

GAA GLASGOW MILERS MEET

FRIDAY 3RD JANUARY 2020

TIMETABLE

Start Time	Heat	Pacer	Pace
16:55	600m - R1	Aimee Anderson	29/30s
17:00	600m - R2	Lewis Hailey	25/26s
17:05	3000m - R10 (sub 11:00)	Chris Mackay	87/88s
17:20	3000m - R7 (sub 9:45)	Annabel Simpson	77/78s
17:35	3000m - R8 (sub 9:45)	Max Milarvie	77/78s
17:50	3000m - R9 (sub 10:15)	Annabel Simpson	81/82s
18:05	3000m - R6 (sub 9:15)	Max Milarvie	73/74s
18:20	3000m - R5 (sub 9:00)	Cammie Watson	71/72s
18:35	3000m - R4 (sub 8:50)	Fraser Stewart	70/71s
18:55	3000m - R3 (sub 8:40)	James Bowness	69/70s
19:10	3000m - R2 (sub 8:25)	Jonny Glen	67/68s
19:25	3000m - R1 (sub 8:00)	Ben Potrykus	63/64s