Lindsays National Short Course Cross Country Championships
Kirkcaldy High School, Dunnikier Way, Kirkcaldy, KY1 3LR
Saturday 7th November 2026

PARKING

Parking within the school premises will be restricted to officials only. Coaches/team buses may drop off at the school grounds, then park within the Crematorium Car Park indicated on the course map. All other general vehicles must park at the NHS Car Park off Whyteman's Brae. Please park responsibly.

Vehicles with tents and gazebos will be allowed to park in the car park beside the football pitches with a parking pass. Clubs who wish to park there can apply for a Car Park Permit by emailing events@scottishathletics.org.uk, before 12noon on Thursday 5th November. Permits are strictly 1 per club and are only for cars with tents or gazebos. Cars using this car park must be parked before 1100hrs. NO buses should park nor drop off in this car park.

DECLARATIONS

Declarations will take place outside within gazebos on the grass by the fence line. Declarations will be open from 09:30, where team managers will pick up number packs. Chips will be attached to the back of the race number.

Under 20 athletes will be given a yellow bib number for their front and an Age Banding (20) number fo r their back.
Masters Athletes will be given a bib number for their front and an Age Banding (40, 50, 60 etc) for their back.

CHIPS

Results are by chip timing. If an athlete doesn't have a chip on their bib they won't be in the results. **NO CHIP = NO RESULT.**
Chips will be attached to the race number, therefore there is no requirement to return this at the end of the race.

There is a separate envelope for each athlete containing race number with chip, and safety pins. Numbers should be securely fastened to the front of the vest and not modified in any way. **Team Managers should collect only the envelopes for athletes who are competing and return any unused numbers to declarations.**

PRESENTATIONS

Individual presentations will take place immediately after each race at the course. Masters medals will be presented in 10-year age bands.
Team presentations will take place on the course as they are available.
In all 6 races, teams are 3 to score with the exception of the Senior/Junior Men and Women which is 4 to score.
If you or your team win a medal, please remember to collect it before you leave!
Additional pin badges will be awarded to athletes finishing **1st to 9th** in the Under 16 races, and **1st to 6th** in the Under 18 races. Athletes finishing in these positions will be given a token at the finish line and must report to the presentations area for photographs.

FACILITIES

Changing: There will be NO changing nor shower facilities available within Kirkcaldy High School. Please arrive ready to run.
Toilets: There are toilet facilities available within Kirkcaldy High School. NOTE: There are no toilets at the course.
Catering: Available from a catering van near the Astro pitch.
Please remember to dispose of all litter correctly.

COURSE MAP

