

Timetable Match 3

TRACK

11:00am	110m Hurdles	U20 /Sen Men
11:00am	100m Hurdles	U17M
11:10am	100 Hurdles	Senior / U20 W
11:25am	80m Hurdles	U17W
11:40am	800m	Senior/U20/U17 Men
		Senior/U20/U17 Men
		Senior/U20/U17 Men
		Senior/U20/U17 Men
		Senior/U20/U17 Men
		Senior U20/U17 Men
		Senior/U20/U17 Men
12:05pm	800m	Senior/U20/U17 Women
		Senior/U20/U17 Women
		Senior/U20/U17 Women
		Senior/U20/U17 Women
		Senior/U20/U17 Women
12:35pm	100m – Pool 1	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m – Pool 2	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
	100m	Senior/U20/U17 Men
13:35pm	3000m	U17/U20/Senior Women
		LUNCH
14:20pm	2000m SC	U20/Senior Men
14:35pm	100m	Senior/U20/U17 Women
	100m	Senior/U20/U17 Women
	100m	Senior/U20/U17 Women
	100m	Senior/U20/U17 Women
	100m	Senior/U20/U17 Women
	100m	Senior/U20/U17 Women
	100m	Senior/U20/U17 Women
15:00pm	Mile	U17/U20/Senior Women
	Mile	U17/U20/Senior Women
15:15pm	Mile	U17/U20/Senior Men
	Mile	U17/U20/Senior Men
15:40pm	300m	U17 Women
	300m	U17 Women
	400m	U17 Men

FIELD

11:00am	Long Jump	U20/Senior Women
	Hammer	All Women
	Shot	U17 Men
	High Jump	All Men
12:30pm	Long Jump	U20/Sen Men
	Shot	U17 Women
	High Jump	U20/Sen Women
	Hammer	All Men
14:00pm	Long Jump	U17 Men
	Discus	All Women
	Shot	U20/Senior Men
	High Jump	U17 Women
15:15pm	Discus	All Men
	Shot	U20/Sen Women
	Long Jump	U17 Women

	400m	U17 Men
15:55pm	400m	U20/Senior Women
	400m	U20/Senior Women
	400m	U20/Senior Women
16:05pm	400m	U20/Senior Men
	400m	U20/Senior Men
16:15pm	400m	U20/Senior Men
	400m	U20/Senior Men
	400m	U20/Senior Men
	400m	U20/Senior Men