

Central AC Pre Season Open Meeting - 3 April 2022 - Grangemouth Stadium

TRACK RESULTS

100m Hurdles

Heat 1

No	Name	Club	Age Grp	Perf	Posn
206	Tom Palmer	Elgin AAC	U17M	14.9	1
69	Branden Dunlop	VPCOG	U17M	15.3	2
71	Jonah Whitby	Central AC	U17M	17	3
249	Rosie Sharples	Falkirk VH	U20W	16.1	1
68	Emily Happell	VPCOG	U20W	17.2	2

80m Hurdles U17W & U15B

Heat 1

No	Name	Club	Age Grp	Perf	Posn
81	Matthew Cox	Ayr Seaforth AC	U15B	15.7	1

75m Hurdles U13B & U15G

Heat 1

No	Name	Club	Age Grp	Perf	Posn
130	Holly Whittaker	Elgin AAC	U15G	12	1
95	Iris Whitton	Elgin AAC	U15G	13	2
227	Charis Crawford	Springburn Harrier	U15G	14.4	3
51	Ricco Begnor	Ayr Seaforth AC	U13B	18.1	1

70m Hurdles U13G

Heat 1

No	Name	Club	Age Grp	Perf	Posn
219	Leanna Elliot	Airdrie Harriers	U13G	12.2	1
67	Enya Doran	Airdrie Harriers	U13G	12.5	2
168	Lily McManus	Law & District AAC	U13G	12.8	3
134	Eilidh Neillie Rutherford	Moray RR	U13G	13	4
205	Gemma Forgie	Elgin AAC	U13G	13.5	5
218	Dionne Maguinness	Airdrie Harriers	U13G	14.2	6
209	Jenna Gage	Elgin AAC	U13G	14.4	7
56	Freya Isaacs	Central AC	U13G	14.6	8

800m U11G

Heat 1

No	Name	Club	Age Grp	Perf	Posn
127	Willow Smith	Springburn Harrier	U11G	2:49.6	1
91	Branna Kenny	Haddington RC	U11G	3:00.5	2
122	Kate Burns	Whitemoss AAC	U11G	3:10.5	3
173	Jorgie Gairn	Airdrie Harriers	U11G	3:11.6	4
42	Zoe Beaton	Central AC	U11G	3:14.9	5
23	Olivia Denholm	Central AC	U11G	3:21.1	6

800m U13G

Heat 1

No	Name	Club	Age Grp	P:rf	Posn
195	Anna Elizabeth Ross	VPCOG	U13G	2:48.0	1
182	Aine McAtarsney	Falkirk VH	U13G	2:58.8	2
225	Neve Reilly	Whitemoss AAC	U13G	3:04.8	3
144	Katie Honeyman	Central AC	U13G	3:05.9	4
257	Ella Tanner	Central AC	U13G	3:13.1	5

800m U13G

Heat 2

No	Name	Club	Age Grp	P:rf	Posn
241	Isla Gourley	Pitreavie AAC	U13G	2:29.1	1
203	Cerys Wright	Team East Lothian	U13G	2:36.9	2
63	Emily Stanford	Central AC	U13G	2:37.2	3
90	Morven Kenny	Haddington RC	U13G	2:46.1	4
205	Gemma Forgie	Elgin AAC	U13G	2:58.4	5
209	Jenna Gage	Elgin AAC	U13G	2:58.4	6

800m U15G - SenW

Heat 1

No	Name	Club	Age Grp	P:rf	Posn
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259	Zosia Paddon	Central AC	U17W	2:35.8	1
250	Haley Brett	Edinburgh Uni AC	SenW	2:41.1	2
19	Madeline Blanchard	Strathearn Harriers	U15G	2:41.1	3
143	Tabitha MacKenzie	Central AC	U15G	2:41.1	4
216	Evie Collins	Elgin AAC	U15G	2:44.9	5
162	Ruby Lennon	Springburn Harriers	U17W	2:49.6	6
151	Ellie Stewart	Giffnock North AC	U17W	3:01.4	7
114	Orla Turnbull	Law & District AAC	U15G	3:19.9	8

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800m U15G - SenW

Heat 2

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No	Name	Club	Age Grp	P:rf	Posn
169	Niamh McKinlay	Central AC	U15G	2:27.2	1
183	Millie Gairn	Glasgow SoS	U15G	2:35.6	2
237	Cristina Elliot	Team East Lothian	U17W	2:35.8	3
108	Fia Watkin	Central AC	U15G	2:36.6	4
132	Millie O'Neill	Central AC	U20W	2:36.8	5
234	Leah Brown	Central AC	U17W	2:37.7	6
93	Amy Clark	Central AC	U17W	2:59.7	7

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800m U11B

Heat 1

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No	Name	Club	Age Grp	P:rf	Posn
196	Andrew William Ross	VPCOG	U11B	2:51.9	1
124	Adam Connolly	Dunbar RC	U11B	3:00.3	2
239	Jaden Mackay	Dunfermline	U11B	3:07.3	3
115	Tyler Turnbull	Law & District AAC	U11B	3:10.5	4
207	Callum Cameron	Airdrie H	U11B	3:16.5	5
171	Gerry Taggart	Law & District AAC	U11B	3:33.6	6

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800m U13B

Heat 1

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No	Name	Club	Age Grp	P:rf	Posn
123	Matthew Connolly	Team East Lothian	U13B	2:43.0	1
58	Josh Cooper	Haddington RC	U13B	2:48.1	2
111	Luca Shepherd	Central AC	U13B	2:51.2	3
256	Cameron Tanner	Central AC	U13B	2:57.1	4

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800m U15B - SenM

Heat 1

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No	Name	Club	Age Grp	P:rf	Posn
185	Jake Speirs	VPCOG	U20M	2:09.3	1
226	Euan Docherty	Central AC	U20M	2:10.0	2
202	Innes Wright	Team East Lothian	U17M	2:15.3	3
136	Ross Lawrie	Central AC	U20M	2:23.9	4
214	Alex Dunlop	Central AC	U17M	2:29.9	5

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800m U15B - SenM

Heat 2

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No	Name	Club	Age Grp	P:rf	Posn
210	Andrew McGill	Livingston	U20M	1:59.1	1
175	James Grant	Perth Strathtay	U20M	2:02.2	2
190	Luke Culliton	Falkirk VH	U15B	2:02.5	3
224	Logan Beagley	Livingston	U20M	2:03.5	4
179	Lewis Roddis	Cambuslang Harrie	U20M	2:04.4	5
233	Francisco Camacho	Edinburgh Uni HH	SenM	2:07.0	6
253	Adam Deverill	St Andrews Uni	SenM	2:13.5	7

100m U11G

Heat 1

No	Name	Club	Age Grp	Perf	Posn
38	Aine Fraser	Montrose ADAC	U11G	14.9	1
40	Zara Hector	Central AC	U11G	15.8	2
36	Georgia McMahon	Airdrie Harriers	U11G	16.2	3
91	Branna Kenny	Haddington RC	U11G	16.4	4
23	Olivia Denholm	Central AC	U11G	18.1	5
42	Zoe Beaton	Central AC	U11G	18.6	6
61	Iona Clark	Central AC	U11G	19.5	7

39 Emily Davey	U11G	19.6	8
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100m U13G

Heat 1

No	Name	Club	Age Grp	Perf	Posn
67	Enya Doran	Airdrie Harriers	U13G	14.2	1
63	Emily Stanford	Central AC	U13G	14.2	2
48	Niamh McNulty	Giffnock North AC	U13G	15.3	4
16	Willow Hopper	Central AC	U13G	15.3	3
12	Ella O'Brien	Springburn Harriers	U13G	15.8	5
90	Morven Kenny	Haddington RC	U13G	15.9	6
56	Freya Isaacs	Central AC	U13G	16.4	7

100m U15G

Heat 1

No	Name	Club	Age Grp	Perf	Posn
95	Iris Whitton	Elgin AAC	U15G	13.7	1
55	Sienna Shepherd	Central AC	U15G	14.6	2
97	Molly Owen	Central AC	U15G	15.3	3
60	Dara Clark	Central AC	U15G	15.5	4

100m U15G

Heat 2

No	Name	Club	Age Grp	Perf	Posn
73	Erin Horler	Falkirk VH	U15G	14.4	1
19	Madeline Blanchard	Strathearn Harriers	U15G	14.5	2
34	Sophia Waring	Central AC	U15G	14.7	3
10	Catriona Deykin	Central AC	U15G	15.3	4
66	Abby Renwick	Airdrie Harriers	U15G	15.5	5
105	Clara Escala	Central AC	U15G	15.9	6

100m U15G

Heat 3

No	Name	Club	Age Grp	Perf	Posn
29	Aoife Swan-Ashe	Team East Lothian	U15G	13.2	1
9	Olivia Faith Muir	Harmeny AC	U15G	13.4	2
43	Ava Cruickshank	Elgin AAC	U15G	13.5	3
89	Loren Stewart	Central AC	U15G	13.9	4
14	Megan Mitchell	Strathearn Harriers	U15G	14.2	5
30	Rowan Calveley	Central AC	U15G	14.6	6

100m U17-SenW

Heat 1

No	Name	Club	Age Grp	Perf	Posn
44	Diana Raschella	Stirling Uni AC	SenW	13.7	1
82	Katy Cullen	Central AC	U17W	14.3	2
86	Rori Joubert	Central AC	U17W	14.6	3
54	Katie Lennon	Springburn Harriers	U17W	15.4	4

100m U17-SenW

Heat 2

No	Name	Club	Age Grp	Perf	Posn
84	Megan Dunlop	Central AC	U20W	13.5	1
1	Teagan McIntosh	Central AC	U20W	13.7	2
22	Kirsty McKendrick	Central AC	U17W	14.1	3
18	Hannah Blanchard	Strathearn Harriers	U17W	14.5	4
26	Hannah Hope	Falkirk VH	U17W	14.8	5
93	Amy Clark	Central AC	U17W	15.2	6
100	Lok Tung Chan	Edinburgh Uni AC	SenW	16.6	7

100m U17-SenW

Heat 3

No	Name	Club	Age Grp	Perf	Posn
68	Emily Happell	VPCOG	U20W	13.1	1
11	Konstantina Roumano	Stirling Uni	SenW	13.2	2
6	Erin Downie	VPCOG	U17W	13.4	3
88	Eilidh Brown	Livingston	SenW	13.6	4
57	Chloe Watt	Central AC	U20W	13.9	5

100m U11B

Heat 1

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
4	Lucas McDonald	Springburn Harrier:	U11B	14.2	1
2	Alfie Laing	Central AC	U11B	14.6	2
70	Kostas Jakubiak	Central AC	U11B	14.6	3
72	Euan Robertson	Central AC	U11B	15.6	4
53	Harris Cunningham	Springburn Harrier:	U11B	17.3	5
65	Leo McElhinney	Springburn Harrier:	U11B	20.2	6

100m U13B

Heat 1

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
51	Ricco Begnor	Ayr Seaforth AC	U13B	13.8	1
25	Aaron Hope	Falkirk VH	U13B	14.6	2
21	Ross McLaren	Strathearn Harriers	U13B	14.6	3
92	Lucas Millican	Shettleston Harrier	U13B	15.6	4
58	Josh Cooper	Haddington RC	U13B	15.6	5
101	Tom Trevis-Smith	Central AC	U13B	16.5	6
47	Abu-Bakr Nawaz	Central AC	U13B	16.5	7

100m U15B

Heat 1

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
27	Ethan Gallagher	Falkirk VH	U15B	13.7	
78	Noah White	Strathearn Harriers	U15B	15.1	
103	Adrian Wisniewski	Central AC	U15B	16.3	

100m U15B

Heat 2

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
50	Finlay Cunningham	Livingston	U15B	12.3	1
85	Andrew Lumsden	Elgin AAC	U15B	12.6	2
37	Hamish Lamont	Falkirk VH	U15B	13.1	3
41	Lewis Miller	Central AC	U15B	13.3	4
80	Jack Burns	Whitemoss AAC	U15B	13.5	5
81	Matthew Cox	Ayr Seaforth AC	U15B	14.1	6

100m U17-SenM

Heat 1

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
71	Jonah Whitby	Central AC	U17M	12.6	1
33	Alexander Hendry	Elgin AAC	U17M	12.6	2
98	Charlie Farndon	Strathearn Harriers	U17M	12.8	3

100m U17-SenM

Heat 2

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
20	Lewis Lyall	Falkirk VH	U20M	11.9	1
96	Ken Young	Central AC	U17M	11.9	2
15	Euan Laird	Harmeny AC	U17M	12	3
28	Ian McDonald	Central AC	MstrM	12	4
76	Dylan McCulloch	Central AC	U17M	12.1	5
3	Finlay Marchant	Central AC	U20M	12.2	6
13	Andrew Clydesdale	East Kilbride AC	MstrM	13	7

100m U17-SenM

Heat 3

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
79	James McMillan	Airdrie Harriers	U20M	10.9	1
32	Euan Smith	Central AC	SenM	11	2
52	Alexander Poustie-Wil	Edinburgh AC	U20M	11.4	3
49	Alexander Moss	Durham Uni	SenM	11.5	4
7	Mateo Hughes	Edinburgh AC	U20M	11.5	5
69	Branden Dunlop	VPCOG	U17M	11.7	6
77	Fraser MacDonald	Ross County AC	SenM	11.9	7
24	Samuel Okpaje	Edinburgh AC	U20M	12.1	8

300m Hurdles

Heat 1

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
162	Ruby Lennon	Springburn Harriers	U17W	58.2	1

400m Hurdles**Heat 1**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
232	Caspian Ng	Edinburgh Uni AC	SenM	63.9	1
206	Tom Palmer	Elgin AAC	U17M	63.9	1
68	Emily Happell	VPCOG	U20W	73.9	1

200m U11G**Heat 1**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
38	Áine Fraser	Montrose ADAC	U11G	31.1	1
127	Willow Smith	Springburn Harriers	U11G	33.3	2
40	Zara Hector	Central AC	U11G	33.5	3
36	Georgia McMahon	Airdrie Harriers	U11G	33.8	4
122	Kate Burns	Whitemoss AAC	U11G	35.3	5
23	Olivia Denholm	Central AC	U11G	37.5	6
42	Zoe Beaton	Central AC	U11G	38.8	7
39	Emily Davey		U11G	40.3	8

200m U13G**Heat 1**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
140	Josie Anderson	Falkirk VH	U13G	30.5	1
110	Beth Mould	Springburn Harriers	U13G	31.1	2
16	Willow Hopper	Central AC	U13G	32	3
134	Eilidh Neillie Rutherford	Moray RR	U13G	32.2	4
12	Ella O'Brien	Springburn Harriers	U13G	35	5
107	Emily Watkin	Central AC	U13G	37.3	6

200m U15G**Heat 1**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
30	Rowan Calveley	Central AC	U15G	28.9	1
10	Catriona Deykin	Central AC	U15G	32.2	2
126	Hannah Johnson	Falkirk VH	U15G	32.5	3
114	Orla Turnbull	Law & District AAC	U15G	35.2	4

200m U15G**Heat 2**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
19	Tabitha Mackenzie	Central AC	U15G	28.8	1
143	Fia Watkin	Central AC	U15G	28.9	2
108	Eve Donaldson	Falkirk VH	U15G	29.7	3
34	Madelaine Blanchard	Strathearn Harriers	U15G	29.8	4
121	Lucie Gibson	Falkirk VH	U15G	30.8	5
35	Sophia Waring	Central AC	U15G	30.8	6

200m U15G**Heat 3**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
130	Holly Whittaker	Elgin AAC	U15G	27.1	1
9	Olivia Faith Muir	Harmeny AC	U15G	27.6	2
29	Aoife Swan-Ashe	Team East Lothian	U15G	27.7	3
139	Aimee Calder	Falkirk VH	U15G	28.3	4
43	Ava Cruickshank	Elgin AAC	U15G	28.3	5
14	Megan Mitchell	Strathearn Harriers	U15G	29.3	6
106	Skye Davidson	Hamilton ADAAC	U15G	29.6	7

200m U17-SenW**Heat 1**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
1	Teagan McIntosh	Central AC	U20W	28.5	1
132	Millie O'Neill	Central AC	U20W	30	2
147	Jessie McLeod	Falkirk VH	U17W	30.5	3
26	Hannah Hope	Falkirk VH	U17W	31	4
138	Hannah Gallon	Central AC	U17W	32.3	5

200m U17-SenW

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
44	Dianna Raschella	Stirling Uni AC	SenW	27.9	1
6	Erin Downie	VPCOG	U17W	28	2
22	Kirsty McKendrick	Central AC	U17W	28.9	3
118	Taylor More	Airdrie Harriers	U17W	29.3	4
18	Hannah Blanchard	Strathearn Harriers	U17W	29.5	5
129	Isabel Bedoya	Edinburgh Uni AC	U20W	30.3	6
146	Kirsty Forsyth	Central AC	SenW	32.4	7

Heat 2**200m U17-SenW**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
117	Roisin Smith	Airdrie Harriers	SenW	26.6	1
142	Konstantina Roumano	Stirling Uni AC	SenW	27.2	2
11	Ellie Buchanan	Falkirk VH	U20W	27.6	3
128	Jade Nimmo	Falkirk VH	SenW	28	4

Heat 3**200m U17-SenM**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
15	Euan Laird	Harmeny AC	U17M	24.1	1
116	Ruairidh Burns	Central AC	U17M	24.7	2
28	Ian McDonald	Central AC	MstrM	24.7	3
141	Ayman Qureshi	St Andrews Uni	SenM	25.3	4
136	Ross Lawrie	Central AC	U20M	25.9	5
33	Alexander Hendry	Elgin AAC	U17M	26.3	6

Heat 1**200m U17-SenM**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
32	Euan Smith	Central AC	SenM	22.5	1
113	Stephen Ross	Motherwell AC	SenM	22.7	2
7	Mateo Hughes	Edinburgh AC	U20M	22.8	3
49	Alexander Moss	Durham Uni	SenM	22.9	4
20	Lewis Lyall	Falkirk VH	U20M	23.5	5

Heat 2**200m U15B**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
50	Finlay Cunningham	Livingston	U15B	24.5	1
37	Hamish Lamont	Falkirk VH	U15B	27	2
131	Ruaridh Mackenzie-Cc	Elgin AAC	U15B	27.8	3
120	Ray Taylor	Falkirk VH	U15B	28	4
27	Ethan Gallagher	Falkirk VH	U15B	28.4	5
103	Adrian Wisniewski	Central AC	U15B	34	6

Heat 1**200m U13B**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
123	Matthew Connolly	Team East Lothian	U13B	28.9	1
51	Ricco Begnor	Ayr Seaforth AC	U13B	30	2
111	Luca Shepherd	Central AC	U13B	30.8	3
25	Aaron Hope	Falkirk VH	U13B	31.3	4
21	Ross McLaren	Strathearn Harriers	U13B	31.7	5
109	Michael Murphy	Springburn Harrier	U13B	34.1	6
47	Abu-Bakr Nawaz	Central AC	U13B	36	7

Heat 1**200m U11B**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
4	Lucas McDonald	Springburn Harrier	U11B	30.1	1
2	Alfie Laing	Central AC	U11B	30.8	2
124	Adam Connolly	Dunbar RC	U11B	34.7	3
115	Tyler Turnbull	Law & District AAC	U11B	36.8	4

Heat 1**1500m**

<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Perf</i>	<i>Posn</i>
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Heat 1

165	Alistair Street	Kilbarchan AAC	U15B	4:37.6	1
149	Harrison MacMillan	Central AC	U13B	5:11.0	2
148	Rory MacMillan	Central AC	U13B	5:15.5	3
166	Allen Marr	PH Racing Club	MstrM	5:20.2	4
218	Dionne Maguinness	Airdrie Harriers	U13G	5:22.5	5
152	Scarlett Roy	Central AC	U17W	5:29.8	6
221	Erin Reilly	Giffnock North AC	U15G	5:30.1	7
176	Skye Marshall	Harmeny AC	U15G	5:38.8	8
192	Robyn Mckerracher	Central AC	U17W	5:53.9	9
200	Kayla Crawford	Central AC	U15G	6:35.5	10

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1500m

Heat 2

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No	Name	Club	Age Grp	P:rf	Posn
167	Freya Campbell	Giffnock North AC	U15G	4:50.6	1
177	Ariane Baillie	Pitreavie AAC	U17W	4:52.5	2
246	Fraser Gemmell	Falkirk VH	U15B	4:56.7	3
172	Joe Smith	Team East Lothian	U15B	5:03.5	4
187	Cahal McAtarsney	Falkirk VH	U15B	5:06.3	5
181	Emily Christie	Falkirk VH	U13G	5:08.0	6
212	Alex Dunlop	Central AC	U17M	5:13.7	7
213	Erin Hendry	Falkirk VH	U20W	5:19.0	8
140	Skye Smith	Springburn Harrier:	U15G	5:26.5	9
217	Summer Maclean	Central AC	U20W	5:42.8	10
214	Josie Anderson	Falkirk VH	U13G	5:43.1	11

:

1500m

Heat 3

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No	Name	Club	Age Grp	P:rf	Posn
194	Tendai Nyabadza	Harmeny AC	U20M	3:57.3	1
243	Kristof Hornyik	St Andrews Uni	SenM	3:59.7	2
193	Finlay Ross	Harmeny AC	U17M	4:05.6	3
244	Gavin Cooney	Edinburgh AC	SenM	4:19.4	4
201	Sam Grivell	Central AC	U20M	4:31.2	5
174	Andrew Grant	Strathearn Harriers	U15B	4:32.8	6
236	Jamie Smith	Team East Lothian	U17M	4:49.9	7
188	Caitlyn Christie		U17W	4:52.5	8
156	Angus Fraser-Moodie	Springburn Harrier:	U15B	4:57.4	9

300m

Heat 1

No	Name	Club	Age Grp	Perf	Posn
259	Zosia Paddon	Central AC	U17W	45.4	1
169	Niamh McKinlay	Central AC	U15G	45.5	2
197	Katie Bennie	Falkirk VH	U17W	47.7	3
160	Millie Newall	Springburn Harrier:	U15G	48.6	4
133	Lucie Gibson	Falkirk VH	U15G	49.1	5

300m

Heat 2

No	Name	Club	Age Grp	Perf	Posn
120	Ray Taylor	Falkirk VH	U15B	45	1
131	Ruaridh Mackenzie-Cc	Elgin AAC	U15B	45.4	2
223	Ava Millican	Shettleston Harrier	U15G	47.2	3
139	Aimee Calder	Falkirk VH	U15G	47.4	4
118	Taylor More	Airdrie Harriers	U17W	47.7	5
170	Lexi Cattanach	Falkirk VH	U17W	49.9	6

400m

Heat 1

No	Name	Club	Age Grp	Perf	Posn
228	Sarah Pearson	Central AC	SenW	59.1	1
132	Millie O'Neill	Central AC	U20W	69	2
250	Haley Brett	Edinburgh Uni AC	SenW	71.5	3

400m

Heat 2

No	Name	Club	Age Grp	Perf	Posn
184	Brodie Young	Airdrie Harriers	U20M	49.6	1

52	Alexander Poustie-Wil	Edinburgh AC	U20M	52.8	2
116	Ruairidh Burns	Central AC	U17M	55.8	3
232	Caspian Ng	Edinburgh Uni AC	SenM	57.8	4
128	Ellie Buchanan	Falkirk VH	U20W	65	5

FIELD RESULTS

Long Jump U11 & U13 Boys

		<i>Time</i>		<i>10:30</i>	
<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>	<i>Posn</i>
2	Alfie Laing	Central AC	U11B	3.19	1
207	Callum Cameron	Airdrie H	U11B	3.15	2
239	Jaden Mackay	Dunfermline	U11B	2.93	3
229	Eli Crawford	Springburn Harrier:	U11B	2.77	4
191	Oliver McDonald	Central AC	U11B	2.32	5
21	Ross McLaren	Strathearn Harriers	U13B	3.43	1
111	Luca Shepherd	Central AC	U13B	3.14	2
101	Tom Trevis-Smith	Central AC	U13B	3.05	3

Shot all females

		<i>Time</i>		<i>10:30</i>	
<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>	<i>Posn</i>
189	Lorna Brown	Falkirk VH	MstrW	9.58	1
208	Claire Cameron	VPCOG	MstrW	9.1	2
40	Zara Hector	Central AC	U11G	3.55	1
220	Crista Elliot	Airdrie Harriers	U11G	2.62	2
110	Beth Mould	Springburn Harrier:	U13G	5.37	1
107	Emily Watkin	Central AC	U13G	3.81	2
154	Jessica Taylor	Springburn Harrier:	U15G	7.32	1
160	Millie Newall	Springburn Harrier:	U15G	7.12	2
227	Charis Crawford	Springburn Harrier:	U15G	6.64	3
198	Anna Bondar	Law & District AAC	U15G	6.48	4
249	Rosie Sharples	Falkirk VH	U20W	9.69	1

High Jump (all females)

		<i>Time</i>		<i>10:30</i>	
<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Height</i>	<i>Posn</i>
219	Leanna Elliot	Airdrie Harriers	U13G	1.45	1
134	Eilidh Neillie Rutherford	Moray RR	U13G	1.25	2
182	Aine McAtarsney	Falkirk VH	U13G	1.2	3
89	Loren Stewart	Central AC	U15G	1.45	1
60	Dara Clark	Central AC	U15G	1.25	2=
160	Millie Newall	Springburn Harrier:	U15G	1.25	2=
106	Skye Davidson	Hamilton ADAAC	U15G	1.2	4
22	Kirsty McKendrick	Central AC	U17W	1.35	1
93	Amy Clark	Central AC	U17W	1.25	2
118	Taylor More	Airdrie Harriers	U17W	NH	

Long Jump U15B - SenM (tailwind)

		<i>Time</i>		<i>11:15</i>	
<i>No</i>	<i>Name</i>	<i>Club</i>	<i>Age Grp</i>	<i>Distance</i>	<i>Posn</i>
85	Andrew Lumsden	Elgin AAC	U15B	4.86	1
80	Jack Burns	Whitemoss AAC	U15B	4.57	2
235	Logan Johnston	Giffnock North AC	U15B	4.32	3
131	Ruairidh Mackenzie-Cc	Elgin AAC	U15B	3.87	4
81	Matthew Cox	Ayr Seaforth AC	U15B	3.85	5
78	Noah White	Strathearn Harriers	U15B	3.82	6
103	Adrian Wisniewski	Central ACU15B		3.14	7
116	Ruairidh Burns	Central AC	U17M	5.62	1
96	Ken Young	Central AC	U17M	5.53	2

76	Dylan McCulloch	Central AC	U17M	5.4	3
71	Jonah Whitby	Central AC	U17M	5.31	4
206	Tom Palmer	Elgin AAC	U17M	5.06	5

136	Ross Lawrie	Central AC	U20M	4.87	1
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Long Jump U11 Girls (headwind) Time 11:15

No	Name	Club	Age Grp	Distance	Posn
38	Aine Fraser	Montrose ADAC	U11G	3.28	1
220	Crista Elliot	Airdrie Harriers	U11G	3.08	2
36	Georgia McMahon	Airdrie Harriers	U11G	2.45	3
61	Iona Clark	Central AC	U11G	2.28	4
39	Emily Davey		U11G	1.97	5

Discus Time 11:15

No	Name	Club	Age Grp	Distance	Posn
189	Lorna Brown	Falkirk VH	MstrW	27.99	1
208	Claire Cameron	VPCOG	MstrW	26.14	2
154	Jessica Taylor	Springburn Harriers	U15G	17.35	1
66	Abby Renwick	Airdrie Harriers	U15G	16.4	2
231	Sophie Michie	Helensburgh AAC	U20W	22.06	1
84	Megan Dunlop	Central AC	U20W	19.91	2
211	John MacCorquodale	Aberdeen AAC	MstrM	25.39	1
153	Matt Stanley	Springburn Harriers	MstrM	14.9	2
230	Andrew Twigg	Central AC	U17M	15.59	1

Javelin (U11 & U13 B&G) Time 12:00

No	Name	Club	Age Grp	Distance	Posn
16	Willow Hopper	Central AC	U13G	10.54	1
61	Iona Clark	Central AC	U11G	5.6	1
255	Sasha Graham	Gala Harriers	U13B	12.19	1
229	Eli Crawford	Springburn Harriers	U11B	8.31	1
191	Oliver McDonald	Central AC	U11B	6.79	2

Long Jump (U17 - Sen Women) Time 01:30

No	Name	Club	Age Grp	Distance	Posn
100	Lok Tung Chan	Edinburgh Uni AC	SenW	3.34	1
54	Katie Lennon	Springburn Harriers	U17W	3.45	1

Shot (all males) Time 01:30

No	Name	Club	Age Grp	Distance	Posn
211	John MacCorquodale	Aberdeen AAC	MstrM	8.56	1
136	Ross Lawrie	Central AC	U20M	7.88	1
20	Lewis Lyall	Falkirk VH	U20M	6.87	2
98	Charlie Farndon	Strathearn H	U17M	10.17	1
230	Andrew Twigg	Central AC	U17M	6.43	2
145	Cameron Moore	Central AC	U15B	8.08	1
25	Aaron Hope	Falkirk VH	U13B	4.8	1
255	Sasha Graham	Gala Harriers	U13B	4.7	2
229	Eli Crawford	Springburn Harriers	U11B	2.9	1

191	Oliver McDonald	Central AC	U11B	2.87	2
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High Jump (all males) Time 01:30

No	Name	Club	Age Grp	Height	Posn
69	Branden Dunlop	VPCOG	U17M	1.73	1
248	Ryan Davie	Giffnock North AC	U17M	1.7	2
120	Ray Taylor	Falkirk VH	U15B	1.35	1
181	Cahal McAtarsney	Falkirk VH	U15B	1.25	2

Long Jump U15 Girls (tailwind pit Time 02:15

No	Name	Club	Age Grp	Distance	Posn
130	Holly Whittaker	Elgin AAC	U15G	4.84	1
89	Loren Stewart	Central AC	U15G	4.64	2
95	Iris Whitton	Elgin AAC	U15G	4.36	3
108	Fia Watkin	Central AC	U15G	4.28	4
216	Evie Collins	Elgin AAC	U15G	3.83	5
66	Abby Renwick	Airdrie Harriers	U15G	3.83	6
227	Charis Crawford	Springburn Harrier	U15G	3.77	7
121	Eve Donaldson	Falkirk VH	U15G	3.57	8
73	Erin Horler	Falkirk VH	U15G	3.56	9
157	Cara McKinlay	Central AC	U15G	3.25	10
126	Hannah Johnson	Falkirk VH	U15G	3.03	11

Long Jump U13 Girls (headwind pit Time 02:15

No	Name	Club	Age Grp	Distance	Posn
67	Enya Doran	Airdrie Harriers	U13G	4.3	1
219	Leanna Elliot	Airdrie Harriers	U13G	4.21	2
205	Gemma Forgie	Elgin AAC	U13G	3.72	3
110	Beth Mould	Springburn Harrier	U13G	3.49	4
209	Jenna Gage	Elgin AAC	U13G	3.32	5
140	Josie Anderson	Falkirk VH	U13G	3.04	6
107	Emily Watkin	Central AC	U13G	3.03	7
56	Freya Isaacs	Central AC	U13G	2.85	8
12	Ella O'Brien	Springburn Harrier	U13G	2.38	9

Javelin (U15 -sen M&W) Time 02:15

No	Name	Club	Age Grp	Distance	Posn
189	Lorna Brown	Falkirk VH	MstrW	26.8	1
249	Rosie Sharples	Falkirk VH	U20W	18.32	1
84	Megan Dunlop	Central AC	U20W	15.64	2
213	Erin Hendry	Falkirk VH	U20W	10.65	3
106	Skye Davidson	Hamilton ADAAC	U15G	17.75	1
157	Cara McKinlay	Central AC	U15G	13.1	2
60	Dara Clark	Central AC	U15G	11.16	3
211	John MacCorquodale	Aberdeen AAC	MstrM	22.63	1
153	Matt Stanley	Springburn Harrier	MstrM	19.56	2
214	Alex Dunlop	Central AC	U17M	16.74	1
230	Andrew Twigg	Central AC	U17M	NT	
37	Hamish Lamont	Falkirk VH	U15B	19.36	1
85	Andrew Lumsden	Elgin AAC	U15B	15.59	2