

# SCOTTISH ATHLETICS INDOOR LEAGUE

## Order of Events- Morning

The track events will start at 9.15 am and will run continuously in the following order:

### Circular Track

Event	No	Age Group	
<b>600m</b>	1	Under 11 Girls	9.15
	2	Under 11 Boys	9.20
<b>800m</b>	3	Under 20 Women	9.25
	4	Under 20 Men	9.35
	5	Under 13 Girls	9.45
	6	Under 13 Boys	9.55
	7	Under 15 Girls	10.05
	8	Under 15 Boys	10.15
	9	Under 17 Women	10.25
	10	Under 17 Men	10.35
<b>200m</b>	11	Under 13 Girls	10.45
	12	Under 13 Boys	10.55
<b>300m</b>	13	Under 15 Girls	11.05
	14	Under 17 Women	11.15
<b>400m</b>	15	Under 15 Boys	11.25
	16	Under 17 Men	11.35
	17	Under 20 Women	11.45
	18	Under 20 Men	11.55

### Straight Track

Event	No	Age Group	
<b>60m</b>	1	Under 13 Girls	9.15
	2	Under 13 Boys	9.25
	3	Under 15 Girls	9.35
	4	Under 15 Boys	9.45
	5	Under 17 Women	9.55
	6	Under 17 Men	10.05
	7	Under 20 Women	10.15
	8	Under 20 Men	10.25
	9	Under 11 Girls	10.35
	10	Under 11 Boys	10.45
<b>60m Hur</b>	11	Under 13 Girls	10.55
	12	Under 15 Girls	11.05
	13	Under 13 Boys	11.15
	14	Under 17 Women	11.25
	15	Under 15 Boys	11.35
	16	Under 20 Women	11.45
	17	Under 17 Men	11.55
	18	Under 20 Men	12.05

Field events will start at 9.00 am. All times are approximate.

### High Jump

This competition will take place on two mats:

Mat A	(at 60m start)	Mat B	(at 60m finish)
<b>9.15</b>	U17/U20 Men	<b>9.15</b>	U13/U15 Girls
<b>10.45</b>	U17/U20 Women	<b>10.45</b>	U13/U15 Boys

### Standing Long Jump

Time and location to be confirmed on the day

<b>11.05</b>	U11 Girls
<b>11.35</b>	U11 Boys

### Long Jump

Pit 1 (infield)		Pit 2 (warm-up track)	
<b>9.15</b>	U15 Boys	<b>9.15</b>	U13 Boys
<b>10.00</b>	U15 Girls	<b>10.00</b>	U13 Girls
<b>10.45</b>	U17/U20 Men *		
<b>11.30</b>	U17/U20 Women *		

### Shot Put

<b>9.15</b>	U20 Women
<b>9.40</b>	U17 Women
<b>10.05</b>	U13 Boys
<b>10.30</b>	U15 Boys
<b>10.55</b>	U13 Girls
<b>11.20</b>	U15 Girls
<b>11.45</b>	U17/U20 Men

\* Triple Jump at 2<sup>nd</sup> meeting

All times are approximate and events run continuously. Athletes, parents and team managers should be aware of this and watch what is happening to ensure that no athletes miss their events.