

SAIL INDOOR LEAGUE - 7th December 2025

Match 2 AM

U12B

60m A	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	10	Daniel McNair	Shettleston A	9.46	1
2	1	2	25	Matty Morrow	Victoria Park Glasgow A	9.49	2
3	1	3	24	Julius Gouwerok-Yeo	Ayr Seaforth A	9.69	3
4	1	4	28	Samuel Church	Giffnock North	9.84	4
5	1	5	3	Fionn Mallon	Clydesdale	10.25	8
6	1	6	85	Raffy Montgomery	Strathearn	10.73	10
7	1	7	31	Fred Lightfoot	Stewartry	10.75	11
8	1	8	27	Jacob Mclean	Whitemoss	11.21	16
9	2	1	23	Tom Donohoe	Ayr Seaforth B	10.00	5
10	2	2	30	Fraser Sinclair	Musselburgh	10.02	6
11	2	3	18	Jackson McVay	Harmeny	10.13	7
12	2	4	68	Vincent Elliott	East Kilbride A	10.33	9
13	2	5	7	Vinnie Dunn	Team East Lothian A	10.78	12
14	2	6	20	Ally Ross	Helensburgh	10.80	13
15	2	7	17	Angus Purdie	Livingston A	10.86	14
16	2	8	32	Jamie Lalley	Cumbernauld A	11.16	15

60m B	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	118	Murray Irvine	Harmeny	8.92	1
2	1	2	128	William McCulloch	Giffnock North	9.33	3
3	1	3	130	Callum Gillies	Musselburgh	10.21	6
4	1	4	123	Mason Ronney	Ayr Seaforth B	10.46	8
5	1	5	120	Leo Cadie	Helensburgh	10.77	9
6	1	6	185	Zachary White	Strathearn	10.77	9
7	1	7	107	Cillian Gilhooley	Team East Lothian A	12.04	13
8	2	1	125	Archie Miller	Victoria Park Glasgow A	9.18	2
9	2	2	110	Fynn Ferrie	Shettleston A	9.56	4
10	2	3	124	Murray Farrell	Ayr Seaforth A	9.73	5
11	2	4	132	Arran Fullerton	Cumbernauld A	10.45	7
12	2	5	168	Leon Wilkosz	East Kilbride A	10.91	11
13	2	6	103	Ross Duggan	Clydesdale	10.95	12

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600m A	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	28	Adam Rai	Giffnock North	1:52.11	1
2	1	2	18	Jackson McVay	Harmeny	2:00.06	3
3	1	3	23	Caleb Robb	Ayr Seaforth B	2:04.63	4
4	1	4	68	Vincent Elliott	East Kilbride A	2:06.02	6
5	1	5	17	Angus Purdie	Livingston A	2:14.75	11
6	1	6	31	Fred Lightfoot	Stewartry	2:15.38	12
7	1	7	3	Riley O'Hare	Clydesdale	2:17.08	13
8	2	1	24	Julius Gouwerok-Yeo	Ayr Seaforth A	1:58.65	2
9	2	2	25	Oliver Gorgas	Victoria Park Glasgow A	2:05.14	5
10	2	3	10	Henoch Woldeselassie	Shettleston A	2:07.11	7
11	2	4	85	Raffy Montgomery	Strathearn	2:07.35	8
12	2	5	30	Sean Ibbs	Musselburgh	2:07.64	9
13	2	6	20	Kyle VanDuivenbode	Helensburgh	2:10.87	10
14	2	7	32	Jamie Lalley	Cumbernauld A	2:18.97	14
15	2	8	7	Cillian Gilhooley	Team East Lothian A	2:21.08	15

600m B	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	128	Murray McKerracher	Giffnock North	1:57.20	1
2	1	2	124	Murray Farrell	Ayr Seaforth A	1:59.82	2
3	1	3	168	George James	East Kilbride A	2:06.02	4
4	1	4	118	Flynn Kirton	Harmeny	2:06.10	5
5	1	5	185	Ivor Cratchley	Strathearn	2:07.13	6
6	1	6	125	Dustin Worrall	Victoria Park Glasgow A	2:08.28	10
7	1	7	107	Kit Thorniley-Walker	Team East Lothian A	2:30.70	13
8	2	1	123	Andrew McDougall	Ayr Seaforth B	2:03.83	3
9	2	2	110	Joseph Paterson	Shettleston A	2:07.25	7
10	2	3	132	Jakob Grice	Cumbernauld A	2:07.54	8
11	2	4	103	Finlay Davidson	Clydesdale	2:07.66	9
12	2	5	130	Callum Gillies	Musselburgh	2:08.40	11
13	2	6	120	Will Rogers	Helensburgh	2:15.19	12

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LJ A	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	A	1	28	Samuel Church	Giffnock North	3.87	1
2	A	2	25	Archie Miller	Victoria Park Glasgow A	3.85	2
3	A	3	24	Julius Gouwerok-Yeo	Ayr Seaforth A	3.77	3
4	A	4	30	Sean Ibbs	Musselburgh	3.75	4
5	A	5	23	Jackson Wilcox	Ayr Seaforth B	3.65	5
6	A	6	10	Henoch Woldeselassie	Shettleston A	3.63	6
7	A	7	68	Vincent Elliott	East Kilbride A	3.54	7
8	A	8	31	Fred Lightfoot	Stewartry	3.23	8
9	A	9	7	Vinnie Dunn	Team East Lothian A	3.20	9
10	A	10	85	Ivor Cratchley	Strathearn	3.17	10
11	A	11	27	Jacob Mclean	Whitemoss	3.16	11
12	A	12	17	Angus Purdie	Livingston A	3.12	12
13	A	13	18	Flynn Kirton	Harmeny	3.01	13
14	A	14	32	Arran Fullerton	Cumbernauld A	2.99	14
15	A	15	20	Ally Ross	Helensburgh	2.94	15
16	A	16	3	Riley O'Hare	Clydesdale	2.88	16

LJ B	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	B	1	110	Fynn Ferrie	Shettleston A	4.21	1
2	B	2	118	Murray Irvine	Harmeny	4.07	2
3	B	3	128	William McCulloch	Giffnock North	3.74	3
4	B	4	125	Dustin Worrall	Victoria Park Glasgow A	3.72	4
5	B	5	124	Murray Farrell	Ayr Seaforth A	3.70	5
6	B	6	132	Jakob Grice	Cumbernauld A	3.60	6
7	B	7	107	Kit Thorniley-Walker	Team East Lothian A	3.58	7
8	B	8	130	Fraser Sinclair	Musselburgh	3.54	8
9	B	9	120	Will Rogers	Helensburgh	3.41	9
10	B	10	103	Ross Duggan	Clydesdale	3.03	10
11	B	11	185	Zachary White	Strathearn	3.00	11
12	B	12	123	Mason Ronney	Ayr Seaforth B	2.87	12
13	B	13	168	Leon Wilkosz	East Kilbride A	2.77	13

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Match 2 AM

U14B

60m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Ben Silver	Harmeny	8.76	3
2	1	2	28	Andrew Mitchell	Giffnock North	8.79	4
3	1	3	7	Archie Burton	Team East Lothian A	9.44	5
4	1	4	85	Alasdair Haines	Strathearn	9.50	6
5	1	5	10	Louis Millican	Shettleston A	9.51	7
6	1	6	24	Lewis Flannigan	Ayr Seaforth A	9.91	10
7	1	7	20	James Wightwick	Helensburgh	10.68	14
8	2	1	68	Harrison Brand	East Kilbride A	7.76	1
9	2	2	30	Thomas Bird	Musselburgh	8.46	2
10	2	3	32	Harris Breakell	Cumbernauld A	9.54	8
11	2	4	17	Lewis Sharp	Livingston A	9.64	9
12	2	5	27	Bradley Fallis	Whitemoss	10.02	11
13	2	6	25	james macleod	Victoria Park Glasgow A	10.08	12
14	2	7	3	Leo Burnett	Clydesdale	10.30	13

60mH	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	30	Thomas Bird	Musselburgh	10.89	1
2	1	2	10	Harry Bell	Shettleston A	12.38	3
3	1	3	24	Riley Marshall-Watt	Ayr Seaforth A	13.79	7
4	1	4	68	Edward Elliott	East Kilbride A	14.89	8
5	2	1	28	Callum Edgar	Giffnock North	11.49	2
6	2	2	25	reuben tinkler	Victoria Park Glasgow A	12.49	4
7	2	3	32	Brodie Leckie	Cumbernauld A	13.24	5
8	2	4	18	Ben Silver	Harmeny	13.28	6
9	2	5	20	James Wightwick	Helensburgh	15.64	9

200m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	28	Matthew McLachlan	Giffnock North	26.42	1
2	1	2	7	Adam Connolly	Team East Lothian A	29.21	2
3	1	3	85	Jaxon Boyle	Strathearn	29.23	3
4	1	4	17	Lewis Sharp	Livingston A	31.82	7
5	1	5	32	Brodie Leckie	Cumbernauld A	32.55	10
6	2	1	18	Rohan Bullock	Harmeny	29.26	4
7	2	2	27	Gabriel Gallacher	Whitemoss	31.87	8
8	2	3	25	Ryan D'Sa	Victoria Park Glasgow A	32.70	11
9	2	4	68	Rubyn Gray	East Kilbride A	33.86	13
10	2	5	20	Hamish Ritchie	Helensburgh	33.88	14
11	3	1	10	Naod Woldeselassie	Shettleston A	29.29	5
12	3	2	30	Otto Middleton	Musselburgh	30.53	6
13	3	3	3	Ben Currie	Clydesdale	32.22	9
14	3	4	24	Caelan Fulton	Ayr Seaforth A	32.82	12

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800m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Fynlay McVay	Harmeny	2:27.17	1
2	1	2	25	reuben tinkler	Victoria Park Glasgow A	2:29.11	2
3	1	3	85	Harris Turnbull	Strathearn	2:33.46	4
4	1	4	20	Gregor Sobers	Helensburgh	3:08.49	10
5	2	1	10	Rio Biddlecombe	Shettleston A	2:32.51	3
6	2	2	27	Cameron McKenzie	Whitemoss	2:33.68	5
7	2	3	24	Lewis Watson	Ayr Seaforth A	2:44.82	6
8	2	4	28	Cian Lough	Giffnock North	2:45.82	7
9	2	5	3	Ben Currie	Clydesdale	2:47.76	8
10	2	6	32	Fraser Kinnell	Cumbernauld A	2:47.99	9

LJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	28	Daniel Rai	Giffnock North	4.28	1
2		2	17	Lewis Sharp	Livingston A	4.17	2
3		3	27	Cameron McKenzie	Whitemoss	4.09	3
4		4	85	Harris Turnbull	Strathearn	3.92	4
5		5	10	Naod Woldeselassie	Shettleston A	3.70	5
6		6	7	Archie Burton	Team East Lothian A	3.68	6
7		7	25	james macleod	Victoria Park Glasgow A	3.50	7
8		8	32	Charlie Fraser-Mackay	Cumbernauld A	3.46	8
9		9	18	Samuel Head	Harmeny	3.39	9
10		10	24	Lewis Flannigan	Ayr Seaforth A	3.39	10
11		11	3	Leo Burnett	Clydesdale	3.00	11
12		12	20	James Wightwick	Helensburgh	2.84	12
13		13	68	Dominic Fahey	East Kilbride A	2.83	13

HJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	7	Adam Connolly	Team East Lothian A	1.40	1
2		2	68	Edward Elliott	East Kilbride A	1.35	2
3		3	24	Riley Marshall-Watt	Ayr Seaforth A	1.30	3
4		4	30	Otto Middleton	Musselburgh	1.30	4
5		5	10	Harry Bell	Shettleston A	1.25	5
6		6	32	Evan Caldwell	Cumbernauld A	1.20	6
7		7	20	Hamish Ritchie	Helensburgh	1.20	7
8		8	28	Callum Edgar	Giffnock North	1.15	8
9		8	85	Alasdair Haines	Strathearn	1.15	8
10		10	18	Rohan Bullock	Harmeny	1.15	10

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SP	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	18	Samuel Head	Harmeny	7.71	1
2		2	68	Lewis Heslop	East Kilbride A	7.48	2
3		3	85	Jaxon Boyle	Strathearn	7.01	3
4		4	28	Sam Duffy	Giffnock North	6.17	4
5		5	24	Caelan Fulton	Ayr Seaforth A	5.33	5
6		6	27	Logan Mckenzie	Whitemoss	5.19	6
7		7	25	Ryan D'Sa	Victoria Park Glasgow A	4.76	7
8		8	10	Louis Millican	Shettleston A	4.74	8
9		9	20	Gregor Sobers	Helensburgh	4.30	9
10		10	32	Xander Pollock	Cumbernauld A	4.09	10
11		11	3	Ben Currie	Clydesdale	3.72	11

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Match 2 AM

U16B

60m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	10	David Omorogieva	Shettleston A	7.57	1
2	1	2	31	Andrew McMinn	Stewartry	7.99	3
3	1	3	20	Grant Dingman	Helensburgh	8.26	5
4	1	4	25	Josh Day	Victoria Park Glasgow A	8.63	9
5	1	5	30	Torin Kleboe	Musselburgh	8.78	11
6	1	6	18	Blair Ritchie	Harmeny	9.08	13
7	1	7	85	Michael Phillips	Strathearn	9.16	14
8	2	1	68	Sam Hendry	East Kilbride A	7.80	2
9	2	2	28	Austin Summerhill	Giffnock North	8.17	4
10	2	3	17	Aaron Shaw	Livingston A	8.36	6
11	2	4	24	Alistair Sloan	Ayr Seaforth A	8.47	7
12	2	5	7	Rory Perkins	Team East Lothian A	8.62	8
13	2	6	27	Ewan Quinn	Whitemoss	8.73	10
14	2	7	19	Euan Moir	Motherwell	8.87	12

60mH	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	10	Ciaran Curley	Shettleston A	9.71	1
2	1	2	28	Ewan Leitch	Giffnock North	9.79	2
3	1	3	25	Bryn Papworth	Victoria Park Glasgow A	10.20	3
4	1	4	18	Blake Burchill	Harmeny	10.29	4
5	1	5	24	Rory Reynolds	Ayr Seaforth A	10.50	5
6	1	6	7	Otis Burton	Team East Lothian A	12.66	6

200m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	28	Marcus Wamaitha	Giffnock North	26.61	3
2	1	2	20	Grant Dingman	Helensburgh	27.09	5
3	1	3	25	Josh Day	Victoria Park Glasgow A	27.68	6
4	1	4	19	Euan Moir	Motherwell	28.74	9
5	1	5	85	Michael Phillips	Strathearn	29.89	11
6	2	1	24	Frankie Cherrie	Ayr Seaforth A	26.93	4
7	2	2	7	Tom Ibbs	Team East Lothian A	27.89	8
8	2	3	30	Torin Kleboe	Musselburgh	29.00	10
9	2	4	18	Douglas veitch	Harmeny	30.04	12
10	3	1	10	David Omorogieva	Shettleston A	24.31	1
11	3	2	31	Andrew McMinn	Stewartry	26.43	2
12	3	3	32	Edward Lyttle	Cumbernauld A	27.84	7

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300m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	24	Caleb Ghosh	Ayr Seaforth A	41.21	2
2	1	2	7	Frank Orsi	Team East Lothian A	41.28	3
3	1	3	28	Ewan Leitch	Giffnock North	42.21	4
4	1	4	10	Ciaran Curley	Shettleston A	43.00	5
5	1	5	20	Bruno Sweeney	Helensburgh	48.66	9
6	2	1	25	Logan Torrance	Victoria Park Glasgow A	40.79	1
7	2	2	18	Daniel Robertson	Harmeny	44.64	6
8	2	3	17	Aaron Shaw	Livingston A	46.40	7
9	2	4	30	Laurence Scott-Watson	Musselburgh	47.10	8
10	2	5	85	Ethan McLeod	Strathearn	48.81	10

800m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	25	Matthew Chappells	Victoria Park Glasgow A	2:20.37	4
2	1	2	27	Ewan Quinn	Whitemoss	2:22.54	5
3	1	3	10	Matthew McEwan	Shettleston A	2:25.70	6
4	1	4	18	Harry Howl	Harmeny	2:25.75	7
5	1	5	85	Ethan McLeod	Strathearn	2:29.29	8
6	2	1	24	Riley Fulton	Ayr Seaforth A	2:13.19	1
7	2	2	7	Tom Ibbs	Team East Lothian A	2:18.34	2
8	2	3	28	Sandy Vallance	Giffnock North	2:18.77	3
9	2	4	30	Laurence Scott-Watson	Musselburgh	2:34.11	9
10	2	5	20	Bruno Sweeney	Helensburgh	2:34.97	10
11	2	6	32	Jamie Fairclough	Cumbernauld A	2:37.96	11

LJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	31	Andrew McMinn	Stewartry	5.16	1
2		2	28	Zac Hollyman	Giffnock North	5.05	2
3		3	68	Sam Hendry	East Kilbride A	4.89	3
4		4	24	Rory Reynolds	Ayr Seaforth A	4.84	4
5		5	25	Ali Ismael	Victoria Park Glasgow A	4.58	5
6		6	19	Euan Moir	Motherwell	4.52	6
7		7	85	Ethan McLeod	Strathearn	4.03	7
8		8	18	Blair Ritchie	Harmeny	4.02	8
9		9	7	Otis Burton	Team East Lothian A	3.91	9
10		10	27	Ewan Quinn	Whitemoss	3.84	10

HJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	28	Zac Hollyman	Giffnock North	1.50	1
2		2	7	Rory Perkins	Team East Lothian A	1.45	2
3		3	18	Douglas veitch	Harmeny	1.40	3
4		3	24	Charlie Gillies	Ayr Seaforth A	1.40	3

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SP	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	7	Frank Orsi	Team East Lothian A	9.89	1
2		2	28	Michael Nordmann	Giffnock North	8.76	2
3		3	25	Josh Day	Victoria Park Glasgow A	8.09	3
4		4	85	Michael Phillips	Strathearn	7.62	4
5		5	24	Caleb Ghosh	Ayr Seaforth A	7.06	5
6		6	18	Daniel Robertson	Harmeny	6.89	6
7		7	20	Bruno Sweeney	Helensburgh	6.39	7
8		8	30	Torin Kleboe	Musselburgh	5.78	8
9		9	10	Thierry Girraud	Shettleston A	5.52	9

SAIL INDOOR LEAGUE - 7th December 2025

Match 2 AM

U18M

60m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	24	Matthew Cox	Ayr Seaforth A	7.55	2
2	1	2	28	Callum Datta	Giffnock North	7.93	8
3	1	3	20	Ruaraidh Wightwick	Helensburgh	7.94	9
4	1	4	32	Archie Turnbull	Cumbernauld A	8.81	11
5	2	1	3	Emanuel Banton	Clydesdale	7.53	1
6	2	2	25	Fraser Blake	Victoria Park Glasgow A	7.55	2
7	2	3	27	Austin Clelland	Whitemoss	7.57	4
8	2	4	18	Oran Brown	Harmeny	7.64	5
9	2	5	7	Ben Anderson	Team East Lothian A	7.67	6
10	2	6	62	Aaron MacNeil	Victoria Park Glasgow B	7.85	7
11	2	7	68	Christopher Paton	East Kilbride A	7.95	10

60mH	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	24	Matthew Cox	Ayr Seaforth A	8.96	1
2	1	2	25	George Scott	Victoria Park Glasgow A	9.24	2
3	1	3	28	Callum Datta	Giffnock North	9.65	3
4	1	4	62	Gerard Gontor	Victoria Park Glasgow B	9.95	4
5	1	5	10	Zack Hutton	Shettleston A	11.06	5
6	1	6	20	Seth Ritchie	Helensburgh	11.07	6

200m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	27	Austin Clelland	Whitemoss	23.43	2
2	1	2	25	Fraser Blake	Victoria Park Glasgow A	24.15	3
3	1	3	32	Rory McFarlane	Cumbernauld A	25.51	7
4	2	1	28	Charlie Murray	Giffnock North	23.22	1
5	2	2	3	Emanuel Banton	Clydesdale	24.18	4
6	2	3	24	Ricco Begnor	Ayr Seaforth A	24.75	5
7	2	4	20	Angus Ritchie	Helensburgh	25.07	6
8	2	5	62	Aaron MacNeil	Victoria Park Glasgow B	25.84	8

400m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	27	Austin Clelland	Whitemoss	52.57	1
2	1	2	28	Fergus Pryor	Giffnock North	54.42	2
3	1	3	7	Max Wishart	Team East Lothian A	56.47	5
4	1	4	24	Kieran Murphy	Ayr Seaforth A	58.08	6
5	1	5	20	Seth Ritchie	Helensburgh	1:03.53	7
6	2	1	62	Ivor Scott	Victoria Park Glasgow B	54.49	3
7	2	2	25	George Scott	Victoria Park Glasgow A	54.66	4

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800m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	7	Isaac Swan-Ashe	Team East Lothian A	2:11.70	1
2	1	2	10	Sam McGowan	Shettleston A	2:12.96	2
3	1	3	20	James McPherson	Helensburgh	2:12.99	3
4	1	4	19	Luke Russell	Motherwell	2:14.15	4
5	1	5	17	Finlay Sharp	Livingston A	2:14.42	5
6	1	6	24	Kieran Murphy	Ayr Seaforth A	2:41.37	6

LJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	28	Angus Weir	Giffnock North	6.13	1
2		2	18	Oran Brown	Harmeny	5.94	2
3		3	68	Christopher Paton	East Kilbride A	5.68	3
4		4	7	Ben Anderson	Team East Lothian A	5.36	4
5		5	24	Matthew Cox	Ayr Seaforth A	5.17	5
6		6	10	Zack Hutton	Shettleston A	5.14	6
7		7	20	Ruaraidh Wightwick	Helensburgh	5.02	7
8		8	3	Emanuel Banton	Clydesdale	4.97	8
9		9	62	Gerard Gontor	Victoria Park Glasgow B	4.94	9
10		10	25	Fraser Blake	Victoria Park Glasgow A	4.75	10

HJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	18	Oran Brown	Harmeny	1.75	1
2		2	28	Angus Weir	Giffnock North	1.70	2
3		3	10	Zack Hutton	Shettleston A	1.70	3
4		4	24	Ricco Begnor	Ayr Seaforth A	1.65	4
5		5	20	Angus Ritchie	Helensburgh	1.65	5
6		6	25	Gerard Gontor	Victoria Park Glasgow A	1.60	6
7		7	7	Max Wishart	Team East Lothian A	1.45	7
8		8	62	Ivor Scott	Victoria Park Glasgow B	1.40	8

SP	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	25	George Scott	Victoria Park Glasgow A	11.14	1
2		2	62	Ivor Scott	Victoria Park Glasgow B	11.12	2
3		3	32	Rory McFarlane	Cumbernauld A	10.32	3
4		4	10	Abraham Lanahan	Shettleston A	9.91	4
5		5	24	Kieran Murphy	Ayr Seaforth A	8.61	5
6		6	28	Callum Datta	Giffnock North	8.18	6
7		7	20	William Heasman	Helensburgh	6.37	7

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Match 2 AM

U12G

60m A	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Mia Whyte	Harmeny	9.34	1
2	1	2	76	Mia Barnett	Linlithgow	9.67	3
3	1	3	17	Olivia Ogoyi	Livingston A	9.75	4
4	1	4	30	Nina Middleton	Musselburgh	10.00	6
5	1	5	68	Eilidh Rouse	East Kilbride A	10.27	8
6	1	6	85	Skye MacGregor	Strathearn	10.79	12
7	1	7	3	Emma Currie	Clydesdale	11.35	13
8	2	1	28	Orla Hurst	Giffnock North	9.38	2
9	2	2	24	Isla Proctor	Ayr Seaforth A	9.92	5
10	2	3	25	Dior Patrick	Victoria Park Glasgow A	10.06	7
11	2	4	27	Aria McLean	Whitemoss	10.36	9
12	2	5	7	Hannah Oliver	Team East Lothian A	10.42	10
13	2	6	32	Penny Evans	Cumbernauld A	10.60	11
14	2	7	20	Elise McPherson	Helensburgh	11.49	14

60m B	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	128	Anna Wright	Giffnock North	9.83	2
2	1	2	107	Aria Millar	Team East Lothian A	10.39	5
3	1	3	132	Aria Maguire	Cumbernauld A	10.41	6
4	1	4	130	Millie Renton	Musselburgh	10.45	7
5	1	5	127	Amelia Gallagher	Whitemoss	10.88	9
6	1	6	185	Esmae Ibbot	Strathearn	11.50	13
7	2	1	118	Naela Mamiaga Boleka	Harmeny	9.48	1
8	2	2	124	Lucy Hunter	Ayr Seaforth A	10.00	3
9	2	3	110	Alba White	Shettleston A	10.37	4
10	2	4	168	Lila Johnston	East Kilbride A	10.54	8
11	2	5	120	Harriet Allum	Helensburgh	10.88	9
12	2	6	117	Keira Davidson	Livingston A	11.17	11
13	2	7	176	Akira Nagda	Linlithgow	11.20	12

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600m A	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	7	Sophie Skeen	Team East Lothian A	1:55.85	1
2	1	2	76	Mia Barnett	Linlithgow	1:59.33	2
3	1	3	10	Lauren Grant-Pantrey	Shettleston A	2:13.57	7
4	1	4	68	Belle Devlin	East Kilbride A	2:16.08	8
5	1	5	32	Penny Evans	Cumbernauld A	2:16.95	10
6	2	1	24	Isla Proctor	Ayr Seaforth A	2:01.09	3
7	2	2	28	Olive Drever	Giffnock North	2:04.85	4
8	2	3	27	Olivia Holliman	Whitemoss	2:06.32	5
9	2	4	18	Vivienne Grant	Harmeny	2:07.01	6
10	2	5	85	Skye MacGregor	Strathearn	2:16.80	9
11	2	6	25	Mari Hughes	Victoria Park Glasgow A	2:18.26	11
12	2	7	30	Flori Allcock	Musselburgh	2:22.38	12
13	2	8	17	Keira Davidson	Livingston A	2:23.66	13

600m B	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	128	Sofia Molina	Giffnock North	2:01.41	1
2	1	2	124	Summer Robb	Ayr Seaforth A	2:04.50	2
3	1	3	118	Orla Starkey	Harmeny	2:13.59	3
4	1	4	176	Akira Nagda	Linlithgow	2:18.10	4
5	1	5	127	Maci Binnie	Whitemoss	2:20.80	5
6	1	6	168	Evie Hilton	East Kilbride A	2:26.61	6
7	1	7	107	Aria Millar	Team East Lothian A	2:26.77	7
8	1	8	130	Florence Cooke	Musselburgh	2:27.92	8
9	1	9	120	Harriet Allum	Helensburgh	2:28.20	9

LJ A	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	A	1	24	Isla Proctor	Ayr Seaforth A	3.81	1
2	A	2	17	Olivia Ogoyi	Livingston A	3.66	2
3	A	3	7	Sophie Skeen	Team East Lothian A	3.57	3
4	A	4	18	Mia Whyte	Harmeny	3.43	4
5	A	5	25	Lilia Boucetta	Victoria Park Glasgow A	3.42	5
6	A	6	28	Olive Drever	Giffnock North	3.41	6
7	A	7	76	Mia Barnett	Linlithgow	3.15	7
8	A	8	30	Nina Middleton	Musselburgh	3.06	8
9	A	9	27	Olivia Holliman	Whitemoss	2.97	9
10	A	10	10	Alba White	Shettleston A	2.96	10
11	A	11	20	Elise McPherson	Helensburgh	2.93	11
12	A	12	3	Emma Currie	Clydesdale	2.90	12
13	A	13	85	Skye MacGregor	Strathearn	2.79	13
14	A	14	68	Sorsha Williamson	East Kilbride A	2.70	14
15	A	15	32	Taylor Nellis	Cumbernauld A	2.56	15

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LJ B	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	B	1	128	Anna Wright	Giffnock North	3.72	1
2	B	2	118	Naela Mamiaga Boleka	Harmeny	3.52	2
3	B	3	107	Hannah Oliver	Team East Lothian A	3.33	3
4	B	4	130	Millie Renton	Musselburgh	3.16	4
5	B	5	124	Skye Heathcote	Ayr Seaforth A	3.13	5
6	B	6	176	Akira Nagda	Linlithgow	3.07	6
7	B	7	168	Ada Salvona	East Kilbride A	3.05	7
8	B	8	127	Emily Brown	Whitemoss	2.98	8
9	B	9	110	Judy Dodds	Shettleston A	2.89	9
10	B	10	132	Aria Maguire	Cumbernauld A	2.58	10
11	B	11	120	Harriet Allum	Helensburgh	2.44	11
12	B	12	185	Esmae Ibbot	Strathearn	2.29	12

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Match 2 AM

U14G

60m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Cadha Mcluskey	Harmeny	8.53	1
2	1	2	24	Murrin Ronney	Ayr Seaforth A	8.93	3
3	1	3	32	Amelia Abrami	Cumbernauld A	8.96	4
4	1	4	30	Erin Menzies	Musselburgh	9.12	5
5	1	5	25	Anna O'Neill	Victoria Park Glasgow A	9.28	6
6	1	6	17	Mirren Harvie	Livingston A	9.40	8
7	1	7	54	Eva Romain	East Kilbride B	9.55	11
8	1	8	85	Issy Meyer	Strathearn	9.70	12
9	2	1	28	Violet Drever	Giffnock North	8.58	2
10	2	2	68	Lilly McMullan	East Kilbride A	9.28	6
11	2	3	27	Heather Eddie	Whitemoss	9.47	9
12	2	4	20	Charlotte Perrett	Helensburgh	9.49	10
13	2	5	7	Summer Taylor	Team East Lothian A	9.82	13
14	2	6	10	Emma MacLean	Shettleston A	9.95	14
15	2	7	3	Layla Kierstead	Clydesdale	10.18	15

60mH	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	32	Amelia Abrami	Cumbernauld A	10.35	2
2	1	2	28	Niamh Marr	Giffnock North	11.25	5
3	1	3	10	Molly Brown	Shettleston A	11.86	6
4	1	4	20	Nyla Troup	Helensburgh	12.68	9
5	1	5	54	Rebecca Pew	East Kilbride B	13.16	10
6	2	1	18	Cadha Mcluskey	Harmeny	10.07	1
7	2	2	27	Caoimhe Carmichael	Whitemoss	10.89	3
8	2	3	24	Dalidh Logg	Ayr Seaforth A	11.16	4
9	2	4	85	Issy Meyer	Strathearn	12.29	7
10	2	5	7	Erin Crawford	Team East Lothian A	12.55	8
11	2	6	68	Orla Gallagher	East Kilbride A	15.47	11

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200m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	28	Eve McManus	Giffnock North	28.07	1
2	1	2	30	Erin Menzies	Musselburgh	30.77	4
3	1	3	68	Lily Maxwell	East Kilbride A	31.29	5
4	1	4	7	Nina Millar	Team East Lothian A	31.36	6
5	1	5	17	Isla Edwardson-Carter	Livingston A	40.57	15
6	2	1	10	Molly Brown	Shettleston A	28.56	2
7	2	2	32	Ruby Muldoon	Cumbernauld A	31.73	7
8	2	3	18	Ayla Mackay	Harmeny	32.65	9
9	2	4	20	Alexis McPherson	Helensburgh	34.12	11
10	3	1	24	Emily Good	Ayr Seaforth A	29.44	3
11	3	2	27	Holly Mathieson	Whitemoss	32.56	8
12	3	3	25	Anna Gueskens	Victoria Park Glasgow A	33.57	10
13	3	4	85	Caitlin Hunter	Strathearn	35.16	12
14	3	5	3	Layla Kierstead	Clydesdale	36.50	13
15	3	6	54	Savannah Morrison	East Kilbride B	37.03	14

800m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	24	Abigail Good	Ayr Seaforth A	2:33.68	1
2	1	2	18	Zoe Coull	Harmeny	2:35.03	2
3	1	3	10	Rowan Lennox	Shettleston A	2:46.79	6
4	1	4	30	Martha Turner	Musselburgh	2:55.42	10
5	1	5	25	Anna Hughes	Victoria Park Glasgow A	3:08.84	11
6	1	6	17	Cara Emms	Livingston A	3:19.39	12
7	2	1	27	Sophie Lewandowski	Whitemoss	2:41.12	3
8	2	2	28	Iris Jackson	Giffnock North	2:43.12	4
9	2	3	32	Ruby Muldoon	Cumbernauld A	2:45.52	5
10	2	4	20	Martha Sweeney	Helensburgh	2:52.40	7
11	2	5	7	Josie Macintyre	Team East Lothian A	2:53.52	8
12	2	6	85	Eadie Dowse	Strathearn	2:55.09	9
13	2	7	68	Poppy McQuilken	East Kilbride A	3:19.55	13
14	2	8	54	Orlaith Williamson	East Kilbride B	3:21.92	14

LJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	25	Grace Anderton	Victoria Park Glasgow A	4.07	1
2		2	7	Nina Millar	Team East Lothian A	3.85	2
3		3	68	Neve Lindsay	East Kilbride A	3.69	3
4		4	24	Isla Samson	Ayr Seaforth A	3.51	4
5		5	28	Mairi-Louise Carson	Giffnock North	3.46	5
6		6	18	Eloise Leslie	Harmeny	3.39	6
7		7	27	Holly Mathieson	Whitemoss	3.35	7
8		8	20	Nyla Troup	Helensburgh	3.28	8
9		9	30	Erin Menzies	Musselburgh	3.16	9
10		10	10	Emma MacLean	Shettleston A	3.12	10
11		11	54	Safia Foussi	East Kilbride B	3.11	11
12		12	85	Caitlin Hunter	Strathearn	2.81	12

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HJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	32	Jessica Nellis	Cumbernauld A	1.33	1
2		2	28	Martha Ling	Giffnock North	1.33	2
3		3	20	Martha Sweeney	Helensburgh	1.25	3
4		4	24	Abigail Good	Ayr Seaforth A	1.25	4
5		5	27	Holly Mathieson	Whitemoss	1.20	5
6		6	25	Kyla Miller	Victoria Park Glasgow A	1.15	6
7		7	68	Neve Lindsay	East Kilbride A	1.15	7
8		8	18	Ayla Mackay	Harmeny	1.10	8

SP	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	27	Heather Eddie	Whitemoss	8.23	1
2		2	24	Matilda Jackson	Ayr Seaforth A	7.82	2
3		3	10	Molly Brown	Shettleston A	5.77	3
4		4	68	Ellie Taylor	East Kilbride A	5.52	4
5		5	28	Quinn Granger	Giffnock North	5.50	5
6		6	18	Eloise Leslie	Harmeny	5.50	6
7		7	7	Carly Douglas	Team East Lothian A	5.47	7
8		8	85	Issy Meyer	Strathearn	5.34	8
9		9	17	Mirren Harvie	Livingston A	5.01	9
10		10	25	Isla McAlister	Victoria Park Glasgow A	4.80	10
11		11	32	Ella Gaffney	Cumbernauld A	4.34	11
12		12	20	Charlotte Perrett	Helensburgh	4.19	12
13		13	54	Ella Whalin	East Kilbride B	3.56	13
14		14	3	Layla Kierstead	Clydesdale	3.28	14

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Match 2 AM

U16G

60m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	3	Eilidh Haggerty	Clydesdale	8.26	1
2	1	2	28	Erica Ross	Giffnock North	8.57	5
3	1	3	18	Maya Buchan	Harmeny	8.78	6
4	1	4	7	Poppy Ward	Team East Lothian A	8.82	7
5	1	5	32	Amelia Bell	Cumbernauld A	8.86	8
6	1	6	68	Ava Hendry	East Kilbride A	8.98	9
7	2	1	20	Alice Heasman	Helensburgh	12.62	13
8	2	2	10	Arianna Obiora	Shettleston A	8.35	2
9	2	3	17	Chloe Zelazny	Livingston A	8.40	3
10	2	4	24	Isla Milligan	Ayr Seaforth A	8.42	4
11	2	5	27	Ailsa Mckenzie	Whitemoss	9.50	10
12	2	6	19	Olivia Kinnear	Motherwell	9.74	11
13	2	7	64	Abigail Nolan	Cumbernauld B	10.59	12

60mH	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	32	Sandie Keddie	Cumbernauld A	10.28	3
2	1	2	10	Keva Adams-MacKenzie	Shettleston A	12.47	8
3	2	1	24	Isla Milligan	Ayr Seaforth A	9.85	1
4	2	2	28	Poppy McWilliams	Giffnock North	10.17	2
5	2	3	18	Maya Buchan	Harmeny	10.51	4
6	2	4	68	Marci Houston	East Kilbride A	10.87	5
7	2	5	25	Amy Pender	Victoria Park Glasgow A	12.16	6
8	2	6	7	Kate Douglas	Team East Lothian A	12.27	7
9	2	7	20	Zoe McPherson	Helensburgh	12.82	9

200m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	10	Arianna Obiora	Shettleston A	27.20	1
2	1	2	18	Ava Whyte	Harmeny	28.38	5
3	1	3	7	Poppy Ward	Team East Lothian A	29.47	7
4	1	4	19	Amelie Hill	Motherwell	30.64	9
5	1	5	20	Hannah Mackenzie	Helensburgh	33.77	13
6	2	1	32	Amelia Bell	Cumbernauld A	28.07	3
7	2	2	24	Nicole Reid	Ayr Seaforth A	28.11	4
8	2	3	28	Amelie O'Donnell	Giffnock North	28.56	6
9	2	4	68	Amelia Bledowska	East Kilbride A	32.47	12
10	3	1	25	Isla Thomson	Victoria Park Glasgow A	27.64	2
11	3	2	17	Lucy Spinks	Livingston A	30.25	8
12	3	3	64	Gracie Reilly	Cumbernauld B	30.71	10
13	3	4	27	Isla Browne	Whitemoss	31.09	11

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300m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	24	Olivia Fisher	Ayr Seaforth A	41.53	1
2	1	2	25	Isla Thomson	Victoria Park Glasgow A	43.45	3
3	1	3	18	Alexa Holden	Harmeny	47.04	5
4	1	4	32	Grace Watt	Cumbernauld A	47.34	8
5	1	5	20	Zoe McPherson	Helensburgh	49.47	10
6	2	1	10	Zoe Roberts	Shettleston A	43.29	2
7	2	2	28	Eilidh Brown	Giffnock North	45.27	4
8	2	3	64	Cheyenne Kolegar	Cumbernauld B	47.20	6
9	2	4	3	Eilidh Haggerty	Clydesdale	47.25	7
10	2	5	7	Abi Campbell	Team East Lothian A	48.27	9

800m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Ava Whyte	Harmeny	2:28.96	1
2	1	2	20	Zoe McPherson	Helensburgh	2:31.44	2
3	1	3	24	Eva McColm	Ayr Seaforth A	2:37.51	3
4	1	4	7	Abi Campbell	Team East Lothian A	2:38.11	4
5	1	5	25	Caitlin Cameron Laing	Victoria Park Glasgow A	2:38.54	5
6	1	6	32	Grace Watt	Cumbernauld A	2:42.64	6
7	1	7	64	Cheyenne Kolegar	Cumbernauld B	2:43.14	7
8	1	8	28	Chloe Simpson	Giffnock North	2:55.13	8

LJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	24	Piper Jackson	Ayr Seaforth A	4.44	1
2		2	28	Katie Heron	Giffnock North	4.24	2
3		3	68	Ava Hendry	East Kilbride A	4.14	3
4		4	27	Ailsa Mckenzie	Whitemoss	4.02	4
5		5	7	Kate Douglas	Team East Lothian A	4.01	5
6		6	25	Caitlin Cameron Laing	Victoria Park Glasgow A	3.91	6
7		7	64	Gracie Reilly	Cumbernauld B	3.86	7
8		8	32	Amelia Bell	Cumbernauld A	3.79	8
9		9	19	Amelie Hill	Motherwell	3.73	9
10		10	17	Lucy Spinks	Livingston A	3.72	10
11		11	10	Zoe Roberts	Shettleston A	3.60	11
12		12	18	Alexa Holden	Harmeny	3.58	12
13		13	20	Hannah Mackenzie	Helensburgh	2.86	13

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HJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	17	Chloe Zelazny	Livingston A	1.40	1
2		2	27	Rosie Paterson	Whitemoss	1.40	2
3		3	28	Erika Tait	Giffnock North	1.40	3
4		4	32	Sandie Keddie	Cumbernauld A	1.35	4
5		5	30	Aggie Cooke	Musselburgh	1.30	5
6		5	24	Sofia Manners	Ayr Seaforth A	1.30	5
7		7	10	Ana Hann	Shettleston A	1.30	7
8			7	Abi Campbell	Team East Lothian A	NHC	

SP	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	28	Isla Dorrian	Giffnock North	9.23	1
2		2	27	Rosie Paterson	Whitemoss	9.11	2
3		3	25	Amy Pender	Victoria Park Glasgow A	8.79	3
4		4	24	Piper Jackson	Ayr Seaforth A	8.73	4
5		5	7	Poppy Ward	Team East Lothian A	8.71	5
6		6	18	Maya Buchan	Harmeny	7.31	6
7		7	10	Zoe Roberts	Shettleston A	5.86	7
8		8	20	Hannah Mackenzie	Helensburgh	4.30	8
9		9	64	Abigail Nolan	Cumbernauld B	3.94	9
10		10	17	Lucy Spinks	Livingston A	3.80	10

SAIL INDOOR LEAGUE - 7th December 2025

Match 2 AM

U18W

60m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	19	Ella Russell	Motherwell	7.99	1
2	1	2	24	Lola Barrett	Ayr Seaforth A	8.31	3
3	1	3	27	Grace Malley	Whitemoss	8.32	4
4	1	4	28	Robyne McClure	Giffnock North	8.54	7
5	1	5	32	Erin Longmuir	Cumbernauld A	8.72	9
6	1	6	10	Helena Hughes	Shettleston A	8.73	10
7	1	7	68	Alice Jensen	East Kilbride A	9.82	13
8	2	1	25	Rebecca Digger	Victoria Park Glasgow A	8.28	2
9	2	2	20	Claire Wilson	Helensburgh	8.34	5
10	2	3	18	Anna Matheson	Harmeny	8.45	6
11	2	4	17	Emily Sharp	Livingston A	8.61	8
12	2	5	31	Fern McMinn	Stewartry	8.85	11
13	2	6	4	Sophie Barnett	Livingston B	8.96	12

60mH	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	27	Grace Malley	Whitemoss	9.05	1
2	1	2	32	Enya Doran	Cumbernauld A	9.82	2
3	1	3	24	Anna Campbell	Ayr Seaforth A	9.85	3
4	1	4	28	Cara Heron	Giffnock North	10.40	4
5	1	5	10	Helena Hughes	Shettleston A	11.19	5
6	1	6	17	Lily Bustard	Livingston A	11.66	6

200m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Anna Matheson	Harmeny	27.26	1
2	1	2	20	Claire Wilson	Helensburgh	27.40	4
3	1	3	28	Amy Plunkett	Giffnock North	28.83	6
4	1	4	3	Lily Duncan	Clydesdale	29.74	10
5	1	5	68	Lena Bledowska	East Kilbride A	31.57	11
6	2	1	25	Rebecca Digger	Victoria Park Glasgow A	27.29	2
7	2	2	32	Niah Taylor	Cumbernauld A	27.35	3
8	2	3	27	Amy Murphy	Whitemoss	27.77	5
9	2	4	31	Fern McMinn	Stewartry	29.20	7
10	2	5	24	Katie Ablett	Ayr Seaforth A	29.30	8
11	2	6	10	Kimberley Meikleham	Shettleston A	29.61	9

SAIL INDOOR LEAGUE - 7th December 2025

400m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Georgia Bruce	Harmeny	1:01.96	1
2	1	2	27	Amy Murphy	Whitemoss	1:02.01	2
3	1	3	24	Mia McKinstry	Ayr Seaforth A	1:02.85	3
4	1	4	7	Heidi Nicholson	Team East Lothian A	1:04.50	6
5	1	5	10	Kara Lindsay	Shettleston A	1:04.82	7
6	1	6	28	Edie Campbell	Giffnock North	1:05.63	9
7	2	1	25	Autumn Hunter	Victoria Park Glasgow A	1:03.58	4
8	2	2	17	Honor Ford	Livingston A	1:04.15	5
9	2	3	32	Ava Gaffney	Cumbernauld A	1:05.08	8

800m	Heat	Posn	No.	Athlete	Club	Performance	Rank
1	1	1	18	Nancy Corrie	Harmeny	2:26.40	1
2	1	2	25	Eve Morrison	Victoria Park Glasgow A	2:37.81	2
3	1	3	28	Anna Ross	Giffnock North	2:39.61	3
4	1	4	10	Emma Locke	Shettleston A	2:42.08	4
5	1	5	24	Willow Challis	Ayr Seaforth A	2:42.69	5
6	1	6	3	Lily Duncan	Clydesdale	2:54.74	6

LJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	19	Ella Russell	Motherwell	5.57	1
2		2	27	Grace Malley	Whitemoss	5.51	2
3		3	18	Holly Finlayson	Harmeny	5.13	3
4		4	32	Enya Doran	Cumbernauld A	4.90	4
5		5	24	Anna Campbell	Ayr Seaforth A	4.73	5
6		6	4	Sophie Barnett	Livingston B	4.28	6
7		7	25	Aneesah king Oubacha	Victoria Park Glasgow A	4.26	7
8		8	28	Anna Ross	Giffnock North	4.17	8
9		9	10	Helena Hughes	Shettleston A	4.16	9
10		10	17	Lily Bustard	Livingston A	3.84	10
11		11	3	Lily Duncan	Clydesdale	3.80	11
12		12	68	Lena Bledowska	East Kilbride A	3.62	12

HJ	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	28	Anna Ross	Giffnock North	1.46	1
2		2	24	Laurie McAlpine	Ayr Seaforth A	1.30	2
3			32	Ava Gaffney	Cumbernauld A	NHC	

SP	Heat	Posn	No.	Athlete	Club	Performance	Rank
1		1	18	Holly Finlayson	Harmeny	8.00	1
2		2	24	Laurie McAlpine	Ayr Seaforth A	7.93	2
3		3	17	Honor Ford	Livingston A	7.12	3
4		4	32	Enya Doran	Cumbernauld A	6.87	4
5		5	7	Thea Cooke	Team East Lothian A	5.87	5
6		6	28	Robyne McClure	Giffnock North	5.65	6
7		7	10	Lidya Woldeselassie	Shettleston A	4.94	7