

Sunday 23 June 2019

Craigswood Sports Centre, Livingston

TIMETABLE

TIME	UNDER 9 <small>(01/09/2010 – 23/06/2012)</small>	UNDER 11 <small>(01/09/2008 – 31/08/2010)</small>	UNDER 13 <small>(01/09/2006 – 31/08/2008)</small>	UNDER 15 <small>(01/09/2004 – 31/08/2006)</small>
10.00		Long Jump		Javelin
10.15			200m	
10.30	Turbo Javelin			
10.45			Long Jump	
11.00				200m
11.15		Turbo Javelin		
11.30	120m			Long Jump
11.45				
12.00	Std. Long Jump		Javelin	
12.15		150m		
12.30				
12.45	4x100m	4x100m	4x100m	4x100m

- The timetable is provisional, with the start times of events dependant on the finishing times of previous events.
- Registration opens at 9.30 am in the athletics pavilion.