The Scottish Schools' Athletic Association

Rotary International SSAA Indoor Track and Field Championships Under UKA Rules / Scottish Athletics permitted Emirates Arena, London Rd. Glasgow G40 3HY Wednesday 5th and Thursday 6th February 2020

1 <u>AGE GROUPS/ EVENTS</u>

Under 16: on or after 01.09.2004 Over 16: on or before 31.08 2004 60 m Hurdles; 60m; 200m; 300m/400m; 800m; 1500m; High Jump; Long Jump; Triple Jump [O/16 only]; Shot Put; Pole Vault.

Entry Standards are available on the last two pages of this email. Please ensure that only athletes who have achieved these standards are entered.

2 ENTRY CONDITIONS

All entries must be made on-line. Details attached.

Schools should contact Ron Hunter only by e-mail [ssaa-event@online-entries.co.uk] in the event their entry has not been acknowledged within 2 days of submission.

When confirmation of entry has been received, it MUST be confirmed as requested. Each school may enter 2 competitors per event.

Pupils may compete in a maximum of 3 events over the 2 days of competition, but no more than 2 in a day.

3 ENTRY RESTRICTIONS & SPECIFICATIONS

In accordance with UKA Rule 141 S2[iv]' no athlete under 13 on 01.09. 2020 is allowed to compete in any race at 300m and 400m, nor in more than one race between 600m and one mile <u>inclusive</u> on the same day.'

For this event that means that under 13 athletes can only be entered in: 60m, 60m Hdls, 200m and field events.

Close attention should be given to the entry standards, as it is unlikely that pupils in S1 will have reached the required qualifying standard.

All other pupils may only compete in **one** of the following events on the day: 300m; 400m; 800m.

Should there be a large number of entries in the 800m and 1500m there could be an A & B final rather than semi-finals. Please listen to announcements on the day.

Shot Put Specifications:O/16 Boys - 5kgU/16 Boys - 4kgO16 Girls - 3kgU/16 Girls - 3kgLong Jump & Shot Put:Competitors will be expected to achieve the entry standard.

Triple Jump: Take of boards: O/16 Girls 7m & 9m: O/16 Boys 9m & 11m.

Hurdle Specifications:O/16 Boys – Height 91.4cms, spacing as for 100m.
O/16 Girls – Height 76.2cms, spacing as for 80m
U/16 Boys – Height 84cms, spacing as for 80m
U/16 Girls – Height 76.2cms, spacing as for 75m

On Thursday straight sprints will take place at the same time as circular track events.

4 <u>ENTRY FEES</u>

Entry fees are $\pounds 8$ per competitor per event. The event entry cost is an ENTRY FEE and must be paid for each athlete entered, whether they compete or not. There is a payment form attached. Cheques should be made payable to:

'The Scottish Schools' Athletics Association' or 'SSAA' Cheques should be sent to; Mr A W Robertson

Schools may also pay via BACS to: SSAA: Sort Code: 30-25-83: Acc No: 00422248. N.B. Schools will receive an Invoice which will be sent along with the payment form.

5 <u>AFFILIATIONS</u>

Schools should ensure that the affiliation fee of £75 has been paid. It was due on 1st October 2019. Affiliation fees should be sent to Mr A W Robertson, Treasurer. Failure to affiliate could result in an entry being refused. Payment details are as in Paragraph 4.

6 PHOTOGRAPHS & MEDIA COVERAGE

Schools must ensure that they have parental permission for photographs to be taken and to be published in the local press. Rotary International will be present and taking photographs which can be accessed via a facility on the SSAA web page.

If there are children who do not have parental permission, then it is the responsibility of the person in charge of the children on the day as to whether they are included in any photograph taken.

Anyone taking photographs at the event should complete the Emirates Arena Indemnity Form available from Declarations on the day. Please return completed forms to Declarations

The SSAA cannot be held responsible for photographs taken and printed without permission.

7 <u>CLOSING DATE</u>

The closing date for entries is Friday 17th January 2020

No entries will be considered after the online system closes. Only corrections will be accepted.

Athletes must not be sent to the Emirates Arena unaccompanied.

The name of the accompanying adult/teacher/parent/coach **must** be entered on the payment form. This person should be available to officiate in some capacity. Duties will be listed in the programme and some may be allocated on the day. Please check programme and listen to all announcements.

8 <u>FINAL CHECK LIST</u>

Please ensure that the information entered on behalf of your athletes is accurate in all the following areas.

Correct Events entered Personal Bests. Please check in relation to entry standards. Date of Birth Entry Restrictions and Specifications [Paragraph 3]

Full instructions for on-line entry are attached along with, payment form and entry standards.

If an entry has not been acknowledged within 2 days of submission please contact Ron Hunter (ssaa-event@online-entries.co.uk) and only by email.

Fraser Weir, Carey Pegrum and Frances J Fegan Convenors

The Scottish Schools' Athletic Association

Entry Standards for Indoor Championships [Reviewed 2019]

When making your entry, please pay particular attention to the younger athletes in both age groups and ensure that they have met the required qualification.

UNDER 16 GIRLS		OVER 16 GIRLS
60m Hdls	10.30 [75mH- 13.00]	10.00 [80mH-13.80]
60m	8.65 [100m-14.00]	8.50 [100m-13.80]
200m	28.30	27.50
300m	47.00	46.50
800m	2.35.00	2.30.00
1500m	5.30.00	5.10.00
High Jump [Starting He	1m.35 ight 1m30]	1m.45 [Starting Height 1m.35]
Long Jump	4m.70	4m.80
Triple Jump		8m50
Shot	7m.50	8m.50
Pole Vault [Starting He	2m.20 ight 2m]	2m.40 [Starting Height 2m.20]

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UNDER 16 BOYS		OVER 16 BOYS
60m Hdls 1	.0.00 [80mH-14.00]	9.60 [100mH-15.60]
60m	7.90 [100m-13.10]	7.65 [100m-12.60]
200m	26.30	25.00
300m	39.50	
400m		56.00
800m	2.25.00	2.15.00
1500m	4.50.00	4.35.00
High Jump [Starting H e	1m.50 eight 1m.40]	1m.65 [Starting Height 1m.60]
Triple Jump		11m
Long Jump	5m	5m40
Shot	9m.50	10m
Pole Vault [Starting H e	2m.30 eight 2m.20]	2m.80 [Starting Height 2m.60]