

# SSAA SECONDARY SCHOOLS' CROSS COUNTRY CHAMPIONSHIPS

**Hopetoun House Estate – Thursday 3<sup>rd</sup> MARCH 2022**

The 43<sup>rd</sup> Joint Cross-Country Championships will take place at Hopetoun House Estate, South Queensferry on Thursday 3<sup>rd</sup> March 2022.

*Please note that following Government Regulations and updates, information is subject to change.*

## **EVENTS**

a)	Group D	Under 14	Girls	12.30 p.m.	3,000m
b)	Group D	Under 14	Boys	12.50 p.m.	3,000m
c)	Group C	14 – 15	Girls	1.10 p.m.	4,000m
d)	Group C	14 – 15	Boys	1.30 p.m.	4,000m
e)	Group B	15 – 17	Girls	1.50 p.m.	4,000m
f)	Group B	15 – 17	Boys	2.10 p.m.	5,000m
g)	Group A	Over 17	Girls	2.30 p.m.	4,000m
h)	Group A	Over 17	Boys	2.50 p.m.	6,000m

All distances are approximate. The order of races is accurate, but the timing is only approximate.

## **AGE GROUPS**

Group D born on or after 1.9.08 \* (must be in Secondary School)

\*(rule change 2021)

Group C born between 1.9.07 and 31.8.08 \*

Group B born between 1.9.05 and 31.8.07

Group A born on or before 31.8.05

## **ENTRIES**

The event entry cost is an **ENTRY FEE** and must be paid for each athlete entered, whether they compete on the day or not.

No entries will be considered after the online entry system closes for an event.

When confirmation of entry detail is received, it must be **confirmed** as requested.

Each entry **MUST** include the name of the accompanying adult who may be asked to officiate.

A school may enter as many runners as they wish in each category.

Entries are **£8** per runner, with a Team element on the day of the **First 4 to count**.

## **AFFILIATION**

Schools should ensure that the affiliation fee of has been paid for 2021/22. It was due on 1st October 2021. Affiliation fees should be sent to Mr A W Robertson, Treasurer. Failure to do so could result in an entry being refused. Affiliation information is available on the home page of the web.

## **AWARDS**

The first three finishers in each race will receive medals as soon as race finishes. Counting members of the 1st, 2nd and 3rd teams in each race will also receive medals. The winning school in each race will receive a trophy to be kept for one year. In the result of a tie in teams, it will be the team which is

completed first. Team awards will be presented 30 mins after results are published.

## **SIAB INTERNATIONAL**

SIAB International Cross Country will take place in Wales, on Saturday 26<sup>th</sup> March 2022.

**Pupils must be entered for our Championships to be considered for selection.**

**THE CLOSING DATE FOR ENTRY IS FRIDAY 11th FEBRUARY 2022**

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