

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	31:45	Giffnock North AC	11:02	4	Lucy Tonner U13	10:25	2	Amy Gallagher U15	10:18	1	Scarlett Wilson U17
2	32:02	Giffnock North AC	11:13	6	Eve Cameron U13	10:57	4	Millie Boothman U15	09:52	2	Ruth Walsh U17
3	32:18	Falkirk Victoria Harriers	11:08	5	Skye Robertson U13	10:32	3	Emily Christie U15	10:38	3	Katie Hedges U17
4	32:22	Inverclyde AC	11:33	8	Olivia Lyne U13	11:21	10	Emma Binnie U15	09:28	4	Millie McClelland-Brooks U17
5	32:34	Kilbarchan AAC	10:59	3	Emma Nicholson U13	11:30	5	Vanessa McVeigh U15	10:05	5	Zara Redmond U17
6	32:55	Harmeny AC	11:53	14	Alexa Holden U13	10:47	7	Nancy Corrie U15	10:15	6	Natsai Nyabadza U17
7	33:10	Inverness Harriers AAC	12:57	40	Lexie Macrae U13	10:09	13	Lois Macrae U15	10:04	7	Caitlyn Heggie U17
8	33:28	Airdrie Harriers	11:47	11	Zara Gillespie U13	11:03	9	Eihlenn Gillespie U15	10:38	8	Millie Gairn U15
9	33:42	Inverness Harriers AAC	12:41	31	Hannah Mackay U13	10:49	18	Anna Meek U15	10:12	9	Katie Meek U17
10	33:47	Gala Harriers	12:04	19	Annabelle Stewart U13	10:32	6	Ava Richardson U15	11:11	10	Erin Gray U17
11	33:52	Giffnock North AC	12:14	22	Eilidh Brown U13	10:49	12	Eilidh Caldwell U15	10:49	11	Iona Stroma Hubbard U17
12	34:14	Harmeny AC	12:04	19	Isabella Pearson U13	11:09	14	Carys Melton U15	11:01	12	Skye Marshall U17
13	34:22	Perth Straththay Harriers	11:14	7	Emma Squires U13	12:06	16	Mairi Gatherer U15	11:02	13	Eilidh Hearn U17
14	34:29	East Kilbride AC	12:27	27	Lottie Sim U13	10:31	11	Matilda Frew U15	11:31	14	Amy Andrew U17
15	34:37	Harmeny AC	12:03	18	Kate Riches U13	10:42	8	Emilie Paul U15	11:52	15	Leah Buchan U15
16	34:47	Team East Lothian	10:51	1	Imogen Turner U13	12:28	15	Sula Russell U15	11:28	16	Eily Sinclair U17
17	35:00	Giffnock North AC	12:10	21	Eva McGroary U13	11:41	22	Nicole Yates U15	11:09	17	Isla Munro U17
18	35:02	Corstorphine AAC	12:29	29	Isla Arnott U13	11:39	26	Isla McGrath U15	10:54	18	Alice Mourao U17
19	35:05	Strathearn Harriers	10:56	2	Lucia Connell U13	13:45	33	Madelaine Blanchard U15	10:24	19	Eilidh Dallas U15
20	35:07	Gala Harriers	12:26	26	Javiera Unibazo U13	11:55	28	Elise Field U15	10:46	20	Kirsty Rankine U15
21	35:10	Pitreevie AAC	12:16	23	Lucy Steedman U13	11:13	17	Isla Gourley U15	11:41	21	Ariane Baillie U17
22	35:15	Falkirk Victoria Harriers	11:47	11	Neve Taylor U13	12:08	24	Lara Crawford U15	11:20	22	Isabella Ogg U17
23	35:17	Springburn Harriers	11:51	13	Willow Smith U13	11:54	20	Brooke Dawson U13	11:32	23	Skye Smith U15
24	35:31	Giffnock North AC	12:02	16	Megan Jackson U13	11:29	19	Emma Johnston U15	12:00	24	Rachael Niamh Hill U17
25	35:37	Lasswade AC	13:07	42	Laura Kitchin U13	11:25	32	Beth McWilliam U15	11:05	25	Bethan Kitchin U17
26	35:39	Edinburgh AC	12:56	39	Maisie Hunter U13	12:14	37	Catriona Scott U15	10:29	26	Jessica Taylor U17
27	35:42	Gala Harriers	12:02	16	Holly Craig U13	12:08	27	Kacie Brown U15	11:32	27	Poppy Lunn U17
28	35:58	Giffnock North AC	12:35	30	Emma Birrell U13	11:46	28	Eva Saez U15	11:37	28	Erin Reilly U15
29	36:01	Kilmarnock H&AC	11:41	9	Ava Warboys U13	12:25	25	Cara Monachello U15	11:55	29	Eve Starritt U17
30	36:06	Inverclyde AC	12:23	25	Nuala Munro U13	11:31	23	Grace Barry U15	12:12	30	Kiera Gregory U15
31	36:08	Harmeny AC	12:00	15	Aria MacFarlane U13	11:45	21	Francesca Earl U15	12:23	31	Iona Kealy U17
32	36:14	Falkirk Victoria Harriers	12:49	34	Aine McAtarsney U13	12:24	38	Amy Taylor U13	11:01	32	Lucie Gibson U17
33	36:20	East Kilbride AC	12:19	24	Zoe Baillie U13	12:05	30	Carrie Charters U15	11:56	33	Eva Morrison U15
34	36:38	Law & District AAC	12:50	36	Olivia Kelly U13	12:10	35	Erin McGurk U15	11:38	34	Alayna McCann U17
35	37:05	Cambuslang Harriers	11:42	10	Brooke Walker U13	13:07	34	Erin Kearney U15	12:16	35	Grace Ferry U17
36	37:10	Giffnock North AC	12:52	37	Lotty Martin U13	12:21	38	Beth Adams U15	11:57	36	Sarah McNulty U15
37	37:26	VP-Glasgow AC	13:50	55	Charlotte Hughes U13	10:38	31	Anna Elizabeth Ross U15	12:58	37	Carys Murrison U17
38	37:30	Shettleston Harriers	13:11	44	Charlotte Reilly U13	13:12	47	Imogen Millar U15	11:07	38	Katie Woods U17
39	37:37	Harmeny AC	12:49	34	Lillie Paul U13	12:12	36	Aysa Kealy U15	12:36	39	Halszka Musialowicz U17
40	37:48	Garscube Harriers	14:38	59	Rebecca Henderson U13	11:57	49	Isobel Collingwood U15	11:13	40	Nina Padmanabhan U17
41	38:07	Edinburgh AC	13:46	52	Jessica Stewart U13	13:20	53	Anna Thorogood U15	11:01	41	Christina Edgar U17
42	38:10	Airdrie Harriers	14:43	61	Jorgie Gairn U13	11:58	51	Kady Wood U15	11:29	42	Grace Wilson U17
43	38:29	Falkirk Victoria Harriers	13:07	42	Megan Blair U13	13:58	52	Ruth Donaldson U15	11:24	43	Chloe Davies U17
44	38:32	Livingston AC	13:22	45	Honor Ford U13	14:37	59	Lucy Macmillan U15	10:33	44	Imogen Marshall U17
45	38:35	Ayr Seaforth AC	13:28	49	Isla Milligan U13	12:25	44	Megan Mason U13	12:42	45	Anna Campbell U15
46	38:37	Falkirk Victoria Harriers	13:46	52	Kirsty Sedman U13	13:32	54	Isla Philp U15	11:19	46	Charlotte Horne U17
47	38:37	Cumbernauld AAC	13:24	47	Cheyenne Kolegar U13	11:54	40	Jemma Macleod U15	13:19	46	Niamh Reilly U17
48	38:41	Garscube Harriers	15:27	65	Fay McLaughlin U13	11:52	55	Chloe Hendry U15	11:22	48	Sophie Gibbons U17
49	38:50	Perth Straththay Harriers	13:26	48	Rosie Boulton U13	12:21	43	Lucy McInroy U15	13:03	49	Iris Ryan U15
50	38:52	Falkirk Victoria Harriers	14:10	56	Kirsty Moffat U13	12:21	48	Hanna Brindley U15	12:21	50	Leya Gibb U17

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete
51	39:18	Central AC	14:11	57 Jessica Walker U13	13:11	56 Ella Tanner U15	11:56	51 Leah Brown U17
52	39:52	Law & District AAC	13:38	51 Nieve Fitzpatrick U13	14:40	60 Sarah Chambers U15	11:34	52 Neve Elliott U17
53	39:53	Perth Straththay Harriers	13:30	50 Elsa Campbell U13	14:01	57 Lois Murray U15	12:22	53 Lucy Ward U17
54	39:56	Harmeny AC	13:22	45 Rebecca Hardie U13	12:08	41 Amber Cunningham U15	14:26	54 Meda Maria Reivyitis U17
55	40:24	Giffnock North AC	14:57	62 Ruby McWilliams U13	14:07	63 Rebecca Martin U13	11:20	55 Isabella Wilson U15
56	40:39	Kilmarnock H&AC	12:28	28 Megan Haggarty U13	14:13	50 Rebecca McNulty U15	13:58	56 Charlotte Gebbie U15
57	40:40	Garscube Harriers	13:48	54 Elsa Birch U13	13:48	58 Skye Dick U15	13:04	57 Alice Henderson U17
58	41:47	Central AC	14:59	63 Erin Combe U13	14:48	65 Katherine Mitchell U15	12:00	58 Niamh McKinlay U17
59	43:51	Clydesdale Harriers	13:03	41 Hayden Bell U13	15:57	62 Eilidh Haggerty U13	14:51	59 Lily Duncan U15
60	44:13	Garscube Harriers	17:57	69 Melanie Welsh U13	13:19	66 Emma Fox U15	12:57	60 Jennifer MacMahon U17
		Falkirk Victoria Harriers	14:38	59 Rebecca Lynch U13	11:08	42 Katie Lynch U13		
		Inverclyde AC	12:44	32 Iona Wilson U13	13:10	45 Pearl Paterson U15		
		Springburn Harriers	12:52	37 Nina Stevenson U13	13:19	46 Niamh Wilson U15		
		Garscube Harriers	15:38	66 Talia Padmanabhan U13	12:49	61 Ava McBean U15		
		Cambuslang Harriers	12:48	33 Eve Campbell U13	16:41	64 Keira Gallacher U15		
		Kilbarchan AAC	16:18	68 Lauren Taylor U13				
		VP-Glasgow AC	14:18	58 Phoebe Bonham U13				
		Springburn Harriers	15:05	64 Ava Gillespie U13				
		Giffnock North AC	16:10	67 Keira Saez U13				

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAF FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
1	Millie	McClelland-Brooks U17	Inverclyde AC	9:28	1
2	Ruth	Walsh U17	Giffnock North AC	9:52	2
3	Caitlyn	Heggie U17	Inverness Harriers AAC	10:04	3
4	Zara	Redmond U17	Kilbarchan AAC	10:05	4
5	Lois	Macrae U15	Inverness Harriers AAC	10:09	1
6	Katie	Meek U17	Inverness Harriers AAC B	10:12	5
7	Natsai	Nyabadza U17	Harmeny AC	10:15	6
8	Scarlett	Wilson U17	Giffnock North AC B	10:18	7
9	Eilidh	Dallas U15	Strathearn Harriers	10:24	2
10	Amy	Gallagher U15	Giffnock North AC B	10:25	3
11	Jessica	Taylor U17	Edinburgh AC	10:29	8
12	Matilda	Frew U15	East Kilbride AC	10:31	4
13	Ava	Richardson U15	Gala Harriers	10:32	5
13	Emily	Christie U15	Falkirk Victoria Harriers	10:32	5
15	Imogen	Marshall U17	Livingston AC	10:33	9
16	Anna Elizabeth	Ross U15	VP-Glasgow AC	10:38	7
16	Katie	Hedges U17	Falkirk Victoria Harriers	10:38	10
16	Millie	Gairn U15	Airdrie Harriers	10:38	7
19	Emilie	Paul U15	Harmeny AC B	10:42	9
20	Kirsty	Rankine U15	Gala Harriers B	10:46	10
21	Nancy	Corrie U15	Harmeny AC	10:47	11
22	Anna	Meek U15	Inverness Harriers AAC B	10:49	12
22	Iona Stroma	Hubbard U17	Giffnock North AC C	10:49	11
22	Eilidh	Caldow U15	Giffnock North AC C	10:49	12
25	Imogen	Turner U13	Team East Lothian	10:51	1
26	Alice	Mourao U17	Corstorphine AAC	10:54	12
27	Lucia	Connell U13	Strathearn Harriers	10:56	2
28	Millie	Boothman U15	Giffnock North AC	10:57	14
29	Emma	Nicholson U13	Kilbarchan AAC	10:59	3
30	Lucie	Gibson U17	Falkirk Victoria Harriers C	11:01	13
30	Christina	Edgar U17	Edinburgh AC B	11:01	13
30	Skye	Marshall U17	Harmeny AC C	11:01	13
33	Lucy	Tonner U13	Giffnock North AC B	11:02	4
33	Eilidh	Hearn U17	Perth Strathtay Harriers	11:02	16
35	Eihlenn	Gillespie U15	Airdrie Harriers	11:03	15
36	Bethan	Kitchin U17	Lasswade AC	11:05	17
37	Katie	Woods U17	Shettleston Harriers	11:07	18
38	Skye	Robertson U13	Falkirk Victoria Harriers	11:08	5
38	Katie	Lynch U13	Falkirk Victoria Harriers G	11:08	5
40	Isla	Munro U17	Giffnock North AC D	11:09	19
40	Carys	Melton U15	Harmeny AC C	11:09	16
42	Erin	Gray U17	Gala Harriers	11:11	20
43	Nina	Padmanabhan U17	Garscube Harriers B	11:13	21
43	Eve	Cameron U13	Giffnock North AC	11:13	7
43	Isla	Gourley U15	Pitreavie AAC	11:13	17
46	Emma	Squires U13	Perth Strathtay Harriers	11:14	8
47	Charlotte	Horne U17	Falkirk Victoria Harriers E	11:19	22
48	Isabella	Ogg U17	Falkirk Victoria Harriers B	11:20	23
48	Isabella	Wilson U15	Giffnock North AC H	11:20	18
50	Emma	Binnie U15	Inverclyde AC	11:21	19

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAF FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
51	Sophie	Gibbons U17	Garscube Harriers	11:22	24
52	Chloe	Davies U17	Falkirk Victoria Harriers D	11:24	25
53	Beth	McWilliam U15	Lasswade AC	11:25	20
54	Eily	Sinclair U17	Team East Lothian	11:28	26
55	Grace	Wilson U17	Airdrie Harriers B	11:29	27
55	Emma	Johnston U15	Giffnock North AC E	11:29	21
57	Vanessa	McVeigh U15	Kilbarchan AAC	11:30	22
58	Grace	Barry U15	Inverclyde AC B	11:31	23
58	Amy	Andrew U17	East Kilbride AC	11:31	28
60	Skye	Smith U15	Springburn Harriers	11:32	24
60	Poppy	Lunn U17	Gala Harriers C	11:32	29
62	Olivia	Lyne U13	Inverclyde AC	11:33	9
63	Neve	Elliott U17	Law & District AAC B	11:34	30
64	Erin	Reilly U15	Giffnock North AC F	11:37	25
65	Alayna	McCann U17	Law & District AAC	11:38	31
66	Isla	McGrath U15	Corstorphine AAC	11:39	26
67	Ariane	Baillie U17	Pitreavie AAC	11:41	32
67	Ava	Warboys U13	Kilmarnock H&AC	11:41	10
67	Nicole	Yates U15	Giffnock North AC D	11:41	27
70	Brooke	Walker U13	Cambuslang Harriers	11:42	11
71	Francesca	Earl U15	Harmeny AC D	11:45	28
72	Eva	Saez U15	Giffnock North AC F	11:46	29
73	Zara	Gillespie U13	Airdrie Harriers	11:47	12
73	Neve	Taylor U13	Falkirk Victoria Harriers B	11:47	12
75	Willow	Smith U13	Springburn Harriers	11:51	14
76	Chloe	Hendry U15	Garscube Harriers	11:52	30
76	Leah	Buchan U15	Harmeny AC B	11:52	30
78	Alexa	Holden U13	Harmeny AC	11:53	15
79	Brooke	Dawson U13	Springburn Harriers	11:54	16
79	Jemma	Macleod U15	Cumbernauld AAC	11:54	32
81	Eve	Starritt U17	Kilmarnock H&AC	11:55	33
81	Elise	Field U15	Gala Harriers B	11:55	33
83	Eva	Morrison U15	East Kilbride AC B	11:56	34
83	Leah	Brown U17	Central AC	11:56	34
85	Isobel	Collingwood U15	Garscube Harriers B	11:57	35
85	Sarah	McNulty U15	Giffnock North AC G	11:57	35
87	Kady	Wood U15	Airdrie Harriers B	11:58	37
88	Aria	MacFarlane U13	Harmeny AC D	12:00	17
88	Rachael Niamh	Hill U17	Giffnock North AC E	12:00	35
88	Niamh	McKinlay U17	Central AC B	12:00	35
91	Megan	Jackson U13	Giffnock North AC E	12:02	18
91	Holly	Craig U13	Gala Harriers C	12:02	18
93	Kate	Riches U13	Harmeny AC B	12:03	20
94	Annabelle	Stewart U13	Gala Harriers	12:04	21
94	Isabella	Pearson U13	Harmeny AC C	12:04	21
96	Carrie	Charters U15	East Kilbride AC B	12:05	38
97	Mairi	Gatherer U15	Perth Straththay Harriers	12:06	39
98	Kacie	Brown U15	Gala Harriers C	12:08	40
98	Lara	Crawford U15	Falkirk Victoria Harriers B	12:08	40
98	Amber	Cunningham U15	Harmeny AC F	12:08	40

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAF FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
101	Eva	McGrory U13	Giffnock North AC D	12:10	23
101	Erin	McGurk U15	Law & District AAC	12:10	43
103	Kiera	Gregory U15	Inverclyde AC B	12:12	44
103	Aysa	Kealy U15	Harmeny AC E	12:12	44
105	Catriona	Scott U15	Edinburgh AC	12:14	46
105	Eilidh	Brown U13	Giffnock North AC C	12:14	24
107	Grace	Ferry U17	Cambuslang Harriers	12:16	37
107	Lucy	Steedman U13	Pitreavie AAC	12:16	25
109	Zoe	Baillie U13	East Kilbride AC B	12:19	26
110	Lucy	McInroy U15	Perth Strathtay Harriers C	12:21	47
110	Hanna	Brindley U15	Falkirk Victoria Harriers F	12:21	47
110	Leya	Gibb U17	Falkirk Victoria Harriers F	12:21	38
110	Beth	Adams U15	Giffnock North AC G	12:21	47
114	Lucy	Ward U17	Perth Strathtay Harriers B	12:22	39
115	Iona	Kealy U17	Harmeny AC D	12:23	40
115	Nuala	Munro U13	Inverclyde AC B	12:23	27
117	Amy	Taylor U13	Falkirk Victoria Harriers C	12:24	28
118	Megan	Mason U13	Ayr Seaforth AC	12:25	29
118	Cara	Monachello U15	Kilmarnock H&AC	12:25	50
120	Javiera	Unibazo U13	Gala Harriers B	12:26	30
121	Lottie	Sim U13	East Kilbride AC	12:27	31
122	Sula	Russell U15	Team East Lothian	12:28	51
122	Megan	Haggarty U13	Kilmarnock H&AC B	12:28	32
124	Isla	Arnott U13	Corstorphine AAC	12:29	33
125	Emma	Birrell U13	Giffnock North AC F	12:35	34
126	Halszka	Musialowicz U17	Harmeny AC E	12:36	41
127	Hannah	Mackay U13	Inverness Harriers AAC B	12:41	35
128	Anna	Campbell U15	Ayr Seaforth AC	12:42	52
129	Iona	Wilson U13	Inverclyde AC C	12:44	36
130	Eve	Campbell U13	Cambuslang Harriers B	12:48	37
131	Aine	McAtarsney U13	Falkirk Victoria Harriers C	12:49	38
131	Lillie	Paul U13	Harmeny AC E	12:49	38
131	Ava	McBean U15	Garscube Harriers E	12:49	53
134	Olivia	Kelly U13	Law & District AAC	12:50	40
135	Nina	Stevenson U13	Springburn Harriers B	12:52	41
135	Lotty	Martin U13	Giffnock North AC G	12:52	41
137	Maisie	Hunter U13	Edinburgh AC	12:56	43
138	Jennifer	MacMahon U17	Garscube Harriers C	12:57	42
138	Lexie	Macrae U13	Inverness Harriers AAC	12:57	44
140	Carys	Murrison U17	VP-Glasgow AC	12:58	43
141	Iris	Ryan U15	Perth Strathtay Harriers C	13:03	54
141	Hayden	Bell U13	Clydesdale Harriers	13:03	45
143	Alice	Henderson U17	Garscube Harriers D	13:04	44
144	Erin	Kearney U15	Cambuslang Harriers	13:07	55
144	Laura	Kitchin U13	Lasswade AC	13:07	46
144	Megan	Blair U13	Falkirk Victoria Harriers D	13:07	46
147	Pearl	Paterson U15	Inverclyde AC C	13:10	56
148	Charlotte	Reilly U13	Shettleston Harriers	13:11	48
148	Ella	Tanner U15	Central AC	13:11	57
150	Imogen	Millar U15	Shettleston Harriers	13:12	58

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAF FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
151	Emma	Fox U15	Garscube Harriers C	13:19	59
151	Niamh	Reilly U17	Cumbernauld AAC	13:19	45
151	Niamh	Wilson U15	Springburn Harriers B	13:19	59
154	Anna	Thorogood U15	Edinburgh AC B	13:20	61
155	Honor	Ford U13	Livingston AC	13:22	49
155	Rebecca	Hardie U13	Harmeny AC F	13:22	49
157	Cheyenne	Kolegar U13	Cumbernauld AAC	13:24	51
158	Rosie	Boult U13	Perth Strathtay Harriers C	13:26	52
159	Isla	Milligan U13	Ayr Seaforth AC	13:28	53
160	Elsa	Campbell U13	Perth Strathtay Harriers B	13:30	54
161	Isla	Philp U15	Falkirk Victoria Harriers E	13:32	62
162	Nieve	Fitzpatrick U13	Law & District AAC B	13:38	55
163	Madelaine	Blanchard U15	Strathearn Harriers	13:45	63
164	Kirsty	Sedman U13	Falkirk Victoria Harriers E	13:46	56
164	Jessica	Stewart U13	Edinburgh AC B	13:46	56
166	Elsa	Birch U13	Garscube Harriers D	13:48	58
166	Skye	Dick U15	Garscube Harriers D	13:48	64
168	Charlotte	Hughes U13	VP-Glasgow AC	13:50	59
169	Ruth	Donaldson U15	Falkirk Victoria Harriers D	13:58	65
169	Charlotte	Gebbie U15	Kilmarnock H&AC B	13:58	65
171	Lois	Murray U15	Perth Strathtay Harriers B	14:01	67
172	Rebecca	Martin U13	Giffnock North AC H	14:07	60
173	Kirsty	Moffat U13	Falkirk Victoria Harriers F	14:10	61
174	Jessica	Walker U13	Central AC	14:11	62
175	Rebecca	McNulty U15	Kilmarnock H&AC B	14:13	68
176	Phoebe	Bonham U13	VP-Glasgow AC B	14:18	63
177	Meda Maria	Reivyitis U17	Harmeny AC F	14:26	46
178	Lucy	Macmillan U15	Livingston AC	14:37	69
179	Rebecca	Henderson U13	Garscube Harriers B	14:38	64
179	Rebecca	Lynch U13	Falkirk Victoria Harriers G	14:38	64
181	Sarah	Chambers U15	Law & District AAC B	14:40	70
182	Jorgie	Gairn U13	Airdrie Harriers B	14:43	66
183	Katherine	Mitchell U15	Central AC B	14:48	71
184	Lily	Duncan U15	Clydesdale Harriers	14:51	72
185	Ruby	McWilliams U13	Giffnock North AC H	14:57	67
186	Erin	Combe U13	Central AC B	14:59	68
187	Ava	Gillespie U13	Springburn Harriers C	15:05	69
188	Fay	McLaughlin U13	Garscube Harriers	15:27	70
189	Talia	Padmanabhan U13	Garscube Harriers E	15:38	71
190	Eilidh	Haggerty U13	Clydesdale Harriers	15:57	72
191	Keira	Saez U13	Giffnock North AC I	16:10	73
192	Lauren	Taylor U13	Kilbarchan AAC B	16:18	74
193	Keira	Gallacher U15	Cambuslang Harriers B	16:41	73
194	Melanie	Welsh U13	Garscube Harriers C	17:57	75

Lindsays scottishathletics National Cross Country Relay Championships  
2023 NatXCR Results Final YAM Result

Saturday 21st October 2023

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	27:16	Giffnock North AC	10:11	3	Kian Dick U13	8:42	2	Calum Dick U15	8:23	1	Craig Shennan U17
2	27:36	Giffnock North AC	9:49	1	Sam Deery U13	8:56	1	Louie Muir U15	8:51	2	Jack Wallace U17
3	28:02	Falkirk Victoria Harriers	10:38	14	Ben Upfold U13	8:43	5	Ray Taylor U15	8:41	3	Luke Culliton U17
4	28:10	Kilbarchan AAC	10:51	19	Jay Jenkins U13	8:41	6	Alistair Street U15	8:38	4	Oliver Patton U17
5	28:24	Cambuslang Harriers	10:11	3	Ewan Kennedy U13	8:58	4	Daibhidh Kinnaird U15	9:15	5	Zach Seenan U17
6	28:38	Harmeny AC	10:30	9	Alasdair Forrest U13	9:19	8	Daniel McIntyre U15	8:49	6	Kieran Hardie U17
7	28:53	Lasswade AC	10:47	16	Francis Ovani-Finnegan U13	9:40	11	Aaden Robertson U15	8:26	7	Andrew McWilliam U17
8	28:57	Giffnock North AC	10:47	16	Finlay Hamilton U13	9:31	10	Aaron Reid U15	8:39	8	Jamie Connor U17
9	29:04	East Kilbride AC	10:29	8	Matthew Sweeney U13	8:40	3	Angus Wilkinson U15	9:55	9	Jonathan Hunter U17
10	29:21	Giffnock North AC	10:31	10	Logan McNulty U13	9:39	9	Max Deery U15	9:11	10	Calan Chong U17
11	29:29	Law & District AAC	9:56	2	Alexander Wotherspoon U13	9:50	7	John Frood U15	9:43	11	Ryan Kellock U17
12	29:42	Garscube Harriers	11:22	31	Maxwell Connolly U13	9:37	17	Connor Campbell U15	8:43	12	James Alexander U17
13	29:55	Giffnock North AC	10:55	21	James Andrew U13	9:38	12	Finlay Laskey U15	9:22	13	Matthew Shaw U17
14	29:56	Gala Harriers	11:19	30	Bryn McAree U13	9:29	15	Archie Dalgliesh U15	9:08	14	Zico Field U17
15	30:10	Perth Straththay Harriers	10:23	6	Findlay Bell U13	10:43	19	Tom Hilton U13	9:04	15	Struan Gatherer U17
16	30:12	Giffnock North AC	10:32	11	Evan Tyler U13	10:15	14	Connor McCallum U15	9:25	16	Thomas Reay U17
17	30:26	Corstorphine AAC	10:35	12	Teo McNally U13	10:19	16	Tymek Chmielowski U15	9:32	17	George Vickers U17
18	31:02	Lothian RC	10:21	5	Harrison Melrose U13	10:16	13	Danny Fletcher U15	10:25	18	Jonathan Collings U17
19	31:14	Falkirk Victoria Harriers	11:51	43	Blair Anderson U13	9:34	21	Luke Sedman U15	9:49	19	Daniel Gray U17
20	31:18	Gala Harriers	11:48	42	Cameron Tunmore U13	10:19	27	Charlie Dalgliesh U15	9:11	20	Irvine Welsh U17
21	31:20	Strathearn Harriers	10:53	20	William Langley U13	11:26	31	Angus Thomson U15	9:01	21	Andrew Grant U17
22	31:23	Springburn Harriers	11:05	25	Samuel Robertson U13	10:25	22	Finn Smith U15	9:53	22	Archie Watters U17
23	31:26	Edinburgh AC	11:55	46	Rory Logg U13	9:59	25	Reuben Lees U15	9:32	23	Edward Roberts U17
24	31:33	Livingston AC	10:25	7	Finlay Sharp U13	11:22	23	Ethan Smyth U15	9:46	24	Kaydan Day U17
25	31:51	Falkirk Victoria Harriers	13:13	54	Severin Bhosale U13	9:20	34	Hamish Hunter U15	9:18	25	Callum Hendry U17
26	31:56	Ayr Seaforth AC	11:05	25	Caleb Ghosh U13	11:39	35	Finn Love U15	9:12	26	Alasdair Maclean U17
27	31:57	Kilmarnock H&AC	11:12	27	Lewis Sinclair U13	10:56	28	Nicholas Latto U15	9:49	27	Lewis Anderson U17
28	32:04	Kilbarchan AAC	11:03	24	Tyler McMeekin U13	11:26	33	Oscar Linton U15	9:35	28	Ruaridh Miller U17
29	32:08	East Kilbride AC	12:03	49	Harris Rosling U13	9:47	24	Rory Charters U15	10:18	29	Ben Baillie U15
30	32:09	Kilbarchan AAC	11:27	34	Oran Feely U13	10:42	29	Aj Campbell U15	10:00	30	Lewis Stevenson U17
31	32:09	Kilbarchan AAC	11:44	39	Noah Kerr U13	10:28	30	Fraser McKillop U15	9:57	30	Ian MacPherson U17
32	32:10	Gala Harriers	11:35	37	Angus McCarthy U13	10:26	26	Seb Darlow U15	10:09	32	Oliver Hastie U15
33	32:15	Harmeny AC	10:55	21	Sam Oliver U13	12:19	40	Jacob Marshall U15	9:01	33	James Wotherspoon U17
34	32:23	Garscube Harriers	11:12	27	Declan Roux U13	11:51	38	Sorley Gemmell U13	9:20	34	Daniel Owens U17
35	32:25	Cambuslang Harriers	11:16	29	Finlay Reid U13	9:49	18	Euan Reid U15	11:20	35	Cian Kearney U17
36	32:48	Inverclyde AC	10:40	15	Charlie Lyne U13	11:39	31	Sol Currie U13	10:29	36	Liam Kane U17
37	32:58	Lasswade AC	12:35	52	Fraser Houston U13	11:37	48	Struan Milne U15	8:46	37	Rowan Taylor U17
38	33:00	Central AC	11:28	35	Thomas Arnott U13	12:19	44	Gavin Rodger U15	9:13	38	Alex Dunlop U17
39	33:12	Ayr Seaforth AC	11:24	32	Riley Fulton U13	11:48	39	Iain MacLean U15	10:00	39	Fraser McIntyre U17
40	33:13	Giffnock North AC	11:53	45	Zachariah Macdonald U13	12:01	46	Luca Saez U15	9:19	40	Zac Meiklejohn U17
41	33:37	Garscube Harriers	11:52	44	Ruben Stewart U13	12:29	49	Elliott Tyler U13	9:16	41	Fraser Donaldson U17
42	33:40	Kilbarchan AAC	11:45	40	Fergus McKie U13	11:13	37	Billy McKie U15	10:42	42	Rory McKie U17
43	33:42	Cumbernauld AAC	11:58	48	Jamie Fairclough U13	11:50	45	Heath Key U13	9:54	43	Grant McEachern U17
44	33:52	Shettleston Harriers	11:28	35	Ryan McCallum U13	12:37	47	Lucas Millican U15	9:47	44	Matthew Fox U17
45	34:00	Falkirk Victoria Harriers	11:41	38	Hamish Gillies U13	12:06	43	Daniel Alexander U15	10:13	45	Cahal McAtarsney U15
46	34:13	Corstorphine AAC	10:47	16	Mylo Hibberd U13	12:40	41	Elliott Grant U13	10:46	46	Lewis Andrews U17
47	35:01	Motherwell AC	12:54	53	Eoghan Connelly U13	11:36	50	Luke Russell U15	10:31	47	Liam Ross U17
48	35:04	Central AC	14:17	58	Cameron Mackenzie U13	10:26	51	Sam Nicolson U13	10:21	48	Scott Hill U17
49	35:11	Pitreavie AAC	11:24	32	Brodie Simon U13	9:48	20	Frazer Lees U15	13:59	49	Jack McInnes U17
50	36:07	Central AC	13:32	56	Zackary Walker U13	11:53	54	Ben Homoncik U13	10:42	50	Conall Paterson U17
51	37:15	Helensburgh AAC	12:21	51	William Heasman U13	13:36	55	Bruno Sweeney U13	11:18	51	Cameron Lock U15
52	37:21	Strathearn Harriers	14:39	59	Grover Donaldson U13	11:50	56	Patrick Smith U13	10:52	52	Freddie Langley U17



Saturday 21st October 2023

Lindsays scottishathletics National Cross Country Relay Championships  
2023 NatXCR Results Final YAM Result

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
		Cambuslang Harriers	12:10	50	Flynn Osborne U13	10:42	36	Rory Barclay U15			
		Kilbarchan AAC	11:57	47	Kerr Watkins U13	11:34	42	Alexander Massie U15			
		Kilbarchan AAC	13:17	55	Jamie Campbell U13	11:42	52	Matthew Moore U15			
		Cambuslang Harriers	14:07	57	Aiden O'connell U13	11:13	53	Angus O'Neil U15			
		VP-Glasgow AC	10:35	12	Andrew William Ross U13						
		Law & District AAC	11:00	23	Jamie Mackie U13						
		Clydesdale Harriers	11:45	40	Ben Halpin U13						



## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAM FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
1	Craig	Shennan U17	Giffnock North AC	8:23	1
2	Andrew	McWilliam U17	Lasswade AC	8:26	2
3	Oliver	Patton U17	Kilbarchan AAC	8:38	3
4	Jamie	Connor U17	Giffnock North AC C	8:39	4
5	Angus	Wilkinson U15	East Kilbride AC	8:40	1
6	Luke	Culliton U17	Falkirk Victoria Harriers	8:41	5
6	Alistair	Street U15	Kilbarchan AAC	8:41	2
8	Calum	Dick U15	Giffnock North AC	8:42	3
9	James	Alexander U17	Garscube Harriers	8:43	6
9	Ray	Taylor U15	Falkirk Victoria Harriers	8:43	4
11	Rowan	Taylor U17	Lasswade AC B	8:46	7
12	Kieran	Hardie U17	Harmeny AC	8:49	8
13	Jack	Wallace U17	Giffnock North AC B	8:51	9
14	Louie	Muir U15	Giffnock North AC B	8:56	5
15	Daibhidh	Kinnaid U15	Cambuslang Harriers	8:58	6
16	Andrew	Grant U17	Strathearn Harriers	9:01	10
16	James	Wotherspoon U17	Harmeny AC B	9:01	10
18	Struan	Gatherer U17	Perth Strathtay Harriers	9:04	12
19	Zico	Field U17	Gala Harriers	9:08	13
20	Calan	Chong U17	Giffnock North AC D	9:11	14
20	Irvine	Welsh U17	Gala Harriers B	9:11	14
22	Alasdair	Macleane U17	Ayr Seaforth AC	9:12	16
23	Alex	Dunlop U17	Central AC	9:13	17
24	Zach	Seenan U17	Cambuslang Harriers	9:15	18
25	Fraser	Donaldson U17	Garscube Harriers B	9:16	19
26	Callum	Hendry U17	Falkirk Victoria Harriers B	9:18	20
27	Daniel	McIntyre U15	Harmeny AC	9:19	7
27	Zac	Meiklejohn U17	Giffnock North AC G	9:19	21
29	Daniel	Owens U17	Garscube Harriers C	9:20	22
29	Hamish	Hunter U15	Falkirk Victoria Harriers B	9:20	8
31	Matthew	Shaw U17	Giffnock North AC E	9:22	23
32	Thomas	Reay U17	Giffnock North AC F	9:25	24
33	Archie	Dalgliesh U15	Gala Harriers	9:29	9
34	Aaron	Reid U15	Giffnock North AC C	9:31	10
35	George	Vickers U17	Corstorphine AAC	9:32	25
35	Edward	Roberts U17	Edinburgh AC	9:32	25
37	Luke	Sedman U15	Falkirk Victoria Harriers C	9:34	11
38	Ruaridh	Miller U17	Kilbarchan AAC C	9:35	27
39	Connor	Campbell U15	Garscube Harriers	9:37	12
40	Finlay	Laskey U15	Giffnock North AC E	9:38	13
41	Max	Deery U15	Giffnock North AC D	9:39	14
42	Aaden	Robertson U15	Lasswade AC	9:40	15
43	Ryan	Kellock U17	Law & District AAC	9:43	28
44	Kaydan	Day U17	Livingston AC	9:46	29
45	Matthew	Fox U17	Shettleston Harriers	9:47	30
45	Rory	Charters U15	East Kilbride AC B	9:47	16
47	Frazer	Lees U15	Pitreavie AAC	9:48	17
48	Daniel	Gray U17	Falkirk Victoria Harriers C	9:49	31
48	Euan	Reid U15	Cambuslang Harriers B	9:49	18
48	Sam	Deery U13	Giffnock North AC B	9:49	1
48	Lewis	Anderson U17	Kilmarnock H&AC	9:49	31

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAM FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
52	John	Frood U15	Law & District AAC	9:50	19
53	Archie	Watters U17	Springburn Harriers	9:53	33
54	Grant	McEachern U17	Cumbernauld AAC	9:54	34
55	Jonathan	Hunter U17	East Kilbride AC	9:55	35
56	Alexander	Wotherspoon U13	Law & District AAC	9:56	2
57	Ian	MacPherson U17	Kilbarchan AAC D	9:57	36
58	Reuben	Lees U15	Edinburgh AC	9:59	20
59	Lewis	Stevenson U17	Kilbarchan AAC B	10:00	37
59	Fraser	McIntyre U17	Ayr Seaforth AC B	10:00	37
61	Oliver	Hastie U15	Gala Harriers C	10:09	21
62	Kian	Dick U13	Giffnock North AC	10:11	3
62	Ewan	Kennedy U13	Cambuslang Harriers	10:11	3
64	Cahal	McAtarsney U15	Falkirk Victoria Harriers D	10:13	22
65	Connor	McCallum U15	Giffnock North AC F	10:15	23
66	Danny	Fletcher U15	Lothian RC	10:16	24
67	Ben	Baillie U15	East Kilbride AC B	10:18	25
68	Charlie	Dalgliesh U15	Gala Harriers B	10:19	26
68	Tymek	Chmielowski U15	Corstorphine AAC	10:19	26
70	Scott	Hill U17	Central AC C	10:21	39
70	Harrison	Melrose U13	Lothian RC	10:21	5
72	Findlay	Bell U13	Perth Strathtay Harriers	10:23	6
73	Jonathan	Collings U17	Lothian RC	10:25	40
73	Finn	Smith U15	Springburn Harriers	10:25	28
73	Finlay	Sharp U13	Livingston AC	10:25	7
76	Seb	Darlow U15	Gala Harriers C	10:26	29
76	Sam	Nicolson U13	Central AC C	10:26	8
78	Fraser	McKillop U15	Kilbarchan AAC D	10:28	30
79	Matthew	Sweeney U13	East Kilbride AC	10:29	9
79	Liam	Kane U17	Inverclyde AC	10:29	41
81	Alasdair	Forrest U13	Harmeny AC	10:30	10
82	Liam	Ross U17	Motherwell AC	10:31	42
82	Logan	McNulty U13	Giffnock North AC D	10:31	11
84	Evan	Tyler U13	Giffnock North AC F	10:32	12
85	Teo	McInally U13	Corstorphine AAC	10:35	13
85	Andrew William	Ross U13	VP-Glasgow AC	10:35	13
87	Ben	Upfold U13	Falkirk Victoria Harriers	10:38	15
88	Charlie	Lyne U13	Inverclyde AC	10:40	16
89	Rory	McKie U17	Kilbarchan AAC E	10:42	43
89	Aj	Campbell U15	Kilbarchan AAC B	10:42	31
89	Rory	Barclay U15	Cambuslang Harriers C	10:42	31
89	Conall	Paterson U17	Central AC B	10:42	43
93	Tom	Hilton U13	Perth Strathtay Harriers	10:43	17
94	Lewis	Andrews U17	Corstorphine AAC B	10:46	45
95	Mylo	Hibberd U13	Corstorphine AAC B	10:47	18
95	Francis	Ovani-Finnegan U13	Lasswade AC	10:47	18
95	Finlay	Hamilton U13	Giffnock North AC C	10:47	18
98	Jay	Jenkins U13	Kilbarchan AAC	10:51	21
99	Freddie	Langley U17	Strathearn Harriers B	10:52	46
100	William	Langley U13	Strathearn Harriers	10:53	22

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAM FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
101	James	Andrew U13	Giffnock North AC E	10:55	23
101	Sam	Oliver U13	Harmeny AC B	10:55	23
103	Nicholas	Latto U15	Kilmarnock H&AC	10:56	33
104	Jamie	Mackie U13	Law & District AAC B	11:00	25
105	Tyler	McMeekin U13	Kilbarchan AAC C	11:03	26
106	Samuel	Robertson U13	Springburn Harriers	11:05	27
106	Caleb	Ghosh U13	Ayr Seaforth AC	11:05	27
108	Declan	Roux U13	Garscube Harriers C	11:12	29
108	Lewis	Sinclair U13	Kilmarnock H&AC	11:12	29
110	Billy	McKie U15	Kilbarchan AAC E	11:13	34
110	Angus	O'Neil U15	Cambuslang Harriers D	11:13	34
112	Finlay	Reid U13	Cambuslang Harriers B	11:16	31
113	Cameron	Lock U15	Helensburgh AAC	11:18	36
114	Bryn	McAree U13	Gala Harriers	11:19	32
115	Cian	Kearney U17	Cambuslang Harriers B	11:20	47
116	Maxwell	Connolly U13	Garscube Harriers	11:22	33
116	Ethan	Smyth U15	Livingston AC	11:22	37
118	Riley	Fulton U13	Ayr Seaforth AC B	11:24	34
118	Brodie	Simon U13	Pitreavie AAC	11:24	34
120	Angus	Thomson U15	Strathearn Harriers	11:26	38
120	Oscar	Linton U15	Kilbarchan AAC C	11:26	38
122	Oran	Feely U13	Kilbarchan AAC B	11:27	36
123	Thomas	Arnott U13	Central AC	11:28	37
123	Ryan	McCallum U13	Shettleston Harriers	11:28	37
125	Alexander	Massie U15	Kilbarchan AAC F	11:34	40
126	Angus	McCarthy U13	Gala Harriers C	11:35	39
127	Luke	Russell U15	Motherwell AC	11:36	41
128	Struan	Milne U15	Lasswade AC B	11:37	42
129	Sol	Currie U13	Inverclyde AC	11:39	40
129	Finn	Love U15	Ayr Seaforth AC	11:39	43
131	Hamish	Gillies U13	Falkirk Victoria Harriers D	11:41	41
132	Matthew	Moore U15	Kilbarchan AAC G	11:42	44
133	Noah	Kerr U13	Kilbarchan AAC D	11:44	42
134	Ben	Halpin U13	Clydesdale Harriers	11:45	43
134	Fergus	McKie U13	Kilbarchan AAC E	11:45	43
136	Cameron	Tunmore U13	Gala Harriers B	11:48	45
136	Iain	MacLean U15	Ayr Seaforth AC B	11:48	45
138	Heath	Key U13	Cumbernauld AAC	11:50	46
138	Patrick	Smith U13	Strathearn Harriers B	11:50	46
140	Blair	Anderson U13	Falkirk Victoria Harriers C	11:51	48
140	Sorley	Gemmell U13	Garscube Harriers C	11:51	48
142	Ruben	Stewart U13	Garscube Harriers B	11:52	50
143	Ben	Homoncik U13	Central AC B	11:53	51
143	Zachariah	Macdonald U13	Giffnock North AC G	11:53	51
145	Rory	Logg U13	Edinburgh AC	11:55	53
146	Kerr	Watkins U13	Kilbarchan AAC F	11:57	54
147	Jamie	Fairclough U13	Cumbernauld AAC	11:58	55
148	Luca	Saez U15	Giffnock North AC G	12:01	46
149	Harris	Rosling U13	East Kilbride AC B	12:03	56
150	Daniel	Alexander U15	Falkirk Victoria Harriers D	12:06	47

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final YAM FastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
151	Flynn	Osborne U13	Cambuslang Harriers C	12:10	57
152	Gavin	Rodger U15	Central AC	12:19	48
152	Jacob	Marshall U15	Harmeny AC B	12:19	48
154	William	Heasman U13	Helensburgh AAC	12:21	58
155	Elliott	Tyler U13	Garscube Harriers B	12:29	59
156	Fraser	Houston U13	Lasswade AC B	12:35	60
157	Lucas	Millican U15	Shettleston Harriers	12:37	50
158	Elliott	Grant U13	Corstorphine AAC B	12:40	61
159	Eoghan	Connelly U13	Motherwell AC	12:54	62
160	Severin	Bhosale U13	Falkirk Victoria Harriers B	13:13	63
161	Jamie	Campbell U13	Kilbarchan AAC G	13:17	64
162	Zackary	Walker U13	Central AC B	13:32	65
163	Bruno	Sweeney U13	Helensburgh AAC	13:36	66
164	Jack	McInnes U17	Pitreavie AAC	13:59	48
165	Aiden	O'connell U13	Cambuslang Harriers D	14:07	67
166	Cameron	Mackenzie U13	Central AC C	14:17	68
167	Grover	Donaldson U13	Strathearn Harriers B	14:39	69

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Name3	Leg4 Pos	Name4
1	58:32	Edinburgh Univ Hare and Hounds	14:45	3 Sarah Calvert Sen	15:16	1 Hannah Anderson Sen	15:08	1 Emily Anna Shaw U20	13:23	1 Megan Keith Sen
2	1:01:02	Shettleston Harriers	14:37	2 Lynn McKenna Sen	16:02	3 Aoife Carr Sen	15:57	2 Eilidh Bell Sen	14:26	2 Fionnuala Ross Sen
3	1:01:55	Cambuslang Harriers	15:53	11 Hannah Addison Sen	15:09	4 Eve MacKinnon Sen	16:05	5 Katie Clubb Sen	14:48	3 Stefanie Tucker Sen
4	1:02:21	Edinburgh Univ Hare and Hounds	15:06	4 Niamh Carr Sen	16:01	5 Caitlin Purcell Sen	15:47	3 Kirsty Purcell Sen	15:27	4 Isla Hedley U20
5	1:02:39	Edinburgh AC	14:15	1 Nancy Scott Sen	16:10	2 Lauren Stoddart Sen	16:35	4 Isla Scott-Pearce Sen	15:39	5 Merce Sanchez Oller Sen
6	1:03:36	Glasgow University Hares and Hounds	15:40	7 Mia Padmanabhan Sen	15:46	7 Clare Stewart Sen	16:26	6 Lea Meinecke Sen	15:44	6 Rachel Giffen U20
7	1:04:47	Corstorphine AAC	15:49	9 Josie-Wren Golder U20	15:48	8 Kirstian Macaulay Sen	16:21	7 Kara McKenzie-Tait Sen	16:49	7 Kirstin Maxwell Sen
8	1:05:45	Edinburgh Univ Hare and Hounds	16:08	15 Anya Maclean U20	16:23	12 Valencia Wright U20	16:41	10 Amelie Marshall U20	16:33	8 Aimee Callow Sen
9	1:06:14	Central AC	17:12	25 Kimberley Timmins Sen	16:53	19 Tuscany Wright U20	16:48	15 Heather Scott Sen	15:21	9 Jennifer Wetton Sen
10	1:06:16	Giffnock North AC	15:55	12 Emma McLennan U20	16:32	10 Yvonne McNairn Sen	17:46	12 Kiara Meiklejohn U20	16:03	10 Emma Creasey Sen
11	1:07:07	Edinburgh Univ Hare and Hounds	15:51	10 Catriona Kane U20	16:46	13 Janani Mohan Sen	17:50	13 Nancy Britten Sen	16:40	11 Maya Millar U20
12	1:07:51	Glasgow University Hares and Hounds	16:01	13 Rosa Donaldson Sen	16:52	14 Anna Dalglish U20	17:42	14 Rachel Muir U20	17:16	12 Laura Diana Jedrusiak Sen
13	1:07:59	Shettleston Harriers	16:02	14 Hannah Terrance Sen	17:46	15 Emma Baird Sen	17:21	16 Avril Mason 40	16:50	13 Anna Macfadyen Sen
14	1:08:31	Corstorphine AAC	16:54	23 Sophie Collins Sen	17:02	17 Jessica Tovey Sen	17:43	17 Lisa Traill Sen	16:52	14 Olivia Clarke U20
15	1:08:47	Garscube Harriers	15:44	8 Monica Blair Sen	18:09	16 Holly Smith Sen	18:33	19 Lucy Donaldson U20	16:21	15 Frances Wardle Sen
16	1:08:50	Moray RR	16:16	17 Gemma Cormack Sen	16:12	11 Katja Blunden 40	16:14	8 Katie Anderson Sen	20:08	16 Ciara Brennan Sen
17	1:09:02	Edinburgh AC	16:34	21 Fiona Davies Sen	17:29	18 Amanda Woodrow Sen	18:19	18 Lizzie Mason Sen	16:40	17 Doireann Hughes Sen
18	1:09:17	Fife AC	16:12	16 Laura Gibson Sen	15:13	6 Jenny Selman Sen	17:30	9 Kerry Gibson Sen	20:22	18 Michelle Johnstone 40
19	1:09:28	Strathclyde Univ Harriers	17:27	28 Ellen Astley U20	17:28	20 Roisin Cameron Coyle U20	17:35	20 Beth Trainer U20	16:58	19 Sophie Jenkins Sen
20	1:11:11	Strathearn Harriers	18:19	36 Samantha Ferguson U20	17:01	22 Anna MacDonald U20	18:42	23 Edith MacDonald U20	17:09	20 Natasha Myles U20
21	1:11:52	Edinburgh Univ Hare and Hounds	17:19	27 Ines De Carvalho Goncalves Sen	18:15	24 Abby Thomson U20	18:08	22 Harriett Townhill Sen	18:10	21 Allegra Soutar Sen
22	1:11:54	Lasswade AC	15:25	6 Amy Frankland Sen	16:48	9 Olivia Meikle U20	17:36	11 Claire Houston 40	22:05	22 Alison Binns 50
23	1:12:18	Central AC	18:10	33 Lydia Louw U20	18:18	31 Rebecca Hay Sen	18:18	28 Amy Hendry Sen	17:32	23 Kyra Gibb Sen
24	1:12:53	Falkirk Victoria Harriers	19:43	48 Kay Lewis Sen	16:55	33 Niamh Brown Sen	17:57	27 Danielle Callaghan Sen	18:18	24 Eilidh McCallum Sen
25	1:13:08	Inverclyde AC	15:13	5 Nynke Mulholland-Stummer Sen	21:03	28 Kendall Gregory Sen	17:08	21 Rachael Cunningham Sen	19:44	25 Hannah McGeehan Sen
26	1:13:43	Glasgow University Hares and Hounds	18:16	34 Flora Henry U20	18:02	29 Ruby McGill U20	17:57	24 Sophie Gorman Sen	19:28	26 Kirsten McCluskey U20
27	1:14:12	Kilmarnock H&AC	18:18	35 Sasha Iâ€™Anson U20	16:46	21 Laura Haggarty Sen	19:30	26 Amanda Bryden Sen	19:38	27 Izzy Caufield U20
28	1:14:22	Central AC	17:44	32 Sophie Young Sen	18:04	25 Rachel Laurie Sen	18:37	25 Laurie Douglas Sen	19:57	28 Millie O'Neill U20
29	1:15:46	East Kilbride AC	17:38	30 Kelly Baillie 40	18:37	27 Millie Aitken U20	18:35	29 Vivien Thorpe 40	20:56	29 Rachael Williams Sen
30	1:15:57	Bellahouston Harriers	20:27	51 Claire McCormick 50	17:31	35 Kristina Greig Sen	19:31	33 Emma Rogerson 40	18:28	30 Katherine Hylands Sen
31	1:16:17	VP-Glasgow AC	18:42	39 Hazel Murray Sen	20:20	38 Emma Thompson Sen	17:19	32 Lorne Kerr Sen	19:56	31 Amy Bristow Sen
32	1:16:33	Linlithgow AC	19:17	42 Kathryn Holm 40	20:56	41 Roisin Murray Sen	19:06	37 Victoria Munday Sen	17:14	32 Siobhan Coleman Sen
33	1:17:07	Carnegie Harriers	18:28	38 Charlotte Briggs Sen	19:38	36 Joy Gudgin 60	19:48	35 Emma Henderson Sen	19:13	33 Isobel Burnett 60
34	1:17:54	Cumbernauld AAC	16:46	22 Alicia Paton Sen	19:21	26 Carla Mclellan Sen	19:45	30 Aimee Macrae Sen	22:02	34 Pamela Parker 50
35	1:18:44	Motherwell AC	17:11	24 Emma Morris Sen	19:15	30 Emma Smith Sen	22:27	36 Emma Knox Sen	19:51	35 Emma Hunter Sen
36	1:19:54	Bellahouston RR	19:34	47 Jane McNeilly 40	18:52	37 Claire Wharton 50	19:16	34 Kirsty Macfarlane Sen	22:12	36 Camilla Cunningham 40
37	1:20:07	Garscube Harriers	18:42	39 Martha Lovatt Sen	20:43	40 Fiona Moar Sen	21:04	39 Alison Rutherford Sen	19:38	37 Alison Wood Sen
38	1:21:19	Cambuslang Harriers	19:31	46 Rachel Wardrope Sen	19:39	39 Natalie McWilliams Sen	21:10	38 Julie Reid 40	20:59	38 Erica Christie 60
39	1:24:11	Pitreevie AAC	19:44	49 Karyn Stewart Sen	20:52	45 Diane Stewart Sen	21:15	40 Lucy Crookston Sen	22:20	39 Leona Doherty 40
40	1:25:00	Carnegie Harriers	19:48	50 Kathryn Fairfield 40	21:30	47 Gail Murdoch 50	22:56	43 Shelby Lynch Sen	20:46	40 Sarah Marshall 40
41	1:26:09	Springburn Harriers	16:19	18 Catriona Gillen Sen	24:36	46 Caitlin Frances Taylor Sen	22:42	41 Emma Wilson 40	22:32	41 Barbara Knox 60
42	1:28:20	Bellahouston Harriers	20:30	52 Lauren Mackintosh Sen	21:46	49 Claire Fitzsimmons 40	21:40	42 Stephanie Rudd 50	24:24	42 June MacLeod 60
43	1:29:10	Garscube Harriers	21:08	56 Helen Collingwood Sen	21:29	50 Amy Cromarty Sen	23:10	46 Ashley Clancy 40	23:23	43 Lyndsay Kerrigan Sen

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Name3	Leg4 Pos	Name4
		Stirling University AC	17:13	26 Jessica Robson Sen	19:25	33 Emma Livingstone U20	19:39	31 Claire Qualls U20		
		West End RR	19:18	43 Eleanor Martin Sen	21:08	44 Ray Musleh 40	23:56	44 GRACE MACKIE Sen		
		Central AC	18:19	36 Lily Shaw Sen	23:50	48 Linda Cunningham 50	23:30	45 Rhona Scott 50		
		Moray RR	23:24	60 Amanda Strang 50	23:06	52 Elspeth Jenkins 50	21:35	47 Hannah Stephen U20		
		Bellahouston RR	22:22	57 Julia McDonald 40	22:45	51 Roz Wilson 50	30:31	48 Carla Telfer 40		
		Greenock Glenpark Harriers	29:38	62 June Anne McKnight 50	29:00	54 Lynne Fulton 40	29:20	49 Mary Robinson 50		
		Shettleston Harriers	17:29	29 Charlene McCallum Sen	17:57	23 Tara Walker Sen				
		Law & District AAC	17:42	31 Elaine Boyle 40	18:51	32 Lesley Graham 40				
		Edinburgh AC C	19:29	45 Sarah Wakely Sen	20:48	42 Julia Drewer 40				
		Airdrie Harriers	20:41	53 Morven Glennie Sen	19:44	43 Emma Higgins 40				
		Bellahouston Harriers	24:27	61 Karen Rosling 40	24:42	53 Amy Frank Sen				
		Edinburgh Univ Hare and Hounds	16:23	19 Isobel Howard U20						
		Helensburgh AAC	16:26	20 Claire Heasman 40						
		Cambuslang Harriers	19:14	41 Marie Kane Sen						
		Calderglen Harriers	19:25	44 Julia Pechlof Sen						
		Glasgow University Hares and Hounds	20:50	54 Ruth Potter Sen						
		East Kilbride AC	21:03	55 Abbie Kirwan U20						
		Cumbernauld AAC	22:34	58 Claire Doyle Sen						
		VP-Glasgow AC	23:18	59 Julia Wylie 50						

Saturday 21st October 2023

Lindsays scottishathletics National Cross Country Relay Championships  
2023 NatXCR Results Final MasWom Result

Cumbernauld

Pos	Time Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete
1	49:58 Gala Harriers	16:39	2 Katy Barden 40	18:01	2 Pamela Baillie 40	15:18	1 Sara Green 40
2	50:47 Garscube Harriers	15:46	1 Katie White 40	17:36	1 Mary Senior 50	17:25	2 Gillian Blee 40
3	53:55 Ochil Hill Runners	17:30	3 Edel Mooney 40	19:33	4 Hazel Dean 60	16:52	3 Angela Mudge 50
4	54:21 PH Racing Club	19:51	12 Clare Graham 50	17:17	5 Anne Hartmann 40	17:13	4 Julie Menzies 50
5	54:59 Cambuslang Harriers	17:48	5 Nathalie Brohan 40	18:52	3 Jennifer Campbell 50	18:19	5 Kirsty O'Brien 40
6	55:32 Giffnock North AC	18:44	9 Nicola McBeath 40	19:21	8 Jacqueline Campbell 40	17:27	6 Catriona Bark 40
7	58:36 Edinburgh AC	19:19	10 Pascaline Mollard 40	19:26	11 Isobel Joiner 40	19:51	7 Emma Laverie 40
8	59:07 Newton Road Runners	18:36	8 Emma Craig 40	19:34	9 Joanne Thorburn 40	20:57	8 Jacqueline Wyllie 40
9	1:00:05 Greenock Glenpark Harriers	19:46	11 Lorna Mitchell 40	19:36	12 Marian Monk 50	20:43	9 Viki Smith 50
10	1:01:26 Linlithgow AC	18:00	6 Christine Mulholland 50	20:16	10 Clair Howison 40	23:10	10 Salma Windle 40
11	1:02:49 Greenock Glenpark Harriers	20:37	14 Jill Aikman 50	20:47	14 Marianne McKay 40	21:25	11 Cheryl Thomas 40
12	1:04:13 Harmeny AC	20:04	13 Lyndsay Holden 40	21:07	13 Gail Burchill 40	23:02	12 Susan Ross 50
13	1:05:25 Lothian RC	22:01	15 Kirsty Gray 40	22:39	16 Emma Purdie 40	20:45	13 Andrea Cameron 40
14	1:07:22 Greenock Glenpark Harriers	22:21	16 Sarah Jane Whalen 40	22:27	17 Lynsey Mooney 40	22:34	14 Heather Lafferty 40
	Inverclyde AC	22:43	17 Caroline Mcconnell 50	21:48	15 Faye Currie 40	25:22	15 Kim Law 50
	Calderglen Harriers	17:31	4 Julie Beveridge 40	19:48	6 Alison Lessells 40		
	Garscube Harriers	18:03	7 Laura Gray 40	19:51	7 Chloe McAdam 40		



Lindsays scottishathletics National Cross Country Relay Championships  
2023 NatXCR Results Final W50 Result

Saturday 21st October 2023

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	54:55	Giffnock North AC	18:40	5	Mary McCutcheon 50	18:49	3	Sheila Lewis 50	17:28	1	Allie Chong 50
2	56:19	Edinburgh AC	16:56	2	Janet Dunbar 50	20:01	2	Elaine Davies 50	19:23	2	Karen Dobbie 50
3	57:10	Kirkintilloch Olympians	17:46	3	Anne Marie McGregor 50	18:38	1	Elaine Hogg 50	20:47	3	Marina McCallum 50
4	58:06	Gala Harriers	18:33	4	Julia Johnstone 50	19:48	4	Lisa Dalgliesh 50	19:46	4	Gillian Lunn 50
5	1:00:36	Fife AC	19:00	6	Hilary Ritchie 60	20:48	6	Innes Bracegirdle 60	20:49	5	Margaret Martin 60
6	1:00:48	Falkirk Victoria Harriers	16:42	1	Fiona Matheson 60	22:16	5	Karen McAllister 60	21:50	6	Helena Gribben 50
7	1:01:40	Perth RR	19:08	7	Fabienne Thompson 50	21:20	7	Fiona Manson 50	21:14	7	Tessa Ward 50
8	1:02:12	Garscube Harriers	21:25	8	Kathryn Scott 60	20:36	8	Ann White 70	20:12	8	Catriona Padmanabhan 50
9	1:09:07	Garscube Harriers	22:05	10	Morag Casey 50	24:51	9	Sarah Attwood 50	22:12	9	Maureen Campbell 50
10	1:10:49	Lothian RC	22:04	9	Judith Thomson 50	24:56	10	Susan Graham 50	23:49	10	Liz Bondi 60
11	1:15:48	Greenock Glenpark Harriers	27:12	13	Charlotte McKay 60	24:11	12	Eileen Stevenson 50	24:27	11	Helen Crawford 50
12	1:16:37	Garscube Harriers	24:35	11	Mary Cox 60	25:55	11	Caroline Cherry 50	26:08	12	Anne Mckechnie 50
		Pitreavie AAC	26:00	12	Morna Fleming 70						
		Perth RR	27:26	14	Susan Bothwell 60						

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final Women FastLegs

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Time	Rank
1	Megan	Keith Sen	Edinburgh Univ Hare and Hounds	13:23	00:13:23	1
2	Nancy	Scott Sen	Edinburgh AC	14:15	00:14:15	2
3	Fionnuala	Ross Sen	Shettleston Harriers	14:26	00:14:26	3
4	Lynn	McKenna Sen	Shettleston Harriers	14:37	00:14:37	4
5	Sarah	Calvert Sen	Edinburgh Univ Hare and Hounds	14:45	00:14:45	5
6	Stefanie	Tucker Sen	Cambuslang Harriers	14:48	00:14:48	6
7	Niamh	Carr Sen	Edinburgh Univ Hare and Hounds B	15:06	00:15:06	7
8	Emily Anna	Shaw U20	Edinburgh Univ Hare and Hounds	15:08	00:15:08	1
9	Eve	MacKinnon Sen	Cambuslang Harriers	15:09	00:15:09	8
10	Jenny	Selman Sen	Fife AC	15:13	00:15:13	9
10	Nynke	Mulholland-Stummer Sen	Inverclyde AC	15:13	00:15:13	9
12	Hannah	Anderson Sen	Edinburgh Univ Hare and Hounds	15:16	00:15:16	11
13	Sara	Green 40	Gala Harriers	15:18	00:15:18	1
14	Jennifer	Wetton Sen	Central AC	15:21	00:15:21	12
15	Amy	Frankland Sen	Lasswade AC	15:25	00:15:25	13
16	Isla	Hedley U20	Edinburgh Univ Hare and Hounds B	15:27	00:15:27	2
17	Merce	Sanchez Oller Sen	Edinburgh AC	15:39	00:15:39	14
18	Mia	Padmanabhan Sen	Glasgow University Hares and Hounds	15:40	00:15:40	15
19	Monica	Blair Sen	Garscube Harriers	15:44	00:15:44	16
19	Rachel	Giffen U20	Glasgow University Hares and Hounds	15:44	00:15:44	3
21	Clare	Stewart Sen	Glasgow University Hares and Hounds	15:46	00:15:46	17
21	Katie	White 40	Garscube Harriers	15:46	00:15:46	2
23	Kirsty	Purcell Sen	Edinburgh Univ Hare and Hounds B	15:47	00:15:47	18
24	Kirstian	Macaulay Sen	Corstorphine AAC	15:48	00:15:48	19
25	Josie-Wren	Golder U20	Corstorphine AAC	15:49	00:15:49	4
26	Catriona	Kane U20	Edinburgh Univ Hare and Hounds D	15:51	00:15:51	5
27	Hannah	Addison Sen	Cambuslang Harriers	15:53	00:15:53	20
28	Emma	McLennan U20	Giffnock North AC	15:55	00:15:55	6
29	Eilidh	Bell Sen	Shettleston Harriers	15:57	00:15:57	21
30	Rosa	Donaldson Sen	Glasgow University Hares and Hounds B	16:01	00:16:01	22
30	Caitlin	Purcell Sen	Edinburgh Univ Hare and Hounds B	16:01	00:16:01	22
32	Hannah	Terrance Sen	Shettleston Harriers B	16:02	00:16:02	24
32	Aoife	Carr Sen	Shettleston Harriers	16:02	00:16:02	24
34	Emma	Creasey Sen	Giffnock North AC	16:03	00:16:03	26
35	Katie	Clubb Sen	Cambuslang Harriers	16:05	00:16:05	27
36	Anya	Maclean U20	Edinburgh Univ Hare and Hounds C	16:08	00:16:08	7
37	Lauren	Stoddart Sen	Edinburgh AC	16:10	00:16:10	28
38	Katja	Blunden 40	Moray RR	16:12	00:16:12	3
38	Laura	Gibson Sen	Fife AC	16:12	00:16:12	29
40	Katie	Anderson Sen	Moray RR	16:14	00:16:14	30
41	Gemma	Cormack Sen	Moray RR	16:16	00:16:16	31
42	Catriona	Gillen Sen	Springburn Harriers	16:19	00:16:19	32
43	Frances	Wardle Sen	Garscube Harriers	16:21	00:16:21	33
43	Kara	McKenzie-Tait Sen	Corstorphine AAC	16:21	00:16:21	33
45	Isobel	Howard U20	Edinburgh Univ Hare and Hounds F	16:23	00:16:23	8
45	Valencia	Wright U20	Edinburgh Univ Hare and Hounds C	16:23	00:16:23	8
47	Claire	Heasman 40	Helensburgh AAC	16:26	00:16:26	4
47	Lea	Meinecke Sen	Glasgow University Hares and Hounds	16:26	00:16:26	35
49	Yvonne	McNairn Sen	Giffnock North AC	16:32	00:16:32	36
50	Aimee	Callow Sen	Edinburgh Univ Hare and Hounds C	16:33	00:16:33	37

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final Women FastLegs

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Time	Rank
51	Fiona	Davies Sen	Edinburgh AC B	16:34	00:16:34	38
52	Isla	Scott-Pearce Sen	Edinburgh AC	16:35	00:16:35	39
53	Katy	Barden 40	Gala Harriers	16:39	00:16:39	5
54	Maya	Millar U20	Edinburgh Univ Hare and Hounds D	16:40	00:16:40	10
54	Doireann	Hughes Sen	Edinburgh AC B	16:40	00:16:40	40
56	Amelie	Marshall U20	Edinburgh Univ Hare and Hounds C	16:41	00:16:41	11
57	Fiona	Matheson 60	Falkirk Victoria Harriers	16:42	00:16:42	1
58	Janani	Mohan Sen	Edinburgh Univ Hare and Hounds D	16:46	00:16:46	41
58	Alicia	Paton Sen	Cumbernauld AAC	16:46	00:16:46	41
58	Laura	Haggarty Sen	Kilmarnock H&AC	16:46	00:16:46	41
61	Heather	Scott Sen	Central AC	16:48	00:16:48	44
61	Olivia	Meikle U20	Lasswade AC	16:48	00:16:48	12
63	Kirstin	Maxwell Sen	Corstorphine AAC	16:49	00:16:49	45
64	Anna	Macfadyen Sen	Shettleston Harriers B	16:50	00:16:50	46
65	Olivia	Clarke U20	Corstorphine AAC B	16:52	00:16:52	13
65	Anna	Dalglish U20	Glasgow University Hares and Hounds B	16:52	00:16:52	13
65	Angela	Mudge 50	Ochil Hill Runners	16:52	00:16:52	1
68	Tuscany	Wright U20	Central AC	16:53	00:16:53	15
69	Sophie	Collins Sen	Corstorphine AAC B	16:54	00:16:54	47
70	Niamh	Brown Sen	Falkirk Victoria Harriers	16:55	00:16:55	48
71	Janet	Dunbar 50	Edinburgh AC	16:56	00:16:56	2
72	Sophie	Jenkins Sen	Strathclyde Univ Harriers	16:58	00:16:58	49
73	Anna	MacDonald U20	Strathearn Harriers	17:01	00:17:01	16
74	Jessica	Tovey Sen	Corstorphine AAC B	17:02	00:17:02	50
75	Rachael	Cunningham Sen	Inverclyde AC	17:08	00:17:08	51
76	Natasha	Myles U20	Strathearn Harriers	17:09	00:17:09	17
77	Emma	Morris Sen	Motherwell AC	17:11	00:17:11	52
78	Kimberley	Timmins Sen	Central AC	17:12	00:17:12	53
79	Jessica	Robson Sen	Stirling University AC	17:13	00:17:13	54
79	Julie	Menzies 50	PH Racing Club	17:13	00:17:13	3
81	Siobhan	Coleman Sen	Linlithgow AC	17:14	00:17:14	55
82	Laura Diana	Jedrusiak Sen	Glasgow University Hares and Hounds B	17:16	00:17:16	56
83	Anne	Hartmann 40	PH Racing Club	17:17	00:17:17	6
84	Lorne	Kerr Sen	VP-Glasgow AC	17:19	00:17:19	57
84	Ines	De Carvalho Goncalves Sen	Edinburgh Univ Hare and Hounds E	17:19	00:17:19	57
86	Avril	Mason 40	Shettleston Harriers B	17:21	00:17:21	7
87	Gillian	Blee 40	Garscube Harriers	17:25	00:17:25	8
88	Ellen	Astley U20	Strathclyde Univ Harriers	17:27	00:17:27	18
88	Catriona	Bark 40	Giffnock North AC	17:27	00:17:27	9
90	Roisin	Cameron Coyle U20	Strathclyde Univ Harriers	17:28	00:17:28	19
90	Allie	Chong 50	Giffnock North AC	17:28	00:17:28	4
92	Charlene	McCallum Sen	Shettleston Harriers C	17:29	00:17:29	59
92	Amanda	Woodrow Sen	Edinburgh AC B	17:29	00:17:29	59
94	Kerry	Gibson Sen	Fife AC	17:30	00:17:30	61
94	Edel	Mooney 40	Ochil Hill Runners	17:30	00:17:30	10
96	Kristina	Greig Sen	Bellahouston Harriers	17:31	00:17:31	62
96	Julie	Beveridge 40	Calderglen Harriers	17:31	00:17:31	11
98	Kyra	Gibb Sen	Central AC B	17:32	00:17:32	63
99	Beth	Trainer U20	Strathclyde Univ Harriers	17:35	00:17:35	20
100	Claire	Houston 40	Lasswade AC	17:36	00:17:36	12

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final Women FastLegs

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Time	Rank
100	Mary	Senior 50	Garscube Harriers	17:36	00:17:36	5
102	Kelly	Baillie 40	East Kilbride AC	17:38	00:17:38	13
103	Rachel	Muir U20	Glasgow University Hares and Hounds B	17:42	00:17:42	21
103	Elaine	Boyle 40	Law & District AAC	17:42	00:17:42	14
105	Lisa	Traill Sen	Corstorphine AAC B	17:43	00:17:43	64
106	Sophie	Young Sen	Central AC C	17:44	00:17:44	65
107	Kiara	Meiklejohn U20	Giffnock North AC	17:46	00:17:46	22
107	Emma	Baird Sen	Shettleston Harriers B	17:46	00:17:46	66
107	Anne Marie	McGregor 50	Kirkintilloch Olympians	17:46	00:17:46	6
110	Nathalie	Brohan 40	Cambuslang Harriers	17:48	00:17:48	15
111	Nancy	Britten Sen	Edinburgh Univ Hare and Hounds D	17:50	00:17:50	67
112	Sophie	Gorman Sen	Glasgow University Hares and Hounds C	17:57	00:17:57	68
112	Tara	Walker Sen	Shettleston Harriers C	17:57	00:17:57	68
112	Danielle	Callaghan Sen	Falkirk Victoria Harriers	17:57	00:17:57	68
115	Christine	Mulholland 50	Linlithgow AC	18:00	00:18:00	7
116	Pamela	Baillie 40	Gala Harriers	18:01	00:18:01	16
117	Ruby	McGill U20	Glasgow University Hares and Hounds C	18:02	00:18:02	23
118	Laura	Gray 40	Garscube Harriers B	18:03	00:18:03	17
119	Rachel	Laurie Sen	Central AC C	18:04	00:18:04	71
120	Harriett	Townhill Sen	Edinburgh Univ Hare and Hounds E	18:08	00:18:08	72
121	Holly	Smith Sen	Garscube Harriers	18:09	00:18:09	73
122	Lydia	Louw U20	Central AC B	18:10	00:18:10	24
122	Allegra	Soutar Sen	Edinburgh Univ Hare and Hounds E	18:10	00:18:10	74
124	Abby	Thomson U20	Edinburgh Univ Hare and Hounds E	18:15	00:18:15	25
125	Flora	Henry U20	Glasgow University Hares and Hounds C	18:16	00:18:16	26
126	Sasha	lâ€™Anson U20	Kilmarnock H&A C	18:18	00:18:18	27
126	Eilidh	McCallum Sen	Falkirk Victoria Harriers	18:18	00:18:18	75
126	Amy	Hendry Sen	Central AC B	18:18	00:18:18	75
126	Rebecca	Hay Sen	Central AC B	18:18	00:18:18	75
130	Lizzie	Mason Sen	Edinburgh AC B	18:19	00:18:19	78
130	Samantha	Ferguson U20	Strathearn Harriers	18:19	00:18:19	28
130	Lily	Shaw Sen	Central AC D	18:19	00:18:19	78
130	Kirsty	O'Brien 40	Cambuslang Harriers	18:19	00:18:19	18
134	Charlotte	Briggs Sen	Carnegie Harriers	18:28	00:18:28	80
134	Katherine	Hylands Sen	Bellahouston Harriers	18:28	00:18:28	80
136	Lucy	Donaldson U20	Garscube Harriers	18:33	00:18:33	29
136	Julia	Johnstone 50	Gala Harriers	18:33	00:18:33	8
138	Vivien	Thorpe 40	East Kilbride AC	18:35	00:18:35	19
139	Emma	Craig 40	Newton Road Runners	18:36	00:18:36	20
140	Laurie	Douglas Sen	Central AC C	18:37	00:18:37	82
140	Millie	Aitken U20	East Kilbride AC	18:37	00:18:37	30
142	Elaine	Hogg 50	Kirkintilloch Olympians	18:38	00:18:38	9
143	Mary	McCutcheon 50	Giffnock North AC	18:40	00:18:40	10
144	Edith	MacDonald U20	Strathearn Harriers	18:42	00:18:42	31
144	Martha	Lovatt Sen	Garscube Harriers B	18:42	00:18:42	83
144	Hazel	Murray Sen	VP-Glasgow AC	18:42	00:18:42	83
147	Nicola	McBeath 40	Giffnock North AC	18:44	00:18:44	21
148	Sheila	Lewis 50	Giffnock North AC	18:49	00:18:49	11
149	Lesley	Graham 40	Law & District AAC	18:51	00:18:51	22
150	Claire	Wharton 50	Bellahouston RR	18:52	00:18:52	12

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final Women FastLegs

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Time	Rank
150	Jennifer	Campbell 50	Cambuslang Harriers	18:52	00:18:52	12
152	Hilary	Ritchie 60	Fife AC	19:00	00:19:00	2
153	Victoria	Munday Sen	Linlithgow AC	19:06	00:19:06	85
154	Fabienne	Thompson 50	Perth RR	19:08	00:19:08	14
155	Isobel	Burnett 60	Carnegie Harriers	19:13	00:19:13	3
156	Marie	Kane Sen	Cambuslang Harriers C	19:14	00:19:14	86
157	Emma	Smith Sen	Motherwell AC	19:15	00:19:15	87
158	Kirsty	Macfarlane Sen	Bellahouston RR	19:16	00:19:16	88
159	Kathryn	Holm 40	Linlithgow AC	19:17	00:19:17	23
160	Eleanor	Martin Sen	West End RR	19:18	00:19:18	89
161	Pascaline	Mollard 40	Edinburgh AC	19:19	00:19:19	24
162	Carla	Mclellan Sen	Cumbernauld AAC	19:21	00:19:21	90
162	Jacqueline	Campbell 40	Giffnock North AC	19:21	00:19:21	25
164	Karen	Dobbie 50	Edinburgh AC	19:23	00:19:23	15
165	Julia	Pechlof Sen	Calderglen Harriers	19:25	00:19:25	91
165	Emma	Livingstone U20	Stirling University AC	19:25	00:19:25	32
167	Isobel	Joiner 40	Edinburgh AC	19:26	00:19:26	26
168	Kirsten	McCluskey U20	Glasgow University Hares and Hounds C	19:28	00:19:28	33
169	Sarah	Wakely Sen	Edinburgh AC C	19:29	00:19:29	92
170	Amanda	Bryden Sen	Kilmarnock H&AC	19:30	00:19:30	93
171	Rachel	Wardrope Sen	Cambuslang Harriers B	19:31	00:19:31	94
171	Emma	Rogerson 40	Bellahouston Harriers	19:31	00:19:31	27
173	Hazel	Dean 60	Ochil Hill Runners	19:33	00:19:33	4
174	Jane	McNeilly 40	Bellahouston RR	19:34	00:19:34	28
174	Joanne	Thorburn 40	Newton Road Runners	19:34	00:19:34	28
176	Marian	Monk 50	Greenock Glenpark Harriers	19:36	00:19:36	16
177	Alison	Wood Sen	Garscube Harriers B	19:38	00:19:38	95
177	Joy	Gudgin 60	Carnegie Harriers	19:38	00:19:38	5
177	Izzy	Caufield U20	Kilmarnock H&AC	19:38	00:19:38	34
180	Natalie	McWilliams Sen	Cambuslang Harriers B	19:39	00:19:39	96
180	Claire	Qualls U20	Stirling University AC	19:39	00:19:39	35
182	Kay	Lewis Sen	Falkirk Victoria Harriers	19:43	00:19:43	97
183	Hannah	McGeehan Sen	Inverclyde AC	19:44	00:19:44	98
183	Emma	Higgins 40	Airdrie Harriers	19:44	00:19:44	30
183	Karyn	Stewart Sen	Pitreavie AAC	19:44	00:19:44	98
186	Aimee	Macrae Sen	Cumbernauld AAC	19:45	00:19:45	100
187	Lorna	Mitchell 40	Greenock Glenpark Harriers	19:46	00:19:46	31
187	Gillian	Lunn 50	Gala Harriers	19:46	00:19:46	17
189	Kathryn	Fairfield 40	Carnegie Harriers B	19:48	00:19:48	32
189	Emma	Henderson Sen	Carnegie Harriers	19:48	00:19:48	101
189	Alison	Lessells 40	Calderglen Harriers	19:48	00:19:48	32
189	Lisa	Dalgliesh 50	Gala Harriers	19:48	00:19:48	18
193	Emma	Hunter Sen	Motherwell AC	19:51	00:19:51	102
193	Chloe	McAdam 40	Garscube Harriers B	19:51	00:19:51	34
193	Emma	Laverie 40	Edinburgh AC	19:51	00:19:51	34
193	Clare	Graham 50	PH Racing Club	19:51	00:19:51	19
197	Amy	Bristow Sen	VP-Glasgow AC	19:56	00:19:56	103
198	Millie	O'Neill U20	Central AC C	19:57	00:19:57	36
199	Elaine	Davies 50	Edinburgh AC	20:01	00:20:01	20
200	Lyndsay	Holden 40	Harmeny AC	20:04	00:20:04	36

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final Women FastLegs

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Time	Rank
201	Ciara	Brennan Sen	Moray RR	20:08	00:20:08	104
202	Catriona	Padmanabhan 50	Garscube Harriers	20:12	00:20:12	21
203	Clair	Howison 40	Linlithgow AC	20:16	00:20:16	37
204	Emma	Thompson Sen	VP-Glasgow AC	20:20	00:20:20	105
205	Michelle	Johnstone 40	Fife AC	20:22	00:20:22	38
206	Claire	McCormick 50	Bellahouston Harriers	20:27	00:20:27	22
207	Lauren	Mackintosh Sen	Bellahouston Harriers B	20:30	00:20:30	106
208	Ann	White 70	Garscube Harriers	20:36	00:20:36	1
209	Jill	Aikman 50	Greenock Glenpark Harriers B	20:37	00:20:37	23
210	Morven	Glennie Sen	Airdrie Harriers	20:41	00:20:41	107
211	Fiona	Moar Sen	Garscube Harriers B	20:43	00:20:43	108
211	Viki	Smith 50	Greenock Glenpark Harriers	20:43	00:20:43	24
213	Andrea	Cameron 40	Lothian RC	20:45	00:20:45	39
214	Sarah	Marshall 40	Carnegie Harriers B	20:46	00:20:46	40
215	Marianne	McKay 40	Greenock Glenpark Harriers B	20:47	00:20:47	41
215	Marina	McCallum 50	Kirkintilloch Olympians	20:47	00:20:47	25
217	Julia	Drewer 40	Edinburgh AC C	20:48	00:20:48	42
217	Innes	Bracegirdle 60	Fife AC	20:48	00:20:48	6
219	Margaret	Martin 60	Fife AC	20:49	00:20:49	7
220	Ruth	Potter Sen	Glasgow University Hares and Hounds D	20:50	00:20:50	109
221	Diane	Stewart Sen	Pitreavie AAC	20:52	00:20:52	110
222	Roisin	Murray Sen	Linlithgow AC	20:56	00:20:56	111
222	Rachael	Williams Sen	East Kilbride AC	20:56	00:20:56	111
224	Jacqueline	Wyllie 40	Newton Road Runners	20:57	00:20:57	43
225	Erica	Christie 60	Cambuslang Harriers B	20:59	00:20:59	8
226	Abbie	Kirwan U20	East Kilbride AC B	21:03	00:21:03	37
226	Kendall	Gregory Sen	Inverclyde AC	21:03	00:21:03	113
228	Alison	Rutherford Sen	Garscube Harriers B	21:04	00:21:04	114
229	Gail	Burchill 40	Harmeny AC	21:07	00:21:07	44
230	Helen	Collingwood Sen	Garscube Harriers C	21:08	00:21:08	115
230	Ray	Musleh 40	West End RR	21:08	00:21:08	45
232	Julie	Reid 40	Cambuslang Harriers B	21:10	00:21:10	46
233	Tessa	Ward 50	Perth RR	21:14	00:21:14	26
234	Lucy	Crookston Sen	Pitreavie AAC	21:15	00:21:15	116
235	Fiona	Manson 50	Perth RR	21:20	00:21:20	27
236	Cheryl	Thomas 40	Greenock Glenpark Harriers B	21:25	00:21:25	47
236	Kathryn	Scott 60	Garscube Harriers	21:25	00:21:25	9
238	Amy	Cromarty Sen	Garscube Harriers C	21:29	00:21:29	117
239	Gail	Murdoch 50	Carnegie Harriers B	21:30	00:21:30	28
240	Hannah	Stephen U20	Moray RR B	21:35	00:21:35	38
241	Stephanie	Rudd 50	Bellahouston Harriers B	21:40	00:21:40	29
242	Claire	Fitzsimmons 40	Bellahouston Harriers B	21:46	00:21:46	48
243	Faye	Currie 40	Inverclyde AC	21:48	00:21:48	49
244	Helena	Gribben 50	Falkirk Victoria Harriers	21:50	00:21:50	30
245	Kirsty	Gray 40	Lothian RC	22:01	00:22:01	50
246	Pamela	Parker 50	Cumbernauld AAC	22:02	00:22:02	31
247	Judith	Thomson 50	Lothian RC	22:04	00:22:04	32
248	Alison	Binns 50	Lasswade AC	22:05	00:22:05	33
248	Morag	Casey 50	Garscube Harriers B	22:05	00:22:05	33
250	Camilla	Cunningham 40	Bellahouston RR	22:12	00:22:12	51



## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final Women FastLegs

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Time	Rank
250	Maureen	Campbell 50	Garscube Harriers B	22:12	00:22:12	35
252	Karen	McAllister 60	Falkirk Victoria Harriers	22:16	00:22:16	10
253	Leona	Doherty 40	Pitreavie AAC	22:20	00:22:20	52
254	Sarah Jane	Whalen 40	Greenock Glenpark Harriers C	22:21	00:22:21	53
255	Julia	McDonald 40	Bellahouston RR B	22:22	00:22:22	54
256	Emma	Knox Sen	Motherwell AC	22:27	00:22:27	118
256	Lynsey	Mooney 40	Greenock Glenpark Harriers C	22:27	00:22:27	55
258	Barbara	Knox 60	Springburn Harriers	22:32	00:22:32	11
259	Claire	Doyle Sen	Cumbernauld AAC B	22:34	00:22:34	119
259	Heather	Lafferty 40	Greenock Glenpark Harriers C	22:34	00:22:34	56
261	Emma	Purdie 40	Lothian RC	22:39	00:22:39	57
262	Emma	Wilson 40	Springburn Harriers	22:42	00:22:42	58
263	Caroline	Mcconnell 50	Inverclyde AC	22:43	00:22:43	36
264	Roz	Wilson 50	Bellahouston RR B	22:45	00:22:45	37
265	Shelby	Lynch Sen	Carnegie Harriers B	22:56	00:22:56	120
266	Susan	Ross 50	Harmeny AC	23:02	00:23:02	38
267	Elspeth	Jenkins 50	Moray RR B	23:06	00:23:06	39
268	Ashley	Clancy 40	Garscube Harriers C	23:10	00:23:10	59
268	Salma	Windle 40	Linlithgow AC	23:10	00:23:10	59
270	Julia	Wylie 50	VP-Glasgow AC B	23:18	00:23:18	40
271	Lyndsay	Kerrigan Sen	Garscube Harriers C	23:23	00:23:23	121
272	Amanda	Strang 50	Moray RR B	23:24	00:23:24	41
273	Rhona	Scott 50	Central AC D	23:30	00:23:30	42
274	Liz	Bondi 60	Lothian RC	23:49	00:23:49	12
275	Linda	Cunningham 50	Central AC D	23:50	00:23:50	43
276	GRACE	MACKIE Sen	West End RR	23:56	00:23:56	122
277	Eileen	Stevenson 50	Greenock Glenpark Harriers	24:11	00:24:11	44
278	June	MacLeod 60	Bellahouston Harriers B	24:24	24:24	13
279	Karen	Rosling 40	Bellahouston Harriers C	24:27	00:24:27	61
279	Helen	Crawford 50	Greenock Glenpark Harriers	24:27	00:24:27	45
281	Mary	Cox 60	Garscube Harriers C	24:35	00:24:35	14
282	Caitlin Frances	Taylor Sen	Springburn Harriers	24:36	00:24:36	123
283	Amy	Frank Sen	Bellahouston Harriers C	24:42	00:24:42	124
284	Sarah	Attwood 50	Garscube Harriers B	24:51	00:24:51	46
285	Susan	Graham 50	Lothian RC	24:56	00:24:56	47
286	Kim	Law 50	Inverclyde AC	25:22	00:25:22	48
287	Caroline	Cherry 50	Garscube Harriers C	25:55	00:25:55	49
288	Morna	Fleming 70	Pitreavie AAC	26:00	00:26:00	2
289	Anne	Mckechnie 50	Garscube Harriers C	26:08	00:26:08	50
290	Charlotte	McKay 60	Greenock Glenpark Harriers	27:12	00:27:12	15
291	Susan	Bothwell 60	Perth RR B	27:26	00:27:26	16
292	Lynne	Fulton 40	Greenock Glenpark Harriers	29:00	00:29:00	62
293	Mary	Robinson 50	Greenock Glenpark Harriers	29:20	00:29:20	51
294	June Anne	McKnight 50	Greenock Glenpark Harriers	29:38	00:29:38	52
295	Carla	Telfer 40	Bellahouston RR B	30:31	00:30:31	63



## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
1	Scott	Stirling Sen	Falkirk Victoria Harriers	12:10	1
2	Duncan	Robinson Sen	Giffnock North AC	12:18	2
3	Freddie	Carcas Sen	Edinburgh AC	12:20	3
4	Jamie	Crowe Sen	Central AC	12:22	4
5	Ben	Potrykus Sen	Inverclyde AC	12:28	5
6	Corey	Campbell U20	Team East Lothian	12:33	1
6	Connor	Bell U20	Glasgow University Hares and Hounds	12:33	1
6	Alastair	Marshall Sen	Central AC	12:33	6
9	Harry	Henriksen U20	Edinburgh Univ Hare and Hounds	12:34	3
10	Calum	Phillip Sen	Central AC	12:37	7
11	Seyd Taha	Ghafari Sen	Shettleston Harriers	12:40	8
12	Gavin	Smith Sen	Cambuslang Harriers	12:41	9
12	Ross	Gray Sen	Inverclyde AC	12:41	9
14	Cameron	Milne Sen	Central AC	12:44	11
15	Finlay	Ross-Davie U20	Edinburgh Univ Hare and Hounds	12:45	4
16	Andrew	McGill U20	Glasgow University Hares and Hounds	12:50	5
17	Jack	Patton Sen	Kilbarchan AAC	12:51	12
18	Lewis	Hannigan Sen	Kilbarchan AAC	12:55	13
19	Angus	Wright U20	Edinburgh Univ Hare and Hounds	12:56	6
19	Ryan	Martin U20	Stirling University AC	12:56	6
19	Kevan	Harvey Sen	Cambuslang Harriers	12:56	14
22	Lucas	Cairns U20	Edinburgh Univ Hare and Hounds	12:57	8
23	Jamie	MacKinnon Sen	Cambuslang Harriers	12:58	15
24	John	Bell Sen	Inverclyde AC	12:59	16
25	Robbie	Ferguson Sen	Kilbarchan AAC	13:01	17
26	Darrell	Hastie 40	Gala Harriers	13:03	1
27	Philip	Neilson Sen	Shettleston Harriers	13:09	18
27	Mark	Carberry Sen	Stirling University AC	13:09	18
29	Luca	Messenger-Jones U20	Edinburgh Univ Hare and Hounds B	13:10	9
29	Noah	Howlett Sen	Edinburgh AC	13:10	20
31	Michael	Christoforou Sen	Cambuslang Harriers	13:12	21
32	Fraser	Gilmour U20	Kilbarchan AAC	13:13	10
32	Luca	Fanottoli Sen	Central AC B	13:13	22
34	Matthew	Turner Sen	Shettleston Harriers	13:14	23
35	Jonathan	Moore Sen	Motherwell AC	13:16	24
36	Angus	Smith Sen	Corstorphine AAC	13:18	25
36	Harris	Pagett U20	Strathearn Harriers	13:18	11
38	Dermot	Cummins Sen	Corstorphine AAC	13:19	26
38	Lewis	Rodgers Sen	Fife AC	13:19	26
40	Gregor	Yates Sen	Inverclyde AC	13:21	28
41	Dale	Colley Sen	Central AC B	13:22	29
41	Joel	Lange Sen	Central AC B	13:22	29
43	Calum	McKenzie Sen	Corstorphine AAC	13:23	31
44	Samuel	Leitch Sen	Edinburgh AC	13:24	32
45	Iain	Whitaker 40	Edinburgh AC	13:25	2
46	Robbie	Welsh U20	Gala Harriers	13:27	12
47	Nikolai	Gajic Sen	Giffnock North AC	13:28	33
48	Jack	Eykelbosch Sen	Corstorphine AAC	13:29	34
48	Weynay	Ghebreselassie Sen	Shettleston Harriers	13:29	34
50	Magnus	Tait Sen	Glasgow University Hares and Hounds	13:30	36
50	John	Fergusson Sen	East Kilbride AC	13:30	36
50	Michael	Sanderson Sen	Fife AC	13:30	36
50	Fred	Davies Sen	Shettleston Harriers B	13:30	36

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
54	Videsh	Weerakkody Sen	VP-Glasgow AC	13:31	40
54	Finlay	Murray Sen	East Sutherland AC	13:31	40
54	Ross	O'brien U20	Giffnock North AC	13:31	13
57	Marc	Jameson Sen	Glasgow University Hares and Hounds B	13:33	42
57	Michael	Houston Sen	Inverclyde AC B	13:33	42
59	Blayne	Wright Sen	Edinburgh Univ Hare and Hounds B	13:35	44
60	Marcus	D'Agrosa Sen	Gala Harriers	13:37	45
61	Glen	Griffiths U20	Giffnock North AC B	13:39	14
62	Struan	Bennet U20	Central AC B	13:40	15
62	Daryl	Reid Sen	East Kilbride AC	13:40	46
62	James	Wilson Sen	Moray RR	13:40	46
65	Jamie	Phillips U20	Kilmarnock H&AC	13:44	16
65	Henry	Horiuchi-Sutton Sen	VP-Glasgow AC	13:44	48
65	Callum	Matthews Sen	Cambuslang Harriers B	13:44	48
68	Gavin	McCaffrey Sen	Stirling University AC	13:45	50
68	Chris	Bain Sen	Edinburgh Univ Hare and Hounds B	13:45	50
70	Andrew	Ferguson Sen	Corstorphine AAC C	13:46	52
71	Alex	Mackenzie Sen	Edinburgh Univ Hare and Hounds C	13:47	53
72	Jack	Fullerton Sen	Corstorphine AAC C	13:48	54
72	James	Dunn Sen	Corstorphine AAC B	13:48	54
74	Zak	Povey U20	Glasgow University Hares and Hounds B	13:49	17
74	Gordon	Robertson 40	Cambuslang Harriers	13:49	3
76	Rory	Muir Sen	Aberdeen AAC	13:50	56
76	Stephen	Addison Sen	Glasgow University Hares and Hounds	13:50	56
76	Seonaidh	MacInnes U20	Cambuslang Harriers B	13:50	18
79	Elliot	Frame U20	Glasgow University Hares and Hounds B	13:51	19
80	Donald	Macaulay Sen	Corstorphine AAC B	13:52	58
80	Dan	De Luca U20	Glasgow University Hares and Hounds F	13:52	20
82	Aaron	Hoyle Sen	Corstorphine AAC B	13:53	59
82	Fraser	Gordon Sen	Stirling University AC B	13:53	59
84	Calum	Little Sen	Falkirk Victoria Harriers	13:54	61
84	Calum	Charters U20	East Kilbride AC	13:54	21
86	Craig	Ferguson Sen	Kilmarnock H&AC	13:55	62
86	Ewan	McKerral Sen	Kilbarchan AAC B	13:55	62
88	Alastair	Stables Sen	Giffnock North AC B	13:56	64
89	Tony	Connelly Sen	Bellahouston RR	13:58	65
90	Andrew	Taylor Sen	Shettleston Harriers B	13:59	66
91	Freddie	Fearn Sen	Edinburgh Univ Hare and Hounds C	14:00	67
91	Gregor	Hunter U20	Falkirk Victoria Harriers	14:00	22
93	Julian	Barrable Sen	Corstorphine AAC B	14:01	68
93	Sam	Hosie U20	East Kilbride AC	14:01	23
95	Matthew	Knak U20	Giffnock North AC	14:02	24
96	Iain	MacCorquodale 40	Cambuslang Harriers	14:04	4
97	Scott	Brember 50	Central AC	14:07	1
98	Neil	Lafferty 40	Greenock Glenpark Harriers	14:08	5
99	Martin	Hayes Sen	VP-Glasgow AC	14:11	69
99	Dylan	Crawford Sen	Stirling University AC	14:11	69

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
101	Robert	Paterson 50	Inverclyde AC	14:12	2
102	Kyle	McLellan Sen	Cambuslang Harriers B	14:14	71
103	Sam	Gurling Sen	Glasgow University Hares and Hounds C	14:15	72
104	Ewan	Anderson U20	Glasgow University Hares and Hounds B	14:17	25
105	Ben	Kinninmonth Sen	Fife AC	14:19	73
105	Crawford	Smith U20	Garscube Harriers	14:19	26
107	Ross	Horgan Sen	Bellahouston RR	14:20	74
107	Andrew	Kirk Sen	Kirkintilloch Olympians	14:20	74
109	Sam	Lesley Sen	Shettleston Harriers B	14:21	76
110	Fraser	Armstrong Sen	Bellahouston Harriers	14:22	77
110	Michael	Miller Sen	Clydesdale Harriers	14:22	77
112	Max	Stevens U20	Stirling University AC B	14:24	27
112	James	MacLeod 40	Garscube Harriers	14:24	6
114	Alasdair	McMonagle Sen	Strathclyde Univ Harriers	14:26	79
114	Euan	Convery Sen	Garscube Harriers	14:26	79
116	David	Gardiner 50	Motherwell AC	14:27	3
117	Andrew	Forteach 40	East Kilbride AC B	14:28	7
117	Entrant	D54	Glasgow University Hares and Hounds F	14:28	81
119	Matthew	Blunden 40	Moray RR	14:29	8
119	Euan	Docherty U20	Central AC C	14:29	28
119	Alastair	Scott 40	Shettleston Harriers B	14:29	8
122	Kyle	Johnstone U20	Greenock Glenpark Harriers	14:30	29
122	Cameron	Anderson U20	Edinburgh Univ Hare and Hounds B	14:30	29
124	Steven	Fitzpatrick Sen	Cambuslang Harriers B	14:34	82
124	Paul	Sorrie 40	Shettleston Harriers B	14:34	10
126	Malcolm	Lang 40	Corstorphine AAC	14:35	11
127	Fraser	Smith Sen	Corstorphine AAC C	14:37	83
127	Mark	Gallacher 50	Cambuslang Harriers	14:37	4
127	Stephen	Allen 50	Cumbernauld AAC B	14:37	4
130	John	Redding 40	Linlithgow AC	14:38	12
130	Kenneth	Neill 40	Ayr Seaforth AC	14:38	12
132	Patrick	Mochan Sen	Strathclyde Univ Harriers	14:39	84
132	Colin	Whitby 40	Garscube Harriers	14:39	14
132	Nicholas	Gemmell 50	Garscube Harriers	14:39	6
135	Tom	Porter Sen	Strathclyde Univ Harriers	14:40	85
135	Oliver	Traynor Sen	Giffnock North AC B	14:40	85
135	Joshua	Mirtle U20	Strathclyde Univ Harriers	14:40	31
138	Sean	McLaughlin Sen	Corstorphine AAC D	14:41	87
139	Sam	O'Neill Sen	Linlithgow AC	14:42	88
140	Douglas	McKinnon 40	Corstorphine AAC	14:43	15
141	Luke	Kirwan Sen	East Kilbride AC B	14:44	89
141	Kenneth	Campbell 40	Cambuslang Harriers	14:44	16
141	Gary	Trewartha 40	Gala Harriers	14:44	16
144	Theo	Carter Sen	Cambuslang Harriers C	14:45	90
145	Christopher	Macdonald Sen	Motherwell AC	14:46	91
146	Oscar	Logan U20	Glasgow University Hares and Hounds D	14:47	32
146	Darran	Muir 40	Law & District AAC	14:47	18
146	Craig	Shields 40	Garscube Harriers	14:47	18
146	Justin	Carter 50	Cambuslang Harriers	14:47	7
150	Grant	Murphy Sen	Bellahouston RR	14:48	92

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
151	Alastair	Scott U20	Stirling University AC B	14:50	33
151	Alastair	Brockie 40	Corstorphine AAC	14:50	20
151	Chris	Upson 60	Cambuslang Harriers	14:50	1
151	John	Coyle 50	Garscube Harriers	14:50	8
155	Kevin	Wallace Sen	Fife AC	14:51	93
156	Jonathan	Turnbull 40	Strathearn Harriers	14:52	21
157	Andrew	Irvine Sen	Central AC C	14:53	94
157	Callum	Hunter Sen	Corstorphine AAC C	14:53	94
157	Ieuan	Harries Sen	Glasgow University Hares and Hounds C	14:53	94
157	Philip	Holden 40	Harmeny AC	14:53	22
161	David	Tamburini 40	Inverclyde AC	14:54	23
161	Daniel	Scroop 50	Garscube Harriers	14:54	9
163	Cameron	Rankine U20	Stirling University AC B	14:55	34
163	Euan	O'Brien U20	Giffnock North AC C	14:55	34
165	John	Speirs 40	Cambuslang Harriers	14:56	24
166	Joseph	Fitzgibbon Sen	Garscube Harriers	14:57	97
166	Caleb	Ellis Sen	Strathclyde Univ Harriers B	14:57	97
168	Stuart	Miller Sen	Glasgow FrontRunners	14:58	99
169	Cameron	Wallace Sen	Strathclyde Univ Harriers B	14:59	100
170	Paul	Burns 40	Motherwell AC	15:00	25
170	Rhys	Williams Sen	Stirling University AC C	15:00	101
172	Brent	Brodie 50	Bellahouston Harriers	15:01	10
172	John	Connolly 40	Garscube Harriers	15:01	26
172	Allan	Cameron 50	Cumbernauld AAC B	15:01	10
175	Mark	Ryan 40	PH Racing Club	15:02	27
176	James	Wiggins Sen	Corstorphine AAC D	15:03	102
176	Ross	Milne Sen	Glasgow FrontRunners	15:03	102
176	Andrew	Campbell 40	Giffnock North AC	15:03	28
179	Ben	Brown Sen	Glasgow University Hares and Hounds D	15:04	104
179	Michael	Combe 40	PH Racing Club	15:04	29
181	Owen	Walpole Sen	Kilmarnock H&AC	15:08	105
181	Colin	McRae Sen	Moray RR	15:08	105
183	Stuart	Kerr Sen	Kilbarchan AAC B	15:09	107
183	Simon	Dalton Celis Sen	Glasgow University Hares and Hounds D	15:09	107
185	Jordan	Orr Sen	Giffnock North AC B	15:10	109
185	Scott	McKelvie Sen	Shettleston Harriers C	15:10	109
187	Will	Hensman 40	Central AC C	15:11	30
187	Alan	Knowles 40	Lothian RC	15:11	30
187	Walter	Henderson 50	Cumbernauld AAC B	15:11	12
190	Graeme	Warren Sen	Strathearn Harriers	15:12	111
191	Ronald	Strachan 40	Shettleston Harriers B	15:13	32
192	Sandy	Gilhooly Sen	Glasgow University Hares and Hounds C	15:15	112
193	Lee	Shaw Sen	Bellahouston Harriers	15:16	113
194	Kenny	Robertson Sen	Kirkintilloch Olympians	15:17	114
194	Graeme	Laing 40	VP-Glasgow AC	15:17	33
196	Andrew	Mckechnie U20	Falkirk Victoria Harriers	15:18	36
196	Alan	Callan 40	Inverclyde AC	15:18	34
198	Timothy	Martin Sen	Garscube Harriers	15:19	115
199	Iain	Stewart 40	Gala Harriers	15:21	35
199	Alan	Cunningham 50	Corstorphine AAC	15:21	13

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
201	Joseph	O'Keefe U20	Edinburgh Univ Hare and Hounds C	15:22	37
201	Adam	Peters Sen	Shettleston Harriers B	15:22	116
201	Matthew	MacDonald 40	Garscube Harriers B	15:22	36
204	James	Gillon Sen	Law & District AAC	15:23	117
204	Sean	Gaffney Sen	Inverclyde AC B	15:23	117
206	Jason	Kane Sen	Inverclyde AC B	15:24	119
206	Peter	Tucker 40	Inverclyde AC	15:24	37
206	Ross	Milne 40	Corstorphine AAC B	15:24	37
206	Iain	Macleod 50	Corstorphine AAC	15:24	14
206	Gareth	Jenkins 50	Moray RR	15:24	14
206	Louis	O'Hare 50	Cumbernauld AAC C	15:24	14
212	Kevin	Riddell 40	Perth RR	15:26	39
213	Steven	Campbell 40	Greenock Glenpark Harriers	15:27	40
213	Ruairidh	MacLean 40	Giffnock North AC	15:27	40
215	Alan	Moss Sen	Bellahouston RR	15:28	120
215	Roger	Clark 50	PH Racing Club	15:28	17
217	Joshua	Farrell Sen	Dumbarton AAC	15:29	121
217	Matthew	Brennan Sen	Moray RR	15:29	121
219	Jacob	Rankin U20	Edinburgh Univ Hare and Hounds C	15:30	38
220	Sam	MacNeil Sen	Edinburgh AC B	15:31	123
221	Grant	MacDonald 40	Garscube Harriers B	15:32	42
221	Martin	Fitchie 40	Cumbernauld AAC	15:32	42
221	Michael	Cross 40	Giffnock North AC	15:32	42
224	Harry	McGill Sen	Glasgow University Hares and Hounds C	15:33	124
224	Fraser	Morris Sen	Stirling University AC C	15:33	124
226	Michael	Ross 40	Falkirk Victoria Harriers	15:35	45
227	David I	Houston Sen	Shettleston Harriers C	15:37	126
228	Gary	McKay Sen	Moray RR B	15:38	127
229	Andrew	Casey Sen	Aberdeen AAC	15:39	128
229	Lewis	Thorpe U20	East Kilbride AC B	15:39	39
231	Huw	Jones 40	Hunters Bog Trotters	15:40	46
231	Gordon	Pryde 40	Edinburgh AC	15:40	46
233	Greig	Corr-Macleod Sen	Bellahouston Harriers	15:41	129
233	Colin	Anderson 40	Falkirk Victoria Harriers	15:41	48
235	Jamie	Nix Sen	Kilmarnock H&AC B	15:43	130
236	Alex	Ellen Sen	Strathclyde Univ Harriers B	15:44	131
236	Ross	Granger 40	Kilmarnock H&AC	15:44	49
238	Gary	Craig Sen	East Kilbride AC B	15:45	132
238	James	Hall 40	Fife AC	15:45	50
240	Michael	Sweeney 40	Helensburgh AAC	15:46	51
241	Callum	Ferguson Sen	Newton Road Runners	15:47	133
241	David	Scott Sen	Cumbernauld AAC	15:47	133
243	Elliot	Collins Sen	Perth RR	15:51	135
243	Stuart	Campbell 50	Corstorphine AAC	15:51	18
245	Louis R	O'Hare Sen	Cumbernauld AAC	15:52	136
245	Andrew	Buchanan 40	Calderglen Harriers	15:52	52
247	Milo	Mergler U20	Edinburgh Univ Hare and Hounds D	15:53	40
248	Fraser	Kelly Sen	Bellahouston RR B	15:54	137
248	Brian	Thomson Sen	Airdrie Harriers	15:54	137
250	David	Eckersley 60	Central AC	15:55	2

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
251	Tim	Darlow 40	Gala Harriers	15:57	53
252	Ruairi	Ferris Sen	Kirkintilloch Olympians	15:59	139
252	Christopher	O'Brien 40	Corstorphine AAC	15:59	54
254	Ryan	Macready Sen	Bellahouston RR B	16:00	140
255	Andrew	Jannetta 40	PH Racing Club	16:02	55
255	Duncan	Ryan 50	Perth RR	16:02	19
257	John	Mowbray Sen	Edinburgh AC B	16:03	141
257	Callum	Husband U20	Glasgow University Hares and Hounds D	16:03	41
257	Paul	Gooding 40	West End RR	16:03	56
257	David	Knight 50	Perth RR	16:03	20
261	Stephen	Richardson Sen	Airdrie Harriers	16:05	142
262	Thomas	Jamieson 40	Inverclyde AC B	16:07	57
262	David	Hogg 50	Cumbernauld AAC C	16:07	21
264	Ross	Hill Sen	Law & District AAC	16:08	143
264	Rory	Sandilands 40	Fife AC	16:08	58
266	Graeme	Downie 50	Pitreavie AAC	16:09	22
267	BRYAN	KERR Sen	Bellahouston RR B	16:10	144
267	Mark	Webster 50	PH Racing Club	16:10	23
269	Ross	Crombie 40	Carnegie Harriers	16:12	59
269	Jamie	McGowan 40	Gala Harriers	16:12	59
271	Francis	Cullen Sen	Airdrie Harriers	16:13	145
271	Matthew	Brown Sen	Bellahouston Harriers B	16:13	145
273	Neil	Ferrier Sen	Central AC D	16:14	147
273	Keith	Charters 50	East Kilbride AC	16:14	24
275	Martin	Hawksey 40	Linlithgow AC	16:15	61
275	David	Watt 60	Calderglen Harriers	16:15	3
277	Bobby	Wotherspoon 50	Law & District AAC B	16:16	25
278	Callum	Dickson Sen	Bellahouston RR B	16:18	148
278	Callum	Wright Sen	Cambuslang Harriers C	16:18	148
278	Fraser	McFadden Sen	Edinburgh AC B	16:18	148
278	Alan	Hume 40	Central AC C	16:18	62
278	David	Shaw 50	Giffnock North AC	16:18	26
283	Adam	Strang Sen	Musselburgh and District AC	16:19	151
283	Murdo	Traill Sen	Corstorphine AAC D	16:19	151
283	Gerard	Pelegri Sen	Shettleston Harriers C	16:19	151
286	Michael	McQuaid 60	Falkirk Victoria Harriers	16:20	4
286	Cliff	Binning Sen	Cumbernauld AAC	16:20	1
286	Ross	McEachern 50	Cumbernauld AAC	16:20	27
289	Andrew	Brown Sen	Linlithgow AC	16:21	154
290	Shaun	Wiseman U20	Greenock Glenpark Harriers	16:24	42
290	Robert	Keenan 40	Cumbernauld AAC	16:24	63
290	Gavin	Morrison 50	Greenock Glenpark Harriers	16:24	28
293	Simon	Adamson 40	Gala Harriers	16:31	64
294	Ben	Fountain Sen	Law & District AAC	16:32	155
295	Duncan	McCauley 40	Shettleston Harriers	16:33	65
296	John	Brogan 40	Airdrie Harriers	16:34	66
297	Kevin	Amos Sen	Central AC D	16:35	156
298	Steven	King 50	Carnegie Harriers	16:36	29
298	Sean	Casey 50	Cumbernauld AAC C	16:36	29
300	Iain	Craven 40	Edinburgh AC	16:38	67
300	Mark	McCull 40	Shettleston Harriers B	16:38	67
300	Denis	Williams 60	Shettleston Harriers	16:38	5

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
303	Iain	Howatt 50	Pitreavie AAC	16:39	31
304	Wright	Beveridge 50	PH Racing Club	16:40	32
305	Alastair	Drummond 40	Newton Road Runners	16:41	69
305	Andrew	Blair Sen	Glasgow University Hares and Hounds E	16:41	157
305	Ewan	Jack 50	Central AC	16:41	33
308	Neil	Maclachlan Sen	Pitreavie AAC	16:44	158
308	Graham	Stephen 50	Moray RR	16:44	34
310	Paul	Slifer 50	Musselburgh and District AC	16:45	35
311	James	Squires 40	Pitreavie AAC	16:46	70
312	Ronald	Mason Sen	Musselburgh and District AC	16:48	159
313	Jonathan	Millar 40	Carnegie Harriers	16:51	71
313	Calum	Mackenzie U20	Cumbernauld AAC	16:51	43
315	Edmund	White Sen	Glasgow FrontRunners	16:52	160
316	Liam	Conway 50	Bellahouston RR E	16:54	36
316	Richard	Beattie 40	Law & District AAC	16:54	72
316	Andy	Nichol 50	Corstorphine AAC B	16:54	36
319	Gerry	Healy 40	Cumbernauld AAC	16:56	73
319	Craig	Binnie 40	Helensburgh AAC	16:56	73
319	Malcolm	Parry 50	Edinburgh AC C	16:56	38
319	Stephen	Carmichael 50	Moray RR	16:56	38
323	Jamie	Robinson Sen	Bellahouston RR C	16:57	161
323	Alan	McGowan 40	PH Racing Club B	16:57	75
325	Alan	Digweed 40	Bellahouston RR C	16:58	76
326	Grant	Matheson 60	Falkirk Victoria Harriers B	16:59	6
327	Lee	Holland 50	Carnegie Harriers	17:00	40
327	Derek	O'Neill 40	Motherwell AC B	17:00	77
327	Barry	Edwards 40	Bellahouston RR D	17:00	77
327	Elliot	Scott Sen	Cumbernauld AAC	17:00	162
331	Gordon	Buchanan Sen	Glasgow FrontRunners	17:01	163
332	Graham	McInnes 40	PH Racing Club B	17:02	79
333	Stephen	Harrison 50	Greenock Glenpark Harriers	17:03	41
334	Alasdair	Reid Sen	Strathclyde Univ Harriers C	17:04	164
334	Johnj	Duffy 50	Shettleston Harriers	17:04	42
334	Desmond	Fitzgerald 50	Pitreavie AAC	17:04	42
337	Keir	Arthur U20	Inverclyde AC C	17:06	44
338	Peter	Maclean 50	Ayr Seaforth AC	17:07	44
338	Joe	Melton 50	Harmeny AC	17:07	44
340	Scott	Love 40	PH Racing Club B	17:08	80
341	Iain	Murray Sen	Linlithgow AC	17:09	165
341	Callum	Scott Sen	Strathclyde Univ Harriers B	17:09	165
343	Simon	Kirk 50	Ayr Seaforth AC	17:10	46
343	Andy	Harley 40	Fife AC	17:10	81
343	James	Mayers 60	Musselburgh and District AC	17:10	7
343	Charles	Graham-Marr 60	Central AC B	17:10	7
347	Colin	Green 50	Moray RR B	17:11	47
347	Tony	Disley 50	Central AC B	17:11	47
349	Kenneth	MacMahon 50	Garscube Harriers C	17:12	49
350	Colin	McKnight 40	Greenock Glenpark Harriers B	17:15	82
350	Jeff	Farquhar 60	Pitreavie AAC	17:15	9
350	Gerard	Connelly 50	Calderglen Harriers	17:15	50



## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
353	Thomas	Harris	Sen Glasgow University Hares and Hounds E	17:16	167
353	Nicholas	Carter	Sen Kilmarnock H&AC B	17:16	167
353	Paul	Stoddart	50 Cumbernauld AAC	17:16	51
356	Colin	Glencorse	40 Kilmarnock H&AC C	17:17	83
356	Andy	Downey	50 Garscube Harriers B	17:17	52
356	Keith	Wall	40 Garscube Harriers B	17:17	83
359	William	Taylor	Sen Greenock Glenpark Harriers B	17:18	169
359	Nathan	O'Neill	40 Springburn Harriers	17:18	85
361	David	Ferguson	40 Bellahouston RR D	17:19	86
361	Rob	Crusher	50 Giffnock North AC C	17:19	53
361	Michael	Grant	Sen Hunters Bog Trotters	17:19	170
361	Andrew	Callan	50 Cumbernauld AAC	17:19	53
365	Neil	McLure	50 Carnegie Harriers B	17:20	55
365	Ian	Maxwell	60 Gala Harriers	17:20	10
367	Bobby	Hill	Sen Law & District AAC B	17:22	171
368	Mike	Thomson	50 Strathearn Harriers	17:25	56
368	Gavin	Phillip	50 Edinburgh AC C	17:25	56
370	Gary	Smith	Sen Falkirk Victoria Harriers B	17:26	172
371	Iain	Robertson	40 Clydesdale Harriers	17:28	87
371	David	Butterly	40 Garscube Harriers B	17:28	87
371	John	Stevenson	50 Greenock Glenpark Harriers	17:28	58
374	James	McGreevy	40 Bellahouston RR C	17:29	89
375	Douglas	Samson	Sen Motherwell AC C	17:30	173
375	Sven	Mathier	Sen West End RR	17:30	173
375	Coll	Williamson	Sen Hunters Bog Trotters	17:30	173
375	Keith	Mulraney	50 Lothian RC	17:30	59
379	Andrew	Ronald	50 Falkirk Victoria Harriers B	17:31	60
380	Barnaby	Sharifi	U20 Glasgow University Hares and Hounds F	17:32	45
381	Des	Dickson	60 Cambuslang Harriers B	17:33	11
382	Lewis	McLuskey	U20 Motherwell AC B	17:37	46
383	Mark	Gallacher	40 Cambuslang Harriers B	17:39	90
384	Scott	Kelman	Sen Giffnock North AC C	17:42	176
385	Daniel	Burns	Sen Garscube Harriers C	17:44	177
386	Kevin	Davie	40 Carnegie Harriers B	17:46	91
387	John	Devine	Sen Moray RR B	17:47	178
387	Dean	Dempsey	Sen Bellahouston RR C	17:47	178
387	Daniel	O'Connell	50 Cambuslang Harriers B	17:47	61
390	Robert	McLennan	60 Garscube Harriers B	17:48	12
391	Stephen	Phimister	50 Calderglen Harriers	17:49	62
392	Richard	Clark	40 Edinburgh AC	17:51	92
393	Gerry	Campbell	50 Edinburgh AC B	17:52	63
393	Lewis	Orr	50 Edinburgh AC C	17:52	63
395	Kenneth	Crawford	50 Bellahouston RR E	17:53	65
395	Graeme	Nicholson	40 Musselburgh and District AC	17:53	93
397	Sandy	Gardner	50 VP-Glasgow AC	17:54	66
398	John	Kelly	50 Newton Road Runners	17:55	67
398	Alan	Main	Sen Motherwell AC B	17:55	180
400	Arlo	Tait	U20 VP-Glasgow AC B	17:58	47
400	David	Alexander	50 Harmeny AC	17:58	68

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
402	Darren	Dick 50	Linlithgow AC	18:00	69
402	Alex	Potter 60	VP-Glasgow AC	18:00	13
404	Michael	Lindsay 40	PH Racing Club B	18:01	94
405	Corey	Craig Sen	Newton Road Runners	18:03	181
405	Chris	Creegan 60	Edinburgh AC B	18:03	14
407	Neil	Christie 50	Gala Harriers	18:05	70
408	Gary	Miller 50	Cambuslang Harriers B	18:06	71
409	Kevin	Kealy 40	Harmeny AC	18:07	95
409	David	Cross 50	Edinburgh AC	18:07	72
411	Mikolaj	Siekierka Sen	Strathclyde Univ Harriers C	18:08	182
412	Andrew	Scott 40	Musselburgh and District AC	18:12	96
413	Robert	Pattinson 50	Motherwell AC B	18:15	73
413	William	Fairley 50	Cambuslang Harriers B	18:15	73
415	Euan	Marney Sen	Glasgow University Hares and Hounds E	18:18	183
415	Bob	Johnson 60	Gala Harriers	18:18	15
417	Robert	Henry 40	Musselburgh and District AC	18:19	97
418	John	Murray 40	Garscube Harriers C	18:20	98
418	Mark	Welsford 50	Kirkintilloch Olympians	18:20	75
420	Finn	Milligan Sen	Law & District AAC B	18:21	184
420	Mark	Henderson Sen	Kilmarnock H&AC C	18:21	184
422	John	Oates 60	Shettleston Harriers	18:23	16
423	Stewart	Robertson 40	Springburn Harriers	18:32	99
424	Nils	Krichel Sen	Carnegie Harriers B	18:33	186
425	Ian	Young 40	Ayr Seaforth AC	18:34	100
425	Steven	Phillips 40	Airdrie Harriers B	18:34	100
427	Maximilian	MacDonald Sen	Glasgow University Hares and Hounds E	18:35	48
428	Mark	Irvine Sen	Glasgow University Hares and Hounds F	18:39	187
429	Murray	McDonald Sen	Kilmarnock H&AC B	18:42	188
430	Campbell	Cromar 60	Greenock Glenpark Harriers B	18:44	17
431	Stephen	Purvis 50	Airdrie Harriers B	18:45	76
432	Paul	Wilson 40	Springburn Harriers	18:46	102
433	Stephen	Clark Sen	Shettleston Harriers C	18:50	189
434	Kevin	Farmer Sen	Cambuslang Harriers C	18:52	190
434	Scott	Lyden Sen	Kilmarnock H&AC C	18:52	190
434	Tom	Butler Sen	Dumbarton AAC	18:52	190
434	Max	Carcas 50	Edinburgh AC B	18:52	77
438	David	Murphy 50	Shettleston Harriers	18:54	78
439	James	Wales Sen	Kilmarnock H&AC B	18:56	193
439	Andrew	Ross 50	Harmeny AC	18:56	79
441	JONATHAN	THOMSON 50	Lothian RC	19:00	80
442	Ralph	Connolly 50	VP-Glasgow AC	19:01	81
443	Brian	Wilson 40	Airdrie Harriers B	19:03	103
443	Robin	Livingstone 60	Perth RR	19:03	18
445	William	Jarvie 60	Portobello RC	19:06	19
445	Martin	Kay 40	Law & District AAC	19:06	104
445	Jan-Bert	Van Den Berg 60	Corstorphine AAC B	19:06	19
448	Kieran	McQuade Sen	Dumbarton AAC	19:08	194
449	Iain	Wallace 50	Cambuslang Harriers B	19:15	82
449	Graeme	Haddow 60	East Kilbride AC	19:15	21

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Rank
451	Michael	Carlin 40	East Kilbride AC C	19:16	105
452	David	Steele 60	Edinburgh AC	19:18	22
453	Graeme	Campbell 50	Bellahouston Harriers B	19:19	83
453	Mark	Milligan 50	Law & District AAC	19:19	83
455	Scott	Elliott 60	Kirkintilloch Olympians	19:21	23
455	John	Hynd 60	Carnegie Harriers B	19:21	23
455	Steve	Gunn 60	Helensburgh AAC	19:21	23
458	James	Steel Sen	Falkirk Victoria Harriers B	19:22	195
459	Tony	Ewen Sen	Pitreavie AAC	19:24	196
460	Scott	Dickson Sen	Motherwell AC C	19:25	197
460	John	Mackenzie 40	Dumbarton AAC	19:25	106
460	Arthur	Mulholland 60	East Kilbride AC C	19:25	26
460	Keith	Dunlop 40	Edinburgh AC	19:25	106
464	James	McAneny 60	Garscube Harriers E	19:26	27
465	Gordon	King 60	Helensburgh AAC	19:27	28
466	Graeme	Little 40	Garscube Harriers D	19:29	108
467	Jean-Yves	Daniel 50	Airdrie Harriers B	19:30	85
468	Harry	Mulholland 60	Lothian RC	19:36	29
469	Athole	Smith 60	Garscube Harriers D	19:37	30
470	Mike	Malcolm-Smith 50	Musselburgh and District AC	19:38	86
471	Brian	McLinden 60	Motherwell AC C	19:39	31
472	Derek	Mitchell 50	Greenock Glenpark Harriers	19:41	87
473	Kenny	McDonald 50	Bellahouston RR E	19:47	88
473	Raymond J	Milne 60	Central AC C	19:47	32
475	John	O'Leary 60	Law & District AAC B	19:48	33
476	Gordon	Colvin 60	East Kilbride AC	19:52	34
477	Kevin	McPhillips 50	Calderglen Harriers	19:56	89
478	Jim	Gillon 50	Law & District AAC	20:01	90
479	Alastair	Cunningham 50	Central AC C	20:02	91
479	Roger	Greenaway 70	Central AC B	20:02	1
481	Graeme	Taylor 40	Garscube Harriers C	20:03	109
482	Jim	Mearns 50	Calderglen Harriers	20:05	92
483	Derek	Esson 50	Falkirk Victoria Harriers	20:15	93
484	Craig	Hyslop 40	Greenock Glenpark Harriers B	20:21	110
485	Kenneth	Scott 40	Bellahouston Harriers B	20:27	111
485	Peter	Gallagher 50	Motherwell AC C	20:27	94
487	Kevin	Smith 60	Bellahouston Harriers C	20:28	35
488	George	Lupton 40	Harmeny AC	20:29	112
488	James	Boyle 50	Garscube Harriers D	20:29	95
490	David	Wardrope 50	Cambuslang Harriers B	20:33	96
491	Andre	Antunes 40	Hunters Bog Trotters	20:36	113
492	Joe	Chambers Sen	Springburn Harriers	20:37	198
493	Mike	Dales 60	Perth RR	20:39	36
494	Frank	McMahon 70	Greenock Glenpark Harriers B	20:46	2
495	Alastair	Patience 50	Bellahouston Harriers B	20:48	97
495	Paul	Meahan 50	Greenock Glenpark Harriers	20:48	97
497	Kevin	Godfrey 50	Lothian RC	20:50	99
498	Robert	Young 70	Clydesdale Harriers	20:51	3
499	Innes	Chalmers 50	Linlithgow AC	20:52	100
500	George	Ferguson 60	Calderglen Harriers	20:54	37

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 21st October 2023

2023 NatXCR Results Final SenMenFastLeg

Cumbernauld

<b>Pos</b>	<b>Firstname</b>	<b>Lastname</b>	<b>Club</b>	<b>Time</b>	<b>Rank</b>
501	Gerry	Gallacher 40	Greenock Glenpark Harriers	20:56	114
502	Norman	Baillie 70	Garscube Harriers E	21:03	4
503	Mick	Mckeon 50	Lothian RC	21:06	101
504	Martin	Gower 50	Falkirk Victoria Harriers	21:08	102
505	Paul	Collins 50	Garscube Harriers E	21:15	103
506	Andrew	Stavert 60	Falkirk Victoria Harriers	21:23	38
506	Eric	Stevenson 70	Edinburgh AC	21:23	5
508	Stuart	Crawford 50	Greenock Glenpark Harriers B	21:26	104
509	Paul	Toland 40	West End RR	21:28	115
510	Martin	Egan 50	Garscube Harriers D	21:38	105
511	David	Mumford 50	Linlithgow AC	21:58	106
512	Allan	Gall 60	Central AC C	21:59	39
513	Euan	Morrison 40	Greenock Glenpark Harriers B	22:04	116
514	Alan	Bothwell 60	Perth RR	22:23	40
515	Steven	Blair 50	Corstorphine AAC B	22:34	107
516	John	Robertson 50	Lothian RC	22:42	108
517	Daniel	Docherty U20	Clydesdale Harriers	23:02	49
518	Russell	Couper 50	Calderglen Harriers	24:12	109
519	Scott	Mulheron 40	West End RR	24:16	117
520	Gerard	Robertson 50	Greenock Glenpark Harriers B	24:30	110
521	Stuart	Irvine 70	Garscube Harriers E	24:47	6
522	Pete	Cartwright 80+	Clydesdale Harriers B	26:00	1
523	Peter	Rudzinski 70	Clydesdale Harriers B	26:26	7
524	Gordon	McInally 50	Calderglen Harriers	34:49	111

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	57:33	Cambuslang Harriers	14:56	5	John Speirs 40	14:04	2	Iain MacCorquodale 40	14:44	1	Kenneth Campbell 40	13:49	1	Gordon Robertson 40
2	58:51	Garscube Harriers	14:39	3	Colin Whitby 40	14:24	3	James MacLeod 40	14:47	2	Craig Shields 40	15:01	2	John Connolly 40
3	59:20	Gala Harriers	13:03	1	Darrell Hastie 40	15:21	1	Iain Stewart 40	16:12	3	Jamie McGowan 40	14:44	3	Gary Trewartha 40
4	59:48	Inverclyde AC	14:12	2	Robert Paterson 50	15:18	5	Alan Callan 40	15:24	4	Peter Tucker 40	14:54	4	David Tamburini 40
5	1:00:07	Corstorphine AAC	14:43	4	Douglas McKinnon 40	14:35	4	Malcolm Lang 40	15:59	5	Christopher O'Brien 40	14:50	5	Alastair Brockie 40
6	1:00:54	Shettleston Harriers	15:13	7	Ronald Strachan 40	14:29	6	Alastair Scott 40	16:38	6	Mark McColl 40	14:34	6	Paul Sorrie 40
7	1:01:36	PH Racing Club	16:02	15	Andrew Jannetta 40	15:28	8	Roger Clark 50	15:02	7	Mark Ryan 40	15:04	7	Michael Combe 40
8	1:02:20	Giffnock North AC	15:32	9	Michael Cross 40	15:03	7	Andrew Campbell 40	16:18	8	David Shaw 50	15:27	8	Ruairidh MacLean 40
9	1:05:12	Cumbernauld AAC	15:32	9	Martin Fitchie 40	16:20	9	Cliff Binning Sen	16:56	10	Gerry Healy 40	16:24	9	Robert Keenan 40
10	1:09:08	PH Racing Club	18:01	22	Michael Lindsay 40	17:02	14	Graham McInnes 40	16:57	13	Alan McGowan 40	17:08	10	Scott Love 40
11	1:09:34	Edinburgh AC	15:40	12	Gordon Pryde 40	16:38	12	Iain Craven 40	17:51	12	Richard Clark 40	19:25	11	Keith Dunlop 40
12	1:11:17	Lothian RC	15:11	6	Alan Knowles 40	19:00	13	JONATHAN THOMSON 50	19:36	16	Harry Mulholland 60	17:30	12	Keith Mulraney 50
13	1:11:30	Helensburgh AAC	16:56	18	Craig Binnie 40	19:27	20	Gordon King 60	15:46	14	Michael Sweeney 40	19:21	13	Steve Gunn 60
14	1:12:08	Harmeny AC	17:58	20	David Alexander 50	17:07	15	Joe Melton 50	18:07	15	Kevin Kealy 40	18:56	14	Andrew Ross 50
15	1:15:20	Law & District AAC	16:54	17	Richard Beattie 40	19:19	19	Mark Milligan 50	20:01	18	Jim Gillon 50	19:06	15	Martin Kay 40
16	1:15:42	Cambuslang Harriers	17:39	19	Mark Gallacher 40	18:15	17	William Fairley 50	20:33	19	David Wardrope 50	19:15	16	Iain Wallace 50
17	1:17:05	Linlithgow AC	18:00	21	Darren Dick 50	20:52	21	Innes Chalmers 50	16:15	17	Martin Hawksey 40	21:58	17	David Mumford 50
18	1:28:46	Greenock Glenpark Harriers	22:04	25	Euan Morrison 40	24:30	23	Gerard Robertson 50	21:26	21	Stuart Crawford 50	20:46	18	Frank McMahon 70
		Falkirk Victoria Harriers	15:35	11	Michael Ross 40	16:20	11	Michael McQuaid 60	15:41	9	Colin Anderson 40			
		Fife AC	15:45	13	James Hall 40	16:08	10	Rory Sandilands 40	17:10	11	Andy Harley 40			
		Greenock Glenpark Harriers	20:56	24	Gerry Gallacher 40	19:41	22	Derek Mitchell 50	20:48	20	Paul Meahan 50			
		Calderglen Harriers	15:52	14	Andrew Buchanan 40	20:05	18	Jim Mearns 50	34:49	22	Gordon McInally 50			
		Shettleston Harriers	16:33	16	Duncan McCauley 40	18:54	16	David Murphy 50						
		Corstorphine AAC	15:24	8	Ross Milne 40									
		Musselburgh and District AC	18:19	23	Robert Henry 40									

Lindsays scottishathletics National Cross Country Relay Championships  
2023 NatXCR Results Final M50 Result

Saturday 21st October 2023

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	44:14	Cambuslang Harriers	14:50	1	Chris Upson 60	14:37	1	Mark Gallacher 50	14:47	1	Justin Carter 50
2	44:23	Garscube Harriers	14:54	2	Daniel Scroop 50	14:50	2	John Coyle 50	14:39	2	Nicholas Gemmell 50
3	44:49	Cumbernauld AAC	15:01	3	Allan Cameron 50	15:11	4	Walter Henderson 50	14:37	3	Stephen Allen 50
4	46:36	Corstorphine AAC	15:51	4	Stuart Campbell 50	15:24	5	Iain Macleod 50	15:21	4	Alan Cunningham 50
5	46:43	Central AC	15:55	5	David Eckersley 60	14:07	3	Scott Brember 50	16:41	5	Ewan Jack 50
6	48:07	Cumbernauld AAC	16:07	7	David Hogg 50	16:36	7	Sean Casey 50	15:24	6	Louis O'Hare 50
7	49:04	Moray RR	16:56	14	Stephen Carmichael 50	16:44	11	Graham Stephen 50	15:24	7	Gareth Jenkins 50
8	50:55	Cumbernauld AAC	16:20	10	Ross McEachern 50	17:19	10	Andrew Callan 50	17:16	8	Paul Stoddart 50
8	50:55	Greenock Glenpark Harriers	16:24	11	Gavin Morrison 50	17:28	13	John Stevenson 50	17:03	8	Stephen Harrison 50
10	50:58	Pitreavie AAC	17:15	18	Jeff Farquhar 60	16:39	14	Iain Howatt 50	17:04	10	Desmond Fitzgerald 50
11	51:08	Perth RR	16:03	6	David Knight 50	16:02	6	Duncan Ryan 50	19:03	11	Robin Livingstone 60
12	51:19	Calderglen Harriers	16:15	9	David Watt 60	17:15	9	Gerard Connelly 50	17:49	12	Stephen Phimister 50
13	52:05	Shettleston Harriers	17:04	16	Johnj Duffy 50	16:38	12	Denis Williams 60	18:23	13	John Oates 60
14	52:13	Edinburgh AC C	16:56	14	Malcolm Parry 50	17:25	15	Gavin Phillip 50	17:52	14	Lewis Orr 50
15	52:22	Garscube Harriers	17:17	19	Andy Downey 50	17:48	17	Robert McLennan 60	17:17	15	Keith Wall 40
16	53:26	Cambuslang Harriers	17:33	20	Des Dickson 60	17:47	18	Daniel O'Connell 50	18:06	16	Gary Miller 50
17	53:33	Musselburgh and District AC	19:38	26	Mike Malcolm-Smith 50	17:10	24	James Mayers 60	16:45	17	Paul Slifer 50
18	53:43	Gala Harriers	18:18	24	Bob Johnson 60	18:05	22	Neil Christie 50	17:20	18	Ian Maxwell 60
19	54:23	Central AC	17:11	17	Tony Disley 50	17:10	15	Charles Graham-Marr 60	20:02	19	Roger Greenaway 70
20	54:47	Edinburgh AC	17:52	21	Gerry Campbell 50	18:52	23	Max Carcas 50	18:03	20	Chris Creegan 60
21	54:55	VP-Glasgow AC	17:54	22	Sandy Gardner 50	18:00	20	Alex Potter 60	19:01	21	Ralph Connolly 50
22	55:21	East Kilbride AC	16:14	8	Keith Charters 50	19:15	19	Graeme Haddow 60	19:52	22	Gordon Colvin 60
23	58:34	Corstorphine AAC	16:54	13	Andy Nichol 50	19:06	21	Jan-Bert Van Den Berg 60	22:34	23	Steven Blair 50
24	58:48	Edinburgh AC	18:07	23	David Cross 50	19:18	25	David Steele 60	21:23	24	Eric Stevenson 70
25	1:01:48	Central AC C	20:02	27	Alastair Cunningham 50	19:47	26	Raymond J Milne 60	21:59	25	Allan Gall 60
26	1:02:46	Falkirk Victoria Harriers	20:15	28	Derek Esson 50	21:23	27	Andrew Stavert 60	21:08	26	Martin Gower 50
27	1:04:38	Lothian RC	20:50	29	Kevin Godfrey 50	21:06	28	Mick Mckeon 50	22:42	27	John Robertson 50
		PH Racing Club	16:40	12	Wright Beveridge 50	16:10	8	Mark Webster 50			
		Kirkintilloch Olympians	18:20	25	Mark Welsford 50						

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
1	50:16	Central AC	12:37	7 Calum Phillip Sen	12:33	1 Alastair Marshall Sen	12:44	1 Cameron Milne Sen	12:22	1 Jamie Crowe Sen
2	51:12	Edinburgh Univ Hare and Hounds	12:34	6 Harry Henriksen U20	12:45	2 Finlay Ross-Davie U20	12:56	2 Angus Wright U20	12:57	2 Lucas Cairns U20
3	51:29	Inverclyde AC	13:21	18 Gregor Yates Sen	12:59	11 John Bell Sen	12:41	5 Ross Gray Sen	12:28	3 Ben Potrykus Sen
4	51:47	Cambuslang Harriers	12:56	8 Kevan Harvey Sen	12:58	7 Jamie MacKinnon Sen	13:12	7 Michael Christoforou Sen	12:41	4 Gavin Smith Sen
5	52:00	Kilbarchan AAC	13:01	10 Robbie Ferguson Sen	13:13	10 Fraser Gilmour U20	12:51	6 Jack Patton Sen	12:55	5 Lewis Hannigan Sen
6	52:19	Edinburgh AC	12:20	3 Freddie Carcas Sen	13:10	4 Noah Howlett Sen	13:24	4 Samuel Leitch Sen	13:25	6 Iain Whitaker 40
7	52:32	Shettleston Harriers	13:09	12 Philip Neilson Sen	12:40	6 Seyd Taha Ghafari Sen	13:29	8 Weynay Ghebreselassie Sen	13:14	7 Matthew Turner Sen
8	52:43	Glasgow University Hares and Hounds	12:33	4 Connor Bell U20	12:50	3 Andrew McGill U20	13:30	3 Magnus Tait Sen	13:50	8 Stephen Addison Sen
9	53:19	Giffnock North AC	12:18	2 Duncan Robinson Sen	13:28	5 Nikolai Gajic Sen	14:02	9 Matthew Knak U20	13:31	9 Ross O'brien U20
10	53:29	Corstorphine AAC	13:29	20 Jack Eykelbosch Sen	13:18	12 Angus Smith Sen	13:19	11 Dermot Cummins Sen	13:23	10 Calum McKenzie Sen
11	53:37	Central AC	13:13	14 Luca Fanottoli Sen	13:40	14 Struan Bennet U20	13:22	12 Joel Lange Sen	13:22	11 Dale Colley Sen
12	54:01	Stirling University AC	12:56	8 Ryan Martin U20	13:09	9 Mark Carberry Sen	14:11	13 Dylan Crawford Sen	13:45	12 Gavin McCaffrey Sen
13	55:00	Edinburgh Univ Hare and Hounds	13:10	13 Luca Messenger-Jones U20	13:45	15 Chris Bain Sen	14:30	17 Cameron Anderson U20	13:35	13 Blayne Wright Sen
14	55:05	East Kilbride AC	14:01	37 Sam Hosie U20	13:40	19 John Fergusson Sen	14:30	15 Daryl Reid Sen	13:54	14 Calum Charters U20
15	55:22	Falkirk Victoria Harriers	12:10	1 Scott Stirling Sen	13:54	8 Calum Little Sen	14:00	10 Gregor Hunter U20	15:18	15 Andrew Mckechnie U20
16	55:30	Glasgow University Hares and Hounds	13:33	22 Marc Jameson Sen	13:51	18 Elliot Frame U20	13:49	16 Zak Povey U20	14:17	16 Ewan Anderson U20
17	55:34	Corstorphine AAC	13:53	32 Aaron Hoyle Sen	13:48	23 James Dunn Sen	14:01	18 Julian Barrable Sen	13:52	17 Donald Macaulay Sen
18	55:59	Fife AC	13:19	17 Lewis Rodgers Sen	13:30	13 Michael Sanderson Sen	14:19	14 Ben Kinninmonth Sen	14:51	18 Kevin Wallace Sen
19	56:22	Cambuslang Harriers	13:50	29 Seonaidh MacInnes U20	13:44	20 Callum Matthews Sen	14:14	19 Kyle McLellan Sen	14:34	19 Steven Fitzpatrick Sen
20	56:43	VP-Glasgow AC	13:44	25 Henry Horiuchi-Sutton Sen	13:31	17 Videsh Weerakkody Sen	15:17	21 Graeme Laing 40	14:11	20 Martin Hayes Sen
21	57:04	Corstorphine AAC	13:48	28 Jack Fullerton Sen	14:37	29 Fraser Smith Sen	14:53	26 Callum Hunter Sen	13:46	21 Andrew Ferguson Sen
22	57:12	Shettleston Harriers	13:59	36 Andrew Taylor Sen	14:21	27 Sam Lesley Sen	13:30	20 Fred Davies Sen	15:22	22 Adam Peters Sen
23	57:25	Giffnock North AC	13:56	35 Alastair Stables Sen	13:39	21 Glen Griffiths U20	15:10	22 Jordan Orr Sen	14:40	23 Oliver Traynor Sen
24	57:29	Motherwell AC	13:16	15 Jonathan Moore Sen	15:00	25 Paul Burns 40	14:46	24 Christopher Macdonald Sen	14:27	24 David Gardiner 50
25	57:33	Cambuslang Harriers	14:56	57 John Speirs 40	14:04	34 Iain MacCorquodale 40	14:44	29 Kenneth Campbell 40	13:49	25 Gordon Robertson 40
26	58:02	Stirling University AC	13:53	32 Fraser Gordon Sen	14:24	26 Max Stevens U20	14:55	25 Cameron Rankine U20	14:50	26 Alastair Scott U20
27	58:25	Strathclyde Univ Harriers	14:26	44 Alasdair McMonagle Sen	14:40	37 Tom Porter Sen	14:40	30 Joshua Mirtle U20	14:39	27 Patrick Mochan Sen
28	58:31	Kilmarnock H&AC	13:44	25 Jamie Phillips U20	13:55	22 Craig Ferguson Sen	15:44	27 Ross Granger 40	15:08	28 Owen Walpole Sen
29	58:34	Bellahouston RR	14:20	40 Ross Horgan Sen	14:48	38 Grant Murphy Sen	15:28	35 Alan Moss Sen	13:58	29 Tony Connelly Sen
30	58:39	Edinburgh Univ Hare and Hounds	13:47	27 Alex Mackenzie Sen	15:22	39 Joseph O'Keefe U20	15:30	37 Jacob Rankin U20	14:00	30 Freddie Fearn Sen
31	58:46	Moray RR	13:40	24 James Wilson Sen	15:08	32 Colin McRae Sen	15:29	32 Matthew Brennan Sen	14:29	31 Matthew Blunden 40
32	58:51	Garscube Harriers	14:39	48 Colin Whitby 40	14:24	35 James MacLeod 40	14:47	31 Craig Shields 40	15:01	32 John Connolly 40
33	59:01	Garscube Harriers	14:26	44 Euan Convery Sen	14:19	31 Crawford Smith U20	14:57	28 Joseph Fitzgibbon Sen	15:19	33 Timothy Martin Sen
34	59:20	Gala Harriers	13:03	11 Darrell Hastie 40	15:21	28 Iain Stewart 40	16:12	35 Jamie McGowan 40	14:44	34 Gary Trewartha 40
35	59:32	Gala Harriers	13:27	19 Robbie Welsh U20	13:37	16 Marcus D'Agrosa Sen	15:57	23 Tim Darlow 40	16:31	35 Simon Adamson 40
36	59:48	Inverclyde AC	14:12	39 Robert Paterson 50	15:18	45 Alan Callan 40	15:24	40 Peter Tucker 40	14:54	36 David Tamburini 40
37	59:56	Glasgow University Hares and Hounds	15:33	70 Harry McGill Sen	14:53	51 Ieuan Harries Sen	15:15	47 Sandy Gilhooly Sen	14:15	37 Sam Gurling Sen
38	1:00:07	Corstorphine AAC	14:43	50 Douglas McKinnon 40	14:35	41 Malcolm Lang 40	15:59	43 Christopher O'Brien 40	14:50	38 Alastair Brockie 40
39	1:00:20	Bellahouston Harriers	14:22	42 Fraser Armstrong Sen	15:16	47 Lee Shaw Sen	15:01	37 Brent Brodie 50	15:41	39 Greig Corr-Macleod Sen
40	1:00:27	Inverclyde AC	13:33	22 Michael Houston Sen	15:23	33 Sean Gaffney Sen	15:24	33 Jason Kane Sen	16:07	40 Thomas Jamieson 40
41	1:00:29	Greenock Glenpark Harriers	14:08	38 Neil Lafferty 40	14:30	30 Kyle Johnstone U20	16:24	42 Shaun Wiseman U20	15:27	41 Steven Campbell 40
42	1:00:36	East Kilbride AC	14:28	46 Andrew Forteath 40	14:44	40 Luke Kirwan Sen	15:39	39 Lewis Thorpe U20	15:45	42 Gary Craig Sen
43	1:00:47	Strathearn Harriers	13:18	16 Harris Pagett U20	14:52	24 Jonathan Turnbull 40	17:25	44 Mike Thomson 50	15:12	43 Graeme Warren Sen
44	1:00:51	Central AC C	14:53	54 Andrew Irvine Sen	14:29	43 Euan Docherty U20	15:11	34 Will Hensman 40	16:18	44 Alan Hume 40
45	1:00:54	Shettleston Harriers	15:13	63 Ronald Strachan 40	14:29	48 Alastair Scott 40	16:38	51 Mark McColl 40	14:34	45 Paul Sorrie 40
46	1:01:03	Glasgow University Hares and Hounds	14:47	52 Oscar Logan U20	15:09	49 Simon Dalton Celis Sen	15:04	41 Ben Brown Sen	16:03	46 Callum Husband U20
47	1:01:36	PH Racing Club	16:02	81 Andrew Jannetta 40	15:28	61 Roger Clark 50	15:02	52 Mark Ryan 40	15:04	47 Michael Combe 40
48	1:02:20	Giffnock North AC	15:32	68 Michael Cross 40	15:03	53 Andrew Campbell 40	16:18	53 David Shaw 50	15:27	48 Ruairidh MacLean 40
49	1:02:49	Strathclyde Univ Harriers	14:59	58 Cameron Wallace Sen	15:44	54 Alex Ellen Sen	14:57	46 Caleb Ellis Sen	17:09	49 Callum Scott Sen
50	1:02:50	Law & District AAC	14:47	52 Darran Muir 40	15:23	50 James Gillon Sen	16:08	50 Ross Hill Sen	16:32	50 Ben Fountain Sen



Lindsays scottishathletics National Cross Country Relay Championships  
2023 NatXCR Results Final SenMasMen Result

Saturday 21st October 2023

Cumbernauld

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
51	1:02:50	Linlithgow AC	14:38	47 John Redding 40	14:42	42 Sam O'Neill Sen	16:21	47 Andrew Brown Sen	17:09	51 Iain Murray Sen
52	1:03:54	Glasgow FrontRunners	15:03	60 Ross Milne Sen	17:01	69 Gordon Buchanan Sen	16:52	61 Edmund White Sen	14:58	52 Stuart Miller Sen
53	1:04:22	Bellahouston RR	15:54	79 Fraser Kelly Sen	16:00	67 Ryan Maccready Sen	16:18	57 Callum Dickson Sen	16:10	53 BRYAN KERR Sen
54	1:04:46	Airdrie Harriers	15:54	79 Brian Thomson Sen	16:34	71 John Brogan 40	16:05	59 Stephen Richardson Sen	16:13	54 Francis Cullen Sen
55	1:04:57	Kirkintilloch Olympians	14:20	40 Andrew Kirk Sen	15:17	46 Kenny Robertson Sen	15:59	45 Ruairi Ferris Sen	19:21	55 Scott Elliott 60
56	1:05:12	Cumbernauld AAC	15:32	68 Martin Fitchie 40	16:20	65 Cliff Binning Sen	16:56	60 Gerry Healy 40	16:24	56 Robert Keenan 40
57	1:05:30	Cumbernauld AAC	17:00	93 Elliot Scott Sen	16:51	81 Calum Mackenzie U20	15:47	63 David Scott Sen	15:52	57 Louis R O'Hare Sen
58	1:05:56	Shettleston Harriers	15:10	61 Scott McKelvie Sen	15:37	55 David I Houston Sen	16:19	54 Gerard Pelegri Sen	18:50	58 Stephen Clark Sen
59	1:06:39	Carnegie Harriers	16:36	86 Steven King 50	16:51	78 Jonathan Millar 40	17:00	70 Lee Holland 50	16:12	59 Ross Crombie 40
60	1:07:29	Ayr Seaforth AC	17:07	98 Peter Maclean 50	14:38	63 Kenneth Neill 40	18:34	69 Ian Young 40	17:10	60 Simon Kirk 50
61	1:08:26	Newton Road Runners	16:41	87 Alastair Drummond 40	18:03	85 Corey Craig Sen	17:55	79 John Kelly 50	15:47	61 Callum Ferguson Sen
62	1:09:03	Pitreevie AAC	16:44	88 Neil Maclachlan Sen	16:09	74 Graeme Downie 50	16:46	64 James Squires 40	19:24	62 Tony Ewen Sen
63	1:09:08	PH Racing Club	18:01	110 Michael Lindsay 40	17:02	88 Graham McInnes 40	16:57	75 Alan McGowan 40	17:08	63 Scott Love 40
64	1:09:11	Bellahouston RR	17:47	106 Dean Dempsey Sen	17:29	91 James McGreevy 40	16:58	77 Alan Digweed 40	16:57	64 Jamie Robinson Sen
65	1:09:12	Musselburgh and District AC	16:48	89 Ronald Mason Sen	17:53	84 Graeme Nicholson 40	18:12	81 Andrew Scott 40	16:19	65 Adam Strang Sen
66	1:09:34	Edinburgh AC	15:40	73 Gordon Pryde 40	16:38	70 Iain Craven 40	17:51	68 Richard Clark 40	19:25	66 Keith Dunlop 40
67	1:10:37	Kilmarnock H&AC	17:16	100 Nicholas Carter Sen	15:43	75 Jamie Nix Sen	18:42	72 Murray McDonald Sen	18:56	67 James Wales Sen
68	1:10:47	Motherwell AC	17:00	93 Derek O'Neill 40	17:55	87 Alan Main Sen	18:15	82 Robert Pattinson 50	17:37	68 Lewis McLuskey U20
69	1:10:50	Glasgow University Hares and Hounds	18:35	113 Maximilian MacDonald Sen	17:16	94 Thomas Harris Sen	16:41	78 Andrew Blair Sen	18:18	69 Euan Marney Sen
70	1:11:05	Hunters Bog Trotters	15:40	73 Huw Jones 40	17:30	76 Coll Williamson Sen	20:36	84 Andre Antunes 40	17:19	70 Michael Grant Sen
71	1:11:17	Lothian RC	15:11	62 Alan Knowles 40	19:00	82 JONATHAN THOMSON 50	19:36	86 Harry Mulholland 60	17:30	71 Keith Mulraney 50
72	1:11:18	Falkirk Victoria Harriers	16:59	92 Grant Matheson 60	19:22	100 James Steel Sen	17:26	85 Gary Smith Sen	17:31	72 Andrew Ronald 50
73	1:11:30	Helensburgh AAC	16:56	91 Craig Binnie 40	19:27	101 Gordon King 60	15:46	76 Michael Sweeney 40	19:21	73 Steve Gunn 60
74	1:11:47	Law & District AAC	16:16	84 Bobby Wotherspoon 50	17:22	80 Bobby Hill Sen	18:21	74 Finn Milligan Sen	19:48	74 John O'Leary 40
75	1:12:08	Harmeny AC	17:58	107 David Alexander 50	17:07	89 Joe Melton 50	18:07	83 Kevin Kealy 40	18:56	75 Andrew Ross 50
76	1:12:54	Dumbarton AAC	15:29	66 Joshua Farrell Sen	19:25	86 John Mackenzie 40	19:08	87 Kieran McQuade Sen	18:52	76 Tom Butler Sen
77	1:13:00	Carnegie Harriers	17:20	103 Neil McLure 50	19:21	102 John Hynd 60	17:46	88 Kevin Davie 40	18:33	77 Nils Krichel Sen
78	13:19	Garscube Harriers	17:12	99 Kenneth MacMahon 50	20:03	104 Graeme Taylor 40	17:44	92 Daniel Burns Sen	18:20	78 John Murray 40
79	1:13:38	Greenock Glenpark Harriers	17:18	101 William Taylor Sen	20:21	106 Craig Hyslop 40	18:44	96 Campbell Cromar 60	17:15	79 Colin McKnight 40
80	1:14:19	Perth RR	15:51	76 Elliot Collins Sen	15:26	59 Kevin Riddell 40	20:39	73 Mike Dales 60	22:23	80 Alan Bothwell 60
81	1:15:13	Springburn Harriers	17:18	101 Nathan O'Neill 40	18:46	97 Paul Wilson 40	18:32	91 Stewart Robertson 40	20:37	81 Joe Chambers Sen
82	1:15:20	Law & District AAC	16:54	90 Richard Beattie 40	19:19	99 Mark Milligan 50	20:01	95 Jim Gillon 50	19:06	82 Martin Kay 40
83	1:15:42	Cambuslang Harriers	17:39	105 Mark Gallacher 40	18:15	95 William Fairley 50	20:33	97 David Wardrope 50	19:15	83 Iain Wallace 50
84	1:15:43	Clydesdale Harriers	14:22	42 Michael Miller Sen	17:28	64 Iain Robertson 40	20:51	80 Robert Young 70	23:02	84 Daniel Docherty U20
85	1:15:52	Airdrie Harriers	18:34	112 Steven Phillips 40	19:03	105 Brian Wilson 40	19:30	98 Jean-Yves Daniel 50	18:45	85 Stephen Purvis 50
86	1:16:47	Bellahouston Harriers	19:19	117 Graeme Campbell 50	20:48	111 Alastair Patience 50	20:27	101 Kenneth Scott 40	16:13	86 Matthew Brown Sen
87	1:17:01	Motherwell AC	17:30	104 Douglas Samson Sen	19:39	103 Brian McLinden 60	20:27	99 Peter Gallagher 50	19:25	87 Scott Dickson Sen
88	1:17:05	Linlithgow AC	18:00	109 Darren Dick 50	20:52	109 Innes Chalmers 50	16:15	94 Martin Hawksey 40	21:58	88 David Mumford 50
89	1:19:17	West End RR	16:03	82 Paul Gooding 40	17:30	79 Sven Mathier Sen	21:28	93 Paul Toland 40	24:16	89 Scott Mulheron 40
90	1:21:13	Garscube Harriers	19:29	118 Graeme Little 40	20:29	110 James Boyle 50	19:37	100 Athole Smith 60	21:38	90 Martin Egan 50
91	1:26:31	Garscube Harriers	21:03	123 Norman Baillie 70	21:15	114 Paul Collins 50	19:26	103 James McAneny 60	24:47	91 Stuart Irvine 70
92	1:28:46	Greenock Glenpark Harriers	22:04	124 Euan Morrison 40	24:30	115 Gerard Robertson 50	21:26	105 Stuart Crawford 50	20:46	92 Frank McMahon 70

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
		Corstorphine AAC	14:41	49 Sean McLaughlin Sen	16:19	57 Murdo Traill Sen	15:03	49 James Wiggins Sen		
		Falkirk Victoria Harriers	15:35	71 Michael Ross 40	16:20	68 Michael McQuaid 60	15:41	55 Colin Anderson 40		
		Edinburgh AC	15:31	67 Sam MacNeil Sen	16:03	62 John Mowbray Sen	16:18	56 Fraser McFadden Sen		
		Bellahouston RR	19:47	119 Kenny McDonald 50	17:53	107 Kenneth Crawford 50	16:54	90 Liam Conway 50		
		Fife AC	15:45	75 James Hall 40	16:08	66 Rory Sandilands 40	17:10	62 Andy Harley 40		
		Moray RR	15:38	72 Gary McKay Sen	17:47	77 John Devine Sen	17:11	71 Colin Green 50		
		Giffnock North AC	14:55	56 Euan O'Brien U20	17:42	72 Scott Kelman Sen	17:19	66 Rob Crusher 50		
		Garscube Harriers	15:22	64 Matthew MacDonald 40	15:32	56 Grant MacDonald 40	17:28	58 David Butterly 40		
		Kilmarnock H&AC	18:52	114 Scott Lyden Sen	17:17	98 Colin Glencorse 40	18:21	89 Mark Henderson Sen		
		Cambuslang Harriers	14:45	51 Theo Carter Sen	16:18	58 Callum Wright Sen	18:52	65 Kevin Farmer Sen		
		Greenock Glenpark Harriers	20:56	122 Gerry Gallacher 40	19:41	112 Derek Mitchell 50	20:48	102 Paul Meahan 50		
		Calderglen Harriers	20:54	121 George Ferguson 60	19:56	113 Kevin McPhillips 50	24:12	104 Russell Couper 50		
		Calderglen Harriers	15:52	77 Andrew Buchanan 40	20:05	96 Jim Mearns 50	34:49	106 Gordon McInally 50		
		Glasgow University Hares and Hounds	13:52	31 Dan De Luca U20	17:32	60 Barnaby Sharifi U20	18:39	67 Mark Irvine Sen		
		Kilbarchan AAC	13:55	34 Ewan McKerral Sen	15:09	36 Stuart Kerr Sen				
		Stirling University AC	15:00	59 Rhys Williams Sen	15:33	52 Fraser Morris Sen				
		Aberdeen AAC	13:50	29 Rory Muir Sen	15:39	44 Andrew Casey Sen				
		Central AC	16:14	83 Neil Ferrier Sen	16:35	73 Kevin Amos Sen				
		Bellahouston RR	17:00	93 Barry Edwards 40	17:19	83 David Ferguson 40				
		Strathclyde Univ Harriers	17:04	96 Alasdair Reid Sen	18:08	90 Mikolaj Siekierka Sen				
		Shettleston Harriers	16:33	85 Duncan McCauley 40	18:54	93 David Murphy 50				
		East Kilbride AC	19:16	116 Michael Carlin 40	19:25	108 Arthur Mulholland 60				
		Harmeny AC	14:53	54 Philip Holden 40	20:29	92 George Lupton 40				
		Clydesdale Harriers	26:00	125 Pete Cartwright 80+	26:26	116 Peter Rudzinski 70				
		Team East Lothian	12:33	4 Corey Campbell U20						
		East Sutherland AC	13:31	21 Finlay Murray Sen						
		Corstorphine AAC	15:24	65 Ross Milne 40						
		Edinburgh Univ Hare and Hounds	15:53	78 Milo Mergler U20						
		Inverclyde AC	17:06	97 Keir Arthur U20						
		VP-Glasgow AC	17:58	107 Arlo Tait U20						
		Musselburgh and District AC	18:19	111 Robert Henry 40						
		Portobello RC	19:06	115 William Jarvie 60						
		Bellahouston Harriers	20:28	120 Kevin Smith 60						