

Timetable Match 4

TRACK

FIELD

11:00am 10,000m U20/Senior Men/Women

11.45am 300m Hurdles U17 Women

11.55am 400m Hurdles U20 / Senior Women

11.55am 400m Hurdles U17M

11.55am 400m Hurdles U20 / Senior Men

12:05pm 200m - Pool 1 Senior/U20/U17 Men

200m Senior/U20/U17 Men

200m Senior/U20/U17 Men

200m Senior/U20/U17 Men

200m Senior/U20/U17 Men

12:30pm 200m - Pool 2 Senior/U20/U17 Men

200m Senior/U20/U17 Men

200m Senior/U20/U17 Men

200m Senior/U20/U17 Men

200m Senior/U20/U17 Men

12:55pm Lunch

13:40pm 200m - Pool 3 Senior/U20/U17 Women

200m Senior/U20/U17 Women

200m Senior/U20/U17 Women

200m Senior/U20/U17 Women

200m Senior/U20/U17 Women

14:10pm 1500m U17 Men

1500m U17 Men

1500m Senior/U20 Men

1500m Senior/U20 Men

1500m Senior/U20 Men

15:00pm 1500m U17 Women

1500m Senior/U20 Women

15:20pm 4x100m Relay U17 Men

15:25pm 4x100m Relay U20/Sen Men

15:30pm 4x100m Relay U20/Women

11:00am Hammer All
Triple Jump All Men / Women

12:30pm High Jump All Women
Long Jump All Men
Shot All Men

14:00pm Long Jump U17 Women
Shot Putt All Women

14:30pm High Jump All Men

15:00pm Long Jump U20/Sen Women

REVISED