



# BMC Story



## Glasgow - 26 July - Results

Races: 12

Finishers: 207

PBs 114 (55%)

Power of Ten results: [Here](#)

. Race : 1 1500m R1

Posn	Vest No.	Leg No.	Time	Name	Club
1	1	1	03:45.71	Sol Sweeney U23	Perth Strathtay / Glasgow Uni
2	2	2	03:47.16	Kane Elliott U20	Falkirk
3	3	3	03:47.59	Stephen Mackay	Glasgow City / Inverness
4	10	10	03:47.64	Cameron Wright U20	Kilbarchan
5	6	6	03:50.96	Joe Ewing U20	Edinburgh Ac
6	7	7	03:51.31	Mathew Smith U23	Lasswade
7	4	4	03:52.92	Michael Ferguson	Aberdeen / Aberdeen Uni / Banchory
8	5	5	03:53.70	Connor Maclean U23	Kilbarchan / Glasgow Uni
9	9	9	03:55.27	Cameron Steven U23	Lasswade / George Mason Uni
10	8	8	03:55.62	Jamie Burns U20	Glasgow City / Shettleston
11	15	15	03:55.92	Adam Hay U20	Inverclyde / West Of Scotland Uni
12	19	19	03:56.02	Matthew Turner	Shettleston
13	17	17	03:57.12	Jack Patton U17	Kilbarchan
14	11	11	03:58.22	Nikolai Gajic U20	Giffnock North
15	16	16	03:58.44	Ben Macmillan U20	Central
16	29	21	04:00.22	Michael Macmillan U23	Stornoway / Glasgow Caledonian Un
17	14	14	04:00.55	Luke Davidson U20	Inverness
18	18	18	04:00.98	Owen Miller	Fife
19	13	13	04:01.49	Jamie Mackinnon U23	Cambuslang
20	12	12	04:17.84	Finlay Murray	East Sutherland / Inverness

. Race : 1 1500m R2

Posn	Vest No.	Leg No.	Time	Name	Club
1	31	10	03:57.53	Fabian Despinoy U17	Edinburgh Ac
2	38	17	03:58.51	Magnus Tait U20	Lasswade
3	22	1	03:58.75	Andrew Macangus U20	Kilbarchan / Strathclyde Uni
4	23	2	03:59.69	Lewis Ross U23	Ayr Seaforth / Strathclyde Uni
5	37	16	04:00.06	Steven Murray U23	Aberdeen / Aberdeen Uni
6	27	6	04:02.88	Peter Bradshaw	Inverclyde
7	30	9	04:05.93	Aaron Odentz U23	Aberdeen / Aberdeen Uni
8	34	13	04:06.40	James Adam U23	Dundee Hawkhill / Abertay Uni
9	36	15	04:06.48	Sandy Holl U20	Central
10	44	8	04:09.71	Conor Gourley U17	Pitreavie
11	41	20	04:10.26	Craig Kennedy U20	Kilbarchan
12	40	19	04:12.22	Hugh Morrow U17	Edinburgh Ac
13	35	14	04:13.07	Lewis Dow U17	Central
14	32	11	04:14.30	Ben Sandilands U17	Fife
15	42	21	04:15.77	Ethan Carolan U17	Giffnock North

. Race : 1 1500m R3

Posn	Vest No.	Leg No.	Time	Name	Club
1	49	7	04:09.12	Harris Paterson U17	Giffnock North
2	63	23	04:12.89	Calum Little U17	Falkirk
3	43	1	04:13.36	Iain Mcwhinnie U20	Fife
4	51	9	04:14.60	Lewis Hannigan U17	Kilbarchan
5	56	14	04:14.63	Kai Crawford U15	Aberdeen
6	57	15	04:17.65	Reuben Macdonald U15	Giffnock North
7	46	4	04:18.40	Ben Nichol U20	Inverclyde
8	48	6	04:19.42	Erin Wallace U20	Giffnock North
9	65	22	04:21.80	Ethan Mccolgan U17	Dundee Hawkhill
10	62	20	04:24.38	David Houston	Cumbernauld
11	58	16	04:24.90	Philippa Millage V35	Victoria Park City Of Glasgow
12	53	11	04:26.31	Ross Dewar U15	Edinburgh Ac
13	61	19	04:27.84	Naomi Lang U20	Aberdeen / Edinburgh Uni
14	64	21	04:30.82	Kai Newell U20	Cambuslang
15	50	8	04:32.12	Harry Henriksen U17	Lasswade
16	54	12	04:44.41	Gavin Mcwhinnie U20	Fife
17	59	17	04:46.20	Andrew Robertson U20	Giffnock North

Race : 1                      1500m R4

Posn	Vest No.	Leg No.	Time	Name	Club
1	69	3	04:16.80	Steve Prosser V40	Bishops Stortford / Herts Phoenix
2	77	10	04:22.17	Michael Healy V40	Cambuslang
3	75	8	04:22.43	Lucas Cairns U17	Inverness
4	73	6	04:23.33	Thomas Smith	Bellahouston Harriers
5	88	21	04:26.54	Robbie Woods U17	Cambuslang Harriers
6	84	17	04:27.61	Luca Librizzi U20	Edinburgh Ac
7	74	7	04:28.98	Gary McBride	Springburn
8	85	18	04:30.22	Murray Close U15	Lothian
9	82	15	04:30.57	Anna Hedley U17	Fife
10	87	20	04:31.03	Jack Mackinnon U17	Cambuslang
11	86	19	04:32.79	Daniel Lowe	Shettleston
12	83	16	04:33.81	Katie Johnson U15	Edinburgh Ac
13	79	12	04:35.45	Sarah Coutts U17	Pitreavie
14	78	11	04:36.26	Zoe Bates U23	Edinburgh Ac / Aberdeen Uni
15	67	1	04:37.48	Jenny Bannerman	Inverness
16	80	13	04:43.20	Daisy Cumming U17	Dunfermline Track & Field

Race : 1                      1500m R5

Posn	Vest No.	Leg No.	Time	Name	Club
1	96	7	04:30.73	Georgia Ledingham U17	Corstorphine
2	93	4	04:32.91	Aaron Grew U17	Cambuslang
3	105	16	04:36.11	Robert Keenan V35	Cumbernauld
4	106	17	04:36.24	Victoria Lightbody U17	City Of Lisburn
5	91	2	04:36.64	Sarah Tait U20	Lasswade
6	94	5	04:36.85	Holly Little U23	Victoria Park City Of Glasgow / Q
7	92	3	04:36.94	Louis O'hare U17	Kirkintilloch / Cumbernauld
8	98	9	04:38.96	Malcolm Mclure U17	Dunfermline
9	103	14	04:39.14	Thomas Callaghan U20	Springburn
10	100	11	04:40.50	Zoe Pflug U20	Gala
11	71		04:41.16	Johnny Burns U15	Shettleston
12	110	21	04:41.79	Brent Brodie V45	Bellahouston Harriers
13	112	23	04:42.15	Cara Laverty	City Of Derry Spartans Ac
14	95	6	04:43.62	Louise Hastie U17	Kilbarchan
15	104	15	04:46.06	Meredith Reid U17	North Ayrshire / Glasgow Sch Of S
16	102	13	04:48.58	Anna Cairns U15	Inverness

17	97	8	04:51.52	Lauren Mcculloch U20	Central / Stirling Uni
18	119	10	04:57.11	Holly Thompson U23	Kilbarchan
19	109	20	05:04.19	Lynn Mckenna U20	Giffnock North
20	108	19	05:06.35	Flora Henry U17	Team East Lothian

Race : 1                      1500m R6

Posn	Vest No.	Leg No.	Time	Name	Club
1	114	2	04:38.30	Ben Johnston U17	Pitreavie
2	134	22	04:42.62	Matthew Stewart	Glasgow School Of Sport
3	128	16	04:44.27	Hannah Ryding U15	Giffnock North
4	120	8	04:48.02	Isabell Hinkley U17	Southampton
5	132	20	04:51.93	Anna Dalglish U17	Fife
6	113	1	04:52.03	Calum Charters U15	East Kilbride
7	123	11	04:54.05	Aimee Anderson U17	Airdrie Harriers / Glasgow Sch Of
8	121	9	04:54.26	Steph Lawrie	Victoria Park City Of Glasgow / V
9	126	14	04:56.32	Katie Mccleery U15	City Of Lisburn
10	124	12	04:57.62	Katie Christie U15	Falkirk
11	122	10	04:58.70	Isla Thoms U15	Fife
12	131	19	05:00.44	Olivia Clarke U15	Corstorphine
13	116	4	05:03.93	Caitlin Arnott U23	Costorphine
14	127	15	05:08.13	Charlotte Mckenna U20	Giffnock North
15	133	21	05:12.16	Charlie Frew U17	Whitemoss
16	125	13	05:13.32	Caitlyn Christie U15	Falkirk
17	129	17	05:36.90	Isla Scott U15	Giffnock North

Race : 1                      1500m R7

Posn	Vest No.	Leg No.	Time	Name	Club
1	143	7	04:48.50	Michael Nolan U15	Giffnock North
2	137	1	04:50.36	Louis Sharp U15	Victoria Park City Of Glasgow
3	141	5	04:50.61	Gregor Smith U15	Kirkintilloch
4	142	6	04:53.12	Colin Wylie V45	Giffnock North
5	139	3	04:55.70	Alicia Paton U23	Cumbernauld / Glasgow Uni
6	146	10	04:59.65	Brian Hughes V60	Cambuslang
7	144	8	05:06.76	Isla Hedley U15	Fife
8	140	4	05:13.30	Niamh Riggins U17	Cambuslang
9	151	15	05:13.86	Crawford Smith U15	Kirkintilloch
10	145	9	05:14.05	Kate Paul U15	Giffnock North
11	148	12	05:21.56	Kirsty Wylie U15	Giffnock North
12	149	13	05:23.68	Abi Hammerman U17	Inverclyde
13	153	17	05:25.36	Emma Livingstone U17	East Kilbride
14	154	18	05:27.90	Becky Dunphy	Victoria Park City Of Glasgow
15	156	20	05:29.61	Nicola Farmer U17	Springburn

Race : 2                      5000m R1

Posn	Vest No.	Leg No.	Time	Name	Club
1	161	3	14:23.07	James Donald U23	Dundee Hawkhill
2	160	2	14:27.18	Alastair Hay	Central
3	162	4	14:33.71	Jack Leitch U23	Worthing / Edinburgh Uni
4	175	17	14:40.04	Sean Chalmers	Inverness / West Of Scotland Uni
5	180	22	14:40.95	Mike Deason	Shettleston Harriers
6	167	9	14:41.97	James Hoad	Thames Hare & Hounds / Aberdeen
7	163	5	14:42.31	Tom Martyn	Hunters Bog Trotters
8	169	11	14:43.66	Peter Hodgkinson	Notts / Hunters Bog Trotters
9	179	21	14:53.88	Alex Carcas U23	Edinburgh Ac

10	174	16	14:54.15	Hamish Hickey U20	Central / Stirling Uni
11	165	7	14:54.42	Jonny Glen	Inverclyde
12	171	13	14:56.23	Stuart Gibson V35	Cambuslang / Whitemoss
13	173	15	15:02.35	Douglas Selman	Corstorphine / Edinburgh Ac / Dundee
14	168	10	15:03.98	Calum Mckenzie	Corstorphine / Aberdeen Uni
15	178	20	15:06.77	Lewis Raeburn U20	Glasgow City
16	166	8	15:20.81	Cameron Harris U23	Livingston
17	170	12	15:24.90	Cameron Allan U23	Houghton Harriers / St. Mary's Un

Race : 2                      5000m R2

Posn	Vest No.	Leg No.	Time	Name	Club
1	189	6	14:53.87	James Taylor	Morpeth / Edinburgh Uni
2	185	2	15:10.20	Cameron Watson U20	Inverclyde / West Of Scotland Uni
3	207	24	15:17.91	Tom Berry U20	Garscube Harriers
4	193	10	15:20.48	Lewis Rodgers	Fife
5	190	7	15:25.78	Michael Wright	Central
6	196	13	15:28.16	Stuart Livingstone V35	Corstorphine
7	200	17	15:31.33	Alex Muir	Newbury / Edinburgh Uni
8	195	12	15:35.45	James Gillon U20	"law / St. Mary's Uni / Aldershot
9	191	8	15:37.48	John Fergusson	East Kilbride / Strathclyde Uni
10	192	9	15:39.38	Jonathan Crickmore	Brighton & Hove / Heriot-watt Uni
11	197	14	15:41.87	Sunny Mcgrath U20	Aberdeen
12	199	16	15:42.01	Tom Cunningham	Corstorphine
13	205	22	15:42.55	Sam Fernando U23	Fife
14	203	20	15:43.01	Grant Baillie V40	East Kilbride / Fire Service
15	201	18	15:44.53	Ryan Donald U20	Dundee Hawkhill
16	204	21	15:55.42	Robbie Ferguson U23	Kilbarchan / Glasgow Caledonian U
17	202	19	16:22.23	Callum Tharme U20	Gala / Edinburgh Uni
18	206	23	16:28.73	Chris Richardson	Metro Aberdeen
19	194	11	16:44.81	Lucas Cheskin	Shettleston

Race : 2                      5000m R3

Posn	Vest No.	Leg No.	Time	Name	Club
1	216	7	15:41.28	Alastair Gudgin	Fife
2	210	1	15:42.66	Daryl Reid	East Kilbride
3	218	9	15:43.73	Aidan Shea U20	Unattached
4	213	4	15:50.62	Jozsef Farkas V40	Stirling Uni / Scottish Vets H
5	219	10	15:58.26	Joe Barton U23	Aberdeen / Aberdeen Uni
6	214	5	15:59.05	Iain Reid V40	Cambuslang
7	221	12	16:01.91	Leon Johnson V40	Edinburgh Ac
8	220	11	16:05.94	Myles Bax	Perth Rr
9	211	2	16:06.99	Shaun Butler V35	Cambuslang
10	223	14	16:09.91	Darran Muir V40	Law
11	229	20	16:25.16	Fearghas Thomson	Aberdeen / Aberdeen Uni
12	222	13	16:28.16	Craig Morris U20	Fife
13	227	18	16:31.22	Stuart Mcgeachy V35	Campbeltown Rc
14	226	17	16:34.29	Lewis Tharme U20	Gala
15	231	22	16:36.18	Jack Letson	Inverclyde
16	225	16	16:54.99	Darren Jubb	Ph Racing

Race : 2                      5000m R4

Posn	Vest No.	Leg No.	Time	Name	Club
1	237	2	16:22.99	Stephen Allen V50	Motherwell / Scottish Vets H
2	243	8	16:24.19	Iain Macdonald	Edinburgh Ac

3	242	7	16:29.73	Calum Oates	Shettleston
4	240	5	16:30.54	Jon Hammerman V35	Inverclyde
5	236	1	16:31.60	Annabel Simpson U23	Fife / Glasgow Uni
6	254	19	16:36.56	Mark Doherty V35	Inverclyde
7	250	15	16:36.74	Cera Gemmell U20	Team East Lothian
8	251	16	16:38.09	Calum Phillip U20	Stirling Uni
9	248	13	16:38.79	Graeme Hyett V35	Inverclyde
10	241	6	16:41.08	David Tamburini V45	Inverclyde / Scottish Vets H
11	259	24	16:49.74	Colin Whitby V35	Irvine
12	252	17	16:51.21	Stephen Brown V35	West End Rr / Scottish Vets H
13	238	3	16:52.46	Allan Cameron V45	Motherwell
14	260	25	16:54.53	Finlay Finlay V40	Garscube
15	261	26	16:55.53	Alastair Walker V60	Teviotdale
16	262	27	16:59.18	Daniel Doherty Sen	Greenock Glenpark
17	249	14	17:04.71	Andrew Ferguson	Aberdeen / Banchory Stonehaven
18	257	22	17:08.06	Alan Knowles V40	Lothian
19	247	12	17:14.93	Craig Shields V35	Garscube
20	239	4	17:28.59	Matthew Dailey U20	Jsk Running Club / Edinburgh Uni
21	255	20	17:53.60	Lauren Dickson U20	Lasswade

Race : 2                      5000m R5

Posn	Vest No.	Leg No.	Time	Name	Club
1	266	2	17:41.93	Michelle Sandison V35	Springburn
2	275	11	17:49.44	Andy Norris V35	Springburn
3	265	1	17:58.94	Paul Friend V35	Musselburgh
4	271	7	18:03.49	Robert Mcculloch V55	Kilbarchan
5	273	9	18:07.43	Malcolm Shepherd V50	Garscube
6	279	15	18:16.26	Isla Scott-pearce	Edinburgh Ac / Aberdeen Uni / Aberd
7	272	8	18:16.31	Iain Craven V40	Edinburgh Ac
8	268	4	18:24.23	Mark King V50	Cambuslang
9	282	18	18:26.53	Ailsa Cruickshanks U23	Napier Uni / Fife
10	270	6	18:26.96	Sean Casey V50	Cumbernauld
11	280	16	18:27.18	Duncan Anderson	Greenock Glenpark
12	281	17	18:27.81	Laura Robertson	Hunters Bog Trotters / New Zealan
13	278	14	19:44.84	Hannah Morrison U23	Metro Aberdeen / Edinburgh Uni Ha
14	283	19	20:30.44	Murray Mcdonald	Kilmarnock / Glasgow Caledonian U

**The best of British from the BMC**