



Race : 4 800m Ht 4

Posn	Vest No.	Leg No.	Time	Name	Club
1	33	4	02:01.60	Fraser Morris U20	Livingston
2	30	1	02:02.74	Mark Macdermot	Edinburgh Ac
3	37	8	02:02.90	Fraser Lupton U15	Team East Lothian
4	36	7	02:04.24	Calum Dick U15	Giffnock North
5	32	3	02:04.31	Ewan Calder	Peterhead / Central
6	31	2	02:04.74	Steven Bryce	Victoria Park City Of Glasgow
7	34	5	02:05.14	Matthew Holden U15	Harmeny
8	35	6	02:13.17	Allan Cameron V50	Cumbernauld

Race : 5 800m Ht 5

Posn	Vest No.	Leg No.	Time	Name	Club
1	40	2	02:07.65	Hannah Cameron	Aberdeen
2	42	4	02:08.87	Beth Ansell	Edinburgh Ac / Manchester Uni
3	41	3	02:09.23	Philippa Millage V40	Victoria Park City Of Glasgow
4	39	1	02:10.55	Katie Johnson U20	Edinburgh Ac
5	44	6	02:10.72	Niamh Carr U23	Edinburgh University
6	43	5	02:11.95	Mhairi Hendry	Victoria Park City Of Glasgow / Strathclyde Uni
7	45	7	02:14.75	Zoe Carruthers	Lisburn

Race : 6 800m Ht 6

Posn	Vest No.	Leg No.	Time	Name	Club
1	52	6	02:12.51	Hannah Taylor U17	Aberdeen AAC
2	49	3	02:13.26	Abbi Macleod U17	Falkirk
3	54	8	02:13.80	Sofia Vidak U20	Falkirk / Glasgow Sch Of Sport
4	53	7	02:14.33	Holly Ovens U17	Fife / Falkirk
5	55	9	02:14.48	Sarah Coutts U20	Pitreavie
6	51	5	02:15.62	Grace Macdonald U17	Aberdeen AAC

Race : 7 800m Ht 7

Posn	Vest No.	Leg No.	Time	Name	Club
1	56	1	02:07.77	Daniel Lowe	Shettleston

2	59	4	02:09.41	Dair Alexander U15	Harmeny
3	57	2	02:10.30	Colin Whitby V40	Garscube
4	60	5	02:12.04	Matthew Fox U15	Shettleston

Race : 8  
800m Ht 8

Posn	Vest No.	Leg No.	Time	Name	Club
1	64	3	02:15.46	Zara Redmond U15	Kilbarchan
2	62	1	02:16.83	Lily Simon U17	Pitreavie
3	63	2	02:17.59	Millie McClelland-brooks U17	Inverclyde
4	66	5	02:32.75	Anna Cairns U17	Inverness

Race : 9  
800m Ht 9

Posn	Vest No.	Leg No.	Time	Name	Club
1	73	3	02:11.57	Andrew Grant U15	Strathearn
2	77	7	02:13.82	James Wotherspoon U15	Harmeny
3	71	1	02:14.68	Mark Gallacher V50	Cambuslang
4	75	5	02:16.63	Paul Forbes V65m	Edinburgh Ac
5	76	6	02:17.16	Ryan Mcnamara U15	East Kilbride
6	74	4	02:20.95	Paul Mcmonagle V50	Cumbernauld / Scottish Vets H
7	79	9	02:22.30	Daniel McIntyre U15	Harmeny

Race : 10  
800m Ht 10

Posn	Vest No.	Leg No.	Time	Name	Club
1	81	2	02:17.95	Patrick Fraser U15	Giffnock North
2	84	5	02:19.44	Scarlett Wilson U15	Giffnock North
3	87	8	02:21.30	Sarah McNulty U15	Giffnock North
4	86	7	02:22.94	Ava Beaton U17	Inverclyde
5	82	3	02:24.11	Caitlin Mcgeachy U15	Giffnock North / Glasgow Sch Of Sport
6	83	4	02:24.43	Aimee Anderson U17	East Kilbride
7	88	9	02:24.49	Connor Brown U23	Fife

Race : 11  
800m Ht 11

: 11

800m Ht 11

Posn	Vest No.	Leg No.	Time	Name	Club
1	97	6	02:25.12	Matilda Frew U15	East Kilbride
2	93	3	02:25.36	Lauren Mcpherson U15	Giffnock North
3	95	4	02:26.52	Millie Gairn U15	Airdrie Harriers / Glasgow Sch Of Sport
4	92	2	02:26.81	Jemma Macleod U15	Cumbernauld
5	98	7	02:27.06	Amy Gallagher U15	Giffnock North
6	91	1	02:31.31	Eihlenn Gillespie U15	Glasgow Sch Of Sport / Airdrie Harriers
7	99	8	02:32.99	Aneesa Phillips U15	Giffnock North
8	101	10	02:33.24	Erin Reilly U15	Giffnock North
9	96	5	02:33.30	Ella McWilliams U15	Giffnock North
10	102	11	02:33.55	Isla Munro U15	Giffnock North
11	100	9	02:39.62	Hannah Sluman U15	Giffnock North

Race : 13

800m Ht 13 (FR)

Posn	Vest No.	Leg No.	Time	Name	Club
1	250	1	04:04.12	Julie Mcel Mcelroy V35	Vpcog
2	251	2	04:07.32	Layla Mcloskey U17	Vpcog

Race : 14

3000m Ht 1

Posn	Vest No.	Leg No.	Time	Name	Club
1	107	4	08:10.96	James Donald	Dundee Hawkhill
2	105	2	08:16.28	Kane Elliott U23	Falkirk
3	109	6	08:17.33	Aidan Thompson	Central / Belmont
4	114	11	08:19.04	Owen Miller	Fife
5	118	15	08:23.15	Callum Tharme U23	Gala / Edinburgh Uni
6	106	3	08:24.29	Alastair Hay V35	Central
7	112	9	08:24.91	Gavin Smith	Cambuslang / American International College
8	121	18	08:32.11	Cameron Wright U23	Kilbarchan
9	119	16	08:35.41	Robbie Ferguson	Kilbarchan / Glasgow Caledonian Uni
10	122	19	08:43.29	Daryl Reid	East Kilbride
11	120	17	08:45.67	Anthony Addison	Corstorphine / Glasgow Uni

Race : 15 3000m Ht 2

Posn	Vest No.	Leg No.	Time	Name	Club
1	127	4	08:21.99	Tendai Nyabadza U20	Harmeny
2	126	3	08:31.34	Fraser Gilmour U20	Victoria Park City Of Glasgow
3	137	14	08:34.31	Conan Harper U20	Giffnock North AAC
4	130	7	08:34.61	Reiss Marshall U17	Fife
5	139	16	08:45.70	Finlay Ross-davie U20	Garscube
6	124	1	08:48.24	Andrew Thomson U20	Fife
7	144	21	08:51.90	Angus Smith U20	Inverness Harriers
8	135	12	08:55.46	Reuben Macdonald U20	Giffnock North AAC
9	142	19	08:55.90	Harris Pagett U20	Strathearn
10	138	15	08:56.21	Jamie Phillips U17	Kilmarnock
11	141	18	08:56.61	Ross O'brien U20	Giffnock North
12	131	8	08:57.40	Kyle Thompson U20	Loughview Ac
13	136	13	08:59.12	Hmish Mckay U17	Aberdeen AAC
14	128	5	09:01.24	Cameron Green U20	Giffnock North
15	140	17	09:03.98	Henry Sutton U20	Glasgow Uni
16	134	11	09:04.18	Connor Bell U17	Central Ac
17	133	10	09:12.44	Lucas Cairns U20	Inverness
18	129	6	09:15.46	Aaron Grew U20	Cambuslang
19	143	20	09:22.03	Jordan Phillips U17	Kilmarnock

Race : 16 3000m Ht 3

Posn	Vest No.	Leg No.	Time	Name	Club
1	151	5	08:38.45	Aidan Gilbride	East Kilbride / University Of Mount Olive
2	155	9	08:42.17	Lewis Rodgers	Fife
3	147	1	08:45.76	Ewan Davidson	Peterborough & Nene Valley / Edinburgh Uni Hare & Hounds / Moray
4	154	8	08:46.77	Grant Baillie V40	East Kilbride / Fire Service
5	157	10	08:50.55	Derek Rae V35	Fife
6	148	2	08:53.74	Jack Eykelbosch	Dacorum / Corstorphine
7	161	14	08:54.18	Steven Murray	Aberdeen / Aberdeen Uni
8	163	16	08:55.12	David Wright	Lothian Rc
9	158	11	08:56.18	Fearghas Thomson	Aberdeen / Aberdeen Uni
10	162	15	08:58.20	Cameron Sale U23	Dundee Hawkhill
11	159	12	08:58.95	Andrew Johnstone	Rugby & Northampton / King's College London / Inverness
12	152	6	08:59.20	Eilish Murray	East Sutherland / Inverness

12	152	8	06:59.20	Finlay Murray	East Sutherland / Inverness
13	160	13	09:01.98	Sam Fernando	Fife
14	153	7	09:03.88	Yacoub Bahar	Springburn
15	164	17	09:04.12	Jamie Stevenson	Ochil Hill Runners
16	150	4	09:15.59	Ryan Donald U23	Dundee Hawkhill

Race : 17  
3000m Ht 4

Posn	Vest No.	Leg No.	Time	Name	Club
1	175	8	08:57.85	Michael Sanderson U23	Fife
2	173	6	09:01.84	Angus Wright U20	Team East Lothian / Hunters Bog Trotters / Haddington Rc
3	178	11	09:01.93	Alistair Gudgin	Fife Ac
4	185	18	09:02.49	Andrew Mcwilliam U17	Lasswade
5	181	14	09:05.41	Annabel Simpson	Fife Ac
6	179	12	09:06.85	Megan Keith U23	Edinburgh University
7	177	10	09:11.43	Ewan Anderson U20	Glasgow University Hares & Hounds
8	171	4	09:11.79	Matthew Dailey U23	Jsk Running Club / Edinburgh Uni Hare & Hounds
9	169	2	09:16.04	James Bowness	Trafford / Ipswich Jaffa / Glasgow Caledonian Uni
10	170	3	09:22.47	Jamie Clements	East Kilbride
11	184	17	09:39.09	Jack Kirwan	East Kilbride

Race : 18  
3000m Ht 5

Posn	Vest No.	Leg No.	Time	Name	Club
1	188	2	09:28.09	Hannah Ryding U20	Giffnock North
2	191	5	09:38.84	Hannah Anderson U23	East Kilbride / Edinburgh Uni Hare & Hounds
3	187	1	09:41.01	Lynn Mckenna U23	Giffnock North
4	198	12	09:45.14	Brogan Wallace	London Heathside
5	196	10	09:49.79	Eve Mackinnon	Cambuslang
6	192	6	09:50.09	Meredith Reid U20	Inverclyde
7	193	7	09:54.74	Nynke Mulholland	Inverclyde
8	201	15	10:02.79	Natasha Phillips U20	Dundee Hawkhill
9	200	14	10:08.97	Caitlin Purcell U20	Aberdeen AAC
10	189	3	10:16.10	Valencia Wright U20	Giffnock North

Race : 19 3000m Ht 6

Posn	Vest No.	Leg No.	Time	Name	Club
1	203	1	09:37.24	Paul McMahon V40	Garscube
2	204	2	09:39.78	Innes Wright U17	Team East Lothian / Hunters Bog Trotters / Haddington Rc
3	208	6	09:45.62	Adam Wetton U20	Corstorphine
4	213	11	09:48.11	Amy Teasdale U17	Kilbarchan
5	209	7	09:50.39	Jonathan Dow U17	Cambuslang
6	206	4	09:50.70	Fraser Armstrong	Red Star / Bellahouston Harriers
7	205	3	09:50.90	Jack Anderson Donald U17	Dundee Hawkhill
8	217	15	09:56.21	Aoife Carr	Glasgow Uni
9	210	8	10:16.20	Chris Upson V55	Cambuslang / Scottish Vets H
10	212	10	10:17.02	Caitlyn Heggie U17	Ross County
11	218	16	10:19.81	Avril Mason V45	Shettleston
12	211	9	10:25.44	Mark King V50	Cambuslang
13	214	12	10:36.13	Flora Henry U20	Team East Lothian
14	221	19	10:39.68	Caitlyn Christie U17	Falkirk
15	229	20	10:47.81	Alicia Paton	Cumbernauld / Glasgow Uni
16	219	17	10:49.20	Jonathan Hunter U17	East Kilbride

Race : 20 3000m Ht 7

Posn	Vest No.	Leg No.	Time	Name	Club
1	226	5	10:36.10	Ryan Snitjer U20	Corstorphine
2	222	1	10:57.95	Fiona Matheson V60	Falkirk / Scottish Vets H
3	224	3	11:02.39	Dave Thom V60	Cambuslang
4	227	6	11:04.09	Lauren Doney U17	Corstorphine
5	223	2	11:11.51	Becky Dunphy	Vpcog
6	233	11	11:16.68	Ruby McGill U20	Greenock Glenpark
7	228	7	11:19.03	Grant Matheson V60	Falkirk / Scottish Vets H
8	231	9	11:20.45	Anne Howie V60	Aberdeen / Scottish Vets H
9	225	4	11:24.46	Tuscany Wright U17	Giffnock North
10	234	12	11:39.27	Rachel Stevens U17	Team East Lothian

Race : 21 3000m Ht 8

Posn	Vest	Leg	Time	Name	Club
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Posn	No.	No.	Time	Name	Club
1	235	1	08:58.68	Angus Wilkinson U15	East Kilbride
2	242	8	09:29.87	Andrew Baird U15	Ross County
3	241	7	09:44.68	James Alexander U15	Garscube
4	240	6	10:26.30	Aaron Reid U15	Giffnock North
5	243	9	10:26.77	Calum Duffy U15	Ross County
6	246	12	10:42.84	Freya Scobie U15	Giffnock North
7	236	2	10:57.53	Ben Bailie U15	East Kilbride
8	238	4	11:06.33	Dylan Edwards U15	East Kilbride
9	237	3	11:12.49	Euan Thorpe U15	East Kilbride
10	244	10	11:40.03	Skye Smith U15	Springburn
11	94	13	11:49.79	Eva Saez U15	Giffnock North