

This is a draft timetable for entry purposes only, a FINAL timetable will be published on Friday 27th February

Straight Track

Event No	Time	Event	Age Group	Round
	10:00	60m Hurdles	U16 Girls	1
	10:20	60m	U20 Men	1
	10:32	60m	U16 Boys	1
	10:48	60m	U20 Women	1
	11:04	60m	U16 Girls	1
	11:38	60m Hurdles	U16 Girls	Semi Final
	11:48	60m Hurdles	U16 Boys	1
	12:05	60m	U20 Men	Semi Final
	12:13	60m	U16 Boys	Semi Final
	12:21	60m	U20 Women	Semi Final
	12:29	60m	U16 Girls	Semi Final
	12:45	60m Hurdles	U16 Girls	Final
	12:50	60m Hurdles	U16 Boys	Final
	13:00	60m	U20 Men	Final
	13:04	60m	U16 Boys	Final
	13:07	60m	U20 Women	Final
	13:11	60m	U16 Girls	Final

Circular Track

Event No	Time	Event	Age Group	Round
	13:45	800m	U20 Women	1
	13:57	800m	U20 Men	1
	14:10	200m	U16 Girls	1
	14:35	300m	U16 Girls	1
	14:51	300m	U16 Boys	1
	15:05	800m	U16 Girls	Timed Finals
	15:21	800m	U16 Boys	Timed Finals
	15:30	800m	U20 Women	Final
	15:34	800m	U20 Men	Final
	15:40	200m	U16 Girls	Semi Final
	15:48	200m	U16 Boys	1
	16:05	1500m	U16 Girls	Timed Finals
	16:25	1500m	U16 Boys	Timed Finals
	16:40	300m	U16 Girls	Final
	16:45	300m	U16 Boys	Final
	16:55	200m	U16 Girls	Final
	16:59	200m	U16 Boys	Final

Straight Track will take precedence over Circular Track

All heat lists will be displayed ONLINE. Please check for report time.

If heats are not required FINALS will go at HEAT time.

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Field				
Event No	Time	Event	Age	Info
	10:00	High Jump	U16 Boys	SH 1m27
	10:00	Long Jump	U16 Girls	
	10:00	Shot Put	U20 Women	
	11:30	Shot Put	U16 Girls	
	11:30	Triple Jump	U20 Men	11m/13m
	12:00	Pole Vault	U16 Boys	SH 1m94
			U16 Girls	
	12:45	Triple Jump	U16 Boys	7m/9m
		Triple Jump	U16 Girls	7m/9m
	13:45	High Jump	U20 Men	SH 1m57
	14:00	Triple Jump	U20 Women	9m/11m
	14:00	Shot Put	U16 Boys	
	15:15	Long Jump	U16 Boys	
	15:15	High Jump	U16 Girls	SH 1m17

All Shot competitions will be held in corner outside back straight .

Horizontal Jumps & Shot Put - 2 Warm Ups

3 Attempts in Competition, Top 8 Advance for an Additional 3 Attempts

High Jump - 2 Heights in Warm Up Only

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Straight Track				
Event No	Time	Event	Age Group	Round
	10:00	60m	U14 Girls	1
	10:28	60m	U14 Boys	1
	10:50	60m Hurdles	U14 Girls	1
	11:05	60m Hurdles	U14 Boys	1
	11:15	60m Hurdles	U20 Women	1
	11:30	60m Hurdles	U20 Men	1
	11:45	60m	U14 Girls	Semi Final
	11:57	60m	U14 Boys	Semi Final
	12:10	60m Hurdles	U14 Girls	Final
	12:15	60m Hurdles	U14 Boys	Final
	12:20	60m Hurdles	U20 Women	Final
	12:25	60m Hurdles	U20 Men	Final
	12:35	60m	U14 Girls	Final
	12:39	60m	U14 Boys	Final
Circular Track				
Event No	Time	Event	Age Group	Round
	13:30	1500m	U20 Women	1
	13:44	200m	U20 Men	1
	14:08	200m	U20 Women	1
	14:32	200m	U14 Boys	1
	14:52	200m	U14 Girls	1
	15:12	400m	U20 Women	1
	15:28	400m	U20 Men	1
	15:40	800m	U14 Girls	Timed Finals
	15:56	800m	U14 Boys	Timed Finals
	16:08	200m	U20 Men	Semi Final
	16:20	200m	U20 Women	Semi Final
	16:32	200m	U14 Boys	Semi Final
	16:40	200m	U14 Girls	Semi Final
	16:52	1500m	U14 Girls	Timed Finals
	17:08	1500m	U14 Boys	Timed Finals
	17:16	1500m	U20 Women	Final
	17:23	1500m	U20 Men	Final
	17:30	400m	U20 Women	Final
	17:34	400m	U20 Men	Final
	17:38	200m	U20 Men	Final
	17:42	200m	U20 Women	Final
	17:46	200m	U14 Boys	Final
	17:50	200m	U14 Girls	Final

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Field				
Event No	Time	Event	Age Group	Info
	10:00	Long Jump	U20 Women	
	10:05	Shot Put	U14 Boys	
	10:15	High Jump	U14 Boys	SH 1m07
	11:30	Shot Put	U14 Girls	
	11:30	Long Jump	U20 Men	
	12:30	Pole Vault	U20 Women	SH 2m04
	13:30	High Jump	U20 Women	SH 1m37
	13:30	Long Jump	U14 Girls	
	14:30	Pole Vault	U20 Men	SH 2m77
	15:00	High Jump	U14 Girls	SH 1m17
	15:40	Long Jump	U14 Boys	
	15:40	Shot Put	U20 Men	

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Horizontal Jumps & Shot Put - 2 Warm Ups

3 Attempts in Competition, Top 8 Advance for an Additional 3 Attempts

High Jump - 2 Heights in Warm Up Only