

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event				
Track				
Event No	Time	Event	Age Group	Round
1	10:00	300m Hurdles	U17 Women	1
2	10:15	100m	Sen/Amb Men	1
3	10:53	100m	Sen/Amb Women	1
4	11:09	100m	U17 Women	1
5	11:29	100m	U17 Men	1
6	11:45	100m	Wheelchair / Frame Running Men	Final
7	11:50	100m	Wheelchair / Frame Running Wm	Final
8	12:00	800m	Sen Men	1
9	12:12	800m	Sen Women	1
10	12:20	800m	U17 Men	1
11	12:32	800m	U17 Women	1
12	12:51	400m Hurdles	Senior Men	Final
13	12:56	400m Hurdles	Senior Women	Final
14	13:01	400m Hurdles	U17 Men	Final
15	13:06	300m Hurdles	U17 Women	Final
16	13:16	100m	Sen Men	Semi Final
17	13:28	100m	Sen Women	Semi Final
18	13:36	100m	U17 Women	Semi Final
19	13:48	100m	U17 Men	Semi Final
Lunch				
20	14:30	1500m SC	U17 Men	Final
21	14:40	300m	U17 Women	1
22	14:56	400m	Sen/Amb Men	1
23	15:12	400m	Sen/Amb Women	1
24	15:24	400m	U17 Men	1
25	15:36	800m	Sen Men	Final
26	15:40	800m	Sen Women	Final
27	15:44	800m	U17 Men	Final
28	15:48	800m	U17 Women	Final
29	15:56	3000m SC	Sen Men	Final
30	16:14	100m	Sen Men	Final
31	16:18	100m	Sen Women	Final
32	16:22	100m	U17 Women	Final
33	16:26	100m	U17 Men	Final
34	16:30	5000m	Sen / U20 Women	Final
35	16:55	400m	Wheelchair / Frame Running Men	Final
36	17:00	400m	Wheelchair / Frame Running Wm	Final
37	17:10	400m	Sen Men	Semi Final
38	17:18	400m	Sen Women	Final
39	17:22	400m	U17 Men	Final
40	17:26	300m	U17 Women	Final
If Heats are not required FINALS will go at HEAT Time				
Parallel Success: Ambulant para athletes in the 100m and 400m will be seeded within the open championship. RAZA points will be used to determine male and female medal awards for each event containing multiple classifications.				
Field				
Event No	Time	Event	Age Group	Info
41	10:00	Javelin	Sen Women	
42	10:00	Shot Put	U17 Men	
43	10:45	Pole Vault	U17 Men	SH 2m50
			Sen Men	SH 3m75
44	11:00	Javelin	U17 Women	
45	11:15	Triple Jump	U17 Men	9m/11m
			Sen Men	11m/13m
46	11:15	High Jump	Sen Women	SH 1m39
47	12:15	Discus	U17 Men	
48	13:00	Triple Jump	U17 Women	7m/9m/11m
49	13:30	Discus	Sen Men	
50	13:30	High Jump	U17 Women	SH 1m29
51	14:30	Shot Put	Sen Men	
52	14:45	Hammer	Sen Women	
53	15:45	Triple Jump	Sen Women	9m/11m
54	16:00	Hammer	U17 Women	
Minimum 2 Warm Up Attempts				
PV U17M 2m50/2m70/2m90/3m10/3m25/3m40/3m55/3m65/3m75 then 10cms				
PV SM 3m75/3m95/4m15/4m25/4m35/4m45 then 10cms				
HJ bar will raise in 5cm increments until the number of athletes dictates otherwise				

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event				
Track				
Event No	Time	Event	Age Group	Round
55	10:00	200m	U17 Women	1
56	10:20	200m	U17 Men	1
57	10:36	200m	Sen Women	1
58	10:52	200m	Sen Men	1
59	11:16	1500m	Wheelchair	Final
60	11:26	1500m	U17 Women	1
61	11:40	1500m	U17 Men	1
62	11:54	1500m	Sen Women	1
63	12:06	1500m	Sen/Amb Men	1
64	12:20	5000m	Sen Men	Final
65	12:45	200m	U17 Women	Semi Final
66	12:57	200m	U17 Men	Semi Final
67	13:05	200m	Sen Women	Semi Final
68	13:13	200m	Sen Men	Semi Final
Lunch				
69	14:25	1500m SC	U17 Women	Final
70	14:35	400m	Sen Men	Final
71	14:40	5000m	Sen/U20 Men	Final
72	15:05	110m Hurdles	Sen Men	Final
73	15:10	100m Hurdles	U17 Men	1
74	15:20	100m Hurdles	Sen Women	1
75	15:35	80m Hurdles	U17 Women	1
76	16:00	200m	U17 Women	Final
77	16:05	200m	U17 Men	Final
78	16:10	200m	Sen Women	Final
79	16:15	200m	Sen Men	Final
80	16:20	1500m	U17 Women	Final
81	16:28	1500m	U17 Men	Final
82	16:36	1500m	Sen Women	Final
83	16:42	1500m	Sen Men	Final
84	16:55	80m Hurdles	U17 Women	Final
85	17:00	100m Hurdles	Sen Women	Final
86	17:05	100m Hurdles	U17 Men	Final
If Heats not required FINALS will go at HEAT Time				
Parallel Success: Para Ambulant 1500m: RAZA points will be used to determine male medal awards for each event containing multiple classifications.				
Field				
Event No.	Time	Event	Age Group	Info
87	10:00	Javelin	U17 Men	
88	10:00	Seated Club	Men/Women	
		Seated Discus		
89	10:00	Long Jump	U17 Women	
90	10:15	High Jump	U17 Men	SH 1m43
91			Sen Men	SH 1m63
92	11:15	Discus	U17 Women	
93	12:00	Long Jump	Sen Women	
94	12:15	Shot Put	U17 Women	
95	13:00	Discus	Sen Women	
96	13:30	Long Jump	Sen Men	
97	14:15	Javelin	Sen Men	
98	14:15	Seated Javelin	Men	
		Seated Shot	Men	
99	14:15	Pole Vault	U17 Women	SH 2m00
			Sen Women	SH 2m20
100	15:00	Long Jump	U17 Men	
101	15:30	Shot Put	Sen Women	
102	15:45	Hammer	Sen Men	
			U17 Men	
Minimum 2 Warm Up Attempts				
PV U17W 2m00/2m20/2m40/2m60/2m80/2m95/3m10/3m20 then 10cms				
PV SW 2m20/2m40/2m60/2m80/2m95/3m10/3m20 then 10cms				
HJ bar will raise in 5cm increments until the number of athletes dictates otherwise				