

**COMPETITION SCHEDULE
AS OF 29 JUN 2024**

START TIME	EVENT	PHASE	HEAT
11:30	Women's 400 m Hurdles	Heats	Batteria 1 di 3
11:37	Women's 400 m Hurdles	Heats	Batteria 2 di 3
11:44	Women's 400 m Hurdles	Heats	Batteria 3 di 3
11:57	Women's Javelin Throw	Final	
12:00	Men's 400 m Hurdles	Heats	Batteria 1 di 4
12:08	Men's 400 m Hurdles	Heats	Batteria 2 di 4
12:16	Men's 400 m Hurdles	Heats	Batteria 3 di 4
12:24	Men's 400 m Hurdles	Heats	Batteria 4 di 4
12:30	Women's 100 m	Heats	Batteria 1 di 6
12:37	Women's 100 m	Heats	Batteria 2 di 6
12:44	Women's 100 m	Heats	Batteria 3 di 6
12:51	Women's 100 m	Heats	Batteria 4 di 6
12:58	Women's 100 m	Heats	Batteria 5 di 6
13:05	Women's 100 m	Heats	Batteria 6 di 6
13:17	Men's Long Jump	Final	
13:20	Men's 100 m	Heats	Batteria 1 di 5
13:28	Men's 100 m	Heats	Batteria 2 di 5
13:36	Men's 100 m	Heats	Batteria 3 di 5
13:44	Men's 100 m	Heats	Batteria 4 di 5
13:52	Men's 100 m	Heats	Batteria 5 di 5
14:22	Men's High Jump	Final	
14:25	Men's 800 m	Heats	Batteria 1 di 3
14:33	Men's 800 m	Heats	Batteria 2 di 3
14:41	Men's 800 m	Heats	Batteria 3 di 3
14:52	Men's Discus Throw	Final	
14:55	Women's 800 m	Heats	Batteria 1 di 3
15:03	Women's 800 m	Heats	Batteria 2 di 3
15:11	Women's 800 m	Heats	Batteria 3 di 3
15:25	Women's 100 m Hurdles	Heats	Batteria 1 di 3
15:33	Women's 100 m Hurdles	Heats	Batteria 2 di 3
15:41	Women's 100 m Hurdles	Heats	Batteria 3 di 3
15:52	Women's Pole Vault	Final	
15:55	Women's 400 m	Heats	Batteria 1 di 4
16:03	Women's 400 m	Heats	Batteria 2 di 4
16:11	Women's 400 m	Heats	Batteria 3 di 4
16:19	Women's 400 m	Heats	Batteria 4 di 4
16:22	Women's Triple Jump	Final	
16:25	Men's 400 m	Heats	Batteria 1 di 4
16:33	Men's 400 m	Heats	Batteria 2 di 4
16:41	Men's 400 m	Heats	Batteria 3 di 4
16:49	Men's 400 m	Heats	Batteria 4 di 4
16:55	Women's 100 m Ambulant	First Round	
17:02	Women's 100 m	Semi-final	Semifinale 1 di 3
17:10	Women's 100 m	Semi-final	Semifinale 2 di 3
17:18	Women's 100 m	Semi-final	Semifinale 3 di 3
17:25	Men's 100 m Ambulant	First Round	SERIE UNICA
17:29	Women's Hammer Throw	Final	
17:32	Men's 100 m	Semi-final	Semifinale 1 di 3
17:40	Men's 100 m	Semi-final	Semifinale 2 di 3
17:48	Men's 100 m	Semi-final	Semifinale 3 di 3
17:55	Men's Shot Put	Final	
17:58	Women's 100 m Hurdles	Final	Finale
18:06	Men's 1500 m	Heats	Batteria 1 di 3
18:14	Men's 1500 m	Heats	Batteria 2 di 3
18:22	Men's 1500 m	Heats	Batteria 3 di 3
18:30	Women's 1500 m	Heats	Batteria 1 di 3
18:38	Women's 1500 m	Heats	Batteria 2 di 3
18:46	Women's 1500 m	Heats	Batteria 3 di 3



MICROPLUS UK ATHLETICS CHAMPIONSHIPS



COMPETITION SCHEDULE AS OF 29 JUN 2024

START TIME	EVENT	PHASE	HEAT
19:00	Women's 3000 m Steeplechase	Final	
19:18	Women's 5000 m	Final	
19:42	Women's 100 m Ambulant	Final	
19:48	Men's 100 m Ambulant	Final	
19:58	Women's 100 m	Final	Finale
20:08	Men's 100 m	Final	Finale

**COMPETITION SCHEDULE
AS OF 30 JUN 2024**

START TIME	EVENT	PHASE	HEAT
11:15	Men's 5000 m Walk	Final	
11:15	Men's 10000 m Walk	Final	
11:35	Men's Javelin Throw	Final	
12:10	Women's 5000 m Walk	Final	
12:42	Men's Triple Jump	Final	
12:45	Men's 110 m Hurdles	Heats	Batteria 1 di 3
12:51	Men's 110 m Hurdles	Heats	Batteria 2 di 3
12:57	Men's 110 m Hurdles	Heats	Batteria 3 di 3
13:12	Women's High Jump	Final	
13:15	Women's 200 m	Heats	Batteria 1 di 3
13:21	Women's 200 m	Heats	Batteria 2 di 3
13:27	Women's 200 m	Heats	Batteria 3 di 3
13:42	Women's Discus Throw	Final	
13:45	Men's 200 m	Heats	Batteria 1 di 4
13:51	Men's 200 m	Heats	Batteria 2 di 4
13:57	Men's 200 m	Heats	Batteria 3 di 4
14:03	Men's 200 m	Heats	Batteria 4 di 4
14:12	Men's Pole Vault	Final	
14:15	Men's 1500 m Ambulant	Final	
14:24	Women's 400 m Wheelchair	Final	
14:31	Men's 3000 m Steeplechase	Final	
14:42	Women's Long Jump	Final	
14:45	Men's 5000 m	Final	
15:10	Men's 110 m Hurdles	Final	Finale
15:20	Women's 400 m Hurdles	Final	Finale
15:30	Men's 400 m Hurdles	Final	Finale
15:41	Men's Hammer Throw	Final	
15:45	Men's 200 m	Final	Finale
15:52	Women's Shot Put	Final	
15:55	Women's 200 m	Final	Finale
16:05	Women's 400 m	Final	Finale
16:15	Women's 800 m	Final	Finale
16:25	Men's 400 m	Final	Finale
16:35	Men's 800 m	Final	Finale
16:45	Women's 1500 m	Final	Finale
16:55	Men's 1500 m	Final	Finale



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m Hurdles - Heats

Heat 1 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	50.68	MCLAUGHLIN Sydney	1999	USA	EUGENE			22 JUL 2022	
ER	51.45	BOL Femke	2000	NED	LONDON			23 JUL 2023	
CR	54.36	SHAKES-DRAYTON Perri		GBR	BIRMINGHAM			14 JUL 2013	
NR	52.74	GUNNELL Sally	1966	GBR	STUTT GART			19 AUG 1993	
SR	54.83	TURNER Jess		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 11:35

1	232	NIELSEN Lina	GBR	28	Shaftesbury Barnet Harrie	1	0.189	56.63	Q
2	102	ELLISS Sophie	GBR	25	Blackheath & Bromley Harr	2	0.211	58.87	Q
3	48	BRENNAN Orla	GBR	22	Windsor Slough Eton & Hou	6	0.164	59.26	q
4	43	BONNETT Emily	GBR	36	Yeovil Olympiads AC	3	0.195	1:00.32	
5	329	WILLIS Meg	GBR	20	City of Norwich	5	0.159	1:00.98	PB
6	302	ULVEDE Hanna	GBR	20	City of Plymouth	7	0.170	1:01.77	
7	196	MACKINTOSH Katie	GBR	23	Newark AC	8	0.284	1:02.44	

NOT RANKED

261	ROBINSON Louise	GBR	23	Birchfield Harriers	4			DNF	
-----	-----------------	-----	----	---------------------	---	--	--	------------	--

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:11:30

Temperature:+15°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0440301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m Hurdles - Heats

Heat 2 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	50.68	MCLAUGHLIN Sydney	1999	USA	EUGENE			22 JUL 2022	
ER	51.45	BOL Femke	2000	NED	LONDON			23 JUL 2023	
CR	54.36	SHAKES-DRAYTON Perri		GBR	BIRMINGHAM			14 JUL 2013	
NR	52.74	GUNNELL Sally	1966	GBR	STUTT GART			19 AUG 1993	
SR	54.83	TURNER Jess		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 11:43

1	137	HAYE-SMITH Yanique	GBR	34	Birchfield Harriers	8	0.188	56.91	Q	PB
2	289	TAPPIN Jessica	GBR	34	Thames Valley Harries	2	0.176	57.48	Q	SB
3	208	MCLEAN Hayley	GBR	29	Shaftesbury Barnet Harrie	4	0.191	57.99	q	
4	330	WILSON Arabella	GBR	17	Winchester & District AC	6	0.167	1:00.06		
5	50	BRIGGS-GOODE Amelia	GBR	20	Notts AC	3	0.162	1:00.10		
6	143	HILL Alexandra	GBR	30	Blackheath & Bromley Harr	5	0.160	1:00.18		SB
7	109	FISHER Stephanie	GBR	24	Harrow AC	7	0.168	1:02.83		
8	86	DESAI Nisha	GBR	39	Morpeth Harriers & AC	1	0.212	1:03.95		

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:11:41

Temperature:+15°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0440301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m Hurdles - Heats

Heat 3 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	50.68	MCLAUGHLIN Sydney	1999	USA	EUGENE			22 JUL 2022	
ER	51.45	BOL Femke	2000	NED	LONDON			23 JUL 2023	
CR	54.36	SHAKES-DRAYTON Perri		GBR	BIRMINGHAM			14 JUL 2013	
NR	52.74	GUNNELL Sally	1966	GBR	STUTT GART			19 AUG 1993	
SR	54.83	TURNER Jess		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 11:49

1	181	KNIGHT Jessie	GBR	30	Windsor Slough Eton & Hou	1	0.168	55.68	Q
2	309	WALKER Chelsea	GBR	27	City of York AC	7	0.161	58.99	Q
3	241	OKORO Ese	GBR	33	Birchfield Harriers	3	0.158	1:00.87	
4	193	LSK Sophie	GBR	18	Cardiff Archers	6	0.168	1:01.81	PB
5	69	CLARKE Dijana	GBR	22	Harrow AC	2	0.264	1:02.27	
6	125	GRENFELL Louise	GBR	18	Herts Phoenix AC	4	0.187	1:02.50	
7	67	CLARK Chay	GBR	27	Chelmsford AC	8	0.183	1:03.33	
8	21	AUSTRIDGE Zoe	GBR	21	Blackheath & Bromley Harr	5	0.150	1:05.69	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:11:48

Temperature:+15°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0440301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	50.68	MCLAUGHLIN Sydney	1999	USA	EUGENE				22 JUL 2022	
ER	51.45	BOL Femke	2000	NED	LONDON				23 JUL 2023	
CR	54.36	SHAKES-DRAYTON Perri		GBR	BIRMINGHAM				14 JUL 2013	
NR	52.74	GUNNELL Sally	1966	GBR	STUTT GART				19 AUG 1993	
SR	54.83	TURNER Jess		GBR	MANCHESTER				26 JUN 2021	
1	181	KNIGHT Jessie	GBR	30	Windsor Slough Eton & Hou	3	1	1	55.68	Q
2	232	NIELSEN Lina	GBR	28	Shaftesbury Barnet Harrie	1	1	1	56.63	Q
3	137	HAYE-SMITH Yanique	GBR	34	Birchfield Harriers	2	8	1	56.91	Q PB
4	289	TAPPIN Jessica	GBR	34	Thames Valley Harries	2	2	2	57.48	Q SB
5	208	MCLEAN Hayley	GBR	29	Shaftesbury Barnet Harrie	2	4	3	57.99	q
6	102	ELLISS Sophie	GBR	25	Blackheath & Bromley Harr	1	2	2	58.87	Q
7	309	WALKER Chelsea	GBR	27	City of York AC	3	7	2	58.99	Q
8	48	BRENNAN Orla	GBR	22	Windsor Slough Eton & Hou	1	6	3	59.26	q
9	330	WILSON Arabella	GBR	17	Winchester & District AC	2	6	4	1:00.06	
10	50	BRIGGS-GOODIE Amelia	GBR	20	Notts AC	2	3	5	1:00.10	
11	143	HILL Alexandra	GBR	30	Blackheath & Bromley Harr	2	5	6	1:00.18	SB
12	43	BONNETT Emily	GBR	36	Yeovil Olympiads AC	1	3	4	1:00.32	
13	241	OKORO Ese	GBR	33	Birchfield Harriers	3	3	3	1:00.87	
14	329	WILLIS Meg	GBR	20	City of Norwich	1	5	5	1:00.98	PB
15	302	ULVEDE Hanna	GBR	20	City of Plymouth	1	7	6	1:01.77	
16	193	LISK Sophie	GBR	18	Cardiff Archers	3	6	4	1:01.81	PB
17	69	CLARKE Dijana	GBR	22	Harrow AC	3	2	5	1:02.27	
18	196	MACKINTOSH Katie	GBR	23	Newark AC	1	8	7	1:02.44	
19	125	GRENFELL Louise	GBR	18	Herts Phoenix AC	3	4	6	1:02.50	
20	109	FISHER Stephanie	GBR	24	Harrow AC	2	7	7	1:02.83	
21	67	CLARK Chay	GBR	27	Chelmsford AC	3	8	7	1:03.33	
22	86	DESAI Nisha	GBR	39	Morpeth Harriers & AC	2	1	8	1:03.95	
23	21	AUSTRIDGE Zoe	GBR	21	Blackheath & Bromley Harr	3	5	8	1:05.69	

NOT RANKED

261	ROBINSON Louise	GBR	23	Birchfield Harriers	1	4		DNF	
-----	-----------------	-----	----	---------------------	---	---	--	------------	--

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0440300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m Hurdles - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	50.68	MCLAUGHLIN Sydney	1999	USA	EUGENE				22 JUL 2022	
ER	51.45	BOL Femke	2000	NED	LONDON				23 JUL 2023	
CR	54.36	SHAKES-DRAYTON Perri		GBR	BIRMINGHAM				14 JUL 2013	
NR	52.74	GUNNELL Sally	1966	GBR	STUTT GART				19 AUG 1993	
SR	54.83	TURNER Jess		GBR	MANCHESTER				26 JUN 2021	
1	181	KNIGHT Jessie	GBR	30	Windsor Slough Eton & Hou	3	1	1	55.68	Q
2	232	NIELSEN Lina	GBR	28	Shaftesbury Barnet Harrie	1	1	1	56.63	Q
3	137	HAYE-SMITH Yanique	GBR	34	Birchfield Harriers	2	8	1	56.91	Q PB
4	289	TAPPIN Jessica	GBR	34	Thames Valley Harries	2	2	2	57.48	Q SB
6	102	ELLISS Sophie	GBR	25	Blackheath & Bromley Harr	1	2	2	58.87	Q
7	309	WALKER Chelsea	GBR	27	City of York AC	3	7	2	58.99	Q
5	208	MCLEAN Hayley	GBR	29	Shaftesbury Barnet Harrie	2	4	3	57.99	q
8	48	BRENNAN Orla	GBR	22	Windsor Slough Eton & Hou	1	6	3	59.26	q

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0440300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	MARK	POINTS
------	-----	----------------	-----	-----	------	------	--------

WR	72.28	SPOTAKOVA Barbora	1981	CZE	STUTTGART	13 SEP 2008
ER	72.28	SPOTAKOVA Barbora	1981	CZE	STUTTGART	13 SEP 2008
CR	64.87	MORGAN Kelly		GBR	BIRMINGHAM	14 JUL 2002
NR	66.17	SAYERS Goldie	1982	GBR	LONDON	14 JUL 2012
SR	63.02	SAYERS Goldie		GBR	MANCHESTER	28 JUL 2007

As of 20/02/2024 at 13:19

1	317	WALTON Bekah	GBR	24	Loughborough Students AC	54.11
2	169	JONES Freya	GBR	30	Newham & Essex Beagles AC	51.97
3	84	DE KREMER Sarah-Anne	GBR	33	Leamington Cycling and At	47.70
4	168	JONES Ayesha	GBR	17	Marshall Milton Keynes AC	47.16
5	219	MORTLOCK Harriette	GBR	20	Basildon AC	46.92
6	192	LEWINGTON Hannah	GBR	18	Windsor Slough Eton & Hou	45.39
7	318	WATERS Erin	GBR	20	Thames Valley Harries	43.85
8	266	RUSSELL Dawn	GBR	19	Kilbarchan AAC	43.69
9	167	JOHNSON-THOMSON K.	GBR	31	Liverpool Harriers & AC	42.38
10	333	WITHEAT Freya	GBR	20	Windsor Slough Eton & Hou	38.27
11	14	ARNOLD Hollie	GBR	30	Blackheath & Bromley Harr F46	38.24
12	188	LARSEN Jasmine	GBR	19	Southampton AC	35.55

Starting order	1	2	3	4	5	6	7	8	9	10	11	12			
Initial	14	317	169	266	192	168	333	318	188	84	167	219			
4th and 5th attempts	318	266	219	84	192	168	169	317							
6th attempt	266	318	192	168	84	219	169	317							

Details:

Start time:11:57

Finish Time:13:15

Temperature:+16°C

Temperature:+16°C

Humidity:80%

Humidity:81%

As of 20/02/2024 at 13:19

RANK	BIB	SURNAME & NAME	NAT	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
		CLUB	AGE									
11	14	ARNOLD Hollie	GBR	1	32.50	34.19	35.74	X	38.24	36.09	38.24	
		Blackheath & Bromley Harr F46	30									
1	317	WALTON Bekah	GBR	2	53.05	54.11	X	51.55	X	50.61	54.11	
		Loughborough Students AC	24									
2	169	JONES Freya	GBR	3	X	51.97	50.89	X	50.43	49.39	51.97	
		Newham & Essex Beagles AC	30									
8	266	RUSSELL Dawn	GBR	4	41.49	43.69	39.81	X	43.27	38.06	43.69	
		Kilbarchan AAC	19									
6	192	LEWINGTON Hannah	GBR	5	45.39	41.75	40.23	42.75	41.19	40.97	45.39	
		Windsor Slough Eton & Hou	18									
4	168	JONES Ayesha	GBR	6	46.43	46.55	45.03	43.74	45.58	47.16	47.16	
		Marshall Milton Keynes AC	17									
10	333	WITHEAT Freya	GBR	7	38.27	36.08	36.72				38.27	
		Windsor Slough Eton & Hou	20									
7	318	WATERS Erin	GBR	8	42.56	41.90	42.25	43.85	40.03	X	43.85	
		Thames Valley Harries	20									
12	188	LARSEN Jasmine	GBR	9	32.65	34.97	35.55				35.55	
		Southampton AC	19									

Legend

- = Did Not Attempt
 DNS = Did Not Start
 NM = No Mark
 X = Failed

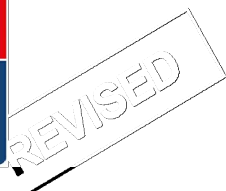
DNF = Did Not Finish
 DQ = Disqualified
 ORD = Order

Manchester Regional Arena, June 29 - June 30 2024

ATW0530601_73R

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m Hurdles - Heats

Heat 1 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	45.94	WARHOLM Karsten	1996	NOR	TOKYO	03 AUG 2021
ER	45.94	WARHOLM Karsten	1996	NOR	TOKYO	03 AUG 2021
CR	48.58	MOSES Edwin	1955	USA	LONDON	14 JUL 1979
NR	47.82	AKABUSI Kriss		GBR	BARCELONA	06 AUG 1992
SR	49.21	CHALMERS Alastair		GBR	MANCHESTER	25 JUN 2022

As of 29/06/2024 at 12:04

1	186	KNIBBS Alex	GBR	25	Amber Valley & Erewash AC	8	0.154	49.87	Q
2	117	FAULDS Joshua	GBR	24	Rugby & Northants AC	7	0.210	50.22	q
3	218	MINSHULL Jake	GBR	19	Coventry Godiva Harriers	2	0.148	51.06	q
4	298	SEERY George	GBR	20	Blackheath & Bromley Harr	3	0.152	52.22	
5	123	FRANCIS Bradley	GBR	20	Glasgow Jaguars	4	0.172	52.85	PB
6	330	WATSON Tobie	GBR	21	Birchfield Harriers	5	0.161	53.51	
7	152	HENDERSON Connor	GBR	31	Kilbarchan AAC	1	0.184	54.45	
8	198	LOCKWOOD Piers	GBR	21	Lewes AC	6	0.156	54.93	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:12:04

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0440301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m Hurdles - Heats Heat 2 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	45.94	WARHOLM Karsten	1996	NOR	TOKYO			03 AUG 2021	
ER	45.94	WARHOLM Karsten	1996	NOR	TOKYO			03 AUG 2021	
CR	48.58	MOSES Edwin	1955	USA	LONDON			14 JUL 1979	
NR	47.82	AKABUSI Kriss		GBR	BARCELONA			06 AUG 1992	
SR	49.21	CHALMERS Alastair		GBR	MANCHESTER			25 JUN 2022	

As of 29/06/2024 at 12:40

1	100	DONOVAN Tyri	GBR	25	Windsor Slough Eton & Hou	4	0.132	50.53	Q
2	309	STICKINGS Bailey	GBR	25	Blackheath & Bromley Harr	8	0.170	51.38	
3	256	PARKER Oliver	GBR	18	Rugby & Northampton AC	2	0.155	52.06	
4	295	SCHOFIELD Benjamin	GBR	24	Gateshead Harriers & AC	3	0.180	52.83	
5	127	GARRETT Steve	GBR	35	Shaftesbury Barnet Harrie	6	0.189	54.06	
6	6	AJUBE Andrew	GBR	32	Thames Valley Harries	7	0.159	54.08	SB

NOT RANKED

26	BARTON Harry	GBR	20	Wells City	5		DQ	22.6.1
----	--------------	-----	----	------------	---	--	----	--------

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:	Start time:12:08	Temperature:+16°C	Humidity:80%
----------	------------------	-------------------	--------------

Legend

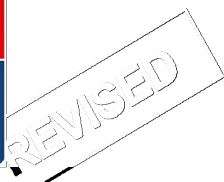
DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0440301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m Hurdles - Heats

Heat 3 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	45.94	WARHOLM Karsten	1996	NOR	TOKYO	03 AUG 2021
ER	45.94	WARHOLM Karsten	1996	NOR	TOKYO	03 AUG 2021
CR	48.58	MOSES Edwin	1955	USA	LONDON	14 JUL 1979
NR	47.82	AKABUSI Kriss		GBR	BARCELONA	06 AUG 1992
SR	49.21	CHALMERS Alastair		GBR	MANCHESTER	25 JUN 2022

As of 29/06/2024 at 12:18

1	56	CHALMERS Alastair	GBR	24	Guernsey AC	6	0.153	50.51	Q
2	199	LUNT Sam	GBR	18	Wirral AC	2	0.140	51.32	
3	244	OKOH Onyeka	GBR	19	Chelmsford AC	5	0.138	52.02	SB
4	153	HERON Ben	GBR	18	North Ayrshire AC	7	0.178	52.65	
5	137	GREENHALGH James	GBR	26	City of Sheffield & Dearn	3	0.177	54.42	
6	162	HOUGHTON Jack	GBR	24	Swansea Harriers	4	0.153	55.48	

NOT RANKED

206	MCALISTER Chris	GBR	28	Thames Valley Harries	8	DNS
-----	-----------------	-----	----	-----------------------	---	-----

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:	Start time:12:14	Temperature:+16°C	Humidity:80%
----------	------------------	-------------------	--------------

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0440301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m Hurdles - Heats Heat 4 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	45.94	WARHOLM Karsten	1996	NOR	TOKYO			03 AUG 2021	
ER	45.94	WARHOLM Karsten	1996	NOR	TOKYO			03 AUG 2021	
CR	48.58	MOSES Edwin	1955	USA	LONDON			14 JUL 1979	
NR	47.82	AKABUSI Kriss		GBR	BARCELONA			06 AUG 1992	
SR	49.21	CHALMERS Alastair		GBR	MANCHESTER			25 JUN 2022	

As of 29/06/2024 at 12:25

1	246	OKORO Efekemo	GBR	32	Birchfield Harriers	4	0.159	49.24	Q	PB
2	292	SADDLER II Craig	GBR	22	Shaftesbury Barnet Harrie	5	0.152	50.79	q	
3	261	PAUL Jacob	GBR	29	Windsor Slough Eton & Hou	2	0.164	50.89	q	SB
4	64	CLARKE Samuel	GBR	24	Cambridge & Coleridge AC	8	0.187	52.20		
5	296	SCHOPP Max	GBR	27	Harrow AC	6	0.153	53.78		SB
6	241	OGUNLADE Isaac	GBR	32	Haverling AC	1	0.158	55.78		
7	190	LAWS Edward	GBR	20	Stevenage & North Herts A	3	0.180	56.99		

NOT RANKED

102	DRONFIELD Luke	GBR	19	Blackheath & Bromley Harr	7		DQ	22.6.1		
-----	----------------	-----	----	---------------------------	---	--	-----------	--------	--	--

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:12:20

Temperature:+16°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0440301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m Hurdles - Heats



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	45.94	WARHOLM Karsten	1996	NOR	TOKYO				03 AUG 2021	
ER	45.94	WARHOLM Karsten	1996	NOR	TOKYO				03 AUG 2021	
CR	48.58	MOSES Edwin	1955	USA	LONDON				14 JUL 1979	
NR	47.82	AKABUSI Kriss		GBR	BARCELONA				06 AUG 1992	
SR	49.21	CHALMERS Alastair		GBR	MANCHESTER				25 JUN 2022	
1	246	OKORO Efekeemo	GBR	32	Birchfield Harriers	4	4	1	49.24	Q PB
2	186	KNIBBS Alex	GBR	25	Amber Valley & Erewash AC	1	8	1	49.87	Q
3	117	FAULDS Joshua	GBR	24	Rugby & Northants AC	1	7	2	50.22	q
4	56	CHALMERS Alastair	GBR	24	Guernsey AC	3	6	1	50.51	Q
5	100	DONOVAN Tyri	GBR	25	Windsor Slough Eton & Hou	2	4	1	50.53	Q
6	292	SADDLER II Craig	GBR	22	Shaftesbury Barnet Harrie	4	5	2	50.79	q
7	261	PAUL Jacob	GBR	29	Windsor Slough Eton & Hou	4	2	3	50.89	q SB
8	218	MINSHULL Jake	GBR	19	Coventry Godiva Harriers	1	2	3	51.06	q
9	199	LUNT Sam	GBR	18	Wirral AC	3	2	2	51.32	
10	309	STICKINGS Bailey	GBR	25	Blackheath & Bromley Harr	2	8	2	51.38	
11	244	OKOH Onyeka	GBR	19	Chelmsford AC	3	5	3	52.02	SB
12	256	PARKER Oliver	GBR	18	Rugby & Northampton AC	2	2	3	52.06	
13	64	CLARKE Samuel	GBR	24	Cambridge & Coleridge AC	4	8	4	52.20	
14	298	SEERY George	GBR	20	Blackheath & Bromley Harr	1	3	4	52.22	
15	153	HERON Ben	GBR	18	North Ayrshire AC	3	7	4	52.65	
16	295	SCHOFIELD Benjamin	GBR	24	Gateshead Harriers & AC	2	3	4	52.83	
17	123	FRANCIS Bradley	GBR	20	Glasgow Jaguars	1	4	5	52.85	PB
18	330	WATSON Tobie	GBR	21	Birchfield Harriers	1	5	6	53.51	
19	296	SCHOPP Max	GBR	27	Harrow AC	4	6	5	53.78	SB
20	127	GARRETT Steve	GBR	35	Shaftesbury Barnet Harrie	2	6	5	54.06	
21	6	AJUBE Andrew	GBR	32	Thames Valley Harries	2	7	6	54.08	SB
22	137	GREENHALGH James	GBR	26	City of Sheffield & Dearn	3	3	5	54.42	
23	152	HENDERSON Connor	GBR	31	Kilbarchan AAC	1	1	7	54.45	
24	198	LOCKWOOD Pyers	GBR	21	Lewes AC	1	6	8	54.93	
25	162	HOUGHTON Jack	GBR	24	Swansea Harriers	3	4	6	55.48	
26	241	OGUNLADE Isaac	GBR	32	Haverling AC	4	1	6	55.78	
27	190	LAWS Edward	GBR	20	Stevenage & North Herts A	4	3	7	56.99	

NOT RANKED

206	MCALISTER Chris	GBR	28	Thames Valley Harries	3	8		DNS	
26	BARTON Harry	GBR	20	Wells City	2	5	4	DQ	22.6.1
102	DRONFIELD Luke	GBR	19	Blackheath & Bromley Harr	4	7		DQ	22.6.1

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0440300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	45.94	WARHOLM Karsten	1996	NOR	TOKYO				03 AUG 2021	
ER	45.94	WARHOLM Karsten	1996	NOR	TOKYO				03 AUG 2021	
CR	48.58	MOSES Edwin	1955	USA	LONDON				14 JUL 1979	
NR	47.82	AKABUSI Kriss		GBR	BARCELONA				06 AUG 1992	
SR	49.21	CHALMERS Alastair		GBR	MANCHESTER				25 JUN 2022	
1	246	OKORO Efeke	GBR	32	Birchfield Harriers	4	4	1	49.24	Q PB
2	186	KNIBBS Alex	GBR	25	Amber Valley & Erewash AC	1	8	1	49.87	Q
4	56	CHALMERS Alastair	GBR	24	Guernsey AC	3	6	1	50.51	Q
5	100	DONOVAN Tyri	GBR	25	Windsor Slough Eton & Hou	2	4	1	50.53	Q
3	117	FAULDS Joshua	GBR	24	Rugby & Northants AC	1	7	2	50.22	q
6	292	SADDLER II Craig	GBR	22	Shaftesbury Barnet Harrie	4	5	2	50.79	q
7	261	PAUL Jacob	GBR	29	Windsor Slough Eton & Hou	4	2	3	50.89	q SB
8	218	MINSHULL Jake	GBR	19	Coventry Godiva Harriers	1	2	3	51.06	q

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0440300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Heats
Heat 1 of 6



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 12:50

(Wind: +0.9 m/s)

1	259	REGIS Renee	GBR	18	Shaftesbury Barnet Harrie	8	0.155	11.51	q	
2	183	KUYPERS Darcey	GBR	25	Blackheath & Bromley Harr	7	0.154	11.61	q	PB
3	215	MODESTE Elise	GBR	23	Enfield & Haringey AC	4	0.129	11.73	q	SB
4	299	TURNER Ellie	GBR	24	Medway & Maidstone AC	2	0.147	11.85		SB
5	124	GRACE Serena	GBR	21	Windsor Slough Eton & Hou	3	0.139	11.93		
6	277	SLATER Kaya	GBR	18	Reading AC	5	0.150	11.95		PB
7	75	COX Tiffany	GBR	25	Abingdon Athletics	6	0.139	12.01		SB

Qualification: 16 fastest (q) to Semi-final

Details:

Start time:12:35

Temperature:+16°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Heats
Heat 2 of 6



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 12:46

(Wind: +0.8 m/s)

1	209	MENSAH Kissiwa	GBR	18	Chelmsford AC	1	0.141	11.58	q	PB
2	226	NELSON Ashleigh	GBR	33	City of Stoke AC	4	0.134	11.59	q	SB
3	334	WRIGHT Eve	GBR	21	Shaftesbury Barnet Harrie	2	0.122	11.63	q	SB
4	119	GALPIN Abi	GBR	23	Guernsey AC	7	0.155	11.83	q	SB
5	180	KING Saskia	GBR	19	Blackheath & Bromley Harr	6	0.137	11.84	q	PB
6	79	DATEY Gwendoline	GBR	20	Woodford Green & Essex La	8	0.157	11.85		PB
7	36	BEVAN Charlotte	GBR	24	Glasgow Jaguars	5	0.145	12.13		
8	64	CHAPMAN Katie	GBR	20	Cardiff AC	3	0.150	12.31		

Qualification: 16 fastest (q) to Semi-final

Details:

Start time:12:38

Temperature:+16°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Heats
Heat 3 of 6



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 12:49

(Wind: +1.3 m/s)

1	105	EZE Joy	GBR	20	Gateshead Harriers & AC	4	0.144	11.57	q
2	70	CLAYTON Niya	GBR	18	Birchfield Harriers	2	0.145	11.86	
2	216	MONEKE Omaserichi	GBR	18	Watford Harriers	5	0.147	11.86	
4	149	HONEY Annabelle	GBR	18	Aldershot Farnham & Distr	3	0.144	11.87	PB
5	267	SAUNDERS Tammy	GBR	28	Wolverhampton and Bilston	6	0.164	12.12	
6	53	BROWN Aaliyah	GBR	19	Blackheath & Bromley Harr	8	0.161	12.13	
7	116	FOWLER Olivia	GBR	20	Crewe and Nantwich AC	7	0.195	12.14	

Qualification: 16 fastest (q) to Semi-final

Details:

Start time:12:38

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Heats
Heat 4 of 6



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 12:54

(Wind: +0.9 m/s)

1	324	WILKINS Jasmine	GBR	19	Bedford & County AC	5	0.123	11.56 q	PB
2	251	PERRUZZA-POWELL Trinity	GBR	22	Manchester Harriers & AC	8	0.142	11.68 q	SB
3	121	GARLAND Lois	GBR	22	Glasgow Jaguars	6	0.154	11.85	PB
4	287	TALLON Lucy	GBR	18	Tonbridge AC	3	0.145	11.92	PB
5	117	FRASER Lucy	GBR	20	Victoria Park City Of Gla	2	0.165	12.09	
6	252	PERRY Rebecca	GBR	33	City of York AC	7	0.190	12.13	
7	89	DOCKERTY Freya	GBR	18	Sale Harrier Manchester	4	0.135	12.16	PB

Qualification: 16 fastest (q) to Semi-final

Details:

Start time:12:53

Temperature:+16°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

4





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Heats
Heat 5 of 6



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 13:02

(Wind: +0.8 m/s)

1	99	EDUWU Jennifer	GBR	20	Blackheath & Bromley Harr	8	0.108	11.59 q PB	
2	8	AMA-AWUAH Kristal	GBR	24	Herne Hill Harriers	7	0.134	11.64 q	
3	224	MURPHY Lily	GBR	18	East Cheshire	5	0.137	11.94	
4	112	FOLORUNSO Susan	GBR	20	Gateshead Harriers & AC	3	0.171	12.01	
5	322	WHAPPLES Madeleine	GBR	21	Solihull & Small Heath At	4	0.176	12.04	
6	292	THOMAS-WRIGHT Scarlet	GBR	19	Invicta East Kent AC	2	0.204	12.17	
7	138	HAYES Olivia	GBR	17	Exeter Harriers	6	0.147	12.20	

Qualification: 16 fastest (q) to Semi-final

Details:

Start time:13:01

Temperature:+16°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Heats
Heat 6 of 6



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 13:08

(Wind: +1.0 m/s)

1	335	WRIGHT-TAIPOW Shiloh	GBR	19	Harrow AC	8	0.129	11.62	q	
2	16	ASHMEADE Leonie	GBR	23	City of Sheffield & Dearn	5	0.145	11.63	q	SB
3	310	WALKER Diani	GBR	28	Birchfield Harriers	4	0.141	11.82	q	SB
4	294	THOMPSON Torema	GBR	34	Enfield & Haringey AC	6	0.142	11.89		
5	172	KAUR Navneet	GBR	22	Windsor Slough Eton & Hou	7	0.189	12.03		
6	40	BLAKEY Lauren	GBR	22	Derby AC	3	0.253	12.04		
7	38	BLACKWOOD Serena	GBR	19	Cambridge & Coleridge AC	2	0.186	12.26		

Qualification: 16 fastest (q) to Semi-final

Details:

Start time:13:04

Temperature:+16°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

6



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS				16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST				19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA				29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
1	259	REGIS Renee	GBR	18	Shaftesbury Barnet Harrie	1	8	1	11.51	q
2	324	WILKINS Jasmine	GBR	19	Bedford & County AC	4	5	1	11.56	q PB
3	105	EZE Joy	GBR	20	Gateshead Harriers & AC	3	4	1	11.57	q
4	209	MENSAH Kissiwa	GBR	18	Chelmsford AC	2	1	1	11.58	q PB
5	99	EDUWU Jennifer	GBR	20	Blackheath & Bromley Harr	5	8	1	11.59	q PB
6	226	NELSON Ashleigh	GBR	33	City of Stoke AC	2	4	2	11.59	q SB
7	183	KUYBERS Darcey	GBR	25	Blackheath & Bromley Harr	1	7	2	11.61	q PB
8	335	WRIGHT-TAIPOW Shiloh	GBR	19	Harrow AC	6	8	1	11.62	q
9	16	ASHMEADE Leonie	GBR	23	City of Sheffield & Dearn	6	5	2	11.63	q SB
10	334	WRIGHT Eve	GBR	21	Shaftesbury Barnet Harrie	2	2	3	11.63	q SB
11	8	AMA-AWUAH Kristal	GBR	24	Herne Hill Harriers	5	7	2	11.64	q
12	251	PERRUZZA-POWELL Trinity	GBR	22	Manchester Harriers & AC	4	8	2	11.68	q SB
13	215	MODESTE Elise	GBR	23	Enfield & Haringey AC	1	4	3	11.73	q SB
14	310	WALKER Diani	GBR	28	Birchfield Harriers	6	4	3	11.82	q SB
15	119	GALPIN Abi	GBR	23	Guernsey AC	2	7	4	11.83	q SB
16	180	KING Saskia	GBR	19	Blackheath & Bromley Harr	2	6	5	11.84	q PB
17	121	GARLAND Lois	GBR	22	Glasgow Jaguars	4	6	3	11.85	PB
18	79	DATEY Gwendoline	GBR	20	Woodford Green & Essex La	2	8	6	11.85	PB
19	299	TURNER Ellie	GBR	24	Medway & Maidstone AC	1	2	4	11.85	SB
20	70	CLAYTON Niya	GBR	18	Birchfield Harriers	3	2	2	11.86	
20	216	MONEKE Omaserichi	GBR	18	Watford Harriers	3	5	2	11.86	
22	149	HONEY Annabelle	GBR	18	Aldershot Farnham & Distr	3	3	4	11.87	PB
23	294	THOMPSON Torema	GBR	34	Enfield & Haringey AC	6	6	4	11.89	
24	287	TALLON Lucy	GBR	18	Tonbridge AC	4	3	4	11.92	PB
25	124	GRACE Serena	GBR	21	Windsor Slough Eton & Hou	1	3	5	11.93	
26	224	MURPHY Lily	GBR	18	East Cheshire	5	5	3	11.94	
27	277	SLATER Kaya	GBR	18	Reading AC	1	5	6	11.95	PB
28	75	COX Tiffany	GBR	25	Abingdon Athletics	1	6	7	12.01	SB
29	112	FOLORUNSO Susan	GBR	20	Gateshead Harriers & AC	5	3	4	12.01	
30	172	KAUR Navneet	GBR	22	Windsor Slough Eton & Hou	6	7	5	12.03	
31	322	WHAPPLES Madeleine	GBR	21	Solihull & Small Heath At	5	4	5	12.04	
32	40	BLAKEY Lauren	GBR	22	Derby AC	6	3	6	12.04	
33	117	FRASER Lucy	GBR	20	Victoria Park City Of Gla	4	2	5	12.09	
34	267	SAUNDERS Tammy	GBR	28	Wolverhampton and Bilston	3	6	5	12.12	
35	53	BROWN Aaliyah	GBR	19	Blackheath & Bromley Harr	3	8	6	12.13	
36	252	PERRY Rebecca	GBR	33	City of York AC	4	7	6	12.13	
37	36	BEVAN Charlotte	GBR	24	Glasgow Jaguars	2	5	7	12.13	
38	116	FOWLER Olivia	GBR	20	Crewe and Nantwich AC	3	7	7	12.14	
39	89	DOCKERTY Freya	GBR	18	Sale Harrier Manchester	4	4	7	12.16	PB
40	292	THOMAS-WRIGHT Scarlet	GBR	19	Invicta East Kent AC	5	2	6	12.17	
41	138	HAYES Olivia	GBR	17	Exeter Harriers	5	6	7	12.20	
42	38	BLACKWOOD Serena	GBR	19	Cambridge & Coleridge AC	6	2	7	12.26	
43	64	CHAPMAN Katie	GBR	20	Cardiff AC	2	3	8	12.31	

Legend

DNF = Did Not Finish

DQ = Disqualified

PB = Personal Best

SB = Season's Best

DNS = Did Not Start

Fn = False Start

R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Heats



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS	16 JUL 1988				
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST	19 AUG 1998				
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER	26 JUN 2021				
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA	29 SEP 2019				
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER	26 JUN 2021				

Qualification: 16 fastest (q) to Semi-final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0010300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS				16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST				19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA				29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
1	259	REGIS Renee	GBR	18	Shaftesbury Barnet Harrie	1	8	1	11.51	q
2	324	WILKINS Jasmine	GBR	19	Bedford & County AC	4	5	1	11.56	q PB
3	105	EZE Joy	GBR	20	Gateshead Harriers & AC	3	4	1	11.57	q
4	209	MENSAH Kissiwaa	GBR	18	Chelmsford AC	2	1	1	11.58	q PB
5	99	EDUWU Jennifer	GBR	20	Blackheath & Bromley Harr	5	8	1	11.59	q PB
6	226	NELSON Ashleigh	GBR	33	City of Stoke AC	2	4	2	11.59	q SB
7	183	KUYERS Darcey	GBR	25	Blackheath & Bromley Harr	1	7	2	11.61	q PB
8	335	WRIGHT-TAIPOW Shiloh	GBR	19	Harrow AC	6	8	1	11.62	q
9	16	ASHMEADE Leonie	GBR	23	City of Sheffield & Dearn	6	5	2	11.63	q SB
10	334	WRIGHT Eve	GBR	21	Shaftesbury Barnet Harrie	2	2	3	11.63	q SB
11	8	AMA-AWUAH Kristal	GBR	24	Herne Hill Harriers	5	7	2	11.64	q
12	251	PERRUZZA-POWELL Trinity	GBR	22	Manchester Harriers & AC	4	8	2	11.68	q SB
13	215	MODESTE Elise	GBR	23	Enfield & Haringey AC	1	4	3	11.73	q SB
14	310	WALKER Diani	GBR	28	Birchfield Harriers	6	4	3	11.82	q SB
15	119	GALPIN Abi	GBR	23	Guernsey AC	2	7	4	11.83	q SB
16	180	KING Saskia	GBR	19	Blackheath & Bromley Harr	2	6	5	11.84	q PB

Qualification: 16 fastest (q) to Semi-final

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	MARK	POINTS
------	-----	----------------	-----	-----	------	------	--------

WR	8.95	POWELL Mike	1963	USA	TOKYO	30 AUG 1991
ER	8.86	EMMIYAN Robert	1965	URS	TSAKHKADZOR	22 MAY 1987
CR	8.38	MYRICKS Larry		USA	LONDON	07 AUG 1981
NR	8.51	RUTHERFORD Greg		GBR	CHULA VISTA	24 APR 2014
SR	8.26	RUTHERFORD Greg		GBR	MANCHESTER	15 JUL 2006

As of 29/06/2024 at 14:58

1	119	FINCHAM-DUKES Jacob	GBR	27	Leeds City	7.95	+0.5	
2	116	FARQUHARSON Alexander	GBR	27	Birchfield Harriers	7.89	+0.7	SB
3	294	SCHENINI Alessandro	GBR	24	Giffnock North AC	7.77	+0.5	SB
4	183	KHOGALI Samuel	GBR	26	Woodford Green & Essex La	7.70	+0.6	
5	350	YEO Archie	GBR	21	Kingston upon Hull AC	7.69	+0.2	SB
6	51	BURKEY Jake	GBR	24	Team Bath AC	7.43	+1.0	
7	122	FOTHERINGHAM Murray	GBR	21	Giffnock North AC	7.29	+0.7	
8	160	HOOLE Adam	GBR	21	Team East Lothian	7.26	+0.3	
9	108	EBONINE Sam	GBR	22	Sale Harrier Manchester	7.19	+0.6	
10	302	SKINNER Zak	GBR	25	Birchfield Harriers	6.89	+0.9	
11	58	CHAN Karim	GBR	23	Charnwood AC	6.55	+0.2	SB
12	75	CORRALL Barney	GBR	24	Charnwood AC	5.71	+0.4	

Starting order	1	2	3	4	5	6	7	8	9	10	11	12			
Initial	75	58	302	119	350	51	160	122	294	116	183	108			
4th and 5th attempts	160	122	51	350	183	294	116	119							
6th attempt	160	122	51	350	183	294	116	119							

Details:

Start time:13:20

Finish Time:14:53

Temperature:+18°C

Temperature:+16°C

Humidity:81%

Humidity:81%

As of 29/06/2024 at 14:58

RANK	BIB	SURNAME & NAME	NAT	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
		CLUB	AGE									
12	75	CORRALL Barney	GBR	1	5.71	5.22	5.29	5.47	5.51	5.59	5.71	
		Charnwood AC	F37	24	+0.4	+0.4	+0.5	+1.1	+0.9	+1.0	+0.4	
11	58	CHAN Karim	GBR	2	6.28	6.55	X	6.05	5.98	6.19	6.55	SB
		Charnwood AC	F38	23	+0.8	+0.2	+0.1	+0.7	-0.2	+0.8	+0.2	
10	302	SKINNER Zak	GBR	3	5.49	5.24	6.89	X	6.53	5.21	6.89	
		Birchfield Harriers	F13	25	+0.7	+0.1	+0.9	+2.6	-0.6	+0.1	+0.9	
1	119	FINCHAM-DUKES Jacob	GBR	4	7.75	7.95	7.88	X	X	7.74	7.95	
		Leeds City	27		+0.2	+0.5	+0.7	+0.8	+0.3	+1.6	+0.5	
5	350	YEO Archie	GBR	5	7.44	X	7.69	X			7.69	SB
		Kingston upon Hull AC	21		+0.6	+0.5	+0.2	-0.1			+0.2	
6	51	BURKEY Jake	GBR	6	7.25	7.43	7.37	-			7.43	
		Team Bath AC	24		+0.7	+1.0	-0.1				+1.0	
8	160	HOOLE Adam	GBR	7	7.19	7.06	6.81	X	7.17	7.26	7.26	
		Team East Lothian	21		+1.9	+0.4	+0.5	+0.7	+0.6	+0.3	+0.3	
7	122	FOTHERINGHAM Murray	GBR	8	4.56	7.22	7.29	7.27	7.04	7.21	7.29	
		Giffnock North AC	21		+1.1	+0.4	+0.7	+1.6	-0.1	0.0	+0.7	
3	294	SCHENINI Alessandro	GBR	9	7.77	7.66	X	7.45	-	7.59	7.77	SB
		Giffnock North AC	24		+0.5	+0.8	+0.6	+1.9		+0.6	+0.5	

Legend

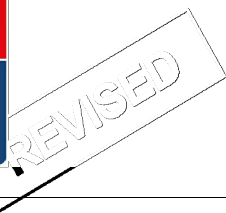
- = Did Not Attempt
 DNS = Did Not Start
 NM = No Mark
 SB = Season's Best

DNF = Did Not Finish
 DQ = Disqualified
 ORD = Order
 X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATM0610601_730

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Heats
Heat 1 of 5

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN	16 AUG 2009
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO	01 AUG 2021
CR	9.91	DASALOU James		GBR	BIRMINGHAM	13 JUL 2013
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK	24 JUN 2023
SR	10.00	FEARON Joel		GBR	MANCHESTER	17 AUG 2016

As of 29/06/2024 at 13:23

(Wind: +1.8 m/s)

1	1	ADEWALE Ade	GBR	30	Enfield & Haringey AC	4	0.113	10.33	q
2	344	WILLIAMS Jahde	GBR	27	Harrow AC	1	0.142	10.43	q
3	170	INNISS Tyvon	GBR	21	Croydon Harriers	3	0.178	10.48	q PB
4	226	MOSTYN Ryan	GBR	23	Liverpool Sefton Prembrok	2	0.162	10.49	q PB
5	346	WINCHESTER-WRIGHT Callum	GBR	24	Lincoln Wellington AC	5	0.166	10.58	q PB
6	234	NGUIE Sagesse	GBR	23	Trafford AC	8	0.163	10.65	
7	222	MOORE Darian	GBR	21	Bromsgrove & Redditch	7	0.123	10.73	
8	305	SMITH Jody	GBR	23	Thames Valley Harries	6	0.130	10.92	SB

Qualification: 18 fastest (q) to Semi-final

Details:

Start time:13:21

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Heats
Heat 2 of 5

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN	16 AUG 2009
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO	01 AUG 2021
CR	9.91	DASALOU James		GBR	BIRMINGHAM	13 JUL 2013
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK	24 JUN 2023
SR	10.00	FEARON Joel		GBR	MANCHESTER	17 AUG 2016

As of 29/06/2024 at 13:35

(Wind: +1.5 m/s)

1	345	WILSON Teddy	GBR	18	Shaftesbury Barnet Harrie	3	0.155	10.36	q	SB
2	286	ROBERTSON Andrew	GBR	33	Sale Harrier Manchester	1	0.124	10.39	q	
3	134	GOWAN-WADE Kieran	GBR	26	Blackheath & Bromley Harr	2	0.137	10.53	q	
4	15	ANDOH William	GBR	22	Victoria Park & Tower Ham	5	0.117	10.70		
5	179	KALALA Jason	GBR	20	Newham & Essex Beagles AC	4	0.153	10.73		
6	72	COPELAND-NAULTY Myles	GBR	20	Herne Hill Harriers	7	0.124	10.80		
7	237	NWAWULOR John Jesse	GBR	23	Harrow AC	6	0.156	10.83		

NOT RANKED

124	FRANCIS Miguel	GBR	29	Wolverhampton and Bilston	8		DQ	16.8
-----	----------------	-----	----	---------------------------	---	--	----	------

Qualification: 18 fastest (q) to Semi-final

Details:

Start time:13:33

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

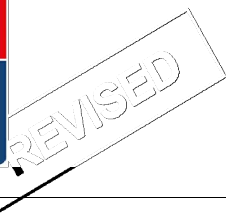
Manchester Regional Arena, June 29 - June 30 2024

ATM0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

2





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Heats
Heat 3 of 5

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN	16 AUG 2009
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO	01 AUG 2021
CR	9.91	DASALOU James		GBR	BIRMINGHAM	13 JUL 2013
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK	24 JUN 2023
SR	10.00	FEARON Joel		GBR	MANCHESTER	17 AUG 2016

As of 29/06/2024 at 13:44

(Wind: +1.7 m/s)

1	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	5	0.153	10.36	q
2	18	AWE Korede	GBR	24	Invicta East Kent AC	7	0.135	10.49	q
3	314	TAYLOR Harry	GBR	23	Harrow AC	2	0.128	10.49	q SB
4	263	PEARCE Patrick	GBR	22	Birchfield Harriers	1	0.128	10.52	q
5	36	BERRY Joe	GBR	17	Newport Harriers	3	0.171	10.64	
6	200	LYON Phoenix	GBR	24	Shaftesbury Barnet Harrie	8	0.149	10.66	
7	106	EARLE Reece	GBR	19	Thames Valley Harries	6	0.147	10.81	
8	272	POTTIE Ethan	GBR	23	Glasgow Jaguars	4	0.137	10.92	

Qualification: 18 fastest (q) to Semi-final

Details:

Start time:13:41

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Heats
Heat 4 of 5

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN	16 AUG 2009
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO	01 AUG 2021
CR	9.91	DASALOU James		GBR	BIRMINGHAM	13 JUL 2013
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK	24 JUN 2023
SR	10.00	FEARON Joel		GBR	MANCHESTER	17 AUG 2016

As of 29/06/2024 at 13:55

(Wind: +0.6 m/s)

1	328	WALSH Nicholas	GBR	26	Sale Harrier Manchester	8	0.140	10.34	q
2	255	PANTON Tyler	GBR	21	Woking AC	4	0.130	10.37	q PB
3	239	NWOKEJI Ebuka	GBR	17	Shaftesbury Barnet Harrie	7	0.163	10.51	q
4	240	OGALI Destiny	GBR	22	Harrow AC	2	0.126	10.63	
5	31	BEAVERS Jordan	GBR	22	Gateshead Harriers & AC	5	0.154	10.65	
6	308	STEPHENS Lewis	GBR	17	Cardiff AC	1	0.125	10.74	
7	273	POWELL Fabian	GBR	18	Rugby & Northampton AC	6	0.128	10.76	
8	87	DAMOAH Michael	GBR	24	Blackheath & Bromley Harr	3	0.130	10.91	

Qualification: 18 fastest (q) to Semi-final

Details:

Start time:13:52

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

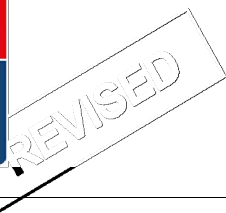
Manchester Regional Arena, June 29 - June 30 2024

ATM0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

4





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Heats
Heat 5 of 5

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN	16 AUG 2009
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO	01 AUG 2021
CR	9.91	DASALOU James		GBR	BIRMINGHAM	13 JUL 2013
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK	24 JUN 2023
SR	10.00	FEARON Joel		GBR	MANCHESTER	17 AUG 2016

As of 29/06/2024 at 14:05

(Wind: -0.3 m/s)

1	178	JONES Elliot	GBR	26	Liverpool Pembroke & Seft	6	0.117	10.37	q
2	131	GORDON Samuel	GBR	29	Cardiff AC	4	0.141	10.47	q SB
3	331	WATSON-BROWN Jordan	GBR	26	Birchfield Harriers	3	0.145	10.56	q
4	3	AIKEN Krishawn	GBR	29	Shaftesbury Barnet Harrie	8	0.172	10.60	
5	16	ANUYAGU Christian	GBR	25	Newham & Essex Beagles AC	1	0.123	10.65	
6	62	CHRISTER Henry	GBR	19	Basingstoke & Mid Hants A	5	0.168	10.66	
7	249	OPARA Kaesi	GBR	28	Lincoln Wellington AC	7	0.158	10.69	
8	347	WINN Eli	GBR	27	Enfield & Haringey AC	2	0.134	10.78	

Qualification: 18 fastest (q) to Semi-final

Details:

Start time:14:01

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

5



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	9.58	BOLT Usain	1986	JAM	BERLIN				16 AUG 2009	
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO				01 AUG 2021	
CR	9.91	DASALOU James		GBR	BIRMINGHAM				13 JUL 2013	
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK				24 JUN 2023	
SR	10.00	FEARON Joel		GBR	MANCHESTER				17 AUG 2016	
1	1	ADEWALE Ade	GBR	30	Enfield & Haringey AC	1	4	1	10.33	q
2	328	WALSH Nicholas	GBR	26	Sale Harrier Manchester	4	8	1	10.34	q
3	345	WILSON Teddy	GBR	18	Shaftesbury Barnet Harrie	2	3	1	10.36	q SB
4	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	3	5	1	10.36	q
5	178	JONES Elliot	GBR	26	Liverpool Pembroke & Seft	5	6	1	10.37	q
5	255	PANTON Tyler	GBR	21	Woking AC	4	4	2	10.37	q PB
7	286	ROBERTSON Andrew	GBR	33	Sale Harrier Manchester	2	1	2	10.39	q
8	344	WILLIAMS Jahde	GBR	27	Harrow AC	1	1	2	10.43	q
9	131	GORDON Samuel	GBR	29	Cardiff AC	5	4	2	10.47	q SB
10	170	INNISS Tyvon	GBR	21	Croydon Harriers	1	3	3	10.48	q PB
11	18	AWE Korede	GBR	24	Invicta East Kent AC	3	7	2	10.49	q
12	226	MOSTYN Ryan	GBR	23	Liverpool Sefton Prembrok	1	2	4	10.49	q PB
13	314	TAYLOR Harry	GBR	23	Harrow AC	3	2	3	10.49	q SB
14	239	NWOKEJI Ebuka	GBR	17	Shaftesbury Barnet Harrie	4	7	3	10.51	q
15	263	PEARCE Patrick	GBR	22	Birchfield Harriers	3	1	4	10.52	q
16	134	GOWAN-WADE Kieran	GBR	26	Blackheath & Bromley Harr	2	2	3	10.53	q
17	331	WATSON-BROWN Jordan	GBR	26	Birchfield Harriers	5	3	3	10.56	q
18	346	WINCHESTER-WRIGHT Callum	GBR	24	Lincoln Wellington AC	1	5	5	10.58	q PB
19	3	AIKEN Krishawn	GBR	29	Shaftesbury Barnet Harrie	5	8	4	10.60	
20	240	OGALI Destiny	GBR	22	Harrow AC	4	2	4	10.63	
21	36	BERRY Joe	GBR	17	Newport Harriers	3	3	5	10.64	
22	16	ANUYAGU Christian	GBR	25	Newham & Essex Beagles AC	5	1	5	10.65	
23	234	NGUIE Sagesse	GBR	23	Trafford AC	1	8	6	10.65	
24	31	BEAVERS Jordan	GBR	22	Gateshead Harriers & AC	4	5	5	10.65	
25	62	CHRISTER Henry	GBR	19	Basingstoke & Mid Hants A	5	5	6	10.66	
26	200	LYON Phoenix	GBR	24	Shaftesbury Barnet Harrie	3	8	6	10.66	
27	249	OPARA Kaesi	GBR	28	Lincoln Wellington AC	5	7	7	10.69	
28	15	ANDOH William	GBR	22	Victoria Park & Tower Ham	2	5	4	10.70	
29	179	KALALA Jason	GBR	20	Newham & Essex Beagles AC	2	4	5	10.73	
30	222	MOORE Darian	GBR	21	Bromsgrove & Redditch	1	7	7	10.73	
31	308	STEPHENS Lewis	GBR	17	Cardiff AC	4	1	6	10.74	
32	273	POWELL Fabian	GBR	18	Rugby & Northampton AC	4	6	7	10.76	
33	347	WINN Eli	GBR	27	Enfield & Haringey AC	5	2	8	10.78	
34	72	COPELAND-NAULTY Myles	GBR	20	Herne Hill Harriers	2	7	6	10.80	
35	106	EARLE Reece	GBR	19	Thames Valley Harries	3	6	7	10.81	
36	237	NWAWULOR John Jesse	GBR	23	Harrow AC	2	6	7	10.83	
37	87	DAMOAH Michael	GBR	24	Blackheath & Bromley Harr	4	3	8	10.91	
38	305	SMITH Jody	GBR	23	Thames Valley Harries	1	6	8	10.92	SB
39	272	POTTIE Ethan	GBR	23	Glasgow Jaguars	3	4	8	10.92	

NOT RANKED

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0010300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Heats



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
------	-----	----------------	-----	-----	------	------	------	------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN				16 AUG 2009	
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO				01 AUG 2021	
CR	9.91	DASALOU James		GBR	BIRMINGHAM				13 JUL 2013	
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK				24 JUN 2023	
SR	10.00	FEARON Joel		GBR	MANCHESTER				17 AUG 2016	

124		FRANCIS Miguel	GBR	29	Wolverhampton and Bilston	2	8		DQ	16.8
-----	--	----------------	-----	----	---------------------------	---	---	--	----	------

Qualification: 18 fastest (q) to Semi-final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0010300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	9.58	BOLT Usain	1986	JAM	BERLIN				16 AUG 2009	
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO				01 AUG 2021	
CR	9.91	DASALOU James		GBR	BIRMINGHAM				13 JUL 2013	
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK				24 JUN 2023	
SR	10.00	FEARON Joel		GBR	MANCHESTER				17 AUG 2016	
1	1	ADEWALE Ade	GBR	30	Enfield & Haringey AC	1	4	1	10.33	q
2	328	WALSH Nicholas	GBR	26	Sale Harrier Manchester	4	8	1	10.34	q
3	345	WILSON Teddy	GBR	18	Shaftesbury Barnet Harrie	2	3	1	10.36	q SB
4	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	3	5	1	10.36	q
5	178	JONES Elliot	GBR	26	Liverpool Pembroke & Seft	5	6	1	10.37	q
	255	PANTON Tyler	GBR	21	Woking AC	4	4	2	10.37	q PB
7	286	ROBERTSON Andrew	GBR	33	Sale Harrier Manchester	2	1	2	10.39	q
8	344	WILLIAMS Jahde	GBR	27	Harrow AC	1	1	2	10.43	q
9	131	GORDON Samuel	GBR	29	Cardiff AC	5	4	2	10.47	q SB
10	170	INNISS Tyvon	GBR	21	Croydon Harriers	1	3	3	10.48	q PB
11	18	AWE Korede	GBR	24	Invicta East Kent AC	3	7	2	10.49	q
12	226	MOSTYN Ryan	GBR	23	Liverpool Sefton Prembrok	1	2	4	10.49	q PB
13	314	TAYLOR Harry	GBR	23	Harrow AC	3	2	3	10.49	q SB
14	239	NWOKEJI Ebuka	GBR	17	Shaftesbury Barnet Harrie	4	7	3	10.51	q
15	263	PEARCE Patrick	GBR	22	Birchfield Harriers	3	1	4	10.52	q
16	134	GOWAN-WADE Kieran	GBR	26	Blackheath & Bromley Harr	2	2	3	10.53	q
17	331	WATSON-BROWN Jordan	GBR	26	Birchfield Harriers	5	3	3	10.56	q
18	346	WINCHESTER-WRIGHT Callum	GBR	24	Lincoln Wellington AC	1	5	5	10.58	q PB

Qualification: 18 fastest (q) to Semi-final

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0010300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	2.45	SOTOMAYOR Javier	1967	CUB	SALAMANCA	27 JUL 1993
ER	2.42	SJOEBERG Patrik	1965	SWE	STOCKHOLM	30 JUN 1987
CR	2.35	SMITH Steve		GBR	BIRMINGHAM	15 JUL 1995
NR	2.38	SMITH Steve		GBR	WUPPERTAL	04 FEB 1994
SR	2.27	CHALLENGER Ben		GBR	MANCHESTER	10 JUL 2005

As of 01/03/2024 at 15:30

1	139	GRIMSEY William	GBR	27	Woodford Green & Essex La	2.15	
2	81	COWARD Akin	GBR	27	Shaftesbury Barnet Harrie	2.11	
3	104	DURUAKU Divine	GBR	22	Harrow AC	2.11	
4	48	BROOM-EDWARDS Jonathan	GBR	36	Newham & Essex Beagles AC F44	2.07	SB
5	172	JACK Kimani	GBR	20	Shaftesbury Barnet Harrie	2.03	
6	22	BALL Luke	GBR	19	Yate & District AC	1.95	
6	166	HUSBANDS Charlie	GBR	22	Birchfield Harriers	1.95	

NOT RANKED

65	CLARKE-KHAN Joel	GBR	24	Thames Valley Harries	NM
332	WEBB Ryan	GBR	26	Bournemouth AC	NM

Details:

Start time:14:23

Temperature:+16°C

Humidity:81%

Finish Time:15:27

Temperature:+16°C

Humidity:81%

As of 01/03/2024 at 15:30

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	1.95 2.29	1.99 2.31	2.03 2.33	2.07	2.11	2.15	2.18	2.21	2.24	2.27	MARK	POINTS
4	48	BROOM-EDWARDS Jonathan	GBR	1	O	O	O	O	XXX						2.07	SB
		Newham & Essex Beagles AC F44	36													
6	166	HUSBANDS Charlie	GBR	2	O	XXX									1.95	
		Birchfield Harriers	22													
	65	CLARKE-KHAN Joel	GBR	3	-	-	-	-	-	XXX					NM	
		Thames Valley Harries	24													
6	22	BALL Luke	GBR	4	O	XXX									1.95	
		Yate & District AC	19													
1	139	GRIMSEY William	GBR	5	-	-	-	O	-	O	-	XXX			2.15	
		Woodford Green & Essex La	27													
3	104	DURUAKU Divine	GBR	6	-	O	O	O	XXO	XXX					2.11	
		Harrow AC	22													
	332	WEBB Ryan	GBR	7	-	-	XXX								NM	
		Bournemouth AC	26													
2	81	COWARD Akin	GBR	8	-	-	-	O	O	XXX					2.11	
		Shaftesbury Barnet Harrie	27													
5	172	JACK Kimani	GBR	9	-	O	O	XXX							2.03	
		Shaftesbury Barnet Harrie	20													

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
ORD = Order
X = Failed

DNF = Did Not Finish
DQ = Disqualified
O = Cleared
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0710601_73M 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 800 m - Heats
Heat 1 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	1:40.91	RUDISHA David	1988	KEN	LONDON			09 AUG 2012	
ER	1:41.11	KIPKETER Wilson	1970	DEN	KOELN			24 AUG 1997	
CR	1:43.90	TANUI William		KEN	BIRMINGHAM			03 AUG 1990	
NR	1:41.73	COE Sebastian		GBR	FIRENZE			10 JUN 1981	
SR	1:44.54	BURGIN Max		GBR	MANCHESTER			26 JUN 2022	

As of 29/06/2024 at 14:32

1	129	GILES Elliot	GBR	30	Birchfield Harriers	5		1:47.51	Q
2	300	SHARMAN-NEWELL Reece	GBR	21	Basingstoke & Mid Hants A	2		1:47.61	Q
3	208	MCLEAR Finley	GBR	24	Exeter Harriers	4		1:47.72	Q
4	191	LEARMONTH Guy	GBR	32	Lasswade AC	3		1:47.93	
5	289	ROSS-HUGHES Harry	GBR	20	Wirral AC	8		1:49.72	
6	278	RABJOHNS Will	GBR	18	Poole AC	6		1:49.89	
7	126	GARDINER Ben	GBR	21	Tonbridge AC	5		1:49.91	
8	112	ELSTON Ryan	GBR	21	Charnwood AC	7		1:49.94	
9	57	CHAMBERLAIN Ted	GBR	24	Holmfirth Harriers AC	1		1:50.02	
10	303	SMITH Dillon	GBR	18	St Albans AC	2		1:51.40	

Qualification: First 3 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 112 55:09.00

Details:

Start time:14:28

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0080301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 800 m - Heats
Heat 2 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	1:40.91	RUDISHA David	1988	KEN	LONDON			09 AUG 2012	
ER	1:41.11	KIPKETER Wilson	1970	DEN	KOELN			24 AUG 1997	
CR	1:43.90	TANUI William		KEN	BIRMINGHAM			03 AUG 1990	
NR	1:41.73	COE Sebastian		GBR	FIRENZE			10 JUN 1981	
SR	1:44.54	BURGIN Max		GBR	MANCHESTER			26 JUN 2022	

As of 29/06/2024 at 14:38

1	50	BURGIN Max	GBR	22	Halifax Harriers & AC	5i		1:45.52	Q
2	259	PATTISON Ben	GBR	22	Basingstoke & Mid Hants A	6		1:45.74	Q
3	181	KERR Josh	GBR	26	Edinburgh AC	3		1:46.04	Q
4	43	BOTTERILL Alex	GBR	24	City of York AC	1		1:46.12	
5	290	ROWDEN Daniel	GBR	26	Woodford Green & Essex La	2e		1:46.51	
6	145	HARRINGTON Angus	GBR	23	Blackheath & Bromley Harr	8		1:47.33	SB
7	156	HIGGINS Jack	GBR	22	Tonbridge AC	7		1:47.40	
8	288	ROGERS Joseph	GBR	26	Halesowen AC	5e		1:47.92	PB
9	293	SAVAGE Elliot	GBR	19	Sale Harrier Manchester	2i		1:48.05	PB
10	196	LOCKE David	GBR	21	Cardiff AC	4		1:50.44	

Qualification: First 3 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 196 53:09.00

Details:

Start time:14:36

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0080301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 800 m - Heats
Heat 3 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	1:40.91	RUDISHA David	1988	KEN	LONDON			09 AUG 2012	
ER	1:41.11	KIPKETER Wilson	1970	DEN	KOELN			24 AUG 1997	
CR	1:43.90	TANUI William		KEN	BIRMINGHAM			03 AUG 1990	
NR	1:41.73	COE Sebastian		GBR	FIRENZE			10 JUN 1981	
SR	1:44.54	BURGIN Max		GBR	MANCHESTER			26 JUN 2022	

As of 29/06/2024 at 14:46

1	99	DODDS Callum	GBR	23	Enfield & Haringey AC	5i		1:47.67	Q
2	280	RANDOLPH Thomas	GBR	25	Tamworth AC	2i		1:48.73	Q
3	167	HUSSEY Ethan	GBR	21	Leeds City	6		1:49.14	Q
4	268	PHILLIPS Jamie	GBR	18	Kilmarnock Harriers AC	7		1:49.44	
5	329	WALTON Dominic	GBR	30	Blackburn Harriers & AC	2e		1:50.32	
6	177	JONAS Henry	GBR	19	City of Norwich	4		1:50.52	
7	228	MURPHY Benjamin	GBR	26	Tonbridge AC	5e		1:50.75	
8	279	RACE David	GBR	20	Gateshead Harriers & AC	3		1:53.04	
9	176	JOHNSON Henry	GBR	21	Horwich Harriers	8		2:01.38	
10	84	CRORKEN Tiarnan	GBR	25	Preston Harriers	1		2:13.44	

Qualification: First 3 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 99 52.81

Details:

Start time:14:46

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0080301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	1:40.91	RUDISHA David	1988	KEN	LONDON				09 AUG 2012	
ER	1:41.11	KIPKETER Wilson	1970	DEN	KOELN				24 AUG 1997	
CR	1:43.90	TANUI William		KEN	BIRMINGHAM				03 AUG 1990	
NR	1:41.73	COE Sebastian		GBR	FIRENZE				10 JUN 1981	
SR	1:44.54	BURGIN Max		GBR	MANCHESTER				26 JUN 2022	
1	50	BURGIN Max	GBR	22	Halifax Harriers & AC	2	5i	1	1:45.52	Q
2	259	PATTISON Ben	GBR	22	Basingstoke & Mid Hants A	2	6	2	1:45.74	Q
3	181	KERR Josh	GBR	26	Edinburgh AC	2	3	3	1:46.04	Q
4	43	BOTTERILL Alex	GBR	24	City of York AC	2	1	4	1:46.12	
5	290	ROWDEN Daniel	GBR	26	Woodford Green & Essex La	2	2e	5	1:46.51	
6	145	HARRINGTON Angus	GBR	23	Blackheath & Bromley Harr	2	8	6	1:47.33	SB
7	156	HIGGINS Jack	GBR	22	Tonbridge AC	2	7	7	1:47.40	
8	129	GILES Elliot	GBR	30	Birchfield Harriers	1	5	1	1:47.51	Q
9	300	SHARMAN-NEWELL Reece	GBR	21	Basingstoke & Mid Hants A	1	2	2	1:47.61	Q
10	99	DODDS Callum	GBR	23	Enfield & Haringey AC	3	5i	1	1:47.67	Q
11	208	MCLEAR Finley	GBR	24	Exeter Harriers	1	4	3	1:47.72	Q
12	288	ROGERS Joseph	GBR	26	Halesowen AC	2	5e	8	1:47.92	PB
13	191	LEARMONTH Guy	GBR	32	Lasswade AC	1	3	4	1:47.93	
14	293	SAVAGE Elliot	GBR	19	Sale Harrier Manchester	2	2i	9	1:48.05	PB
15	280	RANDOLPH Thomas	GBR	25	Tamworth AC	3	2i	2	1:48.73	Q
16	167	HUSSEY Ethan	GBR	21	Leeds City	3	6	3	1:49.14	Q
17	268	PHILLIPS Jamie	GBR	18	Kilmarnock Harriers AC	3	7	4	1:49.44	
18	289	ROSS-HUGHES Harry	GBR	20	Wirral AC	1	8	5	1:49.72	
19	278	RABJOHNS Will	GBR	18	Poole AC	1	6	6	1:49.89	
20	126	GARDINER Ben	GBR	21	Tonbridge AC	1	5	7	1:49.91	
21	112	ELSTON Ryan	GBR	21	Charnwood AC	1	7	8	1:49.94	
22	57	CHAMBERLAIN Ted	GBR	24	Holmfirth Harriers AC	1	1	9	1:50.02	
23	329	WALTON Dominic	GBR	30	Blackburn Harriers & AC	3	2e	5	1:50.32	
24	196	LOCKE David	GBR	21	Cardiff AC	2	4	10	1:50.44	
25	177	JONAS Henry	GBR	19	City of Norwich	3	4	6	1:50.52	
26	228	MURPHY Benjamin	GBR	26	Tonbridge AC	3	5e	7	1:50.75	
27	303	SMITH Dillon	GBR	18	St Albans AC	1	2	10	1:51.40	
28	279	RACE David	GBR	20	Gateshead Harriers & AC	3	3	8	1:53.04	
29	176	JOHNSON Henry	GBR	21	Horwich Harriers	3	8	9	2:01.38	
30	84	CRORKEN Tiarnan	GBR	25	Preston Harriers	3	1	10	2:13.44	

Qualification: First 3 in each heat (Q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0080300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 800 m - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	1:40.91	RUDISHA David	1988	KEN	LONDON				09 AUG 2012	
ER	1:41.11	KIPKETER Wilson	1970	DEN	KOELN				24 AUG 1997	
CR	1:43.90	TANUI William		KEN	BIRMINGHAM				03 AUG 1990	
NR	1:41.73	COE Sebastian		GBR	FIRENZE				10 JUN 1981	
SR	1:44.54	BURGIN Max		GBR	MANCHESTER				26 JUN 2022	
1	50	BURGIN Max	GBR	22	Halifax Harriers & AC	2	5i	1	1:45.52	Q
8	129	GILES Elliot	GBR	30	Birchfield Harriers	1	5	1	1:47.51	Q
10	99	DODDS Callum	GBR	23	Enfield & Haringey AC	3	5i	1	1:47.67	Q
2	259	PATTISON Ben	GBR	22	Basingstoke & Mid Hants A	2	6	2	1:45.74	Q
9	300	SHARMAN-NEWELL Reece	GBR	21	Basingstoke & Mid Hants A	1	2	2	1:47.61	Q
15	280	RANDOLPH Thomas	GBR	25	Tamworth AC	3	2i	2	1:48.73	Q
3	181	KERR Josh	GBR	26	Edinburgh AC	2	3	3	1:46.04	Q
11	208	MCLEAR Finley	GBR	24	Exeter Harriers	1	4	3	1:47.72	Q
16	167	HUSSEY Ethan	GBR	21	Leeds City	3	6	3	1:49.14	Q

Qualification: First 3 in each heat (Q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0080300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	74.35	ALEKNA Mykolas	2002	LTU	RAMONA	14 APR 2024
ER	74.35	ALEKNA Mykolas	2002	LTU	RAMONA	14 APR 2024
CR	65.72	MARTINEZ Juan		CUB	LONDON	13 JUL 1985
NR	68.24	OKOYE Lawrence		GBR	HALLE	19 MAY 2012
SR	65.30	MORSE Brett		GBR	MANCHESTER	13 AUG 2011

As of 20/02/2024 at 16:27

1	250	OSAMMOR Chukwuemeka	GBR	23	City of Sheffield & Dearn	59.98	SB
2	266	PERCY Nicholas	GBR	29	Shaftesbury Barnet Harrie	58.56	
3	333	WEDDERMAN Nick	GBR	23	Liverpool Harriers & AC	56.45	PB
4	320	TOMLINSON James	GBR	24	Birchfield Harriers	56.44	SB
5	327	WALSH Harrison	GBR	28	DSW Para Academy	F44	54.82
6	136	GREAVES Daniel	GBR	41	Charnwood AC	F44	54.58
7	225	MORSE Brett	GBR	35	Cardiff AC		50.59
8	264	PECK Andrew	GBR	24	Glasgow Jaguars		49.83
9	68	CLAYDON Dillon	GBR	20	Blackheath & Bromley Harr		49.58
10	52	CAMERON Piers	GBR	19	Birchfield Harriers		47.94
11	174	JENKINS Michael	GBR	19	Pembrokeshire Harriers		47.57

Starting order	1	2	3	4	5	6	7	8	9	10	11				
Initial	136	327	174	264	266	333	52	250	320	68	225				
4th and 5th attempts	264	225	136	327	320	333	266	250							
6th attempt	264	225	136	327	320	333	266	250							

Details:

Start time:14:56

Finish Time:16:21

Temperature:+17°C

Temperature:+17°C

Humidity:81%

Humidity:81%

As of 20/02/2024 at 16:27

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
6	136	GREAVES Daniel Charnwood AC	GBR F44	1	51.13	X	51.71	51.08	52.55	54.58	54.58	
5	327	WALSH Harrison DSW Para Academy	GBR F44	2	54.82	51.13	X	53.71	53.80	X	54.82	
11	174	JENKINS Michael Pembrokeshire Harriers	GBR 19	3	45.64	X	47.57				47.57	
8	264	PECK Andrew Glasgow Jaquars	GBR 24	4	X	38.95	49.83	46.69	45.91	X	49.83	
2	266	PERCY Nicholas Shaftesbury Barnet Harrie	GBR 29	5	58.22	51.58	X	53.57	58.56	57.71	58.56	
3	333	WEDDERMAN Nick Liverpool Harriers & AC	GBR 23	6	50.21	56.45	56.20	55.61	56.42	X	56.45	PB
10	52	CAMERON Piers Birchfield Harriers	GBR 19	7	X	47.94	X	X	X	X	47.94	
1	250	OSAMMOR Chukwuemeka City of Sheffield & Dearn	GBR 23	8	59.98	X	56.85	X	55.82	55.28	59.98	SB
4	320	TOMLINSON James Birchfield Harriers	GBR 24	9	53.73	54.77	55.39	55.70	56.07	56.44	56.44	SB

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
PB = Personal Best
X = Failed

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0520601_73R

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 800 m - Heats
Heat 1 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN			26 JUL 1983	
ER	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN			26 JUL 1983	
CR	1:57.56	HOLMES Kelly		GBR	BIRMINGHAM			16 JUL 1995	
NR	1:55.19	HODGKINSON Keely	2002	GBR	EUGENE			17 SEP 2023	
SR	1:58.07	GILL Phoebe		GBR	MANCHESTER			25 MAY 2024	

As of 29/06/2024 at 15:03

1	257	REEKIE Jemma	GBR	26	Kilbarchan AAC	4i		2:01.00	Q
2	304	VANS AGNEW Grace	GBR	23	Brighton Pheonix	6		2:02.65	Q
3	270	SEGRAVE Hannah	GBR	29	Middlesbrough Athletic Cl	1		2:03.22	Q
4	276	SIMPSON Emily	GBR	24	City of Sheffield & Dearn	8		2:06.26	
5	12	ANSELL Beth	GBR	29	Edinburgh AC	2		2:07.71	
6	13	ARMITAGE Lucy	GBR	19	Sale Harrier Manchester	5		2:08.68	
7	173	KEISLER Leah	GBR	21	Law & District AC	7		2:08.92	SB
8	290	TAYLOR Hannah	GBR	18	Aberdeen AAC	4e		2:09.24	
9	179	KING Indienne	GBR	19	Wigan & District AC	3		2:10.80	

Qualification: First 3 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 257 59.31

Details:

Start time:15:03

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0080301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 800 m - Heats
Heat 2 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN	26 JUL 1983			
ER	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN	26 JUL 1983			
CR	1:57.56	HOLMES Kelly	GBR	BIRMINGHAM	16 JUL 1995				
NR	1:55.19	HODGKINSON Keely	2002	GBR	EUGENE	17 SEP 2023			
SR	1:58.07	GILL Phoebe	GBR	MANCHESTER	25 MAY 2024				

As of 29/06/2024 at 15:09

1	212	MHLANGA Khahisa	GBR	24	Herts Phoenix AC	1		2:02.49	Q
2	32	BELL Alexandra	GBR	31	Pudsey & Bramley AC	2		2:02.64	Q
3	314	WALLACE Erin	GBR	24	Giffnock North AC	4e		2:02.91	Q
4	285	STREVEENS Eleanor	GBR	18	Eastbourne Rovers	6		2:05.93	PB
5	46	BRAYBROOK Helen	GBR	21	Corby AC	3		2:06.13	PB
6	92	DOWNES Iris	GBR	18	Shettleston Harriers	8		2:07.44	
7	279	SMITH Sarah	GBR	18	Kendal AAC	5		2:11.80	
8	308	WALFORD Tabatha	GBR	24	Bedford & County AC	7		2:18.51	

NOT RANKED

65 CHERRY Jill GBR 26 Victoria Park City Of Gla 4i DNS

Qualification: First 3 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 314 1:00:44.00

Details: Start time:15:09 Temperature:+17°C Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best
DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0080301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 800 m - Heats
Heat 3 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN			26 JUL 1983	
ER	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN			26 JUL 1983	
CR	1:57.56	HOLMES Kelly		GBR	BIRMINGHAM			16 JUL 1995	
NR	1:55.19	HODGKINSON Keely	2002	GBR	EUGENE			17 SEP 2023	
SR	1:58.07	GILL Phoebe		GBR	MANCHESTER			25 MAY 2024	

As of 29/06/2024 at 15:17

1	122	GILL Phoebe	GBR	17	St Albans AC	4i		2:05.33	Q
2	25	BAKER Ellie	GBR	26	Brighton Pheonix	5		2:05.44	Q
3	161	IVES Abigail	GBR	20	Basildon AC	1		2:05.74	Q
4	59	CAMERON Hannah	GBR	26	Aberdeen AAC	3		2:06.47	
5	71	COLBOURN Eleanor	GBR	19	Harrogate Harriers & AC	6		2:07.52	
6	203	MCCLAY-THOMAS Rachel	GBR	31	Bracknell AC	2		2:08.00	
7	55	BUCKLEY Charlotte	GBR	22	Thames Valley Harries	8		2:08.37	
8	240	OKORO Ejiro	GBR	33	Birchfield Harriers	7		2:09.90	
9	268	SAXON Lily	GBR	20	Solihull & Small Heath At	4e		2:11.03	SB

Qualification: First 3 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 161 1:03.96

Details:

Start time:15:17

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0080301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN	26 JUL 1983				
ER	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN	26 JUL 1983				
CR	1:57.56	HOLMES Kelly		GBR	BIRMINGHAM	16 JUL 1995				
NR	1:55.19	HODGKINSON Keely	2002	GBR	EUGENE	17 SEP 2023				
SR	1:58.07	GILL Phoebe		GBR	MANCHESTER	25 MAY 2024				
1	257	REEKIE Jemma	GBR	26	Kilbarchan AAC	1	4i	1	2:01.00	Q
2	212	MHLANGA Khahisa	GBR	24	Herts Phoenix AC	2	1	1	2:02.49	Q
3	32	BELL Alexandra	GBR	31	Pudsey & Bramley AC	2	2	2	2:02.64	Q
4	304	VANS AGNEW Grace	GBR	23	Brighton Pheonix	1	6	2	2:02.65	Q
5	314	WALLACE Erin	GBR	24	Giffnock North AC	2	4e	3	2:02.91	Q
6	270	SEGRAVE Hannah	GBR	29	Middlesbrough Athletic Cl	1	1	3	2:03.22	Q
7	122	GILL Phoebe	GBR	17	St Albans AC	3	4i	1	2:05.33	Q
8	25	BAKER Ellie	GBR	26	Brighton Pheonix	3	5	2	2:05.44	Q
9	161	IVES Abigail	GBR	20	Basildon AC	3	1	3	2:05.74	Q
10	285	STREVEVS Eleanor	GBR	18	Eastbourne Rovers	2	6	4	2:05.93	PB
11	46	BRAYBROOK Helen	GBR	21	Corby AC	2	3	5	2:06.13	PB
12	276	SIMPSON Emily	GBR	24	City of Sheffield & Dearn	1	8	4	2:06.26	
13	59	CAMERON Hannah	GBR	26	Aberdeen AAC	3	3	4	2:06.47	
14	92	DOWNES Iris	GBR	18	Shettleston Harriers	2	8	6	2:07.44	
15	71	COLBOURN Eleanor	GBR	19	Harrogate Harriers & AC	3	6	5	2:07.52	
16	12	ANSELL Beth	GBR	29	Edinburgh AC	1	2	5	2:07.71	
17	203	MCCLAY-THOMAS Rachel	GBR	31	Bracknell AC	3	2	6	2:08.00	
18	55	BUCKLEY Charlotte	GBR	22	Thames Valley Harries	3	8	7	2:08.37	
19	13	ARMITAGE Lucy	GBR	19	Sale Harrier Manchester	1	5	6	2:08.68	
20	173	KEISLER Leah	GBR	21	Law & District AC	1	7	7	2:08.92	SB
21	290	TAYLOR Hannah	GBR	18	Aberdeen AAC	1	4e	8	2:09.24	
22	240	OKORO Ejiro	GBR	33	Birchfield Harriers	3	7	8	2:09.90	
23	179	KING Indienne	GBR	19	Wigan & District AC	1	3	9	2:10.80	
24	268	SAXON Lily	GBR	20	Solihull & Small Heath At	3	4e	9	2:11.03	SB
25	279	SMITH Sarah	GBR	18	Kendal AAC	2	5	7	2:11.80	
26	308	WALFORD Tabatha	GBR	24	Bedford & County AC	2	7	8	2:18.51	

NOT RANKED

65 CHERRY Jill GBR 26 Victoria Park City Of Gla 2 4i DNS

Qualification: First 3 in each heat (Q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0080300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 800 m - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN	26 JUL 1983				
ER	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUENCHEN	26 JUL 1983				
CR	1:57.56	HOLMES Kelly		GBR	BIRMINGHAM	16 JUL 1995				
NR	1:55.19	HODGKINSON Keely	2002	GBR	EUGENE	17 SEP 2023				
SR	1:58.07	GILL Phoebe		GBR	MANCHESTER	25 MAY 2024				
1	257	REEKIE Jemma	GBR	26	Kilbarchan AAC	1	4i	1	2:01.00	Q
2	212	MHLANGA Khahisa	GBR	24	Herts Phoenix AC	2	1	1	2:02.49	Q
7	122	GILL Phoebe	GBR	17	St Albans AC	3	4i	1	2:05.33	Q
3	32	BELL Alexandra	GBR	31	Pudsey & Bramley AC	2	2	2	2:02.64	Q
4	304	VANS AGNEW Grace	GBR	23	Brighton Pheonix	1	6	2	2:02.65	Q
8	25	BAKER Ellie	GBR	26	Brighton Pheonix	3	5	2	2:05.44	Q
5	314	WALLACE Erin	GBR	24	Giffnock North AC	2	4e	3	2:02.91	Q
6	270	SEGRAVE Hannah	GBR	29	Middlesbrough Athletic Cl	1	1	3	2:03.22	Q
9	161	IVES Abigail	GBR	20	Basildon AC	3	1	3	2:05.74	Q

Qualification: First 3 in each heat (Q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATW0080300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m Hurdles - Heats

Heat 1 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	12.12	AMUSAN Tobi	1997	NGR	EUGENE			24 JUL 2022	
ER	12.21	DONKOVA Yordanka	1961	BUL	STARA ZAGORA			20 AUG 1988	
CR	12.68	PORTER Tiffany		GBR	BIRMINGHAM			13 JUL 2013	
NR	12.50	SEMBER Cindy	1994	GBR	EUGENE			24 JUL 2022	
SR	12.78	PORTER Tiffany		GBR	MANCHESTER			27 JUN 2021	

As of 29/06/2024 at 15:40

(Wind: +1.1 m/s)

1	272	SEMBER Cindy	GBR	29	Woodford Green & Essex La	8	0.150	12.79	Q	
2	164	JESSOP Marli	GBR	21	Harrow AC	6	0.134	13.22	Q	PB
3	54	BROWN Thea	GBR	17	Sale Harrier Manchester	3	0.159	13.33	q	
4	131	HALES Danielle	GBR	21	Telford AC	4	0.122	13.49		PB
5	81	DAVIES Anastasia	GBR	25	Blackheath & Bromley Harr	1	0.131	13.73		SB
6	204	MCGEE Ariyanna	GBR	20	Basildon AC	7	0.179	13.78		PB
7	301	TYRRELL Emily	GBR	22	Exeter Harriers	5	0.163	13.92		
8	148	HOLT Kira	GBR	20	Kingston and Poly AC	2	0.167	14.18		SB

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:15:25

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0110301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m Hurdles - Heats Heat 2 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	12.12	AMUSAN Tobi	1997	NGR	EUGENE			24 JUL 2022	
ER	12.21	DONKOVA Yordanka	1961	BUL	STARA ZAGORA			20 AUG 1988	
CR	12.68	PORTER Tiffany		GBR	BIRMINGHAM			13 JUL 2013	
NR	12.50	SEMBER Cindy	1994	GBR	EUGENE			24 JUL 2022	
SR	12.78	PORTER Tiffany		GBR	MANCHESTER			27 JUN 2021	

As of 29/06/2024 at 15:53

(Wind: +0.4 m/s)

1	273	SEY Marcia	GBR	22	Blackheath & Bromley Harr	4	0.139	13.29	Q
2	206	MCINTOSH Mia	GBR	19	Harrow AC	6	0.154	13.35	Q PB
3	42	BLUNDELL Jenna	GBR	23	Bristol & West AC	7	0.134	13.68	
4	89	DOCKERTY Freya	GBR	18	Sale Harrier Manchester	2	0.119	13.73	PB
5	200	MAUGHAN Etienne	GBR	19	Bedford & County AC	5	0.136	13.79	
6	68	CLARK Jasmine	GBR	23	Woodford Green & Essex La	8	0.137	13.85	
7	61	CAMPBELL Erin	GBR	24	Giffnock North AC	3	0.153	14.31	
8	158	HUTTON Madison	GBR	21	Epsom & Ewell Harriers	1	0.181	14.44	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:15:33

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0110301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

2





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m Hurdles - Heats Heat 3 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	12.12	AMUSAN Tobi	1997	NGR	EUGENE			24 JUL 2022	
ER	12.21	DONKOVA Yordanka	1961	BUL	STARA ZAGORA			20 AUG 1988	
CR	12.68	PORTER Tiffany		GBR	BIRMINGHAM			13 JUL 2013	
NR	12.50	SEMBER Cindy	1994	GBR	EUGENE			24 JUL 2022	
SR	12.78	PORTER Tiffany		GBR	MANCHESTER			27 JUN 2021	

As of 29/06/2024 at 15:45

(Wind: +0.8 m/s)

1	157	HUNTER Jessica	GBR	27	Shaftesbury Barnet Harrie	1	0.152	13.19	Q
2	306	WAKEFIELD Isabel	GBR	24	Harrow AC	8	0.164	13.23	Q
3	29	BARRETT Alicia	GBR	26	Trafford AC	2	0.152	13.28	q SB
4	95	DUNCTON Jessica	GBR	18	Birchfield Harriers	4	0.156	13.47	
5	234	NWOFOR Emma	GBR	27	Newham & Essex Beagles AC	6	0.167	13.60	SB
6	80	DAVIDSON Jane	GBR	21	Aberdeen AAC	7	0.200	13.91	
7	303	UWAKWE Yasmin	GBR	21	Woodford Green & Essex La	3	0.147	14.00	PB
8	271	SELF Jodie	GBR	18	Blackheath & Bromley Harr	5	0.154	14.06	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:15:44

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0110301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	12.12	AMUSAN Tobi	1997	NGR	EUGENE				24 JUL 2022	
ER	12.21	DONKOVA Yordanka	1961	BUL	STARA ZAGORA				20 AUG 1988	
CR	12.68	PORTER Tiffany		GBR	BIRMINGHAM				13 JUL 2013	
NR	12.50	SEMBER Cindy	1994	GBR	EUGENE				24 JUL 2022	
SR	12.78	PORTER Tiffany		GBR	MANCHESTER				27 JUN 2021	
1	272	SEMBER Cindy	GBR	29	Woodford Green & Essex La	1	8	1	12.79	Q
2	157	HUNTER Jessica	GBR	27	Shaftesbury Barnet Harrie	3	1	1	13.19	Q
3	164	JESSOP Marli	GBR	21	Harrow AC	1	6	2	13.22	Q PB
4	306	WAKEFIELD Isabel	GBR	24	Harrow AC	3	8	2	13.23	Q
5	29	BARRETT Alicia	GBR	26	Trafford AC	3	2	3	13.28	q SB
6	273	SEY Marcia	GBR	22	Blackheath & Bromley Harr	2	4	1	13.29	Q
7	54	BROWN Thea	GBR	17	Sale Harrier Manchester	1	3	3	13.33	q
8	206	MCINTOSH Mia	GBR	19	Harrow AC	2	6	2	13.35	Q PB
9	95	DUNCTON Jessica	GBR	18	Birchfield Harriers	3	4	4	13.47	
10	131	HALES Danielle	GBR	21	Telford AC	1	4	4	13.49	PB
11	234	NWOFOR Emma	GBR	27	Newham & Essex Beagles AC	3	6	5	13.60	SB
12	42	BLUNDELL Jenna	GBR	23	Bristol & West AC	2	7	3	13.68	
13	81	DAVIES Anastasia	GBR	25	Blackheath & Bromley Harr	1	1	5	13.73	SB
13	89	DOCKERTY Freya	GBR	18	Sale Harrier Manchester	2	2	4	13.73	PB
15	204	MCGEE Ariyanna	GBR	20	Basildon AC	1	7	6	13.78	PB
16	200	MAUGHAN Etienne	GBR	19	Bedford & County AC	2	5	5	13.79	
17	68	CLARK Jasmine	GBR	23	Woodford Green & Essex La	2	8	6	13.85	
18	80	DAVIDSON Jane	GBR	21	Aberdeen AAC	3	7	6	13.91	
19	301	TYRRELL Emily	GBR	22	Exeter Harriers	1	5	7	13.92	
20	303	UWAKWE Yasmin	GBR	21	Woodford Green & Essex La	3	3	7	14.00	PB
21	271	SELF Jodie	GBR	18	Blackheath & Bromley Harr	3	5	8	14.06	
22	148	HOLT Kira	GBR	20	Kingston and Poly AC	1	2	8	14.18	SB
23	61	CAMPBELL Erin	GBR	24	Giffnock North AC	2	3	7	14.31	
24	158	HUTTON Madison	GBR	21	Epsom & Ewell Harriers	2	1	8	14.44	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0110300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m Hurdles - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	12.12	AMUSAN Tobi	1997	NGR	EUGENE				24 JUL 2022	
ER	12.21	DONKOVA Yordanka	1961	BUL	STARA ZAGORA				20 AUG 1988	
CR	12.68	PORTER Tiffany		GBR	BIRMINGHAM				13 JUL 2013	
NR	12.50	SEMBER Cindy	1994	GBR	EUGENE				24 JUL 2022	
SR	12.78	PORTER Tiffany		GBR	MANCHESTER				27 JUN 2021	
1	272	SEMBER Cindy	GBR	29	Woodford Green & Essex La	1	8	1	12.79	Q
2	157	HUNTER Jessica	GBR	27	Shaftesbury Barnet Harrie	3	1	1	13.19	Q
6	273	SEY Marcia	GBR	22	Blackheath & Bromley Harr	2	4	1	13.29	Q
3	164	JESSOP Marli	GBR	21	Harrow AC	1	6	2	13.22	Q PB
4	306	WAKEFIELD Isabel	GBR	24	Harrow AC	3	8	2	13.23	Q
8	206	MCINTOSH Mia	GBR	19	Harrow AC	2	6	2	13.35	Q PB
5	29	BARRETT Alicia	GBR	26	Trafford AC	3	2	3	13.28	q SB
7	54	BROWN Thea	GBR	17	Sale Harrier Manchester	1	3	3	13.33	q

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0110300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	MARK	POINTS
------	-----	----------------	-----	-----	------	------	--------

WR	5.06	ISINBAYEVA Elena	1982	RUS	ZURICH	28 AUG 2009
ER	5.06	ISINBAEVA Yelena	1982	RUS	ZURICH	28 AUG 2009
CR	4.90	BRADSHAW Holly		GBR	MANCHESTER	26 JUN 2021
NR	4.90	BRADSHAW Holly	1991	GBR	MANCHESTER	26 JUN 2021
SR	4.90	BRADSHAW Holly		GBR	MANCHESTER	26 JUN 2021

As of 29/06/2024 at 19:38

1	63	CAUDERY Molly	GBR	24	Thames Valley Harries	4.83	
2	281	SPENCER-SMITH Jade	GBR	22	Harrow AC	4.31	SB
3	17	ASHURST Sophie	GBR	21	Sale Harrier Manchester	4.21	
4	160	IVE Jade	GBR	32	Sutton & District AC	4.21	
5	223	MUNIR Nemiah	GBR	22	Thames Valley Harries	4.06	
6	24	BAILEY Megan	GBR	26	Harrow AC	4.06	SB
7	214	MILORO Felicia	GBR	23	Sutton in Ashfield Harrie	4.06	
8	300	TUTTON Gemma	GBR	19	Lewes AC	3.91	

Details:

Start time:15:52

Finish Time:17:36

Temperature:+16°C

Temperature:+17°C

Humidity:80%

Humidity:72%

As of 29/06/2024 at 19:38

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	3.91 4.93	4.06	4.21	4.31	4.41	4.51	4.61	4.67	4.73	4.83	MARK	POINTS
1	63	CAUDERY Molly Thames Valley Harries	GBR 24	1	-	-	-	-	O	-	O	-	O	XXO	4.83	
7	214	MILORO Felicia Sutton in Ashfield Harrie	GBR 23	2	O	XXO	XXX								4.06	
4	160	IVE Jade Sutton & District AC	GBR 32	3	-	XXO	XXX								4.21	
5	223	MUNIR Nemiah Thames Valley Harries	GBR 22	4	O	O	XXX								4.06	
6	24	BAILEY Megan Harrow AC	GBR 26	5	XXO	O	XXX								4.06	SB
2	281	SPENCER-SMITH Jade Harrow AC	GBR 22	6	O	XXO	O	XXO	XXX						4.31	SB
3	17	ASHURST Sophie Sale Harrier Manchester	GBR 21	7	O	XXO	O	XXX							4.21	
8	300	TUTTON Gemma Lewes AC	GBR 19	8	XXO	XXX									3.91	

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
ORD = Order
X = Failed

DNF = Did Not Finish
DQ = Disqualified
O = Cleared
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0720601_73M 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m - Heats
Heat 1 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
ER	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
CR	50.62	MERRY Katharine		GBR	BIRMINGHAM			25 JUL 1999	
NR	49.41	OHURUOGU Christine	1984	GBR	MOSKVA			12 AUG 2013	
SR	50.74	SAUNDERS Nicola		GBR	MANCHESTER			16 JUL 2006	

As of 29/06/2024 at 16:17

1	238	OHURUOGU Victoria	GBR	31	Newham & Essex Beagles AC	2	0.210	51.49	Q
2	165	JOHN Yemi Mary	GBR	21	Woodford Green & Essex La	6	0.207	51.60	q
3	140	HENRICH Charlotte	GBR	17	Invicta East Kent AC	4	0.167	52.39	PB
4	205	MCHUGH Tess	GBR	22	Sale Harrier Manchester	8	0.149	53.29	
5	258	REGIS Alicia	GBR	22	Enfield & Haringey AC	7	0.151	53.97	PB
6	178	KIHUYU Nandy	GBR	19	City of Sheffield & Dearn	3	0.207	55.08	
7	147	HOLMES Emma	GBR	18	West Cheshire AC	5	0.186	55.16	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:15:56

Temperature:+16°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m - Heats
Heat 2 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
ER	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
CR	50.62	MERRY Katharine		GBR	BIRMINGHAM			25 JUL 1999	
NR	49.41	OHURUOGU Christine	1984	GBR	MOSKVA			12 AUG 2013	
SR	50.74	SAUNDERS Nicola		GBR	MANCHESTER			16 JUL 2006	

As of 29/06/2024 at 16:06

1	11	ANNING Amber	GBR	23	Brighton & Hove AC	8	0.181	50.64	Q	SR
2	327	WILLIAMS Jodie	GBR	30	Herts Phoenix AC	7	0.144	51.84	q	SB
3	254	PIPI Ama	GBR	28	Enfield & Haringey AC	3	0.165	52.39		
4	78	DACOSTA Kara	GBR	17	Trafford AC	5	0.208	53.02		PB
5	2	ADAM Georgina	GBR	24	Lincoln Wellington AC	6	0.171	53.33		
6	126	GRIEVE Rebecca	GBR	19	Woodford Green & Essex La	4	0.139	54.74		
7	221	MPASSY Holly	GBR	20	Blackheath & Bromley Harr	2	0.174	55.18		

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:16:06

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
# SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m - Heats
Heat 3 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
ER	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
CR	50.62	MERRY Katharine		GBR	BIRMINGHAM			25 JUL 1999	
NR	49.41	OHURUOGU Christine	1984	GBR	MOSKVA			12 AUG 2013	
SR	50.74	SAUNDERS Nicola		GBR	MANCHESTER			16 JUL 2006	

As of 29/06/2024 at 16:12

1	231	NIELSEN Laviai	GBR	28	Enfield & Haringey AC	4	0.148	52.14	Q
2	175	KELLY Hannah	GBR	23	Bolton United Harriers &	2	0.145	52.28	q
3	134	HARRISON Natasha	GBR	23	Stockport Harriers & AC	3	0.212	52.91	SB
4	49	BRIER Hannah	GBR	26	Swansea Harriers	6	0.154	53.08	
5	264	RULE Lauren	GBR	27	Herts Phoenix AC	8	0.167	53.65	PB
6	176	KELSEY Charlotte	GBR	20	Middlesbrough Athletic Cl	7	0.138	54.08	PB
7	260	ROBERTS Ffion	GBR	24	Menai Athletics Club	5	0.205	55.93	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:16:12

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
# SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m - Heats
Heat 4 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
ER	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
CR	50.62	MERRY Katharine		GBR	BIRMINGHAM			25 JUL 1999	
NR	49.41	OHURUOGU Christine	1984	GBR	MOSKVA			12 AUG 2013	
SR	50.74	SAUNDERS Nicola		GBR	MANCHESTER			16 JUL 2006	

As of 29/06/2024 at 16:20

1	336	YEARGIN Nicole	GBR	26	Pitreavie AAC	6	0.194	52.01	Q
2	146	HODGKINSON Keely	GBR	22	Leigh Harriers	3	0.223	52.06	q
3	1	ABICHI Mary	GBR	33	Enfield & Haringey AC	5	0.216	52.88	SB
4	197	MALIK Poppy	GBR	20	Harrow AC	1	0.206	52.94	
5	144	HILLYARD Amy	GBR	28	Birchfield Harriers	7	0.173	54.55	
6	135	HARRY Sian	GBR	31	Belgrave Harriers	2	0.196	54.56	
7	262	ROOT Asha	GBR	23	Tonbridge AC	4	0.143	55.14	
8	26	BANJO Susanna	GBR	34	Newham & Essex Beagles AC	8	0.169	55.77	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:16:19

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
# SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

4



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	47.60	KOCH Marita	1957	GDR	CANBERRA				06 OCT 1985	
ER	47.60	KOCH Marita	1957	GDR	CANBERRA				06 OCT 1985	
CR	50.62	MERRY Katharine		GBR	BIRMINGHAM				25 JUL 1999	
NR	49.41	OHURUOGU Christine	1984	GBR	MOSKVA				12 AUG 2013	
SR	50.74	SAUNDERS Nicola		GBR	MANCHESTER				16 JUL 2006	
1	11	ANNING Amber	GBR	23	Brighton & Hove AC	2	8	1	50.64	Q SR
2	238	OHURUOGU Victoria	GBR	31	Newham & Essex Beagles AC	1	2	1	51.49	Q
3	165	JOHN Yemi Mary	GBR	21	Woodford Green & Essex La	1	6	2	51.60	q
4	327	WILLIAMS Jodie	GBR	30	Herts Phoenix AC	2	7	2	51.84	q SB
5	336	YEARGIN Nicole	GBR	26	Pitreavie AAC	4	6	1	52.01	Q
6	146	HODGKINSON Keely	GBR	22	Leigh Harriers	4	3	2	52.06	q
7	231	NIELSEN Laviai	GBR	28	Enfield & Haringey AC	3	4	1	52.14	Q
8	175	KELLY Hannah	GBR	23	Bolton United Harriers &	3	2	2	52.28	q
9	254	PIPI Ama	GBR	28	Enfield & Haringey AC	2	3	3	52.39	
10	140	HENRICH Charlotte	GBR	17	Invicta East Kent AC	1	4	3	52.39	PB
11	1	ABICHI Mary	GBR	33	Enfield & Haringey AC	4	5	3	52.88	SB
12	134	HARRISON Natasha	GBR	23	Stockport Harriers & AC	3	3	3	52.91	SB
13	197	MALIK Poppy	GBR	20	Harrow AC	4	1	4	52.94	
14	78	DACOSTA Kara	GBR	17	Trafford AC	2	5	4	53.02	PB
15	49	BRIER Hannah	GBR	26	Swansea Harriers	3	6	4	53.08	
16	205	MCHUGH Tess	GBR	22	Sale Harrier Manchester	1	8	4	53.29	
17	2	ADAM Georgina	GBR	24	Lincoln Wellington AC	2	6	5	53.33	
18	264	RULE Lauren	GBR	27	Herts Phoenix AC	3	8	5	53.65	PB
19	258	REGIS Alicia	GBR	22	Enfield & Haringey AC	1	7	5	53.97	PB
20	176	KELSEY Charlotte	GBR	20	Middlesbrough Athletic Cl	3	7	6	54.08	PB
21	144	HILLYARD Amy	GBR	28	Birchfield Harriers	4	7	5	54.55	
22	135	HARRY Sian	GBR	31	Belgrave Harriers	4	2	6	54.56	
23	126	GRIEVE Rebecca	GBR	19	Woodford Green & Essex La	2	4	6	54.74	
24	178	KIHUYU Nandy	GBR	19	City of Sheffield & Dearn	1	3	6	55.08	
25	262	ROOT Asha	GBR	23	Tonbridge AC	4	4	7	55.14	
26	147	HOLMES Emma	GBR	18	West Cheshire AC	1	5	7	55.16	
27	221	MPASSY Holly	GBR	20	Blackheath & Bromley Harr	2	2	7	55.18	
28	26	BANJO Susanna	GBR	34	Newham & Essex Beagles AC	4	8	8	55.77	
29	260	ROBERTS Ffion	GBR	24	Menai Athletics Club	3	5	7	55.93	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0040300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	47.60	KOCH Marita	1957	GDR	CANBERRA				06 OCT 1985	
ER	47.60	KOCH Marita	1957	GDR	CANBERRA				06 OCT 1985	
CR	50.62	MERRY Katharine		GBR	BIRMINGHAM				25 JUL 1999	
NR	49.41	OHURUOGU Christine	1984	GBR	MOSKVA				12 AUG 2013	
SR	50.74	SAUNDERS Nicola		GBR	MANCHESTER				16 JUL 2006	
1	11	ANNING Amber	GBR	23	Brighton & Hove AC	2	8	1	50.64	Q SR
2	238	OHURUOGU Victoria	GBR	31	Newham & Essex Beagles AC	1	2	1	51.49	Q
5	336	YEARGIN Nicole	GBR	26	Pitreavie AAC	4	6	1	52.01	Q
7	231	NIELSEN Laviai	GBR	28	Enfield & Haringey AC	3	4	1	52.14	Q
3	165	JOHN Yemi Mary	GBR	21	Woodford Green & Essex La	1	6	2	51.60	q
4	327	WILLIAMS Jodie	GBR	30	Herts Phoenix AC	2	7	2	51.84	q SB
6	146	HODGKINSON Keely	GBR	22	Leigh Harriers	4	3	2	52.06	q
8	175	KELLY Hannah	GBR	23	Bolton United Harriers &	3	2	2	52.28	q

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0040300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	15.74	ROJAS Yulimar	1995	VEN	BEOGRAD	20 MAR 2022
ER	15.50	KRAVETS Inessa	1966	UKR	GOETEBORG	10 AUG 1995
CR	14.98	ALDAMA Yamile		CUB	BIRMINGHAM	27 JUL 2003
NR	15.16	HANSEN Ashia	1971	GBR	VALENCIA	28 FEB 1998
SR	14.15	HIRD Tiombe		USA	MANCHESTER	15 JUL 2006

As of 29/06/2024 at 17:47

1	211	METZGER Naomi	GBR	26	Trafford AC	13.71	+0.2	SB
2	239	OJORA Temi	GBR	22	Windsor Slough Eton & Hou	13.26	+0.7	
3	155	HULLAND Lily	GBR	22	Thames Valley Harries	13.25	+0.8	PB
4	244	OMITOWOJU Adelaide	GBR	24	Harrow AC	13.12	+0.3	
5	3	AGBEREMI Lateefah	GBR	19	Marshall Milton Keynes AC	12.74	+0.4	PB
6	142	HIBBERT Shanara	GBR	31	Blackheath & Bromley Harr	12.69	-0.1	SB
7	100	ELCOCK Mary	GBR	28	Woodford Green & Essex La	12.62	-1.3	
8	154	HULLAND Jasmine	GBR	21	City of Sheffield & Dearn	12.36	+0.8	
9	182	KONE Holly	GBR	22	Notts AC	12.33	0.0	
10	162	JACKSON Montana	GBR	30	Thames Valley Harries	11.90	+0.3	

Starting order	1	2	3	4	5	6	7	8	9	10					
Initial	3	211	155	162	244	239	154	142	100	182					
4th and 5th attempts	154	100	244	3	142	155	239	211							
6th attempt	154	100	142	3	244	155	239	211							

Details:

Start time:16:24
Finish Time:17:44

Temperature:+17°C
Temperature:+17°C

Humidity:81%
Humidity:80%

As of 29/06/2024 at 17:47

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
5	3	AGBEREMI Lateefah Marshall Milton Keynes AC	GBR 19	1	12.42	X	12.61	12.74	X	X	12.74	PB
1	211	METZGER Naomi Trafford AC	GBR 26	2	13.20	13.49	X	13.71	13.29	12.88	13.71	SB
3	155	HULLAND Lily Thames Valley Harries	GBR 22	3	12.48	13.25	X	12.62	13.03	13.10	13.25	PB
10	162	JACKSON Montana Thames Valley Harries	GBR 30	4	X	11.90	X				11.90	
4	244	OMITOWOJU Adelaide Harrow AC	GBR 24	5	X	X	12.55	X	13.12	12.93	13.12	
2	239	OJORA Temi Windsor Slough Eton & Hou	GBR 22	6	13.26	X	12.99	13.15	13.00	12.98	13.26	
8	154	HULLAND Jasmine City of Sheffield & Dearn	GBR 21	7	11.89	12.08	12.36	12.05	12.35	12.07	12.36	
6	142	HIBBERT Shanara Blackheath & Bromley Harr	GBR 31	8	12.69	12.05	12.69	12.47	12.52	X	12.69	SB
7	100	ELCOCK Mary Woodford Green & Essex La	GBR 28	9	X	12.37	X	12.49	12.46	12.62	12.62	
9	182	KONE Holly Notts AC	GBR 22	10	11.63	12.33	12.29				12.33	

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
PB = Personal Best
X = Failed

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0620601_730 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m - Heats
Heat 1 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	43.03	VAN NIEKERK Wayde	1992	RSA	RIO DE JANEI	14 AUG 2016
ER	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 MAY 2024
CR	44.36	THOMAS Iwan		GBR	BIRMINGHAM	13 JUL 1997
NR	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 APR 2024
SR	44.92	HUDSON-SMITH Matthew	1994	GBR	MANCHESTER	25 JUN 2022

As of 29/06/2024 at 16:32

1	311	SWIFT Bailey	GBR	22	Northampton AC	4	0.135	46.08	Q	PB
2	55	CARVELL Charlie	GBR	20	Telford AC	5	0.145	46.10	q	
3	144	HARRIES Toby	GBR	25	Brighton Pheonix	7	0.175	46.26	q	
4	231	NEAL Connor	GBR	22	Harrow AC	6	0.159	46.55		PB
5	219	MITCHAM Rio	GBR	24	Birchfield Harriers	1	0.167	46.65		SB
6	95	DERBYSHIRE Seamus	GBR	24	City of Stoke AC	8	0.180	47.47		
7	193	LEIGH Jacob	GBR	23	Oxford City AC	3	0.165	47.51		
8	41	BLANGO Columba	GBR	31	Shaftesbury Barnet Harrie	2	0.205	50.32		

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:16:31

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m - Heats
Heat 2 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	43.03	VAN NIEKERK Wayde	1992	RSA	RIO DE JANEI	14 AUG 2016
ER	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 MAY 2024
CR	44.36	THOMAS Iwan		GBR	BIRMINGHAM	13 JUL 1997
NR	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 APR 2024
SR	44.92	HUDSON-SMITH Matthew	1994	GBR	MANCHESTER	25 JUN 2022

As of 29/06/2024 at 16:39

1	97	DOBSON Charlie	GBR	24	Colchester Harriers AC	4	0.161	45.75	Q
2	173	JEFFERIES Ben	GBR	24	Bristol & West AC	2	0.168	46.20	q
3	281	REARDON Samuel	GBR	20	Blackheath & Bromley Harr	7	0.192	46.45	
4	242	OHIOZE Michael	GBR	29	Shaftesbury Barnet Harrie	6	0.179	46.54	
5	76	CORY Isaac	GBR	22	Yate & District AC	8	0.153	46.91	
6	161	HOUCHIN Alex	GBR	19	Worcester AC	3	0.140	47.36	PB
7	165	HUNTER Tom	GBR	21	Sale Harrier Manchester	5	0.190	47.51	
8	2	AGYARE Emmanuel	GBR	23	Enfield & Haringey AC	1	0.154	47.69	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:16:39

Temperature:+17°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





REVISED

MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m - Heats
Heat 3 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	43.03	VAN NIEKERK Wayde	1992	RSA	RIO DE JANEI	14 AUG 2016
ER	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 MAY 2024
CR	44.36	THOMAS Iwan		GBR	BIRMINGHAM	13 JUL 1997
NR	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 APR 2024
SR	44.92	HUDSON-SMITH Matthew	1994	GBR	MANCHESTER	25 JUN 2022

As of 29/06/2024 at 16:50

1	304	SMITH Jaden	GBR	19	Shaftesbury Barnet Harrie	2	0.163	46.63	Q
2	46	BRIER Joseph	GBR	25	Swansea Harriers	5	0.164	46.72	
3	319	THOMPSON Lee	GBR	27	City of Sheffield & Dearn	4	0.196	46.79	
4	12	ALEXANDER Kyle	GBR	30	Giffnock North AC	8	0.173	47.41	
5	147	HAWKES Ben	GBR	23	Leamington Cycling and At	3	0.174	48.70	
6	40	BLACKMAN Evan	GBR	22	Corby AC	1	0.162	49.04	

NOT RANKED

49	BROWN Ethan	GBR	23	Blackheath & Bromley Harr	7		DNS	
114	FAGBENLE Michael	GBR	23	Harrow AC	6		DQ	17.2.3

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details: Start time:16:47 Temperature:+17°C Humidity:80%

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m - Heats
Heat 4 of 4



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	43.03	VAN NIEKERK Wayde	1992	RSA	RIO DE JANEI	14 AUG 2016
ER	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 MAY 2024
CR	44.36	THOMAS Iwan		GBR	BIRMINGHAM	13 JUL 1997
NR	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 APR 2024
SR	44.92	HUDSON-SMITH Matthew	1994	GBR	MANCHESTER	25 JUN 2022

As of 29/06/2024 at 16:54

1	148	HAYDOCK-WILSON Alex	GBR	24	Windsor Slough Eton & Hou	2	0.199	46.16	Q
2	351	YOUNG Brodie	GBR	21	Airdrie Harriers	5	0.153	46.41	q
3	70	COOPER Alex	GBR	21	Harrow AC	6	0.169	46.74	PB
4	275	PUTNAM Daniel	GBR	32	Blackheath & Bromley Harr	1	0.147	46.97	
5	301	SHONIBARE Michael	GBR	24	Victoria Park & Tower Ham	8	0.129	47.25	
6	283	RHODEN-STEVENSON Jamal Mar	GBR	30	Shaftesbury Barnet Harrie	7	0.159	47.44	SB
7	21	BAKER Niclas	GBR	29	Crawley AC	3	0.132	47.94	
8	299	SHAND Peter	GBR	32	Birchfield Harriers	4	0.151	48.63	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:16:53

Temperature:+18°C

Humidity:81%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0040301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

4



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	43.03	VAN NIEKERK Wayde	1992	RSA	RIO DE JANEI				14 AUG 2016	
ER	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO				30 MAY 2024	
CR	44.36	THOMAS Iwan		GBR	BIRMINGHAM				13 JUL 1997	
NR	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO				30 APR 2024	
SR	44.92	HUDSON-SMITH Matthew	1994	GBR	MANCHESTER				25 JUN 2022	
1	97	DOBSON Charlie	GBR	24	Colchester Harriers AC	2	4	1	45.75	Q
2	311	SWIFT Bailey	GBR	22	Northampton AC	1	4	1	46.08	Q PB
3	55	CARVELL Charlie	GBR	20	Telford AC	1	5	2	46.10	q
4	148	HAYDOCK-WILSON Alex	GBR	24	Windsor Slough Eton & Hou	4	2	1	46.16	Q
5	173	JEFFERIES Ben	GBR	24	Bristol & West AC	2	2	2	46.20	q
6	144	HARRIES Toby	GBR	25	Brighton Pheonix	1	7	3	46.26	q
7	351	YOUNG Brodie	GBR	21	Airdrie Harriers	4	5	2	46.41	q
8	281	REARDON Samuel	GBR	20	Blackheath & Bromley Harr	2	7	3	46.45	
9	242	OHIOZE Michael	GBR	29	Shaftesbury Barnet Harrie	2	6	4	46.54	
10	231	NEAL Connor	GBR	22	Harrow AC	1	6	4	46.55	PB
11	304	SMITH Jaden	GBR	19	Shaftesbury Barnet Harrie	3	2	1	46.63	Q
12	219	MITCHAM Rio	GBR	24	Birchfield Harriers	1	1	5	46.65	SB
13	46	BRIER Joseph	GBR	25	Swansea Harriers	3	5	2	46.72	
14	70	COOPER Alex	GBR	21	Harrow AC	4	6	3	46.74	PB
15	319	THOMPSON Lee	GBR	27	City of Sheffield & Dearn	3	4	3	46.79	
16	76	CORY Isaac	GBR	22	Yate & District AC	2	8	5	46.91	
17	275	PUTNAM Daniel	GBR	32	Blackheath & Bromley Harr	4	1	4	46.97	
18	301	SHONIBARE Michael	GBR	24	Victoria Park & Tower Ham	4	8	5	47.25	
19	161	HOUCHIN Alex	GBR	19	Worcester AC	2	3	6	47.36	PB
20	12	ALEXANDER Kyle	GBR	30	Giffnock North AC	3	8	4	47.41	
21	283	RHODEN-STEVENSON Jamal Mar	GBR	30	Shaftesbury Barnet Harrie	4	7	6	47.44	SB
22	95	DERBYSHIRE Seamus	GBR	24	City of Stoke AC	1	8	6	47.47	
23	193	LEIGH Jacob	GBR	23	Oxford City AC	1	3	7	47.51	
24	165	HUNTER Tom	GBR	21	Sale Harrier Manchester	2	5	7	47.51	
25	2	AGYARE Emmanuel	GBR	23	Enfield & Haringey AC	2	1	8	47.69	
26	21	BAKER Niclas	GBR	29	Crawley AC	4	3	7	47.94	
27	299	SHAND Peter	GBR	32	Birchfield Harriers	4	4	8	48.63	
28	147	HAWKES Ben	GBR	23	Leamington Cycling and At	3	3	5	48.70	
29	40	BLACKMAN Evan	GBR	22	Corby AC	3	1	6	49.04	
30	41	BLANGO Columba	GBR	31	Shaftesbury Barnet Harrie	1	2	8	50.32	

NOT RANKED

49	BROWN Ethan	GBR	23	Blackheath & Bromley Harr	3	7	DNS	
114	FAGBENLE Michael	GBR	23	Harrow AC	3	6	DQ	17.2.3

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0040300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	43.03	VAN NIEKERK Wayde	1992	RSA	RIO DE JANEI	14 AUG 2016				
ER	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 MAY 2024				
CR	44.36	THOMAS Iwan		GBR	BIRMINGHAM	13 JUL 1997				
NR	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 APR 2024				
SR	44.92	HUDSON-SMITH Matthew	1994	GBR	MANCHESTER	25 JUN 2022				
1	97	DOBSON Charlie	GBR	24	Colchester Harriers AC	2	4	1	45.75	Q
2	311	SWIFT Bailey	GBR	22	Northampton AC	1	4	1	46.08	Q PB
4	148	HAYDOCK-WILSON Alex	GBR	24	Windsor Slough Eton & Hou	4	2	1	46.16	Q
11	304	SMITH Jaden	GBR	19	Shaftesbury Barnet Harrie	3	2	1	46.63	Q
3	55	CARVELL Charlie	GBR	20	Telford AC	1	5	2	46.10	q
5	173	JEFFERIES Ben	GBR	24	Bristol & West AC	2	2	2	46.20	q
6	144	HARRIES Toby	GBR	25	Brighton Pheonix	1	7	3	46.26	q
7	351	YOUNG Brodie	GBR	21	Airdrie Harriers	4	5	2	46.41	q

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0040300_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 100 m Ambulant - First Round



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
As of 29/06/2024 at 18:12									
1	5	HAHN Sophie	GBR	27	Charnwood AC	T38	2	12.87 Q	939
2	3	DOWN Madeline	GBR	16	Halesowen AC	T38	6	13.13 Q SB	906
3	8	LEVITT Victoria	GBR	28	Hyndburn AC	T44	5	13.41 Q	788
4	1	BARTLETT Hetty	GBR	33	City of Norwich	T38	4	13.57 Q SB	733
5	2	COX Kadeena	GBR	33	Sale Harrier Manchester	T38	3	14.39 Q SB	607
6	9	OKOH Didi	GBR	21	Chelmsford AC	T42	7	15.12 Q SB	904

Qualification: First 6 in each heat (Q) to Final

Details:

Start time:17:04

Temperature:+18°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW8010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Semi-final Semifinal 1 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 17:13

(Wind: -0.1 m/s)

1	225	NEITA Daryll	GBR	27	Cambridge Harriers	5	0.122	11.11	Q
2	275	SIBBONS Aleeya	GBR	21	Newham & Essex Beagles AC	3	0.157	11.44	Q
3	6	AKANDE Mabel	GBR	17	Lincoln Wellington AC	4	0.188	11.53	
4	99	EDUWU Jennifer	GBR	20	Blackheath & Bromley Harr	7	0.124	11.61	PB
5	209	MENSAH Kisiwaa	GBR	18	Chelmsford AC	6	0.157	11.68	PB
6	334	WRIGHT Eve	GBR	21	Shaftesbury Barnet Harrie	2	0.134	11.88	
7	180	KING Saskia	GBR	19	Blackheath & Bromley Harr	8	0.134	12.09	

NOT RANKED

8	AMA-AWUAH Kristal	GBR	24	Herne Hill Harriers	1		DQ	16.8	
---	-------------------	-----	----	---------------------	---	--	----	------	--

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:17:12

Temperature:+18°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010501_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Semi-final Semifinal 2 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 17:19

(Wind: -0.2 m/s)

1	187	LANSQUOT Imani	GBR	26	Sutton & District AC	6	0.134	11.28	Q
2	141	HENRY Desiree	GBR	28	Enfield & Haringey AC	5	0.117	11.31	Q SB
3	253	PHILIP Asha	GBR	33	Newham & Essex Beagles AC	3	0.124	11.38	q
4	105	EZE Joy	GBR	20	Gateshead Harriers & AC	4	0.149	11.42	q SB
5	226	NELSON Ashleigh	GBR	33	City of Stoke AC	2	0.142	11.70	
6	16	ASHMEADE Leonie	GBR	23	City of Sheffield & Dearn	7	0.148	11.73	
7	251	PERRUZZA-POWELL Trinity	GBR	22	Manchester Harriers & AC	8	0.153	11.73	

NOT RANKED

119	GALPIN Abi	GBR	23	Guernsey AC	1		DNS
-----	------------	-----	----	-------------	---	--	-----

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:17:19

Temperature:+17°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010501_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Semi-final Semifinal 3 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS	16 JUL 1988
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST	19 AUG 1998
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER	26 JUN 2021
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA	29 SEP 2019
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER	26 JUN 2021

As of 29/06/2024 at 17:26

(Wind: -0.4 m/s)

1	156	HUNT Amy	GBR	22	Charnwood AC	3	0.155	11.22	Q
2	319	WEDDERBURN-GOODISON Nia	GBR	19	Harrow AC	5	0.156	11.43	Q
3	259	REGIS Renee	GBR	18	Shaftesbury Barnet Harrie	6	0.150	11.43	SB
4	324	WILKINS Jasmine	GBR	19	Bedford & County AC	4	0.137	11.62	
5	183	KUYPERS Darcey	GBR	25	Blackheath & Bromley Harr	7	0.146	11.68	PB
6	335	WRIGHT-TAIPOW Shiloh	GBR	19	Harrow AC	2	0.128	11.68	
7	215	MODESTE Elise	GBR	23	Enfield & Haringey AC	8	0.142	11.83	SB
8	310	WALKER Diani	GBR	28	Birchfield Harriers	1	0.144	11.90	SB

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:17:25

Temperature:+18°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0010501_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS				16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST				19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA				29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
1	225	NEITA Daryll	GBR	27	Cambridge Harriers	1	5	1	11.11	Q
2	156	HUNT Amy	GBR	22	Charnwood AC	3	3	1	11.22	Q
3	187	LANSQUOT Imani	GBR	26	Sutton & District AC	2	6	1	11.28	Q
4	141	HENRY Desiree	GBR	28	Enfield & Haringey AC	2	5	2	11.31	Q SB
5	253	PHILIP Asha	GBR	33	Newham & Essex Beagles AC	2	3	3	11.38	q
6	105	EZE Joy	GBR	20	Gateshead Harriers & AC	2	4	4	11.42	q SB
7	319	WEDDERBURN-GOODISON Nia	GBR	19	Harrow AC	3	5	2	11.43	Q
8	259	REGIS Renee	GBR	18	Shaftesbury Barnet Harrie	3	6	3	11.43	SB
9	275	SIBBONS Aleeya	GBR	21	Newham & Essex Beagles AC	1	3	2	11.44	Q
10	6	AKANDE Mabel	GBR	17	Lincoln Wellington AC	1	4	3	11.53	
11	99	EDUWU Jennifer	GBR	20	Blackheath & Bromley Harr	1	7	4	11.61	PB
12	324	WILKINS Jasmine	GBR	19	Bedford & County AC	3	4	4	11.62	
13	183	KUYPERS Darcey	GBR	25	Blackheath & Bromley Harr	3	7	5	11.68	PB
13	209	MENSAH Kissiwaa	GBR	18	Chelmsford AC	1	6	5	11.68	PB
15	335	WRIGHT-TAIPOW Shiloh	GBR	19	Harrow AC	3	2	6	11.68	
16	226	NELSON Ashleigh	GBR	33	City of Stoke AC	2	2	5	11.70	
17	16	ASHMEADE Leonie	GBR	23	City of Sheffield & Dearn	2	7	6	11.73	
18	251	PERRUZZA-POWELL Trinity	GBR	22	Manchester Harriers & AC	2	8	7	11.73	
19	215	MODESTE Elise	GBR	23	Enfield & Haringey AC	3	8	7	11.83	SB
20	334	WRIGHT Eve	GBR	21	Shaftesbury Barnet Harrie	1	2	6	11.88	
21	310	WALKER Diani	GBR	28	Birchfield Harriers	3	1	8	11.90	SB
22	180	KING Saskia	GBR	19	Blackheath & Bromley Harr	1	8	7	12.09	

NOT RANKED

119	GALPIN Abi	GBR	23	Guernsey AC	2	1	DNS	
8	AMA-AWUAH Kristal	GBR	24	Herne Hill Harriers	1	1	DQ	16.8

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0010500_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Semi-final



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS				16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST				19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA				29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER				26 JUN 2021	
1	225	NEITA Daryll	GBR	27	Cambridge Harriers	1	5	1	11.11	Q
2	156	HUNT Amy	GBR	22	Charnwood AC	3	3	1	11.22	Q
3	187	LANSQUOT Imani	GBR	26	Sutton & District AC	2	6	1	11.28	Q
4	141	HENRY Desiree	GBR	28	Enfield & Haringey AC	2	5	2	11.31	Q SB
7	319	WEDDERBURN-GOODISON Nia	GBR	19	Harrow AC	3	5	2	11.43	Q
9	275	SIBBONS Aleeya	GBR	21	Newham & Essex Beagles AC	1	3	2	11.44	Q
5	253	PHILIP Asha	GBR	33	Newham & Essex Beagles AC	2	3	3	11.38	q
6	105	EZE Joy	GBR	20	Gateshead Harriers & AC	2	4	4	11.42	q SB

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0010500_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Men's 100 m Ambulant - First Round



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
As of 29/06/2024 at 18:12									(Wind: -1.8 m/s)
1	9	OYINBO-COKER Emmanuel	GBR	22	Newham & Essex Beagles AC	T47	4	11.16 Q	838
2	11	SHAW Zachary	GBR	28	Cleethorpes AC	T12	7	11.22 Q	882
3	10	SANTOS Kevin	GBR	21	City of Norwich	T47	6	11.29 Q	0
4	4	KEYWORTH Kyle	GBR	27	Manchester Harriers & AC	T35	5	12.84 Q SB	757
5	5	LEDGER James	GBR	30	DSW Para Academy KELLY,GREG-guide	T11	1	11.87 Q	703
6	3	FACEY-DELL Markus	GBR	24	City of Sheffield & Dearn	T36	3	13.16 Q SB	508

Details: Start time:17:35 Temperature:+17°C Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM8010301_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	MARK	POINTS
------	-----	----------------	-----	-----	------	------	--------

WR	82.98	WLODARCZYK Anita	1985	POL	WARSZAWA	28 AUG 2016
ER	82.98	WLODARCZYK Anita	1985	POL	WARSZAWA	28 AUG 2016
CR	72.02	HITCHON Sophie		GBR	BIRMINGHAM	01 JUL 2018
NR	74.54	HITCHON Sophie	1991	GBR	RIO DE JANEI	15 AUG 2016
SR	70.59	PAYNE Charlotte		GBR	MANCHESTER	26 JUN 2022

As of 20/02/2024 at 18:56

1	256	PURCHASE Anna	GBR	24	Notts AC	68.79	
2	250	PAYNE Charlotte	GBR	22	Reading AC	67.33	
3	139	HEAD Katie	GBR	24	Newham & Essex Beagles AC	64.81	
4	201	MAYHO Jessica	GBR	31	Kingston upon Hull AC	64.36	
5	255	PRESSWELL Kayleigh	GBR	29	Thames Valley Harries	63.41	
6	28	BARNSDALE Alice	GBR	25	Kingston upon Hull AC	61.80	
7	323	WILCOCKSON Rachel	GBR	37	Mansfield Harriers	59.23	SB
8	41	BLOOD Hannah	GBR	23	Sale Harrier Manchester	57.49	
9	77	CROSSDALE Annabelle	GBR	29	Notts AC	57.49	SB
10	31	BEAN Poppy	GBR	23	Notts AC	55.52	
11	210	MERRITT Anna	GBR	21	Harrow AC	55.25	
12	326	WILLIAMS Charlotte	GBR	22	Blackburn Harriers & AC	53.28	
13	51	BROADBRIDGE Helen	GBR	31	Kingston upon Hull AC	48.61	

Starting order	1	2	3	4	5	6	7	8	9	10	11	12	13		
Initial	255	31	250	326	210	77	139	41	256	28	201	51	323		
4th and 5th attempts	41	323	28	255	201	139	250	256							
6th attempt	41	323	28	255	201	139	250	256							

Details:

Start time:17:29

Temperature:+16°C

Humidity:81%

Finish Time:18:52

Temperature:+16°C

Humidity:81%

As of 20/02/2024 at 18:56

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
5	255	PRESSWELL Kayleigh Thames Valley Harries	GBR 29	1	X	62.07	63.35	63.41	58.68	61.26	63.41	
10	31	BEAN Poppy Notts AC	GBR 23	2	X	55.52	49.58				55.52	
2	250	PAYNE Charlotte Reading AC	GBR 22	3		64.43	67.33	66.42	65.58	66.48	67.33	
12	326	WILLIAMS Charlotte Blackburn Harriers & AC	GBR 22	4	X	51.42	53.28				53.28	
11	210	MERRITT Anna Harrow AC	GBR 21	5		54.40	55.25	54.45			55.25	
9	77	CROSSDALE Annabelle Notts AC	GBR 29	6		57.49	X	55.84			57.49	SB
3	139	HEAD Katie Newham & Essex Beagles AC	GBR 24	7		64.58	64.81	64.60	63.92	59.42	X	64.81
8	41	BLOOD Hannah Sale Harrier Manchester	GBR 23	8		57.49	56.43	56.39	X	57.21	56.90	57.49
1	256	PURCHASE Anna Notts AC	GBR 24	9	X	68.79	X	X	68.34	X	68.79	

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATW0540601_73R

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Semi-final Semifinal 1 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	9.58	BOLT Usain	1986	JAM	BERLIN			16 AUG 2009	
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO			01 AUG 2021	
CR	9.91	DASALOU James		GBR	BIRMINGHAM			13 JUL 2013	
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK			24 JUN 2023	
SR	10.00	FEARON Joel		GBR	MANCHESTER			17 AUG 2016	

As of 29/06/2024 at 17:41

(Wind: -1.1 m/s)

1	157	HINCHLIFFE Louie	GBR	21	City of Sheffield & Dearn	5	0.149	10.22	Q
2	14	AMO-DADZIE Eugene	GBR	32	Woodford Green & Essex La	4	0.186	10.43	Q
3	255	PANTON Tyler	GBR	21	Woking AC	3	0.143	10.46	
4	286	ROBERTSON Andrew	GBR	33	Sale Harrier Manchester	2	0.168	10.56	
5	346	WINCHESTER-WRIGHT Callum	GBR	24	Lincoln Wellington AC	1	0.165	10.81	
6	314	TAYLOR Harry	GBR	23	Harrow AC	8	0.153	10.82	
7	226	MOSTYN Ryan	GBR	23	Liverpool Sefton Prembrok	7	0.174	10.86	

NOT RANKED

1	ADEWALE Ade	GBR	30	Enfield & Haringey AC	6		DQ	16.8
---	-------------	-----	----	-----------------------	---	--	-----------	------

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:17:41

Temperature:+17°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0010501_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Semi-final Semifinal 2 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN			16 AUG 2009	
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO			01 AUG 2021	
CR	9.91	DASALOU James		GBR	BIRMINGHAM			13 JUL 2013	
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK			24 JUN 2023	
SR	10.00	FEARON Joel		GBR	MANCHESTER			17 AUG 2016	

As of 29/06/2024 at 17:58

(Wind: +0.2 m/s)

1	19	AZU Jeremiah	GBR	23	Cardiff AC	3	0.133	10.28	Q
2	328	WALSH Nicholas	GBR	26	Sale Harrier Manchester	4	0.132	10.47	Q
3	252	OTUGADE John	GBR	29	Shaftesbury Barnet Harrie	9	0.120	10.55	
4	178	JONES Elliot	GBR	26	Liverpool Pembroke & Seft	6	0.139	10.55	
5	18	AWE Korede	GBR	24	Invicta East Kent AC	2	0.108	10.59	
6	344	WILLIAMS Jahde	GBR	27	Harrow AC	7	0.121	10.65	
7	239	NWOKEJI Ebuka	GBR	17	Shaftesbury Barnet Harrie	1	0.149	20.86	

NOT RANKED

331	WATSON-BROWN Jordan	GBR	26	Birchfield Harriers	8		DNS	
109	EDOBURUN Ojie	GBR	28	Enfield & Haringey AC	5		DQ	16.8

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:17:57

Temperature:+17°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0010501_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Semi-final
Semifinal 3 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN	16 AUG 2009
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO	01 AUG 2021
CR	9.91	DASALOU James		GBR	BIRMINGHAM	13 JUL 2013
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK	24 JUN 2023
SR	10.00	FEARON Joel		GBR	MANCHESTER	17 AUG 2016

As of 29/06/2024 at 18:02

(Wind: -0.7 m/s)

1	323	UJAH Cj	GBR	30	Enfield & Haringey AC	6	0.145	10.36	Q
2	274	PRESCOD Reece	GBR	28	Enfield & Haringey AC	3	0.150	10.38	Q
3	345	WILSON Teddy	GBR	18	Shaftesbury Barnet Harrie	4	0.154	10.42	q SB
4	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	5	0.125	10.44	q
5	131	GORDON Samuel	GBR	29	Cardiff AC	2	0.147	10.61	
6	134	GOWAN-WADE Kieran	GBR	26	Blackheath & Bromley Harr	8	0.181	10.69	
7	263	PEARCE Patrick	GBR	22	Birchfield Harriers	1	0.139	10.75	
8	170	INNISS Tyvon	GBR	21	Croydon Harriers	7	0.186	10.78	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:18:02

Temperature:+17°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0010501_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	9.58	BOLT Usain	1986	JAM	BERLIN				16 AUG 2009	
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO				01 AUG 2021	
CR	9.91	DASALOU James		GBR	BIRMINGHAM				13 JUL 2013	
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK				24 JUN 2023	
SR	10.00	FEARON Joel		GBR	MANCHESTER				17 AUG 2016	
1	157	HINCHLIFFE Louie	GBR	21	City of Sheffield & Dearn	1	5	1	10.22	Q
2	19	AZU Jeremiah	GBR	23	Cardiff AC	2	3	1	10.28	Q
3	323	UJAH Cj	GBR	30	Enfield & Haringey AC	3	6	1	10.36	Q
4	274	PRESCOD Reece	GBR	28	Enfield & Haringey AC	3	3	2	10.38	Q
5	345	WILSON Teddy	GBR	18	Shaftesbury Barnet Harrie	3	4	3	10.42	q SB
6	14	AMO-DADZIE Eugene	GBR	32	Woodford Green & Essex La	1	4	2	10.43	Q
7	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	3	5	4	10.44	q
8	255	PANTON Tyler	GBR	21	Woking AC	1	3	3	10.46	
9	328	WALSH Nicholas	GBR	26	Sale Harrier Manchester	2	4	2	10.47	Q
10	252	OTUGADE John	GBR	29	Shaftesbury Barnet Harrie	2	9	3	10.55	
11	178	JONES Elliot	GBR	26	Liverpool Pembroke & Seft	2	6	4	10.55	
12	286	ROBERTSON Andrew	GBR	33	Sale Harrier Manchester	1	2	4	10.56	
13	18	AWE Korede	GBR	24	Invicta East Kent AC	2	2	5	10.59	
14	131	GORDON Samuel	GBR	29	Cardiff AC	3	2	5	10.61	
15	344	WILLIAMS Jahde	GBR	27	Harrow AC	2	7	6	10.65	
16	134	GOWAN-WADE Kieran	GBR	26	Blackheath & Bromley Harr	3	8	6	10.69	
17	263	PEARCE Patrick	GBR	22	Birchfield Harriers	3	1	7	10.75	
18	170	INNISS Tyvon	GBR	21	Croydon Harriers	3	7	8	10.78	
19	346	WINCHESTER-WRIGHT Callum	GBR	24	Lincoln Wellington AC	1	1	5	10.81	
20	314	TAYLOR Harry	GBR	23	Harrow AC	1	8	6	10.82	
21	226	MOSTYN Ryan	GBR	23	Liverpool Sefton Prembrok	1	7	7	10.86	
22	239	NWOKEJI Ebuka	GBR	17	Shaftesbury Barnet Harrie	2	1	7	20.86	

NOT RANKED

331	WATSON-BROWN Jordan	GBR	26	Birchfield Harriers	2	8	DNS	
1	ADEWALE Ade	GBR	30	Enfield & Haringey AC	1	6	DQ	16.8
109	EDOBURUN Ojie	GBR	28	Enfield & Haringey AC	2	5	DQ	16.8

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0010500_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Semi-final



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	9.58	BOLT Usain	1986	JAM	BERLIN				16 AUG 2009	
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO				01 AUG 2021	
CR	9.91	DASALOU James		GBR	BIRMINGHAM				13 JUL 2013	
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK				24 JUN 2023	
SR	10.00	FEARON Joel		GBR	MANCHESTER				17 AUG 2016	
1	157	HINCHLIFFE Louie	GBR	21	City of Sheffield & Dearn	1	5	1	10.22	Q
2	19	AZU Jeremiah	GBR	23	Cardiff AC	2	3	1	10.28	Q
3	323	UJAH Cj	GBR	30	Enfield & Haringey AC	3	6	1	10.36	Q
4	274	PRESCOD Reece	GBR	28	Enfield & Haringey AC	3	3	2	10.38	Q
6	14	AMO-DADZIE Eugene	GBR	32	Woodford Green & Essex La	1	4	2	10.43	Q
9	328	WALSH Nicholas	GBR	26	Sale Harrier Manchester	2	4	2	10.47	Q
5	345	WILSON Teddy	GBR	18	Shaftesbury Barnet Harrie	3	4	3	10.42	q SB
7	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	3	5	4	10.44	q

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0010500_48B 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	23.56	CROUSER Ryan	1992	USA	LOS ANGELES	27 MAY 2023
ER	23.06	TIMMERMANN Ulf	1962	GDR	HANIA	07 AUG 1995
CR	21.55	MYERSCOUGH Carl		GBR	BIRMINGHAM	27 JUL 2003
NR	21.92	MYERSCOUGH Carl		GBR	SACRAMENTO	13 JUN 2003
SR	20.84	MYERSCOUGH Carl		GBR	MANCHESTER	10 JUL 2004

As of 01/03/2024 at 18:52

1	195	LINCOLN Scott	GBR	31	City of York AC	20.81	
2	310	SWAN Patrick	GBR	26	Cornwall AC	17.83	
3	94	DELANEY Isaac	GBR	19	Preston Harriers	17.56	
4	52	CAMERON Piers	GBR	19	Birchfield Harriers	16.87	
5	187	KNIGHT Andrew	GBR	22	Southampton AC	16.29	
6	91	DAVIES Zac	GBR	21	Harrow AC	15.97	
7	197	LOCKHART Angus	GBR	33	Harrow AC	15.94	PB
8	29	BEARD Greg	GBR	41	Newham & Essex Beagles AC	15.23	
9	205	MATTHEWS Jacob	GBR	33	Halesowen AC	14.26	

Starting order	1	2	3	4	5	6	7	8	9						
Initial	29	195	205	52	94	197	91	310	187						
4th and 5th attempts	29	91	197	187	52	94	310	195							
6th attempt	29	197	91	187	52	94	310	195							

Details:

Start time:17:57

Finish Time:18:48

Temperature:+16°C

Temperature:+16°C

Humidity:81%

Humidity:81%

As of 01/03/2024 at 18:52

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
8	29	BEARD Greg Newham & Essex Beagles AC	GBR 41	1	14.09	15.23	X	14.97	14.49	15.12	15.23	
1	195	LINCOLN Scott City of York AC	GBR 31	2	19.29	20.81	20.62	X	19.87	X	20.81	
9	205	MATTHEWS Jacob Halesowen AC	GBR 33	3	13.83	X	14.26	X	X		14.26	
4	52	CAMERON Piers Birchfield Harriers	GBR 19	4	15.87	16.45	16.87	X	16.50	X	16.87	
3	94	DELANEY Isaac Preston Harriers	GBR 19	5	17.49	17.20	17.15	17.56	17.15	X	17.56	
7	197	LOCKHART Angus Harrow AC	GBR 33	6	15.33	15.53	15.94	15.62	15.52	15.36	15.94	PB
6	91	DAVIES Zac Harrow AC	GBR 21	7	15.23	15.18	X	14.75	15.97	X	15.97	
2	310	SWAN Patrick Cornwall AC	GBR 26	8	X	17.83	17.57	X			17.83	
5	187	KNIGHT Andrew Southampton AC	GBR 22	9	15.98	16.28	16.29	16.24	16.23	16.16	16.29	

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
PB = Personal Best

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATM0510601_73R 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 100 m Hurdles - Final



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB LANE REACT TIME POINTS

WR	12.12	AMUSAN Tobi	1997	NGR	EUGENE	24 JUL 2022
ER	12.21	DONKOVA Yordanka	1961	BUL	STARA ZAGORA	20 AUG 1988
CR	12.68	PORTER Tiffany		GBR	BIRMINGHAM	13 JUL 2013
NR	12.50	SEMBER Cindy	1994	GBR	EUGENE	24 JUL 2022
SR	12.78	PORTER Tiffany		GBR	MANCHESTER	27 JUN 2021

As of 29/06/2024 at 18:11

(Wind: -1.8 m/s)

1	272	SEMBER Cindy	GBR	29	Woodford Green & Essex La	5	0.155	12.85	
2	29	BARRETT Alicia	GBR	26	Trafford AC	8	0.173	13.40	SB
3	157	HUNTER Jessica	GBR	27	Shaftesbury Barnet Harrie	3	0.160	13.41	
4	54	BROWN Thea	GBR	17	Sale Harrier Manchester	1	0.165	13.44	
5	206	MCINTOSH Mia	GBR	19	Harrow AC	2	0.121	13.46	
6	306	WAKEFIELD Isabel	GBR	24	Harrow AC	7	0.131	13.50	
7	273	SEY Marcia	GBR	22	Blackheath & Bromley Harr	4	0.110	13.52	
8	164	JESSOP Marli	GBR	21	Harrow AC	6	0.130	13.55	

Details:

Start time:18:10

Temperature:+17°C

Humidity:80%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0110601_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 1500 m - Heats
Heat 1 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	3:26.00	EL GUERROUJ Hicham	1974	MAR	ROMA		14 JUL 1998	
ER	3:27.14	INGEBRIGTSEN Jakob	2000	NOR	CHORZOW		16 JUL 2023	
CR	3:35.93	GLADWIN John		GBR	BIRMINGHAM		21 JUN 1986	
NR	3:28.81	FARAH Mo		GBR	MONACO		19 JUL 2013	
SR	3:36.69	MURRAY Ross		GBR	MANCHESTER		19 MAY 2012	

As of 29/06/2024 at 18:30

1	133	GOURLEY Neil	GBR	29	Giffnock North AC	7	3:44.33	Q
2	92	DAVIS Archie	GBR	25	Brighton Pheonix	5	3:44.53	Q
3	44	BOYEK Cameron	GBR	30	Morpeth Harriers & AC	6	3:44.59	Q
4	79	COUTTIE George	GBR	19	Harrogate Harriers & AC	2	3:44.65	Q
5	211	MELLOY Alexander	GBR	20	Cambridge & Coleridge AC	3	3:45.44	
6	90	DAVIES Justin	GBR	21	Team Bath AC	10	3:45.49	
7	338	WIGFIELD Joe	GBR	24	Wirral AC	12	3:45.89	
8	325	WAKEFIELD Harry	GBR	34	Salford Harriers & AC	9	3:46.13	
9	47	BROOKLING Daniel	GBR	23	WSEH	11	3:48.96	
10	260	PATTON Jack	GBR	21	Kilbarchan AAC	1	3:49.33	
11	159	HOLMAN David	GBR	19	Blackburn Harriers & AC	4	3:54.43	
12	125	FREELAND Zak	GBR	19	Marshall Milton Keynes AC	8	3:57.66	

Qualification: First 4 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m :	159	1:02.28
800 m :	133	2:06.57
1200 m :	133	3:04.07

Details:

Start time:18:30

Temperature:+16°C

Humidity:81%

Legend

* = Warning
DNS = Did Not Start
ORD = Order

DNF = Did Not Finish
DQ = Disqualified

Manchester Regional Arena, June 29 - June 30 2024

ATM0150301_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 1500 m - Heats
Heat 2 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	3:26.00	EL GUERROUJ Hicham	1974	MAR	ROMA		14 JUL 1998	
ER	3:27.14	INGEBRIGTSEN Jakob	2000	NOR	CHORZOW		16 JUL 2023	
CR	3:35.93	GLADWIN John		GBR	BIRMINGHAM		21 JUN 1986	
NR	3:28.81	FARAH Mo		GBR	MONACO		19 JUL 2013	
SR	3:36.69	MURRAY Ross		GBR	MANCHESTER		19 MAY 2012	

As of 29/06/2024 at 18:34

1	216	MILLS George	GBR	25	Brighton Phoenix	8	3:40.34	Q
2	98	DODD Thomas	GBR	25	Birchfield Harriers	4	3:40.77	Q SB
3	209	MCLUCKIE Henry	GBR	22	Isle of Wight ac	12	3:40.95	Q
4	71	COPELAND Piers	GBR	25	Pontypridd Roadents AC	9	3:41.41	Q
5	63	CLARIDGE Ben	GBR	26	Abingdon AC	6	3:41.78	PB
6	322	TUFFIN Joseph	GBR	25	Bham Running Athletics & T	11	3:42.23	
7	233	NEWMAN Oliver	GBR	23	Cambridge & Coleridge AC	3	3:42.41	PB
8	210	MCMURRAY James	GBR	29	St Albans Striders	7	3:43.94	
9	89	DAVIES Benjamin	GBR	25	Bedford & County AC	2	3:44.86	SB
10	282	REYNOLDS Ben	GBR	21	Cardiff AC	10	3:45.90	
11	349	WYLLIE Charlie	GBR	26	Hercules Wimbledon AC	1	3:46.04	
12	32	BEBBINGTON Daniel	GBR	28	Blackburn Harriers & AC	13	3:49.14	
13	287	ROBINSON Duncan	GBR	21	Giffnock North AC	5	3:59.12	

Qualification: First 4 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 322 1:01.14
800 m : 209 2:00.14
1200 m : 216 2:58.14

Details: Start time:18:33 Temperature:+16°C Humidity:81%

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best
DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0150301_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 1500 m - Heats
Heat 3 of 3



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	3:26.00	EL GUERROUJ Hicham	1974	MAR	ROMA		14 JUL 1998	
ER	3:27.14	INGEBRIGTSEN Jakob	2000	NOR	CHORZOW		16 JUL 2023	
CR	3:35.93	GLADWIN John		GBR	BIRMINGHAM		21 JUN 1986	
NR	3:28.81	FARAH Mo		GBR	MONACO		19 JUL 2013	
SR	3:36.69	MURRAY Ross		GBR	MANCHESTER		19 MAY 2012	

As of 29/06/2024 at 18:37

1	120	FOGG Adam	GBR	25	Coventry Godiva Harriers	7	3:39.45	Q
2	180	KEEN Thomas	GBR	23	Cambridge & Coleridge AC	2	3:39.80	Q
3	37	BILYARD Tyler	GBR	22	Great Yarmouth & District	6	3:39.85	Q
4	60	CHARIG Samuel	GBR	22	City of Portsmouth	5	3:39.88	Q PB
5	141	GUMM Jack	GBR	24	Brighton Pheonix	1	3:42.31	
6	335	WHARTON Max	GBR	27	Sale Harrier Manchester	12	3:43.24	
7	24	BARBARESI Oliver	GBR	24	Thames Valley Harries	11	3:43.88	PB
8	213	MIELL-INGRAM Rowan	GBR	20	Radley AC	8	3:44.48	
9	284	RICHARDSON Freddy	GBR	23	Colchester & Tendring AC	4	3:46.97	
10	93	DAVIS Kian	GBR	23	Preston Harriers	9	3:49.25	
11	207	MCGILL Andrew	GBR	20	Cambuslang Harriers	3	3:54.45	
12	33	BELL Oscar	GBR	25	Herts Phoenix AC	10	3:59.40	

Qualification: First 4 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 120 59.51
800 m : 120 1:58.72
1200 m : 120 2:56.53

Details:

Start time:18:37

Temperature:+16°C

Humidity:81%

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0150301_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	ORD	RANK	TIME	POINTS
WR	3:26.00	EL GUERROUJ Hicham	1974	MAR	ROMA				14 JUL 1998	
ER	3:27.14	INGEBRIGTSEN Jakob	2000	NOR	CHORZOW				16 JUL 2023	
CR	3:35.93	GLADWIN John		GBR	BIRMINGHAM				21 JUN 1986	
NR	3:28.81	FARAH Mo		GBR	MONACO				19 JUL 2013	
SR	3:36.69	MURRAY Ross		GBR	MANCHESTER				19 MAY 2012	
1	120	FOGG Adam	GBR	25	Coventry Godiva Harriers	3	7	1	3:39.45	Q
2	180	KEEN Thomas	GBR	23	Cambridge & Coleridge AC	3	2	2	3:39.80	Q
3	37	BILYARD Tyler	GBR	22	Great Yarmouth & District	3	6	3	3:39.85	Q
4	60	CHARIG Samuel	GBR	22	City of Portsmouth	3	5	4	3:39.88	Q PB
5	216	MILLS George	GBR	25	Brighton Pheonix	2	8	1	3:40.34	Q
6	98	DODD Thomas	GBR	25	Birchfield Harriers	2	4	2	3:40.77	Q SB
7	209	MCLUCKIE Henry	GBR	22	Isle of Wight ac	2	12	3	3:40.95	Q
8	71	COPELAND Piers	GBR	25	Pontypridd Roadents AC	2	9	4	3:41.41	Q
9	63	CLARIDGE Ben	GBR	26	Abingdon AC	2	6	5	3:41.78	PB
10	322	TUFFIN Joseph	GBR	25	Bham Running Athletics & T	2	11	6	3:42.23	
11	141	GUMM Jack	GBR	24	Brighton Pheonix	3	1	5	3:42.31	
12	233	NEWMAN Oliver	GBR	23	Cambridge & Coleridge AC	2	3	7	3:42.41	PB
13	335	WHARTON Max	GBR	27	Sale Harrier Manchester	3	12	6	3:43.24	
14	24	BARBARESI Oliver	GBR	24	Thames Valley Harries	3	11	7	3:43.88	PB
15	210	MCMURRAY James	GBR	29	St Albans Striders	2	7	8	3:43.94	
16	133	GOURLEY Neil	GBR	29	Giffnock North AC	1	7	1	3:44.33	Q
17	213	MIELL-INGRAM Rowan	GBR	20	Radley AC	3	8	8	3:44.48	
18	92	DAVIS Archie	GBR	25	Brighton Pheonix	1	5	2	3:44.53	Q
19	44	BOYEK Cameron	GBR	30	Morpeth Harriers & AC	1	6	3	3:44.59	Q
20	79	COUTTIE George	GBR	19	Harrogate Harriers & AC	1	2	4	3:44.65	Q
21	89	DAVIES Benjamin	GBR	25	Bedford & County AC	2	2	9	3:44.86	SB
22	211	MELLOY Alexander	GBR	20	Cambridge & Coleridge AC	1	3	5	3:45.44	
23	90	DAVIES Justin	GBR	21	Team Bath AC	1	10	6	3:45.49	
24	338	WIGFIELD Joe	GBR	24	Wirral AC	1	12	7	3:45.89	
25	282	REYNOLDS Ben	GBR	21	Cardiff AC	2	10	10	3:45.90	
26	349	WYLLIE Charlie	GBR	26	Hercules Wimbledon AC	2	1	11	3:46.04	
27	325	WAKEFIELD Harry	GBR	34	Salford Harriers & AC	1	9	8	3:46.13	
28	284	RICHARDSON Freddy	GBR	23	Colchester & Tendring AC	3	4	9	3:46.97	
29	47	BROOKLING Daniel	GBR	23	WSEH	1	11	9	3:48.96	
30	32	BEBBINGTON Daniel	GBR	28	Blackburn Harriers & AC	2	13	12	3:49.14	
31	93	DAVIS Kian	GBR	23	Preston Harriers	3	9	10	3:49.25	
32	260	PATTON Jack	GBR	21	Kilbarchan AAC	1	1	10	3:49.33	
33	159	HOLMAN David	GBR	19	Blackburn Harriers & AC	1	4	11	3:54.43	
34	207	MCGILL Andrew	GBR	20	Cambuslang Harriers	3	3	11	3:54.45	
35	125	FREELAND Zak	GBR	19	Marshall Milton Keynes AC	1	8	12	3:57.66	
36	287	ROBINSON Duncan	GBR	21	Giffnock North AC	2	5	13	3:59.12	
37	33	BELL Oscar	GBR	25	Herts Phoenix AC	3	10	12	3:59.40	

Qualification: First 4 in each heat (Q) to Final

Legend	
* = Warning	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
ORD = Order	PB = Personal Best
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0150300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	ORD	RANK	TIME	POINTS
WR	3:26.00	EL GUERROUJ Hicham	1974	MAR	ROMA				14 JUL 1998	
ER	3:27.14	INGEBRIGTSEN Jakob	2000	NOR	CHORZOW				16 JUL 2023	
CR	3:35.93	GLADWIN John		GBR	BIRMINGHAM				21 JUN 1986	
NR	3:28.81	FARAH Mo		GBR	MONACO				19 JUL 2013	
SR	3:36.69	MURRAY Ross		GBR	MANCHESTER				19 MAY 2012	
1	120	FOGG Adam	GBR	25	Coventry Godiva Harriers	3	7	1	3:39.45	Q
5	216	MILLS George	GBR	25	Brighton Pheonix	2	8	1	3:40.34	Q
16	133	GOURLEY Neil	GBR	29	Giffnock North AC	1	7	1	3:44.33	Q
2	180	KEEN Thomas	GBR	23	Cambridge & Coleridge AC	3	2	2	3:39.80	Q
6	98	DODD Thomas	GBR	25	Birchfield Harriers	2	4	2	3:40.77	Q SB
18	92	DAVIS Archie	GBR	25	Brighton Pheonix	1	5	2	3:44.53	Q
3	37	BILYARD Tyler	GBR	22	Great Yarmouth & District	3	6	3	3:39.85	Q
7	209	MCLUCKIE Henry	GBR	22	Isle of Wight ac	2	12	3	3:40.95	Q
19	44	BOYEK Cameron	GBR	30	Morpeth Harriers & AC	1	6	3	3:44.59	Q
4	60	CHARIG Samuel	GBR	22	City of Portsmouth	3	5	4	3:39.88	Q PB
8	71	COPELAND Piers	GBR	25	Pontypridd Roadents AC	2	9	4	3:41.41	Q
20	79	COUTTIE George	GBR	19	Harrogate Harriers & AC	1	2	4	3:44.65	Q

Qualification: First 4 in each heat (Q) to Final

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0150300_48A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	3:49.11	KIPYEGON Faith	1994	KEN	FIRENZE		02 JUN 2023	
ER	3:51.95	HASSAN Sifan	1993	NED	DOHA		05 OCT 2019	
CR	4:01.41	HOLMES Kelly		GBR	BIRMINGHAM		12 JUN 1997	
NR	3:54.50	MUIR Laura	1993	GBR	TOKYO		06 AUG 2021	
SR	4:07.24	TULLETT Hayley		GBR	MANCHESTER		11 JUL 2004	

As of 29/06/2024 at 18:44

1	222	MUIR Laura	GBR	31	Dundee Hawkhill Harriers	1	4:16.30	Q
2	111	FLOCKHART Shannon	GBR	22	Cambridge & Coleridge AC	11	4:17.44	Q
3	191	LEATHER Ellie	GBR	25	Team Bath AC	12	4:17.51	Q
4	85	DEADMAN Maddie	GBR	24	Basingstoke & Mid Hants A	4	4:18.71	Q
5	152	HUDSON Molly	GBR	21	Derby AC	8	4:19.93	
6	23	BAILEY Jess	GBR	17	Leven Valley AC	6	4:20.30	PB
7	82	DAVIES Angharad	GBR	32	Carmarthen & District Har	10	4:21.03	
8	217	MONK Suzannah	GBR	28	Guildford & Godalming AC	5	4:21.91	
9	328	WILLIS Kate	GBR	21	City of Norwich	3	4:26.31	SB
10	136	HAWKINS Lillian	GBR	28	Southampton AC	2	4:26.58	
11	74	COUTTS Sarah	GBR	21	Fife AC	9	4:28.76	
12	30	BATES Alice	GBR	19	Kettering Town Harriers A	7	4:48.19	

Qualification: First 4 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 152 1:11.17
800 m : 191 2:22.20
1200 m : 191 3:29.42

Details:

Start time:18:44

Temperature:+16°C

Humidity:72%

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0150301_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	3:49.11	KIPYEGON Faith	1994	KEN	FIRENZE		02 JUN 2023	
ER	3:51.95	HASSAN Sifan	1993	NED	DOHA		05 OCT 2019	
CR	4:01.41	HOLMES Kelly		GBR	BIRMINGHAM		12 JUN 1997	
NR	3:54.50	MUIR Laura	1993	GBR	TOKYO		06 AUG 2021	
SR	4:07.24	TULLETT Hayley		GBR	MANCHESTER		11 JUL 2004	

As of 29/06/2024 at 18:53

1	280	SNOWDEN Katie	GBR	30	Herne Hill Harriers	10	4:13.34	Q
2	73	COURTNEY-BRYANT Melissa	GBR	30	Poole AC	9	4:13.52	Q
3	218	MORLEY Bethan	GBR	22	Leeds City	12	4:14.05	Q
4	66	CHURCH Lauren	GBR	26	Reading AC	8	4:14.51	Q PB
5	108	FINCH Gemma	GBR	26	Basingstoke & Mid Hants A	11	4:14.86	
6	248	PARKER Hollie	GBR	27	Brighton Pheonix	4	4:18.23	
7	312	WALKER Kirsty	GBR	24	Edinburgh AC	5	4:19.45	PB
8	88	DIXON Holly	GBR	26	Cambridge Harriers	7	4:19.90	
9	56	BUTTERWORTH Molly	GBR	24	Doncaster AC	3	4:25.08	SB
10	145	HODDER Juliet	GBR	23	Wirral AC	2	4:27.49	
11	19	ATKINSON Mia	GBR	22	Charnwood AC	1	4:28.57	
12	297	TUCKER Stefanie	GBR	24	Cambuslang Harriers	6	4:31.21	

Qualification: First 4 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m : 19 1:08.41
800 m : 73 2:19.59
1200 m : 73 3:26.27

Details:

Start time:18:52

Temperature:+16°C

Humidity:80%

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0150301_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	3:49.11	KIPYEGON Faith	1994	KEN	FIRENZE		02 JUN 2023	
ER	3:51.95	HASSAN Sifan	1993	NED	DOHA		05 OCT 2019	
CR	4:01.41	HOLMES Kelly		GBR	BIRMINGHAM		12 JUN 1997	
NR	3:54.50	MUIR Laura	1993	GBR	TOKYO		06 AUG 2021	
SR	4:07.24	TULLETT Hayley		GBR	MANCHESTER		11 JUL 2004	

As of 29/06/2024 at 19:01

1	34	BELL Georgia	GBR	30	Belgrave Harriers	4	4:13.71	Q
2	307	WALCOTT NOLAN Reeve	GBR	29	Luton AC	1	4:13.88	Q
3	194	LLOYD Ava	GBR	18	Wigan & District AC	12	4:15.20	Q
4	58	CALVERT Sarah	GBR	23	Livingston AC	8	4:15.33	Q
5	177	KERSEY Gemma	GBR	32	Basildon AC	6	4:18.75	SB
6	283	STONE Philippa	GBR	26	Middlesbrough Athletic Cl	5	4:19.96	SB
7	274	SHIPLEY Alexandra	GBR	25	Milton Keynes Distance Pr	10	4:20.43	
8	133	HANCOCK Abigail	GBR	21	Reading AC	9	4:21.79	PB
9	83	DAVIES Megan	GBR	28	Sale Harrier Manchester	2	4:23.61	
10	321	WEIR Kosana	GBR	24	Thames Valley Harries	7	4:23.75	
11	9	ANDERSON Hannah	GBR	21	East Kilbride AC	11	4:26.47	
12	27	BARLOW Beth	GBR	24	Manchester Harriers & AC	3	4:41.24	

Qualification: First 4 in each heat (Q) to Final

Intermediate point leaders (Bib and Time):

400 m :	83	1:07.86
800 m :	83	2:18.22
1200 m :	34	3:26.37

Details:

Start time:19:01

Temperature:+15°C

Humidity:85%

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0150301_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	ORD	RANK	TIME	POINTS
WR	3:49.11	KIPYEGON Faith	1994	KEN	FIRENZE				02 JUN 2023	
ER	3:51.95	HASSAN Sifan	1993	NED	DOHA				05 OCT 2019	
CR	4:01.41	HOLMES Kelly		GBR	BIRMINGHAM				12 JUN 1997	
NR	3:54.50	MUIR Laura	1993	GBR	TOKYO				06 AUG 2021	
SR	4:07.24	TULLETT Hayley		GBR	MANCHESTER				11 JUL 2004	
1	280	SNOWDEN Katie	GBR	30	Herne Hill Harriers	2	10	1	4:13.34	Q
2	73	COURTNEY-BRYANT Melissa	GBR	30	Poole AC	2	9	2	4:13.52	Q
3	34	BELL Georgia	GBR	30	Belgrave Harriers	3	4	1	4:13.71	Q
4	307	WALCOTT NOLAN Reeve	GBR	29	Luton AC	3	1	2	4:13.88	Q
5	218	MORLEY Bethan	GBR	22	Leeds City	2	12	3	4:14.05	Q
6	66	CHURCH Lauren	GBR	26	Reading AC	2	8	4	4:14.51	Q PB
7	108	FINCH Gemma	GBR	26	Basingstoke & Mid Hants A	2	11	5	4:14.86	
8	194	LLOYD Ava	GBR	18	Wigan & District AC	3	12	3	4:15.20	Q
9	58	CALVERT Sarah	GBR	23	Livingston AC	3	8	4	4:15.33	Q
10	222	MUIR Laura	GBR	31	Dundee Hawkhill Harriers	1	1	1	4:16.30	Q
11	111	FLOCKHART Shannon	GBR	22	Cambridge & Coleridge AC	1	11	2	4:17.44	Q
12	191	LEATHER Ellie	GBR	25	Team Bath AC	1	12	3	4:17.51	Q
13	248	PARKER Hollie	GBR	27	Brighton Pheonix	2	4	6	4:18.23	
14	85	DEADMAN Maddie	GBR	24	Basingstoke & Mid Hants A	1	4	4	4:18.71	Q
15	177	KERSEY Gemma	GBR	32	Basildon AC	3	6	5	4:18.75	SB
16	312	WALKER Kirsty	GBR	24	Edinburgh AC	2	5	7	4:19.45	PB
17	88	DIXON Holly	GBR	26	Cambridge Harriers	2	7	8	4:19.90	
18	152	HUDSON Molly	GBR	21	Derby AC	1	8	5	4:19.93	
19	283	STONE Philippa	GBR	26	Middlesbrough Athletic Cl	3	5	6	4:19.96	SB
20	23	BAILEY Jess	GBR	17	Leven Valley AC	1	6	6	4:20.30	PB
21	274	SHIPLEY Alexandra	GBR	25	Milton Keynes Distance Pr	3	10	7	4:20.43	
22	82	DAVIES Angharad	GBR	32	Carmarthen & District Har	1	10	7	4:21.03	
23	133	HANCOCK Abigail	GBR	21	Reading AC	3	9	8	4:21.79	PB
24	217	MONK Suzannah	GBR	28	Guildford & Godalming AC	1	5	8	4:21.91	
25	83	DAVIES Megan	GBR	28	Sale Harrier Manchester	3	2	9	4:23.61	
26	321	WEIR Kosana	GBR	24	Thames Valley Harries	3	7	10	4:23.75	
27	56	BUTTERWORTH Molly	GBR	24	Doncaster AC	2	3	9	4:25.08	SB
28	328	WILLIS Kate	GBR	21	City of Norwich	1	3	9	4:26.31	SB
29	9	ANDERSON Hannah	GBR	21	East Kilbride AC	3	11	11	4:26.47	
30	136	HAWKINS Lillian	GBR	28	Southampton AC	1	2	10	4:26.58	
31	145	HODDER Juliet	GBR	23	Wirral AC	2	2	10	4:27.49	
32	19	ATKINSON Mia	GBR	22	Charnwood AC	2	1	11	4:28.57	
33	74	COUTTS Sarah	GBR	21	Fife AC	1	9	11	4:28.76	
34	297	TUCKER Stefanie	GBR	24	Cambuslang Harriers	2	6	12	4:31.21	
35	27	BARLOW Beth	GBR	24	Manchester Harriers & AC	3	3	12	4:41.24	
36	30	BATES Alice	GBR	19	Kettering Town Harriers A	1	7	12	4:48.19	

Qualification: First 4 in each heat (Q) to Final

Legend	
* = Warning	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
ORD = Order	PB = Personal Best
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0150300_74A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	ORD	RANK	TIME	POINTS
WR	3:49.11	KIPYEGON Faith	1994	KEN	FIRENZE				02 JUN 2023	
ER	3:51.95	HASSAN Sifan	1993	NED	DOHA				05 OCT 2019	
CR	4:01.41	HOLMES Kelly		GBR	BIRMINGHAM				12 JUN 1997	
NR	3:54.50	MUIR Laura	1993	GBR	TOKYO				06 AUG 2021	
SR	4:07.24	TULLETT Hayley		GBR	MANCHESTER				11 JUL 2004	
1	280	SNOWDEN Katie	GBR	30	Herne Hill Harriers	2	10	1	4:13.34	Q
3	34	BELL Georgia	GBR	30	Belgrave Harriers	3	4	1	4:13.71	Q
10	222	MUIR Laura	GBR	31	Dundee Hawkhill Harriers	1	1	1	4:16.30	Q
2	73	COURTNEY-BRYANT Melissa	GBR	30	Poole AC	2	9	2	4:13.52	Q
4	307	WALCOTT NOLAN Reeve	GBR	29	Luton AC	3	1	2	4:13.88	Q
11	111	FLOCKHART Shannon	GBR	22	Cambridge & Coleridge AC	1	11	2	4:17.44	Q
5	218	MORLEY Bethan	GBR	22	Leeds City	2	12	3	4:14.05	Q
8	194	LLOYD Ava	GBR	18	Wigan & District AC	3	12	3	4:15.20	Q
12	191	LEATHER Ellie	GBR	25	Team Bath AC	1	12	3	4:17.51	Q
6	66	CHURCH Lauren	GBR	26	Reading AC	2	8	4	4:14.51	Q PB
9	58	CALVERT Sarah	GBR	23	Livingston AC	3	8	4	4:15.33	Q
14	85	DEADMAN Maddie	GBR	24	Basingstoke & Mid Hants A	1	4	4	4:18.71	Q

Qualification: First 4 in each heat (Q) to Final

Legend

* = Warning
DNS = Did Not Start
ORD = Order

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0150300_48A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 3000 m Steeplechase - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	8:44.32	CHEPKOECH Beatrice	1991	KEN	MONACO		20 JUL 2018	
ER	8:58.81	GALKINA Gulnara	1978	RUS	BEIJING		17 AUG 2008	
CR	9:30.73	PRATT Aimee		GBR	MANCHESTER		05 SEP 2020	
NR	9:07.87	BIRD Elizabeth	1994	GBR	MONACO		10 AUG 2022	
SR	9:20.79	GEHA Luiza		ALB	MANCHESTER		05 SEP 2020	

As of 29/06/2024 at 19:18

1	37	BIRD Elizabeth	GBR	29	Shaftesbury Barnet Harrie	1	9:29.67	CR
2	295	THORNER Elise	GBR	23	Yeovil Olympiads AC	8	9:33.53	
3	190	LAWRENCE Stevie	GBR	27	Croydon Harriers	5	9:45.46	PB
4	286	TAIT Sarah	GBR	23	Lasswade AC	4	9:49.88	PB
5	132	HALL Lauren	GBR	33	Aldershot Farnham & Distr	7	9:57.05	PB
6	288	TANK Poppy	GBR	26	City of Plymouth	6	9:58.45	
7	269	SCHERIFF Jessica	GBR	28	Belgrave Harriers	9	10:04.36	SB
8	20	AUSTRIDGE Yasmin	GBR	23	Blackheath & Bromley Harr	3	10:13.47	
9	62	CAREY Elena	GBR	24	Bracknell AC	2	10:32.69	

Intermediate point leaders (Bib and Time):

1000 m : 295 3:12.91
2000 m : 295 6:27.49

Details: Start time:19:10 Temperature:+16°C Humidity:85%

Legend

* = Warning
DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
CR = Championship Record
DNS = Did Not Start
ORD = Order
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0330601_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
------	-----	----------------	-----	-----	------	-----	------	--------

WR	14:00.21	TSEGAY Gudaf	1997	ETH	EUGENE	17 SEP 2023
CR	15:05.48	RADCLIFFE Paula		GBR	BIRMINGHAM	13 AUG 2000
NR	14:28.55	MCCOLGAN Eilish	1990	GBR	OSLO	01 JUL 2021
SR	15:07.38	PAVEY Joanne		GBR	MANCHESTER	16 JUL 2006

As of 29/06/2024 at 19:41

1	233	NUTTALL Hannah	GBR	26	Charnwood AC	12	15:13.70	
2	237	OCKENDEN Verity	GBR	32	Swansea Harriers	16	15:13.78	
3	118	FRY Isobel	GBR	24	Newbury AC	3	15:14.92	
4	22	AXFORD Kate	GBR	25	Belgrave Harriers	11	15:19.40	PB
5	316	WALLIS Sophie	GBR	33	Lincoln Wellington AC	17	15:21.72	PB
6	213	MILLARD Alexandra	GBR	22	Invicta East Kent AC	1	15:22.44	PB
7	45	BOWDEN Philippa	GBR	29	Aldershot Farnham & Distr	7	15:22.84	PB
8	227	NESBITT Jennifer	GBR	29	Pontypridd Roadents AC	15	15:26.09	SB
9	110	FITZGERALD Innes	GBR	18	Exeter Harriers	2	15:26.76	PB
10	311	WALKER Eloise	GBR	23	Edinburgh AC	6	15:27.04	
11	90	DONNELLY Abbie	GBR	27	Lincoln Wellington AC	8	15:31.02	PB
12	103	EVANS Clara	GBR	30	Pontypridd Roadents AC	20	15:36.26	PB
13	331	WILSON Tia	GBR	22	Bedford & County AC	14	15:39.59	
14	10	ANDERSON Pheobe	GBR	22	Herne Hill Harriers	10	15:46.82	
15	153	HUGHES Cari	GBR	25	Cardiff AC	19	15:47.83	
16	313	WALLACE Ellie	GBR	25	North Somerset AC	18	15:49.56	
17	129	GUNN Bryony	GBR	26	Birchfield Harriers	5	15:51.94	
18	166	JOHNSON Rebecca	GBR	29	Holmfirth Harriers AC	9	16:09.66	
19	320	WEIR India	GBR	24	Thames Valley Harries	13	16:12.65	PB

NOT RANKED

18	ASTIN Sarah	GBR	30	Belgrave Harriers	4	DNF
----	-------------	-----	----	-------------------	---	-----

Intermediate point leaders (Bib and Time):

1000 m :	90	3:03.50
2000 m :	45	6:13.41
3000 m :	118	9:19.99
4000 m :	118	12:22.21

Details:

Start time:19:20

Temperature:+16°C

Humidity:85%

Legend

* = Warning	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
ORD = Order	PB = Personal Best
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATW0500601_73G 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO



MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 100 m Ambulant - Second Round



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
As of 29/06/2024 at 20:09									(Wind: -2.1 m/s)
1	5	HAHN Sophie	GBR	27	Charnwood AC	T38	5	13.07 Q	939
2	3	DOWN Madeline	GBR	16	Halesowen AC	T38	4	13.24 Q	906
3	9	OKOH Didi	GBR	21	Chelmsford AC	T42	3	15.31 Q	904
4	8	LEVITT Victoria	GBR	28	Hyndburn AC	T44	6	13.72 Q	788
5	1	BARTLETT Hetty	GBR	33	City of Norwich	T38	2	14.00 Q	733
6	2	COX Kadeena	GBR	33	Sale Harrier Manchester	T38	7	14.48 Q	607

Details:

Start time:19:44

Temperature:+16°C

Humidity:85%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

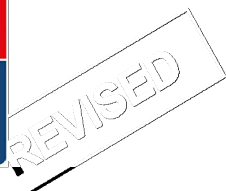
Manchester Regional Arena, June 29 - June 30 2024

ATW8010601_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Men's 100 m Ambulant - Second Round



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
As of 29/06/2024 at 20:22									(Wind: -2.6 m/s)
1	11	SHAW Zachary	GBR	28	Cleethorpes AC	T12	3	11.21	882
2	9	OYINBO-COKER Emmanuel	GBR	22	Newham & Essex Beagles AC	T47	4	11.35	838
3	4	KEYWORTH Kyle	GBR	27	Manchester Harriers & AC	T35	5	13.09	757
4	5	LEDGER James	GBR	30	DSW Para Academy KELLY,GREG-guide	T11	6	11.97	703
5	3	FACEY-DELL Markus	GBR	24	City of Sheffield & Dearn	T36	2	13.49	508

NOT RANKED

10	SANTOS Kevin	GBR	21	City of Norwich	T47	7	DNS
----	--------------	-----	----	-----------------	-----	---	-----

Details:

Start time:19:53

Temperature:+16°C

Humidity:85%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM8010601_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 100 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	10.49	GRIFFITH-JOYNER Florence	1959	USA	INDIANAPOLIS			16 JUL 1988	
ER	10.73	ARRON Christine	1973	FRA	BUDAPEST			19 AUG 1998	
CR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	
NR	10.83	ASHER-SMITH Dina	1995	GBR	DOHA			29 SEP 2019	
SR	10.91	ASHER-SMITH Dina		GBR	MANCHESTER			26 JUN 2021	

As of 29/06/2024 at 20:02

(Wind: -1.5 m/s)

1	225	NEITA Daryll	GBR	27	Cambridge Harriers	6	0.103	11.24	
2	156	HUNT Amy	GBR	22	Charnwood AC	4	0.150	11.41	
3	187	LANSQUOT Imani	GBR	26	Sutton & District AC	3	0.139	11.43	
4	141	HENRY Desiree	GBR	28	Enfield & Haringey AC	5	0.118	11.54	
5	253	PHILIP Asha	GBR	33	Newham & Essex Beagles AC	8	0.116	11.61	
6	319	WEDDERBURN-GOODISON Nia	GBR	19	Harrow AC	7	0.138	11.64	
7	275	SIBBONS Aleeya	GBR	21	Newham & Essex Beagles AC	2	0.153	11.87	

NOT RANKED

105	EZE Joy	GBR	20	Gateshead Harriers & AC	1		DQ	16.8	
-----	---------	-----	----	-------------------------	---	--	-----------	------	--

Details:

Start time:20:02

Temperature:+15°C

Humidity:85%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATW0010601_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 100 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	9.58	BOLT Usain	1986	JAM	BERLIN	16 AUG 2009
ER	9.80	JACOBS Lamont Marcell	1994	ITA	TOKYO	01 AUG 2021
CR	9.91	DASALOU James		GBR	BIRMINGHAM	13 JUL 2013
NR	9.83	HUGHES Zharnel	1995	GBR	NEW YORK	24 JUN 2023
SR	10.00	FEARON Joel		GBR	MANCHESTER	17 AUG 2016

As of 29/06/2024 at 20:11

(Wind: -0.8 m/s)

1	157	HINCHLIFFE Louie	GBR	21	City of Sheffield & Dearn	6	0.139	10.18	
2	19	AZU Jeremiah	GBR	23	Cardiff AC	5	0.160	10.25	
3	323	UJAH Cj	GBR	30	Enfield & Haringey AC	3	0.140	10.37	
4	14	AMO-DADZIE Eugene	GBR	32	Woodford Green & Essex La	2	0.131	10.39	
5	345	WILSON Teddy	GBR	18	Shaftesbury Barnet Harrie	1	0.158	10.49	SB
6	328	WALSH Nicholas	GBR	26	Sale Harrier Manchester	7	0.176	10.51	
7	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	8	0.140	10.51	
8	274	PRESCOD Reece	GBR	28	Enfield & Haringey AC	4	0.144	10.76	

Details:

Start time:20:09

Temperature:+16°C

Humidity:85%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0010601_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 5000 m Walk - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	18:05.49	GHOULA Hatem	1973	TUN	TUNIS		01 MAY 1997	
ER	18:03.83	SHIROBOKOV Sergey	1999	RUS	YAROSLAV		10 MAR 2022	
CR	18:41.23	WILKINSON Callum		GBR	BIRMINGHAM		23 AUG 2019	
NR	18:41.23	WILKINSON Callum		GBR	BIRMINGHAM		25 AUG 2019	
SR	19:25.62	BOSWORTH Tom		GBR	MANCHESTER		27 JUN 2021	

As of 30/06/2024 at 11:44

1	306	SNOOK Christopher	GBR	24	Aldershot Farnham & Distr	1	20:31.57	PB
2	192	LEGON Luc	GBR	26	Bexley AC	2	22:53.92	SB
3	82	CRANE Matthew	GBR	22	Bexley AC	3	24:24.29	

Intermediate point leaders (Bib and Time):

1000 m : 306 4:07.40
4000 m : 306 16:23.76

Details:

Start time:11:15

Temperature:+14°C

Humidity:78%

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATM1500601_73G 1.0

Report Created 30 JUN 2024 at 12:23

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 10000 m Walk - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
------	-----	----------------	-----	-----	------	-----	------	--------

WR	37:25.21	TAKAHASHI Eiki	1992	JPN	INZAI	14 NOV 2020
ER	37:53.09	FERNANDEZ Francisco J.	1977	ESP	SANTA CRUZ D	27 JUL 2008
NR	39:05.85	WILKINSON CALLUM		GBR		2021

As of 30/06/2024 at 12:09

1	341	WILKINSON Callum	GBR	27	Enfield & Haringey AC	5	38:43.91	NR
2	74	CORBISHLEY Cameron	GBR	27	Medway & Maidstone AC	6	40:12.50	PB
3	342	WILKINSON Edson George	GBR	22	Enfield & Haringey AC	4	50:33.63	

Intermediate point leaders (Bib and Time):

1000 m :	341	3:56.69
2000 m :	341	7:48.48
3000 m :	341	11:39.83
4000 m :	341	15:29.90
5000 m :	341	19:24.73
6000 m :	341	23:17.95
7000 m :	341	27:10.77
8000 m :	341	31:02.87
9000 m :	341	34:57.15

Details:

Start time:11:15

Temperature:+14°C

Humidity:79%

Legend

* = Warning	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
NR = National Record	ORD = Order
PB = Personal Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM1550601_73G 1.0

Report Created 30 JUN 2024 at 12:34

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	MARK	POINTS
------	-----	----------------	-----	-----	------	------	--------

WR	98.48	ZELEZNY Jan	1966	CZE	JENA	25 MAY 1996
ER	98.48	ZELEZNY Jan	1966	CZE	JENA	25 MAY 1996
CR	88.14	BACKLEY Steve		GBR	BIRMINGHAM	28 JUN 1992
NR	91.46	BACKLEY Steve		GBR	AUCKLAND	25 JAN 1992
SR	81.25	BACKLEY Steve		GBR	MANCHESTER	11 JUL 2004

As of 21/02/2024 at 12:33

1	103	DUNDERDALE Joe	GBR	31	City of Sheffield & Dearn	75.06	SB
2	107	EAST Benjamin	GBR	20	Team Kennet	74.15	
3	20	BAINBRIDGE Daniel	GBR	25	Shaftesbury Barnet Harrie	70.57	
4	113	EVANS Charlie	GBR	19	Banbury Harriers AC	66.35	
5	253	PADARUTH Aryan	GBR	19	Blackheath & Bromley Harr	65.84	
6	38	BISHOP-TIMINGS Fenton	GBR	22	Rugby & Northampton AC	65.61	SB
7	214	MILLAR Greg	GBR	31	Birchfield Harriers	64.84	
8	175	JOHNSON ASSOON Gavin	GBR	41	Thames Valley Harries	63.89	

Starting order	1	2	3	4	5	6	7	8							
Initial	113	20	107	214	175	103	253	38							
4th and 5th attempts	175	214	38	253	113	103	20	107							
6th attempt	175	214	38	253	113	20	107	103							

Details:

Start time:11:33

Finish Time:12:30

Temperature:+16°C

Temperature:+16°C

Humidity:72%

Humidity:72%

As of 21/02/2024 at 12:33

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
4	113	EVANS Charlie Banbury Harriers AC	GBR 19	1	66.10	66.35	65.44	X	X	64.26	66.35	
3	20	BAINBRIDGE Daniel Shaftesbury Barnet Harrie	GBR 25	2	67.47	68.75	70.54	X	70.57	X	70.57	
2	107	EAST Benjamin Team Kennet	GBR 20	3	73.57	70.85	72.78	74.15	70.83		74.15	
7	214	MILLAR Greg Birchfield Harriers	GBR 31	4	63.26	64.84	X	63.03	63.16	64.65	64.84	
8	175	JOHNSON ASSOON Gavin Thames Valley Harries	GBR 41	5	61.82	X	X	62.72	X	63.89	63.89	
1	103	DUNDERDALE Joe City of Sheffield & Dearn	GBR 31	6	67.15	X	68.98	70.23	75.06	67.26	75.06	SB
5	253	PADARUTH Aryan Blackheath & Bromley Harr	GBR 19	7	65.84	63.63	60.50	56.09	55.90	57.12	65.84	
6	38	BISHOP-TIMINGS Fenton Rugby & Northampton AC	GBR 22	8	64.91	65.61	63.26	58.28	65.16		65.61	SB

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATM0530601_73R 1.0

Report Created 30 JUN 2024 at 12:35

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 5000 m Walk - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	20:01.80	GIORGI Anna Eleonora	1989	ITA	MISTERBIANCO		18 MAY 2014	
ER	20:01.80	GIORGI Eleonora Anna	1989	ITA	MISTERBIANCO		18 MAY 2014	
CR	21:21.52	DAVIES Bethan		GBR	BIRMINGHAM		02 JUL 2017	
NR	20:46.58	JACKSON Johanna	1985	GBR	SYDNEY		14 FEB 2009	
SR	22:03.65	ATKINSON Johanna		GBR	MANCHESTER		29 JUL 2007	

As of 30/06/2024 at 12:41

1	127	GRIFFITHS Gracie	GBR	17	Pembrokeshire Harriers	3	23:53.93	
2	163	JENNINGS Abigail	GBR	23	Aldershot Farnham & Distr	4	24:18.02	SB
3	151	HOPPER Hannah	GBR	21	Cambridge Harriers	1	24:52.19	SB
4	332	WILTON Jessica	GBR	18	Ashford AC	2	26:49.25	

NOT RANKED

174	KELLY Erika	GBR	31	Northern (Isle of Man) AC	5	DQ	54.7
-----	-------------	-----	----	---------------------------	---	----	------

Intermediate point leaders (Bib and Time):

1000 m :	127	5:07.43
2000 m :	127	9:51.86
3000 m :	127	14:35.02
4000 m :	127	19:17.79

Details: Start time:12:10 Temperature:+14°C Humidity:78%

Legend

* = Warning	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
ORD = Order	SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW1500601_73G 1.0

Report Created 30 JUN 2024 at 12:41

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	18.29	EDWARDS Jonathan	1966	GBR	GOTEBORG	07 AUG 1995
ER	18.29	EDWARDS Jonathan	1966	GBR	GOETEBORG	07 AUG 1995
CR	17.64	DOUGLAS Nathan		GBR	MANCHESTER	10 JUL 2005
NR	18.29	EDWARDS Jonathan		GBR	GOTEBORG	07 AUG 1995
SR	17.64	DOUGLAS Nathan		GBR	MANCHESTER	10 JUL 2005

As of 30/06/2024 at 14:13

1	324	UWAIFO Efe	GBR	29	Harrow AC	16.22	+0.1	PB
2	343	WILLIAMS Benjamin	YC	GBR	32	City of Stoke AC	16.10	+0.3
3	8	AKI-SAWYERR Jordan	GBR	24	Windsor Slough Eton & Hou	15.56	-1.3	PB
4	245	OKOME Seun	GBR	29	Sale Harrier Manchester	15.45	+0.1	
5	66	CLARKSON Henry	GBR	25	Edinburgh AC	15.43	-0.7	
6	115	FALODE Daniel	GBR	21	Cambridge Harriers	15.24	+0.4	
7	277	QUINN Aidan	GBR	24	Shettleston Harriers	15.05	-0.6	
8	9	AKINRADEWO Daniel	GBR	19	Trafford AC	15.04	-0.6	
9	5	AJALA Berachiah	GBR	21	Edinburgh AC	14.89	-0.2	
10	321	TOWNLEY Joel	GBR	23	Gloucester AC	14.69	-0.6	

Starting order	1	2	3	4	5	6	7	8	9	10					
Initial	245	321	8	9	277	324	66	343	115	5					
4th and 5th attempts	277	9	66	115	245	8	324	343							
6th attempt	277	9	115	66	245	8	324	343							

Details:

Start time:12:43

Finish Time:14:12

Temperature:+14°C

Temperature:+14°C

Humidity:81%

Humidity:81%

As of 30/06/2024 at 14:13

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
4	245	OKOME Seun	GBR	1	15.43	15.45	X	15.29	15.18	15.22	15.45	
		Sale Harrier Manchester	29		-0.2	+0.1	+0.3	-0.3	-0.6	-0.6	+0.1	
10	321	TOWNLEY Joel	GBR	2	14.69	14.17	14.69				14.69	
		Gloucester AC	23		-0.6	-0.6	-0.1				-0.6	
3	8	AKI-SAWYERR Jordan	GBR	3	15.56	15.36	X	14.49	X	15.09	15.56	PB
		Windsor Slough Eton & Hou	24		-1.3	-0.3	-0.4	-0.2	-0.2	-0.6	-1.3	
8	9	AKINRADEWO Daniel	GBR	4	X	15.04	14.87	14.43	X	13.77	15.04	
		Trafford AC	19		-0.6	-0.6	+0.3	-0.1	-1.0	-1.2	-0.6	
7	277	QUINN Aidan	GBR	5	14.93	14.97	14.94	14.97	14.94	15.05	15.05	
		Shettleston Harriers	24		+0.5	-0.6	-0.3	-0.4	-0.8	-0.6	-0.6	
1	324	UWAIFO Efe	GBR	6	15.90	X	15.87	15.61	15.86	16.22	16.22	PB
		Harrow AC	29		-0.5	-0.7	0.0	-0.2	-0.1	+0.1	+0.1	
5	66	CLARKSON Henry	GBR	7	14.98	15.21	15.23	15.08	15.43	X	15.43	
		Edinburgh AC	25		+0.8	+0.1	+0.3	-0.3	-0.7	-0.8	-0.7	
2	343	WILLIAMS Benjamin	GBR	8	15.83	X	16.10	X	X	15.38	16.10	
		City of Stoke AC	32		0.0	+0.2	+0.3	-0.5	-0.6	+0.3	+0.3	
6	115	FALODE Daniel	GBR	9	X	14.85	15.24	13.90	14.59	14.95	15.24	
		Cambridge Harriers	21		+0.2	-0.5	+0.4	-0.8	-0.5	-0.8	+0.4	
9	5	AJALA Berachiah	GBR	10	X	X	14.89				14.89	
		Edinburgh AC	21		-0.5	+0.4	-0.2				-0.2	

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
PB = Personal Best

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATM0620601_730 1.0

Report Created 30 JUN 2024 at 14:41

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB LANE REACT TIME POINTS

WR	12.80	MERRITT Aries	1985	USA	BRUXELLES	07 SEP 2012
ER	12.91	JACKSON Colin	1967	GBR	STUTT GART	20 AUG 1993
CR	13.13	JACKSON Colin		GBR	BIRMINGHAM	15 JUN 1996
NR	12.91	JACKSON Colin		GBR	STUTT GART	20 AUG 1993
SR	13.38	OJORA Tade		GBR	MANCHESTER	26 JUN 2021

As of 30/06/2024 at 12:51

(Wind: -0.9 m/s)

1	185	KING David	GBR	30	City of Plymouth	8	0.149	13.74	Q
2	285	RITCHIE-MOULIN William	GBR	27	Birchfield Harriers	5	0.211	14.03	Q
3	7	AKANNI Ethan	GBR	25	Bexley AC	2	0.128	14.17	q
4	251	OSUNSAMI Mayowa	GBR	24	Newham & Essex Beagles AC	4	0.145	14.39	
5	69	CONNAL Scott	GBR	24	Kilbarchan AAC	3	0.142	14.40	
6	80	COVER Jake	GBR	22	Team Bath AC	6	0.138	14.88	SB
7	86	CURTIS Henry	GBR	20	City of Sheffield & Dearn	7	0.114	15.03	

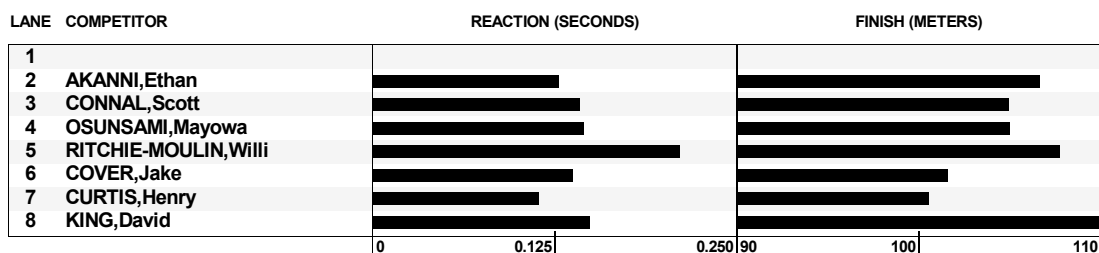
Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:12:45

Temperature:+14°C

Humidity:77%



Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0120301_73A 1.0

Report Created 30 JUN 2024 at 13:16

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	12.80	MERRITT Aries	1985	USA	BRUXELLES			07 SEP 2012	
ER	12.91	JACKSON Colin	1967	GBR	STUTT GART			20 AUG 1993	
CR	13.13	JACKSON Colin		GBR	BIRMINGHAM			15 JUN 1996	
NR	12.91	JACKSON Colin		GBR	STUTT GART			20 AUG 1993	
SR	13.38	OJORA Tade		GBR	MANCHESTER			26 JUN 2021	

As of 30/06/2024 at 13:00

(Wind: -1.1 m/s)

1	35	BENNETT Sam	GBR	23	Basildon AC	8	0.152	13.70	Q
2	340	WILCOCK Thomas	GBR	22	Northampton AC	3	0.144	13.97	Q
3	270	PORTER Jake	GBR	30	Birchfield Harriers	7	0.131	14.24	q
4	160	HOOLE Adam	GBR	21	Team East Lothian	5	0.142	14.37	
5	203	MANN Jonathan	GBR	33	Bexley AC	6	0.151	14.61	PB
6	78	COTTELL Rico	GBR	22	Blackheath & Bromley Harr	1	0.168	14.73	
7	189	LAWRENCE Regan	GBR	19	Enfield & Haringey AC	2	0.153	15.12	

NOT RANKED

307	STADDON Charlie	GBR	18	Team Bath AC	4				DNF
-----	-----------------	-----	----	--------------	---	--	--	--	-----

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:12:53

Temperature:+13°C

Humidity:79%

LANE	COMPETITOR	REACTION (SECONDS)	FINISH (METERS)
1	COTTELL,Rico	0.152	101.5
2	LAWRENCE,Regan	0.144	100.5
3	WILCOCK,Thomas	0.131	108.5
4			
5	HOOLE,Adam	0.142	105.5
6	MANN,Jonathan	0.151	104.5
7	PORTER,Jake	0.168	107.5
8	BENNETT,Sam	0.153	110.5

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0120301_73A 1.0

Report Created 30 JUN 2024 at 13:16

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

2

RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB LANE REACT TIME POINTS

WR	12.80	MERRITT Aries	1985	USA	BRUXELLES	07 SEP 2012
ER	12.91	JACKSON Colin	1967	GBR	STUTT GART	20 AUG 1993
CR	13.13	JACKSON Colin		GBR	BIRMINGHAM	15 JUN 1996
NR	12.91	JACKSON Colin		GBR	STUTT GART	20 AUG 1993
SR	13.38	OJORA Tade		GBR	MANCHESTER	26 JUN 2021

As of 30/06/2024 at 13:06

(Wind: -1.7 m/s)

1	132	GORIOLA Daniel	GBR	19	Blackheath & Bromley Harr	4	0.139	13.72	Q
2	243	OJORA Tade	GBR	24	Windsor Slough Eton & Hou	6	0.152	13.83	Q
3	158	HOLDER Callum	GBR	21	Sutton & District AC	8	0.161	14.33	
4	315	TAYLOR Joshua	GBR	17	Exeter Harriers	3	0.155	14.54	
5	151	HEDMAN Ruben	GBR	19	Shaftesbury Barnet Harrie	2	0.132	14.55	
6	169	INCE Ben	GBR	20	Oxford City AC	5	0.196	14.65	PB
7	230	NAYLOR David	GBR	21	Crewe and Nantwich AC	7	0.170	14.96	

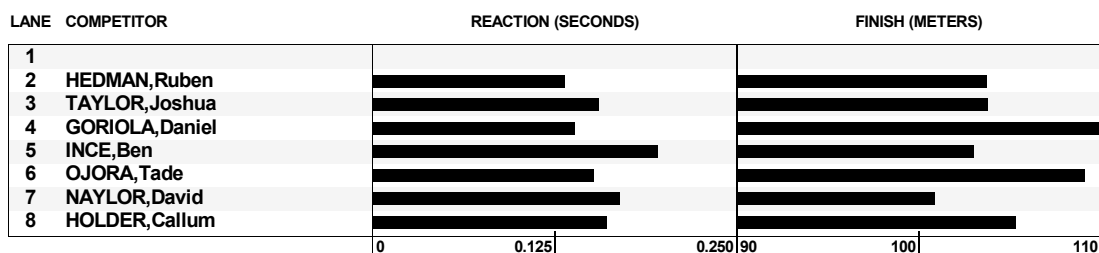
Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:13:01

Temperature:+13°C

Humidity:78%



Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0120301_73A 1.0

Report Created 30 JUN 2024 at 13:16

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3

SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	12.80	MERRITT Aries	1985	USA	BRUXELLES				07 SEP 2012	
ER	12.91	JACKSON Colin	1967	GBR	STUTT GART				20 AUG 1993	
CR	13.13	JACKSON Colin		GBR	BIRMINGHAM				15 JUN 1996	
NR	12.91	JACKSON Colin		GBR	STUTT GART				20 AUG 1993	
SR	13.38	OJORA Tade		GBR	MANCHESTER				26 JUN 2021	
1	35	BENNETT Sam	GBR	23	Basildon AC	2	8	1	13.70	Q
2	132	GORIOLA Daniel	GBR	19	Blackheath & Bromley Harr	3	4	1	13.72	Q
3	185	KING David	GBR	30	City of Plymouth	1	8	1	13.74	Q
4	243	OJORA Tade	GBR	24	Windsor Slough Eton & Hou	3	6	2	13.83	Q
5	340	WILCOCK Thomas	GBR	22	Northampton AC	2	3	2	13.97	Q
6	285	RITCHIE-MOULIN William	GBR	27	Birchfield Harriers	1	5	2	14.03	Q
7	7	AKANNI Ethan	GBR	25	Bexley AC	1	2	3	14.17	q
8	270	PORTER Jake	GBR	30	Birchfield Harriers	2	7	3	14.24	q
9	158	HOLDER Callum	GBR	21	Sutton & District AC	3	8	3	14.33	
10	160	HOOLE Adam	GBR	21	Team East Lothian	2	5	4	14.37	
11	251	OSUNSAMI Mayowa	GBR	24	Newham & Essex Beagles AC	1	4	4	14.39	
12	69	CONNAL Scott	GBR	24	Kilbarchan AAC	1	3	5	14.40	
13	315	TAYLOR Joshua	GBR	17	Exeter Harriers	3	3	4	14.54	
14	151	HEDMAN Ruben	GBR	19	Shaftesbury Barnet Harrie	3	2	5	14.55	
15	203	MANN Jonathan	GBR	33	Bexley AC	2	6	5	14.61	PB
16	169	INCE Ben	GBR	20	Oxford City AC	3	5	6	14.65	PB
17	78	COTTELL Rico	GBR	22	Blackheath & Bromley Harr	2	1	6	14.73	
18	80	COVER Jake	GBR	22	Team Bath AC	1	6	6	14.88	SB
19	230	NAYLOR David	GBR	21	Crewe and Nantwich AC	3	7	7	14.96	
20	86	CURTIS Henry	GBR	20	City of Sheffield & Dearn	1	7	7	15.03	
21	189	LAWRENCE Regan	GBR	19	Enfield & Haringey AC	2	2	7	15.12	

NOT RANKED

307	STADDON Charlie	GBR	18	Team Bath AC	2	4		DNF	
-----	-----------------	-----	----	--------------	---	---	--	------------	--

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish	DNS = Did Not Start
DQ = Disqualified	Fn = False Start
PB = Personal Best	R.T. = Reaction
SB = Season's Best	

Manchester Regional Arena, June 29 - June 30 2024

ATM0120300_74A 1.0

Report Created 30 JUN 2024 at 13:30

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	12.80	MERRITT Aries	1985	USA	BRUXELLES				07 SEP 2012	
ER	12.91	JACKSON Colin	1967	GBR	STUTT GART				20 AUG 1993	
CR	13.13	JACKSON Colin		GBR	BIRMINGHAM				15 JUN 1996	
NR	12.91	JACKSON Colin		GBR	STUTT GART				20 AUG 1993	
SR	13.38	OJORA Tade		GBR	MANCHESTER				26 JUN 2021	
1	35	BENNETT Sam	GBR	23	Basildon AC	2	8	1	13.70	Q
2	132	GORIOLA Daniel	GBR	19	Blackheath & Bromley Harr	3	4	1	13.72	Q
3	185	KING David	GBR	30	City of Plymouth	1	8	1	13.74	Q
4	243	OJORA Tade	GBR	24	Windsor Slough Eton & Hou	3	6	2	13.83	Q
5	340	WILCOCK Thomas	GBR	22	Northampton AC	2	3	2	13.97	Q
6	285	RITCHIE-MOULIN William	GBR	27	Birchfield Harriers	1	5	2	14.03	Q
7	7	AKANNI Ethan	GBR	25	Bexley AC	1	2	3	14.17	q
8	270	PORTER Jake	GBR	30	Birchfield Harriers	2	7	3	14.24	q

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0120300_48B 1.0

Report Created 30 JUN 2024 at 13:42

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	MARK	POINTS
WR	2.09	KOSTADINOVA Stefka	1965	BUL	ROMA	30 AUG 1987	
ER	2.09	KOSTADINOVA Stefka	1965	BUL	ROMA	30 AUG 1987	
CR	1.97	POOLEY Isobel		GBR	BIRMINGHAM	04 JUL 2015	
NR	1.99	LAKE Morgan	1997	GBR	HUSTOPECE	04 FEB 2023	
SR	1.93	LAKE Morgan		GBR	MANCHESTER	27 JUN 2021	

As of 02/03/2024 at 14:19

1	185	LAKE Morgan	GBR	27	Windsor Slough Eton & Hou	1.85
2	315	WALLIKER Lucy	GBR	25	Exeter Harriers	1.79
3	107	FERGUSON Halle	GBR	19	Trafford AC	1.79
4	296	TILLSON Ruby	GBR	17	Havering AC	1.76
5	113	FORTEYNE Evelynne	GBR	19	Shaftesbury Barnet Harrie	1.72
6	171	JUDD Mia	GBR	17	Winchester & District	1.68

NOT RANKED

184	LAKE Hannah	GBR	25	Cardiff AC	NM
263	ROUTLEDGE Allie	GBR	21	Aberdeen AAC	NM

Details: Start time:13:12 Temperature:+15°C Humidity:81%
Finish Time:14:09 Temperature:+14°C Humidity:81%

As of 02/03/2024 at 14:19

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	1.68	1.72	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	MARK	POINTS
2	315	WALLIKER Lucy Exeter Harriers	GBR 25	1	O	XO	XXO	XO	XXX						1.79	
	184	LAKE Hannah Cardiff AC	GBR 25	2	XXX										NM	
5	113	FORTEYNE Evelynne Shaftesbury Barnet Harrie	GBR 19	3	XO	O	XXX								1.72	
	263	ROUTLEDGE Allie Aberdeen AAC	GBR 21	4	XXX										NM	
6	171	JUDD Mia Winchester & District	GBR 17	5	O	XXX									1.68	
3	107	FERGUSON Halle Trafford AC	GBR 19	6	O	O	XO	XXO	XXX						1.79	
1	185	LAKE Morgan Windsor Slough Eton & Hou	GBR 27	7	-	-	-	-	XO	XO	XXX				1.85	
4	296	TILLSON Ruby Havering AC	GBR 17	8	O	XO	O	XXX							1.76	

Legend

- = Did Not Attempt	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
NM = No Mark	O = Cleared
ORD = Order	X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATW0710601_73M 1.0

Report Created 30 JUN 2024 at 14:20

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	21.34	GRIFFITH-JOYNER Florence	1959	USA	SEOUL			29 SEP 1988	
ER	21.63	SCHIPPERS Dafne	1992	NED	BEIJING			28 AUG 2015	
CR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	
NR	21.88	ASHER-SMITH Dina	1995	GBR	DOHA			02 OCT 2019	
SR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	

As of 30/06/2024 at 13:17

(Wind: -0.3 m/s)

1	4	AGYAPONG Finette	GBR	27	Newham & Essex Beagles AC	5	0.148	22.96	Q
2	156	HUNT Amy	GBR	22	Charnwood AC	2	0.181	22.98	Q
3	159	IRONSIDE Brooke	GBR	21	Bournemouth AC	6	0.157	23.24	q SB
4	209	MENSAH Kissiwaa	GBR	18	Chelmsford AC	4	0.145	23.75	
5	183	KUYPERS Darcey	GBR	25	Blackheath & Bromley Harr	3	0.139	23.75	PB
6	121	GARLAND Lois	GBR	22	Glasgow Jaguars	7	0.155	24.02	
7	124	GRACE Serena	GBR	21	Windsor Slough Eton & Hou	1	0.155	24.45	
8	322	WHAPPLES Madeleine	GBR	21	Solihull & Small Heath At	8	0.168	24.49	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:13:20

Temperature:+13°C

Humidity:78%



Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0020301_73A 1.0

Report Created 30 JUN 2024 at 13:39

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	21.34	GRIFFITH-JOYNER Florence	1959	USA	SEOUL			29 SEP 1988	
ER	21.63	SCHIPPERS Dafne	1992	NED	BEIJING			28 AUG 2015	
CR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	
NR	21.88	ASHER-SMITH Dina	1995	GBR	DOHA			02 OCT 2019	
SR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	

As of 30/06/2024 at 13:25

(Wind: -0.1 m/s)

1	15	ASHER-SMITH Dina	GBR	28	Blackheath & Bromley Harr	3	0.145	22.69	Q
2	167	JOHNSON-THOMPSON K.	GBR	31	Liverpool Harriers & AC	5	0.176	23.20	Q
3	325	WILLIAMS Bianca	GBR	30	Thames Valley Harries	6	0.187	23.21	q
4	35	BENNETT Rachel	GBR	21	Sale Harrier Manchester	4	0.154	23.24	PB
5	176	KELSEY Charlotte	GBR	20	Middlesbrough Athletic Cl	2	0.146	24.00	
6	79	DATEY Gwendoline	GBR	20	Woodford Green & Essex La	1	0.167	24.25	
7	287	TALLON Lucy	GBR	18	Tonbridge AC	8	0.150	24.31	
8	26	BANJO Susanna	GBR	34	Newham & Essex Beagles AC	7	0.171	24.35	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:13:24

Temperature:+14°C

Humidity:75%

LANE	COMPETITOR	REACTION (SECONDS)	FINISH (METERS)
1	DATEY,Gwendoline	0.167	188.5
2	KELSEY,Charlotte	0.146	190.0
3	ASHER-SMITH,Dina	0.145	198.0
4	BENNETT,Rachel	0.154	195.0
5	JOHNSON-THOMPSON,K.	0.176	195.0
6	WILLIAMS,Bianca	0.187	195.0
7	BANJO,Susanna	0.171	188.0
8	TALLON,Lucy	0.150	188.0

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0020301_73A 1.0

Report Created 30 JUN 2024 at 13:39

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

2

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	21.34	GRIFFITH-JOYNER Florence	1959	USA	SEOUL			29 SEP 1988	
ER	21.63	SCHIPPERS Dafne	1992	NED	BEIJING			28 AUG 2015	
CR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	
NR	21.88	ASHER-SMITH Dina	1995	GBR	DOHA			02 OCT 2019	
SR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	

As of 30/06/2024 at 13:33

(Wind: -0.6 m/s)

1	225	NEITA Daryll	GBR	27	Cambridge Harriers	6	0.128	23.05	Q
2	98	EDUAN Success	GBR	19	Sale Harrier Manchester	3	0.179	23.40	Q
3	335	WRIGHT-TAIPOW Shiloh	GBR	19	Harrow AC	8	0.130	24.30	
4	299	TURNER Ellie	GBR	24	Medway & Maidstone AC	2	0.160	24.43	
5	94	DUBARRY-GAY Kiah	GBR	22	Woodford Green & Essex La	7	0.151	24.43	
6	39	BLAKEY Ella	GBR	24	Derby AC	5	0.191	24.64	
7	310	WALKER Diani	GBR	28	Birchfield Harriers	4	0.146	25.47	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Details:

Start time:13:31

Temperature:+13°C

Humidity:77%

LANE	COMPETITOR	REACTION (SECONDS)	FINISH (METERS)
1			
2	TURNER, Ellie		
3	EDUAN, Success		
4	WALKER, Diani		
5	BLAKEY, Ella		
6	NEITA, Daryll		
7	DUBARRY-GAY, Kiah		
8	WRIGHT-TAIPOW, Shiloh		
		0 0.125 0.250 180 190 200	

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0020301_73A 1.0

Report Created 30 JUN 2024 at 13:39

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3

SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	21.34	GRIFFITH-JOYNER Florence	1959	USA	SEOUL				29 SEP 1988	
ER	21.63	SCHIPPERS Dafne	1992	NED	BEIJING				28 AUG 2015	
CR	22.25	NEITA Daryll		GBR	MANCHESTER				09 JUL 2023	
NR	21.88	ASHER-SMITH Dina	1995	GBR	DOHA				02 OCT 2019	
SR	22.25	NEITA Daryll		GBR	MANCHESTER				09 JUL 2023	
1	15	ASHER-SMITH Dina	GBR	28	Blackheath & Bromley Harr	2	3	1	22.69	Q
2	4	AGYAPONG Finette	GBR	27	Newham & Essex Beagles AC	1	5	1	22.96	Q
3	156	HUNT Amy	GBR	22	Charnwood AC	1	2	2	22.98	Q
4	225	NEITA Daryll	GBR	27	Cambridge Harriers	3	6	1	23.05	Q
5	167	JOHNSON-THOMPSON K.	GBR	31	Liverpool Harriers & AC	2	5	2	23.20	Q
6	325	WILLIAMS Bianca	GBR	30	Thames Valley Harries	2	6	3	23.21	q
7	159	IRONSIDE Brooke	GBR	21	Bournemouth AC	1	6	3	23.24	q SB
8	35	BENNETT Rachel	GBR	21	Sale Harrier Manchester	2	4	4	23.24	PB
9	98	EDUAN Success	GBR	19	Sale Harrier Manchester	3	3	2	23.40	Q
10	209	MENSAH Kissiwaa	GBR	18	Chelmsford AC	1	4	4	23.75	
11	183	KUYPERS Darcey	GBR	25	Blackheath & Bromley Harr	1	3	5	23.75	PB
12	176	KELSEY Charlotte	GBR	20	Middlesbrough Athletic Cl	2	2	5	24.00	
13	121	GARLAND Lois	GBR	22	Glasgow Jaguars	1	7	6	24.02	
14	79	DATEY Gwendoline	GBR	20	Woodford Green & Essex La	2	1	6	24.25	
15	335	WRIGHT-TAIPOW Shiloh	GBR	19	Harrow AC	3	8	3	24.30	
16	287	TALLON Lucy	GBR	18	Tonbridge AC	2	8	7	24.31	
17	26	BANJO Susanna	GBR	34	Newham & Essex Beagles AC	2	7	8	24.35	
18	299	TURNER Ellie	GBR	24	Medway & Maidstone AC	3	2	4	24.43	
19	94	DUBARRY-GAY Kiah	GBR	22	Woodford Green & Essex La	3	7	5	24.43	
20	124	GRACE Serena	GBR	21	Windsor Slough Eton & Hou	1	1	7	24.45	
21	322	WHAPPLES Madeleine	GBR	21	Solihull & Small Heath At	1	8	8	24.49	
22	39	BLAKEY Ella	GBR	24	Derby AC	3	5	6	24.64	
23	310	WALKER Diani	GBR	28	Birchfield Harriers	3	4	7	25.47	

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0020300_74A 1.0

Report Created 30 JUN 2024 at 13:41

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 200 m - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	21.34	GRIFFITH-JOYNER Florence	1959	USA	SEOUL				29 SEP 1988	
ER	21.63	SCHIPPERS Dafne	1992	NED	BEIJING				28 AUG 2015	
CR	22.25	NEITA Daryll		GBR	MANCHESTER				09 JUL 2023	
NR	21.88	ASHER-SMITH Dina	1995	GBR	DOHA				02 OCT 2019	
SR	22.25	NEITA Daryll		GBR	MANCHESTER				09 JUL 2023	
1	15	ASHER-SMITH Dina	GBR	28	Blackheath & Bromley Harr	2	3	1	22.69	Q
2	4	AGYAPONG Finette	GBR	27	Newham & Essex Beagles AC	1	5	1	22.96	Q
4	225	NEITA Daryll	GBR	27	Cambridge Harriers	3	6	1	23.05	Q
3	156	HUNT Amy	GBR	22	Charnwood AC	1	2	2	22.98	Q
5	167	JOHNSON-THOMPSON K.	GBR	31	Liverpool Harriers & AC	2	5	2	23.20	Q
9	98	EDUAN Success	GBR	19	Sale Harrier Manchester	3	3	2	23.40	Q
6	325	WILLIAMS Bianca	GBR	30	Thames Valley Harries	2	6	3	23.21	q
7	159	IRONSIDE Brooke	GBR	21	Bournemouth AC	1	6	3	23.24	q SB

Qualification: First 2 in each heat (Q) and 2 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0020300_48B 1.0

Report Created 30 JUN 2024 at 13:43

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	76.80	REINSCH Gabriele	1963	GDR	NEUBRANDENBU	09 JUL 1988
ER	76.80	REINSCH Gabriele	1963	GDR	NEUBRANDENBU	09 JUL 1988
CR	62.22	RITCHIE Meg		GBR	ANTRIM	25 JUL 1981
NR	67.48	RITCHIE Meg	1952	GBR	WALNUT	26 APR 1981
SR	61.42	RITCHIE Meg		GBR	MANCHESTER	25 JUN 2022

As of 21/02/2024 at 14:54

1	242	OLADIPO Divine	GBR	25	Blackheath & Bromley Harr	54.78	
2	236	OBAMAKINWA Zara	GBR	20	Blackheath & Bromley Harr	53.23	
3	186	LALLY Jade	GBR	37	Thames Valley Harries	52.75	
4	189	LAW Kirsty	GBR	37	Sale Harrier Manchester	52.74	
5	93	DOWSON Phoebe	GBR	30	Windsor Slough Eton & Hou	52.54	
6	96	DUQUEMIN Shadine	GBR	29	Woodford Green & Essex La	50.64	
7	298	TUNSTALL Taia	GBR	22	Harrow AC	49.08	
8	97	EBBAGE Kirsty	GBR	21	Tonbridge AC	48.45	PB
9	57	CALLAWAY Samantha	GBR	22	Southampton AC	47.76	
10	195	MACE Sophie	GBR	25	Thames Valley Harries	45.49	
11	104	EVANS-SHIELDS Nubia	GBR	17	City of Plymouth	37.94	

Starting order	1	2	3	4	5	6	7	8	9	10	11				
Initial	104	186	97	236	96	298	189	57	93	242	195				
4th and 5th attempts	97	298	96	186	93	189	236	242							
6th attempt	97	298	96	93	189	186	236	242							

Details:

Start time:13:45
Finish Time:14:45

Temperature:+17°C
Temperature:+17°C

Humidity:81%
Humidity:81%

As of 21/02/2024 at 14:54

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
11	104	EVANS-SHIELDS Nubia City of Plymouth	GBR 17	1	35.78	37.94	X				37.94	
3	186	LALLY Jade Thames Valley Harries	GBR 37	2	45.86	51.07	X	52.75	X	X	52.75	
8	97	EBBAGE Kirsty Tonbridge AC	GBR 21	3	43.61	48.45	43.78	45.20	X	45.77	48.45	PB
2	236	OBAMAKINWA Zara Blackheath & Bromley Harr	GBR 20	4	51.50	53.23	52.86	52.06	52.55	X	53.23	
6	96	DUQUEMIN Shadine Woodford Green & Essex La	GBR 29	5	50.12	50.64	X	X	X	X	50.64	
7	298	TUNSTALL Taia Harrow AC	GBR 22	6	X	49.08	X	X	48.05	41.51	49.08	
4	189	LAW Kirsty Sale Harrier Manchester	GBR 37	7	50.40	51.95	52.74	51.27	X	X	52.74	
9	57	CALLAWAY Samantha Southampton AC	GBR 22	8	47.00	43.68	47.76				47.76	
5	93	DOWSON Phoebe Windsor Slough Eton & Hou	GBR 30	9	51.07	X	52.54	X	X	51.27	52.54	
1	242	OLADIPO Divine Blackheath & Bromley Harr	GBR 25	10	51.01	51.45	54.51	X	X	54.78	54.78	

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
PB = Personal Best
DNF = Did Not Finish
DQ = Disqualified
ORD = Order
X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATW0520601_73R

Report Created 30 JUN 2024 at 14:59

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	19.19	BOLT Usain	1986	JAM	BERLIN	20 AUG 2009
ER	19.72	aMENNEA Pietro	1952	ITA	MEXICO CITY	12 SEP 1979
CR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER	26 JUN 2022
NR	19.73	HUGHES ZHARNEL	1995	GBR	LONDON	23 JUL 2023
SR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER	26 JUN 2022

As of 30/06/2024 at 13:48

(Wind: -1.1 m/s)

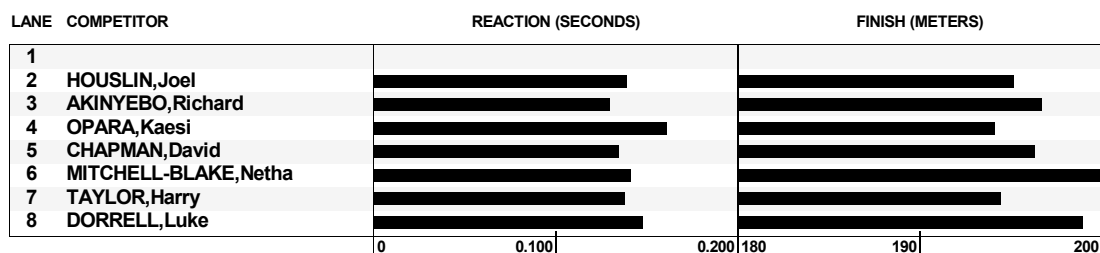
1	220	MITCHELL-BLAKE Nethaneel	GBR	30	Newham & Essex Beagles AC	6	0.141	20.92	Q
2	101	DORRELL Luke	GBR	27	Aldershot Farnham & Distr	8	0.148	21.03	q
3	10	AKINYEBO Richard	GBR	22	Be Fit Today Track Academ	3	0.130	21.27	
4	59	CHAPMAN David	GBR	20	City of Sheffield & Dearn	5	0.135	21.31	
5	163	HOUSLIN Joel	GBR	19	Thames Valley Harries	2	0.139	21.44	
6	314	TAYLOR Harry	GBR	23	Harrow AC	7	0.138	21.52	
7	249	OPARA Kaesi	GBR	28	Lincoln Wellington AC	4	0.161	21.55	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:13:46

Temperature:+14°C



Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0020301_73A 1.0

Report Created 30 JUN 2024 at 14:11

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	19.19	BOLT Usain	1986	JAM	BERLIN			20 AUG 2009	
ER	19.72	aMENNEA Pietro	1952	ITA	MEXICO CITY			12 SEP 1979	
CR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER			26 JUN 2022	
NR	19.73	HUGHES ZHARNEL	1995	GBR	LONDON			23 JUL 2023	
SR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER			26 JUN 2022	

As of 30/06/2024 at 13:55

(Wind: -0.6 m/s)

1	242	OHIOZE Michael	GBR	29	Shaftesbury Barnet Harrie	8	0.140	20.82	Q
2	110	EFOLOKO Jona	GBR	24	Sale Harrier Manchester	4	0.145	20.87	q
3	143	HANSON James	GBR	22	Woking AC	2	0.165	21.53	
4	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	7	0.143	21.54	
5	234	NGUIE Sagesse	GBR	23	Trafford AC	3	0.140	21.54	
6	72	COPELAND-NAULTY Myles	GBR	20	Herne Hill Harriers	6	0.150	21.73	
7	248	OLUDOIYI Kesi	GBR	25	Harrow AC	5	0.148	21.77	

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:13:54

Temperature:+14°C

Humidity:75%



Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0020301_73A 1.0

Report Created 30 JUN 2024 at 14:11

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

2

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	19.19	BOLT Usain	1986	JAM	BERLIN			20 AUG 2009	
ER	19.72	aMENNEA Pietro	1952	ITA	MEXICO CITY			12 SEP 1979	
CR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER			26 JUN 2022	
NR	19.73	HUGHES ZHARNEL	1995	GBR	LONDON			23 JUL 2023	
SR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER			26 JUN 2022	

As of 30/06/2024 at 14:02

(Wind: -0.8 m/s)

1	164	HUDSON-SMITH Matthew	GBR	29	Birchfield Harriers	7	0.141	20.63	Q
2	255	PANTON Tyler	GBR	21	Woking AC	4	0.131	20.93	q
3	118	FERGUSON Joe	GBR	24	City of Sheffield & Dearn	8	0.154	20.98	q
4	258	PATTERSON Dean	GBR	18	Glasgow Jaguars	5	0.158	21.30	
5	83	CRONIN Brook	GBR	20	Walton AC	6	0.153	21.53	
6	42	BOLDIZSAR Shemar	GBR	25	Newham & Essex Beagles AC	3	0.167	21.61	

NOT RANKED

3	AIKEN Krishawn	GBR	29	Shaftesbury Barnet Harrie	2		DNS
---	----------------	-----	----	---------------------------	---	--	------------

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:14:00

Temperature:+14°C

Humidity:75%

LANE	COMPETITOR	REACTION (SECONDS)	FINISH (METERS)
1			
2			
3	BOLDIZSAR,Shemar	0.167	191.5
4	PANTON,Tyler	0.131	198.5
5	PATTERSON,Dean	0.158	195.5
6	CRONIN,Brook	0.153	192.5
7	HUDSON-SMITH,Matthew	0.141	200.0
8	FERGUSON,Joe	0.154	197.5
		0 0.100 0.200 180 190 200	

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0020301_73A 1.0

Report Created 30 JUN 2024 at 14:11

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

3

RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB LANE REACT TIME POINTS

WR	19.19	BOLT Usain	1986	JAM	BERLIN	20 AUG 2009
ER	19.72	aMENNEA Pietro	1952	ITA	MEXICO CITY	12 SEP 1979
CR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER	26 JUN 2022
NR	19.73	HUGHES ZHARNEL	1995	GBR	LONDON	23 JUL 2023
SR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER	26 JUN 2022

As of 30/06/2024 at 14:09

(Wind: -1.0 m/s)

1	184	KILTY Richard	GBR	34	Gateshead Harriers & AC	8	0.127	21.00	Q
2	276	QUAINOO Jeriel	GBR	21	Blackheath & Bromley Harr	6	0.120	21.03	
3	344	WILLIAMS Jahde	GBR	27	Harrow AC	5	0.168	21.19	SB
4	215	MILLER Chad	GBR	24	Hercules Wimbledon AC	4	0.138	21.20	
5	200	LYON Phoenix	GBR	24	Shaftesbury Barnet Harrie	7	0.142	21.42	
6	193	LEIGH Jacob	GBR	23	Oxford City AC	3	0.144	21.55	
7	121	FORREST Jack	GBR	20	Birchfield Harriers	2	0.174	22.31	SB

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Details:

Start time:14:08

Temperature:+14°C

Humidity:81%

LANE	COMPETITOR	REACTION (SECONDS)	FINISH (METERS)
1			
2	FORREST,Jack		
3	LEIGH,Jacob		
4	MILLER,Chad		
5	WILLIAMS,Jahde		
6	QUAINOO,Jeriel		
7	LYON,Phoenix		
8	KILTY,Richard		

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0020301_73A 1.0

Report Created 30 JUN 2024 at 14:11

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

4

SUMMARY

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	19.19	BOLT Usain	1986	JAM	BERLIN				20 AUG 2009	
ER	19.72	aMENNEA Pietro	1952	ITA	MEXICO CITY				12 SEP 1979	
CR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER				26 JUN 2022	
NR	19.73	HUGHES ZHARNEL	1995	GBR	LONDON				23 JUL 2023	
SR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER				26 JUN 2022	
1	164	HUDSON-SMITH Matthew	GBR	29	Birchfield Harriers	3	7	1	20.63	Q
2	242	OHIOZE Michael	GBR	29	Shaftesbury Barnet Harrie	2	8	1	20.82	Q
3	110	EFOLOKO Jona	GBR	24	Sale Harrier Manchester	2	4	2	20.87	q
4	220	MITCHELL-BLAKE Nethaneel	GBR	30	Newham & Essex Beagles AC	1	6	1	20.92	Q
5	255	PANTON Tyler	GBR	21	Woking AC	3	4	2	20.93	q
6	118	FERGUSON Joe	GBR	24	City of Sheffield & Dearn	3	8	3	20.98	q
7	184	KILTY Richard	GBR	34	Gateshead Harriers & AC	4	8	1	21.00	Q
8	101	DORRELL Luke	GBR	27	Aldershot Farnham & Distr	1	8	2	21.03	q
9	276	QUAINOO Jeriel	GBR	21	Blackheath & Bromley Harr	4	6	2	21.03	
10	344	WILLIAMS Jahde	GBR	27	Harrow AC	4	5	3	21.19	SB
11	215	MILLER Chad	GBR	24	Hercules Wimbledon AC	4	4	4	21.20	
12	10	AKINYEBO Richard	GBR	22	Be Fit Today Track Academ	1	3	3	21.27	
13	258	PATTERSON Dean	GBR	18	Glasgow Jaguars	3	5	4	21.30	
14	59	CHAPMAN David	GBR	20	City of Sheffield & Dearn	1	5	4	21.31	
15	200	LYON Phoenix	GBR	24	Shaftesbury Barnet Harrie	4	7	5	21.42	
16	163	HOUSLIN Joel	GBR	19	Thames Valley Harries	1	2	5	21.44	
17	314	TAYLOR Harry	GBR	23	Harrow AC	1	7	6	21.52	
18	143	HANSON James	GBR	22	Woking AC	2	2	3	21.53	
19	83	CRONIN Brook	GBR	20	Walton AC	3	6	5	21.53	
20	224	MORGAN-HARRISON David	GBR	22	Kingston upon Hull AC	2	7	4	21.54	
21	234	NGUIE Sagesse	GBR	23	Trafford AC	2	3	5	21.54	
22	193	LEIGH Jacob	GBR	23	Oxford City AC	4	3	6	21.55	
22	249	OPARA Kaesi	GBR	28	Lincoln Wellington AC	1	4	7	21.55	
24	42	BOLDIZSAR Shemar	GBR	25	Newham & Essex Beagles AC	3	3	6	21.61	
25	72	COPELAND-NAULTY Myles	GBR	20	Herne Hill Harriers	2	6	6	21.73	
26	248	OLUDOYI Kesi	GBR	25	Harrow AC	2	5	7	21.77	
27	121	FORREST Jack	GBR	20	Birchfield Harriers	4	2	7	22.31	SB

NOT RANKED

3	AIKEN Krishawn	GBR	29	Shaftesbury Barnet Harrie	3	2		DNS
---	----------------	-----	----	---------------------------	---	---	--	-----

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0020300_74A 1.0

Report Created 30 JUN 2024 at 15:30

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 200 m - Heats



SEEDED LIST

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	HEAT	LANE	RANK	TIME	POINTS
WR	19.19	BOLT Usain	1986	JAM	BERLIN				20 AUG 2009	
ER	19.72	aMENNEA Pietro	1952	ITA	MEXICO CITY				12 SEP 1979	
CR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER				26 JUN 2022	
NR	19.73	HUGHES ZHARNEL	1995	GBR	LONDON				23 JUL 2023	
SR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER				26 JUN 2022	
1	164	HUDSON-SMITH Matthew	GBR	29	Birchfield Harriers	3	7	1	20.63	Q
2	242	OHIOZE Michael	GBR	29	Shaftesbury Barnet Harrie	2	8	1	20.82	Q
4	220	MITCHELL-BLAKE Nethaneel	GBR	30	Newham & Essex Beagles AC	1	6	1	20.92	Q
7	184	KILTY Richard	GBR	34	Gateshead Harriers & AC	4	8	1	21.00	Q
3	110	EFOLOKO Jona	GBR	24	Sale Harrier Manchester	2	4	2	20.87	q
5	255	PANTON Tyler	GBR	21	Woking AC	3	4	2	20.93	q
6	118	FERGUSON Joe	GBR	24	City of Sheffield & Dearn	3	8	3	20.98	q
8	101	DORRELL Luke	GBR	27	Aldershot Farnham & Distr	1	8	2	21.03	q

Qualification: First in each heat (Q) and 4 fastest (q) to Final

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0020300_48B 1.0

Report Created 30 JUN 2024 at 14:13

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's Pole Vault - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	MARK	POINTS
------	-----	----------------	-----	-----	------	------	--------

WR	6.24	DUPLANTIS Armand	1999	SWE	XIAMEN	20 APR 2024
ER	6.24	DUPLANTIS Armand	1999	SWE	XIAMEN	20 APR 2024
CR	5.85	COPPELL Harry		GBR	MANCHESTER	04 SEP 2020
NR	5.85	COPPELL Harry		GBR	MANCHESTER	04 SEP 2020
SR	5.85	COPPELL Harry		GBR	MANCHESTER	04 SEP 2020

As of 30/06/2024 at 15:38

1	73	COPPELL Harry	GBR	27	Wigan & District AC	5.40	SB
2	150	HEARD Owen	GBR	22	Harrow AC	5.25	
3	34	BENJAMIN Lazarus	GBR	20	Sale Harrier Manchester	5.10	SB
3	142	HAGUE Adam	GBR	26	City of Sheffield & Dearn	5.10	
5	326	WALLEY Thomas	GBR	26	Wrexham AAC	4.95	
6	269	PHIPPS Jack	GBR	30	Birchfield Harriers	4.80	
7	188	LANE William	GBR	18	City of Sheffield & Dearn	4.80	

Details:

Start time:14:12

Finish Time:15:34

Temperature:+14°C

Temperature:+14°C

Humidity:81%

Humidity:85%

As of 30/06/2024 at 15:38

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	4.80	4.95	5.10	5.25	5.40	5.55	MARK	POINTS
2	150	HEARD Owen Harrow AC	GBR 22	1	-	-	XO	O	XXX		5.25	
5	326	WALLEY Thomas Wrexham AAC	GBR 26	2	XO	XO	XXX				4.95	
7	188	LANE William City of Sheffield & Dearn	GBR 18	3	XXO	XXX					4.80	
3	142	HAGUE Adam City of Sheffield & Dearn	GBR 26	4	-	-	XO	XXX			5.10	
6	269	PHIPPS Jack Birchfield Harriers	GBR 30	5	XO	XXX					4.80	
1	73	COPPELL Harry Wigan & District AC	GBR 27	6	-	-	-	XO	XO	XXX	5.40	SB
3	34	BENJAMIN Lazarus Sale Harrier Manchester	GBR 20	7	O	O	XO	XXX			5.10	SB

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
ORD = Order
X = Failed

DNF = Did Not Finish
DQ = Disqualified
O = Cleared
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0720601_73M 1.0

Report Created 30 JUN 2024 at 15:41

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Men's 1500 m Ambulant - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS	
As of 30/06/2024 at 14:31									
1	2	BRYCE Steven	GBR	28	Fife AC	T20	4	4:03.31	SB 821
2	1	BALLARD Brandon	GBR	21	Huntingdonshire AC	T20	5	4:03.58	817
3	8	O'HARA Kieran	GBR	25	Havering AC	T20	6	4:04.02	SB 810
4	13	WOLFF Daniel	GBR	30	Epsom & Ewell Harriers	T20	1	4:05.08	SB 795
5	7	MILLES Arthur	GBR	18	St Mary's & Richmond Athl	T12	3	4:07.94	PB 700
6	6	MCKIBBIN James	GBR	26	North Devon AC	T20	2	4:23.79	479

Intermediate point leaders (Bib and Time):

400 m : 6 1:01.90
800 m : 2 2:11.00
1200 m : 2 3:17.53

Details: Start time:14:20 Temperature:+14°C Humidity:75%

Legend

* = Warning
DNS = Did Not Start
ORD = Order
SB = Season's Best
DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATM8150601_73G 1.0

Report Created 30 JUN 2024 at 14:37

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 400 m Wheelchair - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
As of 30/06/2024 at 15:07									
1	6	KINGHORN Samantha	GBR	28	Red Star AC	T53	3	54.55	959
2	11	WOODS Melanie	GBR	29	Red Star AC	T54	7	56.98	835
3	7	KOTTAS Ellis	GBR	20	Weir Archer Academy	T54	4	1:12.33	SB 151
4	4	GARNER Nathalie	GBR	18	Weir Archer Academy	T54	5	1:14.44	SB 99
5	10	WAUGH Anya	GBR	18	Kirkby AC	T54	6	1:14.94	89

Details:

Start time:14:26

Temperature:+15°C

Humidity:75%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW8040601_73A 1.0

Report Created 30 JUN 2024 at 15:12

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Men's 3000 m Steeplechase - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	7:52.11	GIRMA Lamecha	2000	ETH	PARIS		09 JUN 2023	
ER	8:00.09	MEKHISSI-BENABBAD Mahied	1985	FRA	SAINT-DENIS		06 JUL 2013	
CR	8:22.22	BARTUKWO Philip		KEN	BIRMINGHAM		04 AUG 1990	
NR	8:07.96	ROWLAND Mark		GBR	SEOUL		30 SEP 1988	
SR	8:24.83	PEARCE Mark		GBR	MANCHESTER		27 MAY 2021	

As of 30/06/2024 at 14:45

1	235	NORMAN Phil	GBR	34	Woodford Green & Essex La	11	8:18.65	CR
2	27	BATTERSHILL Will	GBR	26	Bristol & West AC	6	8:21.83	SR
3	297	SEDDON Zak	GBR	30	Bracknell AC	4	8:27.32	
4	262	PEARCE Mark	GBR	28	Shaftesbury Barnet Harrie	1	8:33.57	
5	45	BRIDGER Thomas	GBR	21	Cambridge & Coleridge AC	2	8:41.35	PB
6	61	CHASTON Thomas	GBR	24	Belgrave Harriers	8	8:42.21	PB
7	146	HARVIE Ricky	GBR	29	Bracknell AC	5	8:55.15	PB
8	232	NEARY Declan	GBR	27	City of York AC	9	8:57.73	SB
9	77	COSTLEY Sam	GBR	25	Southampton AC	7	9:04.35	SB
10	223	MORAN Elliot	GBR	23	Exeter Harriers	3	9:08.83	
11	4	AITKEN William	GBR	20	Doncaster AC	10	9:10.93	

NOT RANKED

217	MINALE Luca	GBR	21	Gateshead Harriers & AC	12	DNS	
-----	-------------	-----	----	-------------------------	----	-----	--

Intermediate point leaders (Bib and Time):

1000 m : 297 2:46.61
2000 m : 235 5:35.67

Details: Start time:14:34 Temperature:+16°C Humidity:75%

Legend

* = Warning
DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
CR = Championship Record
DNS = Did Not Start
ORD = Order
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0330601_73G 1.0

Report Created 30 JUN 2024 at 15:02

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	7.52	CHISTYAKOVA Galina	1962	URS	LENINGRAD	11 JUN 1988
ER	7.52	CHISTYAKOVA Galina	1962	RUS	LENINGRAD	11 JUN 1988
CR	7.05	UGEN Lorraine		GBR	BIRMINGHAM	01 JUL 2018
NR	7.07	PROCTOR Shara	1988	GBR	BEIJING	28 AUG 2015
SR	6.77	SAWYERS Jazmin		GBR	MANCHESTER	09 JUL 2023

As of 30/06/2024 at 16:11

1	235	O'DOWDA Jade	GBR	24	Newham & Essex Beagles AC	6.55	+0.1	PB
2	150	HOPKINS Alice	GBR	25	Oxford City AC	6.38	-0.7	
3	247	PALMER Molly	GBR	20	Thames Valley Harries	6.11	-0.3	
4	198	MARTIN-EVANS Cleo	GBR	21	Daventry AAC	6.06	0.0	
5	278	SMITH Jodie	GBR	22	Windsor Slough Eton & Hou	5.98	+0.3	
6	243	OLAJIDE Funminiya	GBR	22	Thurrock Harriers	5.94	-0.3	
7	106	FELLOWS Lucy	GBR	19	Windsor Slough Eton & Hou	5.87	+0.1	
8	265	RUSH Ella	GBR	20	Amber Valley & Erewash AC	5.82	0.0	
9	47	BREEN Olivia	GBR	27	City of Portsmouth	4.73	-1.1	
10	91	DOWN Madeline	GBR	16	Halesowen AC	4.65	+0.8	SB

Starting order	1	2	3	4	5	6	7	8	9	10					
Initial	47	91	106	265	278	243	198	247	150	235					
4th and 5th attempts	265	106	243	278	198	247	150	235							
6th attempt	265	106	243	278	198	247	150	235							

Details:

Start time:14:55

Finish Time:16:10

Temperature:+14°C

Temperature:+14°C

Humidity:81%

Humidity:78%

As of 30/06/2024 at 16:11

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
9	47	BREEN Olivia	GBR	1	4.69	X	4.70	3.35	4.73	X	4.73	
		City of Portsmouth	F38	27	-0.8	-0.3	+0.6	-0.8	-1.1	-0.2	-1.1	
10	91	DOWN Madeline	GBR	2	4.55	X	4.47	4.59	X	4.65	4.65	SB
		Halesowen AC	T38	16	-0.8	-0.2	-0.4	-0.4	-0.4	+0.8	+0.8	
7	106	FELLOWS Lucy	GBR	3	5.78	5.87	5.77	5.66	5.55	X	5.87	
		Windsor Slough Eton & Hou	19		-0.5	+0.1	-0.2	+0.4	0.0	+0.5	+0.1	
8	265	RUSH Ella	GBR	4	5.65	5.82	5.59	X	5.80	X	5.82	
		Amber Valley & Erewash AC	20		0.0	0.0	-0.5	-1.3	-0.2	-0.1	0.0	
5	278	SMITH Jodie	GBR	5	X	X	5.95	5.80	4.75	5.98	5.98	
		Windsor Slough Eton & Hou	22		+0.3	+0.3	-0.4	-0.9	-0.1	+0.3	+0.3	
6	243	OLAJIDE Funminiya	GBR	6	5.81	5.94	X	5.88	5.84	5.92	5.94	
		Thurrock Harriers	22		-0.5	-0.3	-0.4	-0.3	-0.1	+0.3	-0.3	
4	198	MARTIN-EVANS Cleo	GBR	7	6.06	6.01	4.28	5.68	5.73	5.95	6.06	
		Daventry AAC	21		0.0	-0.5	-0.2	-0.6	-0.4	+0.2	0.0	
3	247	PALMER Molly	GBR	8	5.77	6.05	6.09	X	6.11	5.99	6.11	
		Thames Valley Harries	20		-0.2	+0.1	-0.9	-0.7	-0.3	-0.5	-0.3	
2	150	HOPKINS Alice	GBR	9	X	6.32	6.30	6.38	6.26	6.26	6.38	
		Oxford City AC	25		-0.6	-0.8	-0.8	-0.7	+0.1	-0.1	-0.7	
1	235	O'DOWDA Jade	GBR	10	6.39	X	X	6.55	-		6.55	PB
		Newham & Essex Beagles AC	24		+0.1	-0.4	+0.2	+0.1			+0.1	

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
PB = Personal Best
X = Failed

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0610601_730 1.0

Report Created 30 JUN 2024 at 16:13

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 5000 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	12:35.36	CHEPTEGEI Joshua	1996	UGA	MONACO		14 AUG 2020	
ER	12:45.01	KATIR Mohamed	1998	ESP	MONACO		21 JUL 2023	
CR	13:17.21	BEDFORD Dave		GBR	LONDON		14 JUL 1972	
NR	12:53.11	FARAH Mo		GBR	MONACO		22 JUL 2011	
SR	13:13.03	ZAKAYO Edward		KEN	MANCHESTER		03 JUN 2022	

As of 30/06/2024 at 15:04

1	334	WEST James	GBR	28	Tonbridge AC	11	13:43.62	
2	96	DEVER Patrick	GBR	27	Preston Harriers	7	13:44.58	
3	291	ROWE Jack	GBR	28	Aldershot Farnham & Distr	2	13:46.60	
4	30	BEATTIE Scott	GBR	25	Morpeth Harriers & AC	15	13:47.71	
5	267	PERRIN Osian	GBR	21	Menai Athletics Club	13	13:48.44	
6	85	CROSS Ellis	GBR	27	Aldershot Farnham & Distr	10	13:50.58	
7	25	BARNICOAT Will	GBR	21	Aldershot Farnham & Distr	8	13:50.61	
8	194	LEONARD Rory	GBR	23	Morpeth Harriers & AC	4	13:52.65	
9	336	WHEELER Charles	GBR	25	Milton Keynes Distance Pr	6	13:55.64	
10	204	MANTHORPE Alfie	GBR	24	City of Sheffield & Dearn	5	13:56.38	
11	271	POTRYKUS Ben	GBR	28	Woodford Green & Essex La	9	13:57.00	
12	313	TARRAGANO Tomer	GBR	23	Brighton & Hove AC	3	14:00.08	
13	155	HEYDEN Max	GBR	23	Aldershot Farnham & Distr	12	14:21.85	

NOT RANKED

337	WHEELER George	GBR	25	Milton Keynes Distance Pr	14	DNS
130	GOODWIN Jack	GBR	31	Bedford & County AC	1	DNF

Intermediate point leaders (Bib and Time):

1000 m :	155	2:57.01
2000 m :	155	5:45.08
3000 m :	155	8:31.31
4000 m :	96	11:18.72

Details:

Start time:14:45

Temperature:+14°C

Humidity:78%

Legend

* = Warning
DNS = Did Not Start
ORD = Order

DNF = Did Not Finish
DQ = Disqualified

Manchester Regional Arena, June 29 - June 30 2024

ATM0500601_73G 1.0

Report Created 30 JUN 2024 at 15:08

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 110 m Hurdles - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	12.80	MERRITT Aries	1985	USA	BRUXELLES			07 SEP 2012	
ER	12.91	JACKSON Colin	1967	GBR	STUTT GART			20 AUG 1993	
CR	13.13	JACKSON Colin		GBR	BIRMINGHAM			15 JUN 1996	
NR	12.91	JACKSON Colin		GBR	STUTT GART			20 AUG 1993	
SR	13.38	OJORA Tade		GBR	MANCHESTER			26 JUN 2021	

As of 30/06/2024 at 15:13

(Wind: -0.6 m/s)

1	132	GORIOLA Daniel	GBR	19	Blackheath & Bromley Harr	5	0.153	13.55	PB
2	35	BENNETT Sam	GBR	23	Basildon AC	4	0.145	13.56	
3	185	KING David	GBR	30	City of Plymouth	6	0.129	13.65	
4	243	OJORA Tade	GBR	24	Windsor Slough Eton & Hou	3	0.136	13.67	
5	340	WILCOCK Thomas	GBR	22	Northampton AC	7	0.148	13.86	
6	285	RITCHIE-MOULIN William	GBR	27	Birchfield Harriers	2	0.209	13.98	
7	270	PORTER Jake	GBR	30	Birchfield Harriers	8	0.172	14.15	
8	7	AKANNI Ethan	GBR	25	Bexley AC	1	0.133	14.19	

Details:

Start time:15:11

Temperature:+15°C

Humidity:75%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0120601_73A 1.0

Report Created 30 JUN 2024 at 15:15

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 400 m Hurdles - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	50.68	MCLAUGHLIN Sydney	1999	USA	EUGENE			22 JUL 2022	
ER	51.45	BOL Femke	2000	NED	LONDON			23 JUL 2023	
CR	54.36	SHAKES-DRAYTON Perri		GBR	BIRMINGHAM			14 JUL 2013	
NR	52.74	GUNNELL Sally	1966	GBR	STUTT GART			19 AUG 1993	
SR	54.83	TURNER Jess		GBR	MANCHESTER			26 JUN 2021	

As of 30/06/2024 at 15:25

1	232	NIELSEN Lina	GBR	28	Shaftesbury Barnet Harrie	4	0.161	54.81	SR
2	181	KNIGHT Jessie	GBR	30	Windsor Slough Eton & Hou	5	0.191	55.36	SB
3	289	TAPPIN Jessica	GBR	34	Thames Valley Harries	6	0.188	56.86	SB
4	137	HAYE-SMITH Yanique	GBR	34	Birchfield Harriers	7	0.168	58.00	
5	208	MCLEAN Hayley	GBR	29	Shaftesbury Barnet Harrie	2	0.258	58.32	
6	309	WALKER Chelsea	GBR	27	City of York AC	8	0.161	58.91	
7	48	BRENNAN Orla	GBR	22	Windsor Slough Eton & Hou	1	0.178	59.15	
8	102	ELLISS Sophie	GBR	25	Blackheath & Bromley Harr	3	0.246	59.88	

Details:

Start time:15:25

Temperature:+15°C

Humidity:75%

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0440601_73A 1.0

Report Created 30 JUN 2024 at 15:27

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Men's 400 m Hurdles - Final



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB LANE REACT TIME POINTS

WR	45.94	WARHOLM Karsten	1996	NOR	TOKYO	03 AUG 2021
ER	45.94	WARHOLM Karsten	1996	NOR	TOKYO	03 AUG 2021
CR	48.58	MOSES Edwin	1955	USA	LONDON	14 JUL 1979
NR	47.82	AKABUSI Kriss		GBR	BARCELONA	06 AUG 1992
SR	49.21	CHALMERS Alastair		GBR	MANCHESTER	25 JUN 2022

As of 30/06/2024 at 17:19

1	56	CHALMERS Alastair	GBR	24	Guernsey AC	4	0.146	48.54	CR
2	186	KNIBBS Alex	GBR	25	Amber Valley & Erewash AC	7	0.181	49.37	PB
3	246	OKORO Efekemo	GBR	32	Birchfield Harriers	6	0.163	49.44	
4	100	DONOVAN Tyri	GBR	25	Windsor Slough Eton & Hou	5	0.147	49.84	
5	117	FAULDS Joshua	GBR	24	Rugby & Northants AC	3	0.187	50.45	
6	292	SADDLER II Craig	GBR	22	Shaftesbury Barnet Harrie	8	0.159	50.61	
7	218	MINSHULL Jake	GBR	19	Coventry Godiva Harriers	2	0.175	50.96	
8	261	PAUL Jacob	GBR	29	Windsor Slough Eton & Hou	1	0.178	52.12	

Details:

Start time:15:37

Temperature:+15°C

Humidity:75%



Legend

CR = Championship Record
DNS = Did Not Start
Fn = False Start
R.T. = Reaction

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0440601_73A 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	86.74	SEDYKH Yuriy	1955	URS	STUTTGART	30 AUG 1986
ER	86.74	SEDYKH Yuriy	1955	URS	STUTTGART	30 AUG 1986
CR	77.30	SMITH Dave		GBR	LONDON	13 JUL 1985
NR	80.26	MILLER Nick		GBR	GOLD COAST	08 APR 2018
SR	75.10	CAMPBELL Taylor		GBR	MANCHESTER	27 JUN 2021

As of 21/02/2024 at 17:08

1	236	NORRIS Jake	GBR	24	Windsor Slough Eton & Hou	76.03	SR
2	168	IKEJI Kenneth	GBR	21	Newham & Essex Beagles AC	74.80	
3	227	MURCH Craig	GBR	31	Birchfield Harriers	70.61	
4	254	PAGET Jack	GBR	27	Thames Valley Harries	67.81	
5	149	HEAD Thomas	GBR	28	Newham & Essex Beagles AC	66.68	SB
6	53	CAMPBELL Bayley	GBR	24	Windsor Slough Eton & Hou	65.90	
7	182	KERRY Shaun	GBR	22	Kingston upon Hull AC	65.38	
8	135	GRAHAM Oliver	GBR	23	Chelmsford AC	62.98	
9	212	MERRETT Owen	GBR	19	Harrow AC	57.99	

Starting order	1	2	3	4	5	6	7	8	9						
Initial	53	212	236	149	182	254	135	227	168						
4th and 5th attempts	135	182	149	53	254	227	168	236							
6th attempt	135	182	53	149	254	227	168	236							

Details:

Start time:15:46

Finish Time:17:05

Temperature:+16°C

Temperature:+16°C

Humidity:77%

Humidity:77%

As of 21/02/2024 at 17:08

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
6	53	CAMPBELL Bayley	GBR	1	64.89	X	65.90	X	65.81	63.19	65.90	
		Windsor Slough Eton & Hou	24									
9	212	MERRETT Owen	GBR	2	57.99	X	54.55				57.99	
		Harrow AC	19									
1	236	NORRIS Jake	GBR	3	74.03	X	75.22	75.10	76.03	74.79	76.03	SR
		Windsor Slough Eton & Hou	24									
5	149	HEAD Thomas	GBR	4	61.33	61.55	64.55	63.71	66.68	X	66.68	SB
		Newham & Essex Beagles AC	28									
7	182	KERRY Shaun	GBR	5	58.27	60.90	62.71	64.92	65.38	X	65.38	
		Kingston upon Hull AC	22									
4	254	PAGET Jack	GBR	6	67.71	X	X	67.23	X	67.81	67.81	
		Thames Valley Harries	27									
8	135	GRAHAM Oliver	GBR	7	58.82	X	60.35	62.48	62.98	60.96	62.98	
		Chelmsford AC	23									
3	227	MURCH Craig	GBR	8	67.57	67.42	69.61	69.52	70.61	69.89	70.61	
		Birchfield Harriers	31									
2	168	IKEJI Kenneth	GBR	9	68.56	73.18	X	74.80	73.35	X	74.80	
		Newham & Essex Beagles AC	21									

Legend

- = Did Not Attempt	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
NM = No Mark	ORD = Order
# SB = Season's Best	
X = Failed	

Manchester Regional Arena, June 29 - June 30 2024

ATM0540601_73R 1.0

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 200 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	19.19	BOLT Usain	1986	JAM	BERLIN			20 AUG 2009	
ER	19.72	aMENNEA Pietro	1952	ITA	MEXICO CITY			12 SEP 1979	
CR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER			26 JUN 2022	
NR	19.73	HUGHES ZHARNEL	1995	GBR	LONDON			23 JUL 2023	
SR	20.05	MITCHELL-BLAKE Nethaneel		GBR	MANCHESTER			26 JUN 2022	

As of 30/06/2024 at 15:51

(Wind: -0.4 m/s)

1	164	HUDSON-SMITH Matthew	GBR	29	Birchfield Harriers	7	0.155	20.34	PB
2	220	MITCHELL-BLAKE Nethaneel	GBR	30	Newham & Essex Beagles AC	6	0.153	20.55	
3	242	OHIOZE Michael	GBR	29	Shaftesbury Barnet Harrie	5	0.156	20.68	
4	110	EFOLOKO Jona	GBR	24	Sale Harrier Manchester	4	0.156	20.73	
5	255	PANTON Tyler	GBR	21	Woking AC	3	0.146	20.85	
6	101	DORRELL Luke	GBR	27	Aldershot Farnham & Distr	2	0.139	20.98	
7	118	FERGUSON Joe	GBR	24	City of Sheffield & Dearn	1	0.173	21.10	
8	184	KILTY Richard	GBR	34	Gateshead Harriers & AC	8	0.118	21.13	

Details:

Start time:15:49

Temperature:+14°C

Humidity:70%

Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0020601_73A 1.0

Report Created 30 JUN 2024 at 15:51

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK BIB SURNAME & NAME NAT AGE CLUB MARK POINTS

WR	22.63	LISOVSKAYA Natalya	1962	URS	MOSKVA	07 JUN 1987
ER	22.63	LISOVSKAYA Natalya	1962	RUS	MOSKVA	07 JUN 1987
CR	18.76	OAKES Judy		GBR	DERBY	05 JUN 1998
NR	19.36	OAKES Judith	1958	GBR	GATESHEAD	14 AUG 1988
SR	18.28	McKINNA Sophie		GBR	MANCHESTER	27 JUN 2021

As of 02/03/2024 at 17:28

1	60	CAMPBELL Amelia	GBR	30	Thames Valley Harries	17.59	
2	305	VINCENT Serena	GBR	22	City of Portsmouth	17.32	
3	242	OLADIPO Divine	GBR	25	Blackheath & Bromley Harr	17.24	SB
4	230	NICOLL Adele	GBR	27	Birchfield Harriers	16.97	
5	207	MCKINNA Sophie	GBR	29	Great Yarmouth & District	16.97	
6	245	OMOREGIE Sarah	GBR	24	Cardiff AC	16.03	
7	130	GYEDU Nana	GBR	21	Blackheath & Bromley Harr	15.82	
8	5	AGYEPONG Cleo	GBR	19	Blackheath & Bromley Harr	14.57	
9	115	FORTUNE Sabrina	GBR	27	Deeside AAC	14.44	F20
10	293	THOMPSON Shaunna	GBR	32	Sale Harrier Manchester	14.31	
11	291	TCHOUDJA Teddy	GBR	21	Shettleston Harriers	11.92	
12	229	NICHOLSON Anna	GBR	29	Gateshead Harriers & AC	9.13	F35

Starting order	1	2	3	4	5	6	7	8	9	10	11	12			
Initial	229	115	230	60	207	242	293	245	305	291	5	130			
4th and 5th attempts	115	130	245	242	230	207	305	60							
6th attempt	5	130	245	207	230	242	305	60							

Details:

Start time:16:28

Finish Time:17:26

Temperature:+14°C

Temperature:+13°C

Humidity:78%

Humidity:76%

As of 02/03/2024 at 17:28

RANK	BIB	SURNAME & NAME CLUB	NAT AGE	ORD	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -	MARK	POINTS
12	229	NICHOLSON Anna	GBR	1	9.13	7.96	8.20	9.10	8.61	8.70	9.13	
		Gateshead Harriers & AC	F35	29								
9	115	FORTUNE Sabrina	GBR	2	13.74	14.44	X	13.38	13.81	12.76	14.44	
		Deeside AAC	F20	27								
4	230	NICOLL Adele	GBR	3	16.16	16.92	X	16.17	16.97	16.81	16.97	
		Birchfield Harriers	27									
1	60	CAMPBELL Amelia	GBR	4	17.18	16.66	16.96	17.49	17.06	17.59	17.59	
		Thames Valley Harries	30									
5	207	MCKINNA Sophie	GBR	5	X	16.84	16.97	16.68	16.54	16.90	16.97	
		Great Yarmouth & District	29									
3	242	OLADIPO Divine	GBR	6	16.00	16.00	16.56	16.52	17.24	16.64	17.24	SB
		Blackheath & Bromley Harr	25									
10	293	THOMPSON Shaunna	GBR	7	14.31	13.35	X				14.31	
		Sale Harrier Manchester	32									
6	245	OMOREGIE Sarah	GBR	8	X	15.92	15.92	15.42	16.03	15.87	16.03	
		Cardiff AC	24									
2	305	VINCENT Serena	GBR	9	X	15.82	16.98	17.00	17.32	17.04	17.32	
		City of Portsmouth	22									

Legend

- = Did Not Attempt
DNS = Did Not Start
NM = No Mark
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
ORD = Order
X = Failed

Manchester Regional Arena, June 29 - June 30 2024

ATW0510601_73R

Report Created 30 JUN 2024 at 17:29

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 200 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	21.34	GRIFFITH-JOYNER Florence	1959	USA	SEOUL			29 SEP 1988	
ER	21.63	SCHIPPERS Dafne	1992	NED	BEIJING			28 AUG 2015	
CR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	
NR	21.88	ASHER-SMITH Dina	1995	GBR	DOHA			02 OCT 2019	
SR	22.25	NEITA Daryll		GBR	MANCHESTER			09 JUL 2023	

As of 30/06/2024 at 16:02

(Wind: -0.7 m/s)

1	15	ASHER-SMITH Dina	GBR	28	Blackheath & Bromley Harr	5	0.134	22.18	CR
2	225	NEITA Daryll	GBR	27	Cambridge Harriers	6	0.145	22.46	SB
3	156	HUNT Amy	GBR	22	Charnwood AC	3	0.174	22.78	SB
4	4	AGYAPONG Finette	GBR	27	Newham & Essex Beagles AC	7	0.115	22.83	SB
5	98	EDUAN Success	GBR	19	Sale Harrier Manchester	4	0.172	23.15	
6	159	IRONSIDE Brooke	GBR	21	Bournemouth AC	2	0.147	23.21	PB
7	325	WILLIAMS Bianca	GBR	30	Thames Valley Harries	8	0.168	23.26	
8	35	BENNETT Rachel	GBR	21	Sale Harrier Manchester	1	0.136	23.52	

Details:

Start time:15:59

Temperature:+15°C

Humidity:70%

Legend

CR = Championship Record
DNS = Did Not Start
Fn = False Start
R.T. = Reaction

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATW0020601_73A 1.0

Report Created 30 JUN 2024 at 16:08

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Women's 400 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
ER	47.60	KOCH Marita	1957	GDR	CANBERRA			06 OCT 1985	
CR	50.62	MERRY Katharine		GBR	BIRMINGHAM			25 JUL 1999	
NR	49.41	OHURUOGU Christine	1984	GBR	MOSKVA			12 AUG 2013	
SR	50.74	SAUNDERS Nicola		GBR	MANCHESTER			16 JUL 2006	

As of 30/06/2024 at 16:11

1	11	ANNING Amber	GBR	23	Brighton & Hove AC	4	0.197	50.47	CR
2	231	NIELSEN Laviai	GBR	28	Enfield & Haringey AC	7	0.152	50.92	
3	165	JOHN Yemi Mary	GBR	21	Woodford Green & Essex La	8	0.210	51.23	SB
4	336	YEARGIN Nicole	GBR	26	Pitreavie AAC	5	0.192	51.34	
5	327	WILLIAMS Jodie	GBR	30	Herts Phoenix AC	3	0.148	51.58	SB
6	238	OHURUOGU Victoria	GBR	31	Newham & Essex Beagles AC	6	0.205	51.75	
7	146	HODGKINSON Keely	GBR	22	Leigh Harriers	1	0.213	52.22	
8	175	KELLY Hannah	GBR	23	Bolton United Harriers &	2	0.153	52.32	

Details:

Start time:16:09

Temperature:+15°C

Humidity:70%

Legend

CR = Championship Record
DNS = Did Not Start
Fn = False Start
SB = Season's Best

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATW0040601_73A 1.0

Report Created 30 JUN 2024 at 16:12

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS
Women's 800 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
WR	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUNCHEN			26 JUL 1983	
ER	1:53.28	KRATOCHVILOVA Jarmila	1951	TCH	MUENCHEN			26 JUL 1983	
CR	1:57.56	HOLMES Kelly		GBR	BIRMINGHAM			16 JUL 1995	
NR	1:55.19	HODGKINSON Keely	2002	GBR	EUGENE			17 SEP 2023	
SR	1:58.07	GILL Phoebe		GBR	MANCHESTER			25 MAY 2024	

As of 30/06/2024 at 16:19

1	122	GILL Phoebe	GBR	17	St Albans AC	4i		1:58.66
2	257	REEKIE Jemma	GBR	26	Kilbarchan AAC	5		1:59.28
3	314	WALLACE Erin	GBR	24	Giffnock North AC	3		2:00.88
4	270	SEGRAVE Hannah	GBR	29	Middlesbrough Athletic Cl	1		2:02.06
5	304	VANS AGNEW Grace	GBR	23	Brighton Pheonix	4e		2:02.17
6	32	BELL Alexandra	GBR	31	Pudsey & Bramley AC	6		2:02.18
7	161	IVES Abigail	GBR	20	Basildon AC	2		2:02.20
8	25	BAKER Ellie	GBR	26	Brighton Pheonix	8		2:02.64
9	212	MHLANGA Khahisa	GBR	24	Herts Phoenix AC	7		2:02.70

Intermediate point leaders (Bib and Time):

400 m : 122 59.78

Details:

Start time:16:16

Temperature:+15°C

Humidity:70%

LANE	COMPETITOR	REACTION (SECONDS)	FINISH (METERS)
1	SEGRAVE,Hannah		
2	IVES,Abigail		
3	WALLACE,Erin		
4	VANS AGNEW,Grace		
5	REEKIE,Jemma		
6	BELL,Alexandra		
7	MHLANGA,Khahisa		
8	BAKER,Elle		

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATW0080601_73A 1.0

Report Created 30 JUN 2024 at 16:20

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 400 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	43.03	VAN NIEKERK Wayde	1992	RSA	RIO DE JANEI	14 AUG 2016
ER	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 MAY 2024
CR	44.36	THOMAS Iwan		GBR	BIRMINGHAM	13 JUL 1997
NR	44.07	HUDSON-SMITH Matthew	1994	GBR	OSLO	30 APR 2024
SR	44.92	HUDSON-SMITH Matthew	1994	GBR	MANCHESTER	25 JUN 2022

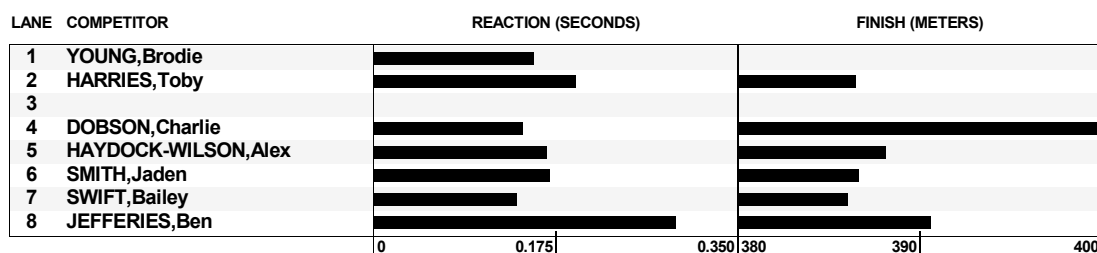
As of 30/06/2024 at 16:28

1	97	DOBSON Charlie	GBR	24	Colchester Harriers AC	4	0.144	44.56	SR
2	173	JEFFERIES Ben	GBR	24	Bristol & West AC	8	0.291	45.63	PB
3	148	HAYDOCK-WILSON Alex	GBR	24	Windsor Slough Eton & Hou	5	0.166	45.92	
4	304	SMITH Jaden	GBR	19	Shaftesbury Barnet Harrie	6	0.169	46.10	
5	144	HARRIES Toby	GBR	25	Brighton Pheonix	2	0.195	46.12	
6	311	SWIFT Bailey	GBR	22	Northampton AC	7	0.138	46.17	PB
7	351	YOUNG Brodie	GBR	21	Airdrie Harriers	1	0.154	47.17	

NOT RANKED

55	CARVELL Charlie	GBR	20	Telford AC	3	DNS
----	-----------------	-----	----	------------	---	-----

Details: Start time:16:28 Temperature:+15°C Humidity:70%



Legend

DNF = Did Not Finish
DQ = Disqualified
PB = Personal Best

DNS = Did Not Start
Fn = False Start
R.T. = Reaction

Manchester Regional Arena, June 29 - June 30 2024

ATM0040601_73A 1.0

Report Created 30 JUN 2024 at 16:31

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1





MICROPLUS UK ATHLETICS CHAMPIONSHIPS

Men's 800 m - Final



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	LANE	REACT	TIME	POINTS
------	-----	----------------	-----	-----	------	------	-------	------	--------

WR	1:40.91	RUDISHA David	1988	KEN	LONDON	09 AUG 2012
ER	1:41.11	KIPKETER Wilson	1970	DEN	KOELN	24 AUG 1997
CR	1:43.90	TANUI William		KEN	BIRMINGHAM	03 AUG 1990
NR	1:41.73	COE Sebastian		GBR	FIRENZE	10 JUN 1981
SR	1:44.54	BURGIN Max		GBR	MANCHESTER	26 JUN 2022

As of 30/06/2024 at 16:41

1	259	PATTISON Ben	GBR	22	Basingstoke & Mid Hants A	6	1:45.49
2	50	BURGIN Max	GBR	22	Halifax Harriers & AC	8	1:46.01
3	208	MCLEAR Finley	GBR	24	Exeter Harriers	2	1:46.33
4	280	RANDOLPH Thomas	GBR	25	Tamworth AC	4i	1:46.35
5	300	SHARMAN-NEWELL Reece	GBR	21	Basingstoke & Mid Hants A	7	1:46.89
6	99	DODDS Callum	GBR	23	Enfield & Haringey AC	3	1:47.58
7	181	KERR Josh	GBR	26	Edinburgh AC	4e	1:53.96
8	167	HUSSEY Ethan	GBR	21	Leeds City	1	1:54.57
9	129	GILES Elliot	GBR	30	Birchfield Harriers	5	2:19.43

Intermediate point leaders (Bib and Time):

400 m : 181 52.81

Details:

Start time:16:36

Temperature:+15°C

Humidity:70%

LANE	COMPETITOR	REACTION (SECONDS)	FINISH (METERS)
1	HUSSEY,Ethan		
2	MCLEAR,Finley		
3	DODDS,Callum		
4	KERR,Josh		
5	GILES,Elliot		
6	PATTISON,Ben		
7	SHARMAN-NEWELL,Reece		
8	BURGIN,Max		

Legend

DNF = Did Not Finish
DQ = Disqualified
R.T. = Reaction

DNS = Did Not Start
Fn = False Start

Manchester Regional Arena, June 29 - June 30 2024

ATM0080601_73A 1.0

Report Created 30 JUN 2024 at 16:41

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1



RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
------	-----	----------------	-----	-----	------	-----	------	--------

WR	3:49.11	KIPYEGON Faith	1994	KEN	FIRENZE		02 JUN 2023	
ER	3:51.95	HASSAN Sifan	1993	NED	DOHA		05 OCT 2019	
CR	4:01.41	HOLMES Kelly		GBR	BIRMINGHAM		12 JUN 1997	
NR	3:54.50	MUIR Laura	1993	GBR	TOKYO		06 AUG 2021	
SR	4:07.24	TULLETT Hayley		GBR	MANCHESTER		11 JUL 2004	

As of 30/06/2024 at 16:52

1	34	BELL Georgia	GBR	30	Belgrave Harriers	4	4:10.69	
2	222	MUIR Laura	GBR	31	Dundee Hawkhill Harriers	8	4:11.59	
3	307	WALCOTT NOLAN Reeve	GBR	29	Luton AC	5	4:11.70	
4	73	COURTNEY-BRYANT Melissa	GBR	30	Poole AC	6	4:12.39	
5	280	SNOWDEN Katie	GBR	30	Herne Hill Harriers	11	4:12.94	
6	191	LEATHER Ellie	GBR	25	Team Bath AC	3	4:14.95	
7	111	FLOCKHART Shannon	GBR	22	Cambridge & Coleridge AC	9	4:15.34	
8	58	CALVERT Sarah	GBR	23	Livingston AC	12	4:15.58	
9	194	LLOYD Ava	GBR	18	Wigan & District AC	7	4:18.01	
10	218	MORLEY Bethan	GBR	22	Leeds City	10	4:18.02	
11	85	DEADMAN Maddie	GBR	24	Basingstoke & Mid Hants A	1	4:19.09	
12	66	CHURCH Lauren	GBR	26	Reading AC	2	4:24.11	

Intermediate point leaders (Bib and Time):

400 m :	73	1:12.01
800 m :	73	2:24.90
1200 m :	222	3:26.96

Details:

Start time:16:45

Temperature:+14°C

Humidity:70%

Legend

* = Warning
DNS = Did Not Start
ORD = Order

DNF = Did Not Finish
DQ = Disqualified

Manchester Regional Arena, June 29 - June 30 2024

ATW0150601_73G 1.0

Report Created 30 JUN 2024 at 16:53

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1

RESULTS

RANK	BIB	SURNAME & NAME	NAT	AGE	CLUB	ORD	TIME	POINTS
WR	3:26.00	EL GUERROUJ Hicham	1974	MAR	ROMA		14 JUL 1998	
ER	3:27.14	INGEBRIGTSEN Jakob	2000	NOR	CHORZOW		16 JUL 2023	
CR	3:35.93	GLADWIN John		GBR	BIRMINGHAM		21 JUN 1986	
NR	3:28.81	FARAH Mo		GBR	MONACO		19 JUL 2013	
SR	3:36.69	MURRAY Ross		GBR	MANCHESTER		19 MAY 2012	

As of 30/06/2024 at 17:01

1	133	GOURLEY Neil	GBR	29	Giffnock North AC	6	3:37.67	
2	216	MILLS George	GBR	25	Brighton Pheonix	3	3:38.29	
3	120	FOGG Adam	GBR	25	Coventry Godiva Harriers	5	3:39.17	
4	92	DAVIS Archie	GBR	25	Brighton Pheonix	10	3:39.92	
5	180	KEEN Thomas	GBR	23	Cambridge & Coleridge AC	12	3:39.98	
6	209	MCLUCKIE Henry	GBR	22	Isle of Wight ac	8	3:40.88	
7	37	BILYARD Tyler	GBR	22	Great Yarmouth & District	1	3:40.89	
8	60	CHARIG Samuel	GBR	22	City of Portsmouth	4	3:41.04	
9	71	COPELAND Piers	GBR	25	Pontypridd Roadents AC	2	3:41.22	
10	98	DODD Thomas	GBR	25	Birchfield Harriers	7	3:41.32	SB
11	44	BOYEK Cameron	GBR	30	Morpeth Harriers & AC	11	3:44.10	
12	79	COUTTIE George	GBR	19	Harrogate Harriers & AC	9	3:47.82	

Intermediate point leaders (Bib and Time):

400 m :	120	1:00:29.00
800 m :	120	2:01.06
1200 m :	216	2:57.96

Details:

Start time:16:58

Temperature:+15°C

Humidity:70%

Legend

* = Warning
DNS = Did Not Start
ORD = Order

DNF = Did Not Finish
DQ = Disqualified
SB = Season's Best

Manchester Regional Arena, June 29 - June 30 2024

ATM0150601_73G 1.0

Report Created 30 JUN 2024 at 17:01

Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

1