

**Event 8 Women 4x200 m Relay Senior Women****6 Advance: Top 2 Each Heat plus Next 2 Best Times**

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=====
National: N 1:39.17 17/02/1990 SCOTLAND
                D Brown L Macdonald R Girvin G McIntyre
Club: C 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
CBP: B 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
2019: 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert

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Team Heats
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## Heat 1 Heats

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1 474 EDINBURGH AC 1:42.39Q
  1) Emma Pedrana 2) Isla Innes
  3) Sarah Malone 4) Stacey Downie
2 482 VP-GLASGOW AC 1:46.06Q
  1) Robyn Taylor 2) Anna Cameron
  3) Ana Nadais 4) Chloe Lambert
3 487 PERTH STRATHTAY 1:46.18q
  1) Emma Rutherford 2) Lucy Fraser
  3) Anna Wilkie 4) Lois Garland
4 477 KILMARNOCK H&AC 1:51.00q
  1) Abbie Smith 2) Tiana Stevenson
  3) Emily O'Shea 4) Courtney Goodwin

```

## Heat 2 Heats

```

1 475 GIFFNOCK NORTH AC 1:43.61Q
  1) Eve Denholm 2) Katie Foss
  3) Leah Keisler 4) Rachel Callan
2 479 PITREAVIE AAC 1:46.71Q
  1) Aislynn Crichton 2) Beth Aitken
  3) Sinead Steel 4) Lynn Harvey
3 483 VP-GLASGOW AC 1:54.15
  1) Rhea Campbell 2) Adrienne Rennie
  3) Dion Ingram 4) Emily Corrigan
4 485 WHITEMOSS AAC 1:55.64
  1) Lucy Wroe 2) Jenna Morton
  3) Heather Wratten 4) Niamh Gillies

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**Event 9 Men 4x200 m Relay Senior Men**

**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

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=====
National: N 1:26.94 17/02/1990 SCOTLAND
                B Ashburn M Davidson G McMillan M McMahon
Club: C 1:27.96 17/02/2019 Strathclyde Uni
                F Angus, G Kelly, L Brown, A Schenini
CBP: B 1:29.30 2015 Pitreavie AAC
2019: 1:30.50 16/02/2019 Edinburgh AC, Edinburgh AC
                M Leslie, B Ajala, S Drummond, R Green
    
```

Team Heats

Heat 1 Heats

```

1 402 CUMBERNAULD AAC 1:34.73Q
    1) Scott Maciver
    3) Jamie Tobin
2 414 TEAM EAST LOTHIAN 1:34.86Q
    1) Lewis Goodall
    3) James Fraser
3 411 LIVINGSTON AC 1:35.64q
    1) Matthew Power
    3) Fraser Morris
4 410 KILMARNOCK H&AC 1:36.05
    1) Josh Smith
    3) Andrew Baird
    2) Gary McPake
    4) Thomas O'Hear
    2) Cameron Steven
    4) Cameron Smith
    2) Richard Arthurs
    4) Lewis MacIver
    2) Jack Edwards
    4) Shaun McFadzean
    
```

Heat 2 Heats

```

1 405 GIFFNOCK NORTH AC 1:30.59Q
    1) Ross Veitch
    3) Murray Fotheringham
2 407 GREENOCK GLENPARK 1:30.97Q
    1) Scott Hannaway
    3) Scott McCluckie
3 415 VP-GLASGOW AC 1:31.08q
    1) Jack Guthrie
    3) Niall MacLean
4 408 KILBARCHAN AAC 1:37.66
    1) Ross Paterson
    3) Paul Easdale
    2) Scott Murray
    4) Finlay Waugh
    2) Mark Holliman
    4) Mark McLachlan
    2) Kyle McAulay
    4) Jamie Stevenson
    2) Billy Russell
    4) Drew Yeoman
    
```

**Event 10 Girls 4x200 m Relay U13 Girls****18 Advance: Top 3 Each Heat plus Next 3 Best Times**

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=====
National: N 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith MR Cairns L Sturgeon
Club: C 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith M R Cairns L Sturgeon
CBP: B 1:53.66 13/02/2016 Giffnock North AAC, Giffnock Nor
2019: 1:55.89 17/02/2019 Giffnock North AC, Giffnock Nor
                E MCKAY, M MCKENZIE, S FERGUSON, E WILLIAMS
=====

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Team Heats
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## Heat 1 Heats

```

1 539 GIFFNOCK NORTH AC 1:54.99Q
   1) Emily Williams      2) Madeleine Mackenzie
   3) Caitlin McGeachy    4) Helen Adakomola
2 545 KILBARCHAN AAC 1:58.79Q
   1) Molly-Rose McLoughlin 2) Emily Clark
   3) Gabriella Whyte      4) Eva Carvil
3 550 LIVINGSTON AC 2:02.30Q
   1) Kishi Aremu          2) Enam Evong
   3) Kirsty Crawshaw     4) Alannah Snowden
4 536 DUNFERMLINE TF AC 2:06.57q
   1) Milly McKenzie      2) Eva Gasowska
   3) Sophie Thomas       4) Sarah Kane
-- 560 VP-GLASGOW AC DNF
   1) Erin Galbraith     2) Lucy Langlands
   3) Abby Whyte         4) Amelia Wilson

```

## Heat 2 Heats

```

1 538 EDINBURGH AC 1:55.82Q
   1) Marianna Maclean    2) Katie Reid
   3) Charlotte Smart    4) Jedidah Ajala
2 551 PITREAVIE AAC 2:06.10Q
   1) Hannah Gray        2) Abbie Freck
   3) Jenna Young        4) Christy Cameron
3 533 AIRDRIE HARRIERS 2:10.56Q
   1) Lucy Cave          2) Millie Gairn
   3) Lucille King      4) Murrlyn Burns
4 558 VP-GLASGOW AC 2:12.21q
   1) Anna Kelly         2) Isla Donnelly
   3) Aryn Brown        4) Rachael Watt
5 548 LARKHALL YMCA 2:17.30
   1) Millie Galway     2) Ava Cochran
   3) Milagros Maria Graci Gold 4) Zara Weir

```

## Heat 3 Heats

```

1 532 AIRDRIE HARRIERS 2:03.37Q
   1) Amy Davies         2) Amy Wilton
   3) Emma Hamilton     4) Amy Cave
2 534 AYR SEAFORTH AC 2:05.43Q
   1) Reese Devine      2) Leya Gardiner
   3) Lemoni Allan-McLaughlin 4) Emma Ablett
3 549 LAW DAAC 2:12.19Q
   1) Neve Murray       2) Sophie Nelson
   3) Anna Bondar      4) Tehillah Ikechukwu Okonkwo
4 543 HAMILTON DAC 2:13.26
   1) Emma Kearney     2) Abbie Dick
   3) Rose Scott       4) Layla Reddiex
5 556 TEAM EAST LOTHIAN 2:15.24
   1) Layla Magee      2) Ruby Evans
   3) Kirsten Goodall  4) Roisin Napier

```

**Event 10 Girls 4x200 m Relay U13 Girls****18 Advance: Top 3 Each Heat plus Next 3 Best Times**

```

=====
National: N 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith MR Cairns L Sturgeon
Club: C 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith M R Cairns L Sturgeon
CBP: B 1:53.66 13/02/2016 Giffnock North AAC, Giffnock Nor
2019: 1:55.89 17/02/2019 Giffnock North AC, Giffnock Nor
                E MCKAY, M MCKENZIE, S FERGUSON, E WILLIAMS
=====

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Team

Heats

## Heat 4 Heats

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=====
1 541 GIFFNOCK NORTH AC 2:03.36Q
    1) Maisie Ling
    3) Ahrra Donaldson
2 542 GREENOCK GLENPARK 2:14.10Q
    1) Maria McCabe
    3) Erin McEleny
3 559 VP-GLASGOW AC 2:18.22Q
    1) Eva Getty
    3) Anna Clark
4 546 KILBARCHAN AAC 2:19.90
    1) Iona Hartley
    3) Tara Hutton
5 562 WHITEMOSS AAC 2:21.35
    1) Erin Reilly
    3) Eva Thomas

```

## Heat 5 Heats

```

1 540 GIFFNOCK NORTH AC 2:00.34Q
    1) Leilani Spelman-Ikediashi
    3) Sarah McNulty
2 557 VP-GLASGOW AC 2:04.15Q
    1) Rebecca MccAffrey
    3) Beth Campbell
3 561 WHITEMOSS AAC 2:08.05Q
    1) Amanda Quinn
    3) Tallulah Frew
4 554 SPRINGBURN HARRIERS 2:08.21q
    1) Jessica Thomson
    3) Millie Newall
5 552 SHETTLESTON HARRIERS 2:16.37
    1) Katie Woods
    3) Chloe Fox
6 544 HAMILTON DAC 2:23.17
    1) Skye Davidson
    3) Eva Gray

```

**Event 11 Girls 4x200 m Relay U15 Girls****18 Advance: Top 3 Each Heat plus Next 3 Best Times**

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=====
National: N 1:46.21 16/03/2019 VP-Glasgow AC, VP-Glasgow A
              H Kirkwood, C Scott, J Hilditch, E Greig
Club: C 1:46.21 16/03/2019 VP-Glasgow AC, VP-Glasgow A
              H Kirkwood, C Scott, J Hilditch, E Greig
CBP: B 1:46.41 17/02/2019 VP-Glasgow AC, VP-Glasgow A
              J Hilditch, C Scott, H Kirkwood, E Greig
2019: 1:46.41 17/02/2019 VP-Glasgow AC, VP-Glasgow A
              J Hilditch, C Scott, H Kirkwood, E Greig
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Team
=====
Heats
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## Heat 1 Heats

```

1 511 GIFFNOCK NORTH AC 1:48.92Q
   1) Angelica Mayer
   3) Emily Watson
2 509 DUNFERMLINE TF AC 1:52.52Q
   1) Aaliyah Adebisi
   3) Darcie Black
3 513 HAMILTON DAC 1:57.47Q
   1) Eva Burns
   3) Hannah Kulke
4 507 CENTRAL AC 2:00.21q
   1) Hannah Tams
   3) Jessica Hanson
-- 525 SPRINGBURN HARRIERS X2:18.74
   1) Kirsty MacInnes
   3) Maisie Thomson
-- 531 WHITEMOSS AAC DNF
   1) Georgia Young
   3) Darcey Connor

```

## Heat 2 Heats

```

1 504 AIRDRIE HARRIERS 1:56.79Q
   1) Sophie McInnes
   3) Jessica C Graham
2 522 PITREAVIE AAC 1:58.52Q
   1) Cecile Joiner
   3) Lily Simon
3 530 WHITEMOSS AAC 2:01.04Q
   1) Kayla McLuskey
   3) Matilda Frew
4 518 LAW DAAC 2:02.28
   1) Hannah Todd
   3) Susannah Kay
5 505 AIRDRIE HARRIERS 2:02.53
   1) Teigan Urquhart
   3) Emily Hunter

```

## Heat 3 Heats

```

1 528 VP-GLASGOW AC 1:51.09Q
   1) Lucy Carr
   3) Sarah Bonad
2 521 PITREAVIE AAC 1:51.22Q
   1) Kate Richardson
   3) Erin Macfarlane
3 527 TEAM EAST LOTHIAN 1:57.27Q
   1) Maja Thomson
   3) Gemma Walkingshaw
4 526 STRATHEARN HARRIERS 1:58.15q
   1) Kerri Paton
   3) Anna MacDonald
5 515 KILBARCHAN AAC 1:59.25q
   1) Sarah Lyle
   3) Ellis Coote

```

**Event 11 Girls 4x200 m Relay U15 Girls**

**18 Advance: Top 3 Each Heat plus Next 3 Best Times**

National:	N	1:46.21	16/03/2019	VP-Glasgow AC, VP-Glasgow A H Kirkwood, C Scott, J Hilditch, E Greig
Club:	C	1:46.21	16/03/2019	VP-Glasgow AC, VP-Glasgow A H Kirkwood, C Scott, J Hilditch, E Greig
CBP:	B	1:46.41	17/02/2019	VP-Glasgow AC, VP-Glasgow A J Hilditch, C Scott, H Kirkwood, E Greig
2019:		1:46.41	17/02/2019	VP-Glasgow AC, VP-Glasgow A J Hilditch, C Scott, H Kirkwood, E Greig

Team Heats

Heat 4 Heats

1	510	EDINBURGH AC	1:53.38Q
	1)	Sophie Holmes	2) Emily Morris
	3)	Sarah Burns	4) Anna Widdowson
2	529	VP-GLASGOW AC	1:58.01Q
	1)	Erin Downie	2) Ruth Walsh
	3)	Isabelle Mckenzie	4) Eve Crawford
3	514	HAMILTON DAC	2:02.68Q
	1)	Lauren Kane	2) Molly O'Donnell
	3)	Melissa Govan	4) Neve Elliott
4	516	KILMARNOCK H&AC	2:07.94
	1)	Anna Lambert	2) Freya Campbell
	3)	Caitlin McVean	4) Kirsty Howe
5	524	SPRINGBURN HARRIERS	2:12.37
	1)	Ellie MacCalman	2) Ruby Lennon
	3)	Georgia MacCalman	4) Abigail Maclaine

Heat 5 Heats

1	506	AYR SEAFORTH AC	1:51.59Q
	1)	Grace Dunlop	2) Emma McMillan
	3)	Libby White	4) Lucy Moynihan
2	519	LIVINGSTON AC	1:56.53Q
	1)	Mia Sokoluk	2) Kirsten Morris
	3)	Amy Taylor	4) Maia Campbell
3	512	GIFFNOCK NORTH AC	1:57.05Q
	1)	Sophie Ferguson	2) Josie Reilly
	3)	Catriona Bentley	4) Eilidh Veitch
4	520	MUSSELBURGH DAC	2:01.58
	1)	Eilidh Sproule	2) Ella Nicholson
	3)	Katie Alexander	4) Aisling Kerr
5	508	CENTRAL AC	2:02.53
	1)	Kate Gilvear	2) Olivia Freed
	3)	Alice Cameron	4) Sophie Morgan

**Event 12 Boys 4x200 m Relay U13 Boys****12 Advance: Top 2 Each Heat plus Next 4 Best Times**

```

=====
National: N 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
Club: C 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
CBP: B 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby
2019: 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby

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Team Heats
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## Heat 1 Heats

```

1 450 GIFFNOCK NORTH AC 1:57.95Q
    1) Martin Rolfe          2) Robert Kiltie
    3) Euan Armstrong       4) Zander Summerhill
2 448 DUNFERMLINE TF AC 2:08.11Q
    1) Zack Alexander       2) Angus Marshall
    3) Caleb Munro         4) Charlie Potter
3 457 LARKHALL YMCA 2:10.08
    1) Jamie Murphy        2) Aaron Scott
    3) Aaron Baird         4) Peter McGuigan
4 455 KILBARCHAN AAC 2:10.74
    1) Ezekiel Moore       2) Finlay Gillespie
    3) Andrew Shorts      4) Angus Menzies
5 465 SHETTLESTON HARRIERS 2:13.25
    1) Mark Clifford       2) Daniel McFall
    3) Stuart Chuengwe    4) Jay Simpson

```

## Heat 2 Heats

```

1 467 VP-GLASGOW AC 1:57.70Q
    1) Magnus Bryce        2) Ollie Petrie
    3) James Clark        4) Andrew Bain
2 451 GIFFNOCK NORTH AC 1:58.20Q
    1) Lewis Davidson     2) Oliver Bryers
    3) Aaron Reid        4) Alfie Bradley
3 460 MUSSELBURGH DAC 2:00.24q
    1) Jonny Taylor       2) Max Rickis
    3) Filip Skorb       4) Jake Nicol
4 464 SHETTLESTON HARRIERS 2:03.14q
    1) Ashtin Coutts     2) Matthew Fox
    3) Conor Daly        4) Callum Thomson
5 453 INVERCLYDE AC 2:04.84q
    1) Ben Gerrard       2) Aaron Harkins
    3) Ashton Fulton    4) Freddie McFeate

```

## Heat 3 Heats

```

1 456 KILMARNOCK H&AC 2:02.86Q
    1) Adam Gold          2) Ross Mitchell
    3) Cameron McGarey   4) Rhian Mitchell
2 459 LIVINGSTON AC 2:06.67Q
    1) Alex Thomson      2) Archie Hendry
    3) Ryan Henderson   4) Jonathan Mitchell
3 463 PITREAVIE AAC 2:09.52
    1) Sam Parker        2) Struan Wilson
    3) Archie Rogers    4) Frazer Lees
4 466 SPRINGBURN HARRIERS 2:14.21
    1) Boris Belyanov    2) Callum Ross
    3) Ruairidh Johnstone 4) Archie Watters
5 473 WHITEMOSS AAC 2:22.91
    1) Steven Cooper     2) Owen Flanagan
    3) Declan McLuskey  4) Luke Henderson

```

**Event 12 Boys 4x200 m Relay U13 Boys**

**12 Advance: Top 2 Each Heat plus Next 4 Best Times**

```

=====
National: N 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
Club: C 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
CBP: B 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby
2019: 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby
    
```

Team Heats

Heat 4 Heats

```

=====
1 454 KILBARCHAN AAC 2:03.80Q
    1) Max O'Neill 2) Arron Gillies
    3) Lucas Lever 4) Daniel Bruce
2 563 GIFFNOCK NORTH AC 2:05.81Q
    1) Aaron Muir 2) Jacob Stuffins
    3) Rishon Xavier 4) Abraham Al Ani
3 472 WHITEMOSS AAC 2:07.37q
    1) Jack Burns 2) Reece Ayvin
    3) Nathan Hutcheson 4) Stephen Onwubiko
4 462 PITREAVIE AAC 2:07.52
    1) Finn Charity 2) Ross Allan
    3) Cammy Fyffe 4) Ruaridh Law
5 468 VP-GLASGOW AC 2:10.42
    1) Gerard Gontor 2) Henry Moogan Sharratt
    3) Alex Macintyre 4) Alex Flockhart
6 461 MUSSELBURGH DAC 2:20.33
    1) Sandy Henry 2) Virinao Katuuu
    3) Lucas Leishman 4) Ross Dargo
    
```



**Event 13 Boys 4x200 m Relay U15 Boys****6 Advance: Top 2 Each Heat plus Next 2 Best Times**

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=====
National: N 1:38.83 16/03/2019 Edinburgh AC, Edinburgh AC
              M Hughes, O Finlayson, A Holmes, T Kelly
Club: C 1:38.83 16/03/2019 Edinburgh AC, Edinburgh AC
              M Hughes, O Finlayson, A Holmes, T Kelly
CBP: B 1:39.21 2008 Giffnock North
2019: 1:41.51 16/02/2019 Edinburgh AC, Edinburgh AC
              M Hughes, O Finlayson, A Holmes, T Russell
=====

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Team Heats

## Heat 1 Heats

```

=====
1 437 KILMARNOCK H&AC 1:46.06Q
   1) Logan Mitchell      2) Brayden Dean
   3) Ewan Johnstone      4) Charlie Gaskin
2 432 DUNFERMLINE TF AC 1:51.66Q
   1) Dylan Martin        2) David Cuthbert
   3) Oliver Morrison     4) Adom Akuoko
3 445 VP-GLASGOW AC 1:51.98
   1) Aaron Watt          2) Cameron Borthwick
   3) Angus Bain         4) Kyle Flockhart
4 444 TEAM EAST LOTHIAN 1:54.55
   1) Finn Middleton      2) Aidan Page
   3) Jack Renton        4) Max Evans
5 442 PITREAVIE AAC 2:02.33
   1) Tom Smith           2) Evan Wilson
   3) Logan Dunnett     4) Cameron Johnston
=====

```

## Heat 2 Heats

```

=====
1 434 GIFFNOCK NORTH AC 1:43.08Q
   1) Euan O Brien        2) Edward Joyce
   3) Felix Chan         4) Daniel Whyte
2 438 LARKHALL YMCA 1:43.17Q
   1) Dean Hill           2) Antony Cuthbert
   3) Kyle Weir          4) Dean Patterson
3 443 SHETTLESTON HARRIERS 1:44.41q
   1) Lucky Eduwu         2) Maynard Conteh
   3) Cormac Daly        4) Michael Conteh
4 439 LAW DAAC 1:48.16q
   1) Euan Blackwood     2) Owen Murphy
   3) Logan Whitton      4) Fraser Barr
5 441 PITREAVIE AAC 1:49.80
   1) Finlay Trotter     2) Harris Mackie
   3) Calum R Hall      4) Alex Mitchell
=====

```

**Event 14 Women 4x200 m Relay U17 Women****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

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=====
National: N 1:43.20 17/02/2019 Giffnock North AC, Giffnock Nor
                A Bell, K Foss, R Callan, C MacConnell
Club: C 1:43.20 17/02/2019 Giffnock North AC, Giffnock Nor
                A Bell, K Foss, R Callan, C MacConnell
CBP: B 1:43.20 17/02/2019 Giffnock North AC, Giffnock Nor
                A Bell, K Foss, R Callan, C MacConnell
2019: 1:43.20 17/02/2019 Giffnock North AC, Giffnock Nor
                A Bell, K Foss, R Callan, C MacConnell
=====

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Team Heats
=====

```

## Heat 1 Heats

```

1 497 PITREAVIE AAC 1:45.50Q
   1) Sophie Wallwork      2) Dani Mauchlen
   3) Abbie Chisholm       4) Rebecca Grieve
2 501 VP-GLASGOW AC 1:48.66q
   1) Catriona Scott       2) Beth Bushell
   3) Lara Storrie         4) Nicola Waite
3 488 CENTRAL AC 1:53.06
   1) Amy Cully            2) Lois Burch
   3) Amelie MacGregor    4) Megan Dunlop
4 493 GIFFNOCK NORTH AC 1:54.27
   1) Amy Greene           2) Ava Bruce
   3) Libby Young          4) Grace Robertson
5 502 WHITEMOSS AAC 1:55.56
   1) Alexandra Cathie     2) Renee Conneff
   3) Lily Scarlett Burns 4) Esther George

```

## Heat 2 Heats

```

1 492 GIFFNOCK NORTH AC 1:46.19Q
   1) Alyson Bell          2) Caroline MacConnell
   3) Brooke Moran         4) Ella McGregor
2 499 TEAM EAST LOTHIAN 1:49.90q
   1) Joanne Welch        2) Marcia Callander
   3) Lily Middleton      4) Grace Brennan
3 496 LIVINGSTON AC 1:51.15
   1) Kirsten Bowie       2) Erin Cameron
   3) Rachael Nanor       4) Ella Watson
4 498 PITREAVIE AAC 1:56.30
   1) Sophie Bath         2) Maya Millar
   3) Evina Kasapidis     4) Anya Morrison
5 489 CENTRAL AC 2:00.36
   1) Erin Miller         2) Olivia Darwin
   3) Shannon Glen        4) Ella Wilson

```

## Heat 3 Heats

```

1 500 VP-GLASGOW AC 1:44.86Q
   1) Katie Burr          2) Evie Greig
   3) Rachel Hewitson    4) Holly Kirkwood
2 491 EDINBURGH AC 1:48.46q
   1) Marissa Maclean     2) Lily Murchison
   3) Eilidh Macintyre   4) Katie Johnson
3 495 LAW DAAC 1:51.98
   1) Jade Gray          2) Rosie Watson
   3) Lucy McCormack     4) Sophie Evans
4 494 INVERCLYDE AC 1:57.53
   1) Catriona McPherson 2) Abi Hammerman
   3) Amelia Vance       4) Niamh McGarva
5 490 DUNFERMLINE TF AC 1:59.38
   1) Hayley Penman      2) Megan Turnbull
   3) Morgan Robertson  4) Maia Helm

```

**Event 15 Men 4x200 m Relay U17 Men**

**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

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=====
National: N 1:31.24 04/03/2017 Giffnock North AAC, Giffnock Nor
          J Connelly, K McLean, M Forbes, A Clayton
Club: C 1:31.24 04/03/2017 Giffnock North AAC, Giffnock Nor
          J Connelly, K McLean, M Forbes, A Clayton
CBP: B 1:31.24 04/03/2017 Giffnock North AAC, Giffnock Nor
          J Connelly, K McLean, M Forbes, A Clayton
2019: 1:32.06 17/02/2019 Giffnock North AC, Giffnock Nor
          M McHarg, R Veitch, R Nairne, F Waugh
  
```

Team Heats

Heat 1 Heats

```

=====
1 422 INVERCLYDE AC 1:36.62Q
   1) Simon Okiti 2) Edward Docherty
   3) Aidan McGarrigle 4) Lewis Hainey
2 420 GIFFNOCK NORTH AC 1:37.99Q
   1) Daniel Boyle 2) Jacob Luc
   3) Tom Stewart 4) Khaliq Kelani
3 429 VP-GLASGOW AC 1:38.24q
   1) George Harrand 2) Luke Johnston
   3) Jamie O'Connor 4) Adam Hannah
4 427 LIVINGSTON AC 1:38.94q
   1) Ryan Duncan 2) Rhys Ross
   3) Angus McDonald 4) Nathan Dowie
5 421 GIFFNOCK NORTH AC 1:43.47
   1) Tathagata Majumdar 2) Aidan Cunning
   3) Asier Alacuart 4) Ross Gourlay
  
```

Heat 2 Heats

```

=====
1 417 CUMBERNAULD AAC 1:38.61Q
   1) Calum Mackenzie 2) Reuben MacIntyre
   3) Andrew Carus 4) Adam Atkinson
2 424 KILMARNOCK H&AC 1:40.16Q
   1) Gavin Withers 2) Nathan Smith
   3) Lewis Tidy 4) Aidyn McMahon
3 426 LAW DAAC 1:41.25
   1) Cameron Martin 2) Donald Gilchrist
   3) Craig Cherrie 4) Oscar Logan
4 430 VP-GLASGOW AC 1:47.65
   1) Aidan McCaffrey 2) Jake Speirs
   3) Gregory Gontor 4) Sean Livingstone
-- 428 TEAM EAST LOTHIAN DNF
   1) Euan Grierson 2) Ethan Brown
   3) Gregory Hoggan 4) Rhys Black
  
```

**Event 18 Women 4x200 m Relay Senior Women**

```

=====
National: N 1:39.17 17/02/1990 SCOTLAND
                D Brown L Macdonald R Girvin G McIntyre
Club: C 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
CBP: B 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
2019: 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
    
```

Team Finals

Section 1 Finals

```

=====
1 474 EDINBURGH AC 1:42.29
    1) Emma Pedrana 2) Isla Innes
    3) Sarah Malone 4) Stacey Downie
2 475 GIFFNOCK NORTH AC 1:42.43
    1) Eve Denholm 2) Katie Foss
    3) Leah Keisler 4) Rachel Callan
3 482 VP-GLASGOW AC 1:44.87
    1) Robyn Taylor 2) Anna Cameron
    3) Ana Nadais 4) Chloe Lambert
4 487 PERTH STRATHTAY 1:45.79
    1) Emma Rutherford 2) Lucy Fraser
    3) Anna Wilkie 4) Lois Garland
5 479 PITREAVIE AAC 1:46.11
    1) Aislynn Crichton 2) Beth Aitken
    3) Sinead Steel 4) Lynn Harvey
6 477 KILMARNOCK H&AC 1:51.96
    1) Abbie Smith 2) Tiana Stevenson
    3) Emily O'Shea 4) Courtney Goodwin
    
```

**Event 19 Men 4x200 m Relay Senior Men**

```

=====
National: N 1:26.94 17/02/1990 SCOTLAND
              B Ashburn M Davidson G McMillan M McMahon
Club: C 1:27.96 17/02/2019 Strathclyde Uni
              F Angus, G Kelly, L Brown, A Schenini
CBP: B 1:29.30 2015 Pitreavie AAC
2019: 1:30.50 16/02/2019 Edinburgh AC, Edinburgh AC
              M Leslie, B Ajala, S Drummond, R Green
    
```

Team Finals

```

=====
1 405 GIFFNOCK NORTH AC 1:29.31
    1) Ross Veitch          2) Scott Murray
    3) Murray Fotheringham 4) Finlay Waugh
2 407 GREENOCK GLENPARK 1:30.36
    1) Scott Hannaway       2) Mark Holliman
    3) Scott McCluckie     4) Mark McLachlan
3 415 VP-GLASGOW AC 1:31.61
    1) Jack Guthrie         2) Kyle McAulay
    3) Niall MacLean       4) Jamie Stevenson
4 402 CUMBERNAULD AAC 1:31.89
    1) Lewis Brown          2) Gary McPake
    3) Jamie Tobin         4) Thomas O'Hear
5 414 TEAM EAST LOTHIAN 1:35.30
    1) Lewis Goodall        2) Cameron Steven
    3) James Fraser        4) Cameron Smith
6 411 LIVINGSTON AC 1:35.74
    1) Matthew Power        2) Richard Arthurs
    3) Fraser Morris       4) Lewis MacIver
    
```

**Event 20 Girls 4x200 m Relay U15 Girls****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

```

=====
National: N 1:46.21 16/03/2019 VP-Glasgow AC, VP-Glasgow A
              H Kirkwood, C Scott, J Hilditch, E Greig
Club: C 1:46.21 16/03/2019 VP-Glasgow AC, VP-Glasgow A
              H Kirkwood, C Scott, J Hilditch, E Greig
CBP: B 1:46.41 17/02/2019 VP-Glasgow AC, VP-Glasgow A
              J Hilditch, C Scott, H Kirkwood, E Greig
2019: 1:46.41 17/02/2019 VP-Glasgow AC, VP-Glasgow A
              J Hilditch, C Scott, H Kirkwood, E Greig
=====

```

```

Team Semis
=====

```

## Heat 1 Semi-Finals

```

1 511 GIFFNOCK NORTH AC 1:47.79Q
    1) Angelica Mayer      2) Eilidh Hunter
    3) Emily Watson        4) Erin Ramsay
2 521 PITREAVIE AAC 1:52.30q
    1) Kate Richardson     2) Aaliyah McCloud
    3) Erin Macfarlane     4) Mica McCloud
3 509 DUNFERMLINE TF AC 1:53.11q
    1) Darcie Black        2) Kirstin Penman
    3) Aaliyah Adebisi     4) Shayna Asamoah
4 513 HAMILTON DAC 1:56.84
    1) Eva Burns           2) Orla Brown
    3) Hannah Kulke        4) Tiana Greenshields
5 527 TEAM EAST LOTHIAN 1:57.20
    1) Maja Thomson        2) Cristina Elliot
    3) Gemma Walkingshaw  4) Stella McGregor
6 507 CENTRAL AC 2:00.19
    1) Hannah Tams         2) Brogan McMillan
    3) Jessica Hanson     4) Danielle Abel

```

## Heat 2 Semi-Finals

```

1 528 VP-GLASGOW AC 1:50.93Q
    1) Lucy Carr           2) Zoe Douglas
    3) Sarah Bonad        4) Jenna Hilditch
2 504 AIRDRIE HARRIERS 1:56.20
    1) Sophie McInnes     2) Carisann McCulloch
    3) Jessica C Graham   4) Grace Wilson
3 519 LIVINGSTON AC 1:57.40
    1) Mia Sokoluk        2) Kirsten Morris
    3) Amy Taylor         4) Maia Campbell
4 512 GIFFNOCK NORTH AC 1:59.15
    1) Sophie Ferguson    2) Josie Reilly
    3) Catriona Bentley   4) Eilidh Veitch
5 530 WHITEMOSS AAC 2:01.65
    1) Kayla McLuskey     2) Eva McAlpine
    3) Matilda Frew      4) Olivia Boyle

```

## Heat 3 Semi-Finals

```

1 506 AYR SEAFORTH AC 1:51.31Q
    1) Grace Dunlop       2) Emma McMillan
    3) Libby White        4) Lucy Moynihan
2 510 EDINBURGH AC 1:51.98q
    1) Sophie Holmes     2) Emily Morris
    3) Sarah Burns       4) Anna Widdowson
3 529 VP-GLASGOW AC 1:59.28
    1) Erin Downie       2) Ruth Walsh
    3) Isabelle Mckenzie 4) Eve Crawford
4 522 PITREAVIE AAC 1:59.52
    1) Cecile Joiner     2) Jaime-Lee Adie
    3) Lily Simon        4) Olivia Knowles
5 526 STRATHEARN HARRIERS 2:00.70
    1) Kerri Paton       2) Lilly Maher
    3) Anna MacDonald    4) Molly Maher
6 514 HAMILTON DAC 2:04.95
    1) Lauren Kane       2) Molly O'Donnell
    3) Melissa Govan     4) Neve Elliott

```

**Event 23 Girls 4x200 m Relay U13 Girls****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

```

=====
National: N 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith MR Cairns L Sturgeon
Club: C 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith M R Cairns L Sturgeon
CBP: B 1:53.66 13/02/2016 Giffnock North AAC, Giffnock Nor
2019: 1:55.89 17/02/2019 Giffnock North AC, Giffnock Nor
                E MCKAY, M MCKENZIE, S FERGUSON, E WILLIAMS
=====

```

```

Team Semis
=====

```

## Heat 1 Semi-Finals

```

1 539 GIFFNOCK NORTH AC 1:54.61Q
   1) Emily Williams      2) Madeleine Mackenzie
   3) Caitlin McGeachy    4) Helen Adakomola
2 545 KILBARCHAN AAC 2:01.76q
   1) Molly-Rose McLoughlin 2) Emily Clark
   3) Gabriella Whyte      4) Eva Carvil
3 557 VP-GLASGOW AC 2:05.72
   1) Rebecca MccAffrey    2) Jessica Donnelly
   3) Beth Campbell        4) Aleshia O'Connor
4 561 WHITEMOSS AAC 2:08.32
   1) Mollie Quinn          2) Emma Whittle
   3) Tallulah Frew        4) Alex Mail
5 533 AIRDRIE HARRIERS 2:14.09
   1) Lucy Cave             2) Millie Gairn
   3) Lucille King         4) Murrlyn Burns
6 558 VP-GLASGOW AC 2:17.34
   1) Anna Kelly            2) Isla Donnelly
   3) Aryn Brown           4) Rachael Watt

```

## Heat 2 Semi-Finals

```

1 538 EDINBURGH AC 1:56.10Q
   1) Marianna Maclean     2) Katie Reid
   3) Charlotte Smart      4) Jedidah Ajala
2 550 LIVINGSTON AC 2:03.40q
   1) Kishi Aremu          2) Enam Evong
   3) Kirsty Crawshaw     4) Alannah Snowden
3 532 AIRDRIE HARRIERS 2:03.62q
   1) Amy Davies            2) Amy Wilton
   3) Emma Hamilton        4) Amy Cave
4 534 AYR SEAFORTH AC 2:06.53
   1) Reese Devine         2) Leya Gardiner
   3) Lemoni Allan-McLaughlin 4) Emma Ablett
5 549 LAW DAAC 2:08.52
   1) Neve Murray          2) Sophie Nelson
   3) Anna Bondar          4) Tehillah Ikechukwu Okonkwo
6 554 SPRINGBURN HARRIERS 2:09.37
   1) Jessica Thomson      2) Skye Smith
   3) Millie Newall        4) Emilia Murray

```

**Event 23 Girls 4x200 m Relay U13 Girls****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

```

=====
National: N 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith MR Cairns L Sturgeon
Club: C 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith M R Cairns L Sturgeon
CBP: B 1:53.66 13/02/2016 Giffnock North AAC, Giffnock Nor
2019: 1:55.89 17/02/2019 Giffnock North AC, Giffnock Nor
                E MCKAY, M MCKENZIE, S FERGUSON, E WILLIAMS
=====

```

```

Team Semis
=====

```

## Heat 3 Semi-Finals

```

1 540 GIFFNOCK NORTH AC 1:59.24Q
    1) Leilani Spelman-Ikediashi      2) Isla Ross
    3) Sarah McNulty                  4) Hannah Turnbull
2 541 GIFFNOCK NORTH AC 2:04.47
    1) Maisie Ling                    2) Poppy Ballantyne
    3) Ahrra Donaldson                4) Hannah Brown
3 551 PITREAVIE AAC 2:06.25
    1) Hannah Gray                    2) Abbie Freck
    3) Jenna Young                    4) Christy Cameron
4 542 GREENOCK GLENPARK 2:16.80
    1) Maria McCabe                    2) Sophie McGinty
    3) Erin McEleny                   4) Summer Taggart
5 559 VP-GLASGOW AC 2:21.23
    1) Eva Getty                       2) Calah Rowley
    3) Anna Clark                     4) Jan Doyle
-- 536 DUNFERMLINE TF AC DQ 170.1
    1) Milly McKenzie                 2) Eva Gasowska
    3) Sophie Thomas                  4) Sarah Kane

```



**Event 24 Boys 4x200 m Relay U13 Boys**

**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

```

=====
National: N 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
Club: C 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
CBP: B 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby
2019: 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby
Team                                                    Semis
=====

```

Heat 1 Semi-Finals

```

1 467 VP-GLASGOW AC 1:56.12Q
    1) Magnus Bryce          2) Ollie Petrie
    3) James Clark           4) Andrew Bain
2 451 GIFFNOCK NORTH AC 1:57.45Q
    1) Lewis Davidson        2) Oliver Bryers
    3) Aaron Reid            4) Alfie Bradley
3 460 MUSSELBURGH DAC 2:00.92q
    1) Jonny Taylor          2) Max Rickis
    3) Filip Skorb           4) Jake Nicol
4 454 KILBARCHAN AAC 2:05.37
    1) Max O'Neill           2) Arron Gillies
    3) Lucas Lever           4) Daniel Bruce
5 472 WHITEMOSS AAC 2:07.73
    1) Jack Burns            2) Reece Ayvin
    3) Nathan Hutcheson     4) Stephen Onwubiko
6 448 DUNFERMLINE TF AC 2:08.91
    1) Zack Alexander        2) Angus Marshall
    3) Caleb Munro           4) Charlie Potter

```

Heat 2 Semi-Finals

```

1 450 GIFFNOCK NORTH AC 1:58.60Q
    1) Martin Rolfe          2) Robert Kiltie
    3) Euan Armstrong        4) Zander Summerhill
2 456 KILMARNOCK H&AC 2:02.34Q
    1) Adam Gold             2) Ross Mitchell
    3) Cameron McGarey       4) Rhian Mitchell
3 453 INVERCLYDE AC 2:02.98q
    1) Ben Gerrard           2) Aaron Harkins
    3) Ashton Fulton        4) Freddie McFeate
4 464 SHETTLESTON HARRIERS 2:03.20
    1) Ashtin Coutts        2) Matthew Fox
    3) Conor Daly            4) Callum Thomson
5 563 GIFFNOCK NORTH AC 2:05.97
    1) Aaron Muir            2) Jacob Stuffins
    3) Rishon Xavier         4) Abraham Al Ani
6 459 LIVINGSTON AC 2:08.62
    1) Alex Thomson          2) Archie Hendry
    3) Ryan Henderson        4) Jonathan Mitchell

```