

400mH combined					
Pos	No	Name	Club	Time	
1	45	Patrick Crossan	St Annes AC	70.07	M55
2	116	Paul Lynas	Ballymena & Antrim AC	72.07	M40
3	143	Martin Mooney	Innishowen AC	73.00	M35
4	76	Rosemary Gibson	north east runners	92.62	W45

300mH combined					
Pos	No	Name	Club	Time	
1	80	Peadar McGing	Dundrum South Dublin A.C.	49.36	M60
2	43	Mary Barrett	Loughrea AC	66.74	W60
3	134	Earl Taylor	St Annes AC	75.03	M70

100m women W35-45					
Pos	No	Name	Club	Time	w -0.4
1	110	Nicole O'Donnell	Rosses AC	13.61	W35
2	111	Karen O'Donnell	Olympian Y&A.C.	13.91	W35
3	46	Lynsey Brown	City of Lisburn AC	13.96	W35
4	1	Leanne Wellings	Metro/St. Brigid's A.C.	14.00	W40
5	18	Michelle Metcalfe	tallaght AC	14.09	W35
6	82	Claire Johnston	Lucan Harriers	14.48	W35

100m women W45					
Pos	No	Name	Club	Time	w -0.2
1	25	Joanne McCauley	Newry AC	14.45	
2	158	Orlagh Colton	Omagh Harriers	14.49	
3	4	Joan Melanophy	St Peters AC	17.75	

100m women W50					
Pos	No	Name	Club	Time	w -0.2
1	96	Geraldine Finegan	north east runners	16.65	
2	93	Andrea McCabe	Drogheda & District A.C.	16.22	
3	87	Michelle Reinhardt McCabe	Clones AC	16.33	
4	89	Lesley Nelson	unattached	18.08	

100m women W55+					
Pos	No	Name	Club	Time	w -0.2
1	69	Tina Gallagher	OMG AC	15.33	W55
2	119	Angela Kelly	Giffnock North AC	15.91	W55
3	139	Margaret Higgins	Corofin AC	22.01	W65
4	83	Rose Hunter	unattached	75.81	W95

100m men M35-50					
Pos	No	Name	Club	Time	w -0.3
1	99	Jonathan Carleton	Ballymena & Antrim AC	11.50	M35
2	42	Rory Sheehan	Monaghan Phoenix AC	12.67	M35
3	72	Hugh Walsh	Lucan Harriers	13.30	M50
4	94	Karl Carton	Drogheda and District Athle	13.36	M45
5	112	David Foy	unattached	14.19	M50
6	163	Robert Anderson	Tir Chonnail	17.39	M50

100m men M55-70					
Pos	No	Name	Club	Time	w -0.5
1	36	Shane Sheridan	Dundrum South Dublin A.C.	12.89	M60
2	7	Bob Douglas	Ballymena & Antrim AC	14.15	M65
3	79	Frank Cruise	Drogheda And District Ac	14.17	M55
4	129	Tom Clinton	Navan AC	15.01	M70

5	14	David Leech	Blackrock A.C. (Dublin)	15.01	M65
6	10	George Gribben	Orangegrove AC	15.60	M65
7	134	Earl Taylor	St Annes AC	17.72	M70

3000m walk combined

Pos	No	Name	Club	Time	
1	62	Brian O Domhnaill	Finn Valley AC	14:17.40	M40
2	35	Patrick Murphy	CASTLEISLAND AC	14:39.14	M55
3	85	Sean McMullin	Mullingar Harriers & AC	17:48.47	M70
4	2	Dash Newington	Gateshead Harriers & AC	21:38.21	W35
5	50	Helen Gilmour	unattached	22:31.18	W60
6	162	Pamela Rainey	unattached	22:44.35	W60
7	140	Petra Biging	Lagan Valley AC	25:16.10	W50
8	130	Julian Kennedy	B & A AC	DQ	Rule230.7 M65

110m hurdles M35-45

Pos	No	Name	Club	Time	w +0.0
1	54	Trevor McGlynn	Omagh Harriers	16.34	M40
2	71	Mark Mc Connell	Omagh Harriers	18.06	M35
3	116	Paul Lynas	Ballymena & Antrim AC	19.53	M40
4	143	Martin Mooney	Innishowen AC	21.05	M35

100m hurdles M60 & W35

Pos	No	Name	Club	Time	w +1.1
1	100	Robert Reynolds	AthleticsNI Unattached	16.95	M60
2	80	Peadar McGing	Dundrum South Dublin A.C.	18.29	M60
3	2	Dash Newington	Gateshead Harriers & AC	22.20	W35
4	133	Eddie Howarth	unattached	24.06	M60

80mHurdles, W40+, M70

Pos	No	Name	Club	Time	w +0.4
1	96	Geraldine Finegan	north east runners	14.01	W50
2	158	Orlagh Colton	Omagh Harriers	14.61	W45
3	43	Mary Barrett	Loughrea AC	16.14	W60
4	138	Jana Cervenkova	Lagan Valley AC	16.63	W50
5	76	Rosemary Gibson	north east runners	17.52	W45
6	134	Earl Taylor	St Annes AC	19.73	M70

800m W35-50

Pos	No	Name	Club	Time	
1	137	Rhonda Brady	B & A AC	2:35.11	W45
2	47	Roberta Dornan	North Down AC	2:37.41	W40
3	70	Orla Smyth	City of Lisburn AC	2:38.62	W40
4	105	Joy McAleer	City of Lisburn AC	3:06.29	W55

800m men M35-50

Pos	No	Name	Club	Time	
1	167	Adrian Boyle	Derry Track Club	2:07.51	M40
2	41	Ronan Kearns	Rathfarnham WSAF	2:07.80	M40
3	78	Stephen Orr	Orangegrove AC	2:08.06	M40
4	173	Nick Irvine	North Down AC	2:08.99	M50

800m men M45-55

Pos	No	Name	Club	Time	
1	77	Francis Marsh	North Down AC	2:14.66	M50
2	172	James Turtle	Ballymena & Antrim AC	2:16.24	M50

3	65	David Clarke	North Belfast Harriers	2:20.59	M55
4	113	Conor Hamilton	Armagh AC	2:25.38	M45
5	56	David Taylor	City of Lisburn Athletic club	2:28.38	M45
6	28	Bosco Reid	Finn Valley AC	2:37.92	M55
7	121	Philip Brines	Lagan Valley AC	2:40.07	M55
8	59	George Ferguson	Beechmount Harriers	2:40.35	M55

800m men M60+					
Pos	No	Name	Club	Time	
1	171	Robert Bigger	Derry Track Club	2:26.01	M60
2	142	Gerry O'Doherty	Springwell	2:30.59	M60
3	39	Pat Rocks	Newry City Runners AC	2:41.36	M65
4	53	George Maybury	Clonliffe Harriers	2:50.47	M65
5	74	Gerard Parkes	unattached	2:55.40	M60
6	44	James Harris	Orangegrove AC	3:06.28	M70
7	19	Ray Aiken	Keith & District AAC	3:07.40	M65
8	16	Gerry Ward	Orangegrove AC	5:24.83	M75

200m women w35-40					
Pos	No	Name	Club	Time	w+0.0
1	110	Nicole O'Donnell	Rosses AC	28.10	W35
2	166	Mary Scanlon	Blackrock A.C. (Dublin)	28.68	W40
3	111	Karen O'Donnell	Olympian Y&A.C	28.78	W35
4	1	Leanne Wellings	Metro/St. Brigid's A.C.	28.80	W40
5	18	Michelle Metcalfe	tallaght AC	29.33	W35
6	46	Lynsey Brown	City of Lisburn AC	29.55	W35
7	82	Claire Johnston	Lucan Harriers	30.43	W35

200m women w45					
Pos	No	Name	Club	Time	w+0.1
1	25	Joanne McCauley	Newry AC	30.55	
2	76	Rosemary Gibson	north east runners	33.23	
3	86	Anne McFarland	Clones AC	34.15	
4	4	Joan Melanophy	St Peters AC	37.01	

200m women w50+					
Pos	No	Name	Club	Time	w+0.3
1	55	Carol Kearney	Lucan harriers athletics	29.82	W50
2	96	Geraldine Finegan	north east runners	30.17	W50
3	69	Tina Gallagher	OMG AC	32.25	W55
4	93	Andrea McCabe	Drogheda & District A.C.	34.36	W50
5	89	Lesley Nelson	unattached	39.05	W50
6	139	Margaret Higgins	Corofin AC	48.02	W65

200m men m35-45					
Pos	No	Name	Club	Time	w+0.2
1	168	Glen Scullion	Mid Ulster AC	24.17	M40
2	42	Rory Sheehan	Monaghan Phoenix AC	26.17	M35
3	94	Karl Carton	Drogheda and District Athle	27.47	M45

200m men m50-60					
Pos	No	Name	Club	Time	w+0.3
1	36	Shane Sheridan	Dundrum South Dublin A.C.	26.50	M60
2	45	Patrick Crossan	St Annes AC	26.77	M55
3	72	Hugh Walsh	Lucan Harriers	27.31	M50
4	79	Frank Cruise	Drogheda And District Ac	29.26	M55
5	48	Brian Peppard	Monaghan Phoenix AC	30.70	M50
6	152	Ghislain Demeuldre	Victoria Park & Connswater	30.87	M50

200m men m60+					
Pos	No	Name	Club	Time	w-0.5
1	7	Bob Douglas	Ballymena & Antrim AC	29.3	M65
2	141	Dwyer O'Connor	St Peters AC	30.58	M50
3	129	Tom Clinton	Navan AC	31.82	M70
4	10	George Gribben	Orangegrove AC	32.60	M65
5	14	David Leech	Blackrock A.C. (Dublin)	34.08	M65
6	130	Julian Kennedy	B & A AC	48.06	M65

3000m combined					
Pos	No	Name	Club	Time	
1	17	Glenn Donnelly	Acorns AC	9:11.62	M35
2	98	David O'flaherty	Newcastle & District AC	9:13.53	M35
3	73	Darrell McKee	Acorns AC	9:16.52	M40
4	149	John Craig	Victoria Park & Connswater	9:26.06	M35
5	175	Adam O'Hagan	Acorns AC	9:46.65	M40
6	101	Michael McGowan	unattached	10:10.66	M35
7	150	Ian Lockington	Victoria Park & Connswater	10:12.64	M40
8	117	Colin McDowell	unattached	10:14.61	M45
9	97	Gavin Crilly	Newry AC	10:39.39	M35
10	174	David Montgomery	Orangegrove AC	10:44.19	M45
11	151	Jenny Black	Victoria Park & Connswater	11:14.96	W40
12	145	Gary Keenan	Victoria Park & Connswater	11:17.30	M55
13	148	Ralph Coetzee	Victoria Park & Connswater	11:37.44	M45
14	84	Ciaran Hunter	Beechmount Harriers	11:39.43	M50
15	68	Grainne Brinkley	Belfast Running Club	12:19.28	W40
16	32	Alison McConnell	Orangegrove AC	13:22.89	W50

5000m combined					
Pos	No	Name	Club	Time	
1	146	Stephen Wylie	Victoria Park & Connswater	15:57.50	M35
2	9	Michael Combe	Willowfield Harriers	16:18.54	M40
3	11	Gary Henderson	Armagh	16:31.89	M45
4	51	Gavin McGlinchey	City of Derry Spartans	16:37.19	M40
5	170	Kent Swan	North Belfast Harriers	16:39.94	M35
6	107	Paul Rowan	Willowfield Harriers	16:45.15	M50
7	52	Christopher Moren	Willowfield Harriers	16:56.82	M35
8	40	Neil Curran	East Down AC	17:29.63	M40
9	144	Gary Dane	Victoria Park & Connswater	17:37.87	M35
10	115	Dee Murray	EAST DOWN	18:30.85	M50
11	179	Noel Connor	Ballymena & Antrim AC	18:33.01	M55
12	177	Laurence Johnston	North Belfast Harriers	18:36.39	M60
13	102	Michael Magee	Beechmount harriers	18:43.52	M50
14	33	Sean McAllister	Larne AC	19:17.29	M55
15	145	Gary Keenan	Victoria Park & Connswater	19:38.00	M55
16	59	George Ferguson	Beechmount Harriers	20:02.70	M55
17	152	Ghislain Demeuldre	Victoria Park & Connswater	20:29.05	M50

1500m men					
Pos	No	Name	Club	Time	
1	182	Conor Curran	North Belfast Harriers	4:23.05	M40
2	17	Glenn Donnelly	Acorns AC	4:27.81	M35
3	181	Michael Bennett	Ballymena & Antrim AC	4:28.86	M45
4	73	Darrell McKee	Acorns AC	4:29.39	M40
5	155	Cathal McLaughlin	Derry Track Club	4:30.52	M50

6	180	Ben Morrow	Ballymena & Antrim AC	4:33.03	M35
7	175	Adam O'Hagan	Acorns AC	4:39.16	M40
8	171	Robert Bigger	Derry Track Club	4:53.49	M60
9	121	Philip Brines	Lagan Valley AC	5:25.71	M55
10	84	Ciaran Hunter	Beechmount Harriers	5:47.96	M50

400m women					
Pos	No	Name	Club	Time	
1	111	Karen O'Donnell	Olympian Y&A.C	64.35	W35
2	27	Maria Dunne	St. Laurence O'Toole	65.51	W40
3	18	Michelle Metcalfe	tallaght AC	69.21	W35
4	55	Carol Kearney	Lucan harriers athletics	69.36	W50
5	25	Joanne McCauley	Newry AC	70.04	W45
6	47	Roberta Dornan	North Down AC	70.14	W40
7	69	Tina Gallagher	OMG AC	73.83	W55

400m men 35-45					
Pos	No	Name	Club	Time	
1	169	Ray Adams	unattached	53.98	M35
2	54	Trevor McGlynn	Omagh Harriers	57.67	M40
3	94	Karl Carton	Drogheda and District Athle	62.44	M45
4	56	David Taylor	City of Lisburn Athletic club	64.83	M45

400m men M50 - 55					
Pos	No	Name	Club	Time	
1	66	Gerry Oconnor	Drogheda&District AC	61.09	M50
2	77	Francis Marsh	North Down AC	61.47	M50
3	172	James Turtle	Ballymena & Antrim AC	61.87	M50
4	79	Frank Cruise	Drogheda And District Ac	71.12	M55
5	121	Philip Brines	Lagan Valley AC	72.82	M55

400m men 60+					
Pos	No	Name	Club	Time	
1	80	Peadar McGing	Dundrum South Dublin A.C.	66.72	M60
2	7	Bob Douglas	Ballymena & Antrim AC	67.15	M65
3	141	Dwyer O'Connor	St Peters AC	70.74	M50
4	154	David Quigg	Orangetown AC	72.06	M60
5	44	James Harris	Orangetown AC	75.00	M70
6	19	Ray Aiken	Keith & District AAC	82.59	M65
7	178	Donal Swift	Crusaders A.C.	89.43	M65

Hammer Women					
Pos	No	Name	Club	Distance	weight
1	164	Ciara McGilloway	Lagan Valley AC	21.22	4kg W35
1	2	Dash Newington	Gateshead Harriers & AC	19.49	4kg W35
1	20	Eithne Ní Mhurchadha	Civil Service Harriers A.C	17.68	4kg W40
1	5	Orlaith Read	Donore Harriers	25.88	4kg W45
1	90	Jean Daly	Na Fianna	31.04	3kg W50
2	60	Angela Torsney	Fingallians A.C.	21.74	3kg W50
1	6	Lucy Moore-Fox	DSD	23.07	3kg W60
1	139	Margaret Higgins	Corofin AC	14.76	3kg W65

Hammer men M45-55					
Pos	No	Name	Club	Distance	weight
1	143	Martin Mooney	Innishowen AC	15.99	7.25kg M35
1	54	Trevor McGlynn	Omagh Harriers	21.24	7.25kg M40
1	127	Joe Kelly	Brow Rangers	35.09	6kg M50
2	57	Damian Crawford	Lifford Strabane AC	32.69	6kg M50
3	163	Robert Anderson	Tir Chonnail	26.54	6kg M50
4	136	David Glendower	Pembrokeshire Harriers	25.11	6kg M50
1	95	James Herron	City of Derry AC Spartans	21.81	6kg M55

Hammer Men M60+					
Pos	No	Name	Club	Distance	weight
1	103	Eamonn McEvoy	Adamstown A.C.	30.41	5kg M60
2	80	Peadar McGing	Dundrum South Dublin A.C.	24.23	5kg M60
1	91	Paddy Hanily	fr murphy	35.75	5kg M65
2	161	Alan Keys	Annadale Striders	16.41	5kg M65
1	12	Barry Morris	City of Lisburn AC	19.51	4kg M70
2	128	Murty Kelly	Brow Rangers	26.29	4kg M70
3	153	John Glover	Lagan Valley AC	22.23	4kg M70
4	159	Thomas Farragher	Corofin AC	44.39	4kg M70
1	131	Patsy Conboy	Bros Pearse	22.83	4kg M75
2	109	Joseph Joyce	Rosses AC	21.15	4kg M75
1	21	Ernest Tuff	Ballymena & Antrim AC	38.03	3kg M80

Shot Putt Women					
Pos	No	Name	Club	Distance	weight
1	164	Ciara McGilloway	Lagan Valley AC	7.59	4kg W35
1	2	Dash Newington	Gateshead Harriers & AC	5.80	4kg W35
1	166	Mary Scanlon	Blackrock A.C. (Dublin)	8.57	4kg W40
2	20	Eithne Ní Mhurchadha	Civil Service Harriers A.C	5.19	4kg W40
1	86	Anne McFarland	Clones AC	7.39	4kg W45
1	90	Jean Daly	Na Fianna	8.01	4kg W50
2	138	Jana Cervenkova	Lagan Valley AC	7.91	4kg W50
3	60	Angela Torsney	Fingallians A.C.	7.79	4kg W50
4	140	Petra Biging	Lagan Valley AC	5.78	4kg W50

1	81	Rosemarie Gallagher	Milford A.C.	6.13	3kg	W55
2	69	Tina Gallagher	OMG AC	5.67	3kg	W55
1	43	Mary Barrett	Loughrea AC	9.74	2kg	W60
2	6	Lucy Moore-Fox	DSD	7.44	2kg	W60
1	139	Margaret Higgins	Corofin AC	5.76	2kg	W65

Shot Putt Men						
Pos	No	Name	Club	Distance	weight	
1	126	Kieran Kelly	Brow Rangers	10.11	7.26kg	M35
2	143	Martin Mooney	Innishowen AC	8.44	7.26kg	M35
3	71	Mark Mc Connell	Omagh Harriers	8.03	7.26kg	M35
1	157	Philip McKinney	unattached	10.52	7.26kg	M40
2	23	Jonathan Scott	unattached	10.50	7.26kg	M40
3	54	Trevor McGlynn	Omagh Harriers	9.72	7.26kg	M40
4	38	Ronan McKenna	Glaslough Harriers	9.30	7.26kg	M40
1	108	Aidan Gillespie	Rosses AC	9.62	7.26k	M45
1	57	Damian Crawford	Lifford Strabane AC	12.00	6k	M50
2	127	Joe Kelly	Brow Rangers	11.20	6k	M50
3	163	Robert Anderson	Tir Chonnail	8.40	6k	M50
4	136	David Glendower	Pembrokeshire Harriers	7.40	6k	M50
1	160	John Wallace	Ratoath	8.00	6k	M55
1	103	Eamonn McEvoy	Adamstown A.C.	9.34	5kg	M60
2	106	Joe Frey	Lagan Valley AC	9.04	5kg	M60
3	120	John Birkett	Annan & District AC	8.96	5kg	M60
4	104	Patrick O'Mahoney	Adamstown A.C.	7.57	5kg	M60
1	7	Bob Douglas	Ballymena & Antrim AC	8.61	5kg	M65
1	130	Julian Kennedy	B & A AC	7.35	5kg	M65
1	124	Jim McClean	NBH	11.09	4kg	M70
2	159	Thomas Farragher	Corofin AC	10.89	4kg	M70
3	128	Murty Kelly	Brow Rangers	9.56	4kg	M70
4	153	John Glover	Lagan Valley AC	7.41	4kg	M70
5	12	Barry Morris	City of Lisburn AC	7.14	4kg	M70
1	123	James Sloan	Annan & District AC	9.17	4kg	M75
2	109	Joseph Joyce	Rosses AC	7.77	4kg	M75
1	21	Ernest Tuff	Ballymena & Antrim AC	9.48	3kg	M80
2	165	Stanley Hall	City of Lisburn	7.08	3kg	M80

Discus Women						
Pos	No	Name	Club	Distance		
1	114	Michelle O' Donnell	Olympian Y&AC	22.47	1kg	F35
2	2	Dash Newington	Gateshead Harriers & AC	16.82	1kg	F35
1	20	Eithne Ní Mhurchadha	Civil Service Harriers A.C	16.41	1kg	F40
1	90	Jean Daly	Na Fianna	21.20	1kg	F50
2	96	Geraldine Finegan	north east runners	19.44	1kg	F50
3	60	Angela Torsney	Fingallians A.C.	14.82	1kg	F50
1	81	Rosemarie Gallagher	Milford A.C.	15.62	1kg	F55
1	43	Mary Barrett	Loughrea AC	21.71	1kg	F60

1 139 Margaret Higgins Corofin AC 14.40 1kg F65

Discus Men M35-60					
Pos	No	Name	Club	Distance	
1	126	Kieran Kelly	Brow Rangers	33.17 2kg	M35
2	143	Martin Mooney	Innishowen AC	26.52 2kg	M35
1	54	Trevor McGlynn	Omagh Harriers	31.01 2kg	M40
2	38	Ronan McKenna	Glaslough Harriers	24.34 2kg	M40
3	157	Philip McKinney	unattached	23.96 2kg	M40
1	57	Damian Crawford	Lifford Strabane AC	35.83 1.5kg	M50
2	127	Joe Kelly	Brow Rangers	34.85 1.5kg	M50
3	30	Denis Delany	Dunboyne a/c.	28.67 1.5kg	M50
4	163	Robert Anderson	Tir Chonnail	24.68 1.5kg	M50
5	136	David Glendower	Pembrokeshire Harriers	20.22 1.5kg	M50
1	95	James Herron	City of Derry AC Spartans	22.57 1.5kg	M55
2	160	John Wallace	Ratoath	21.52 1.5kg	M55

Discus Men 60+ 1kg					
Pos	No	Name	Club	Distance	
1	8	Paul Herron	City of Derry Spartans	36.25 M60	
2	106	Joe Frey	Lagan Valley AC	27.54 M60	
3	80	Peadar McGing	Dundrum South Dublin A.C.	26.83 M60	
4	120	John Birkett	Annan & District AC	22.90 M60	
5	104	Patrick O'Mahoney	Adamstown A.C.	21.70 M60	
1	91	Paddy Hanily	fr murphy	28.80 M65	
2	88	Frank McCrystal	Ballymena & Antrim AC	27.30 M65	
3	130	Julian Kennedy	B & A AC	22.60 M65	
4	161	Alan Keys	Annadale Striders	21.49 M65	
1	159	Thomas Farragher	Corofin AC	28.83 M70	
2	128	Murty Kelly	Brow Rangers	28.14 M70	
3	124	Jim McClean	NBH	25.31 M70	
4	153	John Glover	Lagan Valley AC	20.15 M70	
5	12	Barry Morris	City of Lisburn AC	16.57 M70	
1	123	James Sloan	Annan & District AC	26.48 M75	
2	109	Joseph Joyce	Rosses AC	20.24 M75	
3	131	Patsy Conboy	Bros Pearse	16.94 M75	
1	21	Ernest Tuff	Ballymena & Antrim AC	26.37 M80	
2	165	Stanley Hall	City of Lisburn	19.32 M80	

Javelin Women					
Pos	No	Name	Club	Distance	weight
1	114	Michelle O' Donnell	Olympian Y&AC	25.64 600g	W35
2	111	Karen O Donnell	Olympian Y&A.C	22.33 600g	W35
3	2	Dash Newington	Gateshead Harriers & AC	13.53 600g	W35
1	20	Eithne Ní Mhurchadha	Civil Service Harriers A.C	15.87 600g	W40

1	60	Angela Torsney	Fingallians A.C.	14.69	500g	W50
2	138	Jana Cervenkova	Lagan Valley AC	14.52	500g	W50
1	81	Rosemarie Gallagher	Milford A.C.	10.56	500g	W55
1	43	Mary Barrett	Loughrea AC	18.79	400g	W60
1	139	Margaret Higgins	Corofin AC	10.52	400g	W65

Javelin Men

Pos	No	Name	Club	Distance	weight	
1	143	Martin Mooney	Innishowen AC	26.18	800g	M35
1	57	Damian Crawford	Lifford Strabane AC	47.02	700g	M50
2	30	Denis Delany	Dunboyne a/c.	45.96	700g	M50
3	163	Robert Anderson	Tir Chonnail	17.69	700g	M50
1	104	Patrick O'Mahoney	Adamstown A.C.	26.17	600g	M60
2	106	Joe Frey	Lagan Valley AC	23.78	600g	M60
1	88	Frank McCrystal	Ballymena & Antrim AC	34.78	600g	M65
1	159	Thomas Farragher	Corofin AC	25.85	500g	M70
2	134	Earl Taylor	St Annes AC	22.43	500g	M70
1	123	James Sloan	Annan & District AC	23.95	500g	M75
2	109	Joseph Joyce	Rosses AC	13.12	500g	M75

Weight for Distance Women

Pos	No	Name	Club	Distance	weight	
1	2	Dash Newington	Gateshead Harriers & AC	7.17	9.08kg	W35
1	96	Geraldine Finegan	north east runners	11.17	5.45kg	W50
1	20	Eithne Ní Mhurchadha	Civil Service Harriers A.C	4.23	28lb	W40
1	90	Jean Daly	Na Fianna	6.61	28lb	W50
1	96	Geraldine Finegan	north east runners	5.37	28lb	W50
1	60	Angela Torsney	Fingallians A.C.	5.09	28lb	W50
1	81	Rosemarie Gallagher	Milford A.C.	3.62	28lb	W55
1	139	Margaret Higgins	Corofin AC	4.19	28lb	W65

Weight for Distance Men

Pos	No	Name	Club	Distance	weight	
1	159	Thomas Farragher	Corofin AC	14.40	9.08kg	M70
1	21	Ernest Tuff	Ballymena & Antrim AC	16.17	5.45kg	M80
1	143	Martin Mooney	Innishowen AC	4.01	56lb	M35
1	57	Damian Crawford	Lifford Strabane AC	7.60	35lb	M50
2	163	Robert Anderson	Tir Chonnail	7.42	35lb	M50
3	30	Denis Delany	Dunboyne a/c.	6.72	35lb	M50
4	136	David Glendower	Pembrokeshire Harriers	4.59	35lb	M50

1	103	Eamonn McEvoy	Adamstown A.C.	6.16	35lb	M60
2	80	Peadar McGing	Dundrum South Dublin A.C.	6.08	35lb	M60
1	91	Paddy Hanily	fr murphy	7.42	35lb	M65
1	159	Thomas Farragher	Corofin AC	7.02	28lb	M70
1	109	Joseph Joyce	Rosses AC	6.25	28lb	M75
2	131	Patsy Conboy	Bros Pearse	5.65	28lb	M75

High Jump women						
Pos	No	Name	Club	Height		
1	2	Dash Newington	Gateshead Harriers & AC	1.30	W35	
1	158	Orlagh Colton	Omagh Harriers	1.25	W45	
2	25	Joanne McCauley	Newry AC	1.25	W45	
1	96	Geraldine Finegan	north east runners	1.43	W50	
1	43	Mary Barrett	Loughrea AC	1.20	W60	

High Jump men						
Pos	No	Name	Club	Height		
1	29	Peter Fryer	City of Derry AC Spartans	1.65	M35	
2	71	Mark Mc Connell	Omagh Harriers	1.46	M35	
3	143	Martin Mooney	Innishowen AC	1.43	M35	
1	54	Trevor McGlynn	Omagh Harriers	1.53	M40	
1	106	Joe Frey	Lagan Valley AC	1.65	M45	
2	135	Patrick Galvin	Finn Valley AC	1.60	M45	
1	48	Brian Peppard	Monaghan Phoenix AC	1.35	M50	
1	160	John Wallace	Ratoath	1.35	M60	
1	80	Peadar McGing	Dundrum South Dublin A.C.	1.40	M60	
2	142	Gerry O'Doherty	Springwell	1.25	M60	
1	130	Julian Kennedy	B & A AC	1.10	M65	

Long Jump Women						
Pos	No	Name	Club	Distance		
1	2	Dash Newington	Gateshead Harriers & AC	3.50	W35	nwi
1	25	Joanne McCauley	Newry AC	3.92	W45	nwi
2	76	Rosemary Gibson	north east runners	3.79	W45	nwi
1	87	Michelle Reinhardt	MccaClones AC	3.53	W50	nwi
2	138	Jana Cervenkova	Lagan Valley AC	2.99	W50	nwi
1	139	Margaret Higgins	Corofin AC	3.05	W65	nwi

Long Jump Men						
Pos	No	Name	Club	Distance		
1	71	Mark Mc Connell	Omagh Harriers	4.74	M35	nwi
2	143	Martin Mooney	Innishowen AC	4.69	M35	nwi
1	108	Aidan Gillespie	Rosses AC	5.74	M45	nwi

2	135	Patrick Galvin	Finn Valley AC	5.02	M45	nwi
3	113	Conor Hamilton	Armagh AC	4.86	M45	nwi
4	156	Ian McClung	unattached	4.54	M45	nwi
1	163	Robert Anderson	Tir Chonnail	3.07	M50	nwi
1	160	John Wallace	Ratoath	3.09	M55	nwi
1	80	Peadar McGing	Dundrum South Dublin A.C.	4.02	M60	nwi

Triple Jump Women

Pos	No	Name	Club	Distance		
1	2	Dash Newington	Gateshead Harriers & AC	7.44	W35	nwi
1	76	Rosemary Gibson	north east runners	7.96	W45	nwi
1	96	Geraldine Finegan	north east runners	9.59	W50	nwi

Triple Jump Men

Pos	No	Name	Club	Distance		
1	143	Martin Mooney	Innishowen AC	9.21	M35	nwi
1	54	Trevor McGlynn	Omagh Harriers	10.89	M40	nwi
1	156	Ian McClung	unattached	9.57	M45	nwi
2	113	Conor Hamilton	Armagh AC	9.49	M45	nwi
1	163	Robert Anderson	Tir Chonnail	6.80	M50	nwi
1	160	John Wallace	Ratoath	6.38	M55	nwi
1	80	Peadar McGing	Dundrum South Dublin A.C.	8.87	M60	nwi