
8	140	Norman	Booth	U20	M	Sale Harriers Manchester	31.48	<b>6K</b>
9	122	Bill	Renshaw	SEN	M	Rotherham Harriers	28.27	<b>5K</b>
10	123	Lynne	Lockhart	SEN	F	East Cheshire Harriers	24.86	<b>3K</b>
11	117	Lynn	Baker	SEN	F	Pendle AC	21.28	<b>3K</b>

### **JAVELIN**

1	227	Dorel	Adrian-greta	SEN	M	Unattached	48.73	<b>800g</b>
2	209	Wayne	Todd	SEN	M	Leigh Harriers	46.84	<b>800g</b>
3	200	Harry	Miller-reedma	U17	M	Stockport Harriers	42.58	<b>7000g</b>
4	211	Dave	Mckown	SEN	M	Liverpool Harriers	42.19	<b>800g</b>
5	198	Jacob	Fletcher	SEN	M	Trafford AC	40.20	<b>800g</b>
6	168	Harry	Rutt	U17	M	Stockport Harriers	37.97	<b>700g</b>
7	186	Rebekah	Hopper	U20	F	Wigan & District Harriers	37.07	<b>600g</b>
8	199	Louis	Morrison	U17	M	Trafford AC	33.55	<b>700g</b>
9	208	Peter	Todd	SEN	M	Leigh Harriers	30.85	<b>600g</b>
10	142	Tony	Balko	SEN	M	Blackburn Harriers	30.62	<b>700g</b>
11	183	Evie	Wild	U17	F	Stockport Harriers	27.44	<b>500g</b>
12	166	Esther	Hulley	U17	F	Stockport Harriers	19.67	<b>500g</b>
13	117	Lynn	Baker	SEN	F	Pendle AC	16.15	<b>500g</b>
14	207	David	Dyer	SEN	M	Manchester Harriers	15.44	<b>800g</b>