

This is a DRAFT Timetable for entry purposes only, a final timetable will be published on Friday 3rd May				
Track				
Event No	Time	Event	Age Group	Round
	10:00	110m Hurdles	Sen/U20/U18 Men Open	1
	10:05	100m Hurdles	U17 Men	1
	10:10	100m Hurdles	Se/U20/U18 Women Open	1
	10:20	80m Hurdles	U15 Boys	1
	10:25	80m Hurdles	U17 Women	1
	10:35	75m Hurdles	U15 Girls	1
	10:45	75m Hurdles	U13 Boys	1
	10:50	70m Hurdles	U13 Girls	1
	11:00	800m	U15 Girls	Timed Finals
	11:12	800m	U15 Boys	Timed Finals
	11:24	800m	U17 Women	1
	11:32	800m	U17 Men	1
	11:44	110m Hurdles	Sen/U20/U18 Men Open	2
	11:49	100m Hurdles	Sen/U20/U18 Women Open	2
	11:53	80m Hurdles	U17 Women	Final
	11:57	75m Hurdles	U15 Girls	Final
	12:05	70m Hurdles	U13 Girls	Final
	12:10	100m	U17 Women	1
	12:18	100m	U17 Men	1
	12:22	100m	U15 Boys	1
	12:34	100m	U15 Girls	1
	12:46	100m	U13 Girls	1
	12:58	100m	U13 Boys	1
LUNCH				
	13:40	100m	Frame Running/Wheelchair	1
	13:45	100m	Sen/U20/U18 Women Open	1
	14:05	100m	Sen/U20/U18 Men Open	1
	14:25	800m	U17 Women	Final
	14:29	800m	U17 Men	Final
	14:38	400m	Frame Running/Wheelchair	1
	14:45	400m	Sen/U20/U18 Women Open	1
	14:57	400m	Sen/U20/U18 Men Open	1
	15:10	400m	U17 Men	1
	15:18	300m	U17 Women	1
	15:20	300m	U15 Girls	1
	15:28	300m	U15 Boys	1
	15:38	100m	Frame Running/Wheelchair	2
	15:43	100m	Sen/U20/U18 Women Open	2
	15:51	100m	Sen/U20/U18 Men Open	2
	15:59	100m	U17 Women	Final
	16:03	100m	U17 Men	Final
	16:07	100m	U15 Girls	Final
	16:11	100m	U13 Girls	Final
	16:14	100m	U13 Boys	Final
	16:18	800m	U13 Girls	Timed Finals
	16:28	800m	U13 Boys	Timed Finals
	16:40	400m	Frame Running/Wheelchair	2
	16:50	400m	Sen/U20/U18 Men Open	2
	16:55	400m	Sen/U20/U18 Women Open	2
	17:00	400m	U17 Men	Final
	17:05	300m	U17 Women	Final
	17:10	300m	U15 Girls	Final
	17:15	300m	U15 Boys	Final

**If heats are not required FINALS will go at HEAT time.
Outdoor Open Sprint Events - the top 16 athletes by time will qualify for a second run.**

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Field				
Event No	Time	Event	Age Group	Info
	10:00	Discus	U17 Men / U17 Women	
	10:00	Long Jump	U13 Girls	
	10:00	Shot Put	U15 Girls / U13 Girls	
	11:30	Long Jump	Sen/U20/U18 Women Open	
	11:30	Pole Vault	Sen/U20/U18/U17 Women U15 Boys/Girls	SH 2m21 SH 2m06
	12:30	Long Jump	U13 Boys	
	13:00	High Jump	Sen/U20/U18 Men Open U17 Men	SH 1m57 SH 1m37
	13:00	Long Jump	U17 Women	
	14:00	Pole Vault	Sen/U20/U18/U17 Men	SH 3m10 SM SH 2m65 U20 SH 2m35 U17
	14:30	Long Jump	U15 Girls	
	14:30	Shot Put	U17 Men / U17 Women	
	14:30	High Jump	Sen/U20/U18 Women Open U17 Women	SH 1m37 SH 1m27
	15:30	Javelin	U17 Men / U17 Women	
	15:30	Shot Put	U13 Boys / U15 Boys	
	16:00	Long Jump	Sen/U20/U18 Men Open	
District Field Events: Min 2 warm up attempts; best 6 in each age group qualify for a further 3 attempts				
Outdoor Open Field Events: Min 2 Warm up attempts; best 6 qualify for a further 3 attempts				

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Track				
Event No.	Time	Event	Age Group	Round
	10:00	400m Hurdles	Sen/U20/U18 Men Open	1
	10:05	400m Hurdles	U17 Men	1
	10:10	400m Hurdles	Sen/U20/U18 Women Open	1
	10:15	300m Hurdles	U17 Women	1
	10:25	1500m	U17 Women	1
	10:39	1500m	U17 Men	1
	10:53	200m	U13 Boys	1
	11:01	200m	U13 Girls	1
	11:13	200m	U15 Boys	1
	11:21	200m	U15 Girls	1
	11:34	200m	U17 Men	1
	11:42	200m	U17 Women	1
	11:54	200m	Sen/U20/U18 Women Open	1
	12:14	200m	Sen/U20/U18 Men Open	1
	12:34	200m	Frame Running/Wheelchair	1
Lunch				
	13:20	400m Hurdles	Sen/U20/U18 Men Open	2
	13:25	400m Hurdles	Sen/U20/U18 Women Open	2
	13:35	1500m	U13 Girls	Timed Finals
	13:51	1500m	U13 Boys	Timed Finals
	14:09	1500m	U15 Girls	Timed Finals
	14:27	1500m	U15 Boys	Timed Finals
	14:45	1500m	U17 Women	Final
	14:52	1500m	U17 Men	Final
	15:00	200m	Frame Running/Wheelchair	2
	15:10	200m	U13 Girls	Final
	15:15	200m	U13 Boys	Final
	15:20	200m	U15 Girls	Final
	15:25	200m	U15 Boys	Final
	15:30	200m	U17 Women	Final
	15:35	200m	U17 Men	Final
	15:40	200m	Sen/U20/U18 Women Open	2
	15:50	200m	Sen/U20/U18 Men Open	2
If heats are not required FINALS will go at HEAT time. Outdoor Open Sprint Events - the top 16 athletes by time will qualify for a second run.				
Field				
Event No.	Time	Event	Age Group	
	10:00	Hammer	U17 Men / U17 Women U15 Boys / U15 Girls	
	10:00	Long Jump	U15 Boys	
	11:30	High Jump	U15 Girls / U15 Boys	SH 1m17
	11:30	Javelin	U13 Boys / U13 Girls	
	11:30	Long Jump	U17 Men	
	13:30	High Jump	U13 Boys / U13 Girls	SH 1m07
	13:30	Triple Jump	All ages	7m/9m
	13:30	Javelin	U15 Boys / U15 Girls	
	14:45	Discus	U13 Boys / U13 Girls U15 Boys / U15 Girls	
	14:45	Triple Jump	All ages	9m/11m/13m
District Field Events: Min 2 warm up attempts; best 6 in each age group qualify for a further 3 attempts				
Outdoor Open Field Events: Min 2 Warm up attempts; best 6 qualify for a further 3 attempts				