

Timetable Match 3**Aberdeen****TRACK**

11:00am	110m Hurdles	U20/Sen Men
11:10am	110m Hurdles	U18 Men
11:20am	100m Hurdles	U120/Sen Women
11:25am	100m Hurdles	U18 Women
11:30am	100m	Senior/U20/U18 Men
12:10pm	100m	Senior/U20/U18 Women
12:45pm	800m	All Men
13:05pm	800m	All Women

13:20pm

LUNCH

13:50pm	2000m SC	U18 Men
	2000m SC	U20/Sen Men
14:20pm	200m	Senior/U20/U18 Men
15:15pm	200m	Senior/U20/U18 Women
15:45pm	1500m	Senior/U20/U18 Men
16:00pm	1500m	Senior/U20/U18 Women
16:15pm	400m	Senior/U20/U18 Men
16:30pm	400m	Senior/U20/U18 Women

FIELD

11:00am	Long Jump	U18 Women
	Discus	All Women
	Shot	U18 Men
11:45am	Pole Vault	All Men/Women
12:30pm	Discus	All Men
	Long Jump	Sen/U20 Women
	Shot	U18 Women
	High Jump	All Men
14:00pm	Long Jump	All Men
	Shot	U20/Sen Men
	Javelin	All Women
	High Jump	All Women
15:15pm	Shot	U20/Sen Women
	Triple Jump	All Men/Women
	Javelin	All Men

