Timetable for Wednesday 9th February 2022

| Circular track | | | | | | Field events | | | | |
|----------------|------|-------|-------|---------|--|--------------|------|--------|-------|---------|
| 5 | U16G | 1500m | Heats | 11.00am | | 1 | U16G | Pole | Vault | 11.00am |
| 6 | 016G | 1500m | Heats | | | 2 | 016G | Pole | Vault | 11.00am |
| 7 | U16B | 1500m | Heats | | | 3 | 016G | Shot | Put | 11.00am |
| 8 | O16B | 1500m | Heats | | | 4 | O16B | Triple | Jump | 11.00am |
| 10 | U16G | 200m | Heats | 1.00pm | | 9 | O16B | Shot | Put | 12.30pm |
| 12 | 016G | 200m | Heats | | | 11 | 016G | Triple | Jump | 1.00pm |
| 15 | U16B | 200m | Heats | | | 13 | U16B | Pole | Vault | 1.30pm |
| 17 | O16B | 200m | Heats | | | 14 | O16B | Pole | Vault | 1.30pm |
| 18 | U16G | 200m | Semi | 2.40pm | | 16 | U16G | | | - |
| 20 | 016G | 200m | Semi | | | | | Shot | Put | 2.00pm |
| 21 | U16B | 200m | Semi | | | 19 | U16B | Long | Jump | 3.00pm |
| 22 | O16B | 200m | Semi | | | 24 | U16B | Shot | Put | 3.30pm |
| 25 | U16G | 1500m | Final | 3.20pm | | | | | | |
| 26 | 016G | 1500m | Final | | | | | | | |
| 27 | U16B | 1500m | Final | | | | | | | |
| 28 | O16B | 1500m | Final | | | | | | | |
| 29 | U16G | 200m | Final | 3.45pm | | | | | | |
| 30 | 016G | 200m | Final | | | | | | | |
| 31 | U16B | 200m | Final | | | | | | | |
| 32 | O16B | 200m | Final | | | | | | | |

All competitors Track and Field must report to Declarations at least 1 hour before event time.

Please note that Declarations will close at 2.00pm

Any athlete who does not go to Declarations will not be allowed to compete.

A Call Room schedule will be on display.

Long Jump, Triple Jump and Shot Put competitors will be expected to achieve the entry standard. Long Jump, Triple Jump and Shot Put competitors will be given 3 trials and the best 8 given a further 3 trials. On completion of an event 1st, 2nd, and 3rd placed athletes will be taken to winners' dais for medal presentation. If an event does not require heats or semi-finals the final will take place at heat time.

All times are approximate. Athletes must listen to announcements and are advised not to leave the Arena.

Timetable for Thursday 10th February 2022

| Circular Track | Straight Track | Field Events |
|---|---|--|
| 8 U16G 300m Heats 11.00am | 12 U16G 60m H Heats 11.00am | 1 U16B High Jump 11.00am |
| 9 O16G 300m Heats | 13 O16G 60m H Heats | 2 O16G Long Jump 11.00am |
| 10 U16B 300m Heats | 14 U16B 60m H Heats | 3 U16G High Jump 12.30pm |
| 11 O16B 400m Heats | 15 O16B 60m H Heats | 4 O16B Long Jump 1.00 pm |
| 16 U16G 800m Heats 12.30pm | 20 U16G 60m H Semi 12.00pm | 5 O16G High Jump 2.00pm |
| 17 O16G 800m Heats | 21 O16G 60m H Final | 6 U16G Long Jump 3.00pm |
| 18 U16B 800m Heats | 22 U16B 60m H Final | 7 O16B High jump 3.00pm |
| 19 O16B 800m Heats | 23 O16B 60m H Final | |
| | 24 U16G 60m H Final | |
| 29 U16G 300m Semi 2.50pm | 25 U16G 60m Heats 12.45pm | |
| 30 O16G 300m Semi | 26 O16G 60m Heats | |
| 31 U16B 300m Final | 27 U16B 60m Heats | |
| 32 O16B 400m Semi | 28 O16B 60m Heats | |
| 41 U16G 800m B Final 3.40pm | 33 U16G 60m Semi 2.30pm | |
| 42 U16G 800m A Final | 34 O16G 60m Semi | |
| 43 O16G 800m B Final | 35 U16B 60m Semi | |
| 44 O16G 800m A Final | 36 O16B 60m Semi | |
| 45 U16B 800m B Final | 37 U16G 60m Final 3.10pm | |
| 46 U16B 800m A Final | 38 O16G 60m Final | |
| 47 O16B 800m B Final | 39 U16B 60m Final | |
| 48 O16B 800m A Final | 40 O16B 60m Final | |
| 49 U16G 300m Final 4.15pm | | |
| 50 O16G 300m Final | | |
| 51 O16B 400m Final | | |

All competitors Track and Field must report to Declarations at least 1 hour before event time.

Please note that Declarations will close at 2.00pm

Any athlete who does not go to Declarations will not be allowed to compete.

A Call Room schedule will be on display.

Long Jump Competitors will be expected to achieve the entry standard. Competitors will be given 3 trials, with the best 8 being given 3 further trials.

The decision to have A and B finals in the 800m will be made once declarations have closed. Medals will only be awarded for A finalists. Please listen carefully to all announcements.

On completion of an event the 1st, 2nd and 3rd placed athletes will be taken to the winners' dais for medal presentation. If any event does not require heats or semi-finals the final will take place at heat time. All times are approximate, please listen to announcements.