

OPEN COMBINED EVENTS

Sunday 28 July 2019

OPEN COMBINED EVENTS

TIME	U11G	U11B	U13G	U13B	U15G	U15B	U17W
11.00	SP		HJ		LJ		
11.15						80mH	80mH
11.30				75mH			
11.45		SP					
12.15	LJ				75mH		
12.30				HJ		SP	SP
12.45			70mH				
13.00		LJ					
13.30	80m				SP		
13.45						HJ	HJ
14.00		80m	LJ	SP			
14.30	600m						
14.45		600m					
15.00					HJ	LJ	LJ
15.15			SP				
15.45				LJ			
16.00						800m	800m
16.30					800m		
16.45			800m	800m			

Event times are provisional and subject to change on the day depending on the finishing time of other events to allow sufficient rest periods. Please listen for announcements throughout the day.

OPEN TRACK RACES

TIME	
10.30	400m Hurdles
10.45	300m Hurdles
14.15	Mile

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