

Saturday 28th January Event 1 Heptathlon: #1 Men 60 m U17 Men

CBP: B 7.20 04/03/2017 Robbie Farquhar, Aberdeen AAC
2022: 7.56 29/01/2022 Ben Heron, North Ayrshi

Name	Age	Team	Final	Points
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Section 1

1	Corey Middleton	U17	PRESTON HARRIERS	8.09	534
2	Luc Macleod	U17	BANCHORY STO	8.12	525
3	Jamie Connor	U17	CENTRAL AC	8.39	452
4	Cameron Moore	U17	CENTRAL AC	8.44	439

Section 2

1	Corey Beechall	U17	LIVERPOOL HA	7.59	684
2	Sammy Lok	U17	CORBY AC	7.65	665
3	Dylan Gee	U17	NORTH AYRSHIRE AAC	7.67	659
4	Finn Bryce	U17	ABERDEEN AAC	7.75	634
5	James Clark	U17	VP-GLASGOW AC	8.00	560

Saturday 28th January Event 2 Heptathlon: #1 Men 60 m U20 Men

CBP: B 7.07 16/02/2019 Scott Connal U20, Edinburgh AC
2022: 7.39 29/01/2022 Louis Morrison, Trafford AC

Name	Age	Team	Final	Points
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Section 1

1	Morgan White	U20	SALE HARRIERS	7.33	769
2	Jonathan Cameron	U20	INVERCLYDE AC	7.52	706
3	Lexx McConville	U20	WINDSOR SLOU	7.82	613
4	Euan Wallace	U20	CUMBERNAULD AAC	7.89	592
5	Ross Lawrie	U20	CENTRAL AC	8.34	465

Saturday 28th January Event 3 Heptathlon: #1 Men 60 m Senior Men

CBP: B 6.88 16/02/2019 Jack Phipps, Birchfield H
2022: 7.38 29/01/2022 Howard Bell, Kilbarchan A

Name	Age	Team	Final	Points
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Section 1

1	Tom Chandler	Sen	CENTRAL AC	7.50	713
2	Harry Lord	Sen	SALE HARRIERS	7.51	710
3	Alister Mackay	Sen	INVERNESS HA	7.60	681
4	Alastair Stanley	Sen	GARSCUBE HARRIERS	7.87	598

Section 2

1	Adam Hoole	Sen	TEAM EAST LOTHIAN	7.02	875
2	Jack Phipps	Sen	BIRCHFIELD HARRIERS	7.14	833
3	Andrew Murphy	Sen	KILBARCHAN AAC	7.29	782
4	Ewan Bradley	Sen	LIVERPOOL HA	7.32	772
5	William Hodi	Sen	NAIRN AREA AAC	7.33	769

Saturday 28th January Event 4 Heptathlon: #1 Men 60 m Mas Men

CBP: B 8.55 16/02/2019 Brian Slaughter M60, Eastbourne R
2022: 8.77 29/01/2022 Ron Todd 55, Central AC

Name	Age	Team	Final	Points
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Section 1

1	Carson Graham	45	SHETTLESTON	8.06B	656
2	Ian Paget	50	CUMBERNAULD AAC	8.33B	637
3	Kevin Byrne	50	DUNDRUM SOUT	8.49B	595
4	Phil Robinson	50	ST HELENS SUTTON AC	8.77	520
5	Ron Todd	60	CENTRAL AC	8.84	631
6	Brian Slaughter	65	EASTBOURNE R	9.07	643

Saturday 28th January Event 5 Indoor Pentathlon: #1 Boys 60 m H U13 Boys

CBP: B 9.83 03/02/2018 Daniel Martin, Giffnock Nor
 2022: 10.99 29/01/2022 Charlie Hunter, Dunfermline

Name	Age	Team	Final	Points
1 Harry Cook		BANCHORY STO	10.76	407
2 Joseph Lanahan		SHETTLESTON	11.40	308
3 Alfie Laing		CENTRAL AC	12.75	143

Saturday 28th January Event 6 Indoor Pentathlon: #1 Boys 60 m H U15 Boys

CBP: B 8.84 29/01/2022 Luke Pichler, Blyth Runnin
 2022: 8.84 29/01/2022 Luke Pichler, Blyth Runnin

Name	Age	Team	Final	Points
1 Joshua Beckett		LOCHABER AC	10.26	493
2 Oliver Cooper		BURY AC	11.22	334
3 Joe Crawford		SPRINGBURN HARRIERS	11.63	275
4 Murray Graham		SHETTLESTON	11.84	247
Section 2				
1 Douglas Knox		SPRINGBURN HARRIERS	9.53	633
2 Murray Taylor		INVERNESS HA	9.61	617
3 Fintan Rooney		VP-GLASGOW AC	9.82	576
4 Donald Ross		EDINBURGH AC	9.92	556
5 Frazer Lees		PITREAVIE AAC	11.35	315

Saturday 28th January Event 7 Indoor Pentathlon: #1 Girls 60 m H U13 Girls

CBP: B 9.43 01/02/2020 Emily Bond, North Shield
 2022: 10.33 29/01/2022 Leanna Elliot, Airdrie Harr

Name	Age	Team	Final	Points
Section 1				
1 Charlotte Doyle		VP-GLASGOW AC	11.15	512
2 Lana Mapara		EDINBURGH AC	11.48	460
3 Olivia Denholm		CENTRAL AC	13.08	245
4 Lily Pritchard		DUNFERMLINE	13.23	228
5 Emily Watkin		CENTRAL AC	14.29	124
Section 2				
1 Megan Cowan		KILBARCHAN AAC	11.41	471
2 Molly Robinson		DUNFERMLINE	11.87	402
3 Tessa Gray		CENTRAL AC	12.05	377
4 Beth Mould		SPRINGBURN HARRIERS	12.92	264
5 Caitlin Chalmers		DUNFERMLINE	13.45	204
6 Isla Preston		NORTH AYRSHIRE AAC	13.58	191
Section 3				
1 Dionne Maguinness		AIRDRIE HARRIERS	10.55	613
2 Morven Kenny		TEAM EAST LOTHIAN	11.25	496
3 Rachel Carvel		CENTRAL AC	11.42	470
4 Branna Kenny		HADDINGTON RC	11.99	385
5 Aine McAtarsney		FALKIRK VICT	15.31	52
Section 4				
1 India Gorvett		BLYTH RUNNING CLUB	11.72	424

Saturday 28th January Event 7A Girls 60 m H U13 Girls

Name	Age	Team	Final
Section 1			
1 India Gorvett		BLYTH RUNNING CLUB	11.72

Saturday 28th January Event 8 Women 4x200 m Relay Senior Women

6 Advance: Top 2 Each Heat plus Next 2 Best Times

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National: N 1:39.17 17/02/1990 SCOTLAND
D Brown L Macdonald R Girvin G McIntyre
Club: C 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
CBP: B 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
2022: 1:41.22 29/01/2022 1264 Edinburgh AC, 1264 Edi
E Craig, H McArthur, J Kokovworho, K Purves
Team Heat
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Heats 1 Heat

1 1304 GIFFNOCK NORTH AC 1:42.14Q
1) Rachel Callan 2) Freya Cowan
3) Eve Denholm 4) Caroline MacConnell
2 1332 STRATHCLYDE UNIV HARRIERS 1:44.74Q
1) Erin Campbell 1329 2) Kelsey Stewart 1330
3) Emma Barclay 1331 4) Mirren Ward 1332
3 1316 LAW & DISTRICT AAC 'B' 1:47.64q
1) Rosie Watson 2) Bethany Lang
3) Eva Burns 4) Emma Gilchrist

Heats 2 Heat

1 1328 PITREAVIE AAC 1:45.23Q
1) Elena Clark 2) Emma Pedrana
3) Katie Dinwoodie 4) Darcie Black
2 1312 LAW & DISTRICT AAC 1:46.27Q
1) Cara-Jay Murdoch 2) Codie McHolm
3) Jade Gray 4) Sophie Evans
3 1284 CENTRAL AC 1:54.60q
1) Chloe Watt 2) Zosia Paddon
3) Amelie MacGregor 4) Megan Dunlop
4 1308 GIFFNOCK NORTH AC 'B' 1:54.90
1) Amy Green 2) Emily Watson
3) Cara White 4) Rhuna McCartney

Saturday 28th January Event 9 Men 4x200 m Relay Senior Men

6 Advance: Top 2 Each Heat plus Next 2 Best Times

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National: N 1:26.94 17/02/1990 SCOTLAND
B Ashburn M Davidson G McMillan M McMahon
Club: C 1:27.96 17/02/2019 Strathclyde Uni
F Angus, G Kelly, L Brown, A Schenini
CBP: B 1:27.20 29/01/2022 1542 Kilbarchan AAC, 1542 K
K Thomas, S Johnston, S Dunlop, K Aiken
2022: 1:27.20 29/01/2022 1542 Kilbarchan AAC, 1542 K
K Thomas, S Johnston, S Dunlop, K Aiken
Team Heat
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Heats 1 Heat

1 1572 PITREAVIE AAC 1:31.78Q
1) Logan Fearn 2) Caleb McLeod
3) Lewis Thomson 4) Rory Voss
2 1536 DUNDEE HAWKHILL HARRIERS 1:31.95Q
1) Scott Hannaway 2) Callum Letham
3) Gino Brock 4) Declan Gall
3 1524 CUMBERNAULD AAC 1:35.04
1) Finley Pinkerton 2) William Paterson
3) Calum Mackenzie 4) Kieran Halliday
4 1580 TEAM EAST LOTHIAN 1:38.38
1) Euan Grierson 2) Bailey Crawford
3) Isaac Stevenson 4) Gregory Hoggan
5 1548 GIFFNOCK NORTH AC 'B' 1:39.40
1) Felix Chan U17 2) Neil Hutchison
3) Aidan Cunning 4) Tathagata Majumdar

Heats 2 Heat

1 1588 VP-GLASGOW AC 1:29.36Q
1) Ethan Sabah Pottie 2) Jamie Stevenson
3) David Wilson 4) Sol Stewart
2 1544 GIFFNOCK NORTH AC 1:29.40Q
1) Murray Fotheringham 2) Kyle Alexander
3) Jason Wu 4) Edward Joyce
3 1584 TWEED LEADER JED TRACK 1:31.87q
1) Douglas Young 2) Gordon Armstrong
3) Cameron Tindle 4) Scott Tindle
4 1520 AIRDRIE HARRIERS 1:32.30q
1) Stephen Ross 2) Bailey Gallagher
3) Josh Scott 4) James McMillan
-- 1532 DUNDEE HAWKHILL HARRIERS 'B' DNF
1) Chinedu Akunna 2) Francis Jones
3) Jamie Dickson 4) Leg 4 1532

Saturday 28th January Event 10 Girls 4x200 m Relay U15 Girls

6 Advance: Top 1 Each Heat plus Next 3 Best Times

=====
National: N 1:46.21 16/03/2019 VP-Glasgow AC, VP-Glasgow A
H Kirkwood, C Scott, J Hilditch, E Greig
Club: C 1:46.21 16/03/2019 VP-Glasgow AC, VP-Glasgow A
H Kirkwood, C Scott, J Hilditch, E Greig
CBP: B 1:46.41 17/02/2019 VP-Glasgow AC, VP-Glasgow A
J Hilditch, C Scott, H Kirkwood, E Greig
2022: 1:48.05 29/01/2022 1144 Law & District AAC, 11
L Watson, N Murray, L McNair, T Okonkwo
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Team Heat
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Heats 1 Heat

1 1136 KILBARCHAN AAC 1:54.70Q
1) Isla Miller 2) Olivia Taylor
3) Tara Hutton 4) Leah Nichoson
2 1100 CUMBERNAULD AAC 1:55.85
1) Emily Allison 2) Jemma Macleod
3) Erin Longmuir 4) Taylor Niah
3 1180 VP-GLASGOW AC 1:57.89
1) Rebecca Digger 2) Anna Kelly
3) Emily Shearer 4) Emily Doyle
4 1168 SHETTLESTON HARRIERS 2:04.51
1) Alicja Taborek 2) Imogen Millar
3) Kate Monaghan 4) Emily Tollett
5 1160 NORTH AYRSHIRE AAC 2:05.83
1) Sophie Chalmers 2) Emma Adam
3) Lorelei Wales 4) Macy Dalton
6 1176 SPRINGBURN HARRIERS 'B' 2:06.26
1) Holly Young 2) Jessica Thomson
3) Olivia Kay 4) Marissa Murray

Heats 2 Heat

1 1164 PITREAVIE AAC 1:51.80Q
1) Faye Allan 2) Esme Deacon
3) Christy Cameron 4) Mia Fairweather
2 1152 LIVINGSTON AC 1:55.39q
1) Kishi Aremu 2) Emily Sharp
3) Lucy Macmillan 4) Emilia Zarabski
3 1148 LAW & DISTRICT AAC 'B' 1:57.75
1) India Wood 2) Abbie Dick
3) Sophie Shearer 4) Eilidh Cameron
4 1112 DUNDEE HAWKHILL HARRIERS 'B' 2:02.52
1) Nneoma Precious Ugwoke 2) Beth kemlo
3) Eloise Rogers 4) Zoey Morgan
5 1116 DUNFERMLINE TRACK AND FIE 2:07.34
1) Milly McKenzie 2) Freya Kieran
3) Lucy Gibb 4) Hollie Lynas
6 1172 SPRINGBURN HARRIERS 2:08.72
1) Emma Hughes 2) Poppy Wood
3) Maisie Thomson 4) Abbie Scott

Saturday 28th January Event 10 Girls 4x200 m Relay U15 Girls

6 Advance: Top 1 Each Heat plus Next 3 Best Times

National: N	1:46.21	16/03/2019	VP-Glasgow AC, VP-Glasgow A
			H Kirkwood, C Scott, J Hilditch, E Greig
Club: C	1:46.21	16/03/2019	VP-Glasgow AC, VP-Glasgow A
			H Kirkwood, C Scott, J Hilditch, E Greig
CBP: B	1:46.41	17/02/2019	VP-Glasgow AC, VP-Glasgow A
			J Hilditch, C Scott, H Kirkwood, E Greig
2022:	1:48.05	29/01/2022	1144 Law & District AAC, 11
			L Watson, N Murray, L McNair, T Okonkwo
Team			Heat

Heats 3 Heat

1	1128	GIFFNOCK NORTH AC		1:52.19Q
	1)	Poppy Ballantyne	2)	Beth Fyvie
	3)	Sarah Anderson	4)	Sarah McNulty
2	1140	KILMARNOCK H&AC		1:53.36q
	1)	Cara Monachello	2)	Olivia Mcmillan
	3)	Eilidh Cooke	4)	lola Barrett
3	1088	AIRDRIE HARRIERS		1:55.67q
	1)	Leanna Elliot	2)	Eihlenn Gillespie
	3)	Millie Gairn	4)	Enya Doran
4	1108	DUNDEE HAWKHILL HARRIERS		1:57.12
	1)	Alliviah Bell	2)	Olivia Paton
	3)	Kaydi Smith	4)	Favour Ugwuocha
5	1096	CENTRAL AC		2:06.25
	1)	Ana Mckie	2)	Anna Gunn
	3)	Ella Tanner	4)	Fia Watkin
--	1144	LAW & DISTRICT AAC		DQ
	1)	Lucia McKenna	2)	Neve Murray
	3)	Mackenzie McHolm	4)	Skye Davidson

Saturday 28th January Event 11 Women 4x200 m Relay U17 Women

6 Advance: Top 1 Each Heat plus Next 3 Best Times

National: N	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
Club: C	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
CBP: B	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
2022:	1:47.96	29/01/2022	1236 Pitreavie AAC, 1236 Pi
			A Cotorobai, E MacFarlane, H Ovens, L Simon
Team			Heat

Heats 1 Heat

1	1220 DUNFERMLINE TRACK AND FIE	1:45.10Q
	1) Kirstin Penman	2) Sophie Thomas
	3) Amy Jenkinson	4) Shayna Asamoah
2	1256 NORTH AYRSHIRE AAC	1:47.10q
	1) Jaymee Brown	2) Naideen Dailly
	3) Jessie Caig	4) Shannon Brown
3	1260 PITREAVIE AAC	1:47.67q
	1) Anastasia Cotorobai	2) Lily Simon
	3) Katie Thomson	4) Holly Ovens
4	1236 GIFFNOCK NORTH AC 'B'	1:51.06
	1) Helen Adakomola	2) Holly Slater
	3) Cara Slater	4) Caitlin McGeachy
5	1212 DUNDEE HAWKHILL HARRIERS	1:55.24
	1) Tamzyn Allan	2) Isabella Passway
	3) Hannah Dishington	4) Grace Cook
6	1280 VP-GLASGOW AC	2:05.20
	1) Annastacia Hinde	2) Arianna Carmichael
	3) Imogen McClune	4) Natalie Harrand

Heats 2 Heat

1	1244 LAW & DISTRICT AAC	1:46.84Q
	1) Tiana Greenshields	2) Lauren McNair
	3) Samantha Kay	4) Tehillah Okonkwo
2	1232 GIFFNOCK NORTH AC	1:50.17q
	1) Hannah Turnbull	2) Casey Carr
	3) Emily Williams	4) Madeleine Mackenzie
3	1192 AIRDRIE HARRIERS	1:52.91
	1) Emma Hamilton	2) Grace Wilson
	3) Taylor More	4) Amy Wilton
4	1196 AYR SEAFORTH AC	1:56.18
	1) Millie Baker	2) Megan Sloan
	3) Abbie Cairns	4) Anna Kirk
5	1268 SHETTLESTON HARRIERS	1:56.29
	1) Annie McLean	2) Emma Leiper
	3) Daisy Owusu	4) Ava Millican
6	1272 SPRINGBURN HARRIERS	2:01.45
	1) Ruby Lennon	2) Charis Crawford
	3) Katie Lennon	4) Hannah Maison

Saturday 28th January Event 11 Women 4x200 m Relay U17 Women

6 Advance: Top 1 Each Heat plus Next 3 Best Times

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National: N 1:43.20 17/02/2019 Giffnock North AC, Giffnock
A Bell, K Foss, R Callan, C MacConnell
Club: C 1:43.20 17/02/2019 Giffnock North AC, Giffnock
A Bell, K Foss, R Callan, C MacConnell
CBP: B 1:43.20 17/02/2019 Giffnock North AC, Giffnock
A Bell, K Foss, R Callan, C MacConnell
2022: 1:47.96 29/01/2022 1236 Pitreavie AAC, 1236 Pi
A Cotorobai, E MacFarlane, H Ovens, L Simon
Team Heat
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Heats 3 Heat

1 1204 CENTRAL AC 1:52.48Q
1) Loren Stewart 2) Niamh McKinlay
3) Rowan Calveley 4) Tabitha MacKenzie
2 1208 CUMBERNAULD AAC 1:52.57
1) Kaela Senior 2) Grace Young
3) Rebekah Lawman 4) Niamh Reily
3 1228 ELGIN AAC 1:52.91
1) Ava Cruickshank 2) Lexi Grant
3) Lauren Abbott 4) Evie Collins
4 1276 SPRINGBURN HARRIERS 1:58.22
1) Emma Reid 2) Kirsty MacInnes
3) Emilia Muray 4) Abigail Maclaine
5 1200 AYR SEAFORTH AC 'B' 2:07.10
1) Amy Tait 2) Flora Wesh
3) Eilidh Darbyshire 4) Emma Ablett
-- 1224 EDINBURGH AC DQ
1) Adora Sotanne 2) Charlotte Smart
3) Jedidah Ajala 4) Sarah Burns

Saturday 28th January Event 12 Girls 4x200 m Relay U13 Girls

6 Advance: Top 1 Each Heat plus Next 3 Best Times

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National: N 1:51.98 20/03/2016 Giffnock North AAC
A Bell N Smith MR Cairns L Sturgeon
Club: C 1:51.98 20/03/2016 Giffnock North AAC
A Bell N Smith M R Cairns L Sturgeon
CBP: B 1:53.66 13/02/2016 Giffnock North AAC, Giffnoc
2022: 1:57.02 29/01/2022 1048 Kilmarnock H&AC, 1048
C Monachello, L Barrett, O McMillan, E Cooke
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Team Heat
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Heats 1 Heat

1 1032 EDINBURGH AC 1:57.24Q
1) Jessica Knox 2) Isla Battistini
3) Imogen Muir 4) Rinnah Zoe Ajala
2 1024 DUNFERMLINE TRACK AND FIE 1:57.56q
1) Sophie Jenkinson 2) Charlotte Thomas
3) Poppy Warner 4) Murrone Kane
3 1044 GIFFNOCK NORTH AC 2:06.02
1) Katie Heron 2) Mia McCamon
3) Celeste Sheridasn 4) Vera Hickey-Fugaccia
4 1056 LIVINGSTON AC 2:07.89
1) Honor Ford 2) Holly Robshaw
3) Chloe Zelanzy 4) Kitan Aremu
5 1080 SPRINGBURN HARRIERS 'B' 2:13.24
1) Brooke Dawson 2) Beth Wells
3) Louisa Davies 4) Ruby Silittoe
6 1020 DUNDEE HAWKHILL HARRIERS 2:18.03
1) Breagh Hastie 2) Hanna Strzelecka
3) Gracie Conroy 4) Romy Garrick-Orr

Heats 2 Heat

1 1004 AIRDRIE HARRIERS 2:04.41Q
1) Rose Carr 2) Leah Paterson
3) Mia McGrady 4) Sophia Phillips
2 1072 SHETTLESTON HARRIERS 2:08.09
1) Esme Guinea 2) Zoe Roberts
3) Charlotte Reilly 4) Leia Connelly
3 1076 SPRINGBURN HARRIERS 2:13.44
1) Ella-Rose Templeman 2) Willow Smith
3) Zuzanna Arnott 4) Ella O'Brien
4 1028 DUNFERMLINE TRACK AND FIE 'B' 2:13.47
1) Poppy Buchanan 2) Evanne Carson
3) Paige Wilson 4) Ana Stobie
5 1084 VP-GLASGOW AC 2:16.21
1) Holly Rowlands 2) Lucia2 Bankhead
3) Maya Ellingham 4) Mairi Saine Fisher

Saturday 28th January Event 12 Girls 4x200 m Relay U13 Girls

6 Advance: Top 1 Each Heat plus Next 3 Best Times

=====
National: N 1:51.98 20/03/2016 Giffnock North AAC
A Bell N Smith MR Cairns L Sturgeon
Club: C 1:51.98 20/03/2016 Giffnock North AAC
A Bell N Smith M R Cairns L Sturgeon
CBP: B 1:53.66 13/02/2016 Giffnock North AAC, Giffnoc
2022: 1:57.02 29/01/2022 1048 Kilmarnock H&AC, 1048
C Monachello, L Barrett, O McMillan, E Cooke
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Team Heat
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Heats 3 Heat

1 1048 KILMARNOCK H&AC 2:01.47Q
1) Kacey Watson 2) Bethan Mcgarey
3) Madeline Curley 4) Beth Gladston
2 1040 GIFFNOCK NORTH AC 2:02.48q
1) Laura Todesco 2) Eilidh Brown
3) Bethany McNeill 4) Eva McGrory
3 1068 PITREAVIE AAC 2:03.85q
1) Molly McElroy 2) Amelie Mathers
3) Summer Dunnett 4) Agnes Lister
4 1012 CUMBERNAULD AAC 2:08.59
1) Bailie Gordon 2) Lilly Cutler
3) Gracie Reilly 4) Freya Bellingham
5 1016 DUNDEE HAWKHILL HARRIERS 2:10.67
1) Rowan Paton 2) Evie Hodgson
3) Izzy McLaren 4) Georgia Scott
6 1008 CENTRAL AC 2:18.52
1) Amy Drysdale 2) Maddie Peterkin
3) Eilidh Connor 4) Anwen Bowen

Saturday 28th January Event 13 Boys 4x200 m Relay U13 Boys

6 Advance: Top 2 Each Heat plus Next 2 Best Times

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National: N 1:53.10 19/03/2005 Central AC
C Clarke K Henderson R Irvine M Paterson
Club: C 1:53.10 19/03/2005 Central AC
C Clarke K Henderson R Irvine M Paterson
CBP: B 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
P Barnes, H Nussey, A Batchelor, C Gettinby
2022: 1:58.24 29/01/2022 1332 Giffnock North AC, 133
A Weir, P Rolfe, C Mitchell, A Gear

Team Heat

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Heats 1 Heat

1 1388 SPRINGBURN HARRIERS 1:56.28Q
1) Matthew Murray 2) Lucas McDonald
3) Andrew Dawson 4) Wai Shun Tong
2 1380 PITREAVIE AAC 1:59.35Q
1) Olly Robson 2) Brodie Simon
3) Lewis Roberts 4) Michael Massey
3 1352 DUNDEE HAWKHILL HARRIERS 2:04.49q
1) Harry Robinson 2) Shay Alipour
3) Jamie Brill 4) Armando Lambertino
4 1376 MUSSELBURGH AND DISTRICT 2:09.42
1) Jonah Cully 2) Cammie Moffat
3) Frank Orsi 4) Dylan Duffy
5 1396 VP-GLASGOW AC 2:09.73
1) Rory Mitchell 2) Douglas Hastie
3) Finn Slack 4) Sam Ryburn-Thomson

Heats 2 Heat

1 1360 GIFFNOCK NORTH AC 2:01.80Q
1) Charlie Murray 2) Ayden Beard
3) Michael Nordman 4) Austin Summerhill
2 1344 CUMBERNAULD AAC 2:02.91Q
1) Christopher Smyth 2) Heath Key
3) Jamie Evans 4) Aidan Smith
3 1340 CENTRAL AC 2:07.01q
1) Lewis Munro 2) Jack Campbell
3) Kyle McPake 4) Cameron McCallum
4 1368 LAW & DISTRICT AAC 2:09.54
1) Calum Blackwod 2) Jamie Mackie
3) Alexander Wotherspoon 4) Stefan Cowan
5 1372 LIVINGSTON AC 2:10.92
1) Sam Spence 2) Alfie Forrest
3) Matthew Cookson 4) Aaron Swan
6 1364 KILMARNOCK H&AC 2:16.08
1) Logan Muir 2) Freddie Stevenson
3) Calum Fitzgerald 4) Callum Oneill

Saturday 28th January Event 14 Boys 4x200 m Relay U15 Boys

6 Advance: Top 2 Each Heat plus Next 2 Best Times

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National: N 1:38.83 16/03/2019 Edinburgh AC, Edinburgh AC
M Hughes, O Finlayson, A Holmes, T Kelly
Club: C 1:38.83 16/03/2019 Edinburgh AC, Edinburgh AC
M Hughes, O Finlayson, A Holmes, T Kelly
CBP: B 1:39.21 2008 Giffnock North
2022: 1:41.36 29/01/2022 1432 Shettleston Harriers,
J Simpson, M Fox, C Thomson, J Hooper
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Team Heat
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Heats 1 Heat

1 1420 GIFFNOCK NORTH AC 1:41.85Q
1) Alexander Clark 2) Zander Summerhill
3) Angus Weir 4) Nathan Booker
2 1416 EDINBURGH AC 1:49.36Q
1) Lennox Kunath 2) Alessandro Macdonald
3) Matt Dryden 4) Smart Archie
3 1428 LAW & DISTRICT AAC 1:52.77
1) Cameron Chambers 2) Jack Duffin
3) John Frood 4) Luke Evans
4 1432 LIVINGSTON AC 1:56.18
1) Archie Hendry 2) Ethan Smyth
3) Connor Greenhorn 4) Connor Higson
5 1412 DUNFERMLINE TRACK AND FIE 1:57.70
1) Christopher Doig 2) Alistair Rimmer
3) Finlay Gaughan 4) Luke Hamilton
6 1404 CUMBERNAULD AAC 2:03.21
1) Arran Wallace 2) Aidan Arnott
3) Matthew Murray 4) Logan Craig

Heats 2 Heat

1 1448 VP-GLASGOW AC 1:45.80Q
1) Mark Kelly 2) George Scott
3) Ivor Scott 4) Adam Watts
2 1408 DUNDEE HAWKHILL HARRIERS 1:47.54Q
1) Adam Rogers 2) Matthew Ferrier
3) Ruairi Caldwell 4) Jordan Hoolachan
3 1400 AYR SEAFORTH AC 1:47.72q
1) Ricco Begnor 2) Matthew Copland
3) Matthew Cox 4) Luca Stewart
4 1444 TEAM EAST LOTHIAN 1:52.63q
1) Matthew Connolly 2) Sam Renton
3) Ross Dargo 4) Ben Anderson
5 1436 PITREAVIE AAC 1:53.91
1) Fraser Muir 2) Ross Allan
3) Samuel Fenton 4) Ruaraidh Barnett
6 1440 SHETTLESTON HARRIERS 2:00.79
1) Elijah Jatto 2) Sam McGowan
3) Lucas Millican 4) Abraham Lanahan

Saturday 28th January Event 15 Men 4x200 m Relay U17 Men

6 Advance: Top 2 Each Heat plus Next 2 Best Times

National: N	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc J Connelly, K McLean, M Forbes, A Clayton
Club: C	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc J Connelly, K McLean, M Forbes, A Clayton
CBP: B	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc J Connelly, K McLean, M Forbes, A Clayton
2022:	1:35.96	29/01/2022	1492 Pitreavie AAC, 1492 Pi A Akuoko, R Balfour, C McLeod, H Mackie
Team			Heat

Heats 1 Heat

1	1488 LAW & DISTRICT AAC			1:35.27Q
	1) Owen Murohy	2) Jak Weir		
	3) Charlie Hall	4) Ross Duffin		
2	1456 CENTRAL AC			1:37.01Q
	1) Dylan McCulloch	2) Lewis Miller		
	3) Jonah Whitby	4) Ken Young		
3	1500 MUSSELBURGH AND DISTRICT			1:39.17q
	1) Salnan Alman	2) Jim Henry		
	3) Femi Simpson	4) Jake Nicol		
4	1464 DUNDEE HAWKHILL HARRIERS			1:39.97q
	1) Henry Colquhoun	2) Chisom Ugwoke		
	3) Kynan Alipour	4) Ryan Ferrier		
5	1516 VP-GLASGOW AC			1:52.56
	1) Brendan Watson	2) Angus Macleod		
	3) Angus Bain	4) Hamish Matheson		

Heats 2 Heat

1	1496 LIVINGSTON AC			1:39.01Q
	1) Brodie Nixon	2) Alex Thomson		
	3) Finlay Cunningham	4) Moray Butter		
2	1484 KILBARCHAN AAC			1:39.21Q
	1) Daniel Bruce	2) Oran McShane		
	3) Scott Ritchie	4) Louis Docherty		
3	1512 VP-GLASGOW AC			1:40.81
	1) Finlay Hall	2) Harris Ali		
	3) Andrew Dunn	4) Fergus Mitchell		
4	1472 ELGIN AAC			1:43.34
	1) Andrew Lumsden	2) Alexander Hendry		
	3) Ruairidh Mackenzie-Copp	4) George Ross		
5	1504 PITREAVIE AAC			1:43.35
	1) Lewis Muir	2) Lewis Cameron		
	3) Sam Mitchell-Henry	4) Jack McInnes		

Saturday 28th January Event 16 Women 4x200 m Relay Senior Women

=====
National: N 1:39.17 17/02/1990 SCOTLAND
D Brown L Macdonald R Girvin G McIntyre
Club: C 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
CBP: B 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
2022: 1:41.22 29/01/2022 1264 Edinburgh AC, 1264 Edi
E Craig, H McArthur, J Kokovworho, K Purves
Team Final
=====

Section 1 Final

1 1304 GIFFNOCK NORTH AC 1:41.99
1) Rachel Callan 2) Freya Cowan 20
3) Eve Denholm 4) Caroline MacConnell 20
2 1328 PITREAVIE AAC 1:43.46
1) Elena Clark 2) Emma Pedrana 20
3) Katie Dinwoodie 4) Darcie Black 20
3 1332 STRATHCLYDE UNIV HARRIERS 1:43.59
1) Erin Campbell 1329 2) Kelsey Stewart 1330 20
3) Emma Barclay 1331 4) Mirren Ward 1332 20
4 1312 LAW & DISTRICT AAC 1:44.84
1) Cara-Jay Murdoch 2) Codie McHolm 20
3) Jade Gray 4) Sophie Evans 20
5 1316 LAW & DISTRICT AAC 'B' 1:48.15
1) Rosie Watson 2) Bethany Lang 20
3) Eva Burns 4) Emma Gilchrist 20
6 1284 CENTRAL AC 1:57.10
1) Chloe Watt 2) Zosia Paddon 20
3) Amelie MacGregor 4) Megan Dunlop 20

Saturday 28th January Event 17 Men 4x200 m Relay Senior Men

=====
National: N 1:26.94 17/02/1990 SCOTLAND
B Ashburn M Davidson G McMillan M McMahon
Club: C 1:27.96 17/02/2019 Strathclyde Uni
F Angus, G Kelly, L Brown, A Schenini
CBP: B 1:27.20 29/01/2022 1542 Kilbarchan AAC, 1542 K
K Thomas, S Johnston, S Dunlop, K Aiken
2022: 1:27.20 29/01/2022 1542 Kilbarchan AAC, 1542 K
K Thomas, S Johnston, S Dunlop, K Aiken
Team Final
=====

1 1544 GIFFNOCK NORTH AC 1:29.16
1) Murray Fotheringham 2) Kyle Alexander 20
3) Jason Wu 4) Edward Joyce 20
2 1588 VP-GLASGOW AC 1:29.34
1) Ethan Sabah Pottie 2) Jamie Stevenson 20
3) David Wilson 4) Sol Stewart 20
3 1572 PITREAVIE AAC 1:30.87
1) Logan Fearn 2) Caleb McLeod 20
3) Lewis Thomson 4) Rory Voss 20
4 1536 DUNDEE HAWKHILL HARRIERS 1:30.97
1) Scott Hannaway 2) Callum Letham 20
3) Gino Brock 4) Declan Gall 20
5 1584 TWEED LEADER JED TRACK 1:32.76
1) Douglas Young 2) Gordon Armstrong 20
3) Cameron Tindle 4) Scott Tindle 20

Saturday 28th January Event

Indoor Pentathlon: #5 Boys 800 m U13 Boys

CBP: B 2:26.95 04/03/2017 Caleb McLeod, Pitreavie AA
2022: 2:42.17 29/01/2022 Abraham Lanahan, Shettleston

Name	Age	Team	Final	Points
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Section 1

1 Harry Cook		BANCHORY STO	2:42.55	188
2 Alfie Laing		CENTRAL AC	2:49.84	126
3 Joseph Lanahan		SHETTLESTON	2:53.94	96

Saturday 28th January Event 21 Indoor Pentathlon: #5 Girls 800 m U13 Girls

CBP: B 2:31.38 16/02/2019 Lily Simon, Pitreavie AA
2022: 2:33.77 29/01/2022 Dionne Maguinness, Airdrie Harr

Name	Age	Team	Final	Points
------	-----	------	-------	--------

1 Aine McAtarsney		FALKIRK VICT	2:52.04	443
2 Caitlin Chalmers		DUNFERMLINE	2:54.77	415
3 Lily Pritchard		DUNFERMLINE	2:58.16	382
4 Branna Kenny		HADDINGTON RC	2:58.17	382
5 Isla Preston		NORTH AYRSHIRE AAC	3:00.36	362
6 Emily Watkin		CENTRAL AC	3:01.15	355
7 Molly Robinson		DUNFERMLINE	3:06.95	303
8 Olivia Denholm		CENTRAL AC	3:14.92	239

Section 2

1 Dionne Maguinness		AIRDRIE HARRIERS	2:27.58B	724
2 Morven Kenny		TEAM EAST LOTHIAN	2:36.12	618
3 Beth Mould		SPRINGBURN HARRIERS	2:53.68	426
4 Charlotte Doyle		VP-GLASGOW AC	2:58.12	383
5 Tessa Gray		CENTRAL AC	3:04.51	324
6 Megan Cowan		KILBARCHAN AAC	3:07.82	296
7 Rachel Carvel		CENTRAL AC	3:09.93	278
8 India Gorvett		BLYTH RUNNING CLUB	3:09.96	278

Saturday 28th January Event 22 Indoor Pentathlon: #5 Boys 800 m U15 Boys

CBP: B 2:07.52 29/01/2022 James Clark, VP-Glasgow A
2022: 2:07.52 29/01/2022 James Clark, VP-Glasgow A

Name	Age	Team	Final	Points
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Section 1

1 Frazer Lees		PITREAVIE AAC	2:24.47	391
2 Joe Crawford		SPRINGBURN HARRIERS	2:31.01	310
3 Oliver Cooper		BURY AC	2:48.29	138
4 Murray Graham		SHETTLESTON	3:18.22	

Section 2

1 Douglas Knox		SPRINGBURN HARRIERS	2:17.92	481
2 Joshua Beckett		LOCHABER AC	2:24.67	389
3 Murray Taylor		INVERNESS HA	2:28.68	338
4 Fintan Rooney		VP-GLASGOW AC	2:32.48	293
5 Donald Ross		EDINBURGH AC	2:46.06	157

4J Studios scottishathletics Indoor Combined Events, Relay and Masters 3000m Championships
 Sat 28th + Sun 29th Jan 2023
 Emirates Arena,
Saturday 28th January Event 23 Indoor Pentathlon: #2 Girls High Jump U13 Glasgow

CBP: B 1.56m 04/03/2017 Mya McMahon, Dunfermline
 2022: 1.34m 29/01/2022 Dionne Maguinness, Airdrie Harr

Name	Age	Team	Final	Points
Flight 1				
1 Tessa Gray		CENTRAL AC	1.22m	331
1.04 1.07 1.10 1.13 1.16 1.19 1.22 1.25				
0 0 0 0 0 0 0 XO XXX				
2 Beth Mould		SPRINGBURN HARRIERS	1.19m	302
1.01 1.04 1.07 1.10 1.13 1.16 1.19 1.22				
0 XO X XO 0 0 XXO XXX				
2 Isla Preston		NORTH AYRSHIRE AAC	1.19m	302
1.04 1.07 1.10 1.13 1.16 1.19 1.22				
0 0 0 XO XXO XXO XXX				
4 Emily Watkin		CENTRAL AC	1.13m	248
1.01 1.04 1.07 1.10 1.13 1.16				
XXO 0 XO XO XXO XXX				
4 Branna Kenny		HADDINGTON RC	1.13m	248
1.01 1.04 1.07 1.10 1.13 1.16				
0 0 0 0 XXO XXX				
6 Lily Pritchard		DUNFERMLINE	1.10m	222
1.04 1.07 1.10 1.13				
0 XO 0 XXX				
7 Megan Cowan		KILBARCHAN AAC	1.07m	197
1.04 1.07 1.10				
XO XO XXX				
7 Olivia Denholm		CENTRAL AC	1.07m	197
1.01 1.04 1.07 1.10				
XO 0 0 XXX				
Flight 2				
1 Dionne Maguinness		AIRDRIE HARRIERS	1.40m	512
1.28 1.31 1.34 1.37 1.40 1.43				
0 XO XO 0 0 XXX				
2 Lana Mapara		EDINBURGH AC	1.37m	481
1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40				
0 0 0 0 0 0 0 0 XXO XXX				
2 Rachel Carvel		CENTRAL AC	1.37m	481
1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40				
0 0 0 0 0 XO XXO XXX				
4 Charlotte Doyle		VP-GLASGOW AC	1.34m	449
1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37				
0 0 0 0 0 0 XXO XO XXX				
5 Morven Kenny		TEAM EAST LoTHIAN	1.31m	419
1.19 1.22 1.25 1.28 1.31 1.34				
0 XO XO XO XO XXX				
6 India Gorvett		BLYTH RUNNING CLUB	1.22m	331
1.04 1.07 1.10 1.13 1.16 1.19 1.22 1.25				
0 0 0 0 0 0 XO XXX				
7 Aine McAtarsney		FALKIRK VICT	1.19m	302
1.13 1.16 1.19 1.22				
0 0 0 XXX				
8 Caitlin Chalmers		DUNFERMLINE	1.16m	275
1.13 1.16 1.19				
0 XO XXX				
9 Molly Robinson		DUNFERMLINE	1.10m	222
1.01 1.04 1.07 1.10 1.13				
0 XO XXO XO XXX				

Saturday 28th January Event 24 Indoor Pentathlon: #3 Boys Shot Put U13 Boys

CBP: B 8.70m 03/02/2018 Daniel Martin, Giffnock Nor
 2022: 7.29m 29/01/2022 Abraham Lanahan, Shettleston

Name	Age	Team	Final	Points
Flight 1				
1 Harry Cook		BANCHORY STO	8.35m	387
	8.35m	8.07m	7.33m	
2 Joseph Lanahan		SHETTLESTON	7.44m	333
	6.78m	6.73m	7.44m	
3 Alfie Laing		CENTRAL AC	4.49m	162
	4.49m	4.13m	4.28m	

Saturday 28th January Event 25 Indoor Pentathlon: #2 Boys Long Jump U15 Boys

CBP: B 5.88m 16/02/2019 Fergus MacGilp, Pitreavie AA
 CBP: B 5.88m 04/03/2017 Murray Fotheringham, Giffnock Nor
 2022: 5.64m 29/01/2022 Lewis Miller, Central AC

Name	Age	Team	Final	Points
1 Douglas Knox		SPRINGBURN HARRIERS	5.90mB	565
	5.65m	5.90m	5.76m	
2 Murray Taylor		INVERNESS HA	5.26m	433
	X	X	5.26m	
3 Fintan Rooney		VP-GLASGOW AC	4.90m	363
	4.89m	4.90m	4.83m	
4 Donald Ross		EDINBURGH AC	4.73m	332
	4.42m	4.73m	4.46m	
5 Frazer Lees		PITREAVIE AAC	4.54m	297
	4.54m	X	4.42m	
6 Oliver Cooper		BURY AC	4.49m	288
	4.41m	4.49m	4.07m	
7 Joshua Beckett		LOCHABER AC	4.37m	267
	4.19m	3.95m	4.37m	
8 Joe Crawford		SPRINGBURN HARRIERS	4.22m	242
	4.16m	4.22m	X	
9 Murray Graham		SHETTLESTON	4.13m	227
	4.13m	3.92m	4.02m	

Saturday 28th January Event 26 Heptathlon: #3 Men Shot Put Mas Men

CBP: B 10.26m 16/02/2019 Bob Masson M70, Aberdeen AAC
 2022: 9.96m 29/01/2022 Ron Todd 55, Central AC

Name	Age	Team	Final	Points	
1 Brian Slaughter	65	EASTBOURNE R	10.36mB	715	
			10.30m	10.36m	10.25m
2 Ron Todd	60	CENTRAL AC	10.03m	623	
			8.11m	9.60m	10.03m
3 Ian Paget	50	CUMBERNAULD AAC	9.94m	575	
			9.13m	9.94m	9.91m
4 Phil Robinson	50	ST HELENS SUTTON AC	9.66m	555	
			8.25m	9.64m	9.66m
5 Kevin Byrne	50	DUNDRUM SOUT	8.16m	451	
			7.55m	8.16m	X
6 Carson Graham	45	SHETTLESTON	7.40m	413	
			6.98m	7.34m	7.40m

Saturday 28th January Event 27 Heptathlon: #2 Men Long Jump U17 Men

CBP: B 6.77m 16/02/2019 Murray Fotheringham U17, Giffnock No
2022: 6.37m 29/01/2022 Daniel Martin, Giffnock Nor

Name	Age	Team	Final	Points
1 Sammy Lok U17		CORBAY AC	6.21m	632
6.06m 6.07m 6.21m				
2 Corey Beechall U17		LIVERPOOL HA	5.99m	584
5.90m 5.99m X				
2 Finn Bryce U17		ABERDEEN AAC	5.99m	584
5.82m 5.99m 5.79m				
4 Corey Middleton U17		PRESTON HARRIERS	5.82m	548
X 5.82m 5.72m				
5 Dylan Gee U17		NORTH AYRSHIRE AAC	5.60m	502
5.52m 5.60m 5.40m				
6 Luc Macleod U17		BANCHORY STO	5.57m	496
X 5.29m 5.57m				
7 James Clark U17		VP-GLASGOW AC	5.42m	465
5.26m 5.38m 5.42m				
8 Jamie Connor U17		CENTRAL AC	4.04m	212
3.93m 3.46m 4.04m				
9 Cameron Moore U17		CENTRAL AC	3.95m	198
3.77m 3.86m 3.95m				

Saturday 28th January Event 27 Heptathlon: #2 Men Long Jump U20 Men

CBP: B 7.11m 16/02/2019 Scott Connal U20, Edinburgh AC
2022: 6.57m 29/01/2022 William Hodi, Nairn Area A

Name	Age	Team	Final	Points
1 Jonathan Cameron U20		INVERCLYDE AC	6.68m	739
X 6.48m 6.68m				
2 Morgan White U20		SALE HARRIERS	6.38m	670
6.15m 6.09m 6.38m				
3 Euan Wallace U20		CUMBERNAULD AAC	5.84m	552
5.76m 5.83m 5.84m				
4 Ross Lawrie U20		CENTRAL AC	4.98m	378
4.41m 4.68m 4.98m				
-- Lexx McConville U20		WINDSOR SLOU	FOUL	
X X X				

Saturday 28th January Event 27 Heptathlon: #2 Men Long Jump Senior Men

CBP: B 7.30m 04/03/2017 Ben Gregory, Birchfield H
2022: 7.03m 29/01/2022 Howard Bell, Kilbarchan A

Name	Age	Team	Final	Points
1 Adam Hoole Sen		TEAM EAST LOTHIAN	7.20m	862
7.18m 7.09m 7.20m				
2 Andrew Murphy Sen		KILBARCHAN AAC	6.96m	804
X 6.87m 6.96m				
3 Ewan Bradley Sen		LIVERPOOL HA	6.87m	783
6.70m 6.76m 6.87m				
4 William Hodi Sen		NAIRN AREA AAC	6.65m	732
X 6.65m 6.49m				
5 Jack Phipps Sen		BIRCHFIELD HARRIERS	6.62m	725
X X 6.62m				
6 Harry Lord Sen		SALE HARRIERS	6.61m	723
6.38m 6.52m 6.61m				
7 Alister Mackay Sen		INVERNESS HA	6.29m	650
6.17m 6.22m 6.29m				
8 Alastair Stanley Sen		GARSCUBE HARRIERS	5.48m	477
5.39m 5.48m 5.34m				

Saturday 28th January Event 28 Indoor Pentathlon: #4 Boys High Jump U13 @ Glasgow

=====												
CBP: B 1.46m 29/01/2022 Abraham Lanahan, Shettleston												
2022: 1.46m 29/01/2022 Abraham Lanahan, Shettleston												
Name	Age Team										Final	Points
=====												
1 Harry Cook	BANCHORY STO										1.40m	317
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43			
	0	0	0	0	0	0	0	0	XXX			
2 Joseph Lanahan	SHETTLESTON										1.37m	297
	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40
	0	0	0	0	0	0	0	0	0	0	0	XXX
3 Alfie Laing	CENTRAL AC										1.13m	148
	1.04	1.07	1.10	1.13	1.16							
	0	0	0	0	XXX							

Saturday 28th January Event 29 Heptathlon: #3 Men Shot Put U17 Men

=====												
CBP: B 12.23m 16/02/2019 Kyle McAulay U17, VP-Glasgow A												
2022: 11.88m 29/01/2022 Daniel Martin, Giffnock Nor												
Name	Age Team										Final	Points
=====												
1 Corey Beechall U17	LIVERPOOL HA										12.65mB	646
	11.84m	12.00m	12.65m									
2 Finn Bryce U17	ABERDEEN AAC										11.76m	592
	10.22m	10.77m	11.76m									
3 Dylan Gee U17	NORTH AYRSHIRE AAC										10.06m	489
	9.26m	10.06m	X									
4 James Clark U17	VP-GLASGOW AC										9.61m	462
	9.61m	X	8.94m									
5 Sammy Lok U17	CORBY AC										9.60m	462
	9.39m	9.60m	9.37m									
6 Luc Macleod U17	BANCHORY STO										8.64m	404
	X	7.93m	8.64m									
7 Cameron Moore U17	CENTRAL AC										8.57m	400
	8.17m	8.57m	8.19m									
8 Corey Middleton U17	PRESTON HARRIERS										7.48m	336
	7.47m	7.48m	7.36m									
9 Jamie Connor U17	CENTRAL AC										7.40m	331
	7.14m	7.12m	7.40m									

Saturday 28th January Event 29 Heptathlon: #3 Men Shot Put U20 Men

=====												
CBP: B 13.77m 29/01/2022 Alister Mackay, Inverness Ha												
2022: 13.77m 29/01/2022 Alister Mackay, Inverness Ha												
Name	Age Team										Final	Points
=====												
1 Jonathan Cameron U20	INVERCLYDE AC										10.36m	507
	10.36m	10.00m	9.93m									
2 Morgan White U20	SALE HARRIERS										10.19m	497
	X	9.78m	10.19m									
3 Lexx McConville U20	WINDSOR SLOU										9.78m	472
	X	9.78m	X									
4 Ross Lawrie U20	CENTRAL AC										8.53m	398
	7.98m	7.89m	8.53m									
5 Euan Wallace U20	CUMBERNAULD AAC										8.06m	370
	7.57m	8.06m	7.86m									

Saturday 28th January Event 29 Heptathlon: #3 Men Shot Put Senior Men

CBP: B 14.22m 04/03/2017 Ingi Kristinsson, ICELAND
2022: 12.67m 29/01/2022 Howard Bell, Kilbarchan A

Name	Age	Team	Final	Points
1 Andrew Murphy	Sen	KILBARCHAN AAC	13.59m	703
13.39m 13.59m 12.92m				
2 Adam Hoole	Sen	TEAM EAST LOTHIAN	12.91m	662
12.30m 12.87m 12.91m				
3 Harry Lord	Sen	SALE HARRIERS	12.78m	654
X 12.42m 12.78m				
4 Ewan Bradley	Sen	LIVERPOOL HA	12.17m	617
12.17m 11.69m 12.10m				
5 Alister Mackay	Sen	INVERNESS HA	11.46m	574
10.83m 11.39m 11.46m				
6 William Hodi	Sen	NAIRN AREA AAC	10.94m	542
10.20m 10.80m 10.94m				
7 Alastair Stanley	Sen	GARSCUBE HARRIERS	10.58m	521
10.39m 10.07m 10.58m				
8 Jack Phipps	Sen	BIRCHFIELD HARRIERS	10.49m	515
10.30m 9.90m 10.49m				

Saturday 28th January Event 30 Indoor Pentathlon: #4 Girls Long Jump U13 Girls

CBP: B 5.34m 04/03/2017 Julia Winogrodzka, Bolton Unite
2022: 4.32m 29/01/2022 Leanna Elliot, Airdrie Harr

Name	Age	Team	Final	Points
1 Dionne Maguinness		AIRDRIE HARRIERS	4.54m	438
4.54m 4.26m 4.42m				
2 Lana Mapara		EDINBURGH AC	4.36m	393
X 4.36m 3.96m				
3 Morven Kenny		TEAM EAST LOTHIAN	4.20m	355
3.97m 4.20m 3.85m				
4 Charlotte Doyle		VP-GLASGOW AC	4.03m	315
X 4.03m X				
5 Rachel Carvel		CENTRAL AC	3.63m	227
3.33m 3.40m 3.63m				
6 India Gorvett		BLYTH RUNNING CLUB	3.34m	168
3.08m 3.02m 3.34m				
7 Caitlin Chalmers		DUNFERMLINE	3.30m	161
3.30m X X				
8 Aine McAtarsney		FALKIRK VICT	3.29m	159
3.26m 3.29m 3.15m				
-- Molly Robinson		DUNFERMLINE	FOUL	
X X X				
Flight 2				
1 Isla Preston		NORTH AYRSHIRE AAC	3.76m	254
3.62m 3.66m 3.76m				
2 Megan Cowan		KILBARCHAN AAC	3.58m	216
2.41m 3.58m X				
3 Beth Mould		SPRINGBURN HARRIERS	3.38m	176
3.37m 3.36m 3.38m				
4 Lily Pritchard		DUNFERMLINE	3.32m	165
3.25m 3.32m 3.08m				
5 Branna Kenny		HADDINGTON RC	3.28m	157
3.27m 3.28m 3.24m				
6 Olivia Denholm		CENTRAL AC	3.22m	146
X 3.22m X				
7 Tessa Gray		CENTRAL AC	3.20m	142
3.20m 2.87m 3.05m				
8 Emily Watkin		CENTRAL AC	3.12m	128
X 2.98m 3.12m				

Saturday 28th January Event 31 Heptathlon: #6 Men Pole Vault Mas Men

CBP: B 3.10m 29/01/2022 Ron Todd 55, Central AC
 2022: 3.10m 29/01/2022 Ron Todd 55, Central AC

Name	Age	Team	Final	Points
Flight 1				
1 Kevin Byrne	50	DUNDRUM SOUT	3.30mB	612
	2.80 2.90 3.00 3.10 3.20 3.30 3.40			
	O - XXO O XO O XXX			
2 Ron Todd	60	CENTRAL AC	3.20mB	734
	3.00 3.10 3.20 3.30 3.40			
	O - XO - XXX			
3 Phil Robinson	50	ST HELENS SUTTON AC	3.00m	514
	2.80 2.90 3.00 3.10 3.20			
	O XO XO - XXX			
4 Brian Slaughter	65	EASTBOURNE R	2.50m	538
	2.20 2.40 2.50 2.60			
	O O O XXX			
5 Carson Graham	45	SHETTLESTON	2.40m	291
	2.20 2.40 2.50			
	XO XO XXX			

Saturday 28th January Event 32 Indoor Pentathlon: #4 Boys High Jump U15 Boys

CBP: B 1.74m 04/03/2017 Murray Fotheringham, Giffnock Nor
 2022: 1.72m 29/01/2022 Luke Pichler, Blyth Runnin

Name	Age	Team	Final	Points
1 Murray Taylor		INVERNESS HA	1.69m	536
	1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72			
	O XO XO XO O XXO O O XXX			
2 Douglas Knox		SPRINGBURN HARRIERS	1.60m	464
	1.45 1.48 1.51 1.54 1.57 1.60 1.63			
	O O O O O O XXX			
3 Donald Ross		EDINBURGH AC	1.54m	419
	1.42 1.45 1.48 1.51 1.54 1.57			
	O XO O XO XXO XXX			
4 Joe Crawford		SPRINGBURN HARRIERS	1.48m	374
	1.33 1.36 1.39 1.42 1.45 1.48 1.51			
	O O XO O O XXO XXX			
5 Frazer Lees		PITREAVIE AAC	1.45m	352
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48			
	O O O O XO O XXO XXX			
5 Fintan Rooney		VP-GLASGOW AC	1.45m	352
	1.33 1.36 1.39 1.42 1.45 1.48			
	O O O O XO XXX			
7 Oliver Cooper		BURY AC	1.42m	331
	1.36 1.39 1.42 1.45			
	O O XO XXX			
8 Murray Graham		SHETTLESTON	1.36m	290
	1.24 1.27 1.30 1.33 1.36 1.39			
	O O O XO O XXX			
8 Joshua Beckett		LOCHABER AC	1.36m	290
	1.27 1.30 1.33 1.36 1.39			
	O O XXO O XXX			

Saturday 28th January Event 33 Heptathlon: #4 Men High Jump U17 Men

CBP: B 2.04m 16/02/2019 Murray Fotheringham U17, Giffnock No									
2022: 1.86m 29/01/2022 Hayden Blunn, Maccelsfield									
Name	Age	Team					Final	Points	
1 Corey Beechall	U17	LIVERPOOL HA					1.85m	670	
			1.73	1.76	1.79	1.82	1.85	1.88	
			O	O	O	XO	XO	XXX	
2 Sammy Lok	U17	CORBAY AC					1.70m	544	
			1.58	1.61	1.64	1.67	1.70	1.73	
			O	XO	O	-	XXO	XXX	
2 Finn Bryce	U17	ABERDEEN AAC					1.70m	544	
			1.55	1.58	1.61	1.64	1.67	1.70	
			O	O	O	O	O	XXX	
4 Corey Middleton	U17	PRESTON HARRIERS					1.61m	472	
			1.49	1.52	1.55	1.58	1.61	1.64	
			O	O	XO	XO	O	XXX	
5 Luc Macleod	U17	BANCHORY STO					1.58m	449	
			1.52	1.55	1.58	1.61			
			O	O	XO	XXX			
6 James Clark	U17	VP-GLASGOW AC					1.55m	426	
			1.40	1.43	1.46	1.49	1.52	1.55	
			O	O	O	O	O	XXO XXX	
6 Dylan Gee	U17	NORTH AYRSHIRE AAC					1.55m	426	
			1.46	1.49	1.52	1.55	1.58		
			O	XXO	XO	XO	XXX		
8 Cameron Moore	U17	CENTRAL AC					1.52m	404	
			1.37	1.40	1.43	1.46	1.49	1.52	
			O	O	O	O	XO	XXO XXX	
-- Jamie Connor	U17	CENTRAL AC					NH		
			1.37						
			XXX						

Saturday 28th January Event 33 Heptathlon: #4 Men High Jump U20 Men

CBP: B 2.00m 04/03/2017 Liam Reveley, Blaydon Harr									
2022: 1.86m 29/01/2022 William Hodi, Nairn Area A									
Name	Age	Team					Final	Points	
1 Lexx McConville	U20	WINDSOR SLOU					1.85m	670	
			1.73	1.76	1.79	1.82	1.85	1.88	
			O	-	XO	O	XXO	XXX	
2 Jonathan Cameron	U20	INVERCLYDE AC					1.82m	644	
			1.67	1.70	1.73	1.76	1.79	1.82	
			O	O	XO	O	XO	XXO XXX	
2 Euan Wallace	U20	CUMBERNAULD AAC					1.82m	644	
			1.67	1.70	1.73	1.76	1.79	1.82	
			O	XO	O	O	XXO	XO XXX	
4 Morgan White	U20	SALE HARRIERS					1.70m	544	
			1.61	1.64	1.67	1.70	1.73		
			O	O	XXO	XXO	XXX		
5 Ross Lawrie	U20	CENTRAL AC					1.49m	381	
			1.46	1.49	1.52				
			XO	XXO	XXX				

=====									
CBP: B 2.01m 03/02/2018 Liam Reveley, Blaydon Harr									
2022: 1.92m 29/01/2022 Howard Bell, Kilbarchan A									
Name	Age	Team						Final	Points
=====									
1 Adam Hoole Sen		TEAM EAST LOTHIAN						1.94m	749
	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	
	O	O	O	O	O	XXO	O	XXX	
2 William Hodi Sen		NAIRN AREA AAC						1.85m	670
	1.73	1.76	1.79	1.82	1.85	1.88			
	O	O	O	O	XO	XXX			
2 Andrew Murphy Sen		KILBARCHAN AAC						1.85m	670
	1.76	1.79	1.82	1.85	1.88				
	O	XO	XO	XXO	XXX				
2 Ewan Bradley Sen		LIVERPOOL HA						1.85m	670
	1.73	1.76	1.79	1.82	1.85	1.88			
	O	O	XO	XO	XXO	XXX			
5 Alister Mackay Sen		INVERNESS HA						1.79m	619
	1.73	1.76	1.79	1.82					
	O	XO	XXO	XXX					
6 Jack Phipps Sen		BIRCHFIELD HARRIERS						1.73m	569
	1.67	1.70	1.73	1.76					
	O	XO	XO	XXX					
7 Alastair Stanley Sen		GARSCUBE HARRIERS						1.70m	544
	1.64	1.67	1.70	1.73					
	O	-	O	XXX					
-- Harry Lord Sen		SALE HARRIERS							NH
	1.67								
	XXX								

Saturday 28th January Event 34 Indoor Pentathlon: #2 Boys Long Jump U13 Boys

=====									
CBP: B 4.68m 03/02/2018 Daniel Martin, Giffnock Nor									
2022: 4.10m 29/01/2022 Charlie Hunter, Dunfermline									
Name	Age	Team						Final	Points
=====									
1 Joseph Lanahan		SHETTLESTON						4.13m	227
	4.13m	X	4.12m						
2 Harry Cook		BANCHORY STO						4.10m	222
	4.10m	3.95m	-						
3 Alfie Laing		CENTRAL AC						3.89m	188
	3.87m	3.89m	3.83m						

Saturday 28th January Event 35 Indoor Pentathlon: #3 Girls Shot Put U13 Glasgow

CBP: B 11.03m 01/02/2020 Jessie Caig, VP-Glasgow A
2022: 7.98m 29/01/2022 Lauren Hewitt, Leigh Harrie

Name	Age	Team	Final	Points
1 Dionne Maguinness		AIRDRIE HARRIERS	7.72m	381
6.09m 7.72m 7.38m				
2 Beth Mould		SPRINGBURN HARRIERS	7.06m	339
7.06m 6.71m 6.99m				
3 Charlotte Doyle		VP-GLASGOW AC	6.38m	295
6.38m 4.78m 5.78m				
4 Megan Cowan		KILBARCHAN AAC	6.19m	283
5.59m 5.90m 6.19m				
5 Caitlin Chalmers		DUNFERMLINE	5.55m	243
5.55m 5.26m 5.30m				
6 Morven Kenny		TEAM EAST LOTHIAN	5.48m	238
5.40m X 5.48m				
7 Aine McAtarsney		FALKIRK VICT	5.38m	232
4.88m 5.02m 5.38m				
8 Rachel Carvel		CENTRAL AC	5.12m	216
4.80m 5.12m 4.98m				
9 Isla Preston		NORTH AYRSHIRE AAC	4.95m	205
4.83m 4.58m 4.95m				
10 Tessa Gray		CENTRAL AC	4.91m	203
4.77m 4.47m 4.91m				
11 Lana Mapara		EDINBURGH AC	4.80m	196
4.46m 4.80m 4.56m				
12 Emily Watkin		CENTRAL AC	4.59m	183
4.11m 4.20m 4.59m				
13 Branna Kenny		HADDINGTON RC	4.19m	158
4.19m 4.19m X				
14 Molly Robinson		DUNFERMLINE	4.04m	149
4.04m 3.57m 3.11m				
15 Olivia Denholm		CENTRAL AC	3.93m	142
3.11m 3.32m 3.93m				
16 Lily Pritchard		DUNFERMLINE	3.80m	134
3.80m 3.38m 3.10m				
17 India Gorvett		BLYTH RUNNING CLUB	3.68m	126
3.59m 3.40m 3.68m				

Saturday 28th January Event 36 Heptathlon: #2 Men Long Jump Mas Men

CBP: B 4.46m 29/01/2022 Ron Todd 55, Central AC
2022: 4.46m 29/01/2022 Ron Todd 55, Central AC

Name	Age	Team	Final	Points
1 Kevin Byrne 50		DUNDRUM SOUT	4.87mB	582
4.62m 4.67m 4.87m				
2 Phil Robinson 50		ST HELENS SUTTON AC	4.61mB	514
4.59m 4.61m 4.37m				
3 Brian Slaughter 65		EASTBOURNE R	4.50mB	732
4.13m 4.50m 4.33m				
4 Ian Paget 50		CUMBERNAULD AAC	4.19m	411
X 4.19m 4.05m				

Saturday 28th January Event 37 Indoor Pentathlon: #3 Boys Shot Put U15 Boys

CBP: B 15.17m 01/02/2020 Liam Shaw, Athenry AC
2022: 10.85m 29/01/2022 Luke Pichler, Blyth Runnin

Name	Age	Team	Final	Points
1 Douglas Knox		SPRINGBURN HARRIERS	10.79m	533
	9.00m 10.16m 10.79m			
2 Fintan Rooney		VP-GLASGOW AC	9.20m	438
	8.54m 8.51m 9.20m			
3 Donald Ross		EDINBURGH AC	8.06m	370
	8.06m 8.00m 7.18m			
4 Murray Taylor		INVERNESS HA	7.87m	359
	6.60m 6.77m 7.87m			
5 Oliver Cooper		BURY AC	7.78m	353
	7.78m 7.52m 6.95m			
6 Joe Crawford		SPRINGBURN HARRIERS	7.60m	343
	7.36m 7.18m 7.60m			
7 Joshua Beckett		LOCHABER AC	7.49m	336
	7.32m 7.49m 7.18m			
8 Frazer Lees		PITREAVIE AAC	5.97m	247
	5.97m 5.75m 4.91m			
9 Murray Graham		SHETTLESTON	5.43m	216
	5.43m 5.42m 4.98m			

Sunday 29th January Event 38 Heptathlon: #5 Men 60 m H U20 Men

CBP: B 8.18 16/02/2019 Scott Connal U20, Edinburgh AC
2022: 8.35 29/01/2022 William Hodi, Nairn Area A

Name	Age	Team	Final	Points
Section 1				
1 Euan Wallace U20		CUMBERNAULD AAC	8.86	777
2 Jonathan Cameron U20		INVERCLYDE AC	8.91	766
3 Lexx McConville U20		WINDSOR SLOU	8.97	752
4 Morgan White U20		SALE HARRIERS	9.07	730
5 Ross Lawrie U20		CENTRAL AC	11.91	238

Sunday 29th January Event 39 Heptathlon: #5 Men 60 m H U17 Men

CBP: B 8.48 29/01/2022 Daniel Martin, Giffnock Nor
2022: 8.48 29/01/2022 Daniel Martin, Giffnock Nor

Name	Age	Team	Final	Points
Section 2				
1 Dylan Gee U17		NORTH AYRSHIRE AAC	9.74	591
2 James Clark U17		VP-GLASGOW AC	9.77	585
3 Jamie Connor U17		CENTRAL AC	10.78	403
4 Cameron Moore U17		CENTRAL AC	11.68	268
1 Corey Beechall U17		LIVERPOOL HA	8.49	862
2 Sammy Lok U17		CORBY AC	8.84	781
3 Corey Middleton U17		PRESTON HARRIERS	9.09	726
4 Finn Bryce U17		ABERDEEN AAC	9.19	704
5 Luc Macleod U17		BANCHORY STO	9.57	625

Sunday 29th January Event 40 Indoor Pentathlon: #1 Women 60 m H U20 Women

CBP: B 8.63 02/02/2020 Abigail Pawlett, Stockport Tr
2022: 9.00 30/01/2022 Ashley Watson, Hartlepool Y

Name Age Team Final Points

Section 1

1	Jilly Lefebvre U20	NORTH AYRSHIRE AAC	9.58	792
2	Ellise Fryer-francis U20	SALE HARRIERS	9.58	792
3	Georgina Mabbott U20	GATESHEAD HA	9.84	742
4	Stroma Fraser U20	INVERNESS HA	10.11	692
5	Ellen Montgomery U20	CENTRAL AC	11.37	477

Section 2

1	Freya Dockerty U20	SALE HARRIERS	8.79	954
2	Amy Kennedy U20	CUMBERNAULD AAC	9.19	871
3	Jenna Hilditch U20	VP-GLASGOW AC	9.27	854
4	Rosella Togo U20	BURY AC	10.23	670
5	Amber Hughes U20	SOUTHPORT WA	21.90	

Sunday 29th January Event 40 Indoor Pentathlon: #1 Women 60 m H Senior Women

CBP: B 8.53 02/02/2020 Holly Mills, Andover AC
2022: 8.83 30/01/2022 Jane Davidson, Aberdeen AAC

Name Age Team Final Points

Section 1

1	Charlotte Rutter Sen	DARLINGTON H	9.26	856
2	Scarlett Whittaker Sen	SALE HARRIERS	9.31	846
3	Alice Linaker Sen	CITY OF YORK AC	9.32	844
4	Amy McTeggart Sen	BOYNE AC	9.35	838
5	Hannah Wallace Sen	CUMBERNAULD AAC	9.35	838
6	Katie Burr Sen	LOUGHBOROUGH	9.40	828
7	Gemma Smith Sen	GATESHEAD HA	11.31	487
8	Sophie Slider Sen	AYR SEAFORTH AC	11.72	424

Sunday 29th January Event 41 Indoor Pentathlon: #1 Women 60 m H U17 Women

CBP: B 8.95 14/02/2016 Holly McArthur, Whitemoss AA
 2022: 9.08 30/01/2022 Jenna Hilditch, VP-Glasgow A

Name	Age	Team	Final	Points
Section 2				
1 Shannon Brown	U17	NORTH AYRSHIRE AAC	9.17	875
2 Hannah McDermott	U17	VP-GLASGOW AC	9.41	826
3 Amber Wright	U17	SOUTH SHIELD	10.20	675
4 Naideen Dailly	U17	NORTH AYRSHIRE AAC	10.54	614
5 Georgia Grant	U17	ELGIN AAC	10.76	577
6 Loren Stewart	U17	CENTRAL AC	11.07	525
7 Connie Bateman	U17	CENTRAL AC	11.85	405
Section 2				
1 Alannah Snowden	U17	LIVINGSTON AC	9.80	750
2 Niamh Reilly	U17	CUMBERNAULD AAC	10.32	653
3 Senna Gorvett	U17	BLYTH RUNNING CLUB	10.43	634
4 Charis Crawford	U17	SPRINGBURN HARRIERS	10.56	611
5 Kathryn Petrie	U17	ELGIN AAC	10.69	589
6 Esther Taylor	U17	HARMENY AC	10.78	573
7 Madeline McGregor	U17	NORTH AYRSHIRE AAC	11.19	506
Section 3				
1 Blessing Idoko	U17	BURY AC	9.47	814
2 Iris Whitton	U17	ELGIN AAC	9.84	742
3 Amy Hewitt	U17	WIGAN AND DI	9.95	721
4 Jaymee Brown	U17	NORTH AYRSHIRE AAC	10.06	701
5 Amy Starkey	U17	EAST CHESHIRE	10.08	697
6 Anna Reid	U17	ELGIN AAC	10.24	668
7 Apphia Keenan	U17	SOUTHPORT WA	10.24	668
Section 4				
1 Sadie Parker	U17	BLYTH RUNNING CLUB	9.42	824
2 Matilda Brockley	U17	ANNAN AND DI	9.51	806
3 Ava Mitchell	U17	VP-GLASGOW AC	9.67	775
4 Ellie McGee	U17	ABERDEEN AAC	9.79	752
5 Rebecca Harrison		GATESHEAD HA	9.80	750
6 Kirstin Penman	U17	DUNFERMLINE	9.80	750
7 Nell McGregor	U17	NORTH AYRSHIRE AAC	9.91	729
8 Zoe Loughrey	U17	VP-GLASGOW AC	10.13	688

Sunday 29th January Event 42 Heptathlon: #5 Men 60 m H Senior Men

CBP: B 8.13 01/02/2020 Scott Connal, Kilbarchan A
 2022: 8.58 29/01/2022 Howard Bell, Kilbarchan A

Name	Age	Team	Final	Points
Section 1				
1 Adam Hoole	Sen	TEAM EAST LOTHIAN	8.11B	954
2 Ewan Bradley	Sen	LIVERPOOL HA	8.13B	949
3 Andrew Murphy	Sen	KILBARCHAN AAC	8.35	896
4 William Hodi	Sen	NAIRN AREA AAC	8.63	829
5 Jack Phipps	Sen	BIRCHFIELD HARRIERS	8.72	809
6 Harry Lord	Sen	SALE HARRIERS	9.05	735
7 Alastair Stanley	Sen	GARSCUBE HARRIERS	9.15	713
8 Alister Mackay	Sen	INVERNESS HA	9.25	692

Sunday 29th January Event 43 Indoor Pentathlon: #1 Girls 60 m H U15 Girls

CBP: B 9.27 17/02/2019 Chloe Bagshaw, Hallamshire
 2022: 9.34 30/01/2022 Jessie Caig, VP-Glasgow A

Name	Age	Team	Final	Points
Section 1				
1 Emily Doyle		VP-GLASGOW AC	10.50	621
2 Anna Clark		VP-GLASGOW AC	11.53	453
3 Emily Stanford		CENTRAL AC	11.64	436
4 Caitlin Creaby		BLYTH RUNNING CLUB	11.90	398
5 Emily Shearer		VP-GLASGOW AC	12.38	332
6 Lucy Macmillan		LIVINGSTON AC	13.50	199
Section 2				
1 Evie Elliott		BURY AC	9.46	816
2 Aneesah King Oubacha		VP-GLASGOW AC	10.50	621
3 Dara Clark		CENTRAL AC	11.11	519
4 Estelle Giraud		SHETTLESTON	11.32	485
5 Alexandra Montgomery		CENTRAL AC	12.49	318
6 Isla Bell		BLYTH RUNNING CLUB	15.84	26
Section 3				
1 Kaydi Smith		DUNDEE HAWKH	10.43	634
2 Elizabeth Cook		BANCHORY STO	10.74	580
3 Hazel Prince		CENTRAL AC	11.28	491
4 Eilidh Comrie		NORTH AYRSHIRE AAC	11.58	445
5 Emily Sharp		LIVINGSTON AC	11.71	426
6 Ava Dunbar		CUMBERNAULD AAC	11.82	410
Section 4				
1 Holly Whittaker		ELGIN AAC	9.20B	869
2 Grace Elizabeth Malley		WHITEMOSS AAC	9.54	800
3 Leanna Elliot		AIRDRIE HARRIERS	10.17	681
4 Rebecca Digger		VP-GLASGOW AC	10.35	648
5 Isla Bamber		PRESTON HARRIERS	11.59	444
6 Lauren Hewitt		WIGAN AND DI	31.50	

Sunday 29th January Event 44 Heptathlon: #5 Men 60 m H Mas Men

CBP: B 10.14 16/02/2019 Brian Slaughter M60, Eastbourne R
 2022: 13.17 29/01/2022 Derek Warn 55, Southampton

Name	Age	Team	Final	Points
Section 1				
1 Kevin Byrne	50	DUNDRUM SOUT	10.04B	709
2 Brian Slaughter	65	EASTBOURNE R	10.76	748
3 Phil Robinson	50	ST HELENS SUTTON AC	11.16	504

Sunday 29th January Event 45 Women 3000 m Mas Women

CBP: B 10:27.30 30/01/2022 Lesley Bell 45, Garscube H
 2022: 10:27.30 30/01/2022 Lesley Bell 45, Garscube H

Name	Age	Team	Final
1 Jacqueline Etherington	4	CAMBUSLANG HARRIERS	11:09.55
2 Fiona Matheson	60	FALKIRK VICT	11:12.30
3 Julia Johnstone	50	GALA HARRIERS	11:32.02
4 Avril Pearson	50	LIVINGSTON AC	11:46.23
5 Susan Ridley	55	EDINBURGH AC	11:56.30
6 Sharyn Ramage	60	EDINBURGH AC	12:49.86

Sunday 29th January Event 46 Men 3000 m Mas Men

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CBP: B 8:48.26 30/01/2022 Mark Nixon 35, Edinburgh AC
2022: 8:48.26 30/01/2022 Mark Nixon 35, Edinburgh AC

Name	Age	Team	Final
1 Darrell Hastie	40	GALA HARRIERS	8:35.89B
2 Mark Doherty	40	INVERCLYDE AC	8:51.94
3 Dermot Cummins	35	CORSTORPHINE AAC	9:08.61
4 Stephen Brown	40	WEST END RR	9:09.76
5 James MacLeod	40	GARSCUBE HARRIERS	9:11.99
6 Alan Blair	35	GARSCUBE HARRIERS	9:15.36
7 Kenneth Neill	40	AYR SEAFORTH AC	9:31.42
8 Steven Fitzpatrick	35	CAMBUSLANG HARRIERS	9:38.20
9 James Bowden	35	WESTERLANDS XCC	9:43.19
10 Philip Holden	40	HARMENY AC	9:45.06
11 Peter Graham	35	EDINBURGH AC	10:26.76
12 Ryan Waldron	40	KILBARCHAN AAC	11:05.13
Section 2			
1 Paul Kieran	45	PH RACING CLUB	9:33.64
2 John Coyle	50	GARSCUBE HARRIERS	9:40.82
3 Paul Monaghan	50	GREENOCK GLE	9:43.47
4 Alan Knowles	45	LOTHIAN RC	9:48.71
5 Martin Fitchie	45	CUMBERNAULD AAC	9:53.29
6 Mark Gallacher	50	CAMBUSLANG HARRIERS	9:56.23
7 Stephen Allan	45	CUMBERNAULD AAC	10:11.51
8 Dino Roussias	50	METRO ABERDEEN RC	10:22.02
9 Adam Chmielowski	45	CORSTORPHINE AAC	10:36.77
10 Lewis Orr	50	EDINBURGH AC	10:44.14
11 Scott Hunter	45	CAMBUSLANG HARRIERS	11:55.85
Section 3			
1 Stephen Allen	55	CUMBERNAULD AAC	9:43.73
2 Chris Upson	55	CAMBUSLANG HARRIERS	10:13.90
3 Walter Henderson	55	CUMBERNAULD AAC	10:21.38
4 Gavin Morrison	55	GREENOCK GLE	10:25.17
5 Ross McEachern	55	CUMBERNAULD AAC	10:36.86
6 Kevin Newberry	55	CAMBUSLANG HARRIERS	10:46.69
7 Sean Casey	55	CUMBERNAULD AAC	10:59.85
8 Colin Hall	55	FORRES HARRIERS	11:44.15
Section 4			
1 Alastair Walker	65	TEVIOTDALE HARRIERS	9:57.18
2 Grant Matheson	60	FALKIRK VICT	10:51.57
3 Robert McLennan	60	GARSCUBE HARRIERS	11:01.09
4 Colin Feechan	60	CAMBUSLANG HARRIERS	11:07.71
5 George McPherson	65	METRO ABERDEEN RC	11:38.84
6 Steven Doxey	60	NORTHERN MASTERS AC	12:02.01
7 Mark Johnson	65	METRO ABERDEEN RC	12:08.91
8 Timothy Downie	65	AYR SEAFORTH AC	13:08.26
9 Robert Young	75	CLYDESDALE HARRIERS	13:23.02
10 Pete Cartwright	80	CLYDESDALE HARRIERS	14:11.46
-- Ed Norton	70	PH RACING CLUB	DNF

Sunday 29th January Event 47 Heptathlon: #7 Men 1000 m U17 Men

CBP: B 2:47.37 03/02/2018 Murray Fotheringham, Giffnock Nor
2022: 2:50.95 29/01/2022 Ben Heron, North Ayrshi

Name Age Team Final Points

Section 1

1	James Clark U17	VP-GLASGOW AC	2:43.41B	836
2	Finn Bryce U17	ABERDEEN AAC	2:54.00	724
3	Corey Beechall U17	LIVERPOOL HA	3:01.08	654
4	Sammy Lok U17	CORBY AC	3:04.53	621
5	Luc Macleod U17	BANCHORY STO	3:07.59	592
6	Corey Middleton U17	PRESTON HARRIERS	3:11.05	560
7	Jamie Connor U17	CENTRAL AC	3:30.42	397
8	Cameron Moore U17	CENTRAL AC	3:39.97	327

Sunday 29th January Event 48 Heptathlon: #7 Men 1000 m U20 Men

CBP: B 2:37.09 04/03/2017 Euan Urquhart, VP-Glasgow A
2022: 2:44.15 29/01/2022 William Hodi, Nairn Area A

Name Age Team Final Points

1	Jonathan Cameron U20	INVERCLYDE AC	2:40.64	866
2	Morgan White U20	SALE HARRIERS	3:01.63	648
3	Ross Lawrie U20	CENTRAL AC	3:11.01	560
4	Euan Wallace U20	CUMBERNAULD AAC	3:17.81	500
5	Lexx McConville U20	WINDSOR SLOU	3:41.24	318

Sunday 29th January Event 49 Heptathlon: #7 Men 1000 m Mas Men

CBP: B 4:27.36 16/02/2019 Bob Masson M70, Aberdeen AAC
2022: 4:52.48 29/01/2022 Derek Warn 55, Southampton

Name Age Team Final Points

1	Phil Robinson 50	ST HELENS SUTTON AC	3:33.86B	565
2	Kevin Byrne 50	DUNDRUM SOUT	3:46.89B	464
3	Brian Slaughter 65	EASTBOURNE R	3:47.59B	674

Sunday 29th January Event 50 Indoor Pentathlon: #5 Women 800 m U17 Women

CBP: B 2:15.82 14/02/2016 Holly McArthur, Whitemoss AA
 2022: 2:22.78 30/01/2022 Lily Simon, Pitreavie AA

Name	Age	Team	Final	Points
1 Esther Taylor	U17	HARMENY AC	2:37.37	603
2 Alannah Snowden	U17	LIVINGSTON AC	2:40.07	572
3 Amber Wright	U17	SOUTH SHIELD	2:54.63	417
4 Kathryn Petrie	U17	ELGIN AAC	2:59.81	367
5 Georgia Grant	U17	ELGIN AAC	3:26.46	159
Section 2				
1 Naideen Dailly	U17	NORTH AYRSHIRE AAC	2:30.34	689
2 Niamh Reilly	U17	CUMBERNAULD AAC	2:36.36	615
3 Jaymee Brown	U17	NORTH AYRSHIRE AAC	2:37.32	604
4 Senna Gorvett	U17	BLYTH RUNNING CLUB	2:37.62	600
5 Charis Crawford	U17	SPRINGBURN HARRIERS	2:50.61	457
6 Ellie McGee	U17	ABERDEEN AAC	3:06.74	305
Section 3				
1 Nell McGregor	U17	NORTH AYRSHIRE AAC	2:29.47	700
2 Amy Starkey	U17	EAST CHESHIRE	2:36.66	612
3 Blessing Idoko	U17	BURY AC	2:39.97	573
4 Rebecca Harrison		GATESHEAD HA	2:40.25	570
5 Kirstin Penman	U17	DUNFERMLINE	2:46.94	496
6 Iris Whitton	U17	ELGIN AAC	3:00.94	356
7 Anna Reid	U17	ELGIN AAC	3:29.96	137
Section 4				
1 Sadie Parker	U17	BLYTH RUNNING CLUB	2:29.48	699
2 Hannah McDermott	U17	VP-GLASGOW AC	2:30.10	692
3 Matilda Brockley	U17	ANNAN AND DI	2:37.72	599
4 Amy Hewitt	U17	WIGAN AND DI	2:41.42	557
5 Zoe Loughrey	U17	VP-GLASGOW AC	2:45.22	514
6 Ava Mitchell	U17	VP-GLASGOW AC	2:47.78	487
7 Shannon Brown	U17	NORTH AYRSHIRE AAC	2:52.09	442

Sunday 29th January Event 51 Indoor Pentathlon: #5 Women 800 m U20 Women

CBP: B 2:13.81 17/02/2019 Steph Driscoll U20, Liverpool Ha
 2022: 2:28.60 30/01/2022 Emily Stratton, Falkirk Vict

Name	Age	Team	Final	Points
1 Stroma Fraser	U20	INVERNESS HA	2:25.12	755
2 Georgina Mabbott	U20	GATESHEAD HA	2:31.92	669
3 Rosella Togo	U20	BURY AC	2:32.28	665
4 Jilly Lefebvre	U20	NORTH AYRSHIRE AAC	2:35.03	631
5 Ellise Fryer-francis	U20	SALE HARRIERS	2:38.08	595
6 Amy Kennedy	U20	CUMBERNAULD AAC	2:38.81	587
7 Freya Dockerty	U20	SALE HARRIERS	2:40.91	562
8 Ellen Montgomery	U20	CENTRAL AC	2:54.24	421

Sunday 29th January Event 51 Indoor Pentathlon: #5 Women 800 m Senior Women

CBP: B 2:19.03 02/02/2020 Jo Rowland, Crawley AC
 2022: 2:19.86 30/01/2022 Emma Canning, Edinburgh AC

Name	Age	Team	Final	Points
1 Amy McTeggart	Sen	BOYNE AC	2:23.78	773
2 Katie Burr	Sen	LOUGHBOROUGH	2:26.35	739
3 Scarlett Whittaker	Sen	SALE HARRIERS	2:27.73	722
4 Gemma Smith	Sen	GATESHEAD HA	2:38.82	586
5 Charlotte Rutter	Sen	DARLINGTON H	2:46.46	501
6 Hannah Wallace	Sen	CUMBERNAULD AAC	2:57.95	384
7 Sophie Slider	Sen	AYR SEAFORTH AC	3:05.01	320

Sunday 29th January Event 52 Indoor Pentathlon: #5 Girls 800 m U15 Girls

CBP: B 2:20.95 14/02/2016 Steph Driscoll, Kendal AC
 2022: 2:31.13 30/01/2022 Grace Elizabeth Malley, Whitemoss

Name	Age	Team	Final	Points
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1	Emily	Stanford	CENTRAL AC	2:32.03	668
2	Anna	Clark	VP-GLASGOW AC	2:38.10	595
3	Emily	Shearer	VP-GLASGOW AC	2:44.35	524
4	Isla	Bell	BLYTH RUNNING CLUB	2:44.83	519
5	Hazel	Prince	CENTRAL AC	2:51.89	444
6	Alexandra	Montgomery	CENTRAL AC	2:52.95	433
7	Lucy	Macmillan	LIVINGSTON AC	2:54.18	421
8	Emily	Sharp	LIVINGSTON AC	2:59.13	373

Section 2

1	Grace Elizabeth	Malley	WHITEMOSS AAC	2:31.80	670
2	Aneesah	King Oubacha	VP-GLASGOW AC	2:34.23	641
3	Isla	Bamber	PRESTON HARRIERS	2:44.92	518
4	Eilidh	Comrie	NORTH AYRSHIRE AAC	2:45.27	514
5	Caitlin	Creaby	BLYTH RUNNING CLUB	2:50.43	459
6	Emily	Doyle	VP-GLASGOW AC	2:51.22	451
7	Rebecca	Digger	VP-GLASGOW AC	2:58.94	375
8	Estelle	Giraud	SHETTLESTON	3:00.14	364

Section 3

1	Leanna	Elliot	AIRDRIE HARRIERS	2:36.96	608
2	Elizabeth	Cook	BANCHORY STO	2:40.55	567
3	Holly	Whittaker	ELGIN AAC	2:45.26	514
4	Kaydi	Smith	DUNDEE HAWKH	2:48.34	481
5	Evie	Elliot	BURY AC	2:52.27	440
6	Dara	Clark	CENTRAL AC	2:58.32	381

Sunday 29th January Event 53 Heptathlon: #7 Men 1000 m Senior Men

CBP: B 2:40.68 01/02/2020 Jack Nicholls, Cambridge & Cole
 2022: 2:53.78 29/01/2022 Howard Bell, Kilbarchan A

Name	Age	Team	Final	Points
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Section 1

1	Harry	Lord Sen	SALE HARRIERS	2:38.17B	894
2	Alastair	Stanley Sen	GARSCUBE HARRIERS	2:39.37B	880
3	William	Hodi Sen	NAIRN AREA AAC	2:41.00	862
4	Andrew	Murphy Sen	KILBARCHAN AAC	2:49.37	772
5	Alister	Mackay Sen	INVERNESS HA	2:53.37	731
6	Adam	Hoole Sen	TEAM EAST LOTHIAN	2:53.53	729
7	Ewan	Bradley Sen	LIVERPOOL HA	2:55.21	712
8	Jack	Phipps Sen	BIRCHFIELD HARRIERS	2:58.10	683

CBP: B 1.61m 02/02/2020 Kate Harvie, Lasswade AC
 CBP: B 1.61m 14/02/2016 Beau Studholme, Carlisle Asp
 2022: 1.50m 30/01/2022 Hannah McDermott, VP-Glasgow A

Name	Age	Team	Final	Points						
Flight 1										
1 Kaydi Smith		DUNDEE HAWKH	1.53m	655						
	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53
	O	O	O	O	XO	XO	XXO	O	XXO	XO
2 Dara Clark		CENTRAL AC	1.47m	588						
	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50		
	O	O	O	O	XO	XO	XO	XXX		
3 Lauren Hewitt		WIGAN AND DI	1.44m	555						
	1.29	1.32	1.35	1.38	1.41	1.44	1.47			
	XO	XO	O	O	XO	O	XXX			
3 Elizabeth Cook		BANCHORY STO	1.44m	555						
	1.29	1.32	1.35	1.38	1.41	1.44	1.47			
	O	O	XO	O	O	O	XXX			
5 Isla Bamber		PRESTON HARRIERS	1.41m	523						
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44		
	O	O	O	O	O	XO	XXO	XXX		
6 Isla Bell		BLYTH RUNNING CLUB	1.38m	491						
	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41		
	O	O	O	XO	O	O	XXO	XXX		
7 Eilidh Comrie		NORTH AYRSHIRE AAC	1.35m	460						
	1.23	1.26	1.29	1.32	1.35	1.38				
	O	O	O	XO	XO	XXX				
7 Holly Whittaker		ELGIN AAC	1.35m	460						
	1.26	1.29	1.32	1.35	1.38					
	O	XO	O	O	XXX					
9 Emily Sharp		LIVINGSTON AC	1.32m	429						
	1.20	1.23	1.26	1.29	1.32	1.35				
	O	O	O	XO	XXO	XXX				
9 Ava Dunbar		CUMBERNAULD AAC	1.32m	429						
	1.23	1.26	1.29	1.32	1.35					
	O	O	XO	XXO	XXX					
11 Leanna Elliot		AIRDRIE HARRIERS	1.29m	399						
	1.26	1.29	1.32							
	O	O	XXX							
-- Grace Elizabeth Malley		WHITEMOSS AAC	NH							
	1.29									
	XXX									

4J Studios scottishathletics Indoor Combined Events, Relay and Masters 3000m Championships
 Sat 28th + Sun 29th Jan 2023
 Emirates Arena, Glasgow
Sunday 29th January Event 54 Indoor Pentathlon: #2 Girls High Jump U15 Glasgow

CBP: B 1.61m 02/02/2020 Kate Harvie, Lasswade AC
 CBP: B 1.61m 14/02/2016 Beau Studholme, Carlisle Asp
 2022: 1.50m 30/01/2022 Hannah McDermott, VP-Glasgow A

Name	Age	Team	Final	Points					
Flight 2									
1 Evie Elliott		BURY AC	1.47m	588					
	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	
	0	0	0	0	0	0	XXO	XXX	
2 Hazel Prince		CENTRAL AC	1.35m	460					
	1.11	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38
	0	0	0	0	0	XO	0	0	XXX
3 Caitlin Creaby		BLYTH RUNNING CLUB	1.32m	429					
	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	
	0	0	0	0	0	0	XO	XXX	
4 Estelle Giraud		SHETTLESTON	1.26m	369					
	1.14	1.17	1.20	1.23	1.26	1.29			
	0	0	0	XO	0	XXX			
4 Rebecca Digger		VP-GLASGOW AC	1.26m	369					
	1.11	1.14	1.17	1.20	1.23	1.26	1.29		
	0	0	0	XO	XO	0	XXX		
4 Emily Shearer		VP-GLASGOW AC	1.26m	369					
	1.14	1.17	1.20	1.23	1.26	1.29			
	0	0	XO	XO	XXO	XXX			
4 Emily Doyle		VP-GLASGOW AC	1.26m	369					
	1.11	1.14	1.17	1.20	1.23	1.26	1.29		
	0	0	0	0	XO	XO	XXX		
8 Emily Stanford		CENTRAL AC	1.23m	340					
	1.14	1.17	1.20	1.23	1.26				
	0	XO	XXO	0	XXX				
9 Alexandra Montgomery		CENTRAL AC	1.20m	312					
	1.11	1.14	1.17	1.20	1.23				
	XXO	0	0	0	XXX				
9 Lucy Macmillan		LIVINGSTON AC	1.20m	312					
	1.05	1.11	1.14	1.17	1.20	1.23			
	0	0	0	0	XO	XXX			
9 Aneesah King Oubacha		VP-GLASGOW AC	1.20m	312					
	1.11	1.14	1.17	1.20	1.23				
	0	0	0	0	XXX				
12 Anna Clark		VP-GLASGOW AC	1.11m	231					
	1.05	1.11	1.14						
	0	0	XXX						

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CBP: B 12.67m 02/02/2020 Amy Kennedy, Cumbernauld
2022: 10.79m 30/01/2022 Darcie Black, Dunfermline

Name	Age	Team	Final	Points
Flight 1				
1 Ava Mitchell U17		VP-GLASGOW AC	10.84m	585
10.84m 9.56m 10.76m				
2 Hannah McDermott U17		VP-GLASGOW AC	10.03m	531
9.22m 10.03m 9.58m				
3 Zoe Loughrey U17		VP-GLASGOW AC	10.00m	529
10.00m 9.96m 9.76m				
4 Rebecca Harrison		GATESHEAD HA	9.43m	492
9.43m 9.31m 9.03m				
5 Amy Hewitt U17		WIGAN AND DI	9.35m	487
9.35m 8.87m 9.17m				
6 Kirstin Penman U17		DUNFERMLINE	8.93m	460
8.93m 8.26m 8.56m				
7 Matilda Brockley U17		ANNAN AND DI	8.79m	451
8.79m 8.14m 8.54m				
8 Loren Stewart U17		CENTRAL AC	8.66m	442
8.15m 8.66m 8.51m				
9 Senna Gorvett U17		BLYTH RUNNING CLUB	8.42m	427
8.42m 8.35m 8.28m				
10 Apphia Keenan U17		SOUTHPORT WA	8.23m	414
7.72m 7.55m 8.23m				
11 Madeline McGregor U17		NORTH AYRSHIRE AAC	8.14m	408
7.50m 7.73m 8.14m				
12 Esther Taylor U17		HARMENY AC	7.42m	362
X 7.42m 7.27m				
13 Ellie McGee U17		ABERDEEN AAC	7.21m	348
6.45m 7.21m 6.14m				
14 Anna Reid U17		ELGIN AAC	6.82m	324
0.72m 6.81m 6.82m				
15 Niamh Reilly U17		CUMBERNAULD AAC	6.03m	273
5.41m 6.03m 5.27m				
16 Amber Wright U17		SOUTH SHIELD	5.71m	253
5.48m 5.71m 5.55m				

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CBP: B 12.67m 02/02/2020 Amy Kennedy, Cumbernauld
2022: 10.79m 30/01/2022 Darcie Black, Dunfermline

Name	Age	Team	Final	Points
Flight 2				
1 Shannon Brown U17		NORTH AYRSHIRE AAC	10.93m	591
10.93m 10.07m 10.61m				
2 Sadie Parker U17		BLYTH RUNNING CLUB	9.42m	492
9.42m 8.70m X				
3 Amy Starkey U17		EAST CHESHIRE	9.27m	482
9.27m 9.10m 9.24m				
4 Nell McGregor U17		NORTH AYRSHIRE AAC	8.65m	441
8.50m 8.65m 8.64m				
5 Iris Whitton U17		ELGIN AAC	8.59m	438
8.23m 8.47m 8.59m				
6 Charis Crawford U17		SPRINGBURN HARRIERS	8.25m	416
8.25m 7.96m 7.44m				
7 Georgia Grant U17		ELGIN AAC	8.18m	411
7.85m 7.86m 8.18m				
8 Alannah Snowden U17		LIVINGSTON AC	7.92m	394
7.60m 7.86m 7.92m				
9 Connie Bateman U17		CENTRAL AC	7.69m	379
7.43m 7.69m 6.79m				
10 Naideen Dailly U17		NORTH AYRSHIRE AAC	7.64m	376
6.92m 7.64m 6.68m				
11 Jaymee Brown U17		NORTH AYRSHIRE AAC	7.35m	357
6.31m 7.23m 7.35m				
12 Blessing Idoko U17		BURY AC	7.30m	354
6.93m 7.20m 7.30m				
13 Kathryn Petrie U17		ELGIN AAC	7.18m	347
7.18m 6.87m 6.75m				

Sunday 29th January Event 56 Heptathlon: #6 Men Pole Vault U17 Men

CBP: B 4.27m 03/02/2018 Scott Brindley, North Ayrshi			
2022: 3.27m 29/01/2022 James Harney, East Cheshir			
Name	Age Team	Final	Points
Flight 1			
1 Finn Bryce U17	ABERDEEN AAC	3.27m	423
2.87 2.97 3.07 3.17 3.27 3.37			
O O O O O XXX			
1 Corey Beechall U17	LIVERPOOL HA	3.27m	423
2.77 2.87 2.97 3.07 3.17 3.27 3.37			
XO XO XO XXO XO O XXX			
3 Sammy Lok U17	CORBY AC	3.17m	398
2.57 2.67 2.77 2.87 2.97 3.07 3.17 3.27			
O - O XXO O XO O XX			
4 Corey Middleton U17	PRESTON HARRIERS	2.47m	235
2.27 2.37 2.47 2.57			
O O XXO XXX			
4 James Clark U17	VP-GLASGOW AC	2.47m	235
2.37 2.47 2.57			
O O XXX			
6 Luc Macleod U17	BANCHORY STO	2.37m	214
2.07 2.17 2.27 2.37 2.47			
O O O XO X			
7 Cameron Moore U17	CENTRAL AC	2.17m	173
2.07 2.17 2.27			
O O XXX			
7 Jamie Connor U17	CENTRAL AC	2.17m	173
2.07 2.17 2.27			
O XXO XXX			

Sunday 29th January Event 56 Heptathlon: #6 Men Pole Vault U20 Men

CBP: B 4.57m 01/02/2020 Scott Brindley, North Ayrshi			
2022: 3.97m 29/01/2022 William Hodi, Nairn Area A			
Name	Age Team	Final	Points
1 Morgan White U20	SALE HARRIERS	3.57m	501
3.57 3.67 3.77			
O - X			
2 Jonathan Cameron U20	INVERCLYDE AC	2.67m	280
2.07 2.17 2.27 2.37 2.47 2.57 2.67 2.77			
O - O O XXO O XO XXX			
3 Euan Wallace U20	CUMBERNAULD AAC	2.47m	235
2.27 2.37 2.47 2.57			
O XO XO XXX			
4 Ross Lawrie U20	CENTRAL AC	2.27m	193
2.17 2.27 2.37			
O O XXX			
-- Lexx McConville U20	WINDSOR SLOU	NH	
3.47			
XXX			

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      CBP: B 5.17m  01/02/2020  Jack Phipps, Birchfield H
      2022:  4.47m  29/01/2022  Howard Bell, Kilbarchan A
Name          Age Team          Final  Points
=====
1 Ewan Bradley Sen          LIVERPOOL HA          4.87m   871
  4.37 4.47 4.57 4.67 4.77 4.87 4.97
  O   O   O   O  XXO   O  XXX
1 Jack Phipps Sen          BIRCHFIELD HARRIERS  4.87m   871
  4.57 4.67 4.77 4.87 4.97
  O   -   O   XO  XXX
3 Adam Hoole Sen          TEAM EAST LOTHIAN    4.47m   751
  4.07 4.17 4.27 4.37 4.47 4.57
  O   -   O   O   O   XXX
4 Alister Mackay Sen      INVERNESS HA          3.87m   581
  3.57 3.67 3.77 3.87 3.97
  O  XXO   O   O  XXX
5 William Hodi Sen        NAIRN AREA AAC        3.77m   554
  3.77 3.87
  O  XXX
6 Alastair Stanley Sen    GARSCUBE HARRIERS    3.37m   449
  3.27 3.37 3.47
  XXO  XXO  XXX
-- Andrew Murphy Sen      KILBARCHAN AAC        NH
  4.07
  XXX
-- Harry Lord Sen         SALE HARRIERS         NH
  3.27
  X
    
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CBP: B 1.75m 02/02/2020 Abigail Pawlett, Stockport Tr
2022: 1.63m 30/01/2022 Amy Kennedy, Cumbernauld

Name	Age	Team	Final	Points
1 Jenna Hilditch	U20	VP-GLASGOW AC	1.69m	842
	1.57 1.60 1.63 1.66 1.69 1.73			
	O O O O O XXX			
2 Amy Kennedy	U20	CUMBERNAULD AAC	1.66m	806
	1.51 1.54 1.57 1.60 1.63 1.66 1.69			
	O O O O XO O XXX			
2 Ellise Fryer-francis	U20	SALE HARRIERS	1.66m	806
	1.51 1.54 1.57 1.60 1.63 1.66 1.69			
	O O O O O XXO XXX			
4 Jilly Lefebvre	U20	NORTH AYRSHIRE AAC	1.63m	771
	1.51 1.54 1.57 1.60 1.63 1.66			
	O O XO XO O XXX			
5 Rosella Togo	U20	BURY AC	1.60m	736
	1.48 1.51 1.54 1.57 1.60 1.63			
	O O O XO O XXX			
6 Stroma Fraser	U20	INVERNESS HA	1.57m	701
	1.48 1.51 1.54 1.57 1.60			
	O XO O XO XXX			
7 Amber Hughes	U20	SOUTHPORT WA	1.54m	666
	1.42 1.45 1.48 1.51 1.54 1.57			
	XO O O O XO XXX			
8 Georgina Mabbott	U20	GATESHEAD HA	1.51m	632
	1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54			
	O O O O O O XXO XXX			
9 Freya Dockerty	U20	SALE HARRIERS	1.42m	534
	1.36 1.39 1.42 1.45			
	O O XO XXX			
10 Ellen Montgomery	U20	CENTRAL AC	1.33m	439
	1.24 1.27 1.30 1.33 1.36			
	O O O XO XXX			

=====
CBP: B 1.72m 17/02/2019 Sarah Connolly, Harrow AC
2022: 1.63m 30/01/2022 Emma Canning, Edinburgh AC

Name	Age	Team	Final	Points
1 Amy McTeggart Sen		BOYNE AC	1.66m	806
1.54 1.57 1.60 1.63 1.66 1.69				
O O O XO O XXX				
2 Katie Burr Sen		LOUGHBOROUGH	1.63m	771
1.51 1.54 1.57 1.60 1.63 1.66				
O O O O O XXX				
3 Hannah Wallace Sen		CUMBERNAULD AAC	1.60m	736
1.45 1.48 1.51 1.54 1.57 1.60 1.63				
O - XO XO XXO O XXX				
4 Scarlett Whittaker Sen		SALE HARRIERS	1.57m	701
1.45 1.48 1.51 1.54 1.57 1.60				
O O O O XXO XXX				
4 Alice Linaker Sen		CITY OF YORK AC	1.57m	701
1.51 1.54 1.57 1.60				
O O O XXX				
6 Charlotte Rutter Sen		DARLINGTON H	1.51m	632
1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54				
O O O O O XXO O XXX				
6 Gemma Smith Sen		GATESHEAD HA	1.51m	632
1.45 1.48 1.51 1.54				
O O XO XXX				
8 Sophie Slider Sen		AYR SEAFORTH AC	1.18m	293
1.15 1.18 1.21				
O O XXX				

CBP: B 5.38m

CBP: B 5.53m 04/02/2018 Nicole Proudfoot, Annan & Dist

2022: 5.26m 30/01/2022 Stroma Fraser, Inverness Ha

Name	Age	Team	Final	Points
1 Amy Hewitt U17		WIGAN AND DI	5.33m	651
5.05m 5.21m 5.33m				
2 Zoe Loughrey U17		VP-GLASGOW AC	5.26m	631
5.18m 5.09m 5.26m				
3 Hannah McDermott U17		VP-GLASGOW AC	5.22m	620
5.22m X 5.03m				
4 Anna Reid U17		ELGIN AAC	5.14m	598
X 5.14m X				
5 Matilda Brockley U17		ANNAN AND DI	5.09m	584
X 4.97m 5.09m				
6 Ava Mitchell U17		VP-GLASGOW AC	4.95m	546
X X 4.95m				
7 Loren Stewart U17		CENTRAL AC	4.87m	524
4.87m 4.75m 4.75m				
8 Rebecca Harrison		GATESHEAD HA	4.73m	487
4.73m 4.70m 4.47m				
9 Kirstin Penman U17		DUNFERMLINE	4.72m	485
4.72m 4.59m 4.57m				
10 Senna Gorvett U17		BLYTH RUNNING CLUB	4.64m	464
4.24m 4.64m 4.63m				
11 Ellie McGee U17		ABERDEEN AAC	4.60m	454
4.52m 4.59m 4.60m				
12 Amber Wright U17		SOUTH SHIELD	4.49m	426
4.49m 4.05m 4.14m				
13 Niamh Reilly U17		CUMBERNAULD AAC	4.45m	416
4.43m 4.39m 4.45m				
14 Apphia Keenan U17		SOUTHPORT WA	4.41m	406
X 4.41m 4.25m				
15 Esther Taylor U17		HARMENY AC	4.36m	393
4.31m 4.25m 4.36m				
-- Alannah Snowden U17		LIVINGSTON AC	FOUL	
X X X				
Flight 2				
1 Sadie Parker U17		BLYTH RUNNING CLUB	5.40mB	671
4.90m 5.40m 5.39m				
2 Blessing Idoko U17		BURY AC	5.27m	634
5.27m 4.99m 4.96m				
3 Shannon Brown U17		NORTH AYRSHIRE AAC	5.06m	576
X 3.75m 5.06m				
4 Nell McGregor U17		NORTH AYRSHIRE AAC	5.05m	573
X 4.89m 5.05m				
5 Iris Whitton U17		ELGIN AAC	4.86m	522
4.66m 4.65m 4.86m				
6 Amy Starkey U17		EAST CHESHIRE	4.58m	448
X 4.58m 4.55m				
6 Charis Crawford U17		SPRINGBURN HARRIERS	4.58m	448
X X 4.58m				
8 Connie Bateman U17		CENTRAL AC	4.48m	423
4.34m 4.48m 4.48m				
9 Naideen Dailly U17		NORTH AYRSHIRE AAC	4.42m	408
4.02m 4.42m 4.15m				
10 Jaymee Brown U17		NORTH AYRSHIRE AAC	4.30m	379
4.27m 4.30m 4.09m				
11 Kathryn Petrie U17		ELGIN AAC	4.27m	371
4.27m 4.23m 4.08m				
12 Georgia Grant U17		ELGIN AAC	4.23m	362
X X 4.23m				

Sunday 29th January Event 59 Heptathlon: #4 Men High Jump Mas Men

CBP: B 1.33m 16/02/2019 Bob Masson M70, Aberdeen AAC
2022: 1.27m 29/01/2022 Derek Warn 55, Southampton

Name	Age	Team	Final	Points
Flight 1				
1 Kevin Byrne	50	DUNDRUM SOUT	1.48mB	569
	1.45 1.48 1.51			
	XXO O XXX			
1 Phil Robinson	50	ST HELENS SUTTON AC	1.48mB	569
	1.42 1.45 1.48 1.51			
	O O XO XXX			
3 Brian Slaughter	65	EASTBOURNE R	1.36mB	679
	1.21 1.27 1.30 1.33 1.36 1.39			
	O O O XO O XXX			

Sunday 29th January Event 60 Indoor Pentathlon: #4 Girls Long Jump U15 Girls

CBP: B 5.27m 04/02/2018 Erin Lobley, Hallamshire
2022: 5.11m 30/01/2022 Victoria Anestik, Falkirk Vict

Name	Age	Team	Final	Points
1 Holly Whittaker		ELGIN AAC	4.89m	530
	4.85m 4.89m 4.85m			
2 Grace Elizabeth Malley		WHITEMOSS AAC	4.81m	508
	4.75m 4.49m 4.81m			
3 Leanna Elliot		AIRDRIE HARRIERS	4.74m	490
	4.74m 4.53m 4.52m			
4 Dara Clark		CENTRAL AC	4.43m	411
	4.43m 4.18m 4.41m			
5 Kaydi Smith		DUNDEE HAWKH	4.36m	393
	4.31m 4.36m 4.16m			
6 Elizabeth Cook		BANCHORY STO	4.33m	386
	4.16m 4.33m 4.25m			
7 Eilidh Comrie		NORTH AYRSHIRE AAC	4.21m	357
	4.09m 4.04m 4.21m			
8 Isla Bamber		PRESTON HARRIERS	4.11m	333
	4.11m 3.80m 3.92m			
9 Isla Bell		BLYTH RUNNING CLUB	4.03m	315
	4.03m 3.88m X			
10 Emily Sharp		LIVINGSTON AC	3.88m	281
	3.74m 3.42m 3.88m			

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Sunday 29th January Event 60 Indoor Pentathlon: #4 Girls Long Jump U15 Glasgow

CBP: B 5.27m 04/02/2018 Erin Lobley, Hallamshire
 2022: 5.11m 30/01/2022 Victoria Anestik, Falkirk Vict

Name	Age	Team	Final	Points
Flight 2				
1 Aneesah King Oubacha		VP-GLASGOW AC	4.59m	451
4.59m 4.55m 4.29m				
2 Rebecca Digger		VP-GLASGOW AC	4.31m	381
3.68m 4.12m 4.31m				
3 Caitlin Creaby		BLYTH RUNNING CLUB	4.26m	369
3.65m 4.26m 4.22m				
4 Evie Elliott		BURY AC	4.19m	352
3.05m 4.19m 4.17m				
5 Emily Doyle		VP-GLASGOW AC	4.10m	331
4.03m 3.96m 4.10m				
6 Estelle Giraud		SHETTLESTON	3.92m	290
X 3.86m 3.92m				
7 Emily Shearer		VP-GLASGOW AC	3.89m	283
3.72m 3.89m 2.96m				
8 Emily Stanford		CENTRAL AC	3.87m	279
3.86m 3.86m 3.87m				
9 Anna Clark		VP-GLASGOW AC	3.84m	272
3.65m 3.84m X				
10 Lucy Macmillan		LIVINGSTON AC	3.78m	259
3.78m X 3.72m				
11 Hazel Prince		CENTRAL AC	3.58m	216
3.58m 3.47m X				
12 Alexandra Montgomery		CENTRAL AC	3.31m	163
3.22m 3.31m 3.31m				

Sunday 29th January Event 61 Indoor Pentathlon: #3 Women Shot Put U20 Women

CBP: B 13.36m 17/02/2019 Rhea Southcott U20, Leeds City A
 2022: 12.33m 30/01/2022 Amy Kennedy, Cumbernauld

Name	Age	Team	Final	Points
Flight 1				
1 Amy Kennedy U20		CUMBERNAULD AAC	14.08mB	799
13.88m 13.27m 14.08m				
2 Rosella Togo U20		BURY AC	11.02m	596
X 11.02m 11.01m				
3 Ellise Fryer-francis U20		SALE HARRIERS	10.65m	572
X 10.65m 10.57m				
4 Stroma Fraser U20		INVERNESS HA	9.93m	525
9.93m 9.84m 9.68m				
5 Amber Hughes U20		SOUTHPORT WA	9.21m	478
9.21m 8.77m 8.53m				
6 Freya Dockerty U20		SALE HARRIERS	8.98m	463
7.73m 8.34m 8.98m				
7 Georgina Mabbott U20		GATESHEAD HA	8.90m	458
7.16m 5.58m 8.90m				
8 Jilly Lefebvre U20		NORTH AYRSHIRE AAC	8.01m	400
8.01m 7.72m 7.54m				
9 Ellen Montgomery U20		CENTRAL AC	7.42m	362
6.76m 7.42m 7.32m				

Sunday 29th January Event 61 Indoor Pentathlon: #3 Women Shot Put Senior Women

CBP: B 14.09m 17/02/2019 Jo Rowland, Crawley AC
2022: 9.12m 30/01/2022 Emma Canning, Edinburgh AC

Name	Age	Team	Final	Points
1 Katie Burr	Sen	LOUGHBOROUGH	10.95m	592
			10.90m 10.95m 10.15m	
2 Amy McTeggart	Sen	BOYNE AC	10.45m	559
			10.45m 9.99m 10.25m	
3 Charlotte Rutter	Sen	DARLINGTON H	9.95m	526
			9.95m 8.23m X	
4 Alice Linaker	Sen	CITY OF YORK AC	9.64m	506
			9.07m 9.64m 9.43m	
5 Gemma Smith	Sen	GATESHEAD HA	9.63m	505
			8.72m 8.61m 9.63m	
6 Scarlett Whittaker	Sen	SALE HARRIERS	9.13m	473
			8.77m 9.11m 9.13m	
7 Hannah Wallace	Sen	CUMBERNAULD AAC	7.74m	383
			7.27m 7.26m 7.74m	
8 Sophie Slider	Sen	AYR SEAFORTH AC	7.07m	340
			6.21m 6.28m 7.07m	

Sunday 29th January Event 62 Indoor Pentathlon: #2 Women High Jump U17 Women

CBP: B 1.68m 05/03/2017 Claire McGarvey, Banchory Sto
2022: 1.63m 30/01/2022 Jenna Hilditch, VP-Glasgow A

Name	Age	Team	Final	Points
1 Amy Hewitt	U17	WIGAN AND DI	1.63m	771
			1.48 1.51 1.54 1.57 1.63 1.66	
			o o o o o XXX	
1 Zoe Loughrey	U17	VP-GLASGOW AC	1.63m	771
			1.48 1.51 1.54 1.57 1.60 1.63 1.66	
			o o o XO o XO XXX	
3 Matilda Brockley	U17	ANNAN AND DI	1.54m	666
			1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57	
			o o XO o o o XXO XXX	
4 Hannah McDermott	U17	VP-GLASGOW AC	1.51m	632
			1.33 1.39 1.42 1.45 1.48 1.51 1.54	
			o o o XXO o XXO XXX	
4 Senna Gorvett	U17	BLYTH RUNNING CLUB	1.51m	632
			1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54	
			o o o XO XO o XXO XXX	
4 Sadie Parker	U17	BLYTH RUNNING CLUB	1.51m	632
			1.36 1.39 1.42 1.45 1.48 1.51 1.54	
			o XO o o XO XXO XXX	
7 Anna Reid	U17	ELGIN AAC	1.48m	599
			1.33 1.36 1.39 1.42 1.45 1.48 1.51	
			XO XXO XO XO o o X	
7 Niamh Reilly	U17	CUMBERNAULD AAC	1.48m	599
			1.33 1.36 1.39 1.42 1.45 1.48 1.51	
			XO o XO o XO o XXX	
9 Rebecca Harrison		GATESHEAD HA	1.45m	566
			1.33 1.36 1.39 1.42 1.45 1.48	
			o XO o XXO o XXX	
10 Shannon Brown	U17	NORTH AYRSHIRE AAC	1.42m	534
			1.36 1.39 1.42 1.45	
			o o XO XXX	
10 Kirstin Penman	U17	DUNFERMLINE	1.42m	534
			1.36 1.39 1.42 1.45	
			o XXO XXO XXX	
12 Esther Taylor	U17	HARMENY AC	1.36m	470
			1.33 1.36 1.39	
			o o XXX	

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Sunday 29th January Event 62 Indoor Pentathlon: #2 Women High Jump U17 Glasgow

CBP: B 1.68m 05/03/2017 Claire McGarvey, Banchory Sto
 2022: 1.63m 30/01/2022 Jenna Hilditch, VP-Glasgow A

Name	Age	Team	Final	Points
Flight 2				
1 Kathryn Petrie U17		ELGIN AAC	1.48m	599
	1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51			
	O O O O O O O XXX			
1 Ava Mitchell U17		VP-GLASGOW AC	1.48m	599
	1.39 1.42 1.45 1.48 1.51			
	XO O O XXO XXX			
3 Blessing Idoko U17		BURY AC	1.45m	566
	1.33 1.36 1.39 1.42 1.45 1.48			
	O O O O XO XXX			
3 Alannah Snowden U17		LIVINGSTON AC	1.45m	566
	1.33 1.36 1.39 1.42 1.45 1.48			
	O O O O XO XXX			
3 Charis Crawford U17		SPRINGBURN HARRIERS	1.45m	566
	1.30 1.33 1.36 1.39 1.42 1.45 1.48			
	O O O XXO O O XXX			
3 Nell McGregor U17		NORTH AYRSHIRE AAC	1.45m	566
	1.33 1.36 1.39 1.42 1.45 1.48			
	O O O XO XO XXX			
7 Naideen Dailly U17		NORTH AYRSHIRE AAC	1.42m	534
	1.33 1.36 1.39 1.42 1.45			
	O O O XO XXX			
7 Amber Wright U17		SOUTH SHIELD	1.42m	534
	1.27 1.30 1.33 1.36 1.39 1.42 1.45			
	O O O O O XO XXX			
7 Amy Starkey U17		EAST CHESHIRE	1.42m	534
	1.30 1.33 1.36 1.39 1.42 1.45			
	XO O O XO XO XXX			
10 Jaymee Brown U17		NORTH AYRSHIRE AAC	1.39m	502
	1.27 1.30 1.33 1.36 1.39 1.42			
	O O O O O XX			
11 Iris Whitton U17		ELGIN AAC	1.36m	470
	1.30 1.33 1.36 1.39			
	XO XXO XXO XXX			
11 Ellie McGee U17		ABERDEEN AAC	1.36m	470
	1.27 1.30 1.33 1.36 1.39			
	O O O XO XXX			
11 Georgia Grant U17		ELGIN AAC	1.36m	470
	1.27 1.30 1.33 1.36 1.39			
	O O O XO XXX			
14 Connie Bateman U17		CENTRAL AC	1.33m	439
	1.27 1.30 1.33 1.36			
	XO XXO O XXX			

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Sunday 29th January Event 63 Indoor Pentathlon: #3 Girls Shot Put U15 Girls Glasgow

CBP: B 11.25m 17/02/2019 Paige Stevens, Falkirk Vict
 2022: 10.63m 30/01/2022 Victoria Anestik, Falkirk Vict

Name	Age	Team	Final	Points
Flight 1				
1 Holly Whittaker		ELGIN AAC	8.78m	450
	8.42m 8.51m 8.78m			
2 Leanna Elliot		AIRDRIE HARRIERS	7.72m	381
	7.72m 7.51m X			
3 Grace Elizabeth Malley		WHITEMOSS AAC	7.61m	374
	6.56m 7.42m 7.61m			
4 Isla Bell		BLYTH RUNNING CLUB	7.13m	343
	6.14m 7.13m 6.04m			
5 Dara Clark		CENTRAL AC	7.10m	341
	7.10m X 6.65m			
6 Eilidh Comrie		NORTH AYRSHIRE AAC	6.99m	334
	6.99m 5.76m 6.02m			
7 Elizabeth Cook		BANCHORY STO	6.98m	334
	6.98m 6.92m 6.45m			
8 Kaydi Smith		DUNDEE HAWKH	6.88m	327
	X 6.88m 6.24m			
9 Emily Sharp		LIVINGSTON AC	6.21m	285
	5.57m 6.21m 5.92m			
10 Isla Bamber		PRESTON HARRIERS	5.61m	247
	5.61m 5.30m 5.26m			
Flight 2				
1 Evie Elliott		BURY AC	9.95m	526
	9.95m 9.65m 9.66m			
2 Anna Clark		VP-GLASGOW AC	7.56m	371
	7.18m 6.95m 7.56m			
3 Estelle Giraud		SHETTLESTON	7.53m	369
	7.31m 7.53m 7.30m			
4 Emily Doyle		VP-GLASGOW AC	6.64m	312
	5.98m 5.87m 6.64m			
5 Emily Shearer		VP-GLASGOW AC	6.35m	294
	5.92m 3.20m 6.35m			
6 Emily Stanford		CENTRAL AC	6.17m	282
	5.63m 6.17m 5.86m			
7 Aneesah King Oubacha		VP-GLASGOW AC	6.04m	274
	6.04m 6.03m 5.39m			
8 Alexandra Montgomery		CENTRAL AC	6.00m	271
	5.66m 4.53m 6.00m			
9 Caitlin Creaby		BLYTH RUNNING CLUB	5.69m	252
	5.37m 5.69m 5.28m			
10 Rebecca Digger		VP-GLASGOW AC	5.57m	244
	5.34m 5.57m 5.34m			
11 Hazel Prince		CENTRAL AC	5.23m	223
	5.23m 4.77m 4.44m			
12 Lucy Macmillan		LIVINGSTON AC	4.59m	183
	4.59m 4.49m 4.34m			

Sunday 29th January Event 64 Indoor Pentathlon: #2 Women Long Jump Senior Women

CBP: B 5.92m 17/02/2019 Jo Rowland, Crawley AC
2022: 5.84m 30/01/2022 Emma Canning, Edinburgh AC

Name	Age	Team	Final	Points
Flight 1				
1 Hannah Wallace Sen		CUMBERNAULD AAC	5.79m	786
	5.72m	5.79m	5.66m	
2 Gemma Smith Sen		GATESHEAD HA	5.49m	697
	4.13m	5.49m	4.22m	
3 Amy McTeggart Sen		BOYNE AC	5.47m	691
	X X	5.47m		
4 Scarlett Whittaker Sen		SALE HARRIERS	5.45m	686
	5.17m	5.45m	5.40m	
5 Alice Linaker Sen		CITY OF YORK AC	5.34m	654
	5.22m	5.34m	5.27m	
6 Charlotte Rutter Sen		DARLINGTON H	5.18m	609
	5.15m	5.18m	5.13m	
7 Katie Burr Sen		LOUGHBOROUGH	5.13m	595
	5.06m	5.13m	5.03m	
8 Sophie Slider Sen		AYR SEAFORTH AC	4.13m	338
	3.94m	3.91m	4.13m	

Sunday 29th January Event 64 Indoor Pentathlon: #4 Women Long Jump U20 Women

CBP: B 5.93m 04/02/2018 Grace Bower, Sale Harrier
2022: 5.36m 30/01/2022 Rosella Togo, Bury AC

Name	Age	Team	Final	Points
1 Ellise Fryer-francis U20		SALE HARRIERS	5.55m	715
	5.51m	5.55m	3.84m	
2 Amy Kennedy U20		CUMBERNAULD AAC	5.49m	697
	5.41m	5.49m	5.34m	
3 Rosella Togo U20		BURY AC	5.34m	654
	5.26m	5.18m	5.34m	
4 Stroma Fraser U20		INVERNESS HA	5.24m	626
	X	5.24m	5.20m	
5 Freya Dockerty U20		SALE HARRIERS	5.14m	598
	5.14m	X X		
6 Georgina Mabbott U20		GATESHEAD HA	5.09m	584
	5.00m	5.05m	5.09m	
7 Jilly Lefebvre U20		NORTH AYRSHIRE AAC	4.90m	532
	4.81m	4.86m	4.90m	
8 Ellen Montgomery U20		CENTRAL AC	4.39m	401
	X	4.36m	4.39m	

Saturday 28th January Event 501 Boys Indoor Pentathlon U13 Boys

National: N 1862 19/02/2012 Scott Connal
CBP: B 1860 2015 Reuben Nairne, Giffnock North
2022: 1460 29/01/2022 Abraham Lanahan, Shettleston

Name	Age	Team	Final
1 Harry Cook		BANCHORY STO	1521
2 Joseph Lanahan		SHETTLESTON	1261
3 Alfie Laing		CENTRAL AC	767

Saturday 28th January Event 502 Girls Indoor Pentathlon U13 Girls

National: N 2817 03/02/2018 Mya McMahon, Dunfermline
CBP: B 2968 01/02/2020 Emily Bond, North Shield
2022: 2268 29/01/2022 Leanna Elliot, Airdrie Harr

Name	Age	Team	Final
1 Dionne Maguinness		AIRDRIE HARRIERS	2668
2 Morven Kenny		TEAM EAST LOTHIAN	2126
3 Charlotte Doyle		VP-GLASGOW AC	1954
4 Rachel Carvel		CENTRAL AC	1672
5 Lana Mapara		EDINBURGH AC	1530
6 Beth Mould		SPRINGBURN HARRIERS	1507
7 Megan Cowan		KILBARCHAN AAC	1463
8 Tessa Gray		CENTRAL AC	1377
9 Branna Kenny		HADDINGTON RC	1330
10 India Gorvett		BLYTH RUNNING CLUB	1327
11 Isla Preston		NORTH AYRSHIRE AAC	1314
12 Caitlin Chalmers		DUNFERMLINE	1298
13 Aine McAtarsney		FALKIRK VICT	1188
14 Lily Pritchard		DUNFERMLINE	1131
15 Molly Robinson		DUNFERMLINE	1076
16 Emily Watkin		CENTRAL AC	1038
17 Olivia Denholm		CENTRAL AC	969

Saturday 28th January Event 503 Boys Indoor Pentathlon U15 Boys

National: N 2947 15/03/2015 Joel McFarlane
CBP: B 2857 1995 Graeme Allan, Elgin AAC
2022: 2835 29/01/2022 Luke Pichler, Blyth Runnin

Name	Age	Team	Final
1 Douglas Knox		SPRINGBURN HARRIERS	2676
2 Murray Taylor		INVERNESS HA	2283
3 Fintan Rooney		VP-GLASGOW AC	2022
4 Donald Ross		EDINBURGH AC	1834
5 Joshua Beckett		LOCHABER AC	1775
6 Frazer Lees		PITREAVIE AAC	1602
7 Joe Crawford		SPRINGBURN HARRIERS	1544
8 Oliver Cooper		BURY AC	1444
9 Murray Graham		SHETTLESTON	980

Sunday 29th January Event 504 Girls Indoor Pentathlon U15 Girls

National: N 3361 09/03/2014 Holly McArthur
CBP: B 3400 04/02/2018 Erin Lobley, Hallamshire
2022: 3063 30/01/2022 Victoria Anestik, Falkirk Vic

Name	Age	Team	Final
1 Holly Whittaker		ELGIN AAC	2823
2 Evie Elliott		BURY AC	2722
3 Leanna Elliot		AIRDRIE HARRIERS	2559
4 Kaydi Smith		DUNDEE HAWKH	2490
5 Elizabeth Cook		BANCHORY STO	2422
6 Grace Elizabeth Malley		WHITEMOSS AAC	2352
7 Aneesah King Oubacha		VP-GLASGOW AC	2299
8 Dara Clark		CENTRAL AC	2240
9 Eilidh Comrie		NORTH AYRSHIRE AAC	2110
10 Emily Doyle		VP-GLASGOW AC	2084
11 Isla Bamber		PRESTON HARRIERS	2065
12 Rebecca Digger		VP-GLASGOW AC	2017
13 Emily Stanford		CENTRAL AC	2005
14 Anna Clark		VP-GLASGOW AC	1922
15 Caitlin Creaby		BLYTH RUNNING CLUB	1907
16 Estelle Giraud		SHETTLESTON	1877
17 Hazel Prince		CENTRAL AC	1834
18 Emily Shearer		VP-GLASGOW AC	1802
19 Emily Sharp		LIVINGSTON AC	1794
20 Isla Bell		BLYTH RUNNING CLUB	1694
21 Alexandra Montgomery		CENTRAL AC	1497
22 Lucy Macmillan		LIVINGSTON AC	1374

Sunday 29th January Event 506 Women Indoor Pentathlon U17 Women

National: N 3685 15/03/2015 Holly McArthur
CBP: B 3685 2015 Holly McArthur, Whitemoss
2022: 3210 30/01/2022 Stroma Fraser, Inverness Ha

Name	Age	Team	Final
1 Sadie Parker U17		BLYTH RUNNING CLUB	3318
2 Hannah McDermott U17		VP-GLASGOW AC	3301
3 Amy Hewitt U17		WIGAN AND DI	3187
4 Zoe Loughrey U17		VP-GLASGOW AC	3133
5 Matilda Brockley U17		ANNAN AND DI	3106
6 Shannon Brown U17		NORTH AYRSHIRE AAC	3018
7 Nell McGregor U17		NORTH AYRSHIRE AAC	3009
8 Ava Mitchell U17		VP-GLASGOW AC	2992
9 Blessing Idoko U17		BURY AC	2941
10 Rebecca Harrison		GATESHEAD HA	2865
11 Amy Starkey U17		EAST CHESHIR	2773
12 Senna Gorvett U17		BLYTH RUNNING CLUB	2757
13 Kirstin Penman U17		DUNFERMLINE	2725
14 Naideen Dailly U17		NORTH AYRSHIRE AAC	2621
15 Niamh Reilly U17		CUMBERNAULD AAC	2556
16 Jaymee Brown U17		NORTH AYRSHIRE AAC	2543
17 Iris Whittton U17		ELGIN AAC	2528
18 Charis Crawford U17		SPRINGBURN HARRIERS	2498
19 Esther Taylor U17		HARMENY AC	2401
20 Ellie McGee U17		ABERDEEN AAC	2329
21 Anna Reid U17		ELGIN AAC	2326
22 Amber Wright U17		SOUTH SHIELD	2305
23 Alannah Snowden U17		LIVINGSTON AC	2282
24 Kathryn Petrie U17		ELGIN AAC	2273
25 Georgia Grant U17		ELGIN AAC	1979

Sunday 29th January Event 508 Women Indoor Pentathlon U20 Women

National: N 4096 10/02/2002 Aileen Wilson
CBP: B 3968 02/02/2020 Abigail Pawlett, Stockport Tr
2022: 3660 30/01/2022 Amy Kennedy, Cumbernauld

Name Age Team Final

1	Amy Kennedy U20	CUMBERNAULD AAC	3760
2	Ellise Fryer-francis U20	SALE HARRIERS	3480
3	Rosella Togo U20	BURY AC	3321
4	Stroma Fraser U20	INVERNESS HA	3299
5	Jilly Lefebvre U20	NORTH AYRSHIRE AAC	3126
6	Freya Dockerty U20	SALE HARRIERS	3111
7	Georgina Mabbott U20	GATESHEAD HA	3085
8	Ellen Montgomery U20	CENTRAL AC	2100

Sunday 29th January Event 510 Women Indoor Pentathlon Senior Women

National: N 4096 10/02/2002 Aileen Wilson
CBP: B 4130 17/02/2019 Jo Rowland, Crawley AC
2022: 3773 30/01/2022 Emma Canning, Edinburgh AC

Name Age Team Final

1	Amy McTeggart Sen	BOYNE AC	3667
2	Katie Burr Sen	LOUGHBOROUGH	3525
3	Scarlett Whittaker Sen	SALE HARRIERS	3428
4	Hannah Wallace Sen	CUMBERNAULD AAC	3127
5	Charlotte Rutter Sen	DARLINGTON H	3124
6	Gemma Smith Sen	GATESHEAD HA	2907
7	Sophie Slider Sen	AYR SEAFORTH AC	1715

Sat 28th & Sun 29th January Event 705 Men Heptathlon U17 Men

National: N 5086 11/03/2018 Scott Brindley, North Ayrshir
CBP: B 4988 03/02/2018 Scott Brindley, N Ayrshire AC
2022: 4306 29/01/2022 Daniel Martin, Giffnock Nor

Name Age Team Final

1	Corey Beechall U17	LIVERPOOL HA	4523
2	Finn Bryce U17	ABERDEEN AAC	4205
3	Sammy Lok U17	CORBY AC	4103
4	James Clark U17	VP-GLASGOW AC	3569
5	Corey Middleton U17	PRESTON HARRIERS	3411
6	Luc Macleod U17	BANCHORY STO	3305
7	Cameron Moore U17	CENTRAL AC	2209
8	Jamie Connor U17	CENTRAL AC	1968

Sat 28th & Sun 29th January Event 707 Men Heptathlon U20 Men

National: N 5409 01/02/2020 Scott Brindley, North Ayrshi
CBP: B 5409 01/02/2020 Scott Brindley, North Ayrshi
2022: 4993 29/01/2022 William Hodi, Nairn Area A

Name Age Team Final

1	Jonathan Cameron U20	INVERCLYDE AC	4508
2	Morgan White U20	SALE HARRIERS	4359
3	Euan Wallace U20	CUMBERNAULD AAC	3670
4	Lexx McConville U20	WINDSOR SLOU	2825
5	Ross Lawrie U20	CENTRAL AC	2613

Sat 28th & Sun 29th January Event 709 Men Heptathlon Senior Men

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National: N 5662 17/02/2019 Andrew Murphy, Kilbarchan AAC
CBP: B 5834 04/03/2017 Ben Gregory, Birchfield H
2022: 5269 29/01/2022 Howard Bell, Kilbarchan A

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Name Age Team Final

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1 Adam Hoole Sen TEAM EAST LOTHIAN 5582
2 Ewan Bradley Sen LIVERPOOL HA 5374
3 Jack Phipps Sen BIRCHFIELD HARRIERS 5005
4 William Hodi Sen NAIRN AREA AAC 4958
5 Andrew Murphy Sen KILBARCHAN AAC 4627
6 Alister Mackay Sen INVERNESS HA 4528
7 Alastair Stanley Sen GARSCUBE HARRIERS 4182
8 Harry Lord Sen SALE HARRIERS 3716

Sat 28th & Sun 29th January Event 711 Men Heptathlon Mas Men

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CBP: B 4870 16/02/2019 Bob Masson M70, Aberdeen AAC
2022: 2669 29/01/2022 Derek Warn 55, Southampton

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Name Age Team Final

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1 Brian Slaughter 65 EASTBOURNE R 4729
2 Kevin Byrne 50 DUNDRUM SOUT 3982
3 Phil Robinson 50 ST HELENS SUTTON AC 3741
4 Ian Paget 50 CUMBERNAULD AAC 1623