

| This is a provisional timetable for entry purposes only, a FINAL timetable will be published on Friday 18th June | | | | |
|---|-------------|---------------|-------------|-------------|
| Throws Grand Prix | | | | |
| Event No | Time | Event | Pool | Info |
| 201 | 09:45 | Seated Throws | One | |
| 202 | 09:45 | Javelin | One | |
| 203 | 11:00 | Discus | One | |
| 204 | 11:00 | Javelin | Two | |
| 205 | 12:30 | Discus | Two | |
| 206 | 12:30 | Shot Put | Two | |
| 207 | 14:15 | Hammer | One | |
| 208 | 14:15 | Shot Put | One | |
| 209 | 15:45 | Hammer | Two | |
| 210 | 15:45 | Shot Put | Three | |
| All athletes will receive 1 warm up and 5 competition trials | | | | |
| Jumps Grand Prix | | | | |
| Event No | Time | Event | Pool | Info |
| 101 | 09:45 | Long Jump | Three | |
| 102 | 10:00 | Pole Vault | One | SH 2m00 |
| 103 | 11:00 | Triple Jump | Two | 9m |
| 104 | 12:00 | High Jump | One | +1m50 |
| 105 | 12:15 | Triple Jump | One | 7m/11m/13m |
| 106 | 14:00 | High Jump | Three | <1m40 |
| 107 | 14:15 | Long Jump | Two | |
| 108 | 15:00 | High Jump | Two | <1m50 |
| 109 | 15:45 | Long Jump | One | |
| Long Jump / Triple Jump - All athletes will receive 6 trials | | | | |
| Triple Jump - U15 Athletes will be limited to a maximum 22m Run Up | | | | |