

LIVINGSTON OPEN MEETING

Friday 2 September 2022

TIMETABLE

TRACK

6.45 80m

7.00 100m

7.40 400m

8.00 300m

8.15 600m

8.25 1500m

FIELD

6.45 Long Jump (U13)

High Jump (St. Ht. 1.15m)

Javelin (U17-SEN)

7.15 Javelin (U13-U15)

7.25 Long Jump (U11)

7.30 High Jump (St. Ht. 1.35m)

7.50 Long Jump (U17-SEN)

8.00 Shot Put (U11-U13)

8.15 High Jump (St. Ht. 1.00m)

Long Jump (U15)

8.30 Shot Put (U15)

Track events will be seeded based on performance, with the heats ordered fastest to slowest, except the 1500m which is slowest to fastest.