

RJT GRAND PRIX

Sunday 4 August 2019

Craigswood Sports Centre, Livingston

TIMETABLE

| TIME | UNDER 9 <small>(01/09/2010 – 04/08/2012)</small> | UNDER 11 <small>(01/09/2008 – 31/08/2010)</small> | UNDER 13 <small>(01/09/2006 – 31/08/2008)</small> | UNDER 15 <small>(01/09/2004 – 31/08/2006)</small> |
|--------------|--|---|---|---|
| 10.00 | | Long Jump | | Shot Put |
| 10.15 | 60m | | 100m | |
| 10.30 | Shot Put | | | |
| 10.45 | | | Long Jump | |
| 11.00 | | 80m | | 100m |
| 11.15 | | Shot Put | | |
| 11.30 | 60m | | | Long Jump |
| 11.45 | | | 100m | |
| 12.00 | Long Jump | | Shot Put | |
| 12.15 | | 80m | | 100m |
| 12.30 | | | | |
| 12.45 | 4x100m | 4x100m | 4x100m | 4x100m |

- The timetable is provisional, with the start times of events dependant on the finishing times of previous events.
- Registration opens at 9.30 am in the athletics pavilion.