

Forth Valley League 2026 Final Match Division 2 & 3

Grangemouth - Sunday 13th September

Div 2 Teams: Lothian, Pitreavie B, Lasswade, Falkirk, Corstorphine, Musselburgh

Div 3 Teams: Livingston, Dunfermline, Dunbar, Linlithgow, Harmeny B, Haddington

TRACK

FIELD

1.00pm	Div 2	U16 Boys A string	100m hurdles	12.45pm	U12 Girls A - Div 2	Shot Put	2.72kg
1.03	Div 2	U16 Boys B string	100m hurdles		U12 Girls B - Div 2	Shot Put	2.72kg
1.06	Div 3	U16 Boys A string	100m hurdles		U12 Boys A - Div 2	High Jump	
1.09	Div 3	U16 Boys B string	100m hurdles		U12 Boys B - Div 2	High Jump	
					U12 Boys A - Div 3	High Jump	
1.15pm	Div 2	U12 Girls A string	100m		U12 Boys B - Div 3	High Jump	
1.18	Div 2	U12 Girls B string	100m		U16 Girls A - Div 3	Long Jump	
1.21	Div 2	U12 Boys A string	100m		U16 Girls B - Div 3	Long Jump	
1.24	Div 2	U12 Boys B string	100m		U16 Boys A - Div 2	Discus	1.25kg
1.27	Div 3	U12 Girls A String	100m		U16 Boys A - Div 3	Discus	1.25kg
1.30	Div 3	U12 Girls B string	100m		U14 Girls A - Div 2	Long Jump	
1.33	Div 3	U12 Boys A string	100m		U14 Girls B - Div 2	Long Jump	
1.36	Div 3	U12 Boys B string	100m				
1.39	Div 2	U14 Girls A string	100m	1.30pm	U16 Boys A - Div 2	Long Jump	
1.42	Div 2	U14 Girls B string	100m		U16 Boys B - Div 2	Long Jump	
1.45	Div 2	U14 Boys A string	100m		U12 Boys A - Div 3	Shot Put	2.72 kg
1.48	Div 2	U14 Boys B string	100m		U12 Boys B - Div 3	Shot Put	2.72 kg
1.51	Div 3	U14 Girls A string	100m		U16 Girls A - Div 2	Discus	1.00kg
1.54	Div 3	U14 Girls B string	100m		U16 Girls A - Div 3	Discus	1.00kg
1.57	Div 3	U14 Boys A string	100m		U14 Boys A - Div 3	Long Jump	
2.00	Div 3	U14 Boys B string	100m		U14 Boys A - Div 3	Long Jump	
2.03	Div 2	U16 Girls A string	100m				
2.06	Div 2	U16 Girls B string	100m	1.45pm	U12 Girls A - Div 2	High Jump	
2.09	Div 2	U16 Boys A string	100m		U12 Girls B - Div 2	High Jump	
2.12	Div 2	U16 Boys B string	100m		U12 Girls A - Div 3	High Jump	
2.15	Div 3	U16 Girls A string	100m		U12 Girls B - Div 3	High Jump	
2.18	Div 3	U16 Girls B string	100m				
2.21	Div 3	U16 Boys A string	100m	2.15pm	U14 Boys A - Div 2	Long Jump	
2.24	Div 3	U16 Boys B string	100m		U14 Boys B - Div 2	Long Jump	
					U14 Girls A - Div 2	Discus	0.75kg
2.30pm	Div 2	U12 Girls A & B	800m		U14 Girls A - Div 3	Discus	0.75kg
2.36	Div 2	U12 Boys A & B	800m		U12 Boys A - Div 2	Shot Put	2.72kg
2.42	Div 3	U12 Girls A & B	800m		U12 Boys B - Div 2	Shot Put	2.72kg
2.48	Div 3	U12 Boys A & B	800m		U16 Boys A - Div 3	Long Jump	
2.54	Div 2	U14 Girls A & B	800m		U16 Boys B - Div 3	Long Jump	
3.00	Div 2	U14 Boys A & B	800m				
3.06	Div 3	U14 Girls A & B	800m	3.00pm	U14 Girls A - Div 3	Long Jump	
3.12	Div 3	U14 Boys A & B	800m		U14 Girls B - Div 3	Long Jump	
3.17	Div 2	U16 Girls A & B	800m		U14 Boys A - Div 2	Discus	1.00kg
3.22	Div 2	U16 Boys A & B	800m		U14 Boys A - Div 3	Discus	1.00kg
3.25	Div 3	U16 Girls A & B	800m		U12 Girls A - Div 3	Shot Put	2.72kg
3.30	Div 3	U16 Boys A & B	800m		U12 Girls B - Div 3	Shot Put	2.72kg
					U16 Girls A - Div 2	Long Jump	
3.40pm	Div 2	U12 Girls Relay	4 x 100m		U16 Girls B - Div 2	Long Jump	
3.45	Div 2	U12 Boys Relay	4 x 100m				
3.50	Div 3	U12 Girls Relay	4 x 100m				
3.55	Div 3	U12 Boys Relay	4 x 100m				
4.00	Div 2	U14 Girls Relay	4 x 100m				
4.05	Div 2	U14 Boys Relay	4 x 100m				
4.10	Div 3	U14 Girls Relay	4 x 100m				
4.15	Div 3	U14 Boys Relay	4 x 100m				
4.20	Div 2	U16 Girls Relay	4 x 100m				
4.25	Div 2	U16 Boys Relay	4 x 100m				
4.30	Div 3	U16 Girls Relay	4 x 100m				
4.35	Div 3	U16 Boys Relay	4 x 100m				

4.50pm Division 2 & Division 3 Trophy Presentations

Notes for Athletes and Team Managers:

Track start times are indicative only and may run ahead of advertised time

Please ensure that competitors know their Division, Age Group and A String or B String