

**Friday 21st August Event 1 Girls 70 m H U13**

Name	Year Team	Finals
Heat 1 Wind: -0.3		
1 Ava Mitchell	Vp-Glasgow AC	12.3
2 Aleshia O'Connor	Vp-Glasgow AC	12.5
3 Kaelyn Scott	Unattached	13.3

**Friday 21st August Event 2 Boys 75 m H U13**

Name	Year Team	Finals
Heat 1 Wind: -1.0		
1 Luc Macleod	Banchory Sto	13.0
2 Donald Ross	Musselburgh	14.4

**Friday 21st August Event 3 Girls 75 m H U15**

Name	Year Team	Finals
Heat 1 Wind: -0.1		
1 Jenna Hilditch	Vp-Glasgow AC	12.0
2 Stroma Fraser	Inverness Ha	12.5
3 Lucy Carr	Vp-Glasgow AC	12.6
4 Zoe Loughrey	Vp-Glasgow AC	13.2
Heat 2 Wind: -1.7		
1 Emily Watson	Giffnock North AC	12.6
2 Darcie Black	Dunfermline	12.8
2 Rosie Meyer	Banchory Sto	12.8

**Friday 21st August Event 4 Mixed 80 m H + U15B U17**

Name	Year Team	Finals
Heat 1 Wind: -1.0		
1 Coirilidh Cook	W Central AC	12.7
2 Catriona Scott	W Vp-Glasgow AC	12.8
3 Rachel Hewitson	W Vp-Glasgow AC	12.9
Heat 2 Wind: -1.4		
1 Daniel Martin U15B	M Giffnock North AC	12.1
2 Amy Kennedy	W Cumbernauld Aac	13.0
3 Ella Creamer	W Banchory Sto	13.1
4 Abbey Orr	W Vp-Glasgow AC	13.6
-- Lexy Kenhard	W Helensburgh Aac	DNF

**Friday 21st August Event 6 Women 100 m H U20/SW**

Name	Year Team	Finals
Heat 1 Wind: -0.6		
1 Holly McArthur	Edinburgh AC	14.4
2 Nicole Proudfoot	Annan and Di	14.7
3 Elena Clark U18	Lasswade AC	16.7
-- Briagha Cook	Central AC	DNF

**Friday 21st August Event 7 Men 100 m H U17**

Name	Year Team	Finals
Heat 1 Wind: 0.4		
1 Ross Morgan	Vp-Glasgow AC	13.4
2 William Hodi	Nairn Area Aac	14.6

**Friday 21st August Event 8 Men 110 m H U20**

Name	Year Team	Finals
1 Murray Fotheringham	Giffnock North AC	15.1
2 Adam Hoole	Team East Lothian	15.2

**Friday 21st August Event 9 Men 110 m H SEN**

Name	Year Team	Finals
Heat 1 Wind: +0.0		
1 Scott Connal	Kilbarchan Aac	15.2
2 Carson Graham M40	Shettleston	17.8
-- Andrew Murphy	Kilbarchan Aac	DNF

**Friday 21st August Event 10 Mixed 400 m H SEN**

Name	Year Team	Finals
Heat 1		
1 Connor Henderson	M Kilbarchan Aac	55.1
2 Michael Cairns	M Kilbarchan Aac	56.3
3 Peter Scott	M Fife AC	59.2
4 Emily Craig SW	W Edinburgh AC	62.8

**Saturday 22nd August Event 12 Mixed 800 m Band A**

Name	Year Team	Finals
1 Greg Loudon	M Lasswade AC	1:58.7
2 Peter Bradshaw	M Inverclyde AC	2:01.5
3 Callum McCormack	M Dundee Hawk	2:05.3
Heat 2		
1 Andrew McGill	M Livingston AC	2:01.2
2 Jacob Luc	M Giffnock North AC	2:07.8
Heat 3		
1 Kristofer Hernandez	M Dundee Hawk	1:59.7
2 Harris Paterson	M Giffnock North AC	2:02.0
3 Oscar Logan	M Law & District Aac	2:03.0

**Saturday 22nd August Event 13 Mixed 800 m Band B**

Name	Year Team	Finals
Heat 1		
1 Lewis Hainey	M Inverclyde AC	2:04.4
2 Ruairidh Campbell	M Tweed Leader	2:11.7
Heat 2		
1 Callan Hogarth	M Falkirk Vict	2:04.9
2 Mark MacDermot	M Edinburgh AC	2:09.4
3 Connor Bell	M Central AC	2:09.8
Heat 3		
1 Jamie Phillips	M Kilmarnock H&Ac	2:04.7
2 Lachlan Buchanan	M Inverness Ha	2:05.2
3 Jordan Phillips	M Kilmarnock H&Ac	2:05.5

**Saturday 22nd August Event 14 Mixed 800 m Band C**

Name	Year Team	Finals
Heat 1		
1 Cameron Deverill	M Giffnock North AC	2:03.8
2 Caleb McLeod	M Pitreavie Aac	2:09.3
3 Ruairidh MacLean	M Giffnock North AC	2:09.6
Heat 2		
1 Katy Brown	W Giffnock North AC	2:12.2
2 Dean Hill	M Larkhall Ymc	2:13.0
3 Fraser Armstrong	M Bellahouston	2:15.3
Heat 3		
1 Alastair Scott	M Lasswade AC	2:10.9
2 Sarah Coutts	W Fife AC	2:18.7
3 Calum Charters	M East Kilbride AC	2:20.7

**Saturday 22nd August Event 15 Mixed 800 m Band D**

Name	Year Team	Finals
Heat 1		
1 Katie Johnson	W Edinburgh AC	2:14.9
2 Daniel Lowe	M Shettleston	2:15.4
3 Donald Maclean	M Giffnock North AC	2:20.9
Heat 3		
1 Sam Grivell	M Central AC	2:13.8
2 Calum Oates	M Shettleston	2:15.0
3 James MacLeod	M Garscube Harriers	2:17.2

**Saturday 22nd August Event 16 Mixed 800 m Band E**

Name	Year Team	Finals
Heat 1		
1 Calum Ferguson	M Bellahouston	2:20.9
2 Emily Strathdee	W Bristol & West AC	2:27.3
Heat 2		
1 Matthew Stewart	M Glasgow Scho	2:23.2
2 Angus Wright	M Team East Lothian	2:25.0
3 Zoe Flower	W Giffnock North AC	2:26.0
Heat 3		
1 Hannah Ryding	W Giffnock North AC	2:21.5
2 Kieran Fulton	M Moorfoot Runners	2:24.9
3 Flora Henry	W Team East Lothian	2:29.4

**Saturday 22nd August Event 17 Mixed 800 m Band F**

Name	Year Team	Finals
Heat 1		
1 Craig Cherrie	M Law & District Aac	2:18.7
2 Max Mccafferty	M Cumbernauld Aac	2:22.1
3 Carly Smith	W Livingston AC	2:24.0
Heat 2		
1 Ruairidh Williams	M Corstorphine Aac	2:21.3
2 Charlie Frew	W Giffnock North AC	2:26.7
3 Gavin Taitt	M Tweed Leader	2:35.8
Heat 3		
1 Olivia Clarke	W Corstorphine Aac	2:25.0
2 Erin Macfarlane	W Pitreavie Aac	2:27.6
3 Isla Scott	W Giffnock North AC	2:31.8

**Saturday 22nd August Event 18 Mixed 800 m Band G**

Name	Year Team	Finals
Heat 1		
1 Stroma Fraser	W Inverness Ha	2:31.2
2 Caitlyn Christie	W Falkirk Vict	2:31.8
3 Aaron Glendinning	M Gala Harriers	2:39.2
Heat 2		
1 Allen Marr	M PH Racing Club	2:31.3
2 Katy Donnelly	W Giffnock North AC	2:34.5
3 Emma Brus	W Tweed Leader	2:34.6
Heat 3		
1 Sophie McCallum	W Ayr Seaforth AC	2:32.4
2 Beth Collins	W Dundee Hawk	2:33.5

**Saturday 22nd August Event 19 Mixed 800 m Band H**

Name	Year Team	Finals
Heat 1		
1 Cameron Kerr	M Central AC	2:16.1
2 Kirsty Wylie	W Giffnock North AC	2:32.9
3 Erin Hendry	W Falkirk Vict	2:38.2
Heat 2		
1 Abbi MacLeod	W Falkirk Vict	2:26.2
2 Holly Ovens	W Fife AC	2:33.2
3 Fiona Currie	W Law & District Aac	2:44.8
Heat 3		
1 Matthew Cox	M Giffnock North AC	2:17.1
2 Shania King	W Dundee Hawk	2:35.1
3 Charlotte MacPhie	W Harmeny AC	2:40.6

**Saturday 22nd August Event 20 Mixed 800 m Band I**

Name	Year Team	Finals
Heat 1		
1 Ryan Kellock	M Law & District Aac	2:38.3
2 Elena Lee	W Moorfoot Runners	2:44.3
3 Daniel Smith	M Vp-Glasgow AC	2:48.4
Heat 2		
1 Jessica Needs	W Peterhead AC	2:54.8
2 Henry Crossley	M Central AC	3:16.4
Heat 3		
1 Andrew Thomson	M PH Racing Club	2:16.1
2 Daniel Scroop	M Garscube Harriers	2:20.3
3 Scott Love	M PH Racing Club	2:28.0

**Saturday 22nd August Event 23 Men 400 m Band A**

Name	Year Team	Finals
Heat 1		
1 Krishawn Aiken	Kilbarchan Aac	49.50
2 Mark Holliman	North Ayrshire Aac	49.78
3 Connor Henderson	Kilbarchan Aac	51.19
Heat 2		
1 Steven Perrie-Clyde	Pitreavie Aac	50.58
2 Declan Brennan	Pitreavie Aac	50.78
3 Aaron Reid	Falkirk Vict	52.31

**Saturday 22nd August Event 24 Mixed 60 m Band A**

Name	Year Team	Finals
Heat 1 Wind: 0.7		
1 Jamie Stevenson	M Vp-Glasgow AC	7.24
2 Adam Hoole	M Team East Lothian	7.53
Heat 2 Wind: 3.7		
1 Finlay Waugh	M Giffnock North AC	7.21
2 Matthew Cliff	M Kilbarchan Aac	7.24
3 Alex Connell	M Kilbarchan Aac	7.30
Heat 3 Wind: 3.1		
1 Reuben Nairne	M Giffnock North AC	7.25
2 Max Leslie	M Edinburgh AC	7.26
3 Stephen Johnston	M Kilbarchan Aac	7.41

**Saturday 22nd August Event 25 Mixed 60 m Band B**

Name	Year Team	Finals
Heat 1 Wind: 1.8		
1 Rory Voss	M Dunfermline	7.32
2 Dean Patterson	M Glasgow Scho	7.39
3 Geordan Davis	M Glasgow Scho	7.40
Heat 2 Wind: 2.6		
1 Bailey Gallagher	M Airdrie Harriers	7.43
2 Euan Cunningham	M Falkirk Vict	7.53
Heat 3 Wind: 2.3		
1 Ethan Schulenburg-Calver	M Unattached	7.60
1 Lewis Tidy	M Kilmarnock H&Ac	7.60

**Saturday 22nd August Event 26 Mixed 60 m Band C**

Name	Year Team	Finals
Heat 1 Wind: 3.0		
1 Mateo Hughes	M Edinburgh AC	7.71
2 Alyson Bell	W Giffnock North AC	7.75
3 Jenna Wrisberg	W Giffnock North AC	7.80
Heat 2 Wind: 0.9		
1 Roy Obaisiwa	M Kilbarchan Aac	7.60
2 Reuben MacIntyre	M Cumbernauld Aac	7.67
3 Sarah Malone	W Edinburgh AC	8.03
Heat 3 Wind: 2.4		
1 Cameron Forbes	M Edinburgh AC	7.81
2 Andrea Goodman	W Dundee Hawk	7.91
3 Lois Garland	W Perth Strath	8.05

**Saturday 22nd August Event 27 Mixed 60 m Band D**

Name	Year Team	Finals
Heat 1 Wind: 0.1		
1 Lewis Scott	M Perth Strath	7.94
2 Emma O'Hara	W Giffnock North AC	8.36
Heat 2 Wind: 1.9		
1 Rebecca Grieve	W Pitreavie Aac	7.85
2 Cameron Martin	M Law & District Aac	7.97
Heat 3 Wind: 2.3		
1 Filip Kubicki	M Gala Harriers	7.95
2 Keith Kong	M Lasswade AC	8.00

**Saturday 22nd August Event 28 Mixed 60 m Band E**

Name	Year Team	Finals
Heat 1 Wind: 0.3		
1 Ally Mitchell	M Kilmarnock H&Ac	7.97
2 Eve Denholm	W Giffnock North AC	8.35
3 Gary Leek	M Edinburgh AC	8.73
Heat 2 Wind: 1.2		
1 Lyle Hunter	M Central AC	7.87
2 Tamsin Fowlie	W Aberdeen Aac	8.19
Heat 3 Wind: 1.1		
1 Jamie O'Connor	M Vp-Glasgow AC	8.18
2 Evie Greig	W Vp-Glasgow AC	8.34

**Saturday 22nd August Event 29 Mixed 60 m Band F**

Name	Year Team	Finals
Heat 1 Wind: 2.8		
1 Jake Mitchell	M Annan and Di	7.96
2 Katherine Fowler	W Central AC	8.08
3 Charlie Farndon	M Strathearn Harriers	8.25
Heat 3 Wind: 0.2		
1 Euan O'Brien	M Giffnock North AC	7.94
2 Elena Clark U18	W Lasswade AC	8.07
3 Madison Murdoch	W Glasgow Scho	8.41

**Saturday 22nd August Event 30 Mixed 60 m Band G**

Name	Year Team	Finals
Heat 1 Wind: 3.3		
1 Logan Mitchell	M Kilmarnock H&Ac	7.98
2 Kirsten Bowie	W Livingston AC	8.40
3 Sophie Evans	W Law & District Aac	8.50
Heat 2 Wind: 4.0		
1 Alex Waugh	M Giffnock North AC	8.14
2 Eve Garry	W Perth Strath	8.16
3 Owen Murphy	M Law & District Aac	8.25
Heat 3 Wind: 2.9		
1 Ella Watson	W Livingston AC	8.26
2 Martin Williams	M Corstorphine Aac	8.43

**Saturday 22nd August Event 31 Mixed 60 m Band H**

Name	Year Team	Finals
Heat 2 Wind: -0.7		
1 Holly Gordon	W Pitreavie Aac	8.60
2 Jessie Caig	W Vp-Glasgow AC	8.70
3 Zoe Mitchell	W Annan and Di	9.00
4 Joanne Welch	W Team East Lothian	9.30
Heat 3 Wind: 2.2		
1 Blair McAuley	M Larkhall Ymc	8.25
2 Imogen Lewis	W Lasswade AC	8.43
3 Oluwanifemi Ola	W Springburn Harriers	8.77

**Saturday 22nd August Event 32 Mixed 60 m Band I**

Name	Year Team	Finals
Heat 1 Wind: 1.9		
1 Emma Clark	W Larkhall Ymc	8.33
2 Graeme Breslin	M Corstorphine Aac	8.60
3 Jade Gray	W Law & District Aac	8.69
Heat 2 Wind: 2.5		
1 Rosie Watson	W Law & District Aac	8.50
2 Luc Macleod	M Banchory Sto	8.72
3 Megan Cummings	W Musselburgh	8.76
Heat 3 Wind: 2.0		
1 Lucy Carr	W Vp-Glasgow AC	8.56
2 Emily Guest	W Falkirk Vict	8.75

**Saturday 22nd August Event 33 Mixed 60 m Band J**

Name	Year Team	Finals
Heat 1 Wind: 2.8		
1 Eilidh Hunter	W Giffnock North AC	8.58
2 Hannah Begg	W Moorfoot Runners	8.65
3 Alex Columbine-Green	M Harmeny AC	9.12
Heat 2 Wind: 2.7		
1 Emily Watson	W Giffnock North AC	8.65
2 Aleshia O'Connor	W Vp-Glasgow AC	8.92
3 Phoebe Kong	W Lasswade AC	8.99
Heat 3 Wind: 3.2		
1 Taylor Fitchet	W Dundee Hawkh	8.75
2 Olivia Faith Muir	W Harmeny AC	8.84
3 Connie Sanderson	W Edinburgh AC	9.06

**Saturday 22nd August Event 34 Mixed 60 m Band K**

Name	Year Team	Finals
Heat 1 Wind: -0.1		
1 Maria Lyle T35	W Team East Lothian	9.04
2 Hannah Todd	W Law & District Aac	9.23
3 Sophie Morgan	W Central AC	9.27
Heat 2 Wind: 2.1		
1 Jack Renton	M Team East Lothian	8.89
2 Emma Ablett	W Ayr Seaforth AC	9.33
Heat 3 Wind: 1.8		
1 Rebecca McCaffrey	W Vp-Glasgow AC	8.95
2 Elaine Forbes	W Edinburgh AC	9.13
3 Ava Mitchell	W Vp-Glasgow AC	9.22

**Saturday 22nd August Event 35 Mixed 60 m Band L**

Name	Year Team	Finals
Heat 1 Wind: 2.4		
1 Fiona Jordan	W Clydesdale Harriers	9.20
2 Layla Magee	W Team East Lothian	9.27
3 Sam Renton	M Haddington RC	9.42
Heat 2 Wind: 1.8		
1 Cameron McGarey	M Kilmarnock H&Ac	9.18
2 Rhian Mitchell	M Kilmarnock H&Ac	9.99
Heat 3 Wind: 2.7		
1 Kaelyn Scott	W Unattached	9.04
2 Deborah Roe	W Springburn Harriers	9.69
3 Iris Ryan	W Perth Strath	9.70
4 Gemma Welsh	W Springburn Harriers	9.98

**Saturday 22nd August Event 36 Mixed 60 m Band M**

Name	Year Team	Finals
Heat 1 Wind: 1.6		
1 Andrew Coutts	M East Kilbride AC	7.44
2 Josh Hodgson	M Fife AC	7.54
3 Drew Yeoman	M Kilbarchan Aac	7.58
4 Cameron Thores	M Corstorphine Aac	8.00

**Saturday 22nd August Event 39 Mixed Long Jump Band B**

Name	Year Team	Finals	Wind
Pool 1			
1 Callum Newton	M Dunfermline	5.50m	-0.5
		4.87m(-0.4) 5.06m(-0.2) 5.11m(-0.1) 5.50m(-0.5)	
2 Jonathan Cameron	M Inverclyde AC	5.34m	-0.2
		4.94m(-0.2) 5.30m(+0.0) 5.34m(-0.2) 5.31m(0.1)	
3 Paige Stevens	W Falkirk Vict	5.09m	0.7
		4.97m(-0.4) 5.09m(0.7) 5.09m(1.2) 5.04m(+0.0)	
4 Darcie Black	W Dunfermline	4.97m	0.6
		4.83m(+0.0) 4.76m(0.4) 4.97m(0.6) 4.83m(0.8)	
5 Kate Harvie	W Lasswade AC	4.77m	0.2
		FOUL(-0.5) 4.77m(0.2) 4.73m(-1.3) 4.70m(0.1)	
6 Kaitlyn Clark	W Larkhall Ymc	4.42m	0.6
		4.42m(0.6) 4.34m(1.0) 4.41m(1.0) 4.38m(-0.5)	
7 Moray Butler	M Livingston AC	4.37m	+0.0
		FOUL(-0.1) 4.31m(-1.4) 4.33m(-0.7) 4.37m(+0.0)	
8 Victoria Anestik	W Falkirk Vict	4.23m	-0.7
		FOUL(0.4) FOUL(-1.0) 4.23m(-0.7) FOUL(0.6)	
9 Logan Dunnett	M Pitreavie Aac	4.13m	-0.8
		FOUL(-0.4) 4.13m(-0.8) FOUL(-0.6) 4.13m(0.4)	
10 Erin Mcauley	W Larkhall Ymc	3.75m	-0.2
		FOUL(-2.2) 3.69m(1.2) 3.64m(+0.0) 3.75m(-0.2)	
11 Lucy McLean	W Banchory Sto	3.67m	1.0
		3.61m(+0.0) 3.51m(+0.0) 3.43m(1.2) 3.67m(1.0)	



**Saturday 22nd August Event 40 Mixed Shot Put Band B**

Name	Year Team	Finals
1 Murray Fotheringham	M Giffnock North AC	10.74m
	10.74m 10.46m 10.35m 10.27m	
2 Shannon Gough	W Law & District Aac	10.53m
	10.14m 10.53m 9.25m FOUL	
3 William Hodi	M Nairn Area Aac	10.19m
	9.34m 9.74m 10.19m FOUL	
4 Lucy McCormack	W Law & District Aac	9.44m
	9.44m 8.89m 8.99m 8.87m	
5 Claire Cameron	W Vp-Glasgow AC	9.34m
	9.00m 9.34m 8.54m 8.79m	
6 Anna Forbes	W Vp-Glasgow AC	9.25m
	9.25m 8.80m FOUL 9.17m	
7 William Bailey	M Motherwell AC	8.40m
	8.28m 8.40m 8.14m 7.90m	
8 Zoe Loughrey	W Vp-Glasgow AC	8.19m
	8.10m 7.45m 7.25m 8.19m	
9 Brooke Dunlop	W Kilmarnock H&Ac	7.78m
	7.40m 7.46m 7.21m 7.78m	
10 Rosie Meyer	W Banchory Sto	7.77m
	6.86m 7.09m 7.03m 7.77m	
11 Freya Howgate F37	W Perth Strath	7.71m
	7.71m 7.66m 7.30m 7.71m	

**Saturday 22nd August Event 41 Mixed Long Jump Band A**

Name	Year Team	Finals	Wind
1 Callum Newby	M Edinburgh AC	6.93m	2.0
	6.93m(2.0) 6.68m(1.2) 6.54m(-0.7) FOUL(1.4)		
2 Euan Urquhart	M Vp-Glasgow AC	6.61m	1.3
	6.48m(1.5) 6.50m(0.1) 6.61m(1.3) 6.10m(2.4)		
3 Robbie Farquhar	M Aberdeen Aac	6.28m	1.5
	FOUL(2.1) FOUL(1.6) 6.28m(1.5) FOUL(-0.2)		
4 Alistair Mackay	M Inverness Ha	6.20m	1.7
	6.20m(1.7) 6.16m(1.7) FOUL(1.0) 5.03m(2.4)		
5 Rob Henderson	M Edinburgh AC	6.12m	0.5
	FOUL(1.5) 6.12m(0.5) 5.70m(1.0) FOUL(1.3)		
6 Daniel Bruce	M Central AC	5.92m	1.3
	5.36m(1.7) 5.53m(0.1) 5.82m(1.9) 5.92m(1.3)		
7 Daniel Martin	M Giffnock North AC	5.82m	1.6
	FOUL(1.0) 5.74m(1.4) FOUL(0.8) 5.82m(1.6)		
8 Carson Graham M40	M Shettleston	5.76m	2.1
	5.68m(2.0) FOUL(0.3) 5.76m(2.1) 5.76m(1.3)		
9 Molly Reville	W Edinburgh AC	5.58m	0.7
	FOUL(0.7) FOUL(2.8) FOUL(1.9) 5.58m(0.7)		
10 Nicole Proudfoot	W Annan and Di	5.47m	+0.0
	5.42m(1.8) 5.43m(0.7) 5.39m(2.0) 5.47m(+0.0)		
11 Holly Kirkwood	W Vp-Glasgow AC	5.27m	1.0
	4.94m(1.2) FOUL(2.4) 5.27m(1.0) FOUL(0.8)		

**Saturday 22nd August Event 42 Mixed Shot Put Band A**

Name	Year Team	Finals
1 Oluwasegun (Segae) Ugbe	M Montrose & D	15.01m
14.85m 14.51m 15.01m 14.55m		
2 Meghan Porterfield	W Vp-Glasgow AC	13.96m
FOUL FOUL 13.93m 13.96m		
3 Alexander Mackay	M Inverness Ha	13.54m
12.76m 13.49m 13.54m 13.47m		
4 Mhairi Porterfield	W Vp-Glasgow AC	13.00m
FOUL FOUL 13.00m 12.89m		
5 Scott Hopper	M Central AC	12.70m
12.70m 12.02m 12.43m 11.91m		
6 Calvin Simpson	M Law & District Aac	12.51m
11.10m 12.51m 11.84m 11.64m		
7 Teddy Tchoudja	W Shettleston	12.51m
FOUL 12.51m FOUL FOUL		
8 Amy Kennedy	W Cumbernauld Aac	12.10m
12.10m FOUL 11.48m 11.67m		
9 Jay McCarthy	M Shettleston	11.66m
11.57m FOUL FOUL 11.66m		
10 Hayley Berry	W Vp-Glasgow AC	11.36m
11.16m FOUL 11.34m 11.36m		
11 Rosie Sharples	W Falkirk Vict	11.34m
10.88m 10.66m 11.07m 11.34m		

**Sunday 23rd August Event 43 Mixed 150 m Band A**

Name	Year Team	Finals
Heat 1 Wind: 2.0		
1 Greg Kelly	M East Kilbride AC	16.05
2 Finlay Waugh	M Giffnock North AC	16.51
3 Max Leslie	M Edinburgh AC	16.78
Heat 2 Wind: 1.9		
1 Kyle McLean	M Giffnock North AC	16.56
2 Stephen Johnston	M Kilbarchan Aac	16.96
3 Euan Urquhart	M Vp-Glasgow AC	17.39
Heat 3 Wind: 1.9		
1 Dean Patterson	M Glasgow Scho	16.68
2 Murray Fotheringham	M Giffnock North AC	16.77
3 Steven Perrie-Clyde	M Pitreavie Aac	16.91

**Sunday 23rd August Event 44 Mixed 150 m Band B**

Name	Year Team	Finals
Heat 1 Wind: 2.3		
1 Jamie Stevenson	M Vp-Glasgow AC	16.61
2 Gordon Armstrong	M Tweed Leader	16.95
3 Declan Gall	M Dundee Hawk	17.37
Heat 2 Wind: 1.6		
1 Callum Letham	M Dundee Hawk	17.17
2 Josh Hodgson	M Fife AC	17.39
3 Bailey Gallagher	M Airdrie Harriers	17.55
Heat 3 Wind: 1.3		
1 Declan Brennan	M Pitreavie Aac	17.07
2 Nishant Puri	W Kilbarchan Aac	17.48

**Sunday 23rd August Event 45 Mixed 150 m Band C**

Name	Year Team	Finals
Heat 1 Wind: 1.0		
1 Ethan Schulenburg-Calver	M Unattached	17.43
2 Mateo Hughes	M Edinburgh AC	17.67
Heat 2 Wind: 1.5		
1 Drew Yeoman	M Kilbarchan Aac	17.72
2 Simon Okiti	M Inverclyde AC	18.24
3 Rohin Oneill	M Hamilton & D	18.31
Heat 3 Wind: 1.6		
1 Matthew Joss	M Dundee Hawk	17.68
2 Samuel Okpaje	M Edinburgh AC	17.71

**Sunday 23rd August Event 46 Mixed 150 m Band D**

Name	Year Team	Finals
Heat 1 Wind: 2.4		
1 Euan Cunningham	M Falkirk Vict	17.86
2 Ian McDonald	M Central AC	18.17
Heat 2 Wind: 0.9		
1 Gordon Mowat	M Inverness Ha	17.53
2 Aidyn McMahon	M Kilmarnock H&Ac	18.03
3 Alyson Bell	W Giffnock North AC	18.39
Heat 3 Wind: 1.3		
1 Paul Easdale	M Shettleston	18.35
2 Ross Paterson T38	M Kilbarchan Aac	18.47
3 Andrea Goodman	W Dundee Hawk	18.63

**Sunday 23rd August Event 47 Mixed 150 m Band E**

Name	Year Team	Finals
Heat 1 Wind: 1.6		
1 Holly McArthur	W Edinburgh AC	18.21
2 Lois Garland	W Perth Strath	19.26
Heat 2 Wind: 0.5		
1 Callum Gladwin	M Harmeny AC	18.75
2 Mike Tarnawsky	M Dundee Hawk	18.76
Heat 3 Wind: 1.8		
1 Jenna Wrisberg	W Giffnock North AC	18.30
2 Cameron Martin	M Law & District Aac	18.51
3 Sophie Wallwork	W Pitreavie Aac	19.44

**Sunday 23rd August Event 48 Mixed 150 m Band F**

Name	Year Team	Finals
Heat 1 Wind: +0.0		
1 Rebecca Grieve	W Pitreavie Aac	18.69
2 Eilidh De Klerk	W Dundee Hawk	19.11
Heat 2 Wind: 1.2		
1 Roisin Smith	W Airdrie Harriers	18.89
2 Tamsin Fowlie	W Aberdeen Aac	19.27
3 Erin Ramsay	W Ayr Seaforth AC	19.81
Heat 3 Wind: 1.4		
1 Daniel Martin	M Giffnock North AC	18.47
2 Eve Denholm	W Giffnock North AC	19.82

**Sunday 23rd August Event 49 Mixed 150 m Band G**

Name	Year Team	Finals
Heat 1 Wind: 1.4		
1 Ally Mitchell	M Kilmarnock H&Ac	18.37
2 Madison Murdoch	W Glasgow Scho	20.11
Heat 2 Wind: 0.8		
1 Lucy Fraser	W Perth Strath	19.67
2 Kara Bunney	W Edinburgh Un	20.68
Heat 3 Wind: NWI		
1 Aislynn Crichton	W Fife AC	19.62
2 Emma O'Hara	W Giffnock North AC	19.64
3 Eve Garry	W Perth Strath	19.89

**Sunday 23rd August Event 50 Mixed 150 m Band H**

Name	Year Team	Finals
Heat 1 Wind: +0.0		
1 Jamie O'Connor	M Vp-Glasgow AC	19.12
2 Sophie Evans	W Law & District Aac	20.72
Heat 2 Wind: 0.3		
1 Caleb McLeod	M Pitreavie Aac	19.17
2 Iona Esslemont	W Dundee Hawkh	19.73
3 T Ikechukwu Okonkwo	W Law & District Aac	19.89
Heat 3 Wind: 0.8		
1 Alex Waugh	M Giffnock North AC	19.41
2 Lynn Harvey	W Pitreavie Aac	20.44
3 Kirsten Bowie	W Livingston AC	21.10

**Sunday 23rd August Event 51 Mixed 150 m Band I**

Name	Year Team	Finals
Heat 2 Wind: 1.2		
1 Andrew Mckechnie	M Falkirk Vict	19.35
2 Codie McHolm	W Larkhall Ymc	20.18
3 Madeleine Mackenzie	W Giffnock North AC	21.02
Heat 3 Wind: 1.1		
1 Holly Gordon	W Pitreavie Aac	20.36
2 Beth Aitken	W Pitreavie Aac	20.59
3 Katie Clark	W Dundee Hawkh	21.24

**Sunday 23rd August Event 52 Mixed 150 m Band J**

Name	Year Team	Finals
Heat 1 Wind: 2.1		
1 Catriona Scott	W Vp-Glasgow AC	20.37
2 Luc Macleod	M Banchory Sto	20.58
3 Esther Watson	W Edinburgh AC	20.73
Heat 2 Wind: +0.0		
1 Paige Stevens	W Falkirk Vict	19.50
2 Darcie Black	W Dunfermline	20.57
3 Anna Leishman	W Falkirk Vict	21.49
Heat 3 Wind: 1.1		
1 Stroma Fraser	W Inverness Ha	20.29
2 Matthew Baker	M Inverness Ha	20.72
3 Jessie Caig	W Vp-Glasgow AC	20.87

**Sunday 23rd August Event 53 Mixed 150 m Band K**

Name	Year Team	Finals
Heat 1 Wind: +0.0		
1 Logan Mitchell	M Kilmarnock H&Ac	19.37
2 Emma Clark	W Larkhall Ymc	20.31
3 Graeme Breslin	M Corstorphine Aac	20.96
Heat 2 Wind: +0.0		
1 Chloe Hill	W Larkhall Ymc	20.36
2 Millie Wilkinson	W Blyth Running Club	20.40
3 Kaitlyn Clark	W Larkhall Ymc	21.07
Heat 3 Wind: 0.1		
1 Zoe Wilson	W Glasgow Scho	20.73
2 Eilidh Hunter	W Giffnock North AC	21.20
3 Emily Williams	W Giffnock North AC	21.71

**Sunday 23rd August Event 54 Mixed 150 m Band L**

Name	Year Team	Finals
Heat 1 Wind: 1.3		
1 Owen Murphy	M Law & District Aac	20.33
2 Emily Watson	W Giffnock North AC	20.87
3 Jade Gray	W Law & District Aac	21.38
Heat 2 Wind: 1.8		
1 Lewis Miller	M Central AC	20.39
2 Emily Guest	W Falkirk Vict	21.13
3 Taylor Fitchet	W Dundee Hawkh	21.26
Heat 3 Wind: 0.9		
1 Hannah Begg	W Moorfoot Runners	21.60
2 Martin Rolfe	M Giffnock North AC	21.76

**Sunday 23rd August Event 55 Mixed 150 m Band M**

Name	Year Team	Finals
Heat 1 Wind: 1.0		
1 Erin Farrell	W Dundee Hawkh	21.54
2 Grace Cook	W Dundee Hawkh	21.64
Heat 2 Wind: 0.7		
1 Rebecca McCaffrey	W Vp-Glasgow AC	21.97
2 Aleshia O'Connor	W Vp-Glasgow AC	22.18
Heat 3 Wind: 1.2		
1 Jamie Connor	M Central AC	21.77
2 Hannah Todd	W Law & District Aac	22.11
3 Abigail Robertson	W Perth Strath	22.22

**Sunday 23rd August Event 56 Mixed 150 m Band N**

Name	Year Team	Finals
Heat 1 Wind: 0.2		
1 Moray Butler	M Livingston AC	21.57
2 Olivia Faith Muir	W Harmeny AC	21.79
Heat 2 Wind: 0.7		
1 Kirsten Morris	W Livingston AC	22.59
2 Sophie Morgan	W Central AC	22.67
3 Layla Magee	W Team East Lothian	23.00
Heat 3 Wind: 0.2		
1 Lucy McLean	W Banchory Sto	22.77
2 Erin Mcauley	W Larkhall Ymc	23.85
3 Rhian Mitchell	M Kilmarnock H&Ac	24.63

**Sunday 23rd August Event 57 Mixed 150 m Band O**

Name	Year Team	Finals
Heat 1 Wind: 1.0		
1 Euan O'Brien	M Giffnock North AC	18.62
2 Leo Chalamanda	M Strathearn Harriers	20.53
3 Christopher Paisley	M Pitreavie Aac	21.65

**Sunday 23rd August Event 60 Mixed 400 m Band A**

Name	Year Team	Finals
Heat 1		
1 Ewan Purves	M Edinburgh AC	50.47
2 James McClafferty	M Law & District Aac	50.96
3 Reuben MacIntyre	M Cumbernauld Aac	52.34
Heat 2		
1 Michael Cairns	M Kilbarchan Aac	52.35
2 Ben Sandilands	M Fife AC	53.26
3 Richard Arthurs	M Livingston AC	53.56
Heat 3		
1 Oscar Logan	M Law & District Aac	53.47
2 Kelsey Stewart	W Aberdeen Aac	57.67
3 Blair McAuley	M Larkhall Ymc	60.57

**Sunday 23rd August Event 61 Mixed 800 m Band A**

Name	Year Team	Finals
Heat 1		
1 Greg Loudon	M Lasswade AC	2:00.1
2 Corey Campbell	M Team East Lothian	2:04.2
3 Fraser Morris	M Livingston AC	2:10.2
Heat 2		
1 Jack Heathwood	M Bellahouston	2:04.1
2 Ross Dewar	M Edinburgh AC	2:08.9
3 Katie Johnson	W Edinburgh AC	2:16.2
4 Stephen Brown	M West End RR	2:17.4

**Sunday 23rd August Event 62 Mixed 800 m Band B**

Name	Year Team	Finals
Heat 1		
1 Malcolm McLure	M Dunfermline	2:02.8
2 Lewis Orr	M Edinburgh AC	2:21.3
Heat 3		
1 Euan Docherty	M Central AC	2:20.7
2 Anise Macaulay Orr	W Edinburgh AC	2:20.9
3 Orla Lang	W Giffnock North AC	2:29.4

**Sunday 23rd August Event 63 Mixed 800 m Band C**

Name	Year Team	Finals
Heat 1		
1 Oliver Patton	M Kilbarchan Aac	2:13.4
2 Erin Macfarlane	W Pitreavie Aac	2:22.5
3 Peter McGuigan	M Larkhall Ymc	2:22.9
Heat 2		
1 Lily Simon	W Pitreavie Aac	2:27.1
2 Innes Wright	M Team East Lothian	2:29.6
3 Amber Wade	W Giffnock North AC	2:37.4
Heat 3		
1 Luke Culliton	M Falkirk Vict	2:17.9
2 Ross Christie	M Gala Harriers	2:21.3
3 Olivia Robbins	W Team East Lothian	2:24.7

**Sunday 23rd August Event 64 Mixed 800 m Band D**

Name	Year Team	Finals
Heat 1		
1 Katie Thomson	W Pitreavie Aac	2:24.3
2 Holly Ovens	W Fife AC	2:30.1
3 Lewis Thorpe	M East Kilbride AC	2:33.5
4 Howie Allison	M Musselburgh	2:37.2
Heat 2		
1 James Clark	M Vp-Glasgow AC	2:25.5
2 Struan Gatherer	M Perth Strath	2:26.9
3 Zara Redmond	W Kilbarchan Aac	2:30.8

**Sunday 23rd August Event 65 Mixed 800 m Band E**

Name	Year Team	Finals
Heat 1		
1 Sofia Vidak	W Falkirk Vict	2:29.4
2 Katie Sandilands	W Fife AC	2:36.5
Heat 2		
1 John Marshall	M Haddington RC	2:22.7
2 Eloise Scott	W Lasswade AC	2:35.0
3 Natasha Phillips	W Dundee Hawk	2:37.2
Heat 3		
1 Jack Renton	M Team East Lothian	2:34.8
2 Ruth Walsh	W Vp-Glasgow AC	2:42.9
3 Euan Thorpe	M East Kilbride AC	2:45.9

**Sunday 23rd August Event 66 Mixed 800 m Band F**

Name	Year Team	Finals
Heat 1		
1 Maja Thomson	W Team East Lothian	2:27.9
2 Jake Page	M Dunbar RC	2:32.1
3 Adam Clifford	M Shettleston	2:33.1
Heat 2		
1 Joshua Liddell	M Haddington RC	2:42.1
2 Abbie Little	W Moorfoot Runners	2:43.3
3 Taylor More	W Airdrie Harriers	2:44.0
Heat 3		
1 Andrew Grant	M Strathearn Harriers	2:38.1
2 Jemma Macleod	W Cumbernauld Aac	2:40.4
3 Sam Renton	M Haddington RC	2:42.7

**Sunday 23rd August Event 67 Mixed 800 m Band G**

Name	Year Team	Finals
Heat 1		
1 Freya Pryce	W Edinburgh AC	2:41.4
2 Jessica Inglis	W Law & District Aac	2:46.5
3 Ryan Johnston	M Musselburgh	3:03.5
Heat 2		
1 Cahal McAtarsney	M Falkirk Vict	2:40.9
2 Skye Smith	W Springburn Harriers	2:42.1
3 Nancy Corrie	W Harmeny AC	2:44.1
Heat 3		
1 Isla Donnelly	W Vp-Glasgow AC	2:50.2
2 Jessica Bullen	W Team East Lothian	2:58.6
3 Hannah Kelly	W East Kilbride AC	3:01.5

**Sunday 23rd August Event 68 Mixed 800 m Band H**

Name	Year Team	Finals
Heat 1		
1 Dylan Edwards	M East Kilbride AC	2:52.9
2 Jessica Donnelly	W Vp-Glasgow AC	2:54.7
3 Amy Robertson	W Larkhall Ymc	3:00.4
Heat 2		
1 Millie Newall	W Springburn Harriers	2:50.7
2 Rachel Barnett	W Dunfermline	2:51.4
3 Emily Hunter	W Airdrie Harriers	2:53.5
Heat 3		
1 Charlie Pugh	M Haddington RC	2:44.6
2 Frederick James	M Haddington RC	3:00.0
3 Abby Renwick	W Airdrie Harriers	3:07.1

**Sunday 23rd August Event 69 Mixed 800 m Band I**

Name	Year Team	Finals
Heat 1		
1 John Edwards	M East Kilbride AC	2:35.2
2 Mark Clifford	M Shettleston	2:55.6



**Sunday 23rd August Event 71 Mixed Javelin Band A**

Name	Year	Team	Finals
Pool 1			
1 Malcolm Downes	M	Vp-Glasgow AC	40.19m
40.19m	31.12m	37.54m	34.95m
2 Callum Newby	M	Edinburgh AC	37.87m
35.65m	37.18m	36.34m	37.87m
3 Emma Solley	W	Edinburgh AC	32.55m
FOUL	28.60m	32.55m	FOUL
4 Lauryn Wood	W	Perth Strath	29.36m
29.36m	27.21m	27.95m	25.72m
5 Victoria Anestik	W	Falkirk Vict	29.04m
27.21m	28.03m	26.91m	29.04m
6 Leila Thompson	W	Alnwick Harriers	27.64m
FOUL	25.34m	27.64m	FOUL
7 William Bailey	M	Motherwell AC	27.23m
FOUL	27.23m	FOUL	24.56m
8 Lorna Brown	W	Falkirk Vict	25.75m
25.75m	25.15m	24.96m	24.88m
9 Abbie Crawford	W	Banchory Sto	25.64m
FOUL	FOUL	20.61m	25.64m
10 Caitlin MacKenzie	W	Kilbarchan Aac	24.89m
21.03m	22.32m	24.89m	22.63m

**Sunday 23rd August Event 72 Mixed Discus Band B**

Name	Year	Team	Finals
1 Kiera Maxwell	W	Vp-Glasgow AC	34.52m
31.65m	34.52m	31.12m	34.24m
2 Shannon Gough	W	Law & District Aac	29.48m
23.28m	28.13m	29.48m	FOUL
3 Amy Kennedy	W	Cumbernauld Aac	29.46m
29.46m	28.00m	26.81m	FOUL
4 Adam Hoole	M	Team East Lothian	29.18m
FOUL	FOUL	FOUL	29.18m
5 Callum Hendry	M	Vp-Glasgow AC	28.91m
FOUL	FOUL	26.74m	28.91m
6 Abby Gifford	W	Falkirk Vict	27.61m
26.16m	19.50m	27.04m	27.61m
7 Claire Cameron	W	Vp-Glasgow AC	27.32m
FOUL	27.32m	25.90m	26.56m
8 Erin Quinn	W	Vp-Glasgow AC	25.88m
21.69m	25.88m	22.20m	23.94m
9 Courtney Fraser	W	Vp-Glasgow AC	23.16m
21.36m	FOUL	23.16m	FOUL

**Sunday 23rd August Event 73 Mixed Discus Band A**

Name	Year	Team	Finals
1 Alexander Mackay	M	Inverness Ha	45.09m
40.64m 40.77m 41.28m			45.09m
2 Alister Mackay	M	Inverness Ha	39.53m
39.53m 38.86m 37.10m		FOUL	
3 Danny Gracie	M	Border Harriers	38.60m
37.05m 37.90m		FOUL 38.60m	
4 Andrew Murphy	M	Kilbarchan Aac	38.57m
38.57m		FOUL 38.09m	FOUL
5 Alice Baxendale	W	Vp-Glasgow AC	37.89m
FOUL FOUL 37.89m		37.20m	
6 Hayley Berry	W	Vp-Glasgow AC	34.72m
33.45m 32.34m 34.72m		FOUL	
7 Meghan Porterfield	W	Vp-Glasgow AC	33.95m
33.95m 32.35m		FOUL 30.94m	
8 William Hodi	M	Nairn Area Aac	30.54m
27.03m 25.62m		FOUL 30.54m	
9 Lewis Craigie	M	Vp-Glasgow AC	26.42m
23.98m 26.42m 23.27m		FOUL	
10 Liam Nolan T20	M	Falkirk Vict	25.91m
22.57m		FOUL 25.91m	FOUL
11 Katie Matheson	W	Vp-Glasgow AC	24.70m
24.70m 18.50m		FOUL 23.24m	
12 Ellen Montgomery	W	Central AC	20.36m
18.21m 16.90m 20.36m		19.56m	
13 Kirsty Williams	W	Corstorphine Aac	15.38m
15.38m		FOUL 13.60m 13.54m	

**Sunday 23rd August Event 74 Mixed Javelin Band B**

Name	Year	Team	Finals
1 Thomas Lafferty	M	Law & District Aac	53.28m
46.53m 49.14m 49.32m		53.28m	
2 Scott Hopper	M	Central AC	53.14m
46.02m 49.33m 51.67m		53.14m	
3 Dawn Russell	W	Kilbarchan Aac	40.67m
40.67m		FOUL 37.41m 37.16m	
4 James Muir	M	Falkirk Vict	38.78m
34.56m 38.78m 36.08m		38.47m	
5 Bobbie Griffiths	W	Morpeth Harriers	35.51m
35.36m 34.49m 32.55m		35.51m	
6 Charlie Farndon	M	Strathearn Harriers	25.61m
24.45m 25.61m 22.97m		22.90m	
7 Brooke Dunlop	W	Kilmarnock H&Ac	25.60m
21.27m 25.60m 23.77m		24.81m	
8 Zoe Loughrey	W	Vp-Glasgow AC	23.89m
23.89m		FOUL 23.07m	FOUL
9 Freya Howgate F37	W	Perth Strath	23.80m
23.80m		FOUL 20.84m	FOUL
10 Rosie Sharples	W	Falkirk Vict	21.51m
21.51m		FOUL FOUL FOUL	
11 Lucy McCormack	W	Law & District Aac	20.24m
17.46m 16.90m 17.56m		20.24m	
12 Chloe Fox	W	Shettleston	17.86m
15.32m 14.78m 17.86m		17.14m	