## INDOOR LEAGUE FIELD TIMETABLE

- The field events will be organised on a continuous basis.
- All times are approx. Please watch out for the conclusion of the previous event and go promptly to the event area.
- To maximize time and allow all events to be included:
  - o No Warm Up for Shot for U14 and U16, one for all other events
  - o High Jumpers are asked to measure run up as quickly as possible and then choose one warm up height
  - $\circ\quad$  U12s Long Jump will be measured from take-off as at SuperTeams.

## **Timetable by Time**

Time	Event	Age Group	Info	Position
09:30	High Jump	U14G & U14B	Start Height 1.05m	Mat at 60m Finish
09:30	High Jump	U18M	Start Height 1.25m	Mat at 60m Start
09:30	Long Jump	U16G		Main Arena
09:30	Long Jump	U14B		Warm Up Area
09:30	Shot Put	U18W		
10:00	Shot Put	U14B		
10:15	Long Jump	U16G		Main Arena
10:15	Long Jump	U14G		Warm Up Area
10:30	Shot Put	U16B		
11:00	High Jump	U16G & U16B	Start Height 1.15m	Mat at 60m Start
11:00	Long Jump	U12G	As for SuperTeams	Warm Up Area
11:15	Long Jump	U18M		Main Arena
11:30	Shot Put	U14G		
11:30	High Jump	U18W	Start Height 1.25m	Mat at 60m Finish
12:00	Shot Put	U16G		
12:00	Long Jump	U18W		Main Arena
12:00	Long Jump	U12B	As for SuperTeams	Warm Up Area
12:30	Shot Put	U18M		

## **Timetable by Event**

Time	Event	Age Group	Info	Position
09:30	High Jump	U14G & U14B	Start Height 1.05m	Mat at 60m Finish
09:30	High Jump	U18M	Start Height 1.25m	Mat at 60m Start
11:00	High Jump	U16G & U16B	Start Height 1.15m	Mat at 60m Start
11:30	High Jump	U18W	Start Height 1.25m	Mat at 60m Finish
09:30	Long Jump	U16B		Main Arena
10:15	Long Jump	U16G		Main Arena
11:15	Long Jump	U18M		Main Arena
12:00	Long Jump	U18W		Main Arena
09:30	Long Jump	U14B		Warm Up Area
10:15	Long Jump	U14G		Warm Up Area
11:00	Long Jump	U12G	As for SuperTeams	Warm Up Area
12:00	Long Jump	U12B	As for SuperTeams	Warm Up Area
09:30	Shot Put	U18W		
10:00	Shot Put	U14B		
10:30	Shot Put	U16B		
11:30	Shot Put	U14G		
12:00	Shot Put	U16G		
12:30	Shot Put	U18M		