

SCOTTISH ATHLETICS INDOOR LEAGUE

Order of Events- Morning

The track events will start at 9.15 am and will **run continuously** in the following order:

Circular Track

Event	No	Age Group	
600m	1	Under 11 Girls	9.15
	2	Under 11 Boys	9.20
800m	3	Under 20 Women	9.25
	4	Under 20 Men	9.35
	5	Under 13 Girls	9.45
	6	Under 13 Boys	9.55
	7	Under 15 Girls	10.05
	8	Under 15 Boys	10.15
	9	Under 17 Women	10.25
	10	Under 17 Men	10.35
200m	11	Under 13 Girls	10.45
	12	Under 13 Boys	10.55
	13	Under 15 Girls	11.05
	14	Under 15 Boys	11.15
	15	Under 17 Women	11.25
	16	Under 17 Men	11.35
	17	Under 20 Women	11.45
	18	Under 20 Men	11.55

Straight Track

Event	No	Age Group	
60m	1	Under 13 Girls	9.15
	2	Under 13 Boys	9.25
	3	Under 15 Girls	9.35
	4	Under 15 Boys	9.45
	5	Under 17 Women	9.55
	6	Under 17 Men	10.05
	7	Under 20 Women	10.15
	8	Under 20 Men	10.25
	9	Under 11 Girls	10.35
	10	Under 11 Boys	10.45
60m Hur	11	Under 13 Girls	10.55
	12	Under 15 Girls	11.05
	13	Under 13 Boys	11.15
	14	Under 17 Women	11.25
	15	Under 15 Boys	11.35
	16	Under 20 Women	11.45
	17	Under 17 Men	11.55
	18	Under 20 Men	12.05

Field events will start at 9.00 am. All times are approximate.

High Jump

This competition will take place on two mats:

Mat A	(at 60m start)	Mat B	(at 60m finish)
9.00	U17/U20 Men	9.00	U13/U15 Girls
10.30	U17/U20 Women	10.30	U13/U15 Boys

Long Jump

Pit 1 (infield)		Pit 2 (warm-up track)	
9.00	U15 Boys	9.00	U13 Boys
9.45	U15 Girls	9.45	U13 Girls
10.30	U17/U20 Men *		
11.15	U17/U20 Women *		

* Triple Jump at 2nd meeting

Standing Long Jump

Time and location to be confirmed on the day

11.05	U11 Girls
11.35	U11 Boys

Shot Put

9.00	U20 Women
9.25	U17 Women
9.50	U13 Boys
10.15	U15 Boys
10.40	U13 Girls
11.05	U15 Girls
11.30	U17/U20 Men

All times are approximate and events run continuously. Athletes, parents and team managers should be aware of this and watch what is happening to ensure that no athletes miss their events.