

JUNIOR GRAND PRIX

& SENIOR TIME TRIALS

Sunday 11 July 2021

Craigswood Sports Centre, Livingston

TIMETABLE

TIME	U9	U11	U13	U15	U17+
10.30		Shot Put	Long Jump		
11.00	Shot Put			100m	100m
11.15				Long Jump	800m
11.25					
11.30		80m	Shot Put		
11.40	60m				
11.45		Long Jump			
11.50					400m
12.00					300m
12.15	Long Jump			Shot Put	
12.30			100m		
12.40					200m
12.50	4x100m	4x100m			
13.00			4x100m	4x100m	

! The timetable is provisional, with the start times of events dependant on the finishing times of previous events