

		TRACK Results	Perth 14/09/19		
					Times
Event T1	No.	1500m	Male/Female	LD	
(Lane)					
2	320	Cormac O'Hara	Red Star AC	LD	4.45.6
3	370	Cameron Tweedie	Livingston AC	LD	5.27.6
5	391	Michael Rice	Perth Strathtay Harriers	LD	5.55.0
6	392	Kevin Rice	Perth Strathtay Harriers	LD	6.29.3
8	388	Mhairi Gatherer	Perth Strathtay Harriers	LD	6.32.8
Event T2		100m	Male	LD/PD	
2	386	Cameron Wilson	Perth Strathtay Harriers	T38	20.0
3	345	Conor Whannell	Forth Valley Flyers	PD	29.4
4	399	Finlay Davidson	Disability Sport Fife	T40	21.2
6	322	Billy Goodall	Red Star AC	LD	25.9
7	367	James Laird	Disability Sport Fife	LD	19.4
Event T3		100m	Male	LD/PD	
1	373	Cameron Adam	Disability Sport Fife	T37	17.2
2	387	Andrew Crittenden	Perth Strathtay Harriers	T37	16.8
3	376	Fraser Owen	Inverness Harriers	T36	16.5
4	329	David Lapping	Victoria Park – Glasgow AC	LD	18.7
6	326	Gregory Gontor	Victoria Park – Glasgow AC	LD	14.5
7	327	David Keegan	Victoria Park – Glasgow AC	LD	15.0
8	362	Ryan Flynn	Forth Valley Flyers	LD	16.1
Event T4		100m	Male	LD	
2	334	David Mott	Victoria Park – Glasgow AC	LD	15.4
4	353	Lewis McDermid	Forth Valley Flyers	LD	15.7
					16.5
6	360	Niall Finlayson	Forth Valley Flyers	LD	14.6
Event T5		100m	Male	LD/VI	
4	350	James Muir	Forth Valley Flyers	LD	13.1
5	331	Andrew Larter	Victoria Park – Glasgow AC	LD	No time
6	312	Callum Ballantyne	Red Star AC	LD	13.4
7	355	Liam Nolan	Forth Valley Flyers	LD	13.2
8	409	Shea O'Donnel	Red Star	LD	14.1
Event T6		100m	Male	LD/VI	
1	398	Graeme McFadzean	Perth Strathtay Harriers	VI	21.1
2					
3	395	Harry Wellbrook	Perth Strathtay Harriers	LD	20.9
4	326	Gerard Gontor	Victoria Park – Glasgow AC	LD	16.9
5	390	Glenn Jones	Perth Strathtay Harriers	LD	20.5
6	397	Finn Bloice	Perth Strathtay Harriers	LD	20.0
7	336	Pearce Vaughan	Victoria Park – Glasgow AC	LD	15.3

Event T7		100m	Male	Race Runner	
2	378	Craig Dillon	Grampian	RR	53.7
4	337	Michael Johnston	Victoria Park – Glasgow AC	RR	No time
6	383	Calum McGregor	Perth Strathtay Harriers	RR	79.5
Event T8		100m	Male	Race Runner	
4	375	Finlay Menzies	Livingston	RR	23.7
6	380	Matthew Doig	Perth Strathtay Harriers	RR 3	24.8
Event T9		100m	Male	Race Runner	
2	318	Harris Menshawi	Red Star	RR	31.8
4	301	Joshua Kitchen	Pitreavie RR	RR	30.1
6	303	Kaiden Lindsay	Pitreavie RR	RR	31.4
8	337	Michael Johnston	Victoria Park	RR	82.0
Event T10		100m	Male/Female	Wheelchair	
4	374	Niamh Currie	Disability Sport Fife	W/C	35.2
6	372	Calum McIntosh	Dumfries	T54	21.0
Event T11		100m	Female	LD/PD	
2	396	Sophie McPhee	Perth Strathtay Harriers	PD	28.4
4	389	Ella Dixon	Perth Strathtay Harriers	LD	36.0
5	354	Jaymie Leigh James	Forth Valley Flyers	LD	24.6
Event T12		100m	Female	LD/Hi/PD	
3	400	Skye Davidson	Disability Sport Fife	T40	23.4
4	332	Amelia Loyden	Victoria Park – Glasgow AC	LD	23.3
5	369	Ruby McDonald	Disability Sport Fife	LD	20.3
Event T13		100m	Female	LD/PD	
2	385	Freya Howgate	Perth Strathtay Harriers	T37	16.9
3	311	Lisa Davis	Red Star AC	PD	22.5
4	341	Amy Currie	Forth Valley Flyers	T37	20.3
6	328	Nicole Lang	Victoria Park – Glasgow AC	LD	20.9
7	344	Chloe McLean	Forth Valley Flyers	LD	16.1
8	368	Melanie Nicol	Inverness Harriers	T20	15.7
Event T14		100m	Female A/B	Race Runner	
2	306	Emily Grant	Pitreavie RR	RR	84.5
3	307	Neva Thomson	Pitreavie RR	RR	80.3

4					
6	305	Emma Robertson	Pitreavie RR	RR	52.1
Event T15					
		100m	Female	Race Runner	
2	315	Jess Bradley	Red Star AC	RR	33.9
3	371	Kerry Mathers	Grampian	RR	32.2
4	302	Kerys Ballard	Pitreavie RR	RR	33.4
6	382	Wiktorija Mucha	Perth Strathtay Harriers	RR	40.9
7	408	Lauren Gallagher	Red Star	RR	36.3
8	321	Caoimhe Devlin	Red Star AC	RR	37.4
Event T16					
		400m	Male	LD	
2	309	Robert Ferrol	Red Star AC	LD	60.2
4	364	Steven Stone	Forth Valley Flyers	LD	55.6
5	329	David Lapping	Victoria Park – Glasgow AC	LD	87.7
6	390	Glenn Jones	Perth Strathtay Harriers	LD	85.4
7	370	Cameron Tweedie	Livingston	LD	69.9
Event T17					
		400m	Male	PD/VI	
3	387	Andrew Crittenden	Perth Strathtay Harriers	PD	80.9
4	365	Sam Aitken	Ayr	T35	75.0
5	409	Shea O'Donnel	Red Star	LD	66.9
Event T18					
		400m	Male	Race Runner	
2	301	Joshua Kitchen	Pitreavie AC Race Runners	RR	2.16.5
5	303	Kaiden Lindsay	Pitreavie AC Race Runners	RR	2.02.0
7	378	Craig Dillon	Grampian	RR	3.15.6
Event T19					
		400m	Male	Race Runner	
3	380	Matthew Doig	Perth Strathtay Harriers	RR3	1.41.7
4	375	Finlay Menzies	Livingston	RR	1.49.0
6	318	Harris Menshawi	Red Star AC	RR	2.04.8
Event T20					
		400m	Male/Female	Wheelchair	
2	374	Niamh Currie	Disability Sport Fife	w/c	2.31.3
4	372	Calum McIntosh	Dumfries and Galloway WTC	T54	73.5
Event T21					
		400m	Female	LD	
1	388	Mhairi Gatherer	Perth Strathtay Harriers	LD	87.7
4	310	Margaret Newell	Red Star AC	LD	73.3
5	344	Chloe MacLean	Forth Valley Flyers	LD	82.9
Event T22					
		400m	Female	Race Runner	
2	315	Jess Bradley	Red Star AC	RR	2.20.3
3	371	Kerry Mathers	Grampian	RR	2.31.6
4	302	Kerys Ballard	Pitreavie RR	RR	2.08.9

5	382	Wiktorija Mucha	Perth Strathtay Harriers	RR 3	3.53.6
6	408	Lauren Gallagher	Red Star	RR	2.17.8
Event T23		200m	Male	LD/PD/VI	
3	329	David Lapping	Victoria Park – Glasgow AC	LD	38.5
6	373	Cameron Adam	Disability Sport Fife	T37	34.3
7	386	Cameron Wilson	Perth Strathtay Harriers	T38	39.0
8	387	Andrew Crittenden	Perth Strathtay Harriers	T37	33.8
Event T24		200m	Male	LD/PD	
1	376	Fraser Owen	Inverness Harriers	T36	32.8
2	365	Sam Aitken	Ayr	T35	32.9
3	327	David Keegan	Victoria Park – Glasgow AC	LD	29.5
4	361	Paul Wotherspoon	Forth Valley Flyers	LD	34.7
5	325	Gregory Gontor	Victoria Park – Glasgow AC	LD	30.8
7	336	Pearce Vaughan	Victoria Park – Glasgow AC	LD	31.5
Event T25		200m	Male	LD	
2	331	Andrew Larter	Victoria Park – Glasgow AC	LD	30.0
3	370	Cameron Tweedie	Livingston	LD	37.1
4	353	Lewis McDermid	Forth Valley Flyers	LD	31.4
5	360	Niall Finlayson	Forth Valley Flyers	LD	30.9
6	312	Callum Ballantyne	Red Star AC	LD	28.1
7	334	David Mott	Victoria Park – Glasgow AC	LD	31.7
8	409	Shea O'Donnel	Red Star	LD	28.0
Event T26		200m	Male	LD	
3	326	Gerard Gontor	Victoria Park – Glasgow AC	LD	34.9
4	367	James Laird	Disability Sport Fife	LD	40.7
7	309	Robert Ferrol	Red Star AC	LD	26.6
Event T27		200m	Female	LD/PD/HI	
4	339	Ruby McDonald	Disability Sport Fife	LD	41.8
6	385	Freya Howgate	Perth Strathtay Harriers	T37	35.7
7	341	Amy Currie	Forth Valley Flyers	T37	42.9
Event T28		200m	Female	PD/LD	
1	344	Chloe MacLean	Forth Valley Flyers	LD	34.4
2					
3	310	Margaret Newell	Red Star AC	T20	31.7
4	368	Melanie Nicol	Inverness Harriers	T20	31.5
Event T29		200m	Male	Race Runner	
4	375	Finlay Menzies	Livingston	RR	48.4
6	380	Matthew Doig	Perth Strathtay Harriers	RR 3	49.6
Event T30		200m	Male	Race Runner	

2	378	Craig Dillon	Grampian	RR	146.2
4	303	Kaiden Lindsay	Pitreavie RR	RR	63.6
8	301	Joshua Kitchen	Pitreavie AC Race Runners	RR	70.7
Event T31		200m	Male/Female	Wheelchair	
3	374	Niamh Currie	Disability Sport Fife	w/c	72.0
4					
5	372	Calum McIntosh	Dumfries and Galloway WTC	T54	38.2
Event T32		200m	Female	Race Runner	
2	382	Wiktorija Mucha	Perth Strathhtay Harriers	RR 3	1.40.5
4	315	Jess Bradley	Red Star AC	RR	70.3
6	371	Kerry Mathers	Grampian	RR	66.8
7	302	Kerys Ballard	Pitreavie AC Race Runners	RR	66.4
8	408	Lauren Gallagher	Red Star	RR	67.8
Event T33		200m	Female	Race Runner	
3	306	Emily Grant	Pitreavie RR	RR	2.42.8
5	307	Neva Thomson	Pitreavie RR	RR	2.40.6
7	305	Emma Robertson	Pitreavie AC Race Runners	RR	2.22.2
Event T34		60m	Male	LD/VI	
2	398	Graeme McFadzean	Perth Strathhtay Harriers	VI	No time
3					
4	395	Harry Wellbrook	Perth Strathhtay Harriers	LD	12.4
Event T35		60m	Male	PD/LD	
3	399	Finlay Davidson	Disability Sport Fife	T40	12.3
5	322	Billy Goodall	Red Star AC	LD	15.0
6	394	Lachlan Howie	Perth Strathhtay Harriers	LD	14.6
7	390	Glenn Jones	Perth Strathhtay Harriers	LD	13.5
Event T36		60m	Male	Race Runner	
2	337	Michael Johnston	Victoria Park – Glasgow AC	RR	25.3
4	378	Craig Dillon	Grampian	RR	30.7
6	383	Calum McGregor	Perth Strathhtay Harriers	RR	41.6
8	357	Logan Webster	Forth Valley Flyers	RR	70.0
Event T37		60m	Female	LD/PD	
3	389	Ella Dixon	Perth Strathhtay Harriers	LD	18.7

5	396	Sophie McPhee	Perth Strathtay Harriers	PD	15.4
Event T38					
		60m	Female	LD/PD	
1	332	Amelia Loyden	Victoria Park – Glasgow AC	LD	13.5
2	328	Nicole Lang	Victoria Park – Glasgow AC	LD	12.9
5	400	Skye Davidson	Disability Sport Fife	T40	14.0
6	311	Lisa Davis	Red Star AC	PD	13.4
Event T39					
		60m	Female	Race Runner	
4	305	Emma Robertson	Pitreavie RR	RR	66.1
6	306	Emily Grant	Pitreavie RR	RR	48.5
8	307	Neva Thomson	Pitreavie RR	RR	44.4
Event T40					
		60m	Female	Race Runner	
2	382	Wiktorija Mucha	Perth Strathtay Harriers	RR 3	24.8
4	321	Caiomhe Devlin	Red Star AC	RR	22.9
Event T41					
		800m	Male/Female	PD/LD	
1	388	Mhairi Gatherer	Perth Strathtay Harriers	LD	3.14.4
2	310	Margaret Newall	Red Star AC	LD	2.55.8
3	342	Bruce Anderson	Forth Valley Flyers	LD	4.55.9
4	391	Michael Rice	Perth Strathtay Harriers	LD	3.00.5
5	392	Kevin Rice	Perth Strathtay Harriers	LD	3.21.2
7	370	Cameron Tweedie	Livingston	LD	2.39.9
Event T42					
		800m	Male	PD/LD	
3	335	Callum Paterson	Victoria Park – Glasgow	LD	2.25.2
4	320	Cormac O’Hara	Red Star AC	LD	2.15.3
Event T43					
		800m	Male/Female	RR/WC	
2	371	Kerry Mathers	Grampian	RR	5.06.7
3	315	Jess Bradley	Red Star AC	RR	5.25.3
	408	Lauren Gallagher	Red Star	RR	5.02.0
6	380	Matthew Doig	Perth Strathtay Harriers	RR 3	4.02.4
8	372	Calum McIntosh	Dumfries and Galloway WTC	T54	2.48.9

Event F1	No.	Standing Long Jump	Male/Female	LD/PD/VI	
	322	Billy Goodall	Red Star AC	LD	0.93m
	317	Joe McNee	Red Star AC	LD	0.70m
	329	David Lapping	VP Glasgow	LD	1.12m
	362	Ryan Flynn	Forth Valley Flyers	LD	1.96m
	394	Lachlan Howie	Perth Strathtay Harriers	LD	1.04m
	395	Harry Wellbrook	Perth Strathtay Harriers	LD	1.38m
	398	Graeme McFadzean	Perth Strathtay Harriers	VI	0.49m
	345	Conor Whannell	Forth Valley Flyers	PD	0.59m
	311	Lisa Davis	Red Star AC	PD	1.08m
	396	Sophie McPhee	Perth Strathtay Harriers	PD	0.60m
	328	Nicole Lang	VP Glasgow	LD	1.24m
	332	Amelia Loyden	VP Glasgow	LD	1.05m
	389	Ella Dixon	Perth Strathtay Harriers	LD	0.25m
	354	Jaymie Leigh James	Forth Valley Flyers	LD	1.26m
Event F2a		Discus	Male	LD/PD	1-2Kg
1Kg	399	Finlay Davidson	Disability Sport Fife	F40	9.99m
1Kg	373	Cameron Adam	Disability Sport Fife	F37	10.03m
1Kg	394	Lachlan Howie	Perth Strathtay Harriers	LD	7.76m
1.25Kg	393	David Noble	Perth Strathtay Harriers	LD	19.39m
1.25Kg	335	Callum Paterson	VP Glasgow	LD	23.31m
2Kg	355	Liam Nolan	Forth Valley Flyers	LD	23.28m
2Kg	364	Steven Stone	Forth Valley Flyers	LD	22.59m
Event F2b		Discus	Female	LD/PD	0.75-1Kg
1Kg	343	Caitlyn Ross	Forth Valley Flyers	LD	18.59m
1Kg	385	Freya Howgate	Perth Strathtay Harriers	F37	15.59m
0.75Kg	400	Skye Davidson	Disability Sport Fife	F40	5.48m
Event F2c		Discus	Male/Female	Seated	1Kg
	346	David Dent	Forth Valley Flyers	Seated	17.73m
	359	Matthew Craig	Forth Valley Flyers	F57	22.74m
	356	Lizzie Jackson	Forth Valley Flyers	Seated	7.16m
Event F3		Softball	Male	LD/PD/RR	
	329	David Lapping	VP Glasgow	LD	22.27m
	397	Finn Bloice	Perth Strathtay Harriers	LD	9.37m
	322	Billy Goodall	Red Star AC	LD	13.89m
	336	Pearce Vaughan	VP Glasgow	LD	22.74m
	392	Kevin Rice	Perth Strathtay Harriers	LD	16.49m

	395	Harry Wellbrook	Perth Strathtay Harriers	LD	11.58m
	394	Lachlan Howie	Perth Strathtay Harriers	LD	13.62m
	317	Joe McNee	Red Star AC	LD	21.64m
	375	Finlay Menzies	Livingston	RR	11.79m
	337	Michael Johnston	VP Glasgow	RR	2.78m
	345	Conor Whannell	Forth Valley Flyers	PD	13.83m
	398	Graeme McFadzean	Perth Strathtay Harriers	VI	11.31m
Event F4		Long Jump	Female	LD/PD	
	385	Freya Howgate	Perth Strathtay Harriers	F37	3.19m
	341	Amy Currie	Forth Valley Flyers	F37	2.17m
	310	Margaret Newell	Red Star AC	LD (2+)	3.39m
	344	Chloe MacLean	Forth Valley Flyers	LD (2+)	2.29m
	369	Ruby McDonald	Disability Sport Fife	LD (2-)	2.34m
Event F5		Shot Putt	Male	LD/PD	3-4Kg
3Kg	373	Cameron Adam	Disability Sport Fife	F37	5.70m
3Kg	386	Cameron Wilson	Perth Strathtay Harriers	F38	3.19m
3.25kg	399	Finlay Davidson	Disability Sport Fife	F40	4.62m
3Kg	367	James Laird	Disability Sport Fife	LD	5.75m
3Kg	394	Lachlan Howie	Perth Strathtay Harriers	LD	2.97m
3kg	362	Ryan Flynn	Forth Valley Flyers	LD	5.24m
4Kg	317	Joe McNee	Red Star AC	LD	5.01m
4Kg	393	David Noble	Perth Strathtay Harriers	LD	7.77m
4Kg	335	Callum Paterson	VP Glasgow	LD	8.48m
Event F6		Javelin	Female	LD/PD	600g
	385	Freya Howgate	Perth Strathtay Harriers	F37	22.26m
	328	Nicole Lang	VP Glasgow	LD	8.28m
	343	Caitlyn Ross	Forth Valley Flyers	LD	14.77m
Event F7		Softball	Female A/B/C	LD/PD	
	341	Amy Currie	Forth Valley Flyers	F37	14.17m
	396	Sophie McPhee	Perth Strathtay Harriers	PD	6.18m
	332	Amelia Loyden	Victoria Park	LD	13.11m
	354	Jaymie Leigh James	Forth Valley Flyers	LD	8.13m
	311	Lisa Davis	Red Star AC	LD	21.78m
	388	Mhairi Gatherer	Perth Strathtay Harriers	LD	6.68m
	389	Ella Dixon	Perth Strathtay Harriers	LD	4.01m

	382	Wiktorija Mucha	Perth Strathtay Harriers	RR	5.31m
Event F8		Long Jump	Male	LD 3+	
	355	Liam Nolan	Forth Valley Flyers	LD	4.95m
	364	Steven Stone	Forth Valley Flyers	LD	6.01m
	331	Andrew Larter	Victoria Park	LD	4.83m
	325	Gregory Gontor	Victoria Park	LD	3.90m
	353	Lewis McDermid	Forth Valley Flyers	LD	3.73m
	334	David Mott	Victoria Park	LD	3.64m
	335	Callum Patterson	Victoria Park	LD	4.45m
	370	Cameron Tweedie	Livingston AC	LD	3.32m
	327	David Keegan	Victoria Park	LD	4.02m
	326	Gerard Gontor	Victoria Park	LD	3.04m
Event F9		Shot Putt	Male	LD/PD	5 -7.26Kg
5Kg	360	Niall Finlayson	Forth Valley Flyers	LD	6.12m
5Kg	361	Paul Wotherspoon	Forth Valley Flyers	LD	5.87m
5Kg	391	Michael Rice	Perth Strathtay Harriers	LD	6.99m
5Kg	342	Bruce Anderson	Forth Valley Flyers	LD	4.66m
6Kg	312	Calum Ballantyne	Red Star AC	LD	6.94m
7.26Kg	364	Steven Stone	Forth Valley Flyers	LD	9.16m
7.26Kg	355	Liam Nolan	Forth Valley Flyers	LD	8.34m
Event F10		Long Jump	Male	LD 3-/PD	
	367	James Laird	Disability Sport Fife	LD	2.76m
	342	Bruce Anderson	Forth Valley	LD	2.14m
	391	Michael Rice	Perth Strathtay Harriers	LD	3.08m
	392	Kevin Rice	Perth Strathtay Harriers	LD	2.37m
	336	Pearce Vaughan	Victoria Park	LD	1.99m
	361	Paul Wotherspoon	Forth Valley Flyers	LD	2.18m
	390	Glenn Jones	Perth Strathtay Harriers	LD	2.03m
	387	Andrew Crittenden	Perth Strathtay Harriers	PD	3.17m
	386	Cameron Wilson	Perth Strathtay Harriers	PD	2.27m
Event F11a		Seated Shot	Male/Female		3-4Kg
4Kg	346	David Dent	Forth Valley Flyers	Seated	6.93m
3Kg	356	Lizzie Jackson	Forth Valley Flyers	Seated	4.09m
Event 11b		Shot Putt	Female	LD/PD	2.72-4Kg
2.72Kg	400	Skye Davidson	Disability Sport Fife	F40	2.82m
3Kg	369	Ruby McDonald	Disability Sport Fife	LD	3.63m
3Kg	385	Freya Howgate	Perth Strathtay Harriers	F37	7.22m
4Kg	343	Caitlyn Ross	Forth Valley Flyers	LD	7.67m

Event F12		Club – n/a	Male/Female	PD	
Event F13		Javelin	Male/Female	LD/seated	600-800g
500	362	Ryan Flynn	Forth Valley Flyers	LD	10.48m
600	327	David Keegan	VP Glasgow	LD	18.20m
600	393	David Noble	Perth Strathtay Harriers	LD	21.58m
600	356	Lizzie Jackson	Forth Valley Flyers	Seated	8.28m
600	346	David Dent	Forth Valley Flyers	Seated	15.31m
600	359	Matthew Craig	Forth Valley Flyers	F57	16.93m
700	331	Andrew Larter	VP Glasgow	LD	15.54m
700	334	David Mott	VP Glasgow	LD	13.34m
700	325	Gregory Gontor	VP Glasgow	LD	18.47m
800	350	James Muir	Forth Valley Flyers	LD	38.92m
800	353	Lewis McDermid	Forth Valley Flyers	LD	16.16m
Event F14		Bean Bag Throw	Male /Female	PD	
	383	Calum McGregor	Perth Strathtay Harriers		1.79m
	357	Logan Webster	Forth Valley Flyers		0.45m
	301	Joshua Kitchen	Pitreavie RR		10.08m