

Saturday 26 October

Lindsays scottishathletics National Cross Country Relay Championships

PROVISIONAL RESULTS

Cumbernauld

2019 NatXCR Young Female Provisional Results

PROVISIONAL RESULTS PLEASE EMAIL events@scottishathletics.org.uk with any amendments / Missing Data

<u>Rank</u>	<u>Time</u>	<u>Club</u>	<u>Leg1</u>	<u>Pos</u>	<u>Athlete</u>	<u>Leg2</u>	<u>Pos</u>	<u>Athlete</u>	<u>Leg3</u>	<u>Pos</u>	<u>Athlete</u>
1	29:20	Fife AC A	10:34	(9)	K Sandilands	9:35	(2)	I Thoms	9:11	(1)	A Hedley
2	29:35	Giffnock North AC A	10:37	(11)	K Donnelly	9:23	(1)	H Ryding	9:35	(2)	J Cash
3	29:57	Edinburgh AC A	10:43	(14)	D MacDonald	9:45	(3)	K Johnson	9:29	(3)	P Carcas
4	30:35	Glasgow School of Sport A	10:11	(2)	M McClelland-Brooks	10:41	(7)	K Slimon	9:42	(4)	M Reid
5	30:39	Inverness Harriers AC A	10:56	(19)	K Meek	10:05	(9)	G MacDonald	9:38	(5)	A Cairns
6	30:46	Team East Lothian A	10:27	(6)	O Robbins	10:03	(4)	B Harley	10:15	(6)	F Henry
7	30:47	Aberdeen AAC A	10:39	(12)	A McNeill	10:18	(8)	J Mackenzie	9:50	(7)	K Purcell
8	30:48	Giffnock North AC C	10:10	(1)	F Campbell	10:26	(5)	K Paul	10:11	(8)	Z Flower
9	31:08	Giffnock North AC B	11:12	(29)	A Wade	9:55	(11)	V Wright	10:00	(9)	K Richardson
10	31:11	Kilbarchan AAC A	10:13	(3)	A Street	10:38	(6)	A Alemu	10:20	(10)	A Tiffoney
11	31:12	Pitreavie AAC A	10:47	(16)	A Baillie	10:34	(13)	A Morrison	9:50	(11)	S Coutts
12	31:24	Kilbarchan AAC B	10:17	(4)	Z Redmond	10:46	(10)	E Livingstone	10:20	(12)	L Hastie
13	31:27	Aberdeen AAC B	10:52	(18)	L Todd	10:16	(12)	P Armstrong	10:18	(13)	C Purcell
14	31:48	Corstorphine AAC A	11:55	(58)	E Cameron	10:07	(22)	O Clarke	9:46	(14)	G Ledingham
15	32:01	Central AC A	11:00	(21)	C Gibb	10:35	(15)	A Cully	10:26	(15)	C Banks
16	32:07	Edinburgh AC B	11:31	(46)	A Cruden	10:11	(17)	A Macaulay Orr	10:26	(16)	S Shepherd
17	32:14	Gala Harriers	11:26	(42)	E Gray	10:13	(16)	I Paterson	10:35	(17)	A Fairclough
18	32:18	Garscube Harriers A	11:44	(50)	M Kirkland	10:27	(25)	A Patel	10:06	(18)	A Maclean
19	32:22	Cambuslang Harriers B	11:45	(51)	O McNicol	11:28	(45)	E Ritchie	9:09	(19)	S Carey
20	32:24	Giffnock North AC D	11:02	(23)	H O'Donoghue	10:28	(14)	I Scott	10:53	(20)	J Carswell
21	32:25	Central AC B	11:13	(31)	L Gibb	10:38	(19)	S Maclean	10:34	(21)	K Gibb
22	32:31	East Kilbride AC A	10:44	(15)	A Anderson	12:17	(40)	L Muirhead	9:30	(22)	H Anderson
23	32:31	Falkirk Victoria Harriers A	10:43	(13)	L Cant	11:19	(21)	E Hendry	10:30	(23)	M Anderson
24	32:35	Shettleston Harriers A	11:13	(30)	K Woods	10:50	(23)	E Ellor	10:32	(24)	E Hollywood
25	32:49	Law & District AAC A	11:11	(27)	J Inglis	11:29	(33)	H Todd	10:09	(25)	J Gilchrist

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26	32:49	Edinburgh AC C	11:53	(57)	K MacPhail	10:46	(32)	C Smith	10:10	(26)	R Newman
27	32:55	Lasswade A	11:22	(39)	A Foster	10:25	(18)	O Meikle	11:07	(27)	A McGlone
28	33:04	Central AC C	11:21	(38)	N McKinlay	11:14	(31)	M Henry	10:29	(28)	G Tindall
29	33:08	Kilbarchan AAC D	11:20	(37)	C McMinn	11:01	(28)	E Nayar	10:48	(29)	A Sivell
30	33:15	Livingston	12:45	(80)	I Marshall	11:02	(55)	M Sokoluk	9:28	(30)	I Calvert
31	33:20	Kilmarnock H&AC A	11:14	(33)	L Henderson	11:10	(30)	E Anderson	10:57	(31)	L Jedrusiak
32	33:26	Inverclyde AC	11:14	(32)	I Paterson	12:04	(49)	O McGeehan	10:09	(32)	A Hammerman
33	33:28	Greenock Glenpark Harriers A	10:34	(8)	A Beaton	11:39	(26)	K Johnson	11:15	(33)	R McGill
34	33:31	Aberdeen AAC C	11:28	(43)	A Farquhar	10:48	(27)	K Grant	11:15	(34)	J Carns
35	33:32	Cambuslang Harriers A	11:33	(47)	L McGrandle	10:21	(20)	A McClue	11:38	(35)	S McLaughlin
36	33:33	Giffnock North AC E	11:39	(49)	A Vincent	10:42	(29)	K Wylie	11:12	(36)	H Chong
37	33:35	Corstorphine AAC B	11:30	(45)	A Leccia	11:33	(42)	A Bagnall	10:31	(37)	M Arnott
38	33:47	Dundee Hawkhill Harriers A	10:49	(17)	B Collins	11:18	(24)	E Duke	11:40	(38)	L Manning
39	34:00	Ayr Seaforth AC A	10:33	(7)	I Hubbard	12:08	(34)	S McColm	11:18	(39)	M Hubbard
40	34:08	Garscube Harriers B	12:01	(61)	R Kirkland	11:23	(50)	I Imrie	10:44	(40)	S McDonald
41	34:11	Perth Strathtay Harriers	10:26	(5)	E Lee	12:58	(51)	C Elder	10:46	(41)	R Ryan
42	34:13	Kilbarchan AAC C	11:23	(40)	C Clark	11:45	(43)	I Marshall	11:05	(42)	R Muir
43	34:26	VP-Glasgow AC C	11:53	(56)	I Donnelly	11:24	(48)	A Byrne	11:10	(43)	N Hay
44	34:51	Lasswade B	11:06	(26)	H Knipe	12:35	(53)	S Foster	11:10	(44)	A McLaughlin
45	34:57	Giffnock North AC G	11:57	(59)	L McPherson	11:15	(44)	T Wright	11:45	(45)	E Chamberlain
46	35:04	VP-Glasgow AC A	11:15	(35)	J Donnelly	12:36	(57)	R Barnett	11:13	(46)	R Cameron Coyle
47	35:08	Team East Lothian B	11:02	(22)	R Stevens	11:53	(39)	C Elliot	12:12	(47)	J Bullen
48	35:10	Central AC D	12:14	(65)	L Stewart	11:01	(46)	M Turnbull	11:55	(48)	N Howlieson
49	35:11	Kilmarnock H&AC B	11:18	(36)	I Tonner	11:36	(38)	I Raeburn	12:18	(49)	V McDowall
50	35:13	Dundee Hawkhill Harriers B	11:24	(41)	I Passway	11:26	(37)	F Duffy	12:23	(50)	I Manning

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51	35:15	Helensburgh AC A	11:52	(55)	M Ferguson	12:17	(64)	M Rooney	11:05	(51)	K Flett
52	35:23	Banchory Stonehaven AC	13:08	(88)	L McLean	11:30	(71)	C D'Arcy	10:45	(52)	E Swanson
53	35:28	Teviotdale Harriers A	13:19	(89)	L Brown	11:21	(73)	I Jamieson	10:48	(53)	M Ballantyne
54	35:37	Inverness Harriers AC B	10:35	(10)	K Burnett	12:14	(36)	I McDougall	12:49	(54)	E Seed
55	35:52	North Ayrshire Athletics Club	12:43	(79)	A Docherty	12:43	(80)	N Dailly	10:27	(55)	N Murphy
56	35:55	Dundee Hawkhill Harriers C	11:50	(54)	W Scott	11:58	(56)	G Matthews	12:07	(56)	F Duncan-Morris
57	36:01	Ayr Seaforth AC B	10:57	(20)	S McCallum	12:06	(41)	C McLaughlin	12:58	(57)	L Stanley
58	36:06	Shettleston Harriers B	12:54	(82)	V Campbell	11:00	(59)	I Djoudi	12:12	(58)	J Grant
59	36:08	Clydesdale Harriers A	11:58	(60)	O Hodgson	12:38	(70)	L Denholm	11:32	(59)	K Macintosh
60	36:13	Cambuslang Harriers C	12:33	(75)	A Mcgoldrick	11:36	(62)	M Carmichael	12:04	(60)	P Rodger
61	36:20	Greenock Glenpark Harriers B	12:13	(64)	E McEleny	12:10	(67)	M McCabe	11:58	(61)	A Tosh
62	36:22	Giffnock North AC A0	12:20	(69)	S McNulty	11:56	(65)	N O'Donnell	12:06	(62)	Runner 519C
63	36:30	Central AC E	12:17	(68)	L Brown	13:01	(79)	M Kealey	11:12	(63)	A MacKinnon
64	36:31	Law & District AAC B	12:25	(72)	R Stevenson	12:46	(77)	A Quinn	11:21	(64)	N Fyfe
65	36:32	Garscube Harriers C	12:41	(78)	A Chapman	12:25	(76)	C Downey	11:25	(65)	B Trainer
66	36:37	Kirkintilloch Olympians	12:21	(71)	M Sharp	12:05	(69)	O Mahon	12:10	(66)	R Paton
67	36:50	Giffnock North AC I	12:37	(77)	H Sluman	12:02	(72)	E Chong	12:11	(67)	E Youngs
68	36:52	Giffnock North AC F	12:20	(70)	C McGeachy	12:53	(78)	M McIntosh	11:40	(68)	K O'Donoghue
69	37:07	East Kilbride AC B	11:30	(44)	R Docherty	13:21	(74)	G Carlin	12:17	(69)	E Livingstone
70	37:23	East Kilbride AC C	12:25	(73)	K Pew	12:31	(75)	H Kelly	12:28	(70)	A Kirwan
71	37:31	Lasswade C	11:14	(34)	E Scott	12:01	(47)	B Kitchin	14:16	(71)	R Knipe
72	38:09	Greenock Glenpark Harriers C	12:15	(66)	S Taggart	12:09	(68)	S Campbell	13:45	(72)	O Trainer
73	38:28	Giffnock North AC A1	15:04	(96)	L Martin	11:11	(85)	E McLennan	12:14	(73)	A Flower
74	39:33	Giffnock North AC H	14:17	(93)	E Hickey-Fugaccia	11:38	(84)	K Meiklejohn	13:38	(74)	L Hickey-Fugaccia
75	39:59	Teviotdale Harriers B	15:14	(97)	S Macleod	11:59	(88)	A Hughes	12:46	(75)	Runner 573C
76	43:56	Law & District AAC C	16:52	(98)	L Wishart	14:02	(92)	K Currie	13:03	(76)	R Donnelly

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	22:47	Falkirk Victoria Harriers B	11:05	(24)	K Hedges	11:43	(35)	C Forgie			
	23:33	VP-Glasgow AC B	12:03	(62)	C Murrison	11:31	(52)	R Walsh			
	23:46	Ayr Seaforth AC C	11:38	(48)	D Walker	12:08	(54)	T Crooks			
	23:54	Central AC F	12:15	(67)	S Roy	11:38	(58)	L Melville			
	24:03	Fife AC C	11:47	(53)	N Cumming	12:16	(60)	E Thoms			
	24:09	Cambuslang Harriers D	11:05	(25)	H Clarke	13:03	(61)	E Kennedy			
	24:09	Kilmarnock H&AC C	12:57	(84)	E Morrison	11:12	(63)	L Hoy			
	24:19	Central AC G	12:13	(63)	Z Padden	12:07	(66)	A Buchanan			
	25:34	Dundee Hawkhill Harriers D	13:06	(86)	L Boyd-Thorpe	12:28	(81)	I Nicoll			
	25:45	Cumbernauld	13:07	(87)	L Caldwell	12:38	(82)	R Lawman			
	25:48	Dundee Hawkhill Harriers E	13:53	(91)	C Jones	11:56	(83)	R De Villiers			
	26:28	Clydesdale Harriers B	12:55	(83)	E Brown	13:33	(86)	S McNicol			
	26:41	Aberdeen AAC D	14:50	(95)	G DINNES	11:50	(87)	H Pearson			
	28:28	Shettleston Harriers D	13:57	(92)	C Fox	14:31	(89)	Runner 566B			
	28:44	Greenock Glenpark Harriers D	14:32	(94)	S McGinty	14:12	(90)	G Henderson			
	28:48	Giffnock North AC A2	12:36	(76)	G Paddison	16:12	(91)	H Walsh			
	33:29	Fife AC B	11:46	(52)	F Hedley	21:43	(93)	I Hedley			
	11:12	Springburn Harriers A	11:12	(28)	N Farmer						
	12:31	Shettleston Harriers C	12:31	(74)	K Burns						
	12:51	Kilmarnock H&AC D	12:51	(81)	M Hunter						
	13:06	Cambuslang Harriers E	13:06	(85)	G Ferry						
	13:19	East Kilbride AC D	13:19	(90)	E Buchan						
	25:41	Garscube Harriers D	25:41	(99)	T Kernohan						

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1	26:47	Giffnock North AC A	9:27	(1)	C Shennan	8:49	(1)	R Macdonald	8:31	(1)	H Paterson
2	27:19	Fife AC A	9:57	(14)	A Suttie	8:57	(5)	S Bennet	8:25	(2)	B Sandilands
3	27:21	Central AC A	9:49	(9)	A Middleton	8:41	(2)	C Bell	8:51	(3)	C Kerr
4	27:25	Giffnock North AC B	9:31	(2)	A Nugent	9:05	(4)	C Deverill	8:50	(4)	R O'brien
5	27:54	Giffnock North AC C	9:38	(4)	C Chong	9:21	(7)	H Shiels	8:55	(5)	J Luc
6	27:55	Team East Lothian A	9:35	(3)	I Wright	8:59	(3)	A Wright	9:21	(6)	R Anderson
7	27:56	Giffnock North AC E	9:51	(10)	J Wallace	9:11	(9)	C Green	8:55	(7)	B Wright
8	28:11	Edinburgh AC A	9:40	(5)	D Daunt	9:46	(11)	R Newman	8:45	(8)	H Morrow
9	28:20	Greenock Glenpark Harriers A	10:19	(25)	D Docherty	9:37	(24)	B Campbell	8:23	(9)	H McGill
10	28:23	Corstorphine AAC A	10:32	(35)	R Mclean	9:22	(22)	P Milne	8:30	(10)	D Addison
11	28:25	Inverclyde AC A	10:14	(21)	O Wagstaff	9:39	(19)	T Adamson	8:33	(11)	P Bradshaw
12	28:28	Harmeny AC	9:57	(13)	M Holden	9:36	(12)	A Wallace	8:55	(12)	T Nyabadza
13	28:30	Kilmarnock H&AC A	9:48	(8)	S Rice	9:10	(6)	J Phillips	9:32	(13)	D Houston
14	28:33	Livingston A	10:59	(63)	M Butler	9:10	(32)	L Beagley	8:24	(14)	A McGill
15	28:36	Inverness Harriers AC A	10:35	(39)	M Miller	9:30	(29)	J Henderson	8:32	(15)	L Cairns
16	28:42	Teviotdale Harriers A	9:52	(12)	I Welsh	9:09	(8)	C Harper	9:41	(16)	C Renwick
17	28:44	Giffnock North AC D	10:00	(16)	O Bryers	9:47	(16)	M Nolan	8:56	(17)	E Carolan
18	28:45	Perth Strathtay Harriers A	10:01	(17)	S Gatherer	9:14	(10)	L Thomson	9:30	(18)	J Grant
19	28:47	Aberdeen AAC A	10:28	(31)	D Pearson	9:12	(14)	H McKay	9:07	(19)	L Watt
20	28:48	Garscube Harriers A	10:11	(20)	R Treharne	9:44	(23)	C Treharne	8:53	(20)	J Connelly
21	28:50	Lasswade A	10:03	(18)	R Taylor	9:45	(17)	A Scott	9:02	(21)	H Henriksen
22	28:53	Law & District AAC A	10:50	(57)	R Kellock	9:04	(21)	O Logan	8:59	(22)	D Gilchrist
23	29:01	Cambuslang Harriers A	10:28	(30)	S McCarthy	9:41	(31)	F MacGregor	8:52	(23)	B Aitken
24	29:02	Gala Harriers A	10:00	(15)	Z Field	9:50	(18)	C Rankine	9:13	(24)	G Collins
25	29:08	Kilbarchan AAC A	10:34	(38)	O Patton	9:35	(34)	L Lindsay	8:58	(25)	J Patton

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26	29:17	Shettleston Harriers A	10:39	(45)	A Clifford	8:59	(13)	J Burns	9:38	(26)	D Woods
27	29:20	Cambuslang Harriers B	10:32	(36)	R Duncan	9:42	(35)	L Roddis	9:06	(27)	J MacKinnon
28	29:21	Perth Strathtay Harriers B	10:36	(41)	E Stark	9:16	(20)	A McDonald	9:28	(28)	K Brand
29	29:26	Ayr Seaforth AC A	10:27	(29)	D Byers	9:36	(28)	E Polson	9:23	(29)	E Bell
30	29:29	Aberdeen AAC B	10:22	(26)	Runner 774A	9:37	(25)	A Jovicic	9:30	(30)	D Dickie
31	29:42	Garscube Harriers B	9:47	(7)	J Alexander	9:54	(15)	M Burnside	10:02	(31)	S Borthwick
32	29:43	East Kilbride AC A	10:52	(59)	R McNamara	9:53	(43)	C Charters	8:58	(32)	H Anderson
33	29:44	Kilbarchan AAC B	10:39	(44)	G Buchanan	10:35	(61)	R McLeod	8:30	(33)	L Hannigan
34	29:45	Inverness Harriers AC B	11:13	(75)	T MacPherson	9:37	(45)	S Burnett	8:55	(34)	A Smith
35	29:47	Kilbarchan AAC C	10:35	(40)	R Knights	10:20	(48)	C Arthur	8:52	(35)	L Barclay
36	29:54	Kilmarnock H&AC B	10:54	(61)	C McGarey	9:12	(30)	J Downey	9:48	(36)	L Ferguson
37	29:55	Lasswade B	9:46	(6)	A McWilliam	10:15	(27)	S Kitchin	9:55	(37)	A Porteous
38	29:57	Inverclyde AC B	10:58	(62)	L Kane	9:59	(53)	J Cameron	9:00	(38)	J Law
39	30:12	Pitreavie AAC A	11:05	(70)	S Wilson	9:32	(38)	C McLeod	9:36	(39)	R Elder
40	30:17	VP-Glasgow AC	11:42	(88)	H Matheson	9:15	(51)	S McGlennan	9:20	(40)	C Byrne
41	30:29	Inverclyde AC C	11:02	(68)	F McLaughlan	10:28	(69)	K Arthur	8:59	(41)	L Hainey
42	30:30	Fife AC B	11:05	(71)	A Sanderson	10:25	(70)	G Penacchio Torres	9:00	(42)	M Sanderson
43	30:33	Cambuslang Harriers C	10:43	(51)	J Gallacher	10:36	(62)	B McDonald	9:14	(43)	M Black
44	30:34	Team East Lothian B	10:25	(27)	F Middleton	10:16	(40)	J Smith	9:54	(44)	A Page
45	30:43	Greenock Glenpark Harriers B	10:52	(60)	D Campbell	10:03	(50)	H Morrison	9:47	(45)	S Wiseman
46	30:43	Livingston B	11:29	(86)	J Greig	9:29	(54)	E Frame	9:45	(46)	J Marshall
47	30:45	Giffnock North AC F	10:26	(28)	O MacDonald	9:43	(33)	M Knak	10:36	(47)	K McConville
48	30:48	Ross County	11:22	(83)	S Ellen	10:01	(63)	R Ellen	9:25	(48)	A Ellen
49	30:49	Shettleston Harriers B	10:30	(33)	M Fox	10:54	(65)	A Djoudi	9:24	(49)	T Carter
50	30:50	Aberdeen AAC C	10:38	(43)	A Arris	9:58	(39)	T MacKenzie	10:13	(50)	C Brock

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PROVISIONAL RESULTS

Cumbernauld

2019 NatXCR Young Male Provisional Results

PROVISIONAL RESULTS PLEASE EMAIL events@scottishathletics.org.uk with any amendments / Missing Data

Rank	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
51	30:53	East Kilbride AC B	10:41	(48)	J Hunter	10:27	(59)	S Hosie	9:45	(51)	C Cairns
52	30:54	Cumbernauld A	10:41	(47)	G McEachern	10:14	(49)	C Mackenzie	9:59	(52)	L O'Hare
53	30:58	Central AC B	9:51	(11)	J Kennedy	11:12	(55)	A Dunlop	9:55	(53)	E Docherty
54	30:58	VP-Glasgow AC B	11:42	(89)	R Lapping	9:56	(76)	F Waters	9:20	(54)	C McDermott
55	31:06	Pitreavie AAC B	11:34	(87)	A Rogers	9:30	(56)	R Taylor	10:03	(55)	P Doyle
56	31:11	Perth Strathtay Harriers C	10:42	(49)	S Duncan	10:03	(41)	D Lidstone	10:26	(56)	D Lidstone
57	31:12	Falkirk Victoria Harriers A	11:09	(73)	S Redwood	10:45	(80)	C Mackay	9:18	(57)	E Wond
58	31:13	Kilmarnock H&AC D	10:47	(55)	O Halliday	10:06	(47)	T Cadwell	10:20	(58)	C McNulty
59	31:15	Edinburgh AC C	10:45	(52)	J Duncan	10:12	(52)	A McCorquodale	10:18	(59)	C Thompson
60	31:21	Dundee Hawkhill Harriers B	10:46	(54)	K Matthews	10:43	(68)	J Placentino	9:52	(60)	T Scott
61	31:28	Kilmarnock H&AC C	11:19	(79)	L Anderson	9:45	(57)	J Phillips	10:24	(61)	R Littlejohn
62	31:29	Giffnock North AC H	10:18	(24)	H Watt	10:33	(46)	T Robin	10:39	(62)	F Pryor
63	31:33	Kilbarchan AAC D	11:28	(85)	L Cameron	10:05	(72)	J Kennedy	10:00	(63)	R Gunson
64	31:33	Law & District AAC B	11:02	(67)	D Simpson	9:44	(42)	C Cherrie	10:48	(64)	F Milligan
65	31:36	Banchory Stonehaven AC	10:37	(42)	F Crawford	11:02	(77)	N Yuda	9:56	(65)	K Noble
66	31:36	Cambuslang Harriers D	11:03	(69)	H Gardner	11:05	(83)	C Black	9:28	(66)	Z Povey
67	32:04	Falkirk Victoria Harriers B	11:20	(81)	H Lamont	11:41	(92)	J Stokes	9:02	(67)	C Little
68	32:10	Dundee Hawkhill Harriers A	11:57	(96)	F Lawson	10:56	(90)	F Jones	9:18	(68)	E Smith
69	32:13	Garscube Harriers C	10:08	(19)	R Nicol	11:55	(82)	A Weston	10:10	(69)	G Murdoch
70	32:26	East Kilbride AC C	11:20	(82)	D Edwards	10:40	(81)	L Thorpe	10:26	(70)	P Cairns
71	32:27	Law & District AAC D	11:51	(95)	M Lee	10:36	(84)	S McAdam	10:00	(71)	D Munday
72	32:28	Giffnock North AC G	10:31	(34)	J Mowat	10:36	(58)	L Davidson	11:21	(72)	C Cameron
73	32:32	Giffnock North AC I	10:40	(46)	R Laskey	10:55	(74)	C McAllister	10:56	(73)	G Griffiths
74	32:41	Kilbarchan AAC E	11:49	(93)	N Fitzpatrick	10:45	(87)	R Hastie	10:07	(74)	R Kennedy
75	32:45	George Heriots School A	13:12	(112)	D Ivory	9:54	(93)	A Ivory	9:39	(75)	L Rowley

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76	32:48	Dundee Hawkhil Harriers C	11:15	(76)	M Hastie	11:22	(89)	J Downie	10:11	(76)	R Fox
77	32:50	George Heriots School B	12:29	(106)	T Milne	10:00	(85)	T Thin	10:21	(77)	T MacDonald
78	32:53	Fife AC C	11:19	(78)	F Stewart	11:12	(86)	M Penacchio Torres	10:21	(78)	C Sanderson
79	32:53	Teviotdale Harriers B	11:22	(84)	C Mckay	10:02	(64)	R Welsh	11:29	(79)	R Wood
80	32:55	Corstorphine AAC B	12:25	(105)	J Gilchrist	10:32	(91)	R Bright	9:57	(80)	R Williams
81	33:01	Edinburgh AC B	11:01	(65)	J Harrison	11:36	(88)	M Lapeyre	10:24	(81)	M Gillespie
82	33:07	Helensburgh AC A	10:17	(23)	M Gall	10:32	(44)	M Cameron	12:17	(82)	C Williams
83	33:26	Central AC C	12:02	(97)	J Connor	9:49	(79)	R Burns	11:35	(83)	R Lawrie
84	33:28	Kirkintilloch Olympians	11:46	(91)	A Muir	9:24	(60)	G Smith	12:17	(84)	K Paterson
85	33:55	Dundee Hawkhil Harriers D	12:20	(103)	A Morrison	10:51	(96)	J Gillie	10:44	(85)	A Yeaman
86	34:06	Clydesdale Harriers A	12:13	(100)	O Lang	12:12	(100)	D Docherty	9:41	(86)	J McNicol
87	34:23	Giffnock North AC A0	10:48	(56)	C Shiels	12:22	(94)	J Wylie	11:12	(87)	I McPherson
88	34:38	Lasswade C	12:02	(98)	H Miller	11:42	(99)	A Miller	10:54	(88)	A Brown
89	35:45	Springburn Harriers A	12:48	(110)	A Lawrie	11:55	(103)	C Mchugh	11:02	(89)	A Smith
90	36:01	Law & District AAC E	12:50	(111)	B Barrowman	11:45	(102)	D Lee	11:26	(90)	R Nugent
91	36:11	Law & District AAC C	14:16	(115)	B Torlay	10:15	(101)	L Whitton	11:40	(91)	C Fry
92	40:28	Edinburgh AC D	10:43	(50)	B Turtle	18:20	(106)	J Coane	11:25	(92)	Runner 818C

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<u>Rank</u>	<u>Time</u>	<u>Team</u>	<u>Leg1</u>	<u>Pos</u>	<u>Athlete</u>	<u>Leg2</u>	<u>Pos</u>	<u>Athlete</u>	<u>Leg3</u>	<u>Pos</u>	<u>Athlete</u>
	20:00	Lothian Running Club	10:33	(37)	J Collings	9:27	(26)	M Close			
	20:26	Ayr Seaforth AC B	10:30	(32)	F McIntyre	9:56	(36)	E Kelly			
	20:32	Gala Harriers B	10:17	(22)	R Christie	10:15	(37)	A Hendry			
	21:26	Central AC D	11:01	(66)	H Crossley	10:25	(66)	J Oldham			
	21:28	Cumbernauld B	10:51	(58)	N Hodson	10:37	(67)	M Mccafferty			
	21:32	Aberdeen AAC D	11:10	(74)	B Cuthill	10:22	(71)	F Cooper			
	21:34	Corstorphine AAC C	12:04	(99)	A Bagnall	9:30	(73)	L Harrison			
	21:37	Ayr Seaforth AC C	11:08	(72)	B McLean	10:29	(75)	C Scobie			
	21:49	Cumbernauld C	11:00	(64)	R Campbell	10:49	(78)	L Tervit			
	23:10	Pitreavie AAC C	12:45	(108)	J McInnes	10:25	(95)	O Rodger			
	23:35	Cambuslang Harriers E	11:15	(77)	L Cook	12:20	(97)	C Finlayson			
	23:39	Cumbernauld D	11:43	(90)	S Wishart	11:56	(98)	F McCafferty			
	24:58	Dundee Hawkhill Harriers E	12:46	(109)	F Mitchell	12:12	(104)	F Passway			
	25:10	Garscube Harriers D	12:19	(102)	J Burchmore	12:51	(105)	D Gray			
	10:46	Clydesdale Harriers B	10:46	(53)	R King						
	11:20	Shettleston Harriers C	11:20	(80)	J Reilly						
	11:48	Edinburgh AC E	11:48	(92)	M Gillespie						
	11:50	Kilmarnock H&AC E	11:50	(94)	J Brown						
	12:15	Fife AC D	12:15	(101)	Runner 826A						
	12:21	Teviotdale Harriers C	12:21	(104)	G Jamieson						
	12:39	Kilbarchan AAC F	12:39	(107)	R Knights						
	13:27	Ayr Seaforth AC D	13:27	(113)	S McCrorie						
	13:58	Greenock Glenpark Harriers C	13:58	(114)	E Johnson						

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2019 NatXCR Women Provisional Results

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Rank	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	58:40	Edinburgh Univ Hare and Hounds A	14:38	(7)	R Johnson	14:40	(1)	C Nankivell	15:02	(1)	E Jaffray	14:20	(1)	H Page
2	59:59	Edinburgh AC A	14:39	(8)	L Wilson	15:08	(4)	L Stoddart	14:47	(2)	H Cameron	15:25	(2)	R Frake
3	1:00:07	Giffnock North AC A	14:41	(9)	R Mowat	15:27	(7)	Y McNairn	15:21	(5)	K Brown	14:38	(3)	E Wallace
4	1:00:08	Inverness Harriers AC	16:13	(27)	H Campbell	15:03	(12)	E Andrew	15:10	(10)	G Cormack	13:42	(4)	M Keith
5	1:00:20	Edinburgh Univ Hare and Hounds B	14:13	(3)	Z Pflug	15:42	(5)	P Edwards	15:19	(4)	L Stark	15:05	(5)	N Carr
6	1:00:38	Fife AC A	13:59	(1)	J Selman	15:41	(3)	L Gibson	14:56	(3)	J Spence	16:03	(6)	S Logan
7	1:01:07	Shettleston Harriers A	15:22	(14)	K Pennel	15:25	(9)	A Mason	15:00	(6)	K Jarrett	15:21	(7)	R Joss
8	1:01:44	VP-Glasgow AC	16:11	(26)	M Hendry	14:45	(10)	H Little	15:21	(8)	P Millage	15:28	(8)	S Lawrie
9	1:01:51	Glasgow University Hares and Hounds A	14:11	(2)	E Walker	15:18	(2)	A Carr	16:28	(7)	R Gilchrist	15:54	(9)	C Stewart
10	1:02:57	Edinburgh AC B	15:35	(17)	E Eadie	16:03	(15)	J Moar	15:47	(12)	J MacLean	15:32	(10)	C Cox
11	1:02:57	Edinburgh Univ Hare and Hounds C	15:41	(18)	H Morrison	16:04	(16)	A Kiltie	15:20	(11)	R Tytler	15:52	(11)	C Cameron
12	1:03:15	Falkirk Victoria Harriers A	14:55	(11)	F Ross	16:06	(11)	F Matheson	16:45	(13)	C Moffett	15:30	(12)	O Vareille
13	1:05:09	Lasswade A	14:34	(6)	A Frankland	15:27	(6)	K Gore	16:16	(9)	A Innes	18:52	(13)	R Fagan
14	1:05:31	Fife AC B	16:03	(23)	J Cruickshanks	15:58	(18)	A Watt	15:50	(14)	A Cruickshanks	17:40	(14)	K Jones
15	1:05:34	Kilbarchan AAC A	16:43	(34)	L Alemu	14:44	(14)	K MacAngus	16:58	(15)	L Sutherland	17:10	(15)	E Gibson
16	1:06:09	Garscube Harriers A	15:12	(12)	K White	16:47	(17)	L Gray	16:53	(16)	Y Burgess	17:16	(16)	G Blee
17	1:06:27	Aberdeen AAC A	15:51	(19)	N McCheyne	17:08	(24)	C McCheyne	17:04	(19)	A Howie	16:24	(17)	H Morrison
18	1:06:35	Gala Harriers A	15:27	(15)	S Green	17:55	(25)	G Duncan	16:16	(18)	L Macleish	16:57	(18)	J Johnstone
19	1:06:59	Glasgow University Hares and Hounds B	16:35	(32)	H Gilchrist	17:31	(30)	S Chisholm	16:36	(22)	I Sheldon	16:17	(19)	A Paton
20	1:07:52	Strathclyde Uni A	15:52	(20)	E McNicol	17:32	(26)	J Gillies	17:27	(23)	K McGonigal	17:01	(20)	M Watson
21	1:08:17	Central AC A	17:19	(43)	N Stewart	16:18	(29)	C Houston	17:37	(24)	K McStay	17:03	(21)	A Hendry
22	1:09:34	Bellahouston Road Runners A	14:48	(10)	C MacDonald	17:40	(22)	L Henderson	19:35	(26)	C Cunningham	17:31	(22)	I McIntosh
23	1:09:50	Stirling Univesity	15:14	(13)	C Craig	17:04	(20)	S Young	20:13	(29)	E Simper	17:19	(23)	M Watret
24	1:09:52	Dumbarton AAC	16:15	(29)	N Lyons	17:10	(27)	C Kelly	19:22	(30)	F Carmichael	17:04	(24)	M Wylie
25	1:10:13	Bellahouston Harriers A	17:23	(45)	K Hylands	17:18	(36)	N Gilmour	17:10	(25)	B Caldwell	18:22	(25)	R SImister
26	1:10:18	Lothian Running Club A	17:03	(40)	M Inglis	18:23	(43)	C Harris	17:26	(32)	C MacVarish	17:25	(26)	Y Crilly
27	1:10:51	Giffnock North AC C	17:02	(39)	S Donnelly	17:18	(33)	K McLachlan	19:12	(35)	A Carson	17:18	(27)	E Crusher
28	1:10:56	West End RR A	16:08	(25)	A Richardson	18:03	(31)	K Patel	18:40	(31)	C O'Neill	18:04	(28)	R Proctor
29	1:11:45	Glasgow University Hares and Hounds C	17:52	(54)	Z Graham	17:06	(39)	M Hannam	18:20	(33)	E Hunter	18:26	(29)	A Robertson
30	1:11:56	Garscube Harriers B	17:48	(53)	H Maciver	17:14	(40)	E Blair	18:38	(36)	M Lovatt	18:17	(30)	A Wood

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31	1:13:18	Falkirk Victoria Harriers B	17:47	(51)	L Kennedy	17:48	(45)	E McCallum	18:15	(40)	R Fulton	19:27	(31)	C Campbell-Swan
32	1:13:22	Kirkintilloch Olympians A	17:10	(42)	A McGregor	17:41	(37)	E Hogg	18:53	(39)	M McChord	19:38	(32)	Runner 346D
33	1:13:34	East Kilbride AC A	17:08	(41)	K Baillie	18:30	(46)	V Thorpe	19:36	(45)	O Steven	18:19	(33)	K Conneff
34	1:13:53	Central AC B	18:29	(62)	L McCulloch	18:36	(57)	J McAfee	18:42	(50)	B Hay	18:06	(34)	E Thompson
35	1:14:36	Dundee Hawkhill Harriers A	18:11	(59)	S King	18:10	(50)	C Matthews	18:31	(43)	D MacDermid	19:44	(35)	A Mollins
36	1:15:00	Portobello Running Club	16:00	(22)	L Blazey	20:17	(49)	J Owens	20:10	(52)	J Moffat	18:34	(36)	D Mathie
37	1:15:29	Dundee RR	19:11	(72)	A Gelly	17:21	(53)	L Menzies	20:11	(56)	J Murray	18:47	(37)	M Taggart
38	1:15:46	Strathclyde Uni B	18:20	(61)	S Paterson	19:26	(62)	M Slater	18:49	(55)	G HulovÃ¡j	19:11	(38)	L Cameron
39	1:16:36	Greenock Glenpark Harriers A	18:34	(63)	D Campbell	19:41	(64)	C Thomas	18:37	(57)	N Stevenson	19:43	(39)	L Mooney
40	1:17:39	Corstorphine AAC B	17:48	(52)	J McKay	17:45	(44)	M Smith	20:50	(51)	C Finlayson	21:16	(40)	M Bagnall
41	1:17:39	Cambuslang Harriers	19:07	(70)	A Lamond	17:38	(54)	C Setchell	18:32	(46)	L Angely	22:23	(41)	R Wardrope
42	1:17:46	Shettleston Harriers B	15:54	(21)	J Martin	18:31	(34)	H Lynch	20:04	(42)	E Purdie	23:16	(42)	J Waite
43	1:18:11	Westerlands CCC	16:45	(35)	E Homewood	16:48	(28)	L Beresford	26:59	(67)	S Taylor	17:39	(43)	C Fisher
44	1:18:35	Bellahouston Harriers B	18:38	(64)	R Millar	19:07	(61)	E Jackson	19:31	(59)	C Fitzsimmons	21:19	(44)	K Rosling
45	1:19:43	Perth RR A	19:01	(69)	O Streatfeild-James	22:02	(77)	S Boyd	19:37	(68)	T Ward	19:03	(45)	S Newington
46	1:20:25	Pitreavie AAC A	20:27	(85)	I Hopkins	18:44	(70)	Z Nicholson	20:19	(65)	M Fleming	20:55	(46)	N Moriarty
47	1:21:10	Kirkintilloch Olympians B	19:27	(76)	M McCallum	19:35	(68)	A Stewart	21:04	(66)	V Fraser	21:04	(47)	S MacNab
48	1:21:16	Kilmarnock H&AC	17:21	(44)	K Alexander	19:39	(56)	P Wilson	20:27	(60)	A Bryden	23:49	(48)	S Dickson
49	1:24:49	Garscube Harriers C	19:45	(80)	K Mathew	18:54	(66)	M Kelly	24:44	(75)	E Short	21:27	(49)	M Carmichael
50	1:25:11	East Kilbride AC B	19:31	(77)	G Kirwan	21:10	(76)	R Thomson	22:25	(73)	L Edwards	22:04	(50)	A CAIRNS
51	1:27:33	Greenock Glenpark Harriers B	20:18	(83)	M McKay	20:46	(78)	H Lafferty	22:05	(74)	E Stevenson	24:24	(51)	N Smith

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	0:49:11	Giffnock North AC B	15:33	(16)	J Smylie	16:41	(19)	M McCutcheon	16:57	(17)	C Wallace			
	0:50:05	Ayr Seaforth AC A	17:38	(46)	G Neill	16:49	(35)	L Wallace	15:38	(20)	T McIntosh			
	0:50:13	Bellahouston Road Runners B	16:03	(24)	A Robin	16:19	(21)	L Ross	17:51	(21)	J McNeilly			
	0:52:14	Springburn Harriers A	14:30	(5)	M Sandison	16:07	(8)	H Terrance	21:37	(27)	L Currie			
	0:52:26	Kilbarchan AAC B	16:25	(30)	S Hastie	17:53	(32)	J McDowall	18:08	(28)	C Cochran			
	0:53:27	Edinburgh AC D	16:33	(31)	S Ridley	19:30	(48)	S Ramage	17:24	(34)	J Morrow			
	0:53:39	Fife AC D	16:42	(33)	M McLean	18:24	(41)	E Methven	18:34	(37)	A Howe			
	0:53:41	Perth RR B	18:07	(58)	F Thompson	17:43	(47)	C Douglas	17:51	(38)	L MacPherson			
	0:54:17	Garscube Harriers D	18:03	(56)	D Martin-Consani	17:19	(42)	M Senior	18:55	(41)	A Wilson			
	0:55:00	Central AC D	18:17	(60)	H Dean	19:22	(60)	J Waterhouse	17:21	(44)	P Milne			
	0:55:22	Fife AC E	17:45	(50)	M Western	18:45	(52)	M Martin	18:53	(47)	N Heaney			
	0:55:26	Calderglen Harriers	17:43	(48)	K Wilson	17:11	(38)	K Allen	20:32	(48)	L Buchanan			
	0:55:34	Bellahouston Harriers C	17:39	(47)	J Macnamara	19:36	(58)	C McCormick	18:20	(49)	C McCracken			
	0:56:33	Springburn Harriers B	17:58	(55)	C Craig	19:33	(59)	J Craig	19:02	(53)	B Knox			
	0:56:35	Harmeny AC A	16:50	(36)	F Zeiner	20:05	(55)	L Muego	19:40	(54)	L Broadhurst			
	0:57:01	VP-Glasgow AC B	17:45	(49)	T Kennedy	21:25	(69)	D Finlayson	17:52	(58)	E Gilmour			
	0:57:58	Garscube Harriers E	19:08	(71)	K Scott	20:06	(71)	M Cox	18:44	(61)	M Casey			
	0:58:18	Ochil Hill Runners	19:41	(79)	M Mcintosh	19:09	(67)	H Winton	19:28	(62)	K Kealey			
	0:58:21	West End RR C	18:38	(66)	S Fletcher	19:43	(65)	I McFarlane	20:00	(63)	L Shields Waters			
	0:58:58	Corstorphine AAC A	19:22	(75)	S Ledingham	20:27	(74)	M Cemborain	19:09	(64)	J Grigor			
	1:01:20	Bellahouston Harriers D	18:53	(68)	M Carrick	20:38	(72)	T Duffy	21:49	(69)	S Rudd			
	1:02:00	Carnegie Harriers A	20:44	(86)	G Beveridge	22:23	(83)	K Hill	18:52	(70)	J Gudgin			
	1:02:41	Bellahouston Road Runners D	21:43	(89)	K Ludwig	21:43	(85)	L Taylor	19:14	(71)	P Wright			
	1:02:56	Law & District AAC	18:03	(57)	Runner 350A	20:09	(63)	M Newell	24:44	(72)	P Newell			
	1:03:30	Dundee Hawkhill Harriers B	19:39	(78)	C Reynolds	20:25	(75)	T Passway	23:26	(76)	G Hernandez			
	1:03:33	Harmeny AC B	23:37	(95)	K Kenny	19:51	(86)	E Sandeman	20:05	(77)	N Mcguire			
	1:04:03	Bellahouston Road Runners C	20:49	(87)	R Yarmahmoudi	22:17	(82)	L Goldie	20:57	(78)	R Wilson			
	1:05:05	Teviotdale Harriers	20:25	(84)	K Hughes	23:08	(87)	A Aitken	21:32	(79)	P McAdam			
	1:05:08	West End RR D	22:56	(93)	M Mccartney	21:44	(89)	R Musleh	20:27	(80)	B Murrison			
	1:05:22	Bellahouston Harriers F	21:50	(90)	A Williamson	21:08	(81)	L Wood	22:23	(81)	K Burningham			
	1:05:39	West End RR B	19:20	(74)	N King	23:52	(84)	T Longhurst	22:27	(82)	S Jones			
	1:05:50	Ferranti AAC A	19:55	(81)	C Gilchrist	21:55	(80)	S Sellar	24:00	(83)	E Gilchrist			
	1:09:41	Bellahouston Harriers E	21:52	(91)	J MacLeod	22:45	(88)	G Glass	25:04	(84)	D Hoyle			
	1:14:28	Perth RR C	24:14	(96)	B Bothwell	26:41	(91)	S Swan	23:33	(85)	R Henderson			

Saturday 26 October

Lindsays scottishathletics National Cross Country Relay Championships

PROVISIONAL RESULTS

Cumbernauld

2019 NatXCR Women Provisional Results

PROVISIONAL RESULTS PLEASE EMAIL events@scottishathletics.org.uk with any amendments / Missing Data

<u>Rank</u>	<u>Time</u>	<u>Club</u>	<u>Leg1</u>	<u>Pos</u>	<u>Athlete</u>	<u>Leg2</u>	<u>Pos</u>	<u>Athlete</u>	<u>Leg3</u>	<u>Pos</u>	<u>Athlete</u>	<u>Leg4</u>	<u>Pos</u>	<u>Athlete</u>
	0:31:25	Inverclyde AC A	14:21	(4)	N Mulholland	17:04	(13)	C Macdonald						
	0:32:31	PH Racing Club	16:15	(28)	K Kennedy	16:16	(23)	A McGill						
	0:36:28	Glasgow University Hares and Hounds D	18:41	(67)	V Maria	17:46	(51)	E Barreiro						
	0:39:38	Falkirk Victoria Harriers C	20:15	(82)	M Anderson	19:23	(73)	N Flynn						
	0:41:09	Ferranti AAC B	19:19	(73)	K Kitchin	21:50	(79)	J Loecherbach						
	0:48:14	Pitreavie AAC B	26:17	(97)	D COOPER	21:57	(90)	P Hicks						
	0:16:50	Edinburgh AC C	16:50	(37)	B Winkler									
	0:16:57	Hunters Bog Trotters A	16:57	(38)	C Magill									
	0:18:38	Kilbarchan AAC C	18:38	(65)	S Houldsworth									
	0:21:38	Fife AC C	21:38	(88)	K Garner									
	0:22:33	Carnegie Harriers B	22:33	(92)	Z Brett									
	0:23:11	Central AC C	23:11	(94)	A Curry									

PROVISIONAL RESULTS PLEASE EMAIL events@scottishathletics.org.uk with any amendments / Missing Data

Rank	Time	Club	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
1	49:16	Central AC A	12:12	(2) C Milne	12:47	(2) C McCaughey	12:19	(1) A Hay	11:59	(1) J Crowe
2	50:00	Kilbarchan AAC A	12:21	(3) C Wright	12:58	(4) A MacAngus	12:13	(2) C Hawkins	12:28	(2) C Maclean
3	50:16	Inverclyde AC A	13:18	(24) A Hay	11:49	(3) J Glen	12:51	(3) R Gray	12:17	(3) A Douglas
4	50:31	Shettleston Harriers A	13:02	(17) J Burns	12:33	(9) W Ghebreselassie	12:40	(7) M Turner	12:16	(4) L Oates
5	50:55	Cambuslang Harriers A	12:51	(12) S Gibson	12:39	(8) C Jardine	12:48	(8) I MacCorquodale	12:36	(5) F Stewart
6	51:13	Central AC B	12:55	(15) M Sutherland	12:53	(10) B MacMillan	12:31	(9) H Hickey	12:54	(6) M Wright
7	51:16	Aberdeen AAC A	13:04	(19) A Brown	12:23	(7) M Ferguson	12:42	(6) J Hoad	13:08	(7) S Mcgrath
8	51:32	Corstorphine AAC A	12:27	(6) C McKenzie	12:56	(6) J Dunn	12:37	(4) D Selman	13:31	(8) S Livingstone
9	51:55	Glasgow University Hares and Hounds A	12:08	(1) S Sweeney	12:48	(1) C Smith	13:30	(10) M Tait	13:30	(9) D Pollock
10	52:00	Edinburgh AC A	12:25	(5) M Christoforou	12:56	(5) I Whitaker	12:46	(5) J Ewing	13:54	(10) F Tournay
11	52:16	Fife AC A	12:22	(4) K Wood	13:32	(11) R Lafferty	12:43	(11) L Rodgers	13:40	(11) A Gudgin
12	52:48	Metro Aberdeen RC A	13:03	(18) B Ward	13:59	(24) K Garden	13:11	(19) H Battle	12:34	(12) C Strachan
13	52:48	Central AC C	13:00	(16) D Colley	13:36	(16) F Logan	13:31	(17) A Shea	12:42	(13) T Graham-Marr
14	52:50	Edinburgh Univ Hare and Hounds A	12:37	(8) C Tharme	13:30	(13) A Thomas	13:25	(12) B Ivandjиков	13:18	(14) A Muir
15	53:07	Cambuslang Harriers B	13:22	(26) R Donnelly	12:59	(14) J MacKinnon	13:24	(13) C McLew	13:22	(15) C Reilly
16	53:18	Giffnock North AC A	13:34	(35) C Young	12:31	(12) H Armit	13:50	(14) N Gajic	13:23	(16) B Shaw
17	53:52	Glasgow University Hares and Hounds B	13:44	(43) S Millar	13:26	(27) S Addison	12:56	(16) R Maguire	13:47	(17) S Holl
18	53:52	Inverclyde AC B	12:53	(14) C Watson	13:48	(17) J Hammerman	13:28	(18) J Roebuck	13:43	(18) M Pollard
19	53:56	Aberdeen AAC B	13:14	(22) A Odentz	13:18	(15) S Murray	13:32	(15) P Neilson	13:51	(19) E Webster
20	54:50	Bellahouston Harriers A	13:10	(21) M Delgado Sillero	13:34	(18) G Yates	13:50	(20) G Templeton	14:17	(20) S Miller
21	54:56	Edinburgh AC B	13:25	(29) M MacDermot	14:05	(34) M Fraser	13:33	(23) M Bax	13:54	(21) I Macdonald
22	55:12	Corstorphine AAC C	13:36	(38) M Lang	13:37	(29) M Anderson	13:50	(24) T Ferrington	14:09	(22) R Milne
23	55:19	Cambuslang Harriers C	13:32	(33) S Paton	13:37	(26) R Carr	13:38	(21) G Robertson	14:32	(23) A Carey
24	55:20	Hunters Bog Trotters A	14:20	(63) D Wright	13:02	(32) S Fraser	13:28	(22) J Waldie	14:29	(24) P Gardner
25	55:22	Corstorphine AAC B	13:23	(27) J Macleod	13:58	(31) J Harrison	13:54	(26) D Macaulay	14:07	(25) A Hoyle
26	55:35	Aberdeen AAC C	13:38	(39) J Barton	13:40	(30) F Thomson	14:08	(27) E MacNamara	14:09	(26) A Ferguson
27	55:36	Moray RR A	13:18	(23) E Davidson	13:27	(20) J Wilson	14:42	(28) P Rogan	14:09	(27) G Jenkins
28	55:41	Cambuslang Harriers E	13:30	(32) S McGeachy	13:40	(28) S Wylie	14:44	(33) R Gilroy	13:47	(28) J Reid
29	55:43	Garscube Harriers C	12:40	(10) T Berry	14:12	(22) J MacLeod	14:56	(32) T Martin	13:55	(29) D Young
30	55:56	Dundee Hawkhill Harriers A	12:38	(9) K Hornyik	14:06	(19) G Barrie	14:29	(25) M Stewart	14:43	(30) C McCormack

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Rank	Time Club	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
31	55:57 Law & District AAC A	12:33	(7) J Gillon	14:33	(25) M Gillon	14:48	(34) J Kennedy	14:02	(31) D Muir
32	56:07 VP-Glasgow AC A	14:08	(52) C Boyle	15:06	(59) G Laing	13:48	(41) K Rafferty	13:05	(32) M Hayes
33	56:11 Shettleston Harriers B	13:38	(40) C Oates	13:17	(23) D Bradford	14:44	(29) D Lowe	14:32	(33) A Peters
34	56:40 Stirling Univesity	13:24	(28) C Phillip	15:01	(40) A Irvine	14:05	(37) J Wood	14:10	(34) L Mccomb
35	56:43 PH Racing Club A	13:40	(41) M McConnell	14:37	(38) D Monaghan	14:23	(38) P Kieran	14:03	(35) R Sellar
36	56:51 Edinburgh AC H	15:00	(91) I Craven	13:52	(51) S Johnston	14:19	(43) R Meade	13:39	(36) L Johnson
37	56:57 Metro Aberdeen RC B	14:25	(65) N Tosh	14:18	(48) C Crawford	14:33	(45) D Stevens	13:40	(37) J Tole
38	57:00 Motherwell AC C	14:17	(58) C MacDonald	14:32	(49) N Hughes	14:28	(44) P Burns	13:44	(38) R Macdonald
39	57:07 Falkirk Victoria Harriers B	14:09	(54) J Brogan	13:34	(35) K Elliott	14:02	(31) P Moffett	15:22	(39) S George
40	57:15 Kirkintilloch Olympians A	14:17	(59) G McCabe	14:13	(43) A Kirk	13:47	(35) M Pollock	14:58	(40) J McMin
41	57:18 Inverclyde AC C	15:25	(99) D Crawford	13:57	(62) A Harkins	13:59	(46) A Myers	13:58	(41) M Doherty
42	57:26 Lasswade A	12:46	(11) C Graham	14:05	(21) M Gore	14:53	(30) C Steven	15:43	(42) E Hood
43	57:30 Aberdeen AAC D	13:59	(48) M Flamenco	14:38	(45) J Gillespie	14:31	(42) B Nelson	14:21	(43) J Joy
44	57:39 Bellahouston Road Runners A	14:13	(57) B MULGREW	14:28	(46) C Ross	14:57	(51) A Moss	14:01	(44) A Campbell
45	57:42 Glasgow University Hares and Hounds C	13:53	(44) F Drummond	13:51	(36) E Rose	14:41	(36) A Merry	15:17	(45) S Gilhooly
46	57:49 Motherwell AC A	14:27	(66) A Cameron	14:46	(58) M Gallacher	13:48	(40) D Gardiner	14:47	(46) S Allen
47	57:57 Giffnock North AC B	14:09	(53) A Robertson	15:03	(57) E O'Donnell	14:18	(49) J Bell	14:27	(47) R MacLean
48	58:12 Giffnock North AC E	14:57	(89) J O'Donnell	14:27	(64) I Carroll	14:18	(53) C Greenhalgh	14:29	(48) C Walsh
49	58:21 Strathclyde Uni A	13:35	(36) J McLaren	14:55	(44) S Partyka	14:26	(39) R Jenkins	15:25	(49) K Pugh
50	58:25 Greenock Glenpark Harriers A	14:04	(50) S Campbell	14:24	(42) P Monaghan	14:54	(48) Runner 81C	15:02	(50) K O'Donoghue
51	58:25 Corstorphine AAC D	13:56	(46) A Brockie	15:07	(55) I Macleod	14:51	(54) K Ovenstone	14:32	(51) K Hood
52	58:33 Inverclyde AC D	14:19	(62) D Tamburini	15:01	(61) J Kane	14:51	(57) P Tucker	14:21	(52) G Hyett
53	58:37 Giffnock North AC C	14:50	(84) K Mooney	14:40	(66) J Orr	14:34	(56) O Traynor	14:33	(53) N Boyle
54	59:17 East Kilbride AC B	14:12	(56) D Ross	14:39	(50) N Walker	15:12	(55) V Hastings	15:14	(54) L Kirwan
55	59:21 Garscube Harriers B	13:57	(47) J Coyle	15:47	(71) G Harvie	14:41	(62) D Scroop	14:56	(55) M Consani
56	59:25 Aberdeen AAC E	14:45	(78) J Barraclough	14:43	(65) H Hall	13:53	(47) N Tierney	16:04	(56) F McGillivray
57	59:38 PH Racing Club B	14:28	(67) A Davis	14:48	(60) S Tite	15:28	(64) W Beveridge	14:55	(57) P Waring
58	59:40 Cumbernauld B	14:47	(79) D Hogg	14:53	(70) M Fitchie	14:35	(59) L O'Hare	15:25	(58) A Flanagan
59	59:51 Shettleston Harriers D	13:30	(31) P Sorrie	14:21	(37) P Mackie	15:51	(52) D McCauley	16:09	(59) J Duffy
60	1:00:24 Metro Aberdeen RC C	14:34	(69) B Kinghorn	14:26	(53) M Milne	15:23	(61) C Paterson	16:02	(60) J McIntosh

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Rank	Time	Club	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
61	1:00:35	Cambuslang Harriers D	15:15 (97)	M McKenna	14:23 (69)	A Anderson	14:42 (60)	J Macnamara	16:15 (61)	T Mccutcheon
62	1:00:45	Clydesdale Harriers A	13:29 (30)	M Miller	15:13 (47)	I Robertson	16:02 (65)	G Wiseman	16:00 (62)	D Burns
63	1:00:48	Penicuik Harriers	14:19 (61)	D Macqueen	15:04 (63)	B Colvin	17:00 (73)	A Dunbar	14:25 (63)	R Thomson
64	1:00:56	Team East Lothian	14:07 (51)	F Kelly	14:50 (52)	J Donnelly	17:21 (71)	J Fraser	14:39 (64)	C Bullen
65	1:00:58	Giffnock North AC D	14:43 (75)	G Paterson	15:03 (72)	D Shaw	15:48 (69)	R Whittington	15:25 (65)	T Gourley
66	1:01:09	Bellahouston Harriers B	14:18 (60)	T Smith	15:37 (75)	C Ferguson	15:08 (66)	F Armstrong	16:05 (66)	B MacKinnon
67	1:01:39	Kirkintilloch Olympians B	14:42 (74)	P McCaig	15:08 (74)	E Craig	15:53 (70)	D Allsop	15:56 (67)	E McLoone
68	1:01:53	Central AC E	16:03 (119)	J Subke	15:46 (98)	D Shaw	14:44 (76)	W Hensman	15:21 (68)	E Jack
69	1:02:12	Gala Harriers A	13:34 (34)	L Tharme	16:49 (80)	F Johnston	16:26 (79)	M Inglis	15:23 (69)	C Brown
70	1:02:29	Edinburgh AC D	14:42 (73)	K Hamilton	15:03 (73)	R Kyle	15:30 (67)	T Roberts	17:13 (70)	L Orr
71	1:02:45	Cumbernauld A	14:33 (68)	R Keenan	16:00 (83)	D Martin	16:46 (84)	S Casey	15:26 (71)	R Bartley
72	1:02:51	Fife AC C	15:23 (98)	J Hall	15:10 (82)	P Webb	16:07 (77)	J McIntyre	16:11 (72)	S Dickson
73	1:03:14	Dundee Hawkhill Harriers B	14:51 (86)	K Hernandez	17:09 (103)	B MacDermid	15:33 (89)	C Collins	15:41 (73)	S Matthews
74	1:03:39	Greenock Glenpark Harriers B	15:29 (101)	O Reilly	15:35 (92)	O Atkinson	16:00 (81)	P Beaton	16:35 (74)	R Neilson
75	1:03:57	Bellahouston Road Runners B	15:39 (109)	A Digweed	15:06 (85)	P Gordon	16:45 (86)	J Robinson	16:26 (75)	S McQuade
76	1:04:28	Perth RR B	15:32 (104)	R Glen	15:08 (84)	M Crawford	15:46 (74)	E Torrie	18:03 (76)	K Rogers
77	1:04:33	Dumbarton AAC	14:55 (88)	S Cole	16:57 (99)	J Harrison	18:05 (107)	P Kelly	14:37 (77)	C McClelland
78	1:04:38	West End RR C	15:42 (110)	M Strachan	16:10 (100)	E Lawlor	16:41 (95)	A Clark	16:04 (78)	R Churchill
79	1:04:47	Ayr Seaforth AC A	15:36 (106)	S McLean	14:50 (81)	S McCrorie	18:32 (100)	S McColm	15:48 (79)	A Meldrum
80	1:05:07	Ayr Seaforth AC B	15:49 (113)	S Kirk	13:47 (68)	K Neill	17:36 (83)	L Baker	17:55 (80)	P Laing
81	1:05:45	Garscube Harriers D	16:10 (122)	S Craig	17:11 (122)	D McKay	16:52 (110)	J Murray	15:31 (81)	I Thomson
82	1:06:00	Bellahouston Harriers C	14:48 (82)	F Allingham	17:16 (104)	P Houston	16:22 (92)	F Gilroy	17:34 (82)	K Smith
83	1:06:18	Central AC F	15:00 (90)	D Eckersley	16:46 (97)	H Kerr	16:41 (93)	C Graham-Marr	17:51 (83)	S Watson
84	1:06:18	Teviotdale Harriers A	13:40 (42)	R Anderson	14:47 (41)	G Walker	18:38 (82)	D Ballantyne	19:13 (84)	P Lockie
85	1:06:27	Corstorphine AAC F	14:34 (70)	J Carpenter	16:18 (87)	S Pilkington	17:56 (99)	D Pattison	17:39 (85)	J Arnott
86	1:06:44	Springburn Harriers A	16:43 (138)	J Chambers	16:24 (118)	S Campbell	17:47 (114)	W Munro	15:51 (86)	G Blackwood
87	1:06:47	Calderglen Harriers B	15:31 (102)	M Saez	16:29 (102)	C Wright	19:13 (116)	D Wardrope	15:34 (87)	A Buchanan
88	1:06:52	Perth RR C	14:22 (64)	K Riddell	16:50 (95)	R Livingstone	16:54 (91)	S Grieshaber	18:45 (88)	D Stokoe
89	1:07:03	Westerlands CCC	16:25 (130)	G McCaffrey	16:28 (113)	I Thurlbeck	16:41 (103)	D Calder	17:30 (89)	C Furse
90	1:07:46	Portobello Running Club A	15:45 (112)	D Worrall	14:27 (78)	D Limmer	18:32 (98)	A Innes	19:01 (90)	A Stavert

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<u>Rank</u>	<u>Time</u>	<u>Club</u>	<u>Leg1 Pos</u>	<u>Athlete</u>	<u>Leg2 Pos</u>	<u>Athlete</u>	<u>Leg3 Pos</u>	<u>Athlete</u>	<u>Leg4 Pos</u>	<u>Athlete</u>
91	1:07:55	Dunbar RC	15:31 (103)	C O'Donnell	18:12 (126)	A Anderson	16:46 (112)	B Napier	17:26 (91)	I Pugh
92	1:08:04	Shettleston Harriers C	15:05 (94)	D Houston	17:58 (117)	C Shannon	18:19 (118)	R Millar	16:42 (92)	G Ellor
93	1:08:17	Kilmarnock H&AC A	14:48 (83)	R Lindsay	16:12 (89)	S Lyden	16:43 (90)	K Monaghan	20:33 (93)	S Nibloe
94	1:08:21	Strathclyde Uni B	15:45 (111)	M Adamson	19:22 (140)	D Smith	17:41 (130)	J Dow	15:33 (94)	P Mukasa
95	1:08:24	Lasswade B	15:39 (108)	A McGlone	17:07 (112)	P Ness	16:55 (105)	S Brown	18:42 (95)	D Brydon
96	1:08:50	East Kilbride AC C	16:24 (129)	V Glennon	17:01 (123)	J Edwards	18:05 (121)	M Carlin	17:19 (96)	G O'Neil
97	1:08:58	Royal Mail Run GMC	17:21 (148)	C Clement	16:20 (125)	S McCandless	17:42 (119)	D Inglis	17:35 (97)	R White
98	1:09:13	Garscube Harriers E	16:52 (141)	G Goldie	17:39 (135)	C Brown	17:10 (122)	A Downey	17:33 (98)	D Carr
99	1:09:28	PH Racing Club C	16:55 (142)	G McInnes	16:50 (127)	M Mclean	19:18 (133)	T Quinn	16:25 (99)	A Cockburn
100	1:09:30	Dundee RR	13:53 (45)	C Earl	19:41 (124)	S Macleod	18:43 (127)	J Mill	17:13 (100)	J Morton
101	1:10:03	Bellahouston Road Runners D	16:31 (134)	K Queenan	17:47 (134)	R Leyton	18:01 (128)	M White	17:43 (101)	H Merriweather
102	1:10:08	Central AC G	16:14 (125)	I Dunsmore	16:57 (119)	H Buchanan	17:52 (115)	C Alexander	19:04 (102)	C Sinclair
103	1:10:12	VP-Glasgow AC C	18:28 (156)	Runner 161A	16:58 (142)	S Gardner	18:07 (136)	R Connolly	16:40 (103)	S Kelly
104	1:11:17	Edinburgh AC E	17:31 (149)	M Carcas	18:20 (143)	P Fenn	18:57 (141)	D Steele	16:29 (104)	M Parry
105	1:11:37	Lothian Running Club C	14:44 (77)	E McInnes	17:33 (107)	S Orr	20:31 (131)	S Walsh	18:49 (105)	J Robertson
106	1:12:11	Falkirk Victoria Harriers D	19:51 (167)	S Johnston	16:44 (148)	E Hogarth	17:36 (140)	M Johnstone	18:01 (106)	M Finlayson
107	1:12:27	Garscube Harriers F	18:04 (155)	J McAnaney	16:29 (136)	P Scott	18:57 (135)	K Glifillan	18:56 (107)	N Baillie
108	1:12:45	Pitreavie AAC A	16:01 (118)	J Farquhar	17:54 (129)	N Maclachlan	19:05 (132)	T Sludden	19:45 (108)	C Shield
109	1:12:47	Greenock Glenpark Harriers C	16:14 (126)	J Stevenson	18:00 (132)	D McLaughlin	18:14 (129)	S Hill	20:19 (109)	S Laing
110	1:13:45	Carnegie Harriers	17:02 (144)	J Hynd	17:15 (133)	A Murray	17:59 (126)	G Wilson	21:30 (110)	S Greer
111	1:15:02	Bellahouston Harriers D	19:02 (159)	G Gallacher	18:15 (151)	D Shields	18:27 (144)	J Cunningham	19:18 (111)	S McDougall
112	1:15:29	Law & District AAC B	17:52 (153)	M Milligan	18:22 (145)	D Nugent	19:11 (143)	C Butters	20:05 (112)	P Kelly
113	1:17:06	West End RR A	19:13 (161)	A Campbell	19:29 (152)	J Bell	21:03 (149)	C Boyle	17:22 (113)	G Clerk
114	1:18:57	Bellahouston Road Runners C	17:49 (152)	S Mackintosh	19:25 (150)	N Kennedy	21:01 (148)	M Campbell	20:42 (114)	T Burrige
115	1:19:36	Central AC H	19:18 (162)	A Gall	22:14 (159)	J Millar	19:27 (151)	C Campbell	18:38 (115)	L McCabe

PROVISIONAL RESULTS PLEASE EMAIL events@scottishathletics.org.uk with any amendments / Missing Data

<u>Rank</u>	<u>Time Club</u>	<u>Leg1 Pos</u>	<u>Athlete</u>	<u>Leg2 Pos</u>	<u>Athlete</u>	<u>Leg3 Pos</u>	<u>Athlete</u>	<u>Leg4 Pos</u>	<u>Athlete</u>
	43:37 Perth RR A	14:10 (55)	D Knight	14:51 (54)	S Robertson	14:36 (50)	D Ryan		
	44:14 Fife AC B	14:02 (49)	A Scott	16:14 (79)	M Buchan	13:58 (58)	C Morris		
	44:29 Cambuslang Harriers F	14:48 (81)	C Upson	15:11 (76)	M O'Hagan	14:29 (63)	C Donnelly		
	45:18 Cumbernauld C	14:51 (85)	R McEachern	15:13 (77)	P McMonagle	15:15 (68)	V Carroll		
	46:18 Teviotdale Harriers B	14:47 (80)	R Jaffray	14:44 (67)	A Walker	16:46 (72)	A Inglis		
	46:29 Falkirk Victoria Harriers A	14:54 (87)	M McQuaid	15:56 (86)	A Ronald	15:39 (75)	G McIntosh		
	46:43 Falkirk Victoria Harriers E	15:10 (96)	M Ross	15:53 (90)	E McCallum	15:40 (78)	P Faulks		
	46:55 Shettleston Harriers E	15:08 (95)	D Williams	15:57 (93)	J Oates	15:50 (80)	B Scally		
	47:25 Garscube Harriers A	15:04 (93)	R McLennan	15:53 (88)	R Drummond	16:28 (85)	A Chisholm		
	47:31 Bellahouston Road Runners E	15:51 (115)	A McParland	15:29 (96)	L Conway	16:12 (87)	G Scullion		
	47:33 Edinburgh AC C	15:28 (100)	D Rivera	16:39 (105)	G Phillip	15:27 (88)	M Ferguson		
	48:29 Ochil Hill Runners	14:37 (71)	Runner 128A	18:26 (116)	Runner 128B	15:26 (94)	Runner 128C		
	48:35 Motherwell AC B	15:54 (116)	I Campbell	17:02 (114)	B McLinden	15:39 (96)	G McEwan		
	48:41 Corstorphine AAC E	14:38 (72)	S Campbell	16:28 (94)	D Arnott	17:35 (97)	M Connelly		
	49:21 VP-Glasgow AC B	16:27 (132)	P Jardine	16:16 (111)	G Craig	16:39 (101)	A Potter		
	49:26 Metro Aberdeen RC D	16:45 (140)	K Farquhar	17:22 (130)	A Redman	15:19 (102)	N Milovsorov		
	49:37 Cambuslang Harriers G	16:25 (131)	D O'Connell	16:11 (110)	D Dickson	17:02 (104)	F Hurley		
	49:53 Airdrie Harriers A	15:39 (107)	M CONNELLY	17:41 (121)	S Phillips	16:33 (106)	J Daniel		
	50:12 Kirkintilloch Olympians C	15:50 (114)	M Welsford	17:29 (120)	C Ashe	16:54 (108)	J Sharp		
	50:13 Lothian Running Club A	16:21 (128)	(Laing	16:07 (108)	B Lees	17:45 (109)	H Mulholland		
	50:16 Central AC D	14:44 (76)	D Lindsay	17:29 (106)	S Burton	18:03 (111)	N Cobb		
	50:37 Portobello Running Club B	16:06 (121)	M Upward	16:22 (109)	W Jarvie	18:08 (113)	R McCraw		
	51:14 Dundee Hawkhill Harriers C	16:36 (136)	N Reynolds	17:11 (128)	R Tully	17:28 (117)	N Passway		
	51:30 Gala Harriers B	16:12 (123)	N Christie	17:59 (131)	W Mcculloch	17:20 (120)	A Lunn		
	51:49 Bellahouston Road Runners F	16:14 (124)	K Crawford	18:27 (138)	S Brownhill	17:08 (123)	T Ferris		
	52:10 Lothian Running Club B	17:39 (151)	A Corrigan	17:10 (139)	D Hunter	17:21 (124)	G Gilhooley		
	52:13 East Kilbride AC D	17:02 (145)	G Haddow	17:35 (137)	G Colvin	17:37 (125)	K Charters		
	53:28 Springburn Harriers B	17:01 (143)	P Wilson	19:28 (146)	B Leitch	16:59 (134)	D Smith		
	53:33 West End RR B	16:42 (137)	G Jack	19:13 (144)	J Speakman	17:38 (137)	J Lennon		
	53:36 Calderglen Harriers A	17:57 (154)	J Holmes	19:04 (149)	G Ferguson	16:35 (138)	A McLellan		
	54:07 East Kilbride AC A	12:52 (13)	J Fergusson	28:02 (157)	J Clements	13:13 (139)	G Baillie		

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<u>Rank</u>	<u>Time Club</u>	<u>Leg1 Pos</u>	<u>Athlete</u>	<u>Leg2 Pos</u>	<u>Athlete</u>	<u>Leg3 Pos</u>	<u>Athlete</u>	<u>Leg4 Pos</u>	<u>Athlete</u>
	55:09 Motherwell AC D	19:41 (166)	S Dickson	16:51 (147)	S Kelman	18:38 (142)	A Loudon		
	56:26 Kilbarchan AAC B	13:07 (20)	K Beeby	15:18 (39)	C Matthews	28:01 (145)	C Thomson		
	56:27 West End RR D	20:35 (170)	P Toland	21:14 (161)	D Gray	14:38 (146)	S Brown		
	57:11 Inverclyde AC E	16:44 (139)	R Gray	16:17 (115)	T Jamieson	24:09 (147)	T Tracey		
	1:00:55 Clydesdale Harriers B	20:04 (169)	P Cartwright	19:05 (153)	R Young	21:45 (150)	M Diver		
	1:06:21 Garscube Harriers G	21:26 (171)	P Dow	18:27 (154)	M Cathro	26:29 (152)	T Abdullah		
	1:06:58 Ferranti AAC	18:38 (158)	G Sellar	22:42 (158)	K Weston	25:38 (153)	E McDonald		
	27:25 Edinburgh Univ Hare and Hounds B	13:35 (37)	P Morrison	13:50 (33)	C O'Riordan				
	29:09 Hunters Bog Trotters B	15:03 (92)	P Mowbray	14:06 (56)	H Jones				
	31:03 Lothian Running Club D	15:57 (117)	C Partridge	15:07 (91)	J Beattie				
	31:56 Giffnock North AC F	16:19 (127)	E Wallace	15:37 (101)	A Macdonald				
	35:25 Greenock Glenpark Harriers D	16:34 (135)	D Roberts	18:51 (141)	S Reid				
	40:10 Edinburgh AC F	19:34 (165)	E Stevenson	20:36 (155)	A MacEwen				
	40:49 Dundee Hawkhill Harriers D	19:33 (164)	E MacDermid	21:16 (156)	G Hernandez				
	41:45 Kilmarnock H&AC B	22:15 (172)	D Dickson	19:30 (160)	L Mc Derment				
	55:14 Falkirk Victoria Harriers C	17:12 (146)	D Hill	38:02 (162)	A McCallum				
	13:21 East Sutherland AC	13:21 (25)	F Murray						
	15:36 Cambuslang Harriers H	15:36 (105)	K Finlayson						
	16:03 Edinburgh Univ Hare and Hounds C	16:03 (120)	Z Finch						
	16:27 Harmeny AC	16:27 (133)	K Zeiner						
	17:19 Banchory Stonehaven AC	17:19 (147)	A Ferguson Snr						
	17:36 Teviotdale Harriers C	17:36 (150)	A Coltman						
	18:32 Bellahouston Harriers E	18:32 (157)	C Doherty						
	19:10 Corstorphine AAC G	19:10 (160)	S Blair						
	19:31 Airdrie Harriers B	19:31 (163)	F Cullen						
	20:02 Calderglen Harriers C	20:02 (168)	R Couper						
	22:27 Perth RR D	22:27 (173)	R Livingstone						

Saturday 26 October

Lindsays scottishathletics National Cross Country Relay Championships

PROVISIONAL RESULTS

Cumbernauld

2019 NatXCR Masters Women Provisional Results

PROVISIONAL RESULTS PLEASE EMAIL events@scottishathletics.org.uk with any amendments / Missing Data

Rank	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	50:13	Bellahouston Road Runners B	16:03	(24)	A Robin (V40)	16:19	(21)	L Ross (V40)	17:51	(21)	J McNeilly (V40)
2	52:26	Kilbarchan AAC B	16:25	(30)	S Hastie (V40)	17:53	(32)	J McDowall (V40)	18:08	(28)	C Cochran (V45)
3	53:27	Edinburgh AC D	16:33	(31)	S Ridley (V50)	19:30	(48)	S Ramage (V55)	17:24	(34)	J Morrow (V50)
4	53:39	Fife AC D	16:42	(33)	M McLean (V40)	18:24	(41)	E Methven (V45)	18:34	(37)	A Howe (V45)
5	53:41	Perth RR B	18:07	(58)	F Thompson (V50)	17:43	(47)	C Douglas (V45)	17:51	(38)	L MacPherson (V40)
6	54:17	Garscube Harriers D	18:03	(56)	D Martin-Consani (V40)	17:19	(42)	M Senior (V45)	18:55	(41)	A Wilson (V45)
7	55:00	Central AC D	18:17	(60)	H Dean (V55)	19:22	(60)	J Waterhouse (V65)	17:21	(44)	P Milne (V55)
8	55:22	Fife AC E	17:45	(50)	M Western (V55)	18:45	(52)	M Martin (V60)	18:53	(47)	N Heaney (V60)
9	55:34	Bellahouston Harriers C	17:39	(47)	J Macnamara (V45)	19:36	(58)	C McCormick (V50)	18:20	(49)	C McCracken (V45)
10	56:35	Harmeny AC A	16:50	(36)	F Zeiner (V45)	20:05	(55)	L Muego (V45)	19:40	(54)	L Broadhurst (V55)
11	57:58	Garscube Harriers E	19:08	(71)	K Scott (V55)	20:06	(71)	M Cox (V60)	18:44	(61)	M Casey (V45)
12	58:21	West End RR C	18:38	(66)	S Fletcher (V45)	19:43	(65)	I McFarlane (V45)	20:00	(63)	L Shields Waters (V50)
13	58:58	Corstorphine AAC A	19:22	(75)	S Ledingham (V50)	20:27	(74)	M Cemborain (V50)	19:09	(64)	J Grigor (V50)
14	1:01:20	Bellahouston Harriers D	18:53	(68)	M Carrick (V40)	20:38	(72)	T Duffy (V45)	21:49	(69)	S Rudd (V45)
15	1:03:30	Dundee Hawkhill Harriers B	19:39	(78)	C Reynolds (V50)	20:25	(75)	T Passway (V50)	23:26	(76)	G Hernandez (V50)
16	1:05:05	Teviotdale Harriers	20:25	(84)	K Hughes (V40)	23:08	(87)	A Aitken (V50)	21:32	(79)	P McAdam (V60)
17	1:05:08	West End RR D	22:56	(93)	M Mccartney (V45)	21:44	(89)	R Musleh (V40)	20:27	(80)	B Murrison (V40)
18	1:05:22	Bellahouston Harriers F	21:50	(90)	A Williamson (V55)	21:08	(81)	L Wood (V50)	22:23	(81)	K Burningham (V55)
19	1:05:50	Ferranti AAC A	19:55	(81)	C Gilchrist (V50)	21:55	(80)	S Sellar (V50)	24:00	(83)	E Gilchrist (V75)
20	1:09:41	Bellahouston Harriers E	21:52	(91)	J MacLeod (V60)	22:45	(88)	G Glass (V45)	25:04	(84)	D Hoyle (V65)
21	1:14:28	Perth RR C	24:14	(96)	B Bothwell (V60)	26:41	(91)	S Swan (V50)	23:33	(85)	R Henderson (V45)

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1	55:12	Corstorphine AAC C	13:36 (38)	M Lang (V40)	13:37 (29)	M Anderson (V40)	13:50 (24)	T Ferrington (V40)	14:09 (22)	R Milne (V40)
2	55:41	Cambuslang Harriers E	13:30 (32)	S McGeachy (V40)	13:40 (28)	S Wylie (V45)	14:44 (33)	R Gilroy (V40)	13:47 (28)	J Reid (V45)
3	56:51	Edinburgh AC H	15:00 (91)	I Craven (V40)	13:52 (51)	S Johnston (V40)	14:19 (43)	R Meade (V40)	13:39 (36)	L Johnson (V40)
4	57:49	Motherwell AC A	14:27 (66)	A Cameron (V45)	14:46 (58)	M Gallacher (V45)	13:48 (40)	D Gardiner (V50)	14:47 (46)	S Allen (V50)
5	58:12	Giffnock North AC E	14:57 (89)	J O'Donnell (V45)	14:27 (64)	I Carroll (V40)	14:18 (53)	C Greenhalgh (V45)	14:29 (48)	C Walsh (V45)
6	58:25	Corstorphine AAC D	13:56 (46)	A Brockie (V40)	15:07 (55)	I Macleod (V45)	14:51 (54)	K Ovenstone (V40)	14:32 (51)	K Hood (V45)
7	59:21	Garscube Harriers B	13:57 (47)	J Coyle (V45)	15:47 (71)	G Harvie (V45)	14:41 (62)	D Scroop (V45)	14:56 (55)	M Consani (V40)
8	59:40	Cumbernauld B	14:47 (79)	D Hogg (V45)	14:53 (70)	M Fitchie (V40)	14:35 (59)	L O'Hare (V45)	15:25 (58)	A Flanagan (V40)
9	59:51	Shettleston Harriers D	13:30 (31)	P Sorrie (V40)	14:21 (37)	P Mackie (V40)	15:51 (52)	D McCauley (V40)	16:09 (59)	J Duffy (V55)
10	1:00:58	Giffnock North AC D	14:43 (75)	G Paterson (V45)	15:03 (72)	D Shaw (V45)	15:48 (69)	R Whittington (V45)	15:25 (65)	T Gourley (V55)
11	1:01:53	Central AC E	16:03 (119)	J Subke (V45)	15:46 (98)	D Shaw (V45)	14:44 (76)	W Hensman (V40)	15:21 (68)	E Jack (V45)
12	1:02:51	Fife AC C	15:23 (98)	J Hall (V40)	15:10 (82)	P Webb (V45)	16:07 (77)	J McIntyre (V45)	16:11 (72)	S Dickson (V45)
13	1:04:28	Perth RR B	15:32 (104)	R Glen (V45)	15:08 (84)	M Crawford (V45)	15:46 (74)	E Torrie (V50)	18:03 (76)	K Rogers (V45)
14	1:04:47	Ayr Seaforth AC A	15:36 (106)	S McLean (V45)	14:50 (81)	S McCrorie (V45)	18:32 (100)	S McColm (V50)	15:48 (79)	A Meldrum (V45)
15	1:05:07	Ayr Seaforth AC B	15:49 (113)	S Kirk (V45)	13:47 (68)	K Neill (V40)	17:36 (83)	L Baker (V60)	17:55 (80)	P Laing (V55)
16	1:06:18	Central AC F	15:00 (90)	D Eckersley (V55)	16:46 (97)	H Kerr (V55)	16:41 (93)	C Graham-Marr (V60)	17:51 (83)	S Watson (V55)
17	1:07:03	Westerlands CCC	16:25 (130)	G McCaffrey (V65)	16:28 (113)	I Thurlbeck (V55)	16:41 (103)	D Calder (V55)	17:30 (89)	C Furse (V50)
18	1:08:24	Lasswade B	15:39 (108)	A McGlone (V50)	17:07 (112)	P Ness (V50)	16:55 (105)	S Brown (V50)	18:42 (95)	D Brydon (V45)
19	1:08:50	East Kilbride AC C	16:24 (129)	V Glennon (V45)	17:01 (123)	J Edwards (V40)	18:05 (121)	M Carlin (V40)	17:19 (96)	G O'Neil (V40)
20	1:08:58	Royal Mail Run GMC	17:21 (148)	C Clement (V60)	16:20 (125)	S McCandless (V45)	17:42 (119)	D Inglis (V50)	17:35 (97)	R White (V50)
21	1:10:03	Bellahouston Road Runners D	16:31 (134)	K Queenan (V45)	17:47 (134)	R Leyton (V45)	18:01 (128)	M White (V45)	17:43 (101)	H Merriweather (V45)
22	1:10:08	Central AC G	16:14 (125)	I Dunsmore (V50)	16:57 (119)	H Buchanan (V55)	17:52 (115)	C Alexander (V45)	19:04 (102)	C Sinclair (V50)
23	1:11:17	Edinburgh AC E	17:31 (149)	M Carcas (V50)	18:20 (143)	P Fenn (V40)	18:57 (141)	D Steele (V55)	16:29 (104)	M Parry (V45)
24	1:11:37	Lothian Running Club C	14:44 (77)	E McInnes (V45)	17:33 (107)	S Orr (V45)	20:31 (131)	S Walsh (V50)	18:49 (105)	J Robertson (V55)
25	1:12:11	Falkirk Victoria Harriers D	19:51 (167)	S Johnston (V40)	16:44 (148)	E Hogarth (V45)	17:36 (140)	M Johnstone (V45)	18:01 (106)	M Finlayson (V50)
26	1:13:45	Carnegie Harriers	17:02 (144)	J Hynd (V55)	17:15 (133)	A Murray (V45)	17:59 (126)	G Wilson (V55)	21:30 (110)	S Greer (V60)
27	1:17:06	West End RR A	19:13 (161)	A Campbell (V45)	19:29 (152)	J Bell (V40)	21:03 (149)	C Boyle (V45)	17:22 (113)	G Clerk (V40)
28	1:19:36	Central AC H	19:18 (162)	A Gall (V60)	22:14 (159)	J Millar (V65)	19:27 (151)	C Campbell (V60)	18:38 (115)	L McCabe (V55)

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1	43:37	Perth RR A	14:10	(55)	D Knight (V50)	14:51	(54)	S Robertson (V50)	14:36	(50)	D Ryan (V50)
2	44:29	Cambuslang Harriers F	14:48	(81)	C Upson (V55)	15:11	(76)	M O'Hagan (V50)	14:29	(63)	C Donnelly (V60)
3	45:18	Cumbernauld C	14:51	(85)	R McEachern (V50)	15:13	(77)	P McMonagle (V50)	15:15	(68)	V Carroll (V50)
4	46:18	Teviotdale Harriers B	14:47	(80)	R Jaffray (V50)	14:44	(67)	A Walker (V60)	16:46	(72)	A Inglis (V50)
5	46:29	Falkirk Victoria Harriers A	14:54	(87)	M McQuaid (V55)	15:56	(86)	A Ronald (V50)	15:39	(75)	G McIntosh (V55)
6	46:55	Shettleston Harriers E	15:08	(95)	D Williams (V55)	15:57	(93)	J Oates (V60)	15:50	(80)	B Scally (V50)
7	47:25	Garscube Harriers A	15:04	(93)	R McLennan (V60)	15:53	(88)	R Drummond (V50)	16:28	(85)	A Chisholm (V60)
8	47:31	Bellahouston Road Runners E	15:51	(115)	A McParland (V50)	15:29	(96)	L Conway (V50)	16:12	(87)	G Scullion (V50)
9	47:33	Edinburgh AC C	15:28	(100)	D Rivera (V50)	16:39	(105)	G Phillip (V50)	15:27	(88)	M Ferguson (V55)
10	48:27	Central AC F	15:00	(90)	D Eckersley (V55)	16:46	(97)	H Kerr (V55)	16:41	(93)	C Graham-Marr (V60)
11	48:41	Corstorphine AAC E	14:38	(72)	S Campbell (V50)	16:28	(94)	D Arnott (V50)	17:35	(97)	M Connelly (V55)
12	49:21	VP-Glasgow AC B	16:27	(132)	P Jardine (V50)	16:16	(111)	G Craig (V50)	16:39	(101)	A Potter (V55)
13	49:26	Metro Aberdeen RC D	16:45	(140)	K Farquhar (V55)	17:22	(130)	A Redman (V55)	15:19	(102)	N Milovsorov (V55)
14	49:33	Westerlands CCC	16:25	(130)	G McCaffrey (V65)	16:28	(113)	I Thurlbeck (V55)	16:41	(103)	D Calder (V55)
15	49:37	Cambuslang Harriers G	16:25	(131)	D O'Connell (V50)	16:11	(110)	D Dickson (V60)	17:02	(104)	F Hurley (V65)
16	49:41	Lasswade B	15:39	(108)	A McGlone (V50)	17:07	(112)	P Ness (V50)	16:55	(105)	S Brown (V50)
17	50:13	Lothian Running Club A	16:21	(128)	(Laing (V55)	16:07	(108)	B Lees (V55)	17:45	(109)	H Mulholland (V55)
18	50:37	Portobello Running Club B	16:06	(121)	M Upward (V50)	16:22	(109)	W Jarvie (V60)	18:08	(113)	R McCraw (V50)
19	51:30	Gala Harriers B	16:12	(123)	N Christie (V50)	17:59	(131)	W Mcculloch (V60)	17:20	(120)	A Lunn (V50)
20	51:49	Bellahouston Road Runners F	16:14	(124)	K Crawford (V50)	18:27	(138)	S Brownhill (V50)	17:08	(123)	T Ferris (V50)
21	52:10	Lothian Running Club B	17:39	(151)	A Corrigan (V50)	17:10	(139)	D Hunter (V55)	17:21	(124)	G Gilhooley (V55)
22	52:13	East Kilbride AC D	17:02	(145)	G Haddow (V55)	17:35	(137)	G Colvin (V60)	17:37	(125)	K Charters (V50)
23	53:33	West End RR B	16:42	(137)	G Jack (V50)	19:13	(144)	J Speakman (V50)	17:38	(137)	J Lennon (V65)
24	53:36	Calderglen Harriers A	17:57	(154)	J Holmes (V50)	19:04	(149)	G Ferguson (V55)	16:35	(138)	A McLellan (V60)
25	1:00:58	Central AC I	19:18	(162)	A Gall (V60)	22:14	(159)	J Millar (V65)	19:27	(151)	C Campbell (V60)
26	1:06:58	Ferranti AAC	18:38	(158)	G Sellar (V55)	22:42	(158)	K Weston (V70)	25:38	(153)	E McDonald (V70)