

**Sunday 15 September 2019**

**Craigswood Sports Centre, Livingston**

# TIMETABLE

<b>TIME</b>	<b>UNDER 9</b> <small>(01/09/2010 – 31/08/2012)</small>	<b>UNDER 11</b> <small>(01/09/2008 – 31/08/2010)</small>	<b>UNDER 13</b> <small>(01/09/2006 – 31/08/2008)</small>	<b>UNDER 15</b> <small>(01/09/2004 – 31/08/2006)</small>
<b>10.00</b>		Long Jump		Javelin
<b>10.15</b>			200m	
<b>10.30</b>	Turbo Javelin			
<b>10.45</b>			Long Jump	
<b>11.00</b>				200m
<b>11.15</b>		Turbo Javelin		
<b>11.30</b>	120m			Long Jump
<b>11.45</b>				
<b>12.00</b>	Std. Long Jump		Javelin	
<b>12.15</b>		150m		
<b>12.30</b>				
<b>12.45</b>	4x100m	4x100m	4x100m	4x100m

- The timetable is provisional, with the start times of events dependant on the finishing times of previous events.
- Registration opens at 9.30 am in the athletics pavilion.