

### **Additional Competitor Information**

Event: 2026 scottishathletics Inter District Cross Country Championships

Date: **Saturday 10<sup>th</sup> January 2026**

Venue: **Milnbank Sports Hub (Alexandra Park Golf Course) G31 3JE**

### **Declarations**

Declarations are open from 9am in front of the Milnbank Sports Hub Building, Inter District Team managers only for District teams. Course maps and race details will be published on-line before the event.

### **Changing**

There are no on -site changing facilities -Please come changed

### **Toilets**

There are toilet facilities located between the Sports Hub building and the course.

### **Course**

The course consists of a mixture of parkland and grass paths on Alexandra Park Golf Course.

### **Warming-up / Course Access**

Please keep clear of the course and use the park footpaths within Alexandra Park to warm up. Please respect the other Park users. To gain access to the Start / Finish area, you are required to cross a path from the tented area. Please stay within markers and watch out for runners.

### **Club Tents**

Inter District Teams (and Scottish Student Sport) will have designated gazebos on the course near the start, all other tents must be erected within the Bowling Green's next to the Sports Hub Building. No other tents are allowed on the Course. Please assemble in accordance with the Tent and Gazebo guidelines on the scottishathletics Event Website.

## **Medals Presentation**

Medals, including team medals will be presented near the start area. As soon as possible after each race.

Medals will be presented as follows –

Age Group	Dist.	Medals
		<b>Inter District</b>
U13 Girls	3km	Top 3, Team 6 to count
U13 Boys	3km	Top 3, Team 6 to count
U15 Girls	4km	Top 3, Team 6 to count
U15 Boys	4km	Top 3, Team 6 to count
U17 Women	6km	Top 3, Team 6 to count
U17 Men	6km	Top 3, Team 6 to count
Senior & U20 Women	8km	Top 3, Team 6 to count
Senior & U20 Men	8km	Top 3, Team 6 to count

Inter District Team medals will be presented on the podium at presentations as soon as the results are confirmed..

Inter District medals will be awarded to athletes representing their district only.

## **First Aid**

First Aid will be located near the Start/Finish area.

The nearest Accident and Emergency Hospital is -

Glasgow Royal Infirmary 84 Castle St G4 0SF 0141 211 4000

## **Catering**

A Food Van beside Milnbank Sports hub area selling a variety of Snacks /Drinks

## **Results**

Provisional Results will be available via <https://data.opentrack.run/en-gb/x/2026/GBR/saintdis/> and will be posted on the scottishathletics Events page once finalised.

## **Directions**

How to get to Alexandra Park in Glasgow, G31 3JE Moovit helps you find the best way to get to Alexandra Park with step-by-step directions from the nearest public transit station.

You can get to Alexandra Park by Bus, Train or Light rail. These are the lines and routes that have stops nearby -Bus: [38](#), [38B](#), [38C](#), [38E](#), [8](#) Train: [SCOTRAIL](#)

Nearest Train Station is Alexandra Parade Station -Approx. 10-minute walk from Course

[How to get to Alexandra Park in Glasgow by Bus, Train or Light rail \(moovitapp.com\)](https://www.moovitapp.com)

## **Parking**

Parking is available on Blochairn Road (Post codes G21 2DU or 2DZ). This a large industrial area which is free from traffic on a Saturday. A footbridge takes you from this road directly over the M8 into Milnbank Sports Hub where you find the tented area and course.

**Please note strictly no parking allowed in Park or in residential housing next to park.**

Club tents can be dropped off at the side entrance of the Park via Sannox Gardens (G31 3JE). This street is accessed off Alexandra Park Street and Coventry Drive. Individuals dropping off tents may park in these streets whilst dropping off tents only, once a tent has been delivered cars must return to the main parking area in Blochairn Road. **This will be strictly monitored by Community Police.** No others may park in this area.

